



XWCHÍYÒ:M

MAY 16, 2025 NEWSLETTER

Ey Swayel Friends and Relatives!



If you have any feedback or ideas on our newsletters please feel free to email communications@cheamband.com.

CHEAM CALENDAR

MAY 19 - BAND OFFICE CLOSED, STAT HOLIDAY
MAY 20 - CHEAM ELDERS LUNCH & MEETING
MAY 20- CHEAM TAEKWONDO CLASS
MAY 22- CHEAM TAEKWONDO CLASS
MAY 26 - CHEAM FAMILY YOGA
MAY 26 -MMIWG2S+ & WOMEN'S HEALTH
MAY 27 - CHEAM REGULAR COUNCIL MEETING
MAY 27- CHEAM TAEKWONDO CLASS
MAY 28 - ELDER'S TEA WITH NURSE
MAY 29- CHEAM TAEKWONDO CLASS
MAY 30 - CHEAM NEWSLETTER

[See our website calendar for more info](#)

XWCHÍYÒ:M XWEXWILMEXW SXWE EYELH

Kwetskwetsmet lis cha xwal letse sqwalewels ye xwe chiyom
Xwexwilmexw;

Xw' eyehls cha ye mekw' wat ite xwech'l yom qesu texw
eweta o kw'e tl' e met Te ewpi: l qaste qel sqoqe;
Temtames mami:yelhtel ya sq'eqotel qelu lam xwe xwe'eyelf
iyolem kw'e o'hletem xwela Ye'mi cha
Temtames lis cha mekw yoyes ye alyem eweta Shxwlistexwes
Te xwelitemelh Temtames chasu qexs a: li lalalem
xwela kw'e mekw wates
Qas temtames cha xwe'eyems Te temexws qasu
ey xwela ye xwechiyom

CHEAM FIRST NATION VISION STATEMENT

We the people of Cheam are committed to developing a united and harmonious community. We respect individual diversity & promote a healthy, self-sufficient lifestyle. We need one another and value one another's views. In appreciation of our uniqueness, we foster mental, physical, emotional and spiritual wellbeing. In doing so, we strive to build pride, dignity and respect amongst our people.



NOTICE OF CHEAM FIRST NATION REFERENDUM

Notice is hereby given that Cheam First Nation has called a Vote in accordance with the Indian Act *Referendum Regulation* in the matter of determining if Registered Voters approve the Cheam First Nation Custom Election Code.

Question to be asked of the Eligible Voters of Cheam First Nation by Ballot:

1. Do you approve the Cheam First Nation Custom Election Code, with a final draft dated for reference, and presented at a community information meeting on April 2, 2025 & May 7, 2025?

POLLING LOCATION

CHEAM FIRST NATION ADMINISTRATION OFFICE, 52161 VICTOR, DR.
ROSEDALE, B.C.

POLLING DATE & TIMES

Electronic Polls: Open May 30 at 9:00 AM, Closing at 8:00 PM, June 2, 2025

Regular Polls: Open at 9:00 AM, Closed at 8:00 PM, June 2, 2025

IMPORTANT INFORMATION

- **Eligibility to Vote:** All Cheam First Nation Members 18 years of age and older as of June 2, 2025, are eligible to vote in this referendum.
- **Ways to Vote:** Any Registered Voter may vote in person, by Mail-in Ballot, or electronically. Go to <https://www.onefeather.ca/nations/cheam> (Detailed Instructions for voting online are attached)
- **Information Meeting:** An Information Meeting will be held on May 7, 2025, at the Cheam First Nation Administration Offices, 52161 Victor Dr., Rosedale, B.C.
- **Additional Information:** Copies of the Background Documents, the Ratification Documents, Referendum Regulation, and Referendum Process may be obtained from Rachel Wille, and the Voters' List may be examined at the Cheam First Nation Administration Office, 52161 Victor Dr., Rosedale, B.C.
- **Missing or Incorrect Name on Voter List:** Please contact the Ratification Officer by no later than May 2, 2025, if your name is missing or is incorrectly listed on the Voters' List, or if you believe a name has been incorrectly included on the Voters' List.
- **Counting Ballots:** Ballots will be counted at the polling station immediately after the close of polls at 8:00 PM on June 2, 2025.
- **Announcing Results:** The results of the Referendum will be publicly announced at the polling station once the ballots have been counted, will be posted at the Cheam First Nation Administration Office and other locations on Cheam First Nation Reserve, and will be posted online and in other media sources.

Dated at Delta, Province of British Columbia this 16th day of April 2025.

