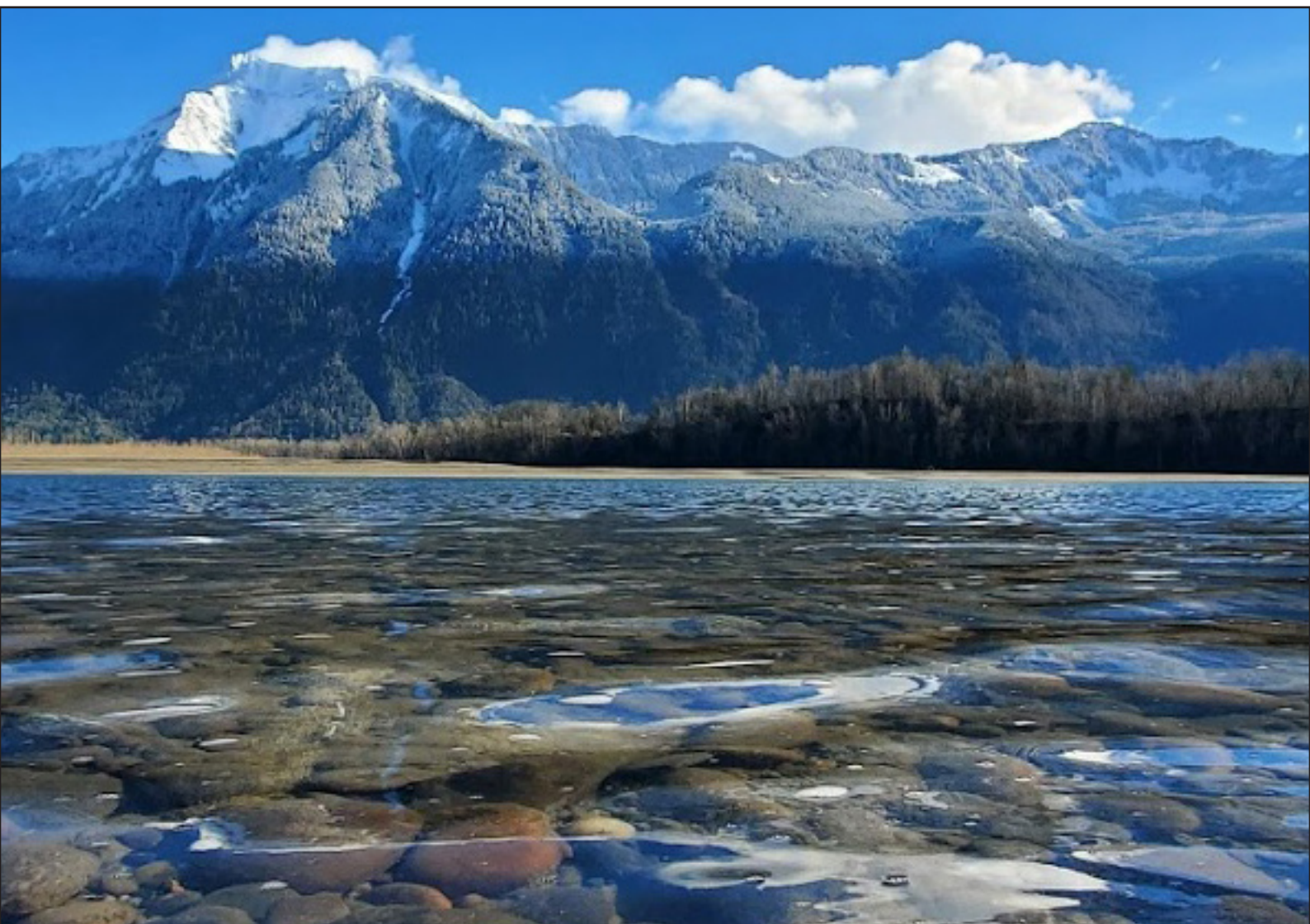




XWCHÍYÒ:M

CHEAM FIRST NATION

COMMUNITY NEWSLETTER: NOVEMBER 3, 2023



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XWECHÍYOM XWEXWILMEXW SXWE EYELH

Kwetskwetsmet lis cha xwal letse sqwalewels ye xwe chiyom Xwexwilmexw;

Xw' eyehls cha ye mekw' wat ite xwech'í yom qesu texw eweta o kw'e tl' e met Te ewpi: I qaste qel sqoqe;

Temtames mami:yelhtel ya sq'eqotel qelu lam xwe xwe'eyelf iyolem kw'e o'hletem xwela Ye'mi cha

Temtames lis cha mekw' yoyes ye alyem eweta Shxwlistexwes Te xwelitemelh Temtames chasu qexs a: li lalalem xwela kw'e mekw wates

Qas temtames cha xwe'eyems Te temexws qasu ey xwela ye xwechiyom

CHEAM VISION STATEMENT

We the people of Cheam are committed to developing a united and harmonious community. We respect individual's diversity and promote a healthy, self-sufficient lifestyle. We need one another and value one another's views. In appreciation of our uniqueness, we foster mental, physical, emotional and spiritual wellbeing. In doing so, we strive to build pride, dignity and respect amongst our people.

FIND US ONLINE:



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[@CHEAM.FN1](https://www.instagram.com/CHEAM.FN1)



[@CHEAM_FN](https://twitter.com/CHEAM_FN)

ADMINISTRATION NOTICES/UPDATES

DATES TO NOTE:

November 9	Elder & Youth Playground Log Painting (page 12)
November 13	Band Office Closed for Stat Holiday
November 14 & 28	Cheam Regular Council Meetings
November 15 & 16	CFN All Candidates Meeting 5:30pm - 7:30pm
November 18	Community Engagement Luncheon (page 19)
November 21	Cheam Elder's Meeting & Lunch
December 6	Cheam First Nation Election
December 9	Cheam Community Christmas Dinner
December 12	Cheam Regular Council Meeting
December 22-Jan 1	Band Office Winter Break Closure



XWCHÍYÒ:M
CHEAM FIRST NATION

NOTICE OF ELECTORIAL ALL CANDIDATE'S MEETING

The Cheam Elders will be hosting an All Candidate's Meeting on November 15th and 16th from 5:30 to 7:30 p.m. During the Meeting, the Elders will ask those running for Council a series of questions to understand why they feel they should be elected, and the changes they hope to make during their term of office.

The meeting will be hosted on-line via Zoom to Members only living on and off Reserve and seats will be set up in the gymnasium for those that would prefer to watch in person.

If you wish to attend the All Candidate's meeting virtually, please email Rachel.wille@cheamband.com or call 604-794-7924. A confirmation email will be sent to you along with the link to join the meeting.



We want to know what questions you would like asked of the candidates for Chief (on the 15th) and for Council (on the 16th) What concerns would you like addressed?,

Please email all questions to Rachel.Wille@cheamband.com, call 604-794-7924, or drop off your questions to her attention at the Band Office.



Cheam Land Governance Advisory Committee
CALL FOR MEMBERSHIP

Cheam First Nation is seeking committed Band Members willing to join the *Cheam Land Governance Advisory Committee*. As Cheam is under Land Code, we require input from membership on land law development and other matters that affect our Reserve Lands. The Committee has (4) seats, plus one (1) Councillor & one (1) staff member of which the term may expire in September 2025.

Role of the Cheam Land Governance Advisory Committee

The Cheam Land Committee was established under Section 6 of the *Cheam First Nation Land Code*.

Committee Established

The purpose of the Committee is to:

- (a) Advise Council and the Land Governance Director on the Cheam Reserve Land administration system;
- (b) Advise Council and Cheam staff on matters respecting Cheam Reserve Lands;
- (c) Recommend to Council Laws, Council Resolutions, policies and procedures respecting Cheam;
- (d) Subject to section 10 (Dispute Resolution), hold, or help arrange, meetings of Members and other meetings to discuss issues relating to Cheam Reserve Lands and make recommendations to Council on the resolution of such issues;
- (e) Assist in the exchange of information between Members and Council regarding Cheam Reserve Land matters;
- (f) Oversee other consultations under this Land Code and providing Council with updates; and
- (g) Perform such other duties and functions as Council may direct.

Eligibility

Any Eligible Voter, whether or not resident on Cheam Reserve Lands, is eligible to be appointed to the Committee.

Terms of Office and Vacancy

A member of the Committee will serve for two years or until that member:

- (a) Resigns in writing;
- (b) Becomes ineligible to be a Committee member;
- (c) Ceases to be an Eligible Voter;
- (d) Is removed by Council Resolution, including if this removal is recommended by other Members of the Committee (e.g., attending sessions under the influence), or if miss two (2) consecutive meetings without confirmation; or
- (e) Dies or becomes mentally incompetent.

Individuals who are successful will be selected by Cheam Chief and Council to fill the four (4) seats with honorariums provided for according to the Terms of Reference and approved budget.

Submission Process

If you are a Cheam Band Member 18 years of age or older and interested in this opportunity, you are encouraged to submit a letter expressing your knowledge, experience and interest and any information that may help with selection. The call for membership will **close on Sunday, November 12, 2023 at 4:00 p.m.** Letters can be submitted to Madeline Jimmy, Cheam Lands Officer, at the Band Office by emailing madelinej@cheamband.com or by faxing 604-794-7456.

**EXTENDED TO
NOVEMBER 12TH**





XWCHÍYÒ:M
CHEAM FIRST NATION

52161 Victor Drive
Rosedale, BC V0X 1X1
604-794-7924
www.cheam.ca

October 31st, 2023

RE: Drinking Water Settlement Deceased Members

The First Nation Drinking water settlement has been extended until March 24th, 2024. We would like to send a friendly reminder that all members that are applying on behalf of a deceased member are required to apply individually with the appointed representative. Cheam First Nation employees were not able to apply for deceased members on the band confirmation list. If you require any additional information, or assistance with how to apply for a deceased member please contact the office and we can direct you to the right person to assist you.

Here is the link to apply on a PDF fillable online or printable application.

Click representative claim forms:

<https://firstnationsdrinkingwater.ca/index.php/claim-forms/>

First Nations Drinking Water Administrators: 1-833-252-422



INDIAN REGISTRATION NOW OFFERED AT CHEAM FIRST NATION!

Cheam First Nation will be providing members the opportunity to register for their CIS laminate card, SCIS enhanced card, band registration, and more.



XWCHÍYÒ:M

You will need:

- 1 Piece of government-issued photo I.D.
- 3 Photos 25mmx31mm from a photo lab.
- Your old status card if you still obtain one.

We will be accepting appointments only and issuing cards on Thursdays or as time permits. Please phone to book your appointment now. If you have any questions please reach out to Daphne, or Kelsy at the office.



DAPHNE EDWARDS (PRIMARY IRA) OR KELSY FREDETTE (SECONDARY IRA)

P: 604-794-7924 E: cheamira@cheamband.com

Starting Thursday, July 13th, 2023 Cheam First Nation will be issuing CIS cards. The new Indian Registration Administrators are Daphne Edwards, and Kelsy Fredette. They will be booking appointments once per week, Every Thursday or as time permits. This service will be available to Cheam First Nation members only. There is no charge for the CIS laminate cards, members only need to pay for their photos.

