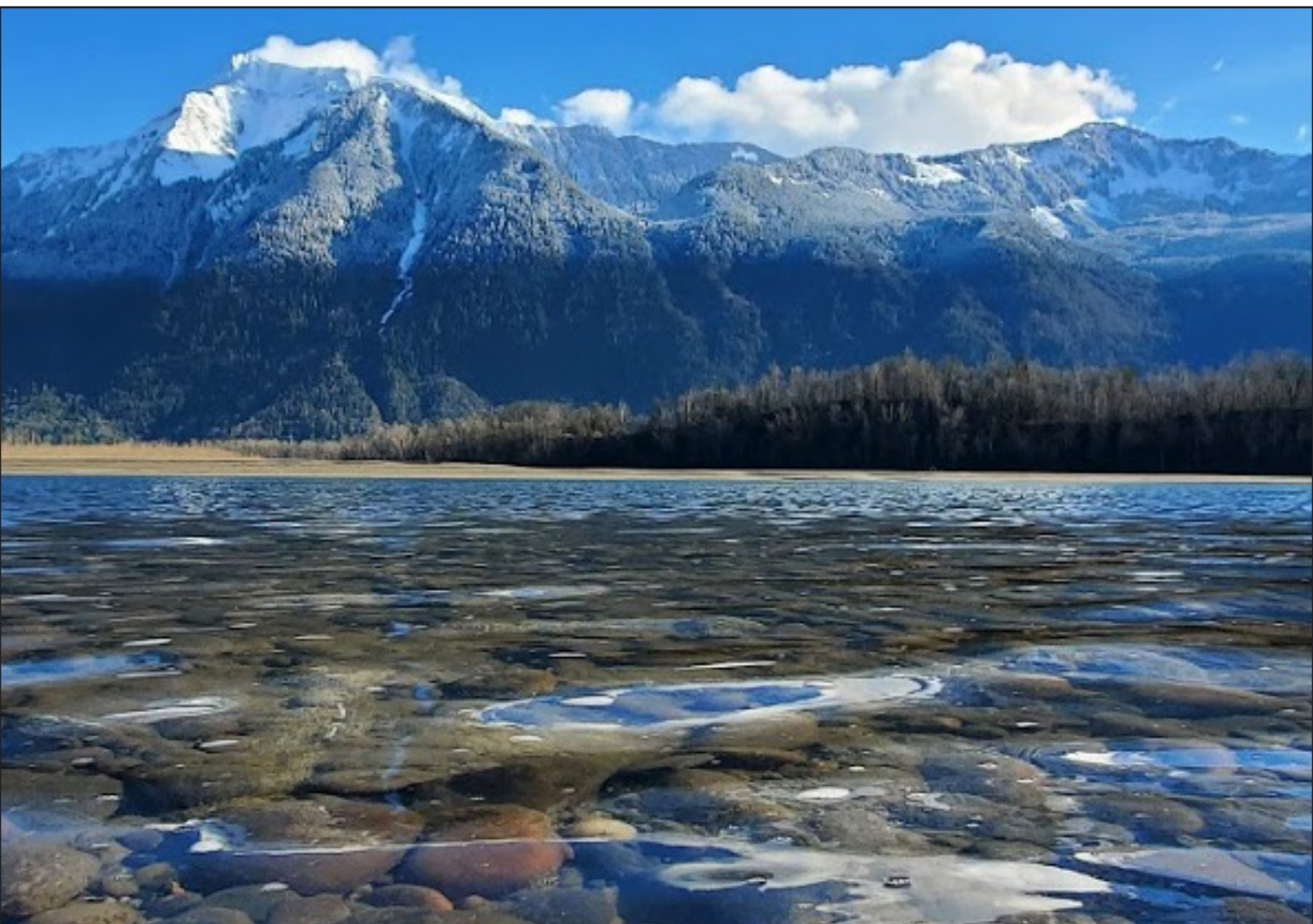




# XWCHÍYÒ:M

## CHEAM FIRST NATION

COMMUNITY NEWSLETTER: February 9, 2024



### NEWSLETTER SECTIONS

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### XWECHÍYOM XWEXWILMEXW SXWE EYELH

Kwetskwetsmet lis cha xwal letse sqwalewels ye xwe chiyom Xwexwilmexw;

Xw' eyehls cha ye mekw' wat ite xwech'í yom qesu texw eweta o kw'e tl' e met Te ewpi: I qaste qel sqoqe;

Temtames mami:yelhtel ya sq'eqotel qelu lam xwe xwe'eyelf iyolem kw'e o'hletem xwela Ye'mi cha

Temtames lis cha mekw yoyes ye alyem eweta Shxwlistexwes Te xwelitemelh Temtames chasu qexs a: li lalalem xwela kw'e mekw wates

Qas temtames cha xwe'eyems Te temexws qasu ey xwela ye xwechiyom

### CHEAM VISION STATEMENT

We the people of Cheam are committed to developing a united and harmonious community. We respect individual's diversity and promote a healthy, self-sufficient lifestyle. We need one another and value one another's views. In appreciation of our uniqueness, we foster mental, physical, emotional and spiritual wellbeing. In doing so, we strive to build pride, dignity and respect amongst our people.



## DATES TO NOTE:

February 13	Regular Cheam Council Meeting
February 19	Stat Holiday - Band Office Closed
February 20	Cheam Elder's Meeting & Lunch
February 27	Regular Cheam Council Meeting
February 21	Gill Bar Restoration Community Meeting & Dinner (CEI)
February 28	Honoring Wellness Celebration @ 5pm
March 12	Cheam Elder's Meeting & Lunch
March 12 & 26	Regular Cheam Council Meetings
March 18 - 21	Cheam Youth Spring Break Camp
March 22	Coastal Jam @ Cheam



### **Electronic Funds Transfer (EFT) Forms**

Our goal is to slowly move all members on to electronic payments so that things like distribution, catering, and other benefits can be deposited right into your bank account. We know it will take time to get everyone switched over, so we are getting started now with the goal of having the majority switched over within one year. You can go into your bank and ask for the EFT form, or can download it from your online banking. If you need help figuring out how to download the form from your online banking please let us know and we will assist you. All forms go to [deysi.hernandez@cheamband.com](mailto:deysi.hernandez@cheamband.com) or can be dropped off at the Band Office attention: Deysi. *Rest assured that your EFT information will only be accessed by authorized personnel involved in the payment processing system.*

*We appreciate your assistance in helping us switch over to a much more efficient payment system.*

# CHIEF'S UPDATE



# XWCHÍYÒ:M

CHEAM FIRST NATION

Ey Swayel Siiem nu Siyeye

Dear family & Friends, fellow Cheam community members,  
I hope everyone is enjoying this seasonal transition and looking forward to spring as it's just around the corner. I wanted to provide an update that follows the Chief & Council presentation last night at our community meeting. As Chief & Council settles into our new roles we intend to work hard to find positive ways to build our community. The following are some of the priorities that have come forward through our first two months of work:

## Health & Safety:

- Increased mental health supports
- Increased addiction support
- Elders programming
- Youth programming

## Inherent rights and title:

- Pelolxwlh territory assertions
- Fishing and hunting rights protection and assertions
- Pelolxwlh tribal history research

## Special projects:

- Community garden
- Food sovereignty, food security
- Porter property revitalization
- Ferry island revitalization
- Pelolxwlh territory land projects
- Community clean-up

## Housing:

- Wastewater treatment facility
- Conceptual design for new lots on the east subdivision for Band member new housing
- Financing options for members for new house construction
- Band-owned rentals for members
- 20-bed supportive housing completion
- Issuance of outstanding certificate of possessions (CP)

## Economic Development:

- Gondola project
- Golf course land purchase
- Agassiz farmlands
- Fraser River Lodge
- Gravel pit reclamation
- Land development opportunities
- Light Industrial business park
- Commercial business park
- Residential developments for market housing
- Cannabis store reopening
- Cheam fishing village expansion
- Highway improvements



These are some of the priorities that have been identified. There was great input and recommendations received at last night's community meeting. We look forward to other recommendations from the Cheam people. We are committed to working hard to achieve as much as possible in the next two years and beyond.

Yalh ye kwas hoy sii'em nu teslhxwelmexw

Thank you

Eyteleq





# Honoring Wellness Ceremony



*you deserve a life  
full of happiness  
and positivity*



**FEBRUARY 28, 2024 @ 5PM**

Nominations to be honored can be sent by this Friday to [crystal.chapman@cheamband.com](mailto:crystal.chapman@cheamband.com), [roseanna.bello@cheamband.com](mailto:roseanna.bello@cheamband.com) or phoned in to the Health reception at 604-794-7927.

**Call for Nominations**

## ELDERS & KNOWLEDGE KEEPERS COUNCIL



BC FIRST NATIONS  
JUSTICE COUNCIL

**Application Deadline:**  
February 14th, 2024 at 4:30PM

**For more information contact:**  
[krystle-dawn.sallis@bcfnjc.com](mailto:krystle-dawn.sallis@bcfnjc.com)

The BCFNJC Elders & Knowledge Keepers Council is a province-wide regionally representative body of Elders and Knowledge Keepers established through the implementation of Strategy 21 to provide advice and cultural guidance on all aspects of the **BC First Nations Justice Strategy** implementation.