Ratification Officer: Fred Schiffner

For more information, please contact Fred Schiffner, Chief Referendum Officer

Office Phone: 604-786-2512

Email: fschiffner90@gmail.com

Toll Free: 1-800-813-2173

5245 Augusta Place, Delta, B.C., V4M 4E1

Are you ready to vote?!?
Cheam's Custom Election Code (CEC) Vote is on June 2, 2025. Please check out our website for:

- * CEC details
- * CEC voting instructions
- * Important CEC dates
- * Ongoing video interviews from our Elders on the importance of this vote

<https://cheam.ca/2025/04/cheams-custom-election-code-2025>



INSTRUCTIONS FOR VOTING ONLINE

VOTING ONLINE COMMENCES MAY 30TH AT 9:00 A.M.

AND CLOSSES AT 8:00 P.M. JUNE 2, 2025

Welcome to OneFeather – to get started visit the link below and click the **RED** button to get started and you will be guided step by step through the process.

<https://www.onefeather.ca/nations/cheam>

Activating your profile is easy and quick. You will require a current personal email address, and when a voting event becomes activated, you will be required to enter your 10-digit status (registry/treaty) number and date of birth. OneFeather protects your personal and confidential information using the latest encryption technologies and data protection systems and architecture. To learn more about how we protect your data and personal information please visit:

<https://support.onefeather.ca>

IF YOU HAVE AN PROBLEMS VOTING ON LINE

PLEASE TELEPHONE Fred Schiffner at:

Toll Free 1-800-813-2173

- 604-786-2512

Fred Schiffner- Ratification Officer
Cheam First Nation

**CHEAM'S CUSTOM
ELECTION CODE**

VOTE
JUNE 2ND

**Self Determination
for Cheam First Nation**



XWCHÍYÒ:M

CHEAM FIRST NATION

INCOME ASSISTANCE CLIENTS PLEASE COME IN TO UPDATE YOUR FILES

This will need to be done prior to the next cheque day. Please drop in to see Sarah or Diana in the Health Wing ASAP. If you do not have this done prior to cheque day, you will be required to complete this before your cheque is released.

Please ensure that you have all required documents:

- Identification
- Bank Statements
- Rental Agreement/Housing Documents

If you do not have all of the required documents, we will assist you in acquiring them.

Thank you,

Sarah Aleck ,CHR - sarah.aleck@cheamband.com

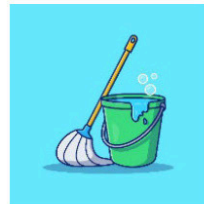
Diana Giroux, Social Development Clerk - diana.giroux@cheamband.com

Social Assistance Cheque Schedule 2025

Cheque	Renewals Due By:	Ck. Release Date	Mid-Month 2
January 2025	December 15, 2025	January 2, 2025	January 14, 2025
February 2025	January 14, 2025	February 1, 2025	February 15, 2025
March 2025	February 15, 2025	March 1, 2025	March 15, 2025
April 2025	March 15, 2025	March 31, 2025	April 14, 2025
May 2025	April 14, 2025	May 1, 2025	May 15, 2025
June 2025	May 13, 2025	May 30, 2025	June 13, 2025
July 2025	June 15, 2025	June 30, 2025	July 14, 2025
August 2025	July 15, 2025	August 1, 2025	August 14, 2025
September 2025	August 15, 2025	August 29, 2025	September 15, 2025
October 2025	September 15, 2025	October 1, 2025	October 14, 2025
November 2025	October 14, 2025	October 31, 2025	November 14, 2025
December 2025	November 14, 2025	December 1, 2025	December 15, 2025



It's time for Cheam Nation Spring Maintenance and clean-up. Please help us clean up the interior and exterior of your property this Month



Inside the Home:

- **Cleaning:** Vacuum, mop floors, clean windows, baseboards, and walls.
- **Decluttering:** Throwing away unwanted items and reorganize closets, pantries, and other spaces.
- **Appliance Maintenance:** Clean the refrigerator, oven, dishwasher, and microwave. Ensure they are in working order
- **Deep Cleaning:** Tackle areas often overlooked, like vents, blinds, and light fixtures.
- **Inspect and Clean:** Ensure furnace filters are replaced and clean. Inspect appliances like the heating and cooling system.

