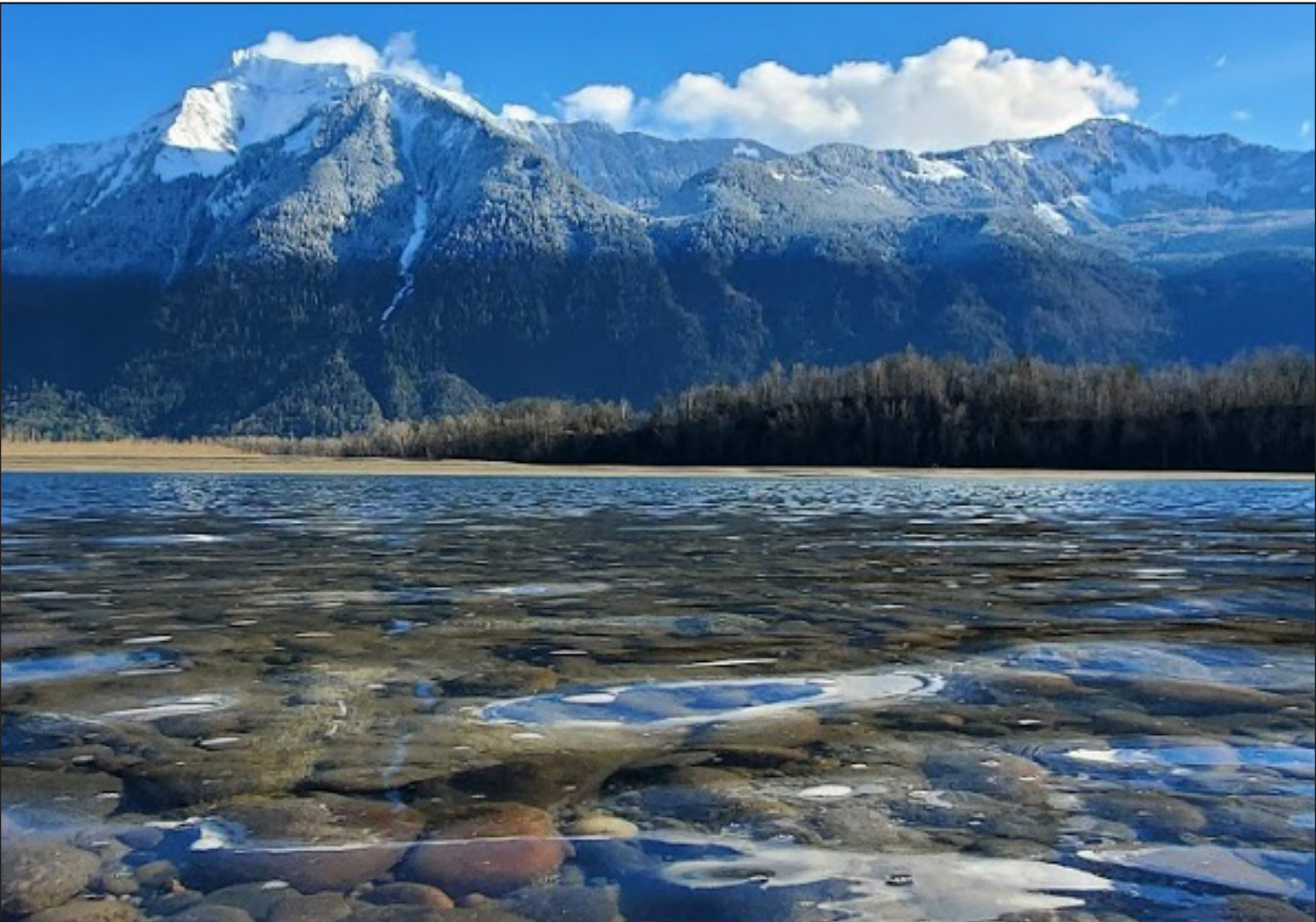




XWCHÍYÒ:M

CHEAM FIRST NATION

COMMUNITY NEWSLETTER: April 19, 2024



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XWECHYOM XWEXWILMEXW SXWE EYELH

Kwetskwetsmet lis cha xwal letse sqwalewels ye xwe chiyom Xwexwilmexw;

Xw' eyehls cha ye mekw' wat ite xwech'l yom qesu texw eweta o kw'e tl' e met Te ewpi: I qaste qel sqoqe;

Temtames mami:yelhtel ya sq'eqotel qelu lam xwe xwe'eyelf iyolem kw'e o'hletem xwela Ye'mi cha

Temtames lis cha mekw' yoyes ye alyem eweta Shxwlistexwes Te xwelitemelh Temtames chasu qexs a: li lalalem xwela kw'e mekw' wates

Qas temtames cha xwe'eyems Te temexws qasu ey xwela ye xwechiyom

CHEAM VISION STATEMENT

We the people of Cheam are committed to developing a united and harmonious community. We respect individual's diversity and promote a healthy, self-sufficient lifestyle. We need one another and value one another's views. In appreciation of our uniqueness, we foster mental, physical, emotional and spiritual wellbeing. In doing so, we strive to build pride, dignity and respect amongst our people.



DATES TO NOTE:

April 23	Regular Cheam Council Meeting
April 23	Cheam Elder's Meeting & Luncheon
May 1	Community Meeting & Dinner
May 5	<u>MMIWG2S+ March</u>
May 7	Community Kitchen @ Cheam
May 14	Cheam Womens Group Starting
May 14	Cheam Elder's Meeting & Luncheon
May 28	Regular Cheam Council Meeting

Please see our website for our full calendar of events

2024 FILE UPDATE FOR INCOME ASSISTANCE CLIENTS

To all income assistance clients: please make appointments for the April 2024 file update. If not done before the May 1st cheque run you will have to wait until your file is updated with all necessary documentation before receiving your May assistance. Please book with Diana Giroux or Amanda Aubichon by calling the Health Department at 604-794-7927 or emailing amanda.aubichon@cheamband.com or diana.giroux@cheamband.com. Best regards, Social Development



ELECTRONIC FUNDS TRANSFER (EFT) FORMS

Our goal is to slowly move all members on to electronic payments so that things like distribution, catering, and other benefits can be deposited right into your bank account. We know it will take time to get everyone switched over, so we are getting started now with the goal of having the majority switched over within one year. You can go into your bank and ask for the EFT form, or can download it from your online banking. If you need help figuring out how to download the form from your online banking please let us know and we will assist you. All forms go to deysi.hernandez@cheamband.com or can be dropped off at the Band Office attention: Deysi. *Rest assured that your EFT information will only be accessed by authorized personnel involved in the payment processing system.*



We appreciate your assistance in helping us switch over to a much more efficient payment system.



XWCHÍYÒ:M

CHEAM FIRST NATION

TENANCY AGREEMENTS 2024/2025

The Housing Department will require tenants to come in and renew your Housing agreement and sign a repayment agreement for any arrears owing. Please have **ALL** adults living in your home come in to sign the Housing agreement. Social development requires a tenancy agreement & confirmation of residence for all clients for the new fiscal year which starts now.

The below homes listed still need to sign their tenancy agreements.

Kindly schedule your 30 min appointment with front desk at (604) 794-7924 desk as soon as possible.