# Cheam Family Fridays



January 26 - Karaoke and painting on canvas boards



February 9 - Making tea bombs, karaoke & dancing



February 16 - Gymnastics

**CANCELLED**



February 23- Cedar Weaving Baskets & Roses

COMMUNITY MEMBERS ARE INVITED TO COME OUT EVERY FRIDAY TO DO CRAFTS/ RECREATION/COOK.

DINNER & DESSERT WILL BE PROVIDED

CHEAM GYMNASIUM

4:30pm - 7:30pm

# FEBRUARY 21<sup>ST</sup>, 2024, GILL BAR RESTORATION AND MANAGEMENT COMMUNITY MEETING DINNER BID

**This is open to Cheam Members & Community Members.**

Name of Bidder: \_\_\_\_\_

Phone number: \_\_\_\_\_

Is your catering business licensed? Yes\_\_\_ No\_\_\_

Do you have a valid food-safe certificate? Yes\_\_\_ No\_\_\_

Is your food-safe certificate attached? Yes\_\_\_ No\_\_\_

Does your support kitchen crew have a food-safe certificate? Yes\_\_\_ No\_\_\_

Do you have your own transportation? Yes\_\_\_ No\_\_\_

Do you need to use the Gym kitchen? Yes\_\_\_ No\_\_\_

Did you attach a menu for 100 people?  
(dinner) Yes\_\_\_ No\_\_\_

Did you attach the costs for?

Food Yes\_\_\_ No\_\_\_

Desserts Yes\_\_\_ No\_\_\_

Condiments Yes\_\_\_ No\_\_\_

Plates, cutlery, cups Yes\_\_\_ No\_\_\_

Coffee, tea, juice Yes\_\_\_ No\_\_\_

Do your costs include clean-up of the Gym and kitchen? Yes\_\_\_ No\_\_\_

Other catering ideas that you will include in your bid: \_\_\_\_\_

(If you need more room, please submit an additional separate sheet of paper

Total catering cost is: \_\_\_\_\_

Signature of bidder: \_\_\_\_\_

**Please drop off to Band Office att: Ashley Douglas or  
email to [Ashley.Douglas@cheamenterprises.ca](mailto:Ashley.Douglas@cheamenterprises.ca)**





# March 22, Cheam Coastal Jam dinner bid

This is open for Cheam Members & Community members

Estimated total 200 people

Name of Bidder: \_\_\_\_\_

Phone number: \_\_\_\_\_

Is your catering business licensed? Yes\_\_\_ No\_\_\_

Do you and have a valid food safe certificate? Yes\_\_\_ No\_\_\_

Is your food safe certificate attached? Yes\_\_\_ No\_\_\_

Does your support kitchen crew have food safe certificate? Yes\_\_\_ No\_\_\_

Is their food safe certificate attached? Yes\_\_\_ No\_\_\_

Do you have your own transportation? Yes\_\_\_ No\_\_\_

Do you need to use the Gym kitchen? Yes\_\_\_ No\_\_\_

Did you attach a menu for 200 people? Yes\_\_\_ No\_\_\_

Did you attach the costs for?

Food Yes\_\_\_ No\_\_\_

Desserts Yes\_\_\_ No\_\_\_

Condiments Yes\_\_\_ No\_\_\_

Plates, cutlery, cups Yes\_\_\_ No\_\_\_

Coffee, tea, juice Yes\_\_\_ No\_\_\_

Do your costs include clean-up of the Gym and kitchen? Yes\_\_\_ No\_\_\_

Other catering ideas that you will include in your bid: \_\_\_\_\_

(If you need more room, please submit additional separate sheet of paper

Total catering cost is: \_\_\_\_\_

Signature of bidder: \_\_\_\_\_

Please include a copy of all supporting documents, including break down of per plate costs, any food safe certificates, and business license. Please also refer to the attached menu.

Please have all Documents Including bid sheet Into Evangeline Edwards, ( Early years  
ECE) by Friday March 8, 2024.

## Keeping You Informed



April 25, 2023

### Toxic Drug Response & Priority Populations Overdose Outreach Team

#### What's Happening?

The Fraser Health (FH) Overdose Outreach Team (OOT) works in allyship with individuals accessing the unregulated toxic drug supply to reduce the risk of toxic drug poisoning. OOT works with individuals to enhance wellness, personal resilience, self-determination and build knowledge to support safer navigation of or separation from the increasingly toxic drug supply.

OOT acknowledges not everyone who uses substances or experiences a toxic drug-poisoning event has a substance use disorder that requires clinical substance use services.

#### When Will This Happen?

OOT is currently taking referrals. Please see below for referral process.

#### Important Things To Know About OOT?

- Individuals are not required to alter their substance use to access OOT services.
- OOT is a multidisciplinary team comprised of peer support workers, outreach, and nurses working alongside social workers and consulting with harm reduction coordinators.
- **Target population:** Anyone  $\geq 19$  yrs., accessing the unregulated toxic drug supply and are at risk of toxic drug poisoning.
- **Referrals:** Anyone can refer to OOT and clients can self refer. Client consent for referral is required.

#### For Fraser Health sites that use PARIS:

Please refer by completing and submitting a referral through the 'Substance Use Referral Form' on PARIS. Select the OOT team for the region you are making the referral to, which is determined by the client's address (i.e. if you are making a referral for Fraser East, please select *PH Overdose Outreach Team East*).

#### Community and Fraser Health Programs that do not use PARIS:

Please refer by one of the methods listed below:

- **Email:** [oot@fraserhealth.ca](mailto:oot@fraserhealth.ca) please include your name, address, and best way to reach you when emailing a referral. ***Please do NOT send client identifying information via email due to privacy.***
- **Fax:** 604.930.5432 please include your name, address, and best way to reach you when faxing a referral.
- **Phone:** 236.332.4857 **Non-Emergency Intake Line Open 24 Hrs** please leave a **voicemail** or **text** message with your name and best way to reach you.

***\*Please note:*** referrals will be responded to within 24-48 hours (weekends/holidays may extend this time).

The OOT team is available for consultation for reducing toxic drug poisoning risk across the region.



#### For more information

Erin Gibson, Manager, Clinical Operations [erin.gibson@fraserhealth.ca](mailto:erin.gibson@fraserhealth.ca)

Pamela Carr, Manager, Clinical Operations [pamela.carr@fraserhealth.ca](mailto:pamela.carr@fraserhealth.ca)

Sherif Amara, Director, Toxic Drug Response & Priority Populations [sherif.amara@fraserhealth.ca](mailto:sherif.amara@fraserhealth.ca)



# HEALING TAKES TIME

## ASKING FOR HELP IS A COURAGEOUS STEP

If you're struggling to stay grounded, want support or just need someone to chat with, there are many First Nations resources and people ready to provide support that is easy to access, free, safe and secure.



### Indian Residential School Survivors Society (IRSSS)

IRSSS helps support youth throughout the province who are dealing with trauma and seeking support in their healing.

1-800-721-0066 | [reception@irsss.ca](mailto:reception@irsss.ca)



### Foundry BC

Provides young people with health and wellness resources, services and supports across BC.

1-800-668-6868 | [info@foundrybc.ca](mailto:info@foundrybc.ca)



### Tsow-Tun Le Lum

Provides confidential outreach services, such as counselling and cultural support.

1-888-403-3123 | [info@tsowtunlelum.org](mailto:info@tsowtunlelum.org)



First Nations Health Authority  
Health through wellness

### First Nations Virtual Doctor of the Day

Enables First Nations people in BC with limited or no access to their own doctors to make virtual appointments.

1-855-344-3800



### KUU-US Crisis Line Society

24/7 First Nations and Indigenous specific crisis line, toll-free from anywhere in BC, specifically for children and youth.

250-723-2040





First Nations Health Authority  
Health through wellness

# First Nations Health Benefit Program

The First Nations Health Benefit (FNHB) Program covers specific medically necessary items, services, and travel that support First Nations peoples' health and wellness needs. The program is administered through partnerships with Pacific Blue Cross and PharmaCare.

## Eligibility

The FNHB Program is available to First Nations people with Indian status who live in BC and infants (up to 24 months) of an eligible parent. To access the benefits and coverage under the Health Benefits Program, First Nations people must first enroll in the program. Please call 1-855-550-5454 or visit [fnha.ca/benefits/eligibility](https://fnha.ca/benefits/eligibility) for more information on how to enroll.

## Health Benefits Coverage

The FNHB Program covers six benefit areas:



### DENTAL

The Dental benefit provides coverage for items and services to maintain good oral health, prevent cavities, gum disease, and restore damaged tooth function. Some items and services covered under the dental benefit are bridges, crowns, exams and x-rays, fillings, and preventive services.