Outside the home

- **Lawn Care:** Ensure lawns are mowed and bushes are cut, remove debris, and clean up yard. Have bushes near hydro meters cleared for safety reasons
- **Garbage & Recycling:** Clean garbage cans and ensure they have a lid on limiting rodents near your property
- **Inspect and Maintain:** Clean gutters with debris and ensure property is clean
- **Clean Drains:** Ensure drains are clear and function properly.
- **Property Maintenance:** Remove all unwanted garbage & household items from your yard. Ensure your exterior of the house is clean and tidy

Housing Department Cheam First Nation



Reminders from our Housing Department

1. Septic Reminder: Do not put anything but Toilet Paper down the toilets. Please do not put grease or any household items down the drain of your sinks. Grease will back up our septic system and cause issues.

2. Do NOT park or drive on the front lawn or grass within your property or Cheam's property.

3. Section 95 Home inspections will take place at the end of June. Please have your residence cleaned inside and outside by the time of inspection. The exact date will be announced later this month.



4. Due to an ongoing animal & rodent issue, please keep all lids on your garbage cans, and ensure yards do not have garbage left out.

5. It is time for Spring Clean-up and yard maintenance. Please ensure all yards are mowed and cleaned. Ensure your gutters are clean, and your furnace filters have been changed.

6. Public Works will be picking up any household items that you wish to throw away. Please put all of the items at the end of the driveway for pick up. NO GARABGE, only Items that you wish to recycle or dispose of from your home.



Thank You!



XWCHÍYÒ:M
CHEAM FIRST NATION

WATCHMEN

WATCHMEN@CHEAMBAND.COM

604-745-8052

CHEAM ELDER'S CORNER

Elders, please feel free to share your stories, tips, photos, recipes etc. in this section by submitting them to communications@cheamband.com or dropping them off at the band office attn: Harmony



UPCOMING BIRTHDAYS

BIRTHDATE

GAIL ELIZABETH KOENIG

MAY 20

KELLY CASIMIR

MAY 23

THERESA NORA DOUGLAS

MAY 25

ROSE WENDLA ALLEN

MAY 29

PHILOMENA FRASER

MAY 30

May 28th 12pm-2pm

Cheam Classroom

ELDER'S TEA

Join us for Elder's Tea here at Cheam!
Spend time together as a community & get to know the nurses! Cheyenne Gardner, RN and Makenzie Peters, LPN. We will offer vital signs assessments to those who would like. There will refreshments & door prizes.

Seabird Island Health

2025 CHEAM ELDER'S MEETINGS

- May 20, 2025
- June 17, 2025
- July 15, 2025
- August 19, 2025
- September 16, 2025
- October 21, 2025
- November 18, 2025
- December 9, 2025



YOUTH PROGRAMS/EVENTS



XWCHÍYÒ:M
CHEAM FIRST NATION

The Cheam Youth Council Working Group will be meeting once a month, on the second Wednesday of every month. Over the next year, the meetings are in place to continue engaging with the Youth as the structure of the Youth Council gets built.

With a goal to have the first official Youth Council up and running by next spring. Youth input is essential in the development of this upcoming Youth Council. Meetings will be from 5pm - 7pm in the Cheam Gymnasium. Once the Youth Council has been built, it will be for ages 16-26, however, if any 13-15 year olds wish to join the working group meetings, they are welcome.

Below are the Working Group meeting dates:

- | | | | | |
|---------------|---------------|--------------|----------------|-------------|
| * June 11 | * July 9 | * August 13 | * September 10 | * October 8 |
| * November 12 | * December 10 | * January 14 | * February 11 | * March 11 |



CHEAM FIRST NATION

EDUCATION AWARDS

JUNE 7, 4-7PM

CHEAM GYMNASIUM

*"Education is the
foundation upon which
we build our future."*

Please join us in celebrating the
Cheam students with dinner &
awards!

Please RSVP to kelsy.fredette@cheamband.com



Help Shape the Future of Indigenous Leadership in Tech



Co-Creating Bright Digital Futures

We're listening to Indigenous youth to shape the Indigenous Leadership in Technology (ILIT) Strategy. The Strategy is a three-year action plan to modernize and expand our digital skills training and career services for Indigenous youth aged 18-35 across BC.

The Strategy is your opportunity to shape the future of digital skills training and career support for Indigenous youth in BC. Whether you're a tech expert or just curious, there's a place for your voice. Help us create training programs that open doors to meaningful careers in technology and tech-enabled sectors. Your voice matters.



How to Get Involved:

Survey:

Spend 10-15 minutes sharing your ideas and be entered to win one of two \$500 cash prizes!

Virtual Interview:

Prefer to talk directly? Reach out to organize a one-on-one interview or a small group conversation.

Community Needs Assessments:

We're partnering with five communities to gather deeper insights into local training needs. Want your Nation to be part of this process? Reach out to us!

Join the conversation.

