



XWCHÍYÒ:M

CHEAM FIRST NATION

COMMUNITY NEWSLETTER: NOVEMBER 17, 2023



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XWECHİYOM XWEXWILMEXW SXWE EYELH

Kwetskwetsmet lis cha xwal letse sqwalewels ye xwe chiyom Xwexwilmexw;

Xw' eyehls cha ye mekw' wat ite xwech' l yom qesu texw eweta o kw'e tl' e met Te ewpi: I qaste qel sqoqe;

Temtames mami:yelhtel ya sq'eqotel qelu lam xwe xwe'eyelf iyolem kw'e o'hletem xwela Ye'mi cha

Temtames lis cha mekw yoyes ye alyem eweta Shxwlistexwes Te xwelitemelh Temtames chasu qexs a: li lalalem xwela kw'e mekw wates

Qas temtames cha xwe'eyems Te temexws qasu ey xwela ye xwechiyom

CHEAM VISION STATEMENT

We the people of Cheam are committed to developing a united and harmonious community. We respect individual's diversity and promote a healthy, self-sufficient lifestyle. We need one another and value one another's views. In appreciation of our uniqueness, we foster mental, physical, emotional and spiritual wellbeing. In doing so, we strive to build pride, dignity and respect amongst our people.



ADMINISTRATION NOTICES/UPDATES

DATES TO NOTE:

November 21	Cheam Elder's Meeting & Lunch
November 28	Cheam Regular Council Meetings
December 1	Member Distribution 8:30am - 5:30pm (must bring a signed letter if picking up for someone else)
December 6	Cheam First Nation Election
December 3, 10, 17	<u>Trev's Market</u> @ Cheam
December 9	<u>Cheam Community Christmas Dinner</u> 4-7pm
December 12	Cheam Regular Council Meeting
December 21	Cheam Elder's Meeting & Lunch
December 22 - Jan 1	Band Office Winter Break Closure

NOTES FROM FINANCE



Electronic Funds Transfer (EFT) Forms

Our goal is to slowly move all members on to electronic payments so that things like distribution, catering, and other benefits can be deposited right into your bank account. We know it will take time to get everyone switched over, so we are getting started now with the goal of having the majority switched over within one year. You can go into your bank and ask for the EFT form, or can download it from your online banking. If you need help figuring out how to download the form from your online banking please let us know and we will assist you. All forms go to debbie.ormandy@cheamband.com or can be dropped off at the Band Office attention: Debbie. *Rest assured that your EFT information will only be accessed by authorized personnel involved in the payment processing system.*

We appreciate your assistance in helping us switch over to a much more efficient payment system.

Member Distribution is Coming

We want to remind all members that if you have active rental arrears the finance policy ([found here](#)) permits us to deduct 10% of your member distribution towards addressing these outstanding amounts. Further confirmation about the distribution cheque delivery date and details will be coming shortly.



Polling Notice For the Cheam First Nation General Election

Notice is hereby given to the electors of the Cheam First Nation that a poll will be held to elect one (1) Chief and FIVE (5) Councillors to the Council of the Cheam First Nation and will be held at the Cheam First Nation Administration Building located at 52161 Victor Drive, Rosedale, B.C. V0X 1X1, on the 6th day of December, 2023 from 9:00 AM until 8:00 PM (local time).

And that I will count the votes at the Cheam First Nation Administration Building located at 52161 Victor Drive, Rosedale, B.C. on the 6th day of December 2023, immediately after the close of the poll and declare the results of the election.

Given under my hand at Rosedale, British Columbia, on October 24th, 2023.



F.P. Schiffner
Electoral Officer
Cheam First Nation
Cell: 604-786-2512
Toll Free: 1-800-813-2173
Email: fschiffner90@gmail.com



PROJECT UPDATES FROM COUNCIL

Cheam Beach - Bank Erosion and Stabilization Project (Phase 1)

During the spring of 2022, the Chief and Council began discussions on how to address the damage caused because of the Atmospheric River at Cheam Beach, the needed repairs to the road leading to the Beach and the upgrades needed to the Grand Chief Hielamacha Building. The following three-phase approach was developed.

Phase 1: Cheam Beach - Bank Erosion and Stabilization Project

In March of 2022, the Chief and Council and staff began to engage with the Ministries, EMCR, ISC and their contractors to develop a mitigation plan to address the damages from the 2021 Atmospheric River. Identified as one of the most urgent areas was Cheam Beach which saw a significant amount of erosion, sluffing, and sediment deposit due to the fast, high water. Under the Emergency Act, funding was secured through the Ministry of Environment and construction began to stop the erosion and sluffing by placing Rip Rap and concrete mats along the riverbank.

The work began in April of 2023 and was completed in June of 2023. As part of the approved plan, two boat launches were also included and completed to ensure sustained river access for the Community.

