



XWCHÍYÒ:M

DECEMBER, 2024 NEWSLETTER

Ey Swayel Friends and Relatives!



Our Cheam newsletter and website are going through some upgrades. If you have any feedback or ideas on either project please feel free to email communications@cheamband.com.

CHEAM CALENDAR

DEC. 13 - CHEAM FAMILY MOVIE NIGHT
DEC. 17 - CANADIAN PACIFIC HOLIDAY TRAIN
DEC. 25-JAN 3. - BAND OFFICE CLOSED
JAN. 8 - COMMUNITY TOWNHALL
JAN. 22 - CHEAM OPEN HOUSE
JAN. 28 - REGULAR CHEAM COUNCIL MEETING
FEB. 4 - CARTER HEARING @ CHEAM

See website calendar for more info

XWCHÍYÒ:M XWEXWILMEXW SXWE EYELH

Kwetskwetsmet lis cha xwal letse sqwalewels ye xwe chiyom
Xwexwilmexw;

Xw' eyehls cha ye mekw' wat ite xwech'l yom qesu texw
eweta o kw'e tl' e met Te ewpi: l qaste qel sqoqe;
Temtames mami:yelhtel ya sq'eqotel qelu lam xwe xwe'eyelf
iyolem kw'e o'hletem xwela Ye'mi cha
Temtames lis cha mekw yoyes ye alyem eweta Shxwlistexwes
Te xwelitemelh Temtames chasu qexs a: li lalalem
xwela kw'e mekw wates

Qas temtames cha xwe'eyems Te temexws qasu
ey xwela ye xwechiyom

CHEAM FIRST NATION VISION STATEMENT

We the people of Cheam are committed to developing a united and harmonious community. We respect individual diversity & promote a healthy, self-sufficient lifestyle. We need one another and value one another's views. In appreciation of our uniqueness, we foster mental, physical, emotional and spiritual wellbeing. In doing so, we strive to build pride, dignity and respect amongst our people.



XWCHÍYÒ:M

CHEAM FIRST NATION

Holiday and Emergency Preparedness

Staff are committed to ensuring services remain available during the Christmas break and below you will find key contact numbers and service details in case of snowfall, extreme cold, or power outages.

In the event of an emergency, call 911 and the Watchmen at 604-745-8052.

Holiday Office Hours (Limited Services):

- Over the Christmas break, the Band office will be open on the following days, offering limited services: Friday, December 27, 2024. Monday, December 30, 2024, Tuesday, December 31, 2024, Thursday, January 2, 2025, Friday, January 3, 2025. Please call the Office at 604-794-7924, and your call will be directed to the appropriate department.



Snowfall:

- Public Works staff are on standby for snow removal.
 - Main roads in the Community will be cleared first, followed by Elders' driveways and walkways.



Extreme Cold:

- Warming Centre opens at the Band Office if:
 - Temperatures reach 0°C or 3+ days of heavy rainfall or freezing rain occurs.
- Hours of operation: 7 days a week, 8:30 am to 4:30 pm.
- Guests will have access to WIFI, coffee, tea, hot chocolate, bottled water, juice, and packaged soups/snacks.



Power Outages:

- The Band Office will open after a 4-hour power outage if BC Hydro predicts a prolonged outage.
- Members will be provided with WIFI, drinks, snacks, and light meals.
- Elders will be contacted for transportation arrangements. To join the on-call list for pick-up, contact our Emergency Operations Coordinator (EOC) at the office.
- For extended outages the EOC will request additional support (e.g., hotel rooms, meals/gift cards) from Emergency Management Climate Readiness (EMCR).

Stay safe, and don't hesitate to reach out if you need support!



CHIEF AND COUNCIL 2025 MEETING SCHEDULE

2025	Cheam Council Connect Meeting	Regular & In-Camera Chief and Council Meetings
January	N/A	28
February	4	25
March	4	25
April	1	29
May	6	27
June	3	24
July	N/A	22
August	N/A	26
September	N/A	23
October	7	28
November	4	25
December	N/A	9

NEW STAFF ANNOUNCEMENTS



Dafyd Haase, Watchman Manager

Dafyd will report directly to Shane James, Watchman and Public Works Manager. He grew up in Dartmouth, Nova Scotia, where he began his security career in 1989 at a local shopping center. In 1992, he and his wife Candice moved to British Columbia in search of adventure and new opportunities. He is currently in the process of securing his new home in Chilliwack. Dafyd holds a Bachelor of Design in Communication Design from the Nova Scotia School of Art and Design, and he is a certified MOAB (Management of Aggressive Behavior) instructor. He is also a Grand Master 9th Degree Black Belt in Taekwon-Do and Hapkido. Dafyd competed worldwide during his Taekwondo-Do career resulting in 15 national and 5 world championships. He joins the Team with over 35 years of experience in security and management. He brings a wealth of expertise and passion to Cheam, and we are confident his experience will be a tremendous asset to the Watchman Program.