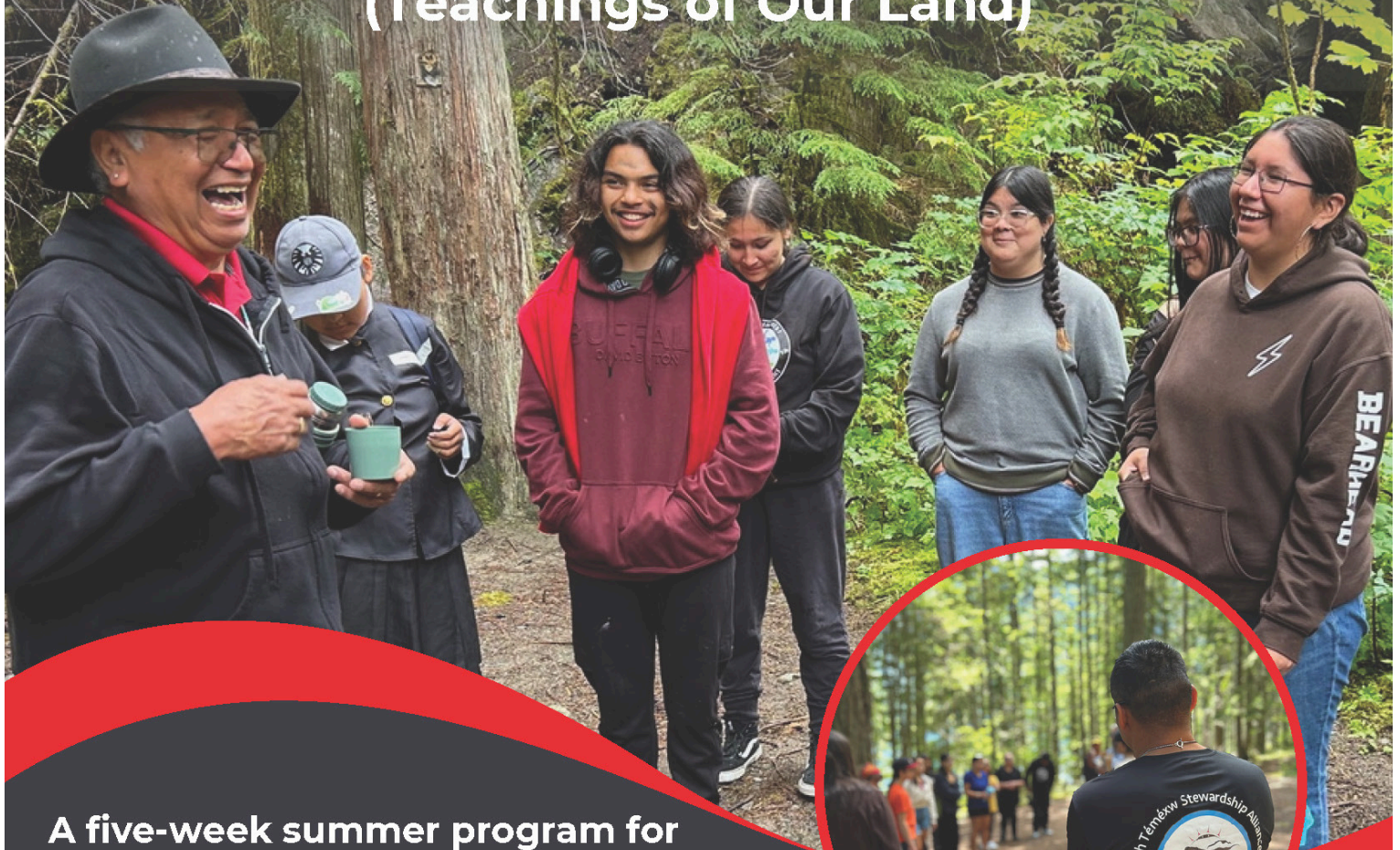
Help build a future
where Indigenous
Peoples thrive in the
digital age.



**First Nations
Technology Council**

S'ÍWES TE S'ÓLH TÉMÉXW

(Teachings of Our Land)



A five-week summer program for Stó:lō youth who want to further their knowledge and understanding of Stó:lō land stewardship.