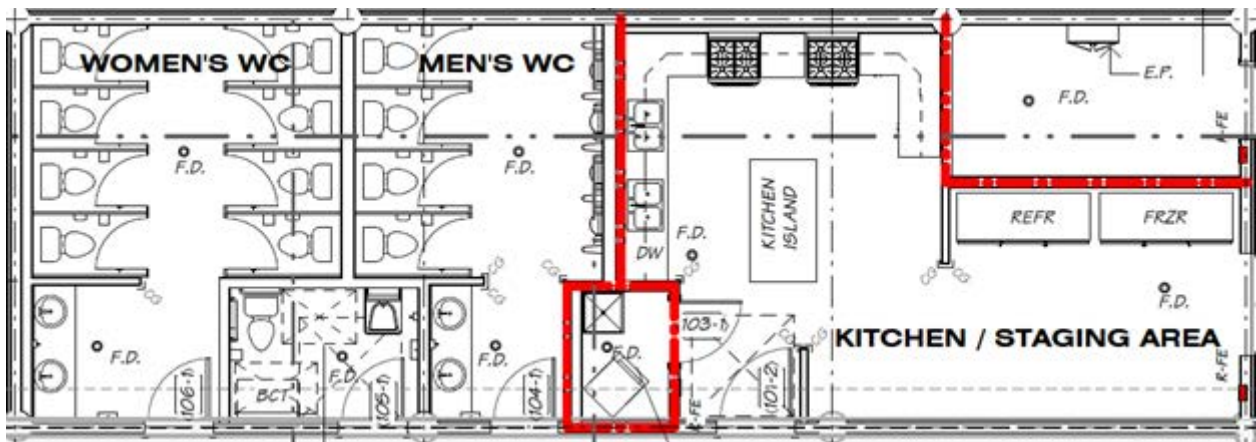
Please book your appointments by phone or email. If you have any questions please reach out to Daphne, or Kelsy.

[You can find the full instruction package on the Cheam website on the news page.](#)

PROJECT UPDATES FROM COUNCIL

Longhouse Project Completion 2023

For the past two years, the Chief and Council, Longhouse Committee, and staff have worked to secure funding to support a 2,400 sq/ft addition to the Longhouse for a kitchen, washrooms and septic. On May 5, 2022 the Community was awarded funding through Canada Cultural Spaces for the project. Due to the rise in material costs, the size of the addition is now 2,400 sq/ft and the Chief and Council approved a motion to provide the additional funding to ensure project completion. Working with Station One Architects, the design process began, and once it was approved and the tendering process completed, Gerry Enns Contracting (GEC) was hired to build the Longhouse addition and septic field. The construction started on Monday, July 17, 2023 and is on schedule to be completed by December 31, 2023.



Updates on the Cheam Early Years Program and Education Portable

The Cheam Early Year Program opened in April 2023 and takes place in the Education Portable with approximately 15 children and youth attending daily.

Weekly activities are arranged to engage the children with cultural activities such as learning to paddle a canoe, Halq'eméylem lessons, singing and drumming, history, storytelling/book reading, regalia making, crafts, weaving, canning, beading, Coast Salish drawing, learning about traditional plants, and attending events such as Reclaiming Our Youth Pow Wow at Saint Mary's, and Coastal Jams for Truth & Reconciliation with Cheam Elders honoring those that attended Residential Schools.



In addition to the programming, the children are also provided snacks, lunch and/or dinner and a snack bag at the end of the day.

Due to the age of the building, the Council allocated funding dollars to complete a kitchen and washroom renovation to make it more functional and safer for the children. This renovation is on schedule to be completed this week.



Some of the renovation improvements include:

- Updated kitchen with new appliances, cupboards, countertops, and flooring;
- Newly expanded washroom to allow for all abilities access;
- New storage;
- Children's coat rack, shoe rack and cupboard; and
- Exterior renovations that include the addition of a chain link fence, lattice, and new railings in both the front and back of the building and new stairs in the back of the building.



We are grateful for funding from the BC Aboriginal Child Care Society and BC Education and Child Care that allows us to put on this program and complete the necessary renovations.



Xá:yxeleq Hákw'eles Swáyel

Sq'éwqel Indigenous Veterans Day

November 8, 2023

Seabird Island Community School

10:50 School Procession Lines up at the Bus Loop

Honoured Guests Seabird Island Community School, Seabird Island Daycare, and Seabird Island College will walk to the cenotaph.

11:15 Cenotaph Ceremony

Help Me Be Strong

Reading of the Plaque

Roll Call

Last Post

Moment of Silence

Laying of Wreaths (K3, K4, 1, 2, 3, 4, 5, 6, 7, JR HS, SR HS, SIB, Tribal Council, any other wreaths)

Travel Song

Return to Seabird Island Community School Gym

Student Presentations

12:15 Lunch Served— Seabird Island Community School

12:15 pm LUNCH
\$100 CULTURAL
SERVICES GIFT



Ministry of
Health

INVITATION TO FIRST NATIONS!

The Ministry of Health is seeking input on a new **Health Information Management Act (HIMA)** to improve information sharing across the health sector and support safer B.C. health care

The'í:tselíya - S.A.Y. Health & Community Centre

7256 Chilliwack River Road
Chilliwack, BC

November 7, 2023

1:00 pm - 3:30 pm

12:15 pm Lunch

**VIRTUAL
ATTENDANCE
OPTION!**

To register, email:
events@mahihkan.ca

**YOUR VOICE
MATTERS!**

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COMMUNITY KITCHEN

Please join Jaime in making slow cooker split pea and ham soup for this colder weather!!

For November it will be take home bags only, as this recipe takes 4-8 hours cooking in the slow cooker.

Slow cooker is needed and you can have the simplest, cheap, delicious meal without barely any work put in to it.

Please sign up!

Your own kitchen
Tuesday Nov 7th, 2023

Please register to Jaime.Peters@seabirdisland.ca

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First Nations Health Authority

Subject: [Action Requested] BC First Nations Regional Health Survey Phase 4 – Your Community's Invitation to Participate

Dear Respected Leaders,

Gilakas'la,

Nugwa'am A'adoł (Samantha Narayan nee Bell)

Gayutłan laxa Mamalilakulla dlu Kwakiut

Gukwalan lax awinagwises sa qícə y (Katzie), SEMYOME (Semiahmoo) and Kwantlen First Nation

He'man abampi Put'las (Diane Nuvayouma née Hunt)

He'manox ump wale' Sisaxolas (Johnson Bell)

**November 8th 1:30pm
@ Cheam Gymnasium**

My name is Samantha Narayan, I live on the unceded, ancestral lands of the Katzie, Kwantlen, Semiahmoo and other Coast Salish Peoples. I work for the First Nation's Health Authority as a Field Supervisor in the Fraser Salish Region for the upcoming Regional Health Survey Phase 4 (RHS4). I am reaching out in hopes that we can discuss your community's participation in RHS4.

The First Nations Health Authority would like to invite your First Nation to take part in **Phase 4 of the BC First Nations Regional Health Survey (RHS 4)**. The RHS is a data collection project that seeks to gather useful health and wellness information for BC First Nations children, youth, and adults, in a way that follows principles of First Nations Ownership, Control, Access and Possession (OCAP®). Nationally, this initiative is overseen by the First Nations Information Governance Centre (FNIGC), with First Nations organizations in other provinces and territories participating.

Phase 4 is different in a few substantial ways. First, our data collection options have expanded to web surveys, telephone surveys, paper surveys, or in-person surveys (with COVID-19 safety plans). We would like to learn and to plan around which options may fit your community best. Second, we are inviting all BC First Nations communities to participate. Third, we have increased the range of our participant safety measures. Fourth, we are inviting about 14,000 First Nations individuals across BC. Fifth, because of that, we have more flexible options for data return (e.g., communities may agree to be part of a Nation or language family grouping).

To confirm your First Nations community's interest in participating, we will require either a signed Community Participation Agreement or a signed Band Council Resolution. Before that, we can discuss your community's data return options and preferred survey types. Each participant in your community will receive a gift card valued \$ 25.

In this information package you will find the following RHS 4 documents:

1. Introduction to Field Supervisor
2. RHS 4 Quick Facts
3. RHS 4 Data Return Options

**Find the attachments &
a video over on our Cheam
facebook page**

I will reach out directly to you in the next week to give you more information regarding your communities' participation.

Kind regards,

Samantha Narayan



Youth and Elders are invited to paint the new playground barrier logs!

**THURSDAY
9 NOVEMBER, 2023**

**EVENT 4:00 – 7:30PM
@ CHEAM GYM, MEAL AT 5PM**

A safety barrier made of 10" diameter red cedar logs will be installed in November around the south side of the playground. This design is intended to incorporate our Youth and Elder's art on each of the 50 log poles. A formal naming ceremony/opening will happen at a later date.



VOLUNTEERS WELCOME, AND GREATLY APPRECIATED!

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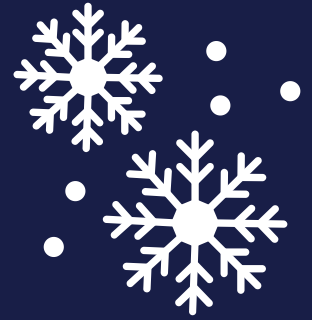
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Cheam Family Fridays



November 10 - Canning Fruit Salad



**November 17 - Bath Bombs, Earrings &
Beading Christmas balls**

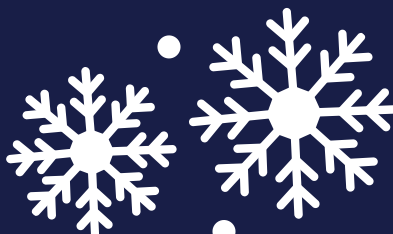


**November 24 - Wreath and Snow Globe
Making & Christmas balls**

COMMUNITY MEMBERS ARE INVITED TO COME OUT EVERY
FRIDAY TO DO CRAFTS/ RECREATION/COOK.
DINNER & DESSERT WILL BE PROVIDED

CHEAM GYMNASIUM
4:30pm - 7:30pm

MORE INFO:
DIONNE.SHAW@CHEAMBAND.COM





Stó:lō Xa:yxeleq Há:kw'eles Swáyel Stó:lō Veterans Day

October 11, 2023

On behalf of Stó:lō Veterans and their families, we would like to invite you, or a representative, to join us for our Stó:lō Veterans Day Ceremony honouring the Stó:lō servicemen and women who fought for Canada and the Stó:lō people.

**Stó:lō Nation – Coqualeetza Longhouse
7201 Vedder Road, Chilliwack, BC V2R 4G5**

Date	Saturday, November 11, 2023
Doors Open	9:00 am
Wreath Registration/Sign-in	9:00 to 9:30 am
Ceremony Starts	10:00 am
Procession	10:40 am sharp
Lunch	At the conclusion of the ceremony

If you wish to lay a wreath during the ceremony, please fill out and return the **Wreath Registration Form** with your RSVP.

Please note: wreaths are not provided; you must bring your own wreath if you wish to lay one.

The ceremony begins at 10am sharp in the Coqualeetza Longhouse, followed by a procession from the longhouse to the Stó:lō Veterans Memorial Post Monument, where the ceremony will continue.

As much of the ceremony is outside, please dress for the weather.