Old Yale Road., 51888
Old Yale Road., 52089
Bridge Rd., 621 RR#2
Bridge Rd., 745 RR#2
Douglas Place, 53429
Douglas Place, A-53394
Mammam Cr., 10285
Mammam Cr., 10291

Old Yale Road, 52152
Victor Dr, 2-52172
Victor Dr, 1-52174
Victor Dr, 2-52174
Alexis Cr., 52191
Mammam Cr., 52207
Mathela Cr., 52163
Alexis Cr., 52183

All band members that use the shelter as a residence please also need to come in and sign a form.

Thank you,

Lydia Archie - Housing Manager

2024 HOUSING SURVEY ENDS SOON

ONLY 2 WEEKS LEFT! Please find below an additional Housing survey to add to the great feedback we received last fall. We also have a stack of printed copies in the Band Office lobby. This survey is open to all Cheam members whether they live on or off reserve. Deadline is April 30th to be entered to win some great prizes.

Click [here](#) to take the online survey or visit the Band Office for a printed copy.



Cheam Welcomes

Honouring Our Grandmothers Healing Journey

To make the Elements chest available for
Message from the community.
Everyone is welcome

**Noon, April 20th
Boat Launch in Cheam**

Speakers include Chief Darwin Douglas and
Artist Carrielynn Victor

web sacredrock.ca info@sacredrock.ca



GRANDMOTHERS CANOE JOURNEY CHEAM BOAT LAUNCH

ACROSS FROM CHEAM FISHING VILLAGE AND CAMPGROUND

**Sunday April 21st: 10am
1-2pm at Island 22 Regional Park**

*Honouring Our Grandmothers Healing Journey
Has come from Secwepemc through Nlaka'pamux
Following the rivers and the wild salmon, with the
Elements chest to recieve your messages.*

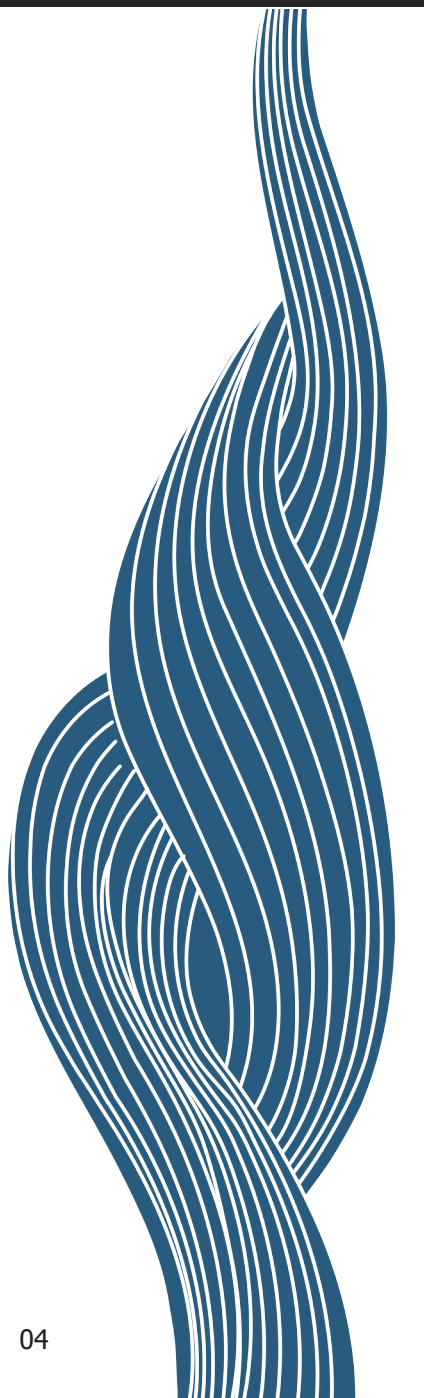
YOU ARE WELCOME TO WITNESS THE LAUNCH AND ARRIVAL
OF THE ELEMENT CHEST AS WE MOVE FORWARD IN A GOOD WAY



All those with experience and safety
are welcome to join us on the waterways
Please contact to confirm.

Environments change quickly/low water conditions.
River route checked and a safety boat is provided.

Join our Fb group
Honouring Our Grandmothers Healing Journey
sacredrock.ca info@sacredrock.ca
IG honouringourgrandmothers



MMIW GZS+ AWARENESS MARCH

MAY 5, 10AM



**JOIN US FOR A MARCH ACROSS THE AGASSIZ
ROSEDALE BRIDGE TO CHEAM BEACH FOR
SPEECHES AND A LIGHT LUNCH. FULL
DETAILS ON FACEBOOK EVENT PAGE.
BRING YOUR DRUMS & RATTLES.**

POSTER MAKING & MMIW FILM NIGHT – APRIL 29, 2-6PM – IN THE CHEAM GYMNASIUM.





**Agassiz
Harrison**
COMMUNITY
SERVICES



EARTHWISE SOCIETY
Cultivating Sustainable Communities

VOLUNTEERS NEEDED

Agassiz Harrison Community Services and Earthwise Society have partnered to create a Community Orchard

The Community Orchard will be located at Earthwise Society, at 6031 Golf Rd, Agassiz.



As they grow, our trees will provide an abundance of healthy and delicious fruit for the Agassiz Harrison Community Services Food Bank to share with our community.

Everyone is welcome to get involved. Gain valuable skills planting and caring for fruit trees and make a difference in your neighbourhood!

We need help with planting fruit trees

Monday, April 22, 2024, 10:00am to 12:00pm

Saturday, May 4, 2024, 10:00am to 12:00pm

Tuesday, May 14, 2024, 10:00am to 12:00pm

Planting will take place rain or shine so please dress for the weather and bring, boots, gloves, hat, sunscreen, water bottle.

To volunteer for one or more of the scheduled days, contact Emily at info@earthwisesociety.bc.ca





Indigenous Real Estate Workshop

Would you like to delve deeper into the Real Estate industry and explore the array of opportunities it offers?

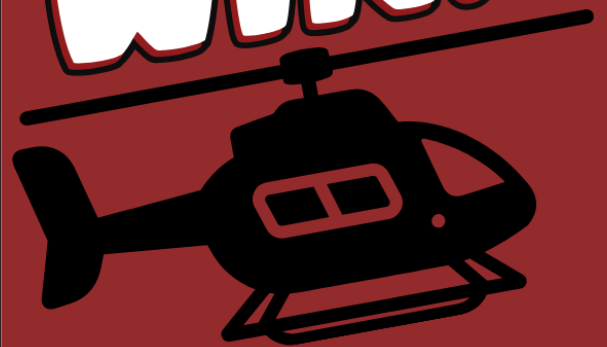
WE WILL COVER THE FOLLOWING TOPICS:

- Introduction to the Real Estate industry
- Career opportunities in the Real Estate industry
- How to become a Real Estate agent
- Listing and selling of properties
- Investing in Real Estate
- Property management
- Real Estate and technology



Scan QR code
to register

WIN!



Chance to win a

HELICOPTER TOUR

for two!

WHEN: April 20, 2024.

TIME: 10 a.m. to 4 p.m.

WHERE: Seabird Island
Band Office Gym.