JULY 07 - AUGUST 07

- For Stó:lō youth entering Grade 10 to age 21
- On the land learning from Stó:lō Knowledge Holders, Elders, and other experts
- Halq'eméylem language learning
- Secondary students receive 4 credits toward graduation (including the Indigenous-focused Graduation Requirement)
- Honouraria given upon completion of the program



**Presented by the
S'ólh Téméxw
Stewardship Alliance**

**For More Information Email
learn@stsa.ca**

SUMMER

CAMP

JULY 7-11, 2025

WEEK-LONG SUMMER CAMP FOR INDIGENOUS YOUTH ENTERING GRADES 9-12

Hosted by the Office of Indigenous Academic and Community Engagement



Connect with culture



Explore different areas of education

WHAT TO EXPECT AT MINI-U

- **Introduction to University Life** – Experience a week at UVic, living on campus and exploring post-secondary education.
- **Academic Exploration** – Engage in sessions that introduce potential areas of study and spark curiosity.
- **Cultural Connection** – Participate in cultural activities and connect with Indigenous supports.
- **Holistic Learning** – Enjoy a mix of academic, physical, creative and social activities.
- **Supportive Environment** – Learn in a culturally safe and inclusive space with other Indigenous students.
- **Confidence Building** – Gain the knowledge and experience to see university as an attainable path.

CAMP FEES

\$100 non-refundable reg fee

HOW TO APPLY

Applications are open from May 9 - 30.
Check out our website uvic.ca/iace
or scan the QR code for event updates!

CONTACT

Mini-University Camp Coordinator
mini@uvic.ca



UVic Meet n' Greet & Career Fair



University of Victoria



PROGRAMS/EVENTS

SEABIRD INVITES YOU

MMMIWG2S & WOMEN'S HEALTH WORKSHOP

MAY 26TH 2025

4-6PM

Cheam Classroom



Come and Join Seabird
Nurses Cheyenne
Gardner, RN, and Jeff
Aleck, LPN for a
workshop on
MMIWG2S & Women's
Health.

Seabird nurses to hold space to
discuss MMIWG2S

Help us create a red dress collage
that will be displayed in your
community!

Cedar brushing will be available
as needed

Nurses to provide education
about cervical screening.

*"The class will be slow moving and
focused on the breath to ease the
mind and body"*



FAMILY YOGA W/ INNER VISION YOGA

*Every Monday for 6 months
4:45pm-5:45pm*

***NEW
TIME**

Learn how to incorporate mindfulness into daily life and benefit from focusing on one thing at a time. This yoga class is non-competitive and encourages each individual to flow at their own pace.

- All equipment included
- Please dress appropriately



**Facilitator is:
Natasha Aleck**

RSVP to Nikki at 604-794-7927 or
nichole.jackson@cheamband.com

INNER VISION



We wanted to share a quick update regarding our Taekwon-do classes with Dafyd Haase. Going forward, classes will now run from 5:00–6:00 PM and will be open to students aged 8 through adult. This change comes as we've seen lower participation in the earlier class time (and sometimes none). While we're still working to find the best balance for everyone, this adjustment will help us keep the class going and continue offering high-quality training. Thank you for your understanding and support as we adapt. If you have any questions or would like to chat further, please reach out to Kat at familysupport@cheamband.com. We look forward to seeing you in class!



TUESDAYS &
THURSDAYS
5PM-6PM

***NEW
TIME**

FREE BRANDED T-SHIRTS
@ CHEAM BAND GYM



CONTACT KATHIA (FAMILY
SUPPORT WORKER) TO
SIGN UP NOW!
PLEASE EMAIL
[FAMILYSUPPORT@CHEAMB
AND.COM](mailto:familysupport@cheamband.com)

AGES 8-ADULTS

COME JOIN US TWICE A WEEK TO LEARN FROM THE BEST –
INSTRUCTOR – GRAND MASTER DAFYD HAASE

MR. DAFYD HAASE BEGAN TAEKWON-DO AT AGE 4 IN 1973, ENCOURAGED BY HIS AUNT. BY 5, HE COMPETED IN NATIONAL CHAMPIONSHIPS AND MET TAEKWON-DO FOUNDER GRAND MASTER CHOI HONG HI, WHO WAS IMPRESSED BY HIS DEDICATION. HAASE CONTINUED TRAINING WITH CHOI UNTIL HIS PASSING IN 2002. A 9TH DEGREE BLACK BELT, HAASE HAS WON 15 NATIONAL AND 5 WORLD TITLES AND WAS THE YOUNGEST INDUCTED INTO THE WORLD MARTIAL ARTS HALL OF FAME.

NO EXPERIENCE NECESSARY – ALL SKILL LEVELS WELCOMED.
WE WILL HAVE BRANDED T-SHIRTS FOR ALL PARTICIPANTS.





Community Open House

Join us for an afternoon of food, culture, and connection at Fraser River Lodge, hosted in partnership with Cheam First Nation. We look forward to welcoming you to the lodge for a day of community and celebration! Event is free to attend, please RSVP below.