### MEDICAL SUPPLIES AND EQUIPMENT

The Medical Supplies and Equipment (MS&E) benefit provides coverage for items and services needed in the short or long-term to support health and wellness. Some items and services covered under the MS&E benefit are bathing and toileting aids, hearing aids and repairs, limb and body orthotics, ostomy supplies, walking aids, and wheel-chairs.



### MEDICAL TRANSPORTATION

The Medical Transportation (MT) benefit assists with the cost of meals, accommodation, and transportation towards travel for a medical appointment outside your community of residence. The MT benefit may also cover travel escorts under certain conditions.







## MENTAL HEALTH

The Mental Health benefit covers in-person and virtual counselling services from a qualified mental health provider registered with the FNHB. Coverage is available for Mental Health counselling from four programs. The Mental Wellness and Counselling program is for Status First Nations individuals, while the Indian Day Schools Health Support Program, Indian Residential School Resolution Health Support Program, and Missing and Murdered Indigenous Women and Girls Health Support Services are available to both status and non-status individuals. Talk to your Mental Health Provider to determine the appropriate program for you.



## PHARMACY

The Pharmacy benefit, administered mainly through Plan Wellness (Plan W), provides coverage for medications and items that support First Nations people on their wellness journeys. The Pharmacy benefit covers specific prescription drugs, over-the-counter drugs, non-drug over-the-counter items, and Shingrix® vaccine. Please call 1-855-550-5454 to enroll in Plan W.

In addition to Plan W, the provincial agencies, including the BC Cancer Agency, BC Transplant, BC Renal Agency, and the BC Centre for Excellence in HIV/AIDS, provide specialty pharmacy items to all BC residents living with specific illnesses or conditions.



## VISION CARE

The Vision Care benefit provides coverage for items and services to ensure proper eye health and support access to preventative care. The benefit covers eye exams, sight tests, prescription eyewear and repairs.

## OTHER COVERAGE

### BC Medical Services Plan (MSP)

The FNHB manages MSP for First Nations people in BC. If you have status and need to register for MSP, call 1-855-550-5454.

### Ambulance Bills

The FNHB covers the cost of ambulance transport to a hospital in an emergency situation and from a lower level care facility to a higher level care facility (e.g., long-term care home to a hospital).

## View Your Plan Details

To check details about your coverage for dental, vision, medical supplies, and mental health, please create an online PBC Member Profile on [www.pac.bluecross.ca](http://www.pac.bluecross.ca) or download the PBC app on your smartphone or tablet. The PBC Member Profile offers convenient and secure access to detailed information about your benefits coverage 24 hours a day.

Please call Health Benefits at 1-855-550-5454, email [healthbenefits@fnha.ca](mailto:healthbenefits@fnha.ca) or visit [fnha.ca/benefits](http://fnha.ca/benefits) to learn more about the First Nations Health Benefits program and benefit coverages.



# .....OUR JOURNEY to BURN SAFETY.....

## BURN INJURIES

### ARE PREVENTABLE

YOUNG CHILDREN & ELDERLY are MOST at RISK of SEVERE BURNS

NEVER HOLD a CHILD WHEN HOLDING HOT LIQUIDS OR FOODS

TURN POT HANDLES TOWARDS the BACK of the STOVE

Place HOT LIQUIDS away from the TABLE'S edge

OPEN MICROWAVED FOOD SLOWLY & AWAY FROM YOU

SUPERVISE CHILDREN IN OR NEAR the Bath Tub or SINK

Test Bath Water Temperature BEFORE placing child in

ALWAYS TURN the COLD WATER TAP ON FIRST

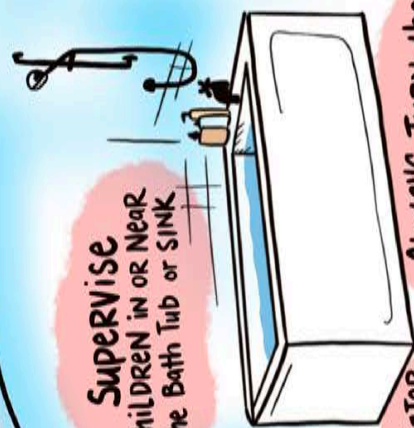
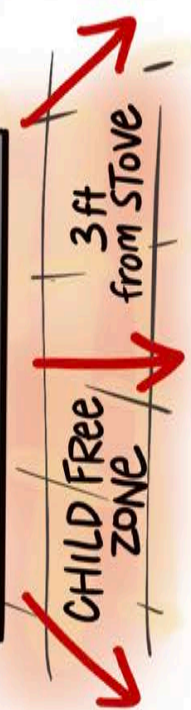
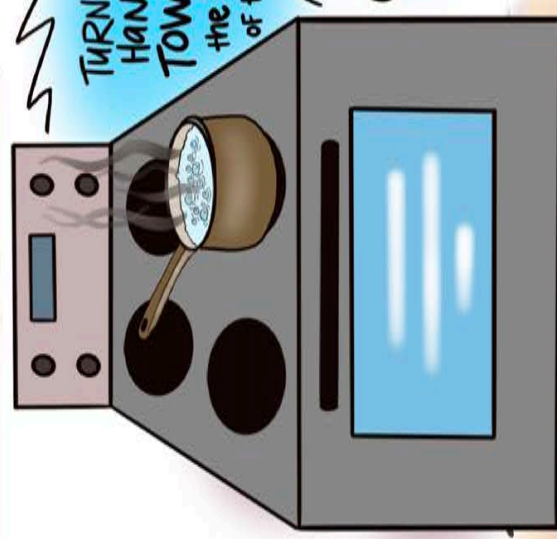
COOL the BURN with COOL WATER for 10-15 minutes

COVER with a CLEAN, DRY BANDAGE

Remove all Clothing from INJURED area that is NOT STUCK to the SKIN

Seek MEDICAL HELP if NEEDED

## Treatment





# OUR JOURNEY TO BURN SAFETY

## BURN AWARENESS



**Burns and scalds can happen to anyone. Most burn injuries occur in the home and each year thousands of Canadians visit hospital emergency rooms for treatment. Burns and scalds are preventable.**

### WHAT YOU NEED TO KNOW

**Young children are at most risk.** Young children have thinner skin resulting in deeper burns than adults. They have little control of their environment, less understanding of danger and often limited ability to escape a burn situation on their own.

**Elders also need our help.** Older adults, like young children, have thinner skin so hot liquids cause deeper burns with even brief exposure. Their ability to feel heat may be decreased by certain medical conditions or medications so they may not realize water is too hot until injury has occurred.

### PREVENTING BURNS AND SCALDS

**In the Kitchen.** The kitchen is a place where burn injuries can happen in seconds. To keep it a safe place for children, create a 'child free zone' of 3 feet around hot appliances like the stove. Turn handles of pot and pans toward the back of the stove and use back burners whenever possible. When removing covers of microwaved foods, slowly lift the corner away from your face or arm.

**In Family Areas.** To prevent spills, keep hot foods and liquids away from table edges, and avoid placing them where children can easily reach them. NEVER carry hot foods and beverages while holding a child.

**In the Bathroom.** Provide constant adult supervision of young children when in the bath, shower, or around the sink. When filling the tub, always run cool water first, then add hot. When the tub is filled, always turn the hot water off first. Mix the water

thoroughly and check the temperature by moving your hand through the water before allowing someone to get in. The water should feel warm, not hot to touch.

### TREATING BURN INJURIES

**Remove.** Remove all clothing from the burn injured area. Remove any jewelry or clothing near the affected area to reduce the temperature on the skin. If items are stuck to the burn, don't remove them. This can cause further damage.

**Cool.** Cool the burn with COOL (not cold) water for 10-15 minutes, to stop the burning process.

**Cover.** Cover with a cool dry bandage.

**Seek.** Seek medical attention as needed.

### REDUCE HOT WATER TEMPERATURES

#### TAKE ACTION to prevent painful scalds...

Hot tap water can cause serious scald injuries. The severity of the injury depends on the temperature to which the skin is exposed and how long it is exposed.

Prevent scald injuries by setting hot water thermostats no higher than 49 C (120 F).

Remember, ALWAYS check the water temperature with your hand before your child touches it.

[fness.bc.ca](http://fness.bc.ca) [fireservices@fness.bc.ca](mailto:fireservices@fness.bc.ca) [604-669-7305](tel:604-669-7305)



## Chilliwack Public Health Drop-In Immunization Clinics

No Appointments Necessary. Ages <19 years old.



### Chilliwack Health Unit

45470 Menholm Rd, Chilliwack

Every Tuesday & Thursday

2:30 – 5:30 PM

### Gateway for Families – Central Elementary Community School

9435 Young Rd, Chilliwack – The Family Place door

The first Wednesday of every month

10:00 AM – 3:00 PM

Booked appointments also available Monday-Sunday at the Health Unit. Please call 604-702-4900.