Kathia Godin, Family Support Worker

Kathia was born in the charming town of Bathurst, NB, and grew up exploring various parts of Canada before settling in Hope, BC, over 15 years ago. Now calling Hope home, she shares her life with her wonderful little family and their adorable hamster, Otis. With a career built on hands-on experience, Kathia brings a wealth of skills acquired in the Tech industry, including coding, IT support, and exceptional customer service and account management expertise. Over the years, she's worn many hats, from solving technical challenges to being the primary cook in a recovery house, always driven by a passion for helping others. A natural learner, Kathia takes pride in her ability to embrace new challenges and thrive in diverse environments. On a personal level, Kathia highlights two key milestones: becoming an instant stepmom to a fantastic 6-year-old and successfully converting a van into a camper—a testament to her love for hands-on projects and problem-solving. Outside of work, Kathia enjoys camping, exploring nature, traveling, and indulging in creative pursuits like sketching, playing the drums, and tackling crafty DIY projects.

Sign up for toxic drug alerts

Text **JOIN** to **253787**
ALERTS



How will Cheam First Nation Medical Transport assist clients now that certain services will no longer be available:

First, we had conversations with our local pharmacy. The pharmacist's name is Javed Jokhoo. We will be working closely with Javed, utilizing the services he has to offer our community. We are also in contact with various other providers to bring services into the community. For now, until we are able to secure these services we will be able to continue Medical Transport to the CLOSEST, most ECONOMICAL, and EFFICIENT providers.

What services does Modern Pharmacy offer?

Modern Pharmacy offers a virtual Dr. who will send your prescription directly to Modern Pharmacy. At this point, you have the option to request delivery to the band office to pick up at your convenience. Javed Jokhoo has a vast knowledge and understanding of FNHA policies. Including what is covered under FNHA benefits. Javed has a passion for helping Indigenous people access all the benefits we are entitled to.

How can the community utilize Modern Pharmacy, and the services offered?

We here at Cheam First Nation understand that the changes being made to Medical Transport may cause some challenges to the community in ways that you access a Dr. That is why we are offering to set you up with Modern Pharmacies virtual Dr. at the band office. You will be provided with a private room, and access to either a phone or a computer. Should you need a prescription the virtual Dr. will send your prescription directly to Modern Pharmacy. At this point in time, you can let us know if you would like your prescription to be delivered to the band office or if you would like to pick up yourself. Dr. Fox will continue to visit the community on Thursday mornings. To access the virtual Dr. visit Modernpharmacy.ca, click on "our services" then scroll to "Medical or Telemedicine services" from there you will choose "virtual medical clinic". This will get you in touch with a virtual Dr. who can send your prescription to Modern Pharmacy.

If you have any questions, you can reach out to Cheam's Medical Transport Clerk, Sarah Aleck at e: sarah.aleck@cheamband.com or p: 778-839-5194.

MODERN PHARMACY
Rx PharmaChoice

51296 Yale Road, Rosedale, BC V0X 1X0
PO Box 396



*Advice
for Life*

Javed A. Jokhoo

Pharmacy Owner / Manager

t. 778.704.0474 f. 236.436.2035

info@modernpharmacy.ca

www.modernpharmacy.ca



First Nations Health Authority
Health through wellness

Blood Glucose Testing Strips

Have you or a loved one been recently diagnosed with diabetes?

You may have been told by your care provider to start checking your blood sugar. Information about your blood sugar can help guide your health and wellness decisions. For most people with type 2 diabetes, occasional checking is usually enough.

More frequent checking may be needed if you are taking certain medications (such as insulin) to manage your diabetes.

Talk to your healthcare provider about your diabetes treatment and how often you should check your blood sugar.

Learning about your diabetes is important.

Exercise, food, stress, medications, and illness can all affect your blood sugar. Checking your blood sugar can help you make decisions that keep you at a balanced sugar level. Maintaining balanced blood sugar levels is important for your wellness as it helps prevent complications of low blood sugar and protects your heart, eyes, kidneys, feet and blood vessels from damage related to consistently high blood sugar.