Date + Time: June 15th | 12 PM - 4 PM

Location: 7984 McDonald Rd, Agassiz BC

Reserve Tickets



COASTAL JAM

SHXW'ŌWHÁMÉL

58700A ST. ELMO RD HOPE BC VOX1L2

May 16, 2025

after KASP, Tradition over Addiction



Dinner provided
Bring your regalia and drums
Any questions, contact
Justin Kelly 604.206.9445

JOB OPPORTUNITIES AT CHEAM



XWCHÍYÒ:M

COME WORK WITH US AT CHEAM!

To apply to any of the jobs listed below, click on the job title for further details, visit the [careers page of our website](#), or drop off your resume at the Band Office attn: HR.

- [Admin Assistant \(SASET\)](#)
- [Health Receptionist](#)
- [IT Support Specialist](#)
- [On-call Labour](#)
- [Public Works \(SASET\)](#)
- [Recreational Summer Student](#)
- [Supportive Housing Worker](#)
- [Watchmen \(Security\)](#)
- [Wellness Advocate](#)



WHY WORK FOR CHEAM?

- Cultural Enrichment
- Community Impact
- Personal Growth
- Benefit Coverage
- Holiday Closures
- Advancing Reconciliation
- Competitive Starting Wage
- Company/Community Events

[Check out our upcoming Cheam Job Fair on July 16th, 2025. Everyone welcome!](#)

XWCHÍYÒ:M

CHEAM FIRST NATION

JOB FAIR

JULY 16, 2025

**SAVE THE
DATE!**

WE BRING THE JOBS TO YOU!



IT Support Specialist

Xwchíyò:m (Cheam First Nation) is looking for a detail-oriented and proactive IT Support Specialist to assist with the day-to-day IT needs of the organization, support onboarding of new staff, and help streamline processes through automation and the efficient use of technology. This role is key to ensuring smooth technological integration in the workplace while empowering staff through effective training and tools.

Key Duties & Responsibilities

- Provide daily technical support for staff, including responding to IT tickets for hardware, software, access, and connectivity issues (ideally submitted directly by staff; may submit requests such as shared drive access).
- Set up and onboard new employees with the necessary equipment, accounts, and access to systems.
- Maintain and support network infrastructure, including Wi-Fi, printers, and office devices.
- Manage office phones: troubleshoot issues, coordinate with Rogers for service/support, set up new phones or make changes as requested, and maintain the staff office phone directory.
- Manage and maintain printers: troubleshoot issues, contact FVOS for support, coordinate changes, and maintain a printer asset list.
- Administer user accounts, permissions, email systems, and cloud tools such as Microsoft 365, Teams, and SharePoint.
- Remove users as requested by HR via MicroAge.
- Provide one-on-one and group training to staff on Microsoft 365 tools, including Teams and SharePoint, to enhance collaboration and productivity in the workplace.
- Provide general staff training and support.
- Support IT-related purchasing and coordinate with vendors for equipment, software, and service needs.
- Document IT processes, onboarding checklists, troubleshooting steps, and user guides for internal use.
- Monitor system performance and recommend upgrades or improvements as needed.
- Identify opportunities for automation of routine tasks using available tools or scripts.
- Assist with asset tracking, license renewals, and monthly reporting on IT activity.
- Draft policies and procedures related to IT usage, access, and support.
- Participate in cross-functional projects that support improved workflows and technology adoption.
- Perform other duties as assigned by management.

Job Requirements

- Diploma or degree in Information Technology, Computer Science, or a related field, or equivalent experience.
- 3+ years of experience in IT support, systems administration, or technical help desk roles.
- Familiarity with automation tools like Power Automate or scripting (PowerShell, Bash).
- Relevant certifications (e.g., Microsoft 365 Fundamentals, CompTIA A+).
- Experience coordinating or supporting IT-related projects.
- Strong understanding of hardware, software, and cloud-based platforms.
- Experience setting up users and maintaining IT equipment inventory.
- Proficiency with Microsoft 365, Teams, SharePoint, and Windows OS.
- Comfortable training individuals and teams on software tools and best practices.
- Excellent communication and interpersonal skills with the ability to explain technical topics clearly.
- Organized, self-directed, and able to manage multiple tasks.
- Experience working in or with First Nations communities is an asset.
- Must maintain confidentiality and uphold Cheam First Nation's policies and cultural values.
- Valid BC Class 5 Driver's License.
- Satisfactory Criminal Record Check (bondable).

Working Condition

- This role may require attendance at evening or weekend events.
- Occasional travel may be required for training or community engagements.