## Cheam Youth Activity Day Signup: March 18-22, 2024.

STUDENT NAME \_\_\_\_\_

GRADE: \_\_\_\_\_

Please fill out days attending, and drop off to the Cheam Health Department or email [reception2@cheamband.com](mailto:reception2@cheamband.com)  
The closing deadline is March 1<sup>st</sup> as we need to know how much material we will need to purchase.

<input type="checkbox"/>	March 18/24 (Monday) Paddle Vest making/Ribbon skirt making  *10 am to 2pm
<input type="checkbox"/>	March 19/24 (Tuesday) Paddle Vest making/Ribbon skirt making  *10 am to 2 pm
<input type="checkbox"/>	March 20/24 (Wednesday) Drum making/beading  *10am to 2 pm
<input type="checkbox"/>	March 21/24 (Thursday) Wool Weaving  *10 am to 2 pm
<input type="checkbox"/>	March 22/24 Cheam Coastal Jam (Friday)  *5pm till over

*\*lunch will be provided each day.*



# CULTURAL NIGHTS



*Open to everyone!*



Hosted by  
Breanna Tso & Charlie Michell  
Host drum: Cedar Hat -  
Francis "Skootsie" James Jr

Intertribals:  
Powwow Practice  
Dancing,  
Singing,  
Learning &  
Sharing!

**EVERY THURSDAY**  
**6:00 - 8:00 PM**  
**MINI GYM**

*Thank you to our sponsors!*  
*School District 33*  
*VYPER*  
*Skwah First Nation*



**Chilliwack Secondary School**  
**46363 Yale Road, Chilliwack, BC**

Drug & alcohol free event. Not responsible for any injuries, lost or stolen items.





Hey Everyone,

Here is the Youth Program Calendar (13+)

Please if you have questions or comments contact Kaitlyn Phillips at 604-798-1358 or [Kaitlyn.Phillips@seabirdisland.ca](mailto:Kaitlyn.Phillips@seabirdisland.ca)

This Friday we are going to the Movies in Chilliwack and are leaving the Trailer around 4pm. Please let me know by end of day tomorrow if you'd like to come. There are limited seats!

February 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	Movies - Leaving the trailer at 4:00 9	10
11	12	13	♥ 14	15	Xtreme Air. Leaving the trailer around 10:00am 16	17
18	DROP-IN CLOSED FOR STAT 19	20	21	22	SKI TRIP TO SASQUATCH MTN 23	SKI TRIP TO SASQUATCH MTN 24
SKI TRIP TO SASQUATCH MTN 25	26	DROP-IN CLOSED 27	28	29		



## Seabird Island Youth Program

**Ey Swayel youth from Seabird and surrounding communities!**

Are you interested in learning more about your Stó:lo language?

Bibiana Norris is a Halq'eméylem speaker and will be mentoring a group of youth in the language. This will be an opportunity to learn from Bibiana in a small group environment and receive in depth knowledge from her.

**Who:** 5-6 youth ages 15-20.

**Where:** In and around Seabird Island

**When:** First session Thursday, November 30. The group will meet monthly until April.

\*Transportation available if needed!

Message us on FB or text 604 819 2781 (Robert Dunning) to register!

This Halq'eméylem group is part of a larger program that we are kicking off in spring. We are creating intimate small group mentorship and learning opportunities with Elders and Knowledge Keepers. More information to come!



# THUNDER INDIGENOUS RUGBY CAMP

**March 29th, 2024**  
**G.W. Graham Secondary School**

**Youth Rugby Clinic hosted by Rugby Canada**

Open to Indigenous Youth ages 6 to 18

10:00 am to 12:00 pm

**Thunder Rugby vs. G.W Graham Grizzlies**

Girls - 2:30 pm KO

Boys - 3:30 pm KO

**Cultural Celebration & Guest Speakers**

Tzeachtan Community Hall

5:00 pm



**SCAN THE QR CODE** to register  
for the Thunder Rugby Indigenous  
Rugby Camp and Cultural Celebration

**REGISTRATION CLOSING MARCH 22ND, 2024**



**Sponsored By:**  
**RCMP Indigenous Police Service & Rugby Canada**





A fun exploration of natural sciences, designed to inspire girls and marginalized genders aged 11-14 to fulfill their curiosity & consider a future in STEM!

# Celebrate STEM

with *Dr. Carin Bondar and Carrie Lynn Victor*



**Where:** Stó:lō Territory  
UFV Chilliwack

45190 Caen Ave, Building A  
Indigenous Meeting Space

**When:** 6-8:30pm

**October 13** - Mt. Slesse, Stitos

**November 17** - AD Rundle, Chilliwack Middle

**January 12** - Rosedale Traditional, Vedder Middle

**February 9** - Chilliwack Secondary

**March 15** - GWG, Distance Education students

**April 05** - Imagine High and Kwiyeqel

**May 10** - Sardis Secondary

Background Image - Stó:lō logo



SCAN ME

**Food! Art! Prizes!**



UFV Science communication students (from left) Manjot Benning, Rhien Hare, Jusnoor Dheria and Taylor Evans will be taking turns moderating alongside Dr. Bondar.

**CYHC**  
**SOCIAL GROUP**  
For ages 12-18  
Come meet new people and hang out!

**WHEN & WHERE?**  
Thursday's  
**4-5:30pm**  
at the Neighbourhood Learning Centre

Email us at [chilliwackyhc@gmail.com](mailto:chilliwackyhc@gmail.com) if you have questions!

Join us for fun games, activities and more!



SUMAS FIRST NATION IS HOSTING

# LACROSSE

DEVELOPMENT

SESSIONS

Free for all Self-Identifying Indigenous Youth  
Ages 6 - 16

**FEB**

**7, 14, 21, 28**

EVERY WEDNESDAY  
NIGHT

**LOCATION**

THE LANDING  
SPORTS CENTRE  
(45530 SPADINA AVE  
CHILLIWACK)

**TIME**

**6:45 - 8:00 P.M.**

**ALL EQUIPMENT  
PROVIDED**

FOR REGISTRATION OR QUESTIONS:

[JENNA.NOPPEN@SUMASFIRSTNATION.COM](mailto:JENNA.NOPPEN@SUMASFIRSTNATION.COM)

604-852-4041 EXT. 215

In-Partnership  
with: Chilliwack  
Minor Lacrosse  
Association



Free Water Bottle  
Upon Sign-Up







# À:lmèlhàwtsw Early Education Centre

Sq'eq'ó Mi Tselhxwelmexw—Families Coming Together



**Preschool:** 604-824-3294  
**Administration Office :** 604-824-6505

## February 2024 Head Start Calendar

**Head Start Cell:** 604-795-0848

Monday Yelá:welhat	Tuesday Sthé melts	Wednesday Slhi:xws	Thursday Sxe'óthels	Friday Slhqátses
			<sup>1</sup> Family Program 9:00am-12:00pm	<sup>2</sup> Outreach (Appointment Only) 1:30pm-3:30pm
<sup>5</sup> Morning class 9:00am-11:00am  Afternoon class 12:30pm-3:30pm	<sup>6</sup> Family Program 9:00am-12:00pm	<sup>7</sup> Morning class 9:00am-11:00am  Afternoon class 12:30pm-3:30pm	<sup>8</sup> Family Program (Guest Speaker) 9:00am-12:00pm	<sup>9</sup> Nature Friday 9:30am-11:00am  Outreach (Appointment Only) 1:30pm-3:30pm
<sup>12</sup> Morning class 9:00am-11:00am  Afternoon class 12:30pm-3:30pm	<sup>13</sup> Family Program (Valentine's Day Breakfast)  Outreach (Appointment Only) 1:30pm-3:30pm	<sup>14</sup> Morning class 9:00am-11:00am  Afternoon class 12:30pm-3:30pm	<sup>15</sup> Family Program 9:00am-12:00pm  Outreach (Appointment Only) 1:30pm-3:30pm	<sup>16</sup> Centre Closed Pro Day
<sup>19</sup> Centre Closed Stat	<sup>20</sup> Family Program 9:00am-12:00pm  Outreach (Appointment Only) 1:30pm-3:30pm	<sup>21</sup> Morning class 9:00am-11:00am  Afternoon class 12:30pm-3:30pm	<sup>22</sup> Family Program 9:00am-12:00pm  Outreach (Appointment Only) 1:30pm-3:30pm	<sup>23</sup> Nature Friday 9:30am-11:00am  Outreach (Appointment Only) 1:30pm-3:30pm
<sup>26</sup> Morning class 9:00am-11:00am  Afternoon class 12:30pm-3:30pm	<sup>27</sup> Family Program 9:00am-12:00pm  Outreach (Appointment Only) 1:30pm-3:30pm	<sup>28</sup> Morning class 9:00am-11:00am  Afternoon class 12:30pm-3:30pm	<sup>29</sup> Family Night 4:00pm-7:00pm  *Sign up is required*	





**À:lmèlhàwtxw Early Education Centre**  
**Head Start Newsletter**  
**February 2024**



**Family Program**

**Family Program** is for all families to come socialize and engage with your child and other families during program. A light breakfast and snack will be provided.