After the ceremony, guests are invited to come have lunch and “sharing” at the Stó:lō Resource Centre (also on the Coqualeetza Grounds at Building 10, the large red building).

Please RSVP by email to **Abby Duncan** (abby.duncan@stolonation.bc.ca) to confirm attendance of either yourself or a representative.

A handwritten signature in black ink, appearing to read "Amber Kostuchenko".

Amber Kostuchenko
Chair | Cultural Committee
Stó:lō Service Agency



Stó:lō X̱a:y̱x̱ełeq Há:kw'eles Swáyel

Stó:lō Veterans Day

Stó:lō Service Agency
7201 Vedder Road
Chilliwack, BC V2R 4G5



WREATH LAYING REGISTRATION

If you plan to lay a wreath during the Stó:lō X̱a:y̱x̱ełeq Há:kw'eles Swáyel ceremony, we encourage you to fill out and return this form with your RSVP to assist with ceremony planning.

CONTACT INFORMATION

FIRST NAME	
LAST NAME	
PHONE	
EMAIL	

LAYING OF WREATH

PERSON LAYING WREATH	
ON BEHALF OF	

REPRESENTATIVE [PLEASE PICK ONE]

STÓ:LŌ VETERAN <input type="checkbox"/>	STÓ:LŌ VETERAN'S FAMILY <input type="checkbox"/>	RCMP or LEGION <input type="checkbox"/>	CHIEF & COUNCIL <input type="checkbox"/>
MAYOR & COUNCIL <input type="checkbox"/>	MEMBER OF PARLIAMENT <input type="checkbox"/>	MEMBER OF LEGISLATIVE ASSEMBLY <input type="checkbox"/>	OTHER <input type="checkbox"/>

FIND US ONLINE:



Notice of ANNUAL GENERAL MEETING

Fraser Valley Aboriginal Children and Family Services Society (FVACFSS)

To be held at the

Shxwhá:y Village Cultural Centre
located at
44692-B Skway Road, Chilliwack, B.C.

Thursday, November 14, 2023
At 6:00 PM, PST

Registration will be open from 3pm – 5:30pm



Members must register for the meeting by 6:00pm

www.fvacfss.ca





Fraser Valley Aboriginal Children and Family Services Society

Board of Directors

#7-7201 Vedder Road
Chilliwack, BC V2R 4G5

Phone: 604-858-0113

Fax: 604-824-5326

Toll Free: 1-800-663-9393

www.fvacfss.ca

NOTICE OF ANNUAL GENERAL MEETING

NOTICE IS HEREBY GIVEN that the Annual General Meeting (AGM) of the members of Fraser Valley Aboriginal Children and Family Services Society (**FVACFSS**) will be held at the **Shxwhá:y Village Cultural Centre** located at 44692-B Skway Road, Chilliwack, B.C. on Tuesday, November 14, 2023 at 6:00PM, PST, for the following purposes:

1. To confirm the current membership of FVACFSS.
2. To approve the minutes from the November 21, 2022 Annual General Meeting.
3. To receive annual reports from the Directors.
4. To present the FVACFSS audited financial statements and Auditor's report.
5. To appoint the Auditor for FVACFSS.
6. To confirm FVACFSS Board nominations approved at the October 19, 2023 Nominations meeting.
7. To elect two Directors to the FVACFSS Board from the list of approved nominations.

In accordance with the Society's Constitution & Bylaws:

- Quorum must be present for transaction of business at the meeting.
- All members in good standing must register prior to the start of the meeting and receive a voting card in order to vote on motions.
- Voting on motions or resolutions shall be in accordance with Robert's Rules of Order.
- Additional nominations to the Board will **not** be received from the floor at the meeting.
- All nominees up for election to the Board must be present at the meeting.
- Ballots will be used for election of Board candidates.

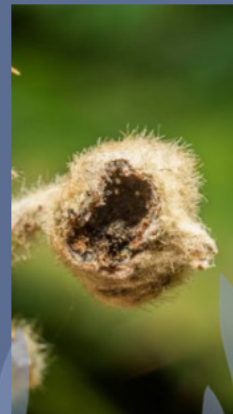
FURTHER INFORMATION:

- Membership renewals may be processed any day leading up to the membership cut off of 5:30pm on the date of the AGM. Individuals who do not have a validated membership card prior to **5:30pm** will not be able to register for and vote at the AGM.
- Meeting registration will take place prior to the meeting between 3:00pm and 5:30pm at the AGM venue on November 14, 2023. Individuals with a valid membership card must register prior to **5:30pm** and receive a voting card in order to vote at the AGM.
- Photo identification and a document with proof of current residential address will be required to register (i.e. Passport, Drivers License, Status Card, and a recently dated utility bill or other document with your current residential address).
- For information regarding membership please contact Carissa Gray, by phone at 236-984-5362, or e-mail her at agm@xyolhemeylh.bc.ca
- A dinner will be served from 5:00pm to 5:45pm prior to the AGM.

DATED at the City of Chilliwack, in the Province of British Columbia, this 28th day of September, 2023.

BY ORDER OF THE BOARD OF DIRECTORS

Jennifer Janik
FVACFSS Board President



Fraser Valley Invasive Species Society

2023 AGM

Thursday, November 16th

10:00 - 12:00 pm

Virtual on Zoom



2023 ANNUAL GENERAL MEETING

Agenda

Fraser Valley Invasive Species Society
14th Annual General Meeting



Date: Thursday, November 16th, 2023
Time: 10:00 AM – 12:00 PM
Location: Virtual via Zoom (Registration Required)

Start time – 10:00 am

10:00 am	Welcome, Introductions, Adopt Agenda, Accept 2022 Minutes
10:05 am	Report from the Chair (Victoria Brookes, FVISS Chair)
10:10 am	Presentation of Financial Statement (Nichole Marples, FVISS Treasurer)
10:25 am	2023 Season Update (Kathy Ma Green, FVISS Executive Director)
10:45 am	Outreach Program Updates (Michelle Lefebvre, FVISS Invasive Outreach Coordinator)
10:55 am	5-Minute Break
11:00 am	What You Need to Know About the Invasive Strawberry Blossom Weevil, <i>Anthonomus rubi</i> (Aysha McConkey, Research Assistant (Biological Control of Insect Pests) - Co-op Student, AAFC Agassiz)
11:15 am	The Use of Biological Control in a Comprehensive Japanese Beetle Eradication Plan in British Columbia (Victoria (Vika) Makovetski, Research Assistant (Biological Control of Insect Pests) - Co-op Student, AAFC Agassiz)
11:30 am	Election of Board of Directors
11:45 am	New Business/Announcements from Members
11:55 am	Thank you and Closing

Adjournment – 12:00 pm

[Click here to Register](#)

We are seeking new Directors for the FVISS Board!
If you are interested in joining the FVISS Board of Directors, please check out our [Nominations page](#) and join us!

CHEAM COMMUNITY ENGAGEMENT



Please save the date for Cheam First Nation's upcoming fall community engagement. Join us and our Council Portfolio holders to hear updates and provide feedback regarding our projects/discussions with Enbridge and the Ministry of Transportation.

**SATURDAY
NOVEMBER 18, 2023
11:30PM – 4:30PM
CHEAM BAND OFFICE**



Event Schedule

11:30am Opening prayer/song

12pm Lunch

Set our intentions and start the meeting

1pm Enbridge

15-minute snack break, give away 2 prizes

2:45pm Ministry of Transportation and Infrastructure

4:00pm Wrap up, give thanks & draw door prizes



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November 18, 2023 Cheam Community Engagement Lunch

This is open for Cheam Band & Community members first,
if there are no bids then outside caterers are welcome.

Name of Bidder: _____

Phone number: _____

Is your catering business licensed? Yes___ No___

Do you have a valid food-safe certificate? Yes___ No___

Is your food-safe certificate attached? Yes___ No___

Does your support kitchen crew have a food-safe certificate? Yes___ No___

Is their food-safe certificate attached? Yes___ No___

Do you have your own transportation? Yes___ No___

Do you need to use the Gym kitchen? Yes___ No___

Did you attach a menu for 75 people?
(Luncheon & snacks for 1 coffee break) Yes___ No___

Did you attach the costs for?

Food Yes___ No___

Desserts Yes___ No___

Condiments Yes___ No___

Plates, cutlery, cups Yes___ No___

Coffee, tea, juice Yes___ No___

Do your costs include clean-up of the Gym and kitchen? Yes___ No___

Other catering ideas that you will include in your bid: _____

(If you need more room, please submit an additional separate sheet of paper

Total catering cost is: _____

Signature of bidder: _____

Please return by **November 9th** to communications@cheamband.com

or drop off to the band office attn:Harmony. Thank you.

What diabetes care is:

- Balance in body, mind, heart & spirit
- Culture, support, and respect
- Movement as medicine
- Uplifting strengths and reducing stigma
- Access to food and medicine
- Self-compassion, trusting the body and honouring its needs
- Self-determination; unique to each person

CDSI@fnha.ca



Some common signs and symptoms of diabetes are:



If you or a loved one are experiencing any of these symptoms, we encourage you to connect with a primary care practitioner to check for diabetes.

A main focus of diabetes wellness is to protect the blood vessels, heart, kidneys, eyes and feet.

Your health care team can support diabetes wellness and provide regular blood work and eye/foot checks.



First Nations Health Authority
Health through wellness

Ages 40-79

Mammogram Clinic

*"Early detection
SAVES lives!"*

When | November 8, 2023

Where | Seabird Band office Parking Lot

**For more
information
Please Contact
the CHR in
your
community!**



ALSO DOING PAP SMEARS ON THIS DAY

SARDIS CLINIC

(#27-5725 VEDDER RD, CHILLIWACK, BC V2R 3N3)

MONDAY NOV 6TH

**CARTER
Hearing**

**BOOK YOUR FREE
HEARING TEST NOW!**

**LOCAL: 604 - 392 - 9211
TOLL FREE: 1 - 844 - 234 - 6665**

**INFO@CARTERHEARING.CA
VISIT CARTERHEARING.CA**

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FIND US ONLINE:





Accurate Denture Clinic Ltd.

Manigeh Ghorbanali (RD) || Amir Saboury (RD) || So Jung Lee (RD) || Sungeun Kim (RD)

We have been providing our denture services in the Fraser Valley since 2006 and currently have four clinics in the Fraser Valley in Abbotsford, Chilliwack, Sardis, and Langley.

At our clinics, helping people by providing them with excellent quality dentures is our primary goal. We would like to offer our services to Indigenous people as we understand travelling to our clinics can be challenging. **Our consultations are free.** You can find out more about Accurate Denture Clinic and who we are by going to our website: www accuratedenture.com

Our services include but not limited to:

Dentures over implants: Dentures supported by implants replace a full set of upper or lower teeth. They rely on implants to act as anchors, eliminating the need for adhesives. The dentures snap onto the implants, which hold them securely throughout the day, so you don't need to worry about them moving.

Complete and partial dentures: Replacing a full arch, or one or more missing teeth in the same arch.

Precision dentures: We offer precision denture services. Our denturists will take in factors such as the shape of your face, jawline, lips, eyes, eyeglasses and hair colour, and create a denture for you.