In September 2023 Timbro brought equipment down to Cheam Beach to attend to the beach stabilization project deficiencies. This included:

- Laying 50sq metres of additional concrete mats on the embankment to the right of the Grand Chief Hielamacha building
- Installing crush between the Rip Rap at the east boat launch
- Installing additional Rip Rap at the bottom right of the east boat launch
- Placing hydro seed on the concrete mats



Cheam Beach Road Repair & Grand Chief Hielamacha Building Renovation

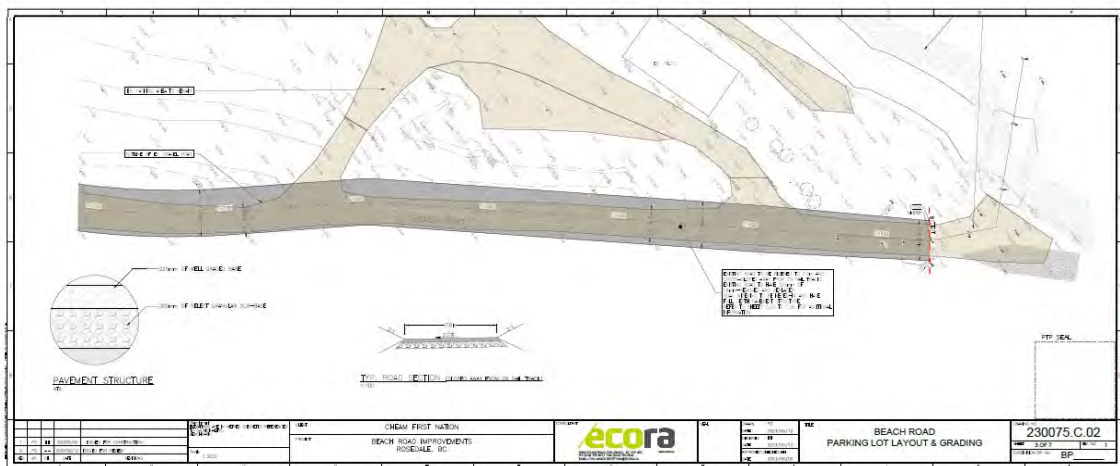
The Chief and Council supported submitting a funding application to the First Peoples' Cultural Council for widening/repairing Cheam Beach Road and for the renovation of the Grand Chief Hielamacha Building. With the funding approved, Ayelstexw Environmental was engaged to complete the geotechnical and design study of the road, Sq'ómet Contractors was awarded the contract to complete the road work and McQueen & Orsi Contracting was awarded the contract for the Grand Chief Hielamacha building revitalization.

Phase 2: Cheam Beach Road construction.

On July 31, 2023, Sq'ómet Contractors mobilized and commenced work which included but was not limited to:

- removing 10 trees and one stump,
- re-grading the road subgrade to a depth which eliminates all potholes,
- widening the road to 7 metres,
- compacting the surface after regrading and placing gravel along the entire length.

Jersey Barriers were also placed along the road edge adjacent to ponds and additional parking was created at the Beach. This work was completed on August 9, 2023.



Phase 3 of the project is the restoration of the Grand Chief Hielamacha Building

On August 9, 2023, McQueen & Orsi Construction mobilized their teams to complete the Grand Chief Hielamacha building revitalization. This scope of work included cutting out the existing posts and concrete, pouring new footings, installing new posts, removing and replacing the existing roof with new material, installing a fire vent, installing new end gables, milling the original posts into cedar planks to finish the end gables, painting the end gables and staining the posts. This work was completed on October 13, 2023

A big thank you to everyone for your support and patience while these projects were completed.





ANDREW VICTOR FOR CHEAM CHIEF VOTE DECEMBER 6, 2023

It has been an honour to serve Cheam and the Members for eight years on the Council. I have continued to learn that together we have strength like the mountain goat. The journey has not been easy, but we continue to work for progress. The Council and staff have been working hard. Building on the gifts and strength we have together, we have broken barriers and shared important successes.

- Required the Ministry of Transportation and Infrastructure to listen to Cheam's concerns with Highway 9 and the Agassiz-Rosedale Bridge to develop a plan for improvements, such as speed limit reduction, crosswalk with amber flashing lights, multi-use path for pedestrian/cyclist safety between Victor Dr and Yale Rd, and development of a traffic management plan during highway closures.
- Ceremony for signing the Memorandum of Understanding with Fraser Health and FNHA that provides culturally safe overdose prevention services, culturally safe substance use monitoring, and referrals to other services. This is the first witnessed consumption service to be driven by and located within a First Nations community in BC.
- Updated the finance policies and working towards implementing a Financial Administration Law.
- Council allocated own-source revenue to the Cheam Longhouse addition for the kitchen and bathrooms.

We have continued to address obstacles and worked to make progress.