**Time:** 9:00am-12:00pm

Tuesday and Thursday

**Where:** Head Start Program

#9 - 7201 Vedder Road, Chilliwack B.C. V2R 4G5

**Preschool**

**Valentine's Day Celebration for AM and PM Preschoolers on February 14<sup>th</sup>. If you are intending to bring valentines for friends, please connect with Miss Karissa for a class list!**

**Friendly Reminders**

We are still working on building our family tree, please bring in a family photo or email us one for us to print. The value of family and sense of belonging is very important to our programs! Thank You.

We go outdoors each class, please come prepared for the weather, and label your belongings. Please provide the following:  
**Shoes, Rain Boots, Sweaters, Jackets, and Rain Pants or Muddy Buddy**  
Thank you!

Within our parent handbook during family program, there is a no cell phone use to promote program engagement and safety precautions.

**Language**

Sqwálew Th'á:le  
Happy  
Valentines Day



**Centre Information/Closures**

**Come prepared for all weather!**  
**We are starting to implement Nature Walks into our Family Program. Walk days will be marked on calendar. Please dress accordingly!**

**Mark your calendar:**

**February 8 :** Guest Speaker – CCRR for Families enrolled in Family Program.

**February 13 :** Valentine's Day Breakfast for Families enrolled in Family Program.

**February 14 :** Valentine's Day for AM and PM Preschoolers.

**February 16 & 19 :** Centre Closed.

**February 29 :** Family Night – sign up required.

**Contacts**

**Head Start Classroom**  
604-824-3294

**Head Start Cell**  
604-795-0848

**ECD Manager: Jenn**

**Outreach** is a program for assisting, providing resources, and building on connections between staff and families. We would love to connect with you and your child ages 0-6:

**Time:** 1:30pm – 3:30pm Tuesday, Thursday, & Friday

*\*By Appointment Only. Please call/text 604.795.0848 to book\**

**Nature Friday** is a scheduled time for families to join us out in nature for a walk!

**Time:** 9:30am-11:00am  
Friday

**Where:** Head Start Program/TBD







**I-SPARC**

Move | Play | Compete

Indigenous Sport,  
Physical Activity &  
Recreation Council



# BC INDIGENOUS PROVINCIAL ATHLETE DEVELOPMENT CAMP

## Athletics (Track & Field) Camp

- Open to Indigenous youth ages 10-18
- FREE! No camp fee
- All levels welcome
- Snacks provided

SAT & SUN  
TIME TBC

**FEB 3-4, 2024**

**Kamloops**

**REGISTER NOW**  
**[CLICK HERE](#)**

**teambc@isparc.ca**





**SPRING BREAK 2024**

**SPACE IS LIMITED  
REGISTER BEFORE FEBRUARY 29, 2024**

# **LAND AND LANGUAGE RESTORATION**



**A SIX DAY EXPERIENCE FOR PELÓLXW YOUTH TO LEARN  
ABOUT LAND AND LANGUAGE RESTORATION.  
YOUTH WILL GAIN HALQ'EMÉYLEM LANGUAGE SKILLS AND  
LEARN ABOUT PELÓLXW LAND STEWARDSHIP AS  
TITLE HOLDERS FROM ELDERS, KNOWLEDGE KEEPERS,  
AND WESTERN SCIENCE EXPERTS**

**SUITABLE FOR  
YOUTH AGES 15-21**

**MARCH 18 – 23 2024  
M-F 9:00-3:00, S 9:00-4:00**

**HONOURARIA  
PROVIDED**

**EMAIL [LISA@ALONGSIDERC.CA](mailto:LISA@ALONGSIDERC.CA) FOR MORE  
INFORMATION AND TO REGISTER**



# Job Title: Youth Intern – Xá:y Syí:ts'emílep (Gill Bar Restoration project)

**Lead organization:** S'olh Temexw Stewardship Alliance (STSA) and the Sto:lō Research and Resource Management Centre (SRRMC). The intern will be working closely with project partner Watershed Watch Salmon Society.

**Location:** The ideal candidate will be from Pelolhwx tribes- Sqwa (Skwah), Xwchiyo:m (Cheam), and Kwaw'Kwaw'Apilt Na – but the position is open to any Sto:lo youth under 25 years old.

**Work space:** Much of the work is remote so the Intern needs to have access to a computer and a stable internet connection. Access to a vehicle is ideal.

**Duration:** 2 months with potential to extend

**Start and end dates:** approximately February 7<sup>th</sup> (or ASAP) – March 15<sup>th</sup>, 2024

**Compensation:** The Intern will be compensated with honoraria as per the rates provided by the SRRMC.

**About Us:** Watershed Watch Salmon Society is a partner on the Xa:y Syi:ts'emílep (Gill Bar Restoration) Project that the S'olh Temexw Stewardship Alliance leads. This project aims to restore the gravel bar known as Gill Bar and plan for long-term stewardship of the area. In the short term, we are working to engage the Pelolhwx tribe and larger Chilliwack community on issues, visions and concerns for this reach. We are planning a Project Launch and Community Meeting for February 2024 and are looking for a responsible, dedicated Intern who can support us in planning and carrying out the event.

## Key Responsibilities:

### 1. Event Planning:

- Collaborate with the team lead to plan and execute a successful public meeting.
- Assist in developing event timelines, schedules, and logistical plans.
- Coordinate with caterers, speakers, and volunteers to ensure seamless execution.

### 2. Outreach and Promotion:

- Develop and implement strategies to promote the event within the community.
- Utilize social media platforms, flyers, and other channels to increase awareness.
- Engage with local organizations, schools, and youth groups to maximize attendance.

### 3. Logistics and Support:

- Provide on-site support during the event, including registration and participant assistance.
- Assist with setting up and dismantling event infrastructure.
- Coordinate with speakers and presenters to ensure they have the necessary resources.

### 4. Documentation:

- Capture and document key moments of the event through photos and videos.
- Work with the team lead to prepare a post-event report highlighting successes and next steps.
- Collect feedback from participants to assess the event's impact.

## Qualifications:

- Enthusiastic and proactive individual with a passion for community engagement.
- Strong organizational and multitasking skills.
- Excellent communication and interpersonal skills.
- Familiarity with social media platforms and event promotion.
- Keen interest in First Nations-led stewardship and restoration
- Ability to work well in a team and independently.

## Benefits:

- Gain hands-on experience in event planning and community engagement.
- Networking opportunities with professionals and community leaders.
- Receive mentorship and guidance from experienced organizers.
- Letters of recommendation available upon successful internship completion.

## How to Apply:

Please contact Lisa Wolgram via email ([lisa@alongsiderc.ca](mailto:lisa@alongsiderc.ca)) or by phone call or text (778-808-3451) for more information or to apply.

Application Deadline: As soon as possible!

# NOW HIRING!



Fraser River Indigenous Society

## JOIN OUR TEAM ▼

- Indigenous Early Childhood Educator Coordinator
- Indigenous Supported Child Development Consultant
- Family Strengthening Worker



Visit our website  
for job descriptions  
and how to apply.

[www.frisociety.ca/  
employment](http://www.frisociety.ca/employment)

We recognize the traditional territories of the Katzie and Kwantlen First Nations.

<sup>26</sup> We respectfully acknowledge the many nations who are represented by the urban Indigenous population in the Fraser Valley and Metro Vancouver Areas.





# **SASET Outreach Services**

## **on-site at Cheam First Nation**

### **Every Friday from 9:30am to 3:00pm**

#### **Who are we?**

---

We provide Indigenous Employment and Training Services to First Nation working age population in the Fraser Valley Catchment area.

#### **Who do we serve?**

---

If you are an Indigenous person and are either the following:

- Is un-under employed
- Student
- Employed but unable to meeting basic living requirements
- Resides in SASET's catchment area (Langley to Boston Bar and throughout the Fraser Valley; or with 3 communities in the Head of the Lakes)

#### **Outreach Employment Services:**

---

Employment and Career Counselling  
Resumes and Cover Letters  
Education and training information  
Computer with internet access  
Job postings  
Employment Readiness  
Career Planning/Decision Making  
Labour Market Information

Scholarships, Grants and Bursary information  
Job Search assistance  
Applying online  
Employability workshops  
Basic Computer Skills Workshops  
And much more

**Lucinda Louie, Employment Counsellor**

**Phone or text: 778-684-1464 or email: [Lucinda.Louie@saset.ca](mailto:Lucinda.Louie@saset.ca)**

**Or email: [info@saset.ca](mailto:info@saset.ca)**

See our website for more information at [www.saset.ca](http://www.saset.ca)



**APPLICATION**

**Sto:Lo Aboriginal Skills & Employment Training and WorkBC Chilliwack, is pleased to announce....**

# **JOB & CAREER FAIR**

**Due to popular demand date & location changed!**

**Coast Chilliwack Hotel  
45920 First Ave, Chilliwack, BC**

**MARCH 1ST, 2024**

**10:00 AM - 3:00 PM**

**EVERYONE WELCOME!**

**MC'd by DJ SupaSweet**

**WorkBC Centre**



**Canada**



This program is funded by the Government of Canada and the Province of British Columbia.