Suction dentures: These require specialised moulding techniques to design. Suction dentures rely on creating strong retention using atmospheric pressure.

Immediate dentures: An immediate denture is a complete or partial denture inserted on the same day, immediately following the removal of natural teeth.

Relines + Rebases: A process that adds material to part of the denture to improve the fit. It can also replace or repair parts of the dentures that may be causing a poor fit.

Repairs: Adding teeth to an existing partial denture after new extractions, or fixing broken dentures.

Nightguard: Protects the teeth from damage by cushioning the effects of clenching while sleeping.

*****We offer home visits or can arrange for a preset date to see patients at your designated Health Building. We will bring all of our own equipment and necessary materials to service your patients. We only require access to water and an electrical outlet. *****

*******Every patient who has a Status number will have all of their treatment covered at 100% unless otherwise specified. *******

If you have any further questions, please contact Lacey (Office Manager) at: 604-703-6516 or by email: accuratedentureclinic@hotmail.com

I look forward to hearing back from you soon. Let us extend our deep appreciation for your trust in advance and thank you for your time.

Sincerely,

Lacey Robertson (Office Manager)
Manigeh Ghorbanali (RD)

#108-2955 Gladwin Rd | Abbotsford BC V2T 5T4 | Tel: (604)854-8054 Fax: (604)854-8074
#102-7056 Vedder Rd | Sardis BC V2R 1E3 | Tel: (604)846-1846 Fax: (604)846-2846
8866 Mary St | Chilliwack BC V2P 4J3 | Tel: (604)792-7722 Fax: (604)792-7722
#105-19610 64th Ave | Langley BC V2Y 1H3 | Tel: (604)533-8880 Fax: (604)533-8823
accuratedentureclinic@hotmail.com



Toxic Drug Response & Priority Populations Overdose Outreach Team

What's Happening?

The Fraser Health (FH) Overdose Outreach Team (OOT) works in allyship with individuals accessing the unregulated toxic drug supply to reduce the risk of toxic drug poisoning. OOT works with individuals to enhance wellness, personal resilience, self-determination and build knowledge to support safer navigation of or separation from the increasingly toxic drug supply.

OOT acknowledges not everyone who uses substances or experiences a toxic drug-poisoning event has a substance use disorder that requires clinical substance use services.

When Will This Happen?

OOT is currently taking referrals. Please see below for referral process.

Important Things To Know About OOT?

- Individuals are not required to alter their substance use to access OOT services.
- OOT is a multidisciplinary team comprised of peer support workers, outreach, and nurses working alongside social workers and consulting with harm reduction coordinators.
- **Target population:** Anyone ≥ 19 yrs., accessing the unregulated toxic drug supply and are at risk of toxic drug poisoning.
- **Referrals:** Anyone can refer to OOT and clients can self refer. Client consent for referral is required.

For Fraser Health sites that use PARIS:

Please refer by completing and submitting a referral through the 'Substance Use Referral Form' on PARIS. Select the OOT team for the region you are making the referral to, which is determined by the client's address (i.e. if you are making a referral for Fraser East, please select *PH Overdose Outreach Team East*).

Community and Fraser Health Programs that do not use PARIS:

Please refer by one of the methods listed below:

- **Email:** oot@fraserhealth.ca please include your name, address, and best way to reach you when emailing a referral. ***Please do NOT send client identifying information via email due to privacy.***
- **Fax:** 604.930.5432 please include your name, address, and best way to reach you when faxing a referral.
- **Phone:** 236.332.4857 **Non-Emergency Intake Line Open 24 Hrs** please leave a **voicemail** or **text** message with your name and best way to reach you.

****Please note:*** referrals will be responded to within 24-48 hours (weekends/holidays may extend this time).

The OOT team is available for consultation for reducing toxic drug poisoning risk across the region.



For more information

Erin Gibson, Manager, Clinical Operations erin.gibson@fraserhealth.ca

Pamela Carr, Manager, Clinical Operations pamela.carr@fraserhealth.ca

Sherif Amara, Director, Toxic Drug Response & Priority Populations sherif.amara@fraserhealth.ca

Wellness Care Clinic

Topic Categories:

- » Birth Control support and provision
- » Routine Sexually Transmitted Infections Testing - including Chlamydia / Gonorrhea / Syphilis and HIV testing
- » Morning-After Pill (Emergency Contraception)
- » Pregnancy Tests
- » Condoms
- » Pap Tests (Cervical Cancer Screening)

November 8th, 2023

Seabird Island Band



Contact your Community Health Representative or Nurse Lisa 604-819-9658 and Nurse Ceilidh 604-798-7199 to find out more information and to book an appointment.



Seabird Island



Cheam



Skwah



Chawathil



Kwaw-kwaw-Apilt



Shxw'ōwhámél



Scowlitz



Squiala

Designed by Seabird Communications Program Ltd.

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[@CHEAM_FN](https://twitter.com/CHEAM_FN)

HEALING TAKES TIME

ASKING FOR HELP IS A COURAGEOUS STEP

If you're struggling to stay grounded, want support or just need someone to chat with, there are many First Nations resources and people ready to provide support that is easy to access, free, safe and secure.



Indian Residential School Survivors Society (IRSSS)

IRSSS helps support youth throughout the province who are dealing with trauma and seeking support in their healing.

1-800-721-0066 | reception@irsss.ca



Foundry BC

Provides young people with health and wellness resources, services and supports across BC.

1-800-668-6868 | info@foundrybc.ca



Tsow-Tun Le Lum

Provides confidential outreach services, such as counselling and cultural support.

1-888-403-3123 | info@tsowtunlelum.org



First Nations Health Authority
Health through wellness

First Nations Virtual Doctor of the Day

Enables First Nations people in BC with limited or no access to their own doctors to make virtual appointments.

1-855-344-3800



KUU-US Crisis Line Society

24/7 First Nations and Indigenous specific crisis line, toll-free from anywhere in BC, specifically for children and youth.

250-723-2040





First Nations Health Authority
Health through wellness

First Nations Health Benefit Program

The First Nations Health Benefit (FNHB) Program covers specific medically necessary items, services, and travel that support First Nations peoples' health and wellness needs. The program is administered through partnerships with Pacific Blue Cross and PharmaCare.

Eligibility

The FNHB Program is available to First Nations people with Indian status who live in BC and infants (up to 24 months) of an eligible parent. To access the benefits and coverage under the Health Benefits Program, First Nations people must first enroll in the program. Please call 1-855-550-5454 or visit fnha.ca/benefits/eligibility for more information on how to enroll.

Health Benefits Coverage

The FNHB Program covers six benefit areas:



DENTAL

The Dental benefit provides coverage for items and services to maintain good oral health, prevent cavities, gum disease, and restore damaged tooth function. Some items and services covered under the dental benefit are bridges, crowns, exams and x-rays, fillings, and preventive services.



MEDICAL SUPPLIES AND EQUIPMENT

The Medical Supplies and Equipment (MS&E) benefit provides coverage for items and services needed in the short or long-term to support health and wellness. Some items and services covered under the MS&E benefit are bathing and toileting aids, hearing aids and repairs, limb and body orthotics, ostomy supplies, walking aids, and wheelchairs.



MEDICAL TRANSPORTATION

The Medical Transportation (MT) benefit assists with the cost of meals, accommodation, and transportation towards travel for a medical appointment outside your community of residence. The MT benefit may also cover travel escorts under certain conditions.





MENTAL HEALTH

The Mental Health benefit covers in-person and virtual counselling services from a qualified mental health provider registered with the FNHB. Coverage is available for Mental Health counselling from four programs. The Mental Wellness and Counselling program is for Status First Nations individuals, while the Indian Day Schools Health Support Program, Indian Residential School Resolution Health Support Program, and Missing and Murdered Indigenous Women and Girls Health Support Services are available to both status and non-status individuals. Talk to your Mental Health Provider to determine the appropriate program for you.



PHARMACY

The Pharmacy benefit, administered mainly through Plan Wellness (Plan W), provides coverage for medications and items that support First Nations people on their wellness journeys. The Pharmacy benefit covers specific prescription drugs, over-the-counter drugs, non-drug over-the-counter items, and Shingrix® vaccine. Please call 1-855-550-5454 to enroll in Plan W.

In addition to Plan W, the provincial agencies, including the BC Cancer Agency, BC Transplant, BC Renal Agency, and the BC Centre for Excellence in HIV/AIDS, provide specialty pharmacy items to all BC residents living with specific illnesses or conditions.



VISION CARE

The Vision Care benefit provides coverage for items and services to ensure proper eye health and support access to preventative care. The benefit covers eye exams, sight tests, prescription eyewear and repairs.

OTHER COVERAGE

BC Medical Services Plan (MSP)

The FNHB manages MSP for First Nations people in BC. If you have status and need to register for MSP, call 1-855-550-5454.

Ambulance Bills

The FNHB covers the cost of ambulance transport to a hospital in an emergency situation and from a lower level care facility to a higher level care facility (e.g., long-term care home to a hospital).

View Your Plan Details

To check details about your coverage for dental, vision, medical supplies, and mental health, please create an online PBC Member Profile on www.pac.bluecross.ca or download the PBC app on your smartphone or tablet. The PBC Member Profile offers convenient and secure access to detailed information about your benefits coverage 24 hours a day.

Please call Health Benefits at 1-855-550-5454, email healthbenefits@fnha.ca or visit fnha.ca/benefits to learn more about the First Nations Health Benefits program and benefit coverages.



First Nations Health Authority
Health through wellness

Mental Health and Cultural Supports

TELEPHONE AND ONLINE SUPPORT

Virtual Substance Use and Psychiatry Service. A free, referral-based service for First Nations people in BC and their family members. Health care providers, including the [Virtual Doctor of the Day](#) program, can refer you to this service. Available Monday to Friday. [FNHA.ca/VirtualHealth](https://fnha.ca/VirtualHealth)

First Nations and Inuit Hope for Wellness Help Line and On-line Counselling Service offers mental health counselling and crisis intervention to Indigenous people across Canada.
Toll-Free: 1-855-242-3310
www.hopeforwellness.ca

Kids Help Phone is a 24/7 national support service offering professional counselling, information and referrals and volunteer-led, text-based support to youth.
1-800-668-6868 or text the word "connect" to 686868 to access text support.

KUU-US Crisis Services is available 24/7 to support Indigenous people in BC.
<https://www.kuu-uscrisisline.com/24-hour-crisis-line>
Toll-Free: 1-800-KUU-US17 (1-800-588-8717)
Adult/Elder: 1-250-723-4050
Child/Youth: 1-250-723-2040

National Indian Residential School Crisis Line supports former Residential School students. The crisis line provides emotional and crisis services 24/7.
Toll-Free: 1-866-925-4419

Provincial Alcohol and Drug Information Referral Service provides free referral services to support with any kind of substance use issue (alcohol or other drugs).
Toll-free: 1-800-663-1441
Lower Mainland: 604-660-9382

Foundry: health and wellness supports, services and resources for young people ages 12 – 24 and their caregivers. No referral or assessment required. In-person: <https://foundrybc.ca/find-a-centre/>
Virtual: <https://foundrybc.ca/virtual/>

FNHA MENTAL WELLNESS AND COUNSELLING SUPPORT THROUGH HEALTH BENEFITS

Health Benefits provides access to mental wellness and counselling services. All services require prior approval. A list of providers registered with Health Benefits can be found on the [Provider List](#) or by contacting:
1-855-550-5454.