FOR INQUIRIES PLEASE REACH OUT TO: carla.pretorius@sqewqel.ca or 604-796-8055



DROP-IN SERVICE WITH QWÍ:QWELSTÓM

Stó:lō Nation's Qwí:qwelstóm Indigenous Justice
Workers are here for drop-in!

All members of Seabird are
welcomed to stop in, ask
about the Indigenous Justice
Circle Process, and any other
questions related to navigating
the Criminal Justice System.



Where: Elder's lounge in the Band Office
When: 1:30 – 3:30 PM on the following dates:

- May 1, 2024
- June 5, 2024
- July 3, 2024
- August 7, 2024



Community Supports in an Emergency

BC Housing works in partnership with private, non-profit and co-operative sectors, provincial health authorities and ministries, other levels of government and community groups to deliver a range of housing solutions. In an emergency, these support programs provide short and long-term solutions to assist residents and communities in British Columbia.

Support for Individuals and Families

1. Rental Subsidies:

- a. Subsidies can be provided to homeowners, renters, seniors, families, and persons with disabilities:
 - i. Rental Assistance Program (RAP): provides a rent supplement to eligible low-income working families renting in the private market to help with their monthly rent payments.
 - ii. Shelter Aid for Elderly Renters (SAFER): provides a rent supplement to eligible lower income seniors renting in the private market to help with their monthly rent payments.

2. Rental Housing:

- a. Subsidized and market rental, and co-operative housing, typically unfurnished, may be available for seniors, families or persons with a disability, in communities throughout the province. This is eligible to apply and an applicant is added to the Registry to await the availability of housing.
- b. Private market rental housing landlords can be contacted by a recovery or resiliency centre and asked to advise of any vacant rental space which could be made available to evacuees.

3. Emergency Shelter Program:

- a. In some communities; Year-around, Temporary, and Extreme Weather shelters (when a community issues an Extreme Weather Alert based on their Extreme Weather Response Plan during November and March) provide support to vulnerable individuals or families with a diverse range of needs and abilities.

4. Homeless Outreach and Homeless Prevention Programs:

- a. In some communities; engages people where they are situated, such as living in public places, in a shelter, or in a temporary location, to help people who experience homelessness or are at risk of homelessness. Maximum income limits apply.
- b. In some communities; provides temporary rental supplement assistance primarily to people who are not able to make the complete payment for their housing needs.

Support for Communities

5. Building Damage Assessment:

- a. Trained personnel can be coordinated and deployed to assist in assessing buildings impacted by floods or earthquakes.
- b. Training and resources assistance can be provided to communities and organization to run their own damage assessment program.
- c. For more information, visit the **Post-Disaster Building Assessments website:** <https://www.bchousing.org/about/SES/post-disaster-building-assessments>

Eligibility information and other details about each of these support programs can be found at www.bchousing.org.



Eligibility Requirement Summary	Programs		Emergency Shelters	Housing Programs	
	RAP	SAFER		Rental Housing	Indigenous Housing
Receiving Income Assistance	Not Eligible	Not Eligible	Eligible	Eligible to apply	Eligible
Receiving Employment Insurance	Eligible	Eligible	Eligible	Eligible	Eligible
Receiving Employment Income	Required	Eligible	Eligible	Eligible	Eligible
Receiving pension	Eligible	Eligible	Eligible	Eligible	Eligible
Maximum Income	Maximum Income Limit	Maximum Income Limit	Not Applicable	Maximum Income Limit	Maximum Income Limit
Maximum Assets	Maximum Asset Limit	Not Applicable	Not Applicable	Maximum Asset Limit	Maximum Asset Limit
Prior residency in Province	Required One (1) year	Required One (1) year	Not Required	Current BC Resident	Not Required
Age Requirement	Maximum Age of Children 19/25	Minimum Age 60	Varies	Varies	None
Indigenous Ancestry	Not Required	Not Required	Not Required	Not Required	Required
Family Size	Applicable	Applicable	Applicable	Applicable	Applicable
Person with Disability	Not Required	Not Required	Not Required	Not Required	Not Required
No permanent address or residence	Not Eligible	Not Eligible	Eligible	Eligible	Eligible
Full Eligibility requirements	bchousing.org/rap	bchousing.org/safer	bchousing.org/housing-assistance/homelessness-services	bchousing.org/housing-assistance/rental-housing	bchousing.org/housing-assistance/rental-housing/indigenous-housing-providers

This information is intended for quick reference only. For a complete list of the eligibility requirements, additional information and other details of BC Housing supports, please call **604-433-2218** in the Lower Mainland or **1-800-257-7756** in the rest of the province.

Eligibility information and other details about each of these support programs can be found at www.bchousing.org.

Toxic Drug Response & Priority Populations Overdose Outreach Team

What's Happening?

The Fraser Health (FH) Overdose Outreach Team (OOT) works in allyship with individuals accessing the unregulated toxic drug supply to reduce the risk of toxic drug poisoning. OOT works with individuals to enhance wellness, personal resilience, self-determination and build knowledge to support safer navigation of or separation from the increasingly toxic drug supply.

OOT acknowledges not everyone who uses substances or experiences a toxic drug-poisoning event has a substance use disorder that requires clinical substance use services.

When Will This Happen?

OOT is currently taking referrals. Please see below for referral process.

Important Things To Know About OOT?

- Individuals are not required to alter their substance use to access OOT services.
- OOT is a multidisciplinary team comprised of peer support workers, outreach, and nurses working alongside social workers and consulting with harm reduction coordinators.
- **Target population:** Anyone \geq 19 yrs., accessing the unregulated toxic drug supply and are at risk of toxic drug poisoning.
- **Referrals:** Anyone can refer to OOT and clients can self refer. Client consent for referral is required.

For Fraser Health sites that use PARIS:

Please refer by completing and submitting a referral through the 'Substance Use Referral Form' on PARIS. Select the OOT team for the region you are making the referral to, which is determined by the client's address (i.e. if you are making a referral for Fraser East, please select *PH Overdose Outreach Team East*).

Community and Fraser Health Programs that do not use PARIS:

Please refer by one of the methods listed below:

- **Email:** oot@fraserhealth.ca please include your name, address, and best way to reach you when emailing a referral. **Please do NOT send client identifying information via email due to privacy.**
- **Fax:** 604.930.5432 please include your name, address, and best way to reach you when faxing a referral.
- **Phone:** 236.332.4857 **Non-Emergency Intake Line Open 24 Hrs** please leave a **voicemail** or **text** message with your name and best way to reach you.

***Please note:** referrals will be responded to within 24-48 hours (weekends/holidays may extend this time).

The OOT team is available for consultation for reducing toxic drug poisoning risk across the region.

For more information

Erin Gibson, Manager, Clinical Operations erin.gibson@fraserhealth.ca

Pamela Carr, Manager, Clinical Operations pamela.carr@fraserhealth.ca

Sherif Amara, Director, Toxic Drug Response & Priority Populations sherif.amara@fraserhealth.ca



HEALING TAKES TIME

ASKING FOR HELP IS A COURAGEOUS STEP



If you're struggling to stay grounded, want support or just need someone to chat with, there are many First Nations resources and people ready to provide support that is easy to access, free, safe and secure.