**For more information, please contact us at 604-858-3691  
or email [info@saset.ca](mailto:info@saset.ca)**

**[www.saset.ca](http://www.saset.ca)**





## Call for Traditional Plant Knowledge Holders and Riparian Restoration Contractors

CEI is hiring 3-week renewable contracts for Spring riparian planting and invasive removal on the Hope Slough through the project:

**Shxwlistexw te Sqwá:la Shxwelí: Care for the Life Spirit of the Hope Slough**

### **Required:**

- 2-6 person crews
- Must be able to provide examples of previous planting projects and their effectiveness
- Proof of WCB and safety compliance for all crew members, including on-site First Aid Attendant. (WCB can be provided for Cheam, Sqwá, and Shxwha:y community members)
- Crews should be able to provide their own equipment, fuel, and PPE. Due to permitting restrictions, invasive removal below the top of the bank is to be done with hand machinery.
- Bids must include the cost of post-planting reporting, including photos and details of the planting area.

**Preference is given to contractors with a minimum of 5 years experience in riparian restoration with knowledge of local First Nations' traditional customs and practices. Bids will be open to candidates of Indigenous ancestry s16(1) CHRA. until Feb 15/24 and then will be open to the public.**

Please send bids to [ashley.douglas@cheamenterprises.ca](mailto:ashley.douglas@cheamenterprises.ca)



January 11, 2024

**PROJECT COORDINATOR – ADVENTURE BASED PROGRAM**

**FULL TIME**

**(EXTERNAL)**

**Stó:lō Service Agency (SSA)** requires the services of a qualified Project Coordinator to fill a new position within the adventure based lyáqthet Program with the Mémiyelhtel Indigenous Youth Mentorship Program.

This position will: coordinate the lyáqthet team and provide adventure-based programming to Indigenous youth who are experiencing a variety of complex risk factors; assess social, socio-economic, emotional, academic, family related and historical factors that may be having an impact on individual youth and will support them in the building of their individual capacity to access resources and to make positive connections in the community; assist youth in developing healthy functioning in education, work, family, and community settings; and deliver culturally relevant services within an Indigenous context, respecting Indigenous traditions, values, and practice.

**QUALIFICATIONS/REQUIREMENTS:**

- Bachelor's Degree or higher education in related human/social services field.
- Two years related experience with at/high-risk youth/young adults.
- Experience in project coordination and team/group leadership.
- Knowledge and experience of backcountry adventure activities.
- Outdoor activity certifications such as swift water rescue, avalanche skills, field leader, are significant assets.
- Physical fitness and stamina to lead groups on adventure activities.
- Experience working with Indigenous youth and families; working knowledge of Indigenous culture and history.
- Curriculum development, teaching, and lesson planning skills are significant assets.
- Strong leadership skills, strong writing, time management, organization, and ability to adapt.
- Ability to accept individual uniqueness and respect diversity: ancestry, race, ethnicity, language, religions, marital status, gender, sexual orientation, age, abilities, and social-economic status.
- Ability to work flexible hours (as needed), including evenings and weekends.
- Ability to maintain a healthy working relationship with staff, community representatives/members and representatives of other organizations, including collaboration with other SSA programs and staff as required.
- Must maintain the confidentiality guidelines of all records, materials and communications concerning clients, staff and SSA.
- SSA has implemented a mandatory COVID-19 vaccination policy, requiring all staff to be fully vaccinated.

Successful candidates will be required to provide the following if screened in for an interview:

- Proof of education documentation
- References: Three names and phone numbers/emails of recent supervisors
- Must hold and maintain a valid Class 5 BC Drivers' License
- Must successfully pass the required pre-employment RCMP Criminal records Check (one from the Criminal Records Review, and one from the RCMP)

**Salary Range:** Range starting at \$38/hr based on qualifications/experience.

**Type of Position:** Full-time Position subject to 3-month probationary period and planned performance evaluations.

**APPLICATIONS DEADLINE:**

**FEBRUARY 16, 2024**

Candidates will be screened according to the qualifications/requirements. Interested candidates are required to submit a resume and covering letter. Please include position title on subject line. Send to:

**Stó:lō Service Agency Personnel Department**  
Bldg. #8A, Floor #1 – 7201 Vedder Road  
Chilliwack, BC V2R 4G5  
Email: [jobs@stolonation.bc.ca](mailto:jobs@stolonation.bc.ca)

For more information about this and other employment opportunities, visit [www.stolonation.bc.ca](http://www.stolonation.bc.ca)





Stó:lō Service Agency - Human Resource Office  
Building #8A - 7201 Vedder Road  
Chilliwack, BC V2R 4G5

January 11, 2024

**YOUTH WORKER – ADVENTURE BASED PROGRAM**

**FULL TIME**  
**(EXTERNAL)**

Stó:lō Service Agency (SSA) requires the services of a qualified **Youth Worker** to fill a new position within the adventure based **Iyáqthet Program** with the Mémiyelhtel Indigenous Youth Mentorship Program.

This position will: provide adventure-based program support to Indigenous youth who are experiencing a variety of complex risk factors; assess social, socio-economic, emotional, academic, family related and historical factors that may be having an impact on individual youth and will support them in the building of their individual capacity to access resources and to make positive connections in the community; assist youth in developing healthy functioning in education, work, family, and community settings; and deliver culturally relevant services within an Indigenous context, respecting Indigenous traditions, values, and practice.

**QUALIFICATIONS/REQUIREMENTS:**

- Post-secondary education in related human/social services field (bachelor's degree preferred).
- Two years related experience with at/high-risk youth/young adults.
- Knowledge and experience of backcountry adventure activities.
- Physical fitness and stamina to lead groups on adventure activities.
- Strong writing skills, time management, organization, and ability to adapt.
- Outdoor activity certifications such as swift water rescue, avalanche skills, field leader, are significant assets.
- Experience working with Indigenous youth and families; working knowledge of Indigenous culture and history.
- Ability to accept individual uniqueness and respect diversity: ancestry, race, ethnicity, language, religions, marital status, gender, sexual orientation, age, abilities, and social-economic status.
- Ability to work flexible hours (as needed), including evenings and weekends.
- Ability to maintain a healthy working relationship with staff, community representatives/members and representatives of other organizations, including collaboration with other SSA programs and staff as required.
- Must maintain the confidentiality guidelines of all records, materials and communications concerning clients, staff and SSA.
- SSA has implemented a mandatory COVID-19 vaccination policy, requiring all staff to be fully vaccinated.

**Successful candidates will be required to provide the following if screened in for an interview:**

- Proof of education documentation
- References: Three names and phone numbers/emails of recent supervisors
- Must hold and maintain a valid Class 5 BC Drivers' License
- Must successfully pass the required pre-employment RCMP Criminal records Checks (one from the Criminal Records Review, and one from the RCMP)

**Salary Range:** Range starting at \$27/hr based on qualifications/experience.

**Type of Position:** Full-time Position subject to 3-month probationary period and planned performance evaluations.

**APPLICATIONS DEADLINE:**

**FEBRUARY 16, 2024**

Candidates will be screened according to the qualifications/requirements. **Interested candidates are required to submit a resume and covering letter.** Please include position title on subject line. Send to:

Stó:lō Service Agency Personnel Department  
Bldg. #8A, Floor #1 – 7201 Vedder Road  
Chilliwack, BC V2R 4G5  
Email: [jobs@stolonation.bc.ca](mailto:jobs@stolonation.bc.ca)

For more information about this and other employment opportunities, visit [www.stolonation.bc.ca](http://www.stolonation.bc.ca)

*We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.*



February 2, 2024

**Care Aide Float**  
**(EXTERNAL)**

Stó:lō Service Agency (SSA) requires the services of a Care Aid Float to fill a vacancy with the **Stó:lō Elder's Lodge (SEL)** and the Health Team. This position will float between SEL and the Home and Community Care Team (in community). The Care Aid Float will assist individuals with daily life activities such as grooming, basic cooking, shopping, household cleaning, and connection to other supports and services. The Care Aid Float will utilize a person and family centered model of care that is culturally appropriate and holistic, and in collaboration as a member of the interdisciplinary team, will provide care in a "Good Way".

In Community: Community Care Aids are responsible for travelling to client homes to provide person and family centered care and must have a valid driver's license.

At SEL, and in addition to above, the Care Aid will work within the team at the Elders lodge providing person and family care to clients in a facility setting.