*Did you know?
Blood glucose test strips are covered by First Nations Health Benefits.*



*Did you know?
If you are using insulin to manage your diabetes, you may be eligible for a continuous or flash glucose monitor (such as the DexCom G6®, DexComG7® or FreeStyle Libre 2®). Talk to your prescriber about this option.*

Frequently Asked Questions

How do I activate coverage for test strips?

You or your healthcare provider can activate lifetime coverage for test strips by calling First Nations Health Benefits (FNHB) at 1-855-550-5454.

Additionally, test strips coverage can be activated after attending an education session at designated Diabetes Education Centre.

How many test strips am I eligible per year?

The number of test strips you are covered for is based on the diabetes treatment you are receiving. In the event of an exceptional circumstance where you need additional test strips, your prescriber may be able to request approval through the Special Authority process.

Do I have to buy my own glucose monitor?

No, you do not have to buy your own glucose monitor. Monitors are free when you receive test strips.

What other products are available to support blood glucose checking?

In addition to test strips and glucose monitors, you will also find lancets, sharps containers, alcohol swabs, and ketone strips at your local pharmacy. Talk to your pharmacist to access coverage for these products.



For more information about the items covered by your drug plan, contact your local pharmacy or speak with a First Nations Health Benefits pharmacy assessor at 1-855-550-5454.

For more information about Health Benefits coverage of diabetes medications and supplies, scan the QR code above.



XWCHÍYÒ:M
CHEAM FIRST NATION

52161 Victor Drive
Rosedale, BC V0X 1X1
604-794-7924
www.cheam.ca

Mental Health Help Numbers to call over the holidays

1. Free mental health, substance use, and suicide prevention help is available now. .

Suicide Crisis Helpline is available 24/7, for calls and texts, in both English and French

You can access this service by calling

988

2. KUU-US Crisis Response Services provides culturally sensitive support and

counselling to First Nations, Inuit and Métis peoples 24 hours a day, seven days a week.

You can access this service by calling

1-800-KUU-US17 (1-800-588-8717)

3. alcohol and drug related referral service

Available to anyone needing help with any kind of substance use issues,

24 hours a day, seven days a week. Provides information and referral to education, prevention and treatment services, and regulatory agencies.

You can access this service by calling

604-660-9382 or toll-free 1-800-663-1441

4. Toll-free, confidential and anonymous telephone and online counselling and referral

service for young people up to age 20, available 24 hours a day, seven days a week.

You can access this service by calling

1-800-668-6868

5. Provides a toll-free number connecting callers to a BC crisis line, without a wait or busy signal.

Offers emotional support, information on appropriate referral options, and a wide range of support relating to mental health concerns.

You can access this service by calling

310-6789

6. Indian Residential School Crisis Line is a national service for anyone

experiencing pain or distress as a result of their residential school experience

you can access this service by calling

1-866-925-4419.

7. Indian Residential School Survivors Society (IRSSS) is a partner with the FNHA

in providing access to counselling, cultural and emotional support services to

former students of residential and day schools, and their families, regardless of status.

to access this service by calling

1-800-721-0066

FISHERY NOTICE
 CFN1258-Ghost Gear Removal - Area 29 - Lower Fraser River, Upstream to Hope

During the period below, authorized ghost gear retrieval crews will be active on the Lower Fraser River, upstream to Hope, conducting visual surveys and removing gillnets that appear to be abandoned, lost or otherwise discarded fishing gear (ALDFG). Eighteen days of work are planned on the river within the indicated time period. Retrieval vessels will be identifiable with a blue DFO Ghost Gear flag. All fishing gear that is marked with a floating tag or buoy, labelled with legible identifying information, and in good functional condition will be left in place.

December 1, 2024 - March 15, 2025

Any ALDFG that is retrieved and determined to be tagged or identifiable will be securely stored and DFO will notify licence holders of where gear can be picked up. Any gear unclaimed after 30 days of notification is considered relinquished.