Indian Residential School Survivors Society (IRSSS)

IRSSS helps support youth throughout the province who are dealing with trauma and seeking support in their healing.

1-800-721-0066 | reception@irsss.ca



Foundry BC

Provides young people with health and wellness resources, services and supports across BC.

1-800-668-6868 | info@foundrybc.ca



Tsow-Tun Le Lum

Provides confidential outreach services, such as counselling and cultural support.

1-888-403-3123 | info@tsowtunlelum.org



First Nations Health Authority
Health through wellness

First Nations Virtual Doctor of the Day

Enables First Nations people in BC with limited or no access to their own doctors to make virtual appointments.

1-855-344-3800



KUU-US Crisis Line Society

24/7 First Nations and Indigenous specific crisis line, toll-free from anywhere in BC, specifically for children and youth.

250-723-2040





First Nations Health Authority
Health through wellness

First Nations Health Benefit Program

The First Nations Health Benefit (FNHB) Program covers specific medically necessary items, services, and travel that support First Nations peoples' health and wellness needs. The program is administered through partnerships with Pacific Blue Cross and PharmaCare.

Eligibility

The FNHB Program is available to First Nations people with Indian status who live in BC and infants (up to 24 months) of an eligible parent. To access the benefits and coverage under the Health Benefits Program, First Nations people must first enroll in the program. Please call 1-855-550-5454 or visit fnha.ca/benefits/eligibility for more information on how to enroll.

Health Benefits Coverage

The FNHB Program covers six benefit areas:



DENTAL

The Dental benefit provides coverage for items and services to maintain good oral health, prevent cavities, gum disease, and restore damaged tooth function. Some items and services covered under the dental benefit are bridges, crowns, exams and x-rays, fillings, and preventive services.



MEDICAL SUPPLIES AND EQUIPMENT

The Medical Supplies and Equipment (MS&E) benefit provides coverage for items and services needed in the short or long-term to support health and wellness. Some items and services covered under the MS&E benefit are bathing and toileting aids, hearing aids and repairs, limb and body orthotics, ostomy supplies, walking aids, and wheelchairs.



MEDICAL TRANSPORTATION

The Medical Transportation (MT) benefit assists with the cost of meals, accommodation, and transportation towards travel for a medical appointment outside your community of residence. The MT benefit may also cover travel escorts under certain conditions.





MENTAL HEALTH

The Mental Health benefit covers in-person and virtual counselling services from a qualified mental health provider registered with the FNHB. Coverage is available for Mental Health counselling from four programs. The Mental Wellness and Counselling program is for Status First Nations individuals, while the Indian Day Schools Health Support Program, Indian Residential School Resolution Health Support Program, and Missing and Murdered Indigenous Women and Girls Health Support Services are available to both status and non-status individuals. Talk to your Mental Health Provider to determine the appropriate program for you.



PHARMACY

The Pharmacy benefit, administered mainly through Plan Wellness (Plan W), provides coverage for medications and items that support First Nations people on their wellness journeys. The Pharmacy benefit covers specific prescription drugs, over-the-counter drugs, non-drug over-the-counter items, and Shingrix® vaccine. Please call 1-855-550-5454 to enroll in Plan W.

In addition to Plan W, the provincial agencies, including the BC Cancer Agency, BC Transplant, BC Renal Agency, and the BC Centre for Excellence in HIV/AIDS, provide specialty pharmacy items to all BC residents living with specific illnesses or conditions.



VISION CARE

The Vision Care benefit provides coverage for items and services to ensure proper eye health and support access to preventative care. The benefit covers eye exams, sight tests, prescription eyewear and repairs.

OTHER COVERAGE

BC Medical Services Plan (MSP)

The FNHB manages MSP for First Nations people in BC. If you have status and need to register for MSP, call 1-855-550-5454.

Ambulance Bills

The FNHB covers the cost of ambulance transport to a hospital in an emergency situation and from a lower level care facility to a higher level care facility (e.g., long-term care home to a hospital).

View Your Plan Details

To check details about your coverage for dental, vision, medical supplies, and mental health, please create an online PBC Member Profile on www.pac.bluecross.ca or download the PBC app on your smartphone or tablet. The PBC Member Profile offers convenient and secure access to detailed information about your benefits coverage 24 hours a day.

Please call Health Benefits at 1-855-550-5454, email healthbenefits@fnha.ca or visit fnha.ca/benefits to learn more about the First Nations Health Benefits program and benefit coverages.





XWCHÍYÒ:M
CHEAM FIRST NATION

52161 Victor Drive
Rosedale, BC V0X 1X1
604-794-7924
www.cheam.ca

Social Assistance Cheque Schedule 2024

Cheque	Renewals Due By:	Ck. Release Date	Mid-Month 2
January 2024	December 15, 2023	December 21, 2023	January 14, 2024
February 2024	January 15, 2024	February 1, 2024	February 15, 2024
March 2024	February 15, 2024	March 1, 2024	March 15, 2024
April 2024	March 15, 2024	April 1, 2024	April 15, 2024
May 2024	April 15, 2024	May 1, 2024	May 15, 2024
June 2024	May 15, 2024	May 31, 2024	June 14, 2024
July 2024	June 14, 2024	June 28, 2024	July 15, 2024
August 2024	July 15, 2024	August 1, 2024	August 15, 2024
September 2024	August 15, 2024	August 30, 2024	September 13, 2024
October 2024	September 13, 2024	October 1, 2024	October 15, 2024
November 2024	October 15, 2024	November 1, 2024	November 15, 2024
December 2024	November 15, 2024	November 29, 2024	December 13, 2024



Youth Workshops:

Soapstone Carving Ages 10+

with Care2Carve



Abbotsford 3:30PM-5PM
April 9, 16, 23, 30

Chilliwack 3:30PM-5PM
April 11, 18, 25, May 2

Come learn to Carve an Eagle Head out of Soapstone! *Youth will need to attend at least 3 of the sessions to complete their piece

Free Workshop open to Indigenous Youth ages 10+ registration required and spots are limited. Transportation not provided.

Registrations and questions can be sent to
Registration@xyolhemeylh.bc.ca



CULTURAL NIGHTS



Hosted by
Breanna Tso & Charlie Michell
Host drum: Cedar Hat -
Francis "Skootsie" James Jr

Intertribals:
Powwow Practice
Dancing,
Singing,
Learning &
Sharing!

EVERY THURSDAY
6:00 - 8:00 PM
MINI GYM

Thank you to our sponsors!
School District 33
VYPER
Skwah First Nation



Chilliwack Secondary School
46363 Yale Road, Chilliwack, BC

Drug & alcohol free event. Not responsible for any injuries, lost or stolen items.



MAY 1-7

2024



Youth Week
British Columbia • May 1-7

FREE STUFF
FOR YOUTH!



SPORTS
FOOD, DODGE BALL,
MURDER MYSTERY,
LASER TAG
& PRIZES



abbyouth.com



★ Jordan's Principle ensures First Nations children in BC can access the support they need, when they need it.

To access support for Jordan's Principle at any time, the Jordan's Principle Call Centre is available 24/7.

Simply call 1-855-JP-CHILD (1-855-572-4453) or go online www.jordansprinciplehubbc.ca.