INDIAN RESIDENTIAL SCHOOL RESOLUTION HEALTH SUPPORT PROGRAM PROVIDERS (IRS RHSP)

Adah Dene Cultural Healing Camp Society
Margo Sagalon: 250-996-3813
Admin.elders@telus.net
Tracey Charlebois: 250-996-1475
Nakazdlieelders@telus.net

Carrier Sekani Family Services
For Vanderhoof: Catherine Lessard: 250-567-2900 or Toll-free: 1-800-889-6855
For Prince George: Rhonda Hourie or Cheryl Thomas: 778-675-0419

Gitanyow Human Services
Wanda Good: 250-849-5651
Wanda.e.good@gmail.com

Gitxsan Health Society
Martha Wilson: 250-842-6876

Nuu Chah Nulth Tribal Council
Vina Robinson: 1-250-724-3939
vina.robinson@nuuchahnulth.org
Daily Elliott: 250-720-1736

Indian Residential School Survivors Society
Carol Stegman: 604-985-4464 or
Toll-free: 1-800-721-0066

Okanagan Nation Alliance
Toll-free: 1-866-662-9609

Tsow-Tun-Le-Lum Society
Toll-free: 1-888-590-3123

FNHA TREATMENT AND HEALING CENTRES

During the pandemic, Round Lake Treatment Centre and Gya'waa'Tlaab House of Purification are maintaining a live-in treatment program with additional precautions taken to abide by physical distancing and associated safety requirements. Most treatment centres have moved to providing virtual support to individuals and families.

Carrier Sekani Family Services
Call: 250-567-2900 or
Toll-free: 1-800-889-6855
and ask for an ARP Team member
Email: rjohn@csfs.org

Kackaamin Family Development Centre
Call: 250-723-7789 or
Toll-free: 1-833-205-6946

Namgis Treatment Centre
Call: 250-974-8015 or
Toll-free: 1-888-962-6447 Ext. 2141

Nenqayni Wellness Centre
Call: 250-989-0301 or
Toll-free: 1-888-668-4245

North Wind Wellness Centre
Call: 250-843-6977 or
Toll-free: 1-888-698-4333

Telmexw Awtextw (Sts'ailes First Nations)
Call: 604-796-9829

Tsow Tun Le Lum
Call: 250-268-2463 or
Toll-free: 1-888-590-3123

Wilp Si'Satxw Healing Centre
Call: 778-202-0162, 778-202-1349 or
Toll-free: 1-877-849-5211

All information in this document is accurate as of September, 2022.

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QWÍ:QWÉLSTÓM

MEN'S RESPECTFUL RELATIONSHIPS

TUESDAYS

SEPT 12TH-NOV 14TH 2023

TIME: 1:30 PM-3:00 PM

Respectful Relationships is a 10 week Men's program. It offers information on how behavior affects our relationships.

**Gain skills to
communicate
as our Elders
would say "In
a good way"**

- **Respect**
- **Honour**
- **Connection**

**Graduation
Ceremony with
Certificate**

**TO REGISTER CALL:
HEATHER WALKER
(604) 798-3328**



FIND US ONLINE:

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Chilliwack Public Health Drop-In Immunization Clinics

No Appointments Necessary. Ages <19 years old.



Chilliwack Health Unit

45470 Menholm Rd, Chilliwack

Every Tuesday & Thursday

2:30 – 5:30 PM

Gateway for Families – Central Elementary Community School

9435 Young Rd, Chilliwack – The Family Place door

The first Wednesday of every month

10:00 AM – 3:00 PM

Booked appointments also available Monday-Sunday at the Health Unit. Please call 604-702-4900.



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YOUTH PROGRAMS/OPPORTUNITIES

FRASER RIVER INDIGENOUS SOCIETY

Story Blanket

JOIN US THIS FALL

Family Drop-in Program for children 0-6 yrs, emphasizing Indigenous teachings like the Medicine Wheel & Seven Sacred Teachings. Inclusive of parents, and caregivers. Featuring play, arts, storytelling, and elder guidance.

Supported by Fraser River Indigenous Society
AIDP/ASCD Consultants.

Mondays @ FRIS

Second Floor, 11830 223 St. Maple Ridge

10am to 11:30 am

Sept 25 - Dec 11, 2023

Tue & Wed's @ Albion Community Ctr

24165 104 Ave, Maple Ridge

11 am to 1 pm

Sept 19 - Dec 13, 2023

Fridays @ Pitt Meadows Rec Ctr

12027 Harris Rd, Pitt Meadows

10 am - 12 pm

Sept 15 - Dec 15, 2023



Fraser River Indigenous Society



604-458-0151



storyblanket@frisociety.ca



<https://www.frisociety.ca/>



Apply for \$250



BURSARY

Who is eligible?
Indigenous youth age 15 to 30 needing
financial assistance in the areas of sport,
education, and culture.

apply now at www.indigifund.com

Deadline to apply is November 15th



FIRST PEOPLES'
CULTURAL COUNCIL

Holiday Card Contest

INDIGENOUS ARTISTS IN B.C. AGES 5-12

Submit your
artwork by **Nov. 17**

Top 4 submissions will
receive a **\$150 gift card** and
have their artwork featured
on a FPCC Holiday Card!

Visit fpcc.ca/holidaycardcontest for more info!

CULTURAL NIGHTS



**Come out & learn:
Powwow Dancing
Singing
Regalia Making
& More!**

**Every Thursday
Starting September 14
6:00 - 8:00 pm
Small gym**

46363 Yale Road, Chilliwack, BC

**CHILLIWACK SECONDARY SCHOOL
INDIGENOUS DEPARTMENT**

FIND US ONLINE:



ARE YOU A **FIRST NATION, METIS, OR INUIT** YOUTH (AGES 18 TO 29) LIVING IN CANADA? WE WANT TO HEAR FROM **YOU!**

Canadian Roots Exchange (CRE) is launching a coast-to-coast-to-coast survey that seeks to better understand how Indigenous youth envision their own **empowerment** and **futures**.

To learn more about this research project visit www.canadianroots.ca



Take the survey!

\$50 honorarium will be given to the first **1000 Indigenous youth** who fill out the survey!

canadianroots.ca/indigenous-youth-reconciliation-barometer-2-0/

Survey closes **December 31, 2023**



INDIGENOUS YOUTH RECONCILIATION BAROMETER 2.0 SURVEY



A:Imelhawtxw Head Start Program



Play



Explore



Learn

We offer programming for Indigenous Families and their children ages 0-5 years old. Caregivers and expectant parents are always welcome. We provide early learning services such as: Preschool, family program, circle time, storytelling, arts and crafts, social networking, guest speakers, parent workshops, outdoor and gym time.



**PLEASE CALL
FOR MORE
INFORMATION
604-824-6505**

**Every Tuesday & Thursday
9am-12:00am
When: Programming Starting
October 3/2023
Where: Stó:lō Service Agency
Building #9 - 7201 Vedder Rd**

FIND US ONLINE:



EMPLOYMENT OPPORTUNITIES

WorkBC

Work BC - Aggasiz/Kent 64
7086 Pioneer Avenue
Agassiz, BC, V0M 1A0
604-796-0266
centre-agassiz@workbc.ca
<http://workbccentre-agassiz.c>



WorkBC Skills Enhancement

People in part-time, seasonal, or casual work and people without employment can access WorkBC skills training programs and the financial help needed while in training.

Apply today!

Canada  This program is funded by the Government of Canada and the Province of British Columbia.

Work BC - Hope 162
895 3rd Avenue
Hope, BC, V0X 1L0
604-869-2279
centre-hope@workbc.ca
<http://workbccentre-hope.ca>

Work BC - Chilliwack 668
200 - 45905 Yale Road
Chilliwack, BC, V2P 2M6
778-860-5452
centre-chilliwack@workbc.ca
<http://workbccentre-chilliwack.ca>



Fraser Valley Regional District

4h · 

We're hiring a Human Resources Administrator to join our dedicated Corporate Services team in this full-time, exempt position that offers a competitive salary and a full range of benefits. If you have a passion for public service and want to make a difference in the lives of Fraser Valley residents and FVRD employees, apply by November 23. See the full job description: fvr.ca/careers

COME WORK WITH US

Apply today at fvr.ca/careers



SASET Outreach Services **on-site at Cheam First Nation** **Every Friday from 9:30am to 3:00pm**

Who are we?

We provide Indigenous Employment and Training Services to First Nation working age population in the Fraser Valley Catchment area.

Who do we serve?

If you are an Indigenous person and are either the following:

- Is un-under employed
- Student
- Employed but unable to meeting basic living requirements
- Resides in SASET's catchment area (Langley to Boston Bar and throughout the Fraser Valley; or with 3 communities in the Head of the Lakes)

Outreach Employment Services:

Employment and Career Counselling
Resumes and Cover Letters
Education and training information
Computer with internet access
Job postings
Employment Readiness
Career Planning/Decision Making
Labour Market Information

Scholarships, Grants and Bursary information
Job Search assistance
Applying online
Employability workshops
Basic Computer Skills Workshops
And much more

Lucinda Louie, Employment Counsellor

Phone or text: 778-684-1464 or email: Lucinda.Louie@saset.ca

Or email: info@saset.ca

See our website for more information at www.saset.ca



Stó:lō Service Agency - Human Resource Office

Building #8A - 7201 Vedder Road

Chilliwack, BC V2R 4G5

October 13, 2023

Licensed Practical Nurse (LPN) Maternity Coverage

(EXTERNAL)

Stó:lō Service Agency (SSA) requires the services of a qualified Licensed Practical Nurse (LPN) to fill a vacancy with the **Stó:lō Elder's Lodge (SEL)** and the Health Team. This position will work with both the SEL and the Home and Community Care Team (in community).

Working within a multidisciplinary health team, the LPN will provide support which is client specific and will help promote community and family health. The LPN practices in accordance with the standards (both professional and practice) and the Code of Ethics set out by the British Columbia College of Nurses and Midwives (BCCNM). Practice is also aligned with the vision, mission, goals, and values of the SSA.

Care is provided in a "Good Way" with respect to cultural safety and cultural practices, is family-centered and emphasizes the promotion of healthy living and the prevention and treatment of disease through connection to other supports.

REQUIREMENTS:

LPN duties within an Assisted Living Facility:

- Participates in developing a Wellness Plan with the tenant and family and the Case Manager.
- Administers prescribed medications and treatments including Oral, PRN, oral narcotics, and subcutaneous insulin.
- Provides ongoing assessment of a tenant and communicates regularly with rest of the team regarding health status.
- Leads the staff in carrying out the Wellness Plan for the tenant.

LPN duties with Home and Community Care:

- Provides home visits to assess each client and create a Wellness Plan that is appropriate and addresses each client's unique and specific needs.
- Arranges for follow-up and support services to be part of the care team.
- Navigates other services and supports clients in their homes.