If you have questions about the Ghost Gear Initiative in the Pacific Region please contact the Regional Ghost Gear Coordinator at DFO.GGProgramPAC-PACProgrammeEF.MPO@dfo-mpo.gc.ca



CHEAM ELDER’S CORNER



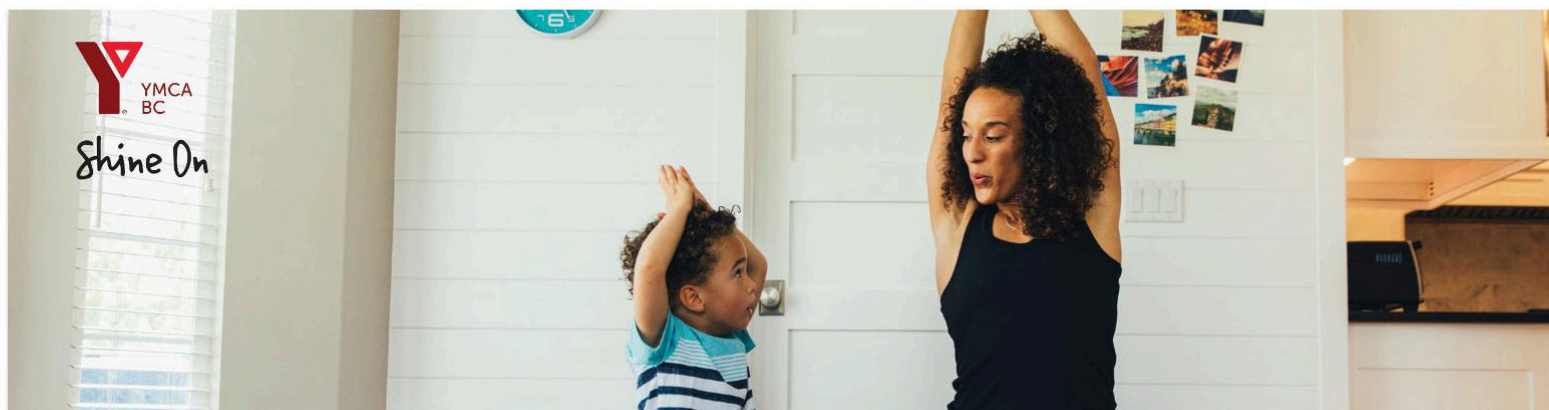
UPCOMING BIRTHDAYS	BIRTHDATE
DAVID MURRAY ALECK	DECEMBER 24
GEORGE ROGER DOUGLAS	DECEMBER 31
ANITA ROSE CONNAL	JANUARY 6
ELIZABETH PHILLIPS	JANUARY 9
GERALD DAN	JANUARY 24
ISAAC ALEX ALECK	JANUARY 25
BRUCE PETER CREY	FEBRUARY 04
DENISE ANN ALEXIS	FEBRUARY 11
CHARLENE EDWARDS	FEBRUARY 16
DIAN MCKUSICK	FEBRUARY 21



PELÓLXW ELDER’S LUNCHEON
 DECEMBER 19, 2024 @ SKWAH FIRST NATION



PROGRAMS/EVENTS



MAKE **WELLNESS** A LIFESTYLE FOR YOUR WHOLE FAMILY

USE THE CODE **HEALTH_2024** FOR A FREE YEARLY Y@HOME+ MEMBERSHIP

We believe everyone can reach their potential when they are active, learning and connected. Y@HOME+ is your virtual YMCA connecting you and your family to online fitness, health and wellness programs.

JOIN NOW FOR FREE AND ACCESS

- LIVE FITNESS CLASSES
- OVER 600 ON-DEMAND WORKOUTS
- YOGA & MEDITATIONS
- HEALTHY RECIPES
- KIDS & FAMILY ACTIVITIES
- AND MORE!



HOW TO SIGN UP

1. Visit ymcahome.ca/join
2. Scroll down and click on the red button, "Join Y@Home+ Now".
3. Create an account by filling in your information.
4. Click the red button, "Join Y@Home+ Now" again
5. Under Payments & Discounts, you will need to enter a valid credit card number, CVC and the postal code attached to your credit card. *You will not be charged any fees with your discount code.*
6. Enter the discount code **HEALTH_2024**
7. Click the teal Subscribe button under "Review & Purchase".
8. Click "Y@Home PLUS" in the top banner to get started on your wellness journey.