Visions and Voices

LACROSSE CAMP

Ages 6-16



Thursdays 9-11am
July 11-Aug 1 (4 Sessions)
Tzeachten Field Chilliwack
6325 Matheson Rd

Come out this summer and learn to play Lacrosse or practice your skills! Equipment, Jersey and teachings provided! Free program for Indigenous youth ages 6-16. All experience levels welcome!



Registrations and questions can be sent to
Registration@xyolhemeylh.bc.ca

Fraser Valley Aboriginal Child and Family Services Society
WWW.FVACFSS.CA



S'iwes te Temexw

Teachings of the Earth

Celebration

April 20th from 10:00 am - 3:30 pm
at the Great Blue Heron Nature Reserve

10:00 - 10:15 am: Welcome

10:15 - 12:00 pm: Create Medicine Bags
(stelmexw) with Dianne Harris

1:00 - 2:30: "It's Not Just a Rock" Play by Gracie
Kelly Temewx Teachings

2:30 - 3:30: Plant your Own Sunflower Seeds to
Take Home!



Please contact us: (604)823-6603 or gbhnr@gmail.com for more info!



CHILLIWACK

EARLY YEARS FAIR

Register Now



May 15th
10:00am–1:00pm



Sardis Library
5819 Tyson Road
Chilliwack, BC



Free activities and food!



Bussing available from Bernard or Central Elementary

ACTIVITIES & STATIONS

- Singing
- Art
- Bannock Tacos
- Shave Ice
- Scavenger Hunt
- Outdoor Play
- Story Time
- Library Card Registration

and more!

AGES 0-5

SAVE THE DATE



Chilliwack School District



Chilliwack Learning Society



Fraser Valley Child Development Centre
Helping kids shine!



Sardis Doorway



Chilliwack Community Services
SHARE. GROW. BELONG.



BRITISH COLUMBIA
Ministry of Children and Family Development



Grade 10-12 Cheam Students

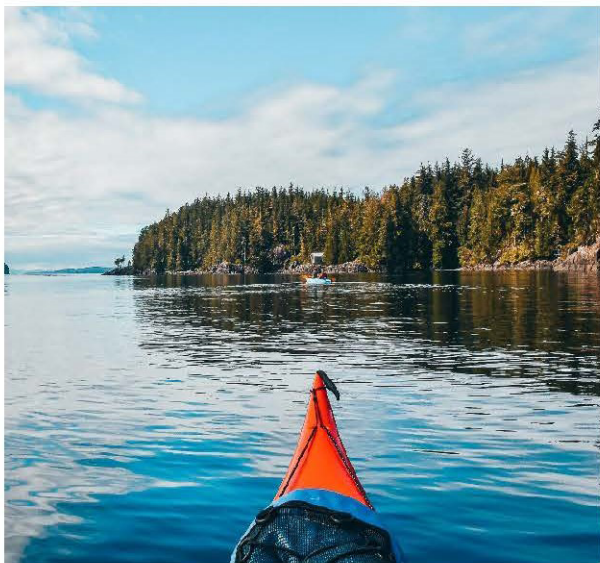
Two fun filled days for excellent attendance.

Come join us for some white water rafting, whale watching.....etc.

Dates: July 4th 8am-1pm/whitewater rafting

July 4th 2 pm kayaking in Harrison

July 5th whale watching in Vancouver



Please sign up with amanda.aubichon@cheamand.com or diana.giroux@cheamand.com
P:604-745-8017 Attendance records will be required.

For those that need to improve their attendance you have til June to improve it by 60%.

Open to all Cheam grade 10-12 band members.



To all Cheam grade 12 students/parents of graduating grade 12 students: please contact Amanda Aubichon for financial help with tuxes/grad gowns at 604-794-8026 or email: amanda.aubichon@cheamand.com.

Proof of graduation from the school will be required.

TRAINING OPPORTUNITIES

Indigenous Youth Career Development Workshop

18+

This is an excellent opportunity for Indigenous Youth to learn essential confidence-building, money management, and career exploration skills while becoming more comfortable with presenting and public speaking.

- 📅 June 1st, 2024
- 🕒 10 am - 5 pm
- 📍 7201 Vedder Road, Chilliwack
Building 10 - 1st Floor Room

*This workshop is for Youth 18 years
of age or older.*

To register

📞 604-858-0009

✉️ bhill@stolocf.ca



Activ8
CORPORATE RELATIONS + TRAINING



Schi:ya Construction



Power and Place: Stó:lō Téméxw Responsibility, Reflection and (Re)Storying Associate Certificate

CONDENSED PROGRAM | EARLY SUMMER 2024



Quick, condensed and transformative learning!

Join us in the early summer semester, in May and June, for an immersive journey into Stó:lō ways of knowing, being, and allyship. Become a better advocate for Indigenization, Decolonization, and Reconciliation, while learning from shared experiences, storytelling, land-based stewardship practices, and a variety of artistic expressions of resistance and resurgence.

With limited seats available, now is the time to take action. **Apply now** for an unforgettable summer of learning, growth, and empowerment.

Start your journey:

Land-based Storytelling

IPK 206 (3 credits)

Learn about the practical understanding of place names and their associated stories, offering a deeper engagement with land-based storytelling.

Land-based Stewardship

GEOG 300F (4 credits)

Examine water stewardship through Indigenous and non-Indigenous science, covering water health monitoring, fish ecologies, Indigenous water governance, Stó:lō community relations, and mapping for treaty processes.

Land-based Art and Design

IPK 401 (4 credits)

Explore the topics of Indigenization, Decolonization, and Reconciliation through recognizing Stó:lō and Indigenous patterns in art, understanding land acknowledgment, and developing advocacy skills related to the struggles and resilience of Stó:lō people.

Reflective Practice: Reconciliation and Reciprocity

ARTS 401 (3 credits)

Engage in guided reflection and create a reciprocity action plan and resource kit. Participate in reflective practices designed to deconstruct your learning experiences and explore new knowledge creation to enhance learning opportunities.

Note: This program is delivered on a cohort model, and students are required to register in all four courses in order to be accepted in the cohort.

Power and Place: Stó:lō Téméxw Responsibility, Reflection and (Re)Storying Associate Certificate

CONDENSED PROGRAM | EARLY SUMMER 2024

Courses Schedule

Duration: 7 weeks (from May to June 2024)

Date	Time	Course or Activity	In-person or Online
May 6, 2024	09:30-12:00	Orientation	In-person, UFV Chilliwack Campus
May 7-10, 2024	09:00 - 15:00	IPK 206: Stó:lō Communications & Worldview*	In-person, UFV Chilliwack Campus
May 13-16, 2024	09:00 - 15:00	GEOG 300: Special Topics in Geography*	In-person, UFV Chilliwack Campus
May 17-24, 2024	Scheduled break		
May 28-31, 2024	09:00 - 15:00	IPK 401: Indigenous Worldviews & Spirituality**	In-person, UFV Chilliwack Campus
May 28-31 June 3, 2024	09:00 - 15:00 09:00 - 12:30	ARTS 401: Reflective Practice: Reconciliation & Reciprocity**	In-person, UFV Chilliwack Campus
June 17, 2024	09:30 - 13:30	Wrap up ceremony	In-person, UFV Chilliwack Campus

*These courses will require field trips during the regular class.