How to Apply

Apply by submitting your resume and a cover letter detailing your relevant experience and interest in this role to HR@cheamband.com.

Cheam First Nation is an equal opportunity employer and is committed to fostering a respectful, inclusive, and culturally safe workplace. We welcome and encourage applications from all qualified individuals, including Indigenous Peoples, women, persons with disabilities, members of visible minorities, and persons of all sexual orientations and gender identities.

As an Indigenous organization, preference will be given to qualified Indigenous applicants (First Nations, Métis, and Inuit).

All applicants are encouraged to voluntarily self-identify in their application if they are a member of an equity-deserving group.

Thank you for your interest in joining our team at Cheam. We appreciate the time and effort you have taken to apply for this role.

Please note that only candidates selected for an interview will be contacted. We thank all applicants for their interest and encourage you to apply for future opportunities that match your qualifications.

FARM SUPERVISER – FULL TIME/SEASONAL

Location: Rosedale, BC

Employer: Cheam Enterprises

Season: May-October (Possibility of full time)

Wage: \$28.00–\$35.00/hour (based on experience)

Hours: Full-time (35–45 hours per week)

POSITION OVERVIEW

Cheam Enterprises is hiring a Full-Time Seasonal Farm Helper to support daily farm operations during the growing season. This hands-on role includes planting, harvesting, and general farm maintenance. The ideal candidate would be good at managing people as well as having a basic understanding of regenerative agriculture. It's a great opportunity for someone who enjoys working outdoors in a team-focused environment.

KEY RESPONSIBILITIES

- Managing people
- Planting, watering, weeding, and harvesting crops
- Operating and maintaining irrigation, tools and equipment (training provided)
- Cleaning work areas and organizing supplies
- Packing produce for markets or distribution
- Livestock care (if applicable)
- Following all farm safety procedures

REQUIREMENTS

- Prior supervision experience
- Comfortable working outdoors in all weather conditions
- Punctual, reliable, and able to work as part of a team
- Physically fit and able to lift up to 75 lbs.
- Valid driver's license

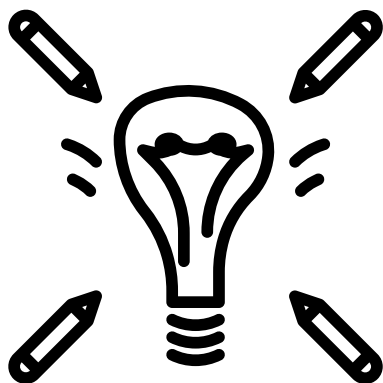
HOW TO APPLY

Email: brandt.fradette@cheamenterprises.ca

Subject Line: Farm Helper Application – [Your Name]

Please include a resume and short introduction. Only shortlisted applicants will be contacted.

We maintain the history of enterprise which has sustained The Xwchíyò:m for thousands of years in S'ólh Téméxw.



FREE 2 DAY IN-PERSON WORKSHOP

Business Plan Writing Workshop

This workshop will cover:

- The basics of writing a business plan.
- Uses and importance of a business plan.
- An overview of the sections of a business plan and terminology used in business plans.
- Resources will be provided to help in writing a business plan (online templates, generators and AI tools).
- Sample business plans will be reviewed.
- Tips on writing a business plan and overcoming procrastination.
- Review of potential funding sources and how to apply.

Who Should Attend:

Any Indigenous entrepreneur living in S'ólh Téméxw who is interested in learning how to write a business plan.

Space is limited!