If you don't have a credit card, please email Christina at christina.matthews@bc.ymca.ca to set up an account for you.

www.ymcahome.ca/join



**hear life's
important
moments!**

**Quality
Assured**

*please provide status
number and phn when
registering*
(Ages -18 and uP)

1 Day FREE Hearing Screening Clinic

Free Hearing Aids Cleaning and Maintenance

RSVP TO: 778-839-5194
SARAH.ALECK@CHEAMBAND.COM

Day and Time: February 4, 9:30am - 4:30pm

Clinic Location: Cheam Band Office

CARTER Hearing



Call today **604-392-9211**

CHILLIWACK • HOPE • PRINCETON

TF: 844-234-6665 | PH: 604-392-9211 | carterhearing.ca

Laura Carter, RHIP.
Registered Hearing Instrument Practitioner
Owner



Coqualeetza Cultural Ed Centre

We are extending our Non-Profit Artist/Crafters (80+) Giftshop

**We have authentic handcrafted art and crafts
for that special someone on your list!**

- We are Open Monday – Friday 8 to 4 –
Including lunch & later on
Wednesday & Thursdays

Dec 11th & 12th until 6 pm

Dec 18th & 19th until 6 pm

&

Saturdays

Dec. 14th from 10 am to 2 pm

Join us for a Make N Take 10-12 on the 14th

Dec. 21st from 10 am to 2 pm

....

We are located at 8528 Ashwell Rd, Chilliwack, BC

Look for the Green Metal Roof on Log Building

Phone: 604-858-9431

**Stop in for a visit and enjoy a cookie, hot chocolate
or hot apple cider.**

Free Raffle
Entry for min
\$20.00
Purchase



PESP INVITES YOU TO PARTICIPATE

EDUCATION PATHWAYS PROGRAM

January - April 2025

Explore Early Childhood Education Assistant
(ECEA), Early Childhood Educator (ECE)
and Education Assistant (EA) Pathways

**CONTACT YOUR CASEWORKER FOR
MORE DETAILS OR 604-796-6835**

This is open to on reserve Income Assistance clients living on
Chawathil, Cheam, Scowlitz, Seabird Island, Shxw'ow'hamel, Skwah,
Spuzzum, Squiala, Union Bar First Nations and Yale First Nations

THIS INITIATIVE IS FUNDED BY
DEPARTMENT OF INDIGENOUS SERVICES OF
CANADA (DISC)



Government
of Canada

Gouvernement
du Canada

GIWIIDABINDIMIN CERTIFICATE PROGRAM

RESPONDING TO TRAUMA AND GRIEF WITH DECOLONIZED PRACTICES

JOIN THIS FIVE-DAY IN-PERSON TRAINING THAT BLENDS INDIGENOUS AND WESTERN KNOWLEDGE FOR A TWO-EYED SEEING APPROACH TO TRAUMA AND GRIEF. GUIDED BY TWO EXPERIENCED CO-FACILITATORS, PARTICIPANTS WILL EXPLORE MEANINGFUL, RELATIONAL SUPPORT IN A COLLABORATIVE LEARNING ENVIRONMENT WHILE REFLECTING ON THEIR OWN JOURNEYS AND PRACTICES.



DATES: MARCH 17 TO 21ST 2025

TIME: 9AM-4PM

**LOCATION: TELMEXW AWTEXW HEALING CENTRE,
16400 MORRIS VALLEY RD, HARRISON MILLS, BC**

YOU WILL ALSO RECIEVE A CERTIFICATE OF COMPLETION



REGISTER HERE

OR EMAIL TELMEXWAWTEXW@STSAILES.COM



CTRI
CRISIS & TRAUMA
RESOURCE INSTITUTE

ESS for Nations Reception Centre Mock Exercise

Wed. 15th January 2025
9:00am - 4:00pm



LUNCH WILL BE PROVIDED

Please email us any dietary restrictions
before January 6th 2025

VOLUNTEERS & INTERVIEWEES

We are looking for individuals that would be
willing to volunteer or be interviewed. Honoraria
provided if they RSVP before December 19th!

43101 Leq'a:mel Way, Deroche

KEY DETAILS

- The mock exercise will be filmed by a video production company to showcase the importance of ESS training and highlight our capabilities.
- This exercise is part of our ongoing commitment to building resilience in Indigenous communities through practical, hands-on training.

WHY ATTEND?

- Gain firsthand experience in how an evacuation center operates.
- Learn more about the ESS For Nations initiative, which is focused on empowering Indigenous communities to take lead roles in emergency responses.
- Build skills and confidence in helping community members during evacuations and emergencies.