QUALIFICATIONS:

- Graduation from an approved School of Nursing.
- Minimum of three (3) years recent related nursing experience in Eldercare / Homecare / Community Health, or an equivalent combination of education, training and experience is an asset.
- Current practicing registration with the British Columbia College of Nurses and Midwives (BCCNM).
- Proof of current CPR & AED certification.
- Completion of the Safe Food Handling Course is an asset.
- Completion of WHMIS.
- Knowledge of community and available resources and supports.
- Ability to build and maintain meaningful relationships with families and community resources.
- Excellent communication and interpersonal skills.
- Ability to work collaboratively within a team and with minimal supervision.
- Strong documentation and report writing practices.
- Strong time management, coordination, and ability to adapt.
- Basic computer and internet skills.
- Ability to follow applicable policy, procedures, codes of ethics and mission statements.
- Ability to accept individual uniqueness and respect diversity.
- Physically able to carry out the duties of the position.

Successful candidates will be required to provide the following if called in for an interview:

- Proof of education documentation
- SSA has implemented a mandatory COVID-19 vaccination policy, requiring all staff to be vaccinated.
- References: Three names and email addresses/phone numbers (including recent supervisors)
- Must hold and maintain a valid Class 5 BC Drivers' License
- Must successfully pass the required pre-employment RCMP Criminal records Check

SALARY RANGE:

\$30 per hour, commensurate with qualifications/experience.

TYPE OF POSITION:

Full-time Term with benefits, subject to 3-month probationary period

APPLICATIONS DEADLINE:

Until Filled

Candidates will be screened according to the qualifications/requirements. Interested candidates are required to submit a resume and covering letter. Please include position title on subject line. Send to:

SSA Personnel Department
Bldg. #8A, Floor #1 – 7201 Vedder Road
Chilliwack, BC V2R 4G5
Email: jobs@stolonation.bc.ca

For more information about this and other employment opportunities, visit www.stolonation.bc.ca

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.



October 13, 2023

SEL Licensed Practical Nurse (LPN)
(EXTERNAL)

Stó:lō Service Agency requires the services of a qualified Licensed Practical Nurse (LPN) to fill a vacancy within the Stó:lō Elder's Lodge.

Care is provided in a "Good Way" with respect to cultural safety and cultural practices, is family-centered and emphasizes the promotion of healthy living and the prevention and treatment of disease through connection to other supports. The LPN practices in accordance with the standards (both professional and practice) and the Code of Ethics set out by the British Columbia College of Nurses and Midwives (BCCNM). Practice is also aligned with the vision, mission, goals, and values of the Stó:lō Service Agency.

REQUIREMENTS:

- Ensure holistic care is provided with the understanding that "Doing our Work in a Good Way" requires one to follow the 7 spiritual laws of life: Health (Self-care), Humility, Happiness, Understanding, Forgiveness, Generations and Generosity.
- Ensure that the Assisted Living Health and Safety Standards are maintained, and policies and Procedures are followed.
- Ensure the environment provides minimum risk to residents and staff.
- Ensure the residents' rights of privacy and confidentiality are maintained, including handling and storage of confidential information.
- Participate in the development of a Wellness Plan or Personal Service Plan that includes ongoing participation by the resident and family and the Case Manager.
- Administer prescribed medications and treatments as outlined in the full scope of practice for LPNs.
- Provide ongoing physical, mental, spiritual, and emotional assessment of residents and advocate, coordinate, and facilitate connection with appropriate resources and services.
- Communicate all concerns and risks to Office Manager as well as other appropriate team members as directed.
- Perform active role in organizing admissions and discharges in coordination with the SEL Office Manager and the Fraser Health Authority Case Manager.
- Provide care related direction to the Assisted Living Workers, as well as overall supervision when Office Manager not on site.
- Performs other duties as assigned by the immediate Supervisor.

QUALIFICATIONS:

- Graduation from an approved Practical Nursing program with current license to practice in BC from the BCCNM.
- Completion of the following training is preferred: Food Safe, Footcare, Wound care, Advanced Care Planning, Palliative Care.
- Minimum of 3 years' experience in health care, and further experience in leadership is desired.
- Understanding of ongoing education and self-care needs, as well as the ability to support and develop these skills in others.
- Exceptional interpersonal skills including written and oral communication.
- Demonstrated ability to plan, implement and evaluate programs and activities.
- Physical abilities to carry out the job with minimum supervision.
- Valid Class 5 BC Drivers' License is preferred.
- Must be available for 12-hour workdays.
- Successful candidates will be required to provide the following if called in for an interview:
- Proof of education documentation
- References: Three names, emails or phone numbers (including recent supervisors)
- Must successfully pass the required pre-employment RCMP Criminal records Check
- Stó:lō Service Agency has implemented a mandatory COVID-19 vaccination policy, requiring all staff to be fully vaccinated.

SALARY RANGE:

\$30 per hour, based on qualifications/experience.

TYPE OF POSITION:

Full-time Term with benefits, subject to 3-month probationary period

APPLICATIONS DEADLINE:

Until Filled

Candidates will be screened according to the qualifications/requirements. Interested candidates are required to submit a resume and covering letter. Please include position title on subject line. Send to:

Sto:lo Service Agency Personnel Department
Bldg. #8A, Floor #2 – 7201 Vedder Road
Chilliwack, BC V2R 4G5
Email: jobs@stolonation.bc.ca

For more information about this and other employment opportunities, visit www.stolonation.bc.ca

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.



Stó:lō Service Agency - Human Resource Office

Building #8A - 7201 Vedder Road
Chilliwack, BC V2R 4G5

October 30, 2023

FULL-TIME EARLY CHILDHOOD EDUCATORS (EXTERNAL)

Stó:lō Service Agency (SSA), requires the services a **qualified Full-Time Early Childhood Educator (ECE)** to work within our **A:Imelhawtxw Early Education Centre** with the **Health Services Department**. Due to the growing demand for our Early Child Development Centre services, we are seeking energetic, passionate and dedicated ECE professionals to join our dynamic teams. The position(s) offers access to group benefit plans and paid professional development opportunities in a supported, caring and respectful environment.

The Early Childhood Educator will provide quality inclusive childcare programming, support and supervision for young children in a group or individual setting and performs other tasks as assigned and as so directed by the immediate supervisor.

This position reports to ECD Manager. The successful candidate will work out of the Chilliwack office.

QUALIFICATIONS/REQUIREMENTS:

- **A Valid Early Childhood Educator license to practice - IT, SN, ECE or ECA Certificate**
- **Infant Toddler and Special Needs certificate** is an asset
- Work experience providing childcare for children ages 0- 6 years of age is an asset
- Knowledge and understanding of Community Care and Assisted Living Act, Child Care Licensing Regulations
- Knowledge and understanding of the development of children and their mental, physical, social, emotional and spiritual needs
- Valid first Aid certificate
- Excellent communication skills both oral and written
- Demonstrates abilities to build strong relationships within the community and or other departments within the SSA
- Aptitude to work independently and with minimum supervision effectively
- Ability to maintain a healthy working relationship with staff, community representatives/members and representatives of other organizations. Including collaboration with other SSA programs and staff as required.
- Maintain the confidentiality guidelines of all records, materials and communications concerning clients, staff and SSA
- SSA has implemented a mandatory COVID-19 vaccination policy, requiring all staff to be fully vaccinated.
- **Successful candidates will be required to provide the following if screened in for an interview:**
 - Proof of education documentation
 - References: Three names , emails and phone numbers of recent supervisors/professors
 - Must possess reliable transportation
 - Must successfully pass the required pre-employment Criminal records check through the Province of BC

WAGE RANGE:

\$26.00 per hour. Based on education and license certification

TYPE OF POSITIONS:

Full-time Term Position **with benefits**, subject to 3-month probationary period and planned performance evaluations..

APPLICATIONS DEADLINE:

Open until December 1, 2023

Candidates will be screened according to the qualifications/requirements above. Please clearly indicate on your resume compliance with all indicated qualifications and requirements. Interested candidates are required to submit a resume and to indicate the job title position above on their covering letter in confidence to:

Stó:lō Service Agency Personnel Department
Bldg. #8A, Floor 1, 7201 Vedder Road
Chilliwack, BC V2R 4G5
Email: jobs@stolonation.bc.ca



PROJECT ARCHAEOLOGIST
(EXTERNAL)

Stó:lō Service Agency (SSA) requires the services of a qualified **Project Archaeologist** to fill a **Full-Time Position** with the **Stó:lō Research & Resource Management Centre (SRRMC)**. Pursuant to section 41 of the BC Human Rights Code, preference may be given to applicants of Aboriginal ancestry. Please self-identify on your cover letter or resume.

The Project Archaeologist will manage and conduct archaeological projects within S'óelh Téméxw - Stó:lō Traditional Territory, assist with the administration of the Stó:lō Heritage Policy, be involved in cross-cultural awareness initiatives, conduct research, and maintain databases.

This position reports to the Heritage Stewardship Manager. The successful candidate will work out of the Central (Chilliwack) office. Some travel may be required for this position.

QUALIFICATIONS/REQUIREMENTS:

- Minimum Bachelor's degree in Archaeology or Anthropology (with a focus in Archaeology).
- Field Director and Permit Holder status.
- Drug and alcohol testing required for specific projects.
- Strong organizational skills and a team player with a strong background and demonstrated skills in communications.
- Familiarity and understanding of Stó:lō and/or other First Nations' culture, traditions and history, a commitment to learning more about Stó:lō culture and history is essential.
- Knowledge of federal, provincial, and local governance policies/legislation related to heritage and First Nations.
- Knowledge of the Stó:lō Heritage Policy.
- Excellent physical health and physically fit for surveying in rough terrain, shovel testing, and excavation.
- Have proven ability to work on a variety of Windows computer programs including MS Word, Excel and Access.
- Familiarity with GIS is an asset.
- Should have Level One First Aid training.
- Comfortable with working independently and in a collaborative team environment.
- Ability to work under pressure and in an effective manner.
- Ability to maintain a healthy working relationship with staff, community representatives/members and representatives of other organizations.
- Must maintain the confidentiality guidelines of all records, materials and communications concerning clients, staff and SSA.
- Field experience with off-road vehicles is an asset.
- Belonging curation skills is an asset.

Successful candidates will be required to provide the following if screened in for an interview:

- Proof of education documentation
- References: Three names, emails and phone numbers of recent supervisors
- Must possess and maintain a valid Class 5 BC Drivers' License
- Must successfully pass the required pre-employment Criminal records Check
- SSA has implemented a mandatory COVID-19 vaccination policy, requiring all staff to be fully vaccinated

SALARY RANGE:

\$30.00 - \$40.00/hour dependent upon qualifications and experience

TYPE OF POSITION:

Full-time with a 3-month probationary period and planned performance evaluations.

APPLICATIONS DEADLINE:

Open Until 4pm, November 30, 2023

Candidates will be screened according to the qualifications/requirements. Interested candidates are required to submit a resume and covering letter. Please include position title on subject line. Send to:

Stó:lō Service Agency Personnel Department
Bldg. #8A – 7201 Vedder Road
Chilliwack, BC V2R 4G5
Email: jobs@stolonation.bc.ca

For more information about this and other employment opportunities, visit www.stolonation.bc.ca



Oct 24, 2023

Stó:lō Elders Lodge Cook
(INTERNAL/EXTERNAL)

Stó:lō Service Agency (SSA) requires the services of a qualified **Cook** to fill a vacancy within the **Stó:lō Elder's Lodge (SEL)**. In accordance with SSA's Vision, Mission and Values, under the direction of the SEL Manager or designate, and in collaboration as a member of the interdisciplinary team, provides care in a "Good Way".