Day 1

June 4th, 2025
1:00 pm – 4:00 pm

Building 10, 1st floor
Board Room.
7201 Vedder Road,
Chilliwack, V2R 4G5

Day 2

June 5th, 2025
9:00 am – 12:00 pm

Building 10, 1st floor
Board Room.
7201 Vedder Road,
Chilliwack, V2R 4G5



REGISTER NOW

Call Us
604-858-0009

Email
bhill@stolcf.ca

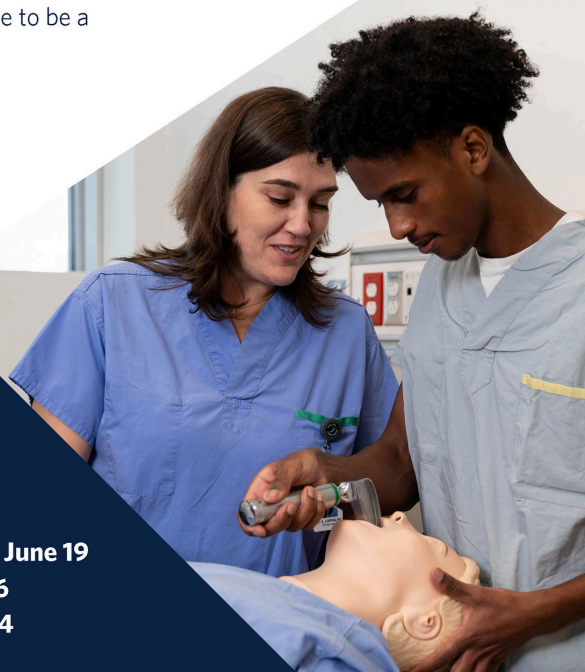


2025 UBC MINI MED SCHOOLS

At our Mini Med Schools for **BLACK** and **INDIGENOUS** students, you will learn everything you need to know about applying to the UBC Doctor of Medicine program, our admissions process and the different pathways to becoming a doctor. You'll also take part in fun hands-on activities to see what it's like to be a doctor for a day!

**CLICK HERE
TO LEARN
MORE &
REGISTER
BY JUNE 9**

Prince George @ UNBC – June 19
Victoria @ UVic – June 26
Vancouver @ UBC – July 4



SD33 EDUCATION OPPORTUNITIES

• **SD33 Summer Learning Registration**
To register for regular Summer Learning opportunities, please use the following link:

<https://www.sd33.bc.ca/summer-learning-2025>

• **SD33 - Indigenous Focused Summer Learning on the Stó:lō Grounds.** Please contact one of the Grad Coaches for your First Nation listed below:

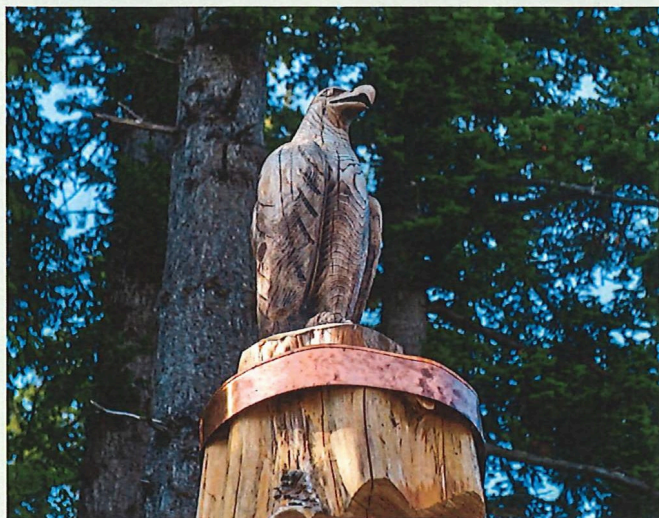
~ SSS – Maryanne Beveridge,
marianne_beveridge@sd33.bc.ca

~ GWG – Kim Hancock,
Kim_Hancock@sd33.bc.ca

~ CSS – Adam Graham,
adam_graham@sd33.bc.ca

~ Imagine – Cameron McKerchar,
cameron_mckerchar@sd33.bc.ca

Indigenous Academic Success Cohort (IASC)



A Community of Learners, Honouring Indigenous Ways of Knowing

An opportunity for Indigenous students to take their first year of university classes as a cohort in an Indigenous environment.

Elders will be invited into the classrooms, and students will go on field trips to learn more about Indigenous worldviews, the importance of place, and a sense of self.

Program Details

Courses in the program will weave together strategies for achieving academic success with Indigenous history, culture, and knowledge.

Students will receive academic advising to select their elective courses. Learn more at: ufv.ca/indigenous-studies/program/iasc/ or scan the QR Code.



If you have any questions, please contact the Program Coordinator, Deborah Alexander (deborah.alexander@ufv.ca), email IASC@ufv.ca or visit the Indigenous Student Centre at the University of the Fraser Valley.

Chilliwack campus
45190 Caen Avenue
Room A1444
Phone: 604-795-2835

Abbotsford campus
33844 King Road
Room S1113
Phone: 604-557-4069

FALL 2025

IPK 100*
(3 credits)

Learn Today, Lead Tomorrow

AIS 111
(3 credits)

Foundations of Learning, Reflection and Academic Success

IPK 106
(3 credits)

Stó:lō Ways of Healing and Helping

WINTER 2026

IPK 101*
(3 credits)

University and College Access Seminar

CMNS 125
(3 credits)

Communicating Professionally to Academic and Workplace Audiences

IPK 205
(3 credits)

Stó:lō Social and Governing Structures

* IPK 100 and IPK 101 are tuition-free for cohort participants.



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