**These courses may meet at the Great Blue Heron Nature Reserve in Chilliwack.

To confirm your course schedule, please scan the code or [click here](#) to check UFV's timetable. Please check each course schedule individually as individual course registration is required.



Power and Place Stó:lō Téméxw Responsibility, Reflection and (Re)Storying Associate Certificate

CONDENSED PROGRAM | EARLY SUMMER 2024

How to apply?

To submit an application, please ensure you meet one of the following entrance requirements:

Option 01: Current UFV students

Completion of 45 university-level credits with a CGPA of 2.50 on all credits attempted, AND completion of any IPK course numbered 102 or higher, any FNST course, or HIST 103.

Option 02: For external (non-university) applicants

For external or non-university students, a demonstration of equivalent professional experience and/or instructors' permission is required.

The following documents are required to complete your application:

- A letter of intent (up to 500 words in length) that explicitly describes the applicant's interest in learning about Indigenous relationships to land and water, Stó:lō language and culture, colonialism and reconciliation.
- An employment record or letter of reference that demonstrates professional experience such as holding a significant position or role in an Indigenous Band or Tribal Council for at least two years (e.g., elected leader, technician, elder, etc.); employment as a paralegal, legal historian, or lawyer; or work in a government ministry or other organization.

For the 2024 summer program please forward your letter of intent or reference to coa@ufv.ca, and we will get back to you. If you are a current UFV student, please include your student ID when contacting us. **All applications for the Summer 2024 intake should be submitted by email to coa@ufv.ca.**

Review of applications will begin on March 8, 2024, until the program is full.

You can learn more about the Power and Place Associate Certificate at the [Indigenous Studies department website](#) or by scanning the QR code.



CULINARY ARTS PRE-TRADE PROGRAM



Start Date
September 2024

Course Includes

Certificates: FoodSafe, First Aid Level 1, WHMIS & WCB Awareness

- Occupational Skills
- Stocks, soups and sauces
- Vegetables and fruits
- Starches
- Meats & Poultry
- Seafood
- Garde-mange
- Eggs, Breakfast cookery and dairy
- Baked goods, desserts and beverages
- Basic kitchen management
- Two week practicum placement

Are you an Indigenous individual residing in the SASET catchment area who has an interest in the cooking profession?

If so, contact a SASET employment counsellor to book an appointment and complete the package.



Canada

UFV

SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET— Sts'ailes Office
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office
2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865





XWCHÍYÒ:M

CHEAM FIRST NATION

Cheam is Hosting an Emergency Support Services Course – EMERG1618

Our Nation requires a team with the applied knowledge and tools to help provide services and support for those affected by an emergency or disaster. Learn how to adapt facilities to shelter style accommodation for people displaced from their homes during a disaster. This three and a half (3.5) hour course covers the fundamentals for ESS responders who may be called upon to work in or support the activities at a group lodging facility.

Apply Group Lodging (GL) skills and practices in a mentored functional exercise. Practice key basic GL tasks by responding to a mock emergency affecting a community. This exercise can also be used as a venue for identifying further GL training and planning needs.

Date: June 10, 2024

Hours: 9-2 lunch included

Location: Cheam Band Office Gymnasium
52161 Victor Drive
Rosedale, BC V0X 1X1



The course can only proceed with a minimum of 12 students. Please register by May 15th to Debbie Douglas, Emergency Program Coordinator, at :

eoccoordinator@cheamband.com

Cell: 604 819 9841 Office: 604 794 7927



The UA
Piping Industry
College of BC

PIPING FOUNDATIONS

Training consists of learning the basics of three of the piping trades: Plumbing, Sprinklerfitting and Steamfitting. With a strong focus on safety and practical projects, this course is designed for individuals who are unsure of which trade they want to pursue and/or have little experience working on a job site or with tools. Upon successful completion, students are awarded a certificate of completion and are given credit for completion of Level 1 apprenticeship in their chosen trade.

Program supports include (free to participants):
CSA approved work boots, transportation & meal allowance

**TUITION
FREE**

JAN 06 - MAY 30, 2025



FOR MORE INFORMATION CONTACT
CALL 604-858-3691 OR EMAIL INFO@SASET.CA
TO BOOK AN APPOINTMENT WITH AN EMPLOYMENT COUNSELOR

Canada





Sto:lo Aboriginal Skills & Employment Training is offering

Wildlands Firefighting Training

April 22 - May 3, 2024

Training will take place on-site at Sto:lo Service Agency
Building 5B, 7201 Vedder Road Chilliwack
Monday to Friday 8:30am to 4pm



SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET— Sts'ailes Office
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Phone: 604-796-5536

SASET—Seabird Office
2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865



EMPLOYMENT OPPORTUNITIES



Come Work With Us at Cheam!

To apply to any of the jobs listed below, click on the job title for further details, visit our job page <https://cheam.ca/employment>, or drop off your resume at the Band Office.

- [Administrative Assistant – \(SASET\)](#)
- [General Maintenance Worker, Public Works \(SASET\)](#)
- [Health & Wellness Director](#)
- [Lands & Capital Director](#)
- [Peace Keeper](#)
- [Project Assistant – Lands and Capital](#)
- [Project Manager](#)
- [Shelter Support Worker](#)

Our culture is rich and resilient. With an abundance of community programs, we have fun, respect ourselves and others, and take pride in our community, who we are, and where we come from. Our vision is to be socially, culturally, and physically stable.



If you are looking for an opportunity to use your expertise to really make a difference with a progressive First Nation, apply today!





SASET Outreach Services

on-site at Cheam First Nation

Every Friday from 9:30am to 3:00pm

Who are we?

We provide Indigenous Employment and Training Services to First Nation working age population in the Fraser Valley Catchment area.

Who do we serve?

If you are an Indigenous person and are either the following:

- Is un-under employed
- Student
- Employed but unable to meeting basic living requirements
- Resides in SASET's catchment area (Langley to Boston Bar and throughout the Fraser Valley; or with 3 communities in the Head of the Lakes)

Outreach Employment Services:

Employment and Career Counselling
Resumes and Cover Letters
Education and training information
Computer with internet access
Job postings
Employment Readiness
Career Planning/Decision Making
Labour Market Information

Scholarships, Grants and Bursary information
Job Search assistance
Applying online
Employability workshops
Basic Computer Skills Workshops
And much more

Lucinda Louie, Employment Counsellor

Phone or text: 778-684-1464 or email: Lucinda.Louie@saset.ca

Or email: info@saset.ca

See our website for more information at www.saset.ca



Part-time Employment Opportunity

Position:

Wildlife and Watershed Technician

Requirements:

- Physically fit, ready, and willing to work outdoors in all weather conditions.
- Interested in connecting with the land and environmental restoration work with a long-term goal of guardian work.
- Able to track hours and submit a time sheet.
- Cheam or Sqwá band member and high school graduate
- Experience with water quality testing and riparian planting an asset

What we offer:

- Above industry average wage - minimum 20 hours per week
- Wide range of training and certification.
- Cultural support.