PLEASE NOTE THAT ANY VOLUNTEERS & INTERVIEWEES WHO ARE PARTICIPATING
NEEDS TO RSVP BEFORE DECEMBER 19TH 2024 TO RECEIVE HONORARIUM

essfn@outlook.com

JOB OPPORTUNITIES AT CHEAM



XWCHÍYÒ:M

COME WORK WITH US AT CHEAM!

To apply to any of the jobs listed below, click on the job title for further details, visit the [careers page of our website](#), or drop off your resume at the Band Office attn: HR.

- [Accounts Payable Clerk](#)
- [Community Health Representative](#)
- [Early Years Supervisor](#)
- [Events Co-ordinator](#)
- [Executive Co-ordinator](#)
- [Family Support Worker](#)
- [Home Support Worker](#)
- [On-call Labour](#)
- [Rights & Title Manager](#)
- [Watchmen \(Security\)](#)
- [Wellness Navigator](#)



Why work for us:

- Cultural Enrichment
- Community Impact
- Advancing Reconciliation
- Personal Growth
- Competitive Starting Wage
- Benefit Coverage
- Company and Community Events
- Holiday Closures

Our culture is rich and resilient. With an abundance of community programs, we have fun, respect ourselves and others, and take pride in our community, who we are, and where we come from. Our vision is to be socially, culturally, and physically stable.

XWCHÍYÒ:M

CHEAM FIRST NATION

SUB-CONTRACT OPPORTUNITY, ENVIRONMENTAL MONITOR/LAND GUARDIAN

Position: Environmental Monitor/Land Guardian

Position Location: Fraser River Islands, Chilliwack

Position Summary: Cheam First Nation requires 2 (two) casual positions for a Land Guardian (Supervisor Role) and a Junior Technician for Environmental Monitoring work on the Fraser River Islands. 4-6 shifts per month will be offered. The work will take place primarily in-field, in all weather conditions, with a requirement for reporting after each shift. Duties include hiking, canoeing, collecting environmental data from aquatic and terrestrial settings, and performing data collection duties. A level of physical fitness and capacity to operate safely in remote environments is required.

Responsibilities:

- Monitoring sites and making environmental, terrestrial, and archeological assessments.
- Completion of reporting requirements
- Checks in with the supervisor as needed.
- Submission of bi-weekly timesheets
- Qualifications/Requirements:
- Relevant work experience in environmental monitoring assessment, habitat assessment, or archeological assessment is considered an asset.
- Physically fit, ready, and willing to work outdoors in all weather conditions.
- Interested in connecting with the land and environmental restoration work with a long-term goal of guardian work.
- Able to follow directions as well as work independently.
- Cheam or Sqwá band member is preferred.
- Must have a driver's license.
- A satisfactory criminal record check.

Education and Skills:

- A high school diploma and a passion for working outdoors is required.
- Guardian training, relevant environmental monitoring and first aid certifications are considered an asset.

What we offer:

- Above industry average wage.
- Wide range of training and certification.
- Cultural support.

Send your resume to alli.calliou@cheamband.com

Rights & Title Manager

Xwchíyò:m (Cheam First Nation) is seeking a knowledgeable and proactive Rights & Title Manager to oversee and the Nation's rights and title management initiatives. This role will involve protecting and advancing Cheam First Nation's inherent rights and title, and overseeing how we uphold our responsibilities to our land, water, and territory. This includes ensuring that the People of Cheam First Nation can practice their sacred inheritance and cultural activities.

The ideal candidate will have expertise in Indigenous rights, land management, environmental regulations, and a strong ability to negotiate and advocate effectively.

We are looking to build a new team within Cheam First Nation and there are similar roles available that can be adjusted slightly to fit with the strengths and capability of the applicant. We will work with qualified applicants who have a good organizational fit to develop roles and an organizational structure which sets the team up for success and meets the needs of the Nation.

Key Duties & Responsibilities

- Develop and implement strategies to assert and protect Cheam First Nation's inherent rights and title to land, water, and resources within its Traditional Territory.
- Assist Cheam First Nation in negotiations with government bodies, industry partners, and other stakeholders regarding land, resource, and environmental issues as required under the Leadership of Chief and Council.
- Manage relationships with Nations, government bodies and industry partners through collaborative stewardship of land, water, and resources.
- Advocate for the Nation's interests in consultations, agreements, and policy discussions.
- Provide leadership for the Rights and Title team, including managing workload, overseeing staff training and development, coaching for performance, and contributing to the development and maintenance of a positive work environment.
- Monitor emerging issues related to land claims, treaty rights, and resource use, and recommend and follow through with actions.
- Collaborate with environmental and other technical experts and agencies to address environmental impacts and advocate for the Nation's interests.
- Develop and implement policies and procedures related to land and water use, resource management, and environmental stewardship.
- Facilitate consultations with Cheam First Nation Members and other stakeholders to integrate their input into rights and title strategies.
- Educate and inform Cheam First Nation members about rights and title issues, ensuring they are engaged and informed.
- Work with legal advisors, consultants, and other experts to strengthen the Nation's position in negotiations on their Traditional Territory.