**QUALIFICATIONS:**

- Must have Health Care Assistant training and be eligible for registration in BC Care Aid Registry.
- Minimum of 2 years Care Aid experience.
- Medication Administration Certificate.
- Current First Aid Certification including CPR & AED (Automated External Defibrillator).
- WHMIS, FoodSafe.
- Ability to maintain a healthy working relationship with staff, community representatives/members and representatives of other organizations. Including collaboration with other SSA programs and staff as required.
- Maintain the confidentiality guidelines of all records, materials and communications concerning clients, staff and SSA.
- Experience working with Indigenous communities and an understanding of the cultural and political environment and/or possess cultural awareness and sensitivity.
- Experience working with Microsoft Office and other computer software.
- Demonstrate team building, analytical and problem-solving skills.
- Excellent verbal and written communications skills.
- Ability to demonstrate stress management and time management skills.
- Be flexible and demonstrate sound work ethics.
- Strong time management, coordination, and ability to adapt.
- Ability to follow applicable policy, procedures, codes of ethics and mission statements.
- Ability to accept individual uniqueness and respect diversity.
- Physically able to carry out the duties of the position.
- Must be able to work 8-12 hours shifts which may include evenings, weekends, and early morning starts.

**Successful candidates will be required to provide the following if called in for an interview:**

- Proof of education documentation
- References: Names and email addresses of three references (i.e., recent supervisors/managers)
- Must hold and maintain a valid Class 5 BC Drivers' License
- Must successfully pass Criminal Records Check.
- SSA has implemented a mandatory COVID-19 vaccination policy, requiring all staff to be vaccinated.

**SALARY RANGE:**

**\$25-27 per hour**, based on qualifications/experience.

**TYPE OF POSITION:**

**Full-time Term with benefits**, subject to 3-month probationary period

**APPLICATIONS DEADLINE:**

**4PM, FRIDAY, FEBRUARY 9, 2024**

Candidates will be screened according to the qualifications/requirements. **Interested candidates are required to submit a resume and covering letter.** Please include position title on subject line. Send to:

**Sto:lo Service Agency Personnel Department**  
**Bldg. #8A, Floor #2 – 7201 Vedder Road**  
**Chilliwack, BC V2R 4G5**  
Email: [jobs@stolonation.bc.ca](mailto:jobs@stolonation.bc.ca)

For more information about this and other employment opportunities, visit [www.stolonation.bc.ca](http://www.stolonation.bc.ca)

*We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.*





## Stó:lō Service Agency - Human Resource Office

Building #8A - 7201 Vedder Road

Chilliwack, BC V2R 4G5

February 8, 2024

### Family Empowerment Team Advocate (INTERNAL/EXTERNAL)

Stó:lō Service Agency (SSA) requires the services of a Family Empowerment Team (FET) Advocate to fill a vacancy with the Stó:lō Health Services Family Empowerment Team. The Family Empowerment Program is a client centered program in which the client determines their needs and direction of support, as well as chooses their own goals without judgement.

The FET Advocate responsibilities will include:

- Collaboration of the Parent Child Assistance Program, Growing Great Kids (GGK) Parenting Program, and Indigenous Doula as well as provide an intervention program that delivers direct outreach, home visitation/in home parenting program (GGK), case management and advocacy services to low to high-risk mothers. Low to high-risk mothers for this purpose are defined as women who have used or are at risk of using alcohol and/or drugs during pregnancy (the FET provides Doula services to pregnant clients on the program).
- Utilizing a person and family centered model of care that is culturally appropriate and holistic, and in collaboration as a member of the interdisciplinary team, will provide care in a "Good Way".
- Manage a client caseload of 10-15 women and their children and conduct home visits as needed (weekly to bi-weekly).
- Assist clients in developing their goals based on their needs and steps to achieve set goals.
- Identify resources, service providers and agencies that are appropriate to a client's needs.
- Maintain client notes/files and documents and ensure all necessary documents/forms for client's file are up to date.
- Participate in required training (CPR, Infant CPR and First Aid Training, GGK, PCAP, BCAPOP, Doula, FNHA training).

#### QUALIFICATIONS:

##### Education, Experience and Skills:

- Minimum of 2 years of relevant post-secondary education.
- Minimum of 2 years of community-based experience in a related position or field.
- Experience dealing with substance abuse issues or other relevant issues.
- Demonstrated ability to effectively engage with low to high-risk mothers and their families.
- Ability to conduct interviews covering extremely sensitive and confidential issues.
- Strong organizational and time management skills.
- Familiarity of local culture and history or ability and willingness to learn.
- Good coordination and monitoring skills and ability to keep good recording system.
- Ability to work independently and with minimum supervision.
- Excellent verbal and written communication skills and proven ability to establish rapport with people of all educational and occupational backgrounds.
- Ability to maintain a healthy working relationship with staff, community representatives/members and representatives of other organizations. Including collaboration with other SSA programs and staff as required.
- Must maintain the confidentiality guidelines of all records, materials and communications concerning clients, staff and SSA.
- Must be familiar and comply with the expectations of confidentiality as outlined in the SSA Operational Policy Manual and Provincial Health Act.

Successful candidates will be required to provide the following if called in for an interview:

- Proof of education documentation
- References: Names and email addresses of three references (i.e., recent supervisors/managers)
- Must possess and maintain a valid Class 5 BC Drivers' License
- Must successfully pass the required pre-employment Ministry of Justice and Solicitor General Check
- SSA has implemented a mandatory COVID-19 vaccination policy, requiring all staff to be vaccinated

#### SALARY RANGE:

\$25-28 per hour, based on qualifications/experience.

#### TYPE OF POSITION:

Full-time 1 Year Contract Term with benefits, subject to 3-month probationary period

#### APPLICATIONS DEADLINE:

**March 1, 2024**

Candidates will be screened according to the qualifications/requirements. Interested candidates are required to submit a resume and covering letter. Please include position title on subject line. Send to:

Stó:lō Service Agency Personnel Department  
Bldg. #8A, Floor #1 – 7201 Vedder Road  
Chilliwack, BC V2R 4G5  
Email: [jobs@stolonation.bc.ca](mailto:jobs@stolonation.bc.ca)

For more information about this and other employment opportunities, visit [www.stolonation.bc.ca](http://www.stolonation.bc.ca)

*We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.*



## Stó:lō Service Agency - Human Resource Office

Building #8A - 7201 Vedder Road

Chilliwack, BC V2R 4G5

February 8, 2024

### Licensed Practical Nurse (LPN) (INTERNAL)

Stó:lō Service Agency (SSA) requires the services of a Licensed Practical Nurse (LPN) to fill a vacancy with the Health Team. The LPN practices in accordance with the standards (both professional and practice) and the Code of Ethics set out by the British Columbia College of Nurses and Midwives (BCCNM). This position will provide support in community to the Home and Community Health Team and services will be provided in a "Good Way" with respect to cultural safety and practices and aligned with the vision, mission, goals, and values of the SSA.

The LPN will:

- Perform a thorough assessment of each client by collecting information from a variety of sources, using skills of observation, communication, and physical assessment in order to create a Wellness Plan that is appropriate and addresses each client's unique and specific needs.
- Collaborate with clients in developing both short- and long-term goals and formulating a multi-disciplinary Wellness Plan to ensure continuity of care.
- Re-evaluate and re-assesses outcomes of the Wellness Plan and modify interventions as needed to meet desired outcomes.
- Arrange for follow-up with the client/family, physicians, and other health care providers.
- Plan home care services by consulting with other Home Health Staff within Fraser Health Authority (FHA), First Nations Health Authority (FNHA) and other care-providing agencies.
- Plan, organize, implement, and evaluate professional nursing care for clients, who have acute, chronic, or palliative health care needs as well as their caregivers in a clinic, home, and/or a community setting.
- Act as an advocate for the client, protecting and promoting patient's rights to autonomy, respect, privacy, dignity, and access to information in accordance with standards of professional practice and philosophy of care.
- Provide support for the client with a terminal illness as well as their caregivers and other health care providers.
- Plan discharge details for clients, whether that be from the hospital or from a program.
- Attend family care conferences – explaining plan of care to clients and their families.

#### QUALIFICATIONS:

- Graduation from an approved School of Nursing.
- Minimum of three (3) years recent related community nursing experience in the designated clinical area, or an equivalent combination of education, training and experience is an asset.
- Current practicing registration with the British Columbia College of Nurses and Midwives (BCCNM).
- Proof of current CPR & AED certification.
- Completion of the Safe Food Handling Course an asset.
- Completion of WHMIS.
- Knowledge of community and available resources and supports.
- Ability to build and maintain meaningful relationships with families and community resources.
- Excellent communication and people skills.
- Ability to work collaboratively within a team and with minimal supervision.
- Strong documentation and report writing practices.
- Strong time management, coordination, and ability to adapt.
- Basic computer and internet skills.
- Integrity and humility, and a strong desire to represent the agency in a healthy and respectful manner.
- Ability to follow applicable policy, procedures, codes of ethics and mission statements.
- Ability to accept individual uniqueness and respect diversity: ancestry, race, ethnicity, language, religions, marital status, gender, sexual orientation, age, abilities, and social-economic status.
- Physically able to perform the duties of the position.