Send your resume to roxanna.kooistra@cheamenterprises.ca



Contractor Opportunity

Contractor Title: **Habitat Restoration Coordinator**

Position Location: **Remote and in Chilliwack, BC**

Wage: **From \$32.50 +**

Work Term: **Contractor Position April-December 2024**

Summary: This Habitat Restoration Coordinator (HRC) is responsible for coordinating the restoration work of Shxwłístexw te Sqwá:la Shxwéli: Care for the Life Spirit of the Hope Slough. The HRC will work with the project manager to facilitate the project's riparian and instream habitat restoration. Hours will start at 10 per week and increase as needed in the August-November instream work and fall planting windows.

Responsibilities:

- Work with title holders and stakeholders along the Hope Slough to select restoration sites and develop planting and maintenance plans.
- Work with contractors and crews to execute plans, supporting when needed on site, especially during peak planting and instream work windows.
- Coordinate engagement with the Pelólxw communities, landowners, the City of Chilliwack, and the Department of Fisheries and Oceans.
- As time allows, develop and deliver training for community members and youth to build capacity for environmental restoration within the Pelólxw communities.

Knowledge, Skills, and Abilities

- Detail-oriented with the ability to multi-task, prioritize, and organize work.
- Excellent interpersonal and communication skills
- The capacity to work independently with minimal supervision.
- The ability to build relationships, move projects forward, and facilitate input.
- Demonstrated ability to handle confidential information.
- Intermediate knowledge and experience using MS Word, Excel, PowerPoint, Outlook, and computers.
- The ability to take initiative and work effectively under pressure to meet deadlines.

Training, Education, Certification, and Experience

- Post-secondary education in Environmental Science or Biology preferred.
- Previous experience in environmental assessment in a role working with First Nation communities is preferred.
- Satisfactory Criminal Records check
- Valid B.C. Class 5 Driver's license and driver's abstract

Working Conditions

- Working both indoors and outdoors in the field, including during inclement weather
- Engage with title holders, knowledge holders, farmers, community members, and various levels of government.

While we sincerely appreciate all applications, only those candidates selected for an interview will be contacted. Preference may be given to candidates of Indigenous ancestry **s16(1) CHRA** and have knowledge of local First Nations traditional customs and practices.

HOW TO APPLY

Contractors should send a resume and cover letter outlining how they meet the position's specific requirements to roxanna.kooistra@cheamenterprises.ca.

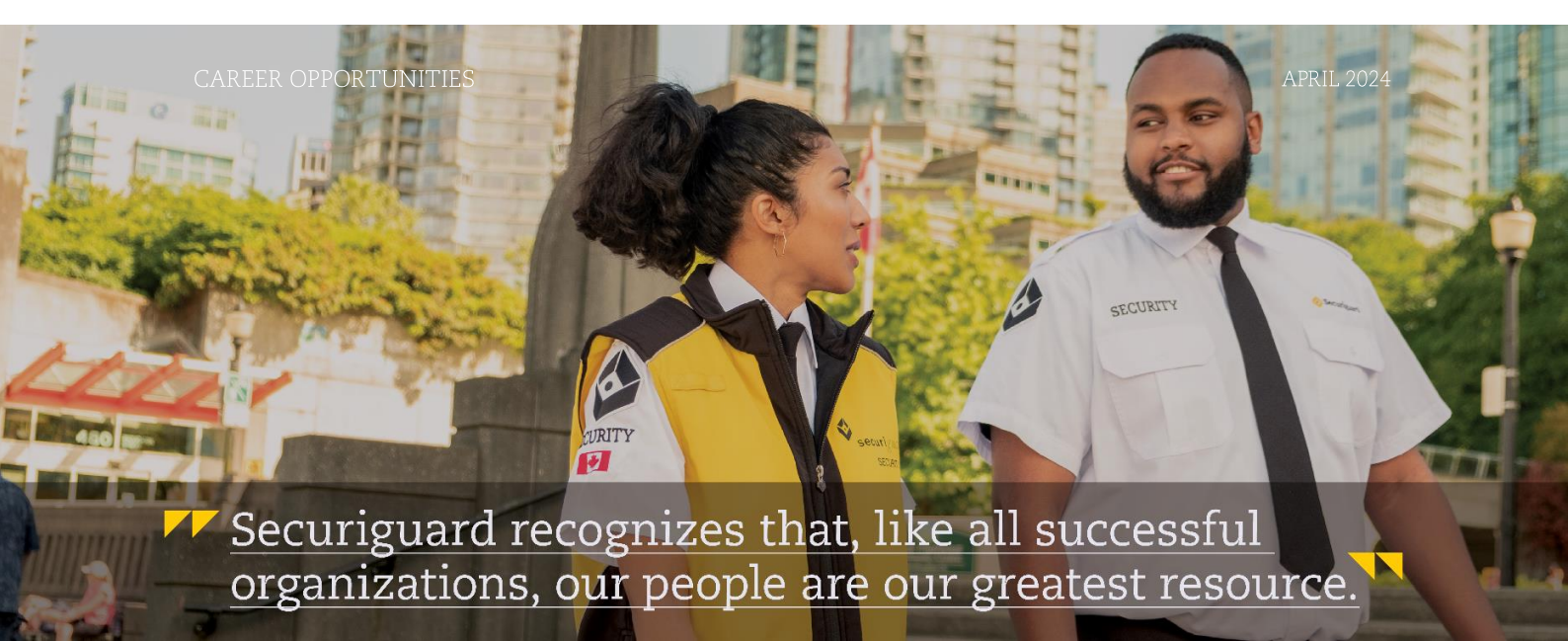


We're more than a security company,
we're a **human potential** company.

 Securiguard

Career Opportunities
April 2024





Securiguard recognizes that, like all successful organizations, our people are our greatest resource.

Security Patrol Guard - K9

Victoria & Nanaimo, BC

What you bring:

- Valid BC Security License (or ability to attain)
- 2+ years of security experience, with preference for Police, Law Enforcement, or Security K9 background.
- Clean criminal background check.
- Commitment to a 2-3-month K9 training program.
- Class 5 driver's license with an annual clean abstract.

Job Responsibilities:

- Support K9 Protection and Explosive/Narcotic Detection following established procedures.
- Maintain flexibility for schedule changes and open availability.
- Liaise with Governmental agencies, such as Transport Canada.
- Deliver excellent customer service.

Loss Prevention Security Officer

Vancouver, BC

What you bring:

- Valid BC Security Worker License
- AST (Preferred)
- Previous Security Experience - 1year (Required)
- Loss Prevention Experience- 6 months
- Must be comfortable apprehending and detaining shoplifters when required

Availability:

- Must be flexible to work in multiple stores/locations
- Must be able to stand for an 8-hour period

Security Guards - Events

Kelowna, BC

Job Requirements:

- Valid security workers license or ability to obtain.
- Must be able to stand/walk for an 8+ hr. period.
- Customer service experience is required.
- Must be available evenings and weekends (and some holidays).



Our mission is to empower people to make a difference and realize their potential.