This position includes duties and responsibilities surrounding the preparation, service and clean-up of lunch, dinner, and snacks to the residents of SEL. Responsibilities also include maintaining food production safety standards including temperature audits, food substitution lists and more. Participation in and contribution to menu planning, food ordering, and resident satisfaction and safety will be expected with the goal of continuous quality improvement.

REQUIREMENTS:

Food Planning, Preparation, and Service:

- Participate in menu planning and cooking schedule to produce food of optimum quality and nutritional value.
- Prepare lunch, dinner, and snacks according to the menu and standardized recipes.
- Serve food to residents in collaboration with other staff.

Food Supplies Purchasing, Inspections and Inventory:

- Order, receive and inspect deliveries of food and supplies, checking stock with invoices.
- Perform annual inventory of kitchen equipment and other supplies and ensure replenishment when necessary.

Food Safe Handling:

- Monitor food storage areas to ensure safe storage conditions and adhere to stock rotation procedures.
- Monitor and record freezers, fridges, and dishwasher temperature.
- Maintain sanitary conditions by routinely cleaning work areas and equipment, daily sanitation schedule and practice safe food handling techniques.
- Serve food and clean up after each meal, including washing dishes.

Other:

- Maintain a safe work environment.
- Ensure residents' rights of privacy and confidentiality are maintained.
- Read and understand relevant departmental and interdepartmental communication and support Assisted Living Workers in their work activities as required.
- Maintain a current knowledge of and comply with all facility policies and procedures.
- Get involved in the development of relationships with residents, resident's families, staff.
- Attend staff in-service and continuing education.
- Support holistic care that is provided with the understanding that "Doing our Work in a Good Way" requires one to follow the 7 spiritual laws of life: Health (Self-care), Humility, Happiness, Understanding, Forgiveness, Generations and Generosity.

QUALIFICATIONS / REQUIREMENTS:

- Completion of Food Safe with current certification.
- Minimum of 1 year experience as a cook is desired.
- Demonstrated ability to plan, implement and evaluate programs and activities.
- Physical abilities to carry out the job with minimum supervision.
- Proof of education documentation.
- References: Names and email addresses of three references (i.e., recent supervisors/managers)
- Criminal Record Check is required.
- SSA has implemented a mandatory COVID-19 vaccination policy, requiring all staff to be vaccinated.

SALARY RANGE:

\$21 per hour, based on qualifications/experience.

TYPE OF POSITION:

Full-time (4 days on 4 days off) Term with benefits, subject to 3-month probationary period.

APPLICATIONS DEADLINE:

November 16, 2023

Candidates will be screened according to the qualifications/requirements. **Interested candidates are required to submit a resume and covering letter.** Please include position title on subject line. Send to:

Sto:lo Service Agency Personnel Department
Bldg. #8A, Floor #1 – 7201 Vedder Road
Chilliwack, BC V2R 4G5
Email: jobs@stolonation.bc.ca

For more information about this and other employment opportunities, visit www.stolonation.bc.ca

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.



Stó:lō Service Agency - Human Resource Office

Building #8A-7201 Vedder Road
Chilliwack, BC V2R 4G5

October 23, 2023

ON-CALL FACILITY SUPPORT WORKER **(EXTERNAL)**

Stó:lō Service Agency (SSA) requires the services of a qualified **On-call Facility Support Worker (FSW)** to fill a vacancy with the **Operations Department** for after work hours.

The FSW will assist with cleaning and maintaining the interior and exterior of Stó:lō Nation buildings and property. The position will operate on an On-Call basis and will report to the Property and Capital Management Supervisor.

QUALIFICATIONS/REQUIREMENTS:

- Actual experience (minimum of 1 year) in any or all the tasks cited in the specific duties and responsibilities.
- Ability to move heavy items (30-50 lbs).
- Must possess and maintain a valid Class 5 BC Drivers' License.
- Have the physical ability to operate small machinery (industrial vacuum, rug cleaner, etc.).
- Have good attention to detail and ability to work quickly.
- Well-organized, able to deal with frequent interruptions and still get work done.
- Ability to maintain a healthy working relationship with staff.
- Maintain the confidentiality guidelines of all records, materials and communications concerning clients, staff and SSA.
- SSA has implemented a mandatory COVID-19 vaccination policy, requiring all staff to be fully vaccinated.

Successful candidates will be required to provide the following if screened in for an interview:

- Proof of education documentation
- References: Three names, emails, or phone numbers of recent supervisors
- Must successfully pass the required pre-employment Ministry of Public Safety and Solicitor General Check

SALARY RANGE: \$17.00 - \$20.00 per hour, based on qualifications/experience.
TYPE OF POSITION: On-Call position

APPLICATIONS DEADLINE:

November 16, 2023

Candidates will be screened according to the qualifications/requirements. **Interested candidates are required to submit a resume and covering letter.** Please include position title on subject line. Send to:

Stó:lō Service Agency Personnel Department
Bldg. #8A, Floor #1 – 7201 Vedder Road
Chilliwack, BC V2R 4G5
Email: jobs@stolonation.bc.ca
Fax: (604) 824-5342

For more information about this and other employment opportunities, visit www.stolonation.bc.ca

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.

We're Hiring!



FIRST PEOPLES'
CULTURAL COUNCIL

Executive Assistant

Visit fpcc.ca/employment for all job postings

MR. LUBE + TIRES



LOVE CARS



JOIN OUR TEAM



**GET PAID TO
LOVE CARS**

Now hiring Service Technicians.

Mr Lube offers a fun work environment, competitive wages and the best paid training and advancement program in the industry.

Role consists of:

- 70% customer service
- 30% mechanical duties

Be a big part of the reason our customers keep coming back!

Email resume to:
dave@mrlubechilliwack.com

45922 Yale Road West, Chilliwack, BC



The Assembly of First Nations

We Are Hiring!

**Strategic Advisor,
Research and Statistics**

Send in your application if you are interested.



*Visit afn.ca to find out more about
this role and other job openings.*



The Assembly of First Nations

We Are Hiring!

Director, Governance

Send in your application if you are interested



*Visit afn.ca to find out more about this
role and other job openings.*





British Columbia Assembly of First Nations

Opportunities

BC First Nations Centre of Excellence for Economic Development

1. Chief Finance Officer

The BCAFN has an exciting opportunity for a full-time Chief Finance Officer (CFO) to join our team at the British Columbia First Nations Centre of Excellence for Economic Development (CoE), based in Vancouver, BC (Hybrid work model available). Reporting to the Board of Directors, you will be primarily responsible for providing financial and accounting advice, direction, and leadership. This position will be open until filled. More details and apply: [Chief Finance Officer](#)

2. Economic Development Policy Analyst (Senior and Junior)

The BCAFN has an exciting opportunity for 2 full-time Economic Development Policy Analysts (Senior and Junior) to join our team at the British Columbia Assembly of First Nations, based in Vancouver or Prince George, BC (remote work model may be available for the right candidate). You will be responsible for assisting the Regional Chief, and the Chief of Staff and working with BCAFN Economic Development Department staff and contractors in carrying out the BCAFN sustainable economic development and fiscal relations strategies. This work will be undertaken in accordance with BCAFN's mission and vision statements and with direction provided by BCAFN Chiefs-in-Assembly and the BCAFN Board of Directors. This position will be open until filled. More details and apply: [Policy Analyst](#)

BC Assembly of First Nations

1. Policy Analyst

The BCAFN has an exciting opportunity for a full-time Policy Analyst to join our team at the British Columbia First Nations Centre Of Excellence For Economic Development (CoE), based in Vancouver, BC (Hybrid work model available). Reporting to the Senior Policy Analyst and the CEO, you will be primarily responsible for providing sustainable economic development and fiscal relations strategies. This position will be open until filled. More details and apply: [Economic Development Policy Analyst \(Senior and Junior\)](#)

Employment opportunities at the BCAFN - Join the team!
<https://www.bcafn.ca/about-bcafn/opportunities>

TRAINING OPPORTUNITIES



Canada

Indigenous Financial Management Apprenticeship Program

A comprehensive blend of education and hands-on experience, enabling apprentices to build essential skills for junior financial roles or to uplift financial literacy within their communities.

- ✓ Education
- ✓ On-the-job experience
- ✓ Mentorship

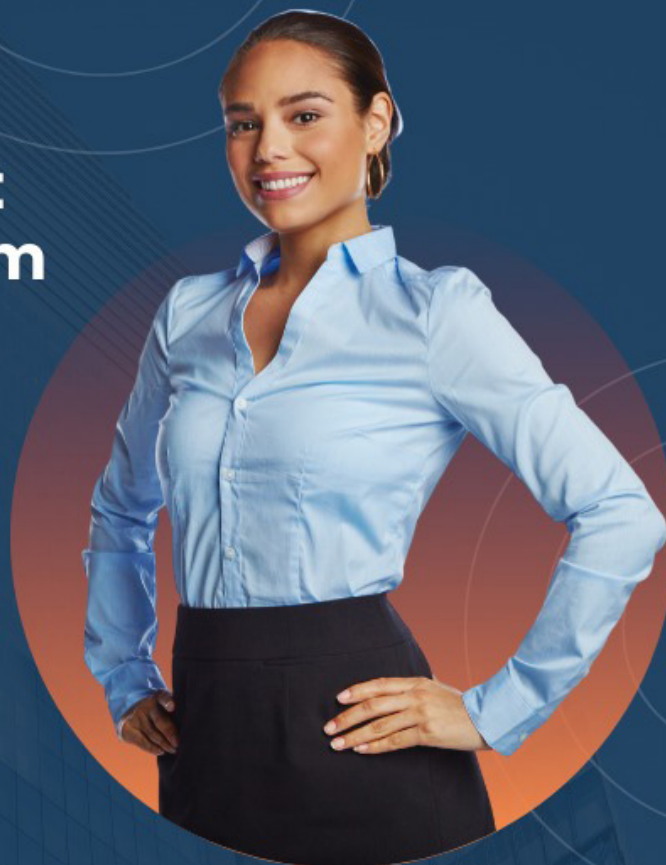
Deadline

October 25, 2023

Apply Now

For More Information

afoa.ca



Info session: E-Comm 9-1-1

E-Comm 9-1-1
Helping to Save Lives and Protect Property

**What does it take to be
a 9-1-1 operator?**

Join E-Comm 9-1-1 and ACCESS for an info session outlining the steps, application and education needed to work as a 9-1-1 operator in the lower mainland.

Friday, November 10th, 2023 at 10am

Email now to sign up!

smecas@accessfutures.com

Join the **STÓ:LŌ** BUSINESS DIRECTORY

This is a free business listing on the SCF website for businesses that are at least 51% Indigenous owned/controlled operating within the SCF service area, between Kwantlen First Nation and Yale First Nation, on both sides of the Fraser River!