- Conduct research and analysis on legal, historical, and policy matters related to land claims and resource management.
- Maintain comprehensive records of negotiations, consultations, assessments, and related documentation.
- Assist in the preparation of budgets, work plans, and strategy with the Director of Lands.
- Ensure policies are effectively communicated and adhered to within the Nation.
- Prepare and present reports, proposals, and position papers to support the Nation's objectives.
- Provide regular updates and reports to the Chief and Council, and other relevant bodies.
- Other duties as required.

Job Requirements

- A bachelor's degree in Indigenous Studies, Environmental Science, Law, Political Science, or a related field, **or equivalent experience**. A master's degree or relevant professional experience is an asset.
- Minimum of 5 years of leadership and management experience in rights and titles management, environmental management, or a related field, preferably within an Indigenous context.
- Proven project management skills and ability to work with cross-functional teams.
- Proven experience in environmental (land and/or water) management, including assessments, compliance, and sustainability practices.
- A deep understanding of Indigenous rights, land claims processes, and environmental regulations in Canada is an asset.
- Knowledge of Cheam First Nation's history, culture, and governance is an asset.
- Excellent negotiation, advocacy, and stakeholder engagement skills.
- Strong research, analytical, and problem-solving abilities.
- Effective communication skills, both written and verbal, with the ability to present complex information clearly.
- Commitment to advancing Indigenous rights.
- Sensitivity to and respect for Indigenous cultures and traditions.

How to Apply

Apply by submitting your resume and a cover letter detailing your relevant experience and interest in this role or similar rights and title role to HR@cheamband.com.

We encourage Cheam Band Members and Indigenous People to self-identify when applying.

Thank you for your interest in joining our team at Cheam. We appreciate the time and effort you have taken to apply for a role with our Rights & Titles Team.

Please note that only candidates selected for an interview will be contacted. We thank all applicants for their interest and encourage you to apply for future opportunities that match your qualifications.



Events Coordinator

Position Summary

The Events Coordinator will be responsible for overseeing all aspects of event planning, coordination, and execution within the Cheam First Nation. This individual will work closely with the community, leadership, and external vendors to ensure events are culturally relevant, well-organized, and aligned with the needs and interests of our community members.

Duties and Responsibilities

- Plan, organize, and execute a wide range of events, including cultural gatherings, meetings, community celebrations, workshops, and public outreach initiatives.
- Develop event timelines, budgets, and logistical plans, ensuring all events are carried out smoothly and efficiently.
- Coordinate with Cheam First Nation leadership, elders, community members, and other stakeholders to ensure events reflect community values and priorities.
- Secure venues, vendors, equipment, and materials required for events.
- Oversee event promotion, including designing marketing materials, social media outreach, and community notifications.
- Manage event registration, guest lists, and coordination with speakers, performers, and other participants.
- Supervise event staff and volunteers, ensuring clear communication and smooth event operations.
- Provide on-site event support to ensure all aspects of the event are executed as planned.
- Evaluate the success of each event through feedback and analysis to continually improve future events.
- Communicates with event participants on social media, and through email, by telephone etc. from the time that they commit to attending, throughout the lead up to, and then during, the event.
- Maintains detailed and accurate event files, e.g. exhibitor and participant databases.
- Follows up on community requests for documents.
- Prepares full reports on events organized, including information about obstacles and opportunities encountered.
- Ensures that event policies and procedures are followed.
- Ensures the overall client service delivery presents an exceptional customer service experience.
- Attends meetings as required.
- Performs other duties as necessary.

Education, Skills, Ability, knowledge, and Experience

- High School Diploma, G.E.D. or equivalent required
- At least 1-year experience coordinating special events.
- Excellent communication skills, including writing, proofreading skills, and speaking.
- Ability to manage multiple projects and work assignments from a variety of staff and volunteers.