Plant Protection Officer

North Coast, BC

Job Requirements:

- Valid BC Security License
- Completion of High School or equivalent
- Fire Fighter 10.01 & 10.02
- Valid OFA 3 or EMR Certificate
- Ability to Pass an Oral Fluid Drug Test
- Class 5 driver's license
- Equipment Operator Certificate (or relevant experience)

Client Services Manager – Security Services

Burnaby, BC

What would you bring:

- Demonstrated success in building and leading teams.
- 3+ years of security operations experience
- 3+ years of client relations experience
- Proven track record of excellence in client relationship management, problem solving and business development.
- Experience in an operational setting involving the management and supervision of many staff members.
- Strong communicators with assertive interpersonal skills and team player are critical to success.

Contact Us Today

To learn more about these employment opportunities and more, please contact:

Taylor Walters

Email: Taylor.Walters@securiguard.com

Cell: 778-870-1490

Scan Me!





EMPLOYMENT OPPORTUNITY - Administrative Assistant

Position Summary:

The Administration Assistant will provide support to the following departments with the goal of the candidate gaining a broad understanding of each department within the Band office. (administration, human resource, housing and public works departments and reception)

This is a SASET funded 52 Week position therefore applicants must be the following criteria:

1. Must be First Nations/Inuit (not Metis), status/non-status, reside on or off reserve, within SASET catchment area.
2. Post-secondary student who was a registered full-time student during previous academic year and intend to return to full-time studies in the following academic year.
3. Must have a valid Social Insurance Number at the start of the program.

Duties and Responsibilities:

- Coordinate team meetings.
- Take detailed notes at meetings and distribute memos with action items.
- Keep up to date on all communications through the various outside organizations.
- Order supplies for required departments as directed.
- Create forms and templates as required.
- Draft reports, letters and emails.
- Assist with writing Purchase Orders and Cheque Requests.
- Reception coverage.
 - Log-in and Log-out incoming and outgoing mail.
 - Distribute all incoming mail correspondence to Council, staff and membership and other Agencies.
 - Receive incoming calls and forward to the proper person.
- Ensure the office equipment is working efficiently at all times.
- Assist with filing, photo copying etc.
- Finance:
 - Assist with Reconcile bank accounts.
 - Assist with the preparation and post year-end adjusted entries.
 - Analyze account details and reconcile the accounts.
 - Assist with accounts payable/accounts receivable.
 - Maintain an effective financial record keeping system.
 - Prepare supporting information for annual audit engagements.

Qualifications:

- A positive attitude, ability to work in a team as-well-as work independently.
- A desire to learn.
- Intermediate computer literacy skills in Excel, MS Word and other databases.
- Ability to meet deadlines and handle multiple tasks and changing priorities.
- Possesses strong ethical standard and work ethic.
- Ability to work in an environment with changing priorities.
- Good verbal and written communication skills.
- Ability to maintain Confidentiality and abide by Cheam First Nations' Policies and Procedures.
- Knowledge, respect and understanding of Stó:lō culture, traditions and language is considered an asset.
- Valid BC Driver's License and reliable transportation.
- Satisfactory Criminal Record Check.

Application Process:

- Please send Cover Letter and Resume to: **Email: HR@cheamband.com**
- We thank all applicants and advise that only those individuals short-listed will be contacted for interviews. While preference may be given to applicants of Aboriginal Ancestry, qualifications must be suitable to the position requirements.



EMPLOYMENT OPPORTUNITY

Position Title:	General Maintenance Worker (Public Works)	Competition Number:	
Duration:	SASET – 1 Year Term	Submission Deadline:	
Reports To:	Public Works Supervisor	# of Openings:	1
Office Hours:	Monday - Friday, 7:00 am – 3:00 pm	Salary:	

Position Summary:

Under the direction of the Public Works Supervisor, the primary purpose of the Cheam Maintenance Worker is to conduct general grounds and building maintenance tasks for all Cheam public/common areas, community grounds, community buildings, water systems, wastewater systems, and Band Rental and Social Housing.

This is a SASET funded 52 Week position therefore applicants must be the following criteria:

1. Must be First Nations/Inuit (not Metis), status/non-status, reside on or off reserve, within SASET catchment area.
2. Post-secondary student who was a registered full-time student during previous academic year and intend to return to full-time studies in the following academic year.
3. Must have a valid Social Insurance Number at the start of the program.

Duties and Responsibilities:

- Complete general maintenance tasks for all public/common areas, community grounds and community buildings.
- Operate equipment and various small power/hand tools.
- Maintain Cheam Band lawns and yards.
- Mow, weed (weedwack), and treat all Band fields and grass, including cemetery.
- Prune/trim trees, hedges and shrubs as required.
- Clean external areas such as entranceways, sidewalks and parking lots using rakes, shovels and other equipment to remove dirt, leaves, snow and other refuse.
- Shoveling, applying mulch, chipping and waste removal.
- Perform repair and preventative maintenance for basic grounds/lands keeping equipment.
- Perform repair and maintenance to grounds as needed.
- Perform snow removal, salt and sand application, or other related tasks.
- Operate tractor where applicable.
- Complete refuse/garbage collection and recycling tasks.
- Respond to emergency calls of the community when and where required.
- Perform materials handling; this includes delivering materials from one site to another and loading and off-loading.
- Perform basic laboring work such as digging, raking, etc.
- Assist with inventory tracking of tools, supplies and other materials.
- Perform set-up and clean-up requirements at various job sites.
- Load refuse, compost garbage and recycling, and distribute load to transfer station or landfill.
- Report any deficiencies in equipment and repairs required to the Public Works Supervisor and/or Manager. Notify supervisor of any deficiencies that will require the use of contractors for repairs required.

- Provide assistance in completing Housing maintenance and repairs on reserve. Including: drywall repair and installation; painting; minor plumbing (changing washers, seals, replacing toilets, etc.); flooring repair and/or replacement; cabinet and counter demo and installation; etc.
- Operate equipment in a safe and efficient manner at all times.
- Comply with WSBC and WHMIS rules and regulations at all times.
- Use appropriate safety equipment at all times.
- Work in cooperation with other maintenance staff.
- Collect tree limbs, animal carcasses and other miscellaneous debris and dispose of when and where required.
- Other duties or responsibilities as assigned by your supervisor, Manager, and/or the Cheam Executive Director.

Required Qualifications / Education / Experience / Skills:

- Previous experience working in a construction environment would be considered an asset.
- High regard for safety and ability to comply with WorkSafeBC and WHMIS rules and regulations at all times.
- Strong work ethic and a positive attitude.
- Excellent attendance.
- Ability to follow instructions.
- Good physical strength, hand-eye coordination and endurance. Ability to lift, handle and move 50 lbs. Must be physically able to perform physically demanding work such as, but not limited to: lifting, pulling, digging, stooping, and climbing a ladder, etc.
- Ability to work well in a team environment as well with minimal supervision.
- Must be able to work flexible hours. Hours of work may vary from early mornings, evenings and weekends. Ability to work varied shifts including evenings and weekends when required.
- Valid BC Driver's License, Class 5 is an asset.
- Satisfactory Criminal Record Check.

Application Process:

- Please send Cover Letter and Resume to: **Email: HR@cheamband.com**
- We thank all applicants and advise that only those individuals short-listed will be contacted for interviews. While preference may be given to applicants of Aboriginal Ancestry, qualifications must be suitable to the position requirements.