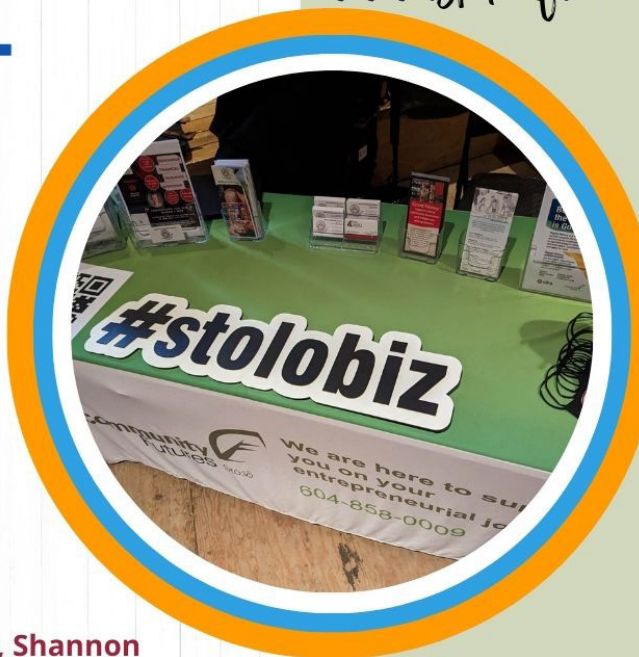


Community
Futures Stó:lō

www.stolocf.ca

Your free listing can include:

- Business contact information
- Link to website/social media
- Description of services
- Pictures and videos



Contact SCF Business Analyst, Shannon Smith, at 604-824-5278 or by email ssmith@stolocf.ca | www.stolocf.ca



Vancity

Small Business Startup

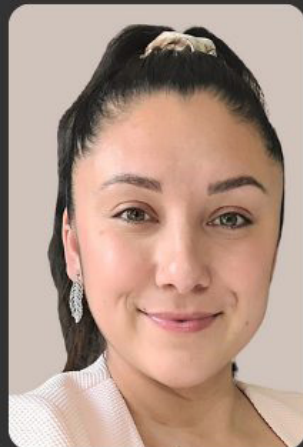
WANTING TO START A SMALL BUSINESS?

HERE IS A WORKSHOP PERFECT FOR YOU!



HERE ARE THE TOPICS THAT WILL BE COVERED:

- Are you ready to start a business
- Building a better business plan
- Make the most of your money
- Plan a cash flow
- 10 things a lender looks for
- Key to market research
- Connecting with customers
- Maintain work life balance



DATE: WEDNESDAY, NOVEMBER 29TH 2023

TIME: 9:00AM - 3:00PM

LOCATION: BUILDING 10 -7201 VEDDER RD, CHILLIWACK, BC

TO REGISTER

CALL 604-858-0009 OR
EMAIL BHILL@STOLOCF.CA

FREE WORKSHOP!

FREE

SNACK & LUNCH!

DOOR PRIZES



Get Trained **GET PAID!**

Complete the no-cost online driver training program to earn your digital completion certificate **PLUS** an attractive Thank You honorarium!

ASK US HOW!

Contact info@saset.ca





Sto:lo Aboriginal Skills & Employment Training
is pleased to offer the:

Culinary Arts

Pre-Trade Program

Starts January 8th, 2024



Are you an Indigenous individual
residing in the SASET catchment
area who has an interest in the
cooking profession?

If so, contact a SASET employment
counsellor to book an appointment
and complete the application package.

CONTACT US TODAY!

604-858-3691 Fax: 604-858-3528

Toll Free (BC): 1-888-845-4455



www.saset.ca



<https://www.facebook.com/SASET.EAS>



5579 Tyson Rd, Chilliwack,
BC V2R 0H9

Program Includes:

- ◇ Certificates: FoodSafe, First Aid level 1, WHMIS, WCB Awareness
- ◇ Occupational Skills
- ◇ Stocks, soups and sauces
- ◇ Vegetables and fruits
- ◇ Starches
- ◇ Meats
- ◇ Poultry
- ◇ Seafood
- ◇ Garde-mange
- ◇ Eggs, breakfast cookery and dairy
- ◇ Baked good, desserts and beverages
- ◇ Basic kitchen management
- ◇ Two week practicum placement



Canada

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Minute Taking & Microsoft Office WORD & EXCEL WORKSHOPS

Nov 2023 Dates TBA
9:00am—12:00pm

Training will take place ONLINE—Various days **



Are you an Indigenous Person who:

- Has an interest in learning more about Microsoft Office
- Resides in our service area (Katzie to Boston Bar)

If so... we are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with an Employment Counselor!

SASET FULLTIME EAS OFFICES:

SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET—Sts'ailes Office
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office
2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865



Canada

Sto:lo Aboriginal Skills & Employment Training is pleased to offer:

EMPLOYMENT PREP TRAINING

NOVEMBER 20—30, 2023

Are you an Indigenous individual who:

- Is un- or under employed
- Resides in SASET's catchment area
- Is willing to commit to a 2 week full-time certificate training program

If so... we are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with your Employment Counsellor!

Training will take place on-site at Sto:lo Nation

Building 5B, 7201 Vedder Rd

Chilliwack, BC

Monday to Friday

8:30 AM TO 3:30 PM



www.facebook.com/SASET.EAS

COURSE INCLUDES

- **First Aid Level 1**
- **WHMIS**
- **Skid Steer**
- **Aerial Lifts**
- **Forklift**
- **Food Safe**
- **Fall Protection**
- **And more!**

LUNCH, TRANSPORTATION
ASSISTANCE AND
SAFETY GEAR PROVIDED!



www.saset.ca

TO APPLY PLEASE CONTACT SASET:

SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET— Sts'ailes Office
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office
2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865



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Sto:lo Aboriginal Skills & Employment Training is pleased to offer:

WAREHOUSE TRAINING

TBA

Canada 

If you are an Indigenous individual who:

- **Is un- or under employed**
- **Resides in SASET's catchment area**
- **Is willing to commit to a 2 week full-time program**

If so... we are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with your Employment Counsellor!

**Training will take place at
SASET Chilliwack Office
5B—7201 Vedder Rd**

**Monday to Friday
8:30am to 4pm**

COURSE INCLUDES

- First Aid
- WHMIS
- Scissor Lift
- Genie Boom Lift
- Forklift Training
- Power Pallet Jack
- Confined Space
- Fall Protection
- Scaffold & Ladder Safety
- Respiratory Protection
- And More!!!

**LUNCH AND
SAFETY GEAR PROVIDED!**



info@saset.ca



www.facebook.com/SASET.EAS



TO APPLY PLEASE CONTACT SASET:

SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET—Sts'ailes Office
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office
2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865

FIND US ONLINE:





INDIGENOUS PUBLIC HEALTH TRAINING (IPH) PROGRAM

Accepting applications Nov 1st!

February 2024 in person at UBC

The courses for the IPH winter Institute are:

- Mental Health in Indigenous Communities (SPPH 587 1.5 credits / non-credit)
- Introduction to Quantitative and Qualitative Research in Indigenous Health (SPPH 588 1.5 credits/non-credit)

- Application deadline: Nov 30th
- Scholarships are available
- Got questions? Email: olivia.baptiste@ubc.ca

Apply online: health.indigenous.ubc.ca



Upcoming ACCESS Program

Start your journey to a new career.

Piping Foundations Program

- 8 Week Essential Skills
 - 20 Week Technical Training
 - Work Placement Available
 - For Indigenous Peoples - Status, Non-Status, Métis and Inuit
- WHEN: January 8th - July 26th, 2024

Enroll by January 3rd, 2024

Call Today!
604-251-7955



BladeRunners

Work in Construction!

2-week Fully Funded entry-level construction training for Youth 18-30 with a valid SIN.

Guaranteed Job

- **\$200** in employment bonuses
- **\$100** food vouchers when you start a new job
- **\$775** in workgear and tools
- Hot breakfast and lunch everyday during training

NEXT PROGRAM RUNS:
November 6-17, 2023



GET IN TOUCH WITH US TODAY!



604-688-9116



bladerunners@accessfutures.com



www.facebook.com/BladerunnersVancouver

Office Hours: Monday - Friday, 8:30 am - 4 pm

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Funding provided by the Government of Canada through the Canada-British Columbia Job Fund.

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[@CHEAM_FN](https://twitter.com/CHEAM_FN)

TUESDAY TRAINING FALL 2023

All sessions start at 11 and close at noon, unless otherwise specified.
 All sessions are held at the Neighbourhood Learning Centre 46361 Yale Road
 When available, Traditional Wellness Mentor Muriel Victor will do a brief teaching

- September 5 Dr. Lees – Brief introduction to solution focussed counselling
- September 12 Mary Anna Ennis – Youth Suicide Risk Assessment (11 to 12:30)
- September 19 Shannon White -- Early Psychosis Program
- September 26 Lianne Radmore- Goal Attainment
- October 3 Tracey Tantrum Aboriginal Child & Youth Mental Health Program
- October 10 Jae Yoo Child and Youth Mental Health
- October 17 Jackie Oldhaver Gender 101
- October 24 PCRS - Addiction Treatment Services in Chilliwack
- October 31 Gracie Kelly Intro to Cultural Competence with Indigenous Clients
- November 7 Catherine Drennan, Trauma and the CCI program
- November 14 Ali Bursher Making a Good Ending: The Ulysses Agreement
- November 21 Alyson King, Drumming as a Therapeutic Tool
- November 28 Rosemarie Fabijan, Adult Mental Health Program.
- December 5 Dr. Madill & Tam Shulz Eating Disorders

46361 Yale Rd, Chilliwack, BC V2P 2P8

 /chilliwackyhyc www.chilliwackyhyc.com

Social Assistance Cheque Schedule 2023

Cheque	Renewals Due By:	Ck. Release Date	Mid-Month 2
January 2023	December 15, 2022	December 21, 2022	January 14, 2023
February 2023	January 14, 2023	February 1, 2023	February 15, 2023
March 2023	February 15, 2023	March 1, 2023	March 15, 2023
April 2023	March 15, 2023	March 31, 2023	April 14, 2023
May 2023	April 14, 2023	May 1, 2023	May 15, 2023
June 2023	May 13, 2023	June 1, 2023	June 15, 2023
July 2023	June 15, 2023	June 30, 2023	July 14, 2023
August 2023	July 15, 2023	August 1, 2023	August 15, 2023
September 2023	August 15, 2023	September 1, 2023	September 15, 2023
October 2023	September 15, 2023	September 28, 2023	October 13, 2023
November 2023	October 14, 2023	November 1, 2023	November 15, 2023
December 2023	November 14, 2023	December 1, 2023	December 15, 2023



FLASHBACK PHOTOS



The Grand Opening of the Cheam Fruit Stand at the highway where Cheam Cannabis now stands. They fed over 500 guests a salmon BBQ on that day to celebrate.

It was a partnership between Rick Quipp, Francine & Darwin Douglas, & Wendy Kelly.

They employed locals to both run the stand and to travel to the Okanagan for the fruit.



Todd Wood and son Levi Douglas Hunting.



Cheam kids (now all grown up;) learning how to fly fish from Uncle Art Aleck seen in the background.



Feel free to submit your own photos with writeups to Harmony at the Band Office or communications@cheamband.com.