Successful candidates will be required to provide the following if called in for an interview:

- Proof of education documentation
- References: Names and email addresses of three references (i.e., recent supervisors/managers)
- Must hold and maintain a valid Class 5 BC Drivers' License
- Must successfully pass Criminal Records Check.
- SSA has implemented a mandatory COVID-19 vaccination policy, requiring all staff to be vaccinated.
- Ability to work occasional evening and weekends.

#### SALARY RANGE:

Starting at \$32 per hour, based on qualifications/experience.

#### TYPE OF POSITION:

Full-time Term with benefits, subject to 3-month probationary period

#### APPLICATIONS DEADLINE:

**4PM, FRIDAY, FEBRUARY 16, 2024**

Candidates will be screened according to the qualifications/requirements. Interested candidates are required to submit a resume and covering letter. Please include position title on subject line. Send to: Email: [jobs@stolonation.bc.ca](mailto:jobs@stolonation.bc.ca)





February 5, 2024

**Mental Health and Substance Use Clinical Lead**  
**(EXTERNAL)**

Stó:lō Service Agency (SSA) requires the services of a qualified Mental Health and Substance Use Clinical Lead to fill a vacancy within the Health Services department and in accordance with SSA's Vision, Mission and Values, under the guidance of the Associate Directors, and in collaboration as a member of the interdisciplinary team, provides care in a "Good Way".

The Mental Health Clinical Lead is integral to the provision of holistic service to clients, families, and communities and will act as direct counsellor, resource liaison, educator, and leader. The Mental Health and Substance Use Clinical Lead will:

- Ensure holistic care is provided with the understanding that "Doing our Work in a Good Way" requires one to follow the 7 spiritual laws of life: Health (Self-care), Humility, Happiness, Understanding, Forgiveness, Generations and Generosity.
- Utilize a person and family centered model of care that is culturally appropriate and holistic, following established vision and values.
- Establish and maintain linkages to internal SSA departments and outside agencies, contract therapies and resources.
- Participate as part of the Interdisciplinary Team to create person-centered Wellness Plans and to engage resources to implement and support these plans.
- Provide assessment and therapies in accordance with professional scope of practice aligned with the needs and wishes of clients, families, households, and communities.
- Provide guidance and leadership in mental health and counselling to SSA Health Departments.
- Maintain flexibility to take on new responsibilities that align with SSA's evolving needs, with an emphasis on initiatives that directly contribute to improved client outcomes and team efficiency.

**QUALIFICATIONS:**

**Education, Experience and Skills:**

- Master's degree in social work, Clinical Counselling, or other healthcare related discipline.
- Eligible for registration with appropriate professional association.
- 2 years recent related experience working with clients and families who are affected by mental health.
- Experience working with Indigenous communities and an understanding of the cultural and political environment and/or possess cultural awareness and sensitivity.
- Knowledge of and connection with SSA communities and the resources and supports that are available.
- Knowledge of therapeutic counselling techniques, triage management, crisis intervention, and de-escalation techniques.
- Knowledge of mental health disorders, substance use and concurrent disorders.
- Strong time management and organizational skills with good coordination, monitoring, analytical and reporting skills.
- Strong work ethic, commitment, flexibility, good problem solving and dispute resolution skills.
- Integrity and humility, and a strong desire to represent the agency in a healthy and respectful manner.
- Ability to accept individual uniqueness and respect diversity: ancestry, race, ethnicity, language, religions, marital status, gender, sexual orientation, age, abilities, and social-economic status.
- Ability to build and maintain meaningful relationships with staff, Chiefs, Directors, families, and community resources.
- Excellent oral and written communication skills, effective interpersonal and listening skills, including strong oral presentation for small, medium, and large sized groups.
- Ability to work collaboratively within a team and with minimal supervision.
- Computer skills (Microsoft / EMR).
- Ability to follow and enforce applicable policy, procedures, codes of ethics and mission statements.
- Physically able to carry out the duties of the position.

**Job Requirements:**

- Proof of education documentation
- References: Names and email addresses of three references (i.e., recent supervisors/managers)
- Must hold and maintain a valid Class 5 BC Drivers' License
- Must successfully pass Criminal Records Check.
- SSA has implemented a mandatory COVID-19 vaccination policy, requiring all staff to be vaccinated.
- As needed, work flexible hours, which may include evenings and weekends.

**SALARY RANGE:**

\$55 per hour

**TYPE OF POSITION:**

Full-time Term with benefits, subject to 3-month probationary period

**APPLICATIONS DEADLINE:**

**4PM, MONDAY, FEBRUARY 12, 2024**

Candidates will be screened according to the qualifications/requirements. Interested candidates are required to submit a resume and covering letter. Please include position title on subject line. Send to:

Sto:lo Service Agency Personnel Department  
Bldg. #8A, Floor #1 – 7201 Vedder Road  
Chilliwack, BC V2R 4G5  
Email: [jobs@stolonation.bc.ca](mailto:jobs@stolonation.bc.ca)

For more information about this and other employment opportunities, visit [www.stolonation.bc.ca](http://www.stolonation.bc.ca)

*We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.*

# APPLY NOW



## Project Management for Indigenous Women 2024

Trans Mountain and IAMC are offering a Project Management for Indigenous Women Program starting in April 2024.

This unique Mount Royal University program will be open to a limited number of successful applicants.

- Starts April 16, 2024
- 100% online
- Seven courses
- 15-20 hours per week includes homework
- 12-month program
- No cost to participate
- Program completed as one group
- Coaching support



## APPLY BY February 16, 2024 to:

[Stephanie\\_Felker@transmountain.com](mailto:Stephanie_Felker@transmountain.com)



# GROW YOUR BUSINESS WITH OUR BUSINESS LOANS

Stó:lō Community Futures offers business loans for Indigenous entrepreneurs located within S'ólh Téméxw, the Stó:lō Traditional Territory.

## LOAN PROGRAMS

Micro-Loan ✓

General Investment Funds ✓

Indigenous Impact Lending Fund ✓

Entrepreneurs with Disabilities Program ✓

Contact Bridgette Hill, SCF Administrative Assistant by phone at 604-858-0009, or email at [bhill@stolocf.ca](mailto:bhill@stolocf.ca), to book an appointment.



For more information  
[www.stolocf.ca](http://www.stolocf.ca)

We are here to support you on your entrepreneurial journey!



Community  
Futures Stó:lō

## START SMALL, DREAM BIG

with Stó:lō Community Futures (SCF)

Are you dreaming of starting your own business but don't know where to begin? Do you have a great idea but need some guidance and support to make it a reality? If you answered yes to any of these questions, then you are in luck!

We are offering a free appointment to help you start your business today!



604-858-0009



[bhill@stolocf.ca](mailto:bhill@stolocf.ca)



Threads of  
Heritage



Canada

STOLO ABORIGINAL SKILLS &  
EMPLOYMENT TRAINING IS HOSTING A

# Traffic Control Training

**April 4 & 5, 2024  
(8:30am - 4:30pm)**



This training is open to  
Indigenous unemployed and  
underemployed people living in  
the SASET catchment area.

info@saset.ca  
5B - 7201 Vedder Rd,  
Chilliwack BC  
604-858-3691

**SASET—Chilliwack Office**  
5B-7201 Vedder Road  
Chilliwack, BC  
Phone: 604-858-3691

**SASET—Sts'ailes Office**  
4690 Salish Way  
Agassiz, BC  
Phone: 604-796-5536

**SASET—Seabird Office**  
2895 Chowat Road  
Agassiz, BC  
Phone: 604-796-6865





# Chainsaw Safety Training Program

March 5 & 6, 2024

Are you an Indigenous individual who:

- Is un- or under employed
- Resides in SASET's catchment area
- Is willing to commit to a 2-day training program

**If so... we are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with your Employment Counsellor!**



TO APPLY PLEASE CONTACT SASET:

SASET - Chilliwack Office  
5B-7201 Vedder Road  
Chilliwack, BC  
Phone: 604-858-3691

Sts'ailes Employment Centre  
4690 Salish Way  
Agassiz, BC  
Phone: 604-796-5536

Seabird Employment Centre  
2895 Chowat Road  
Agassiz, BC  
Phone: 604-796-6865

[www.saset.ca](http://www.saset.ca)





Sto:lo Aboriginal Skills & Employment Training is pleased to offer

# CONSTRUCTION TRAINING PROGRAM

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## Course Includes:

- First Aid Level 1
- WHMIS
- Mini Excavator
- Skid Steer
- Confined Space
- Chainsaw Safety
- And more !

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## April 15 - 26, 2024

Training will take place on-site at Sto:lo Service Agency  
Building 5B, 7201 Vedder Road Chilliwack, BC  
Monday to Friday 8:30am to 4pm

Canada 

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**SASET—Chilliwack Office**  
5B-7201 Vedder Road  
Chilliwack, BC  
Phone: 604-858-3691

**SASET— Sts'ailes Office**  
4690 Salish Way  
Agassiz, BC  
Phone: 604-796-5536

**SASET—Seabird Office**  
2895 Chowat Road  
Agassiz, BC  
Phone: 604-796-6865