- Excellent interpersonal skills both in person and by phone, with high professionalism.
- Ability to accomplish projects with little supervision.
- Fantastic customer service ethic and high expectations for quality.
- Proficient using the latest versions of Microsoft Word, Excel, and PowerPoint.
- Ability to prepare contracts and payment documents; monitor expenditures and financial variances; obtain cost quotations; resolve payment problems.
- Ability to deal tactfully with community members, vendors, trainers, and contractors.
- High level of integrity, confidentiality, and accountability.
- Ability to build and maintain lasting relationships with key business partners and customers/community members.
- Strong communication skills, both verbal and written.
- Efficient, consistent team player.
- An out-going, people-oriented personality.
- Demonstrated planning and organization skills.
- Ability to take on responsibility and use initiative to prioritize work effectively, under pressure and to tight deadlines.
- Enthusiasm and adaptability.

Work Conditions

- Travel may be required.
- Ability to attend events and conduct presentations.
- Various working schedule including some nights, weekends and holidays.
- Overtime as required.
- Valid BC driver's license required – no restrictions.
- Criminal records check required.

How to Apply

Apply by submitting your resume and a cover letter detailing your relevant experience and interest in this role to hr@cheamband.com.

Cheam Band members and Indigenous people are encourage to self-identify when applying.

Please note that only candidates selected for an interview will be contacted. We thank all applicants for their interest and encourage you to apply for future opportunities that match your qualifications.



Home Support Worker

Position Summary

The Home Support Worker position is designed to support members of the Cheam First Nation community by enhancing their quality of life. The primary focus is to promote healthier lifestyle choices, respect for client dignity, and overall independence. This role contributes to the well-being of seniors, adults with chronic illnesses, and children or adults different abilities, helping them maintain their independence while living on reserve.

Duties and Responsibilities

- Meal planning and preparation
- Laundry & Ironing
- Performs housekeeping tasks which include vacuuming, sweeping & mopping floors, cleaning bathrooms and laundry, making beds, dusting & washing dishes,
- Observes and reports any behavioral, physical, and /or cognitive changes in a client, as well as any unsafe conditions to the HCC Supervisor.
- Completes related documentation such as in home client folders.
- Accompanies clients on outings such as appointments and shopping.
- Attends all scheduled staff meetings, case conferences and trainings.
- Make referrals to appropriate programs and services.
- Performs other related duties as assigned.
- Adhere to the Cheam First Nation personnel policies and procedures and be familiar with Cheam First Nation policies/procedures.
- Sign and maintain strict oath of confidentiality.
- Participate in case conferences as directed by the Manager.
- Advocate for Cheam First Nation members' and community members' rights and entitlements.
- Participate in community activities and functions as requested by Cheam First Nation Chief and Council.
- Other duties as assigned.

Education, Skills, Ability, knowledge, and Experience

- Completion of Home Support Worker training and/or Home Care Aide Program would be an asset.
- Experience working in a First Nation community or rural setting.
- Knowledge of Cheam First Nation community/s, Sto: lo culture, tradition and language an asset.
- Ability to balance competing priorities and to work under pressure.
- Flexibility and creativity.
- Excellent verbal, written and listening skills.
- High professional ethical standards.

- Respect for Cheam First Nation rights and entitlements.
- Driver's License
- Reliable transportation

Work Conditions

- This is a PT position working, 2 hours per day, 10 hours per week
- Valid BC driver's license required – no restrictions.
- Criminal records check required.

How to Apply

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CHEAM FIRST NATION

Social Assistance Cheque Schedule 2025

Cheque	Renewals Due By:	Ck. Release Date	Mid-Month 2
January 2025	December 13, 2024	December 23, 2024	January 15, 2025
February 2025	January 15, 2025	January 31, 2025	February 14, 2025
March 2025	February 14, 2025	February 28, 2025	March 14, 2025
April 2025	March 14, 2025	March 31, 2025	April 15, 2025
May 2025	April 15, 2025	April 30, 2025	May 15, 2025
June 2025	May 15, 2025	May 30, 2025	June 13, 2025
July 2025	June 13, 2025	June 30, 2025	July 15, 2025
August 2025	July 15, 2025	July 31, 2025	August 15, 2025
September 2025	August 15, 2025	August 29, 2025	September 15, 2025
October 2025	September 15, 2025	September 30, 2025	October 15, 2025
November 2025	October 15, 2025	October 31, 2025	November 14, 2025
December 2025	November 14, 2025	November 28, 2025	December 15, 2025