- Address the Province's failure to protect and rehabilitate Cheam's cultural infrastructure (i.e., fishing sites) after the 2021 Atmospheric River Event and annual freshet from woody debris, sediment, and erosion. The Province is open to Cheam developing a plan for rehabilitating fishing sites, including gravel and sediment extraction.
- Engaged CN Rail to address the severe impacts to the Cheam Cemetery. CN Rail is committed to work with Cheam to implement solutions.
- Negotiating an Accommodation Agreement with the Ministry of Transportation and Infrastructure for the Agassiz-Rosedale Bridge that avoids/mitigates impacts to Cheam and provides employment and contracting opportunities.
- Received direction from Pelólxw Members to develop Pelólxw Fishing Plans and a stewardship framework from Jones Hill to Chilliwack River to Harrison Lake. Collaborating with the Pelólxw Tribe in standing up a Pelólxw Fishers Committee.

The work is ongoing. There is great potential for progress as we work together.

I appreciate that the All Candidates Forum was cancelled out of respect for our grieving families. The following are my brief responses to the questions provided by the Cheam Elders for the Forum.

How much time can you commit to Chief and Council meetings and duties?

The role of Chief is a full-time responsibility. As such I have committed 100% to the role and responsibility as Chief in a full-time capacity as I meet with Members, attend Council meetings, and fulfill the many related duties. My family has been understanding and supportive of me as they recognize the time commitments that are included in serving Cheam and the Members in this role.



ANDREW VICTOR FOR CHEAM CHIEF

What would you recommend changing or implementing to avoid staff turnover?

There are a number of ways to review and address staff turnover. From a human resources perspective, employee retention focuses on hiring the right people, keeping compensation and benefits current, making opportunities for development and growth, and cultivating a respectful work environment.

From a Member's perspective, the human resources department must correctly implement cultural intelligence into its systems. Hiring and retaining the right people must prioritize the ability to understand and work within our cultural context (which is as important as qualifications). Qualifications without cultural intelligence turns the Band Office into the Department of Indian Affairs.

What industries would you recommend creating to promote member commerce, employment, business opportunities and how would these opportunities affect Band-owned land?

It is critical to Cheam's competitiveness and wellbeing to build relationships that will help our Members thrive economically. As such, we must open doors to provide diverse education, training, employment, and entrepreneurial opportunities wherever Cheam Members live, whether in community or away from home. We must have a robust and innovative plan to grow our economy that builds on the foundation of our entrepreneurial knowledge, promotes existing businesses and structures, and welcomes diverse pursuit of economic development. The Members must direct the development of Cheam's economic strategy for the current and future generations.

The Members must direct the development of a framework for economic reconciliation at the local, provincial, and national levels. Economic reconciliation must be done in a way that does not jeopardize our Rights and Title nor compromise our cultural teachings and values.

What are your priorities for Rights and Title?

Cheam has never ceded or surrendered title to our lands, rights to our resources, or authority to make decisions within our territory. Our way of life affirms our occupation and relationship to our territory. Cheam must work to protect and enhance our

strength of claim and jurisdiction with our relatives and neighbours at all levels.

In 2019, the Province passed the *Declaration on the Rights of Indigenous Peoples Act*. The Province will align its laws to achieve the objectives of the UN Declaration and do this work in consultation and co-operation with First Nations in BC. To reduce barriers to fully participate, the Province has dedicated \$200M to provide four-year funding for First Nations in BC to cover costs directly related to the work. Cheam has applied for the multi-year funding, which will be \$260,000 per year. Cheam should utilize these funds to protect our Rights and Title while we engage in the implementation of the UN Declaration provincially and federally. One of the key questions we need to address through this process is how Section 35 of the *Constitution Act, 1982* relates to the UN Declaration.

Regarding community health and wellness, what are your priorities and what changes, if any, would you like to see implemented?

We must recognize our authority in our governance of health and wellness services in our community, and redesign health programs and services to bring them closer to home as much as possible. We must increase our influence through decision-making and control at all levels.

Given the rising housing costs, increasing inflation, and the ongoing opioid crisis, Cheam must take a multipronged strategy to support Members in community and away from home, and explore ways to identify adequate funding.

Thank you for taking the time to review some brief responses to the questions. Please feel free to contact me if you would like to talk further about governance and administration. It would be a privilege to talk about our heart and vision for Cheam.

It has been a privilege to serve on Council for the past eight years. I would be honoured to continue to serve as Chief. I am dedicated to acting responsibly to help lift up the condition of the People. Together we have strength like the mountain goat to become the strong, independent, prosperous Community that we envision. May we journey together in a good way for Xwchíyò:m, for Tómiyeqw.

(C) 604-316-3784 | AMVICTOR@GMAIL.COM | FB.COM/AVICTOR



VOTE

STEPHANIE
FREDETTE
COUNCIL MEMBER

Xwchíyò:m

2023

Re-elect



LET'S CONTINUE THE JOURNEY TOGETHER! AS I SEEK RE-ELECTION AFTER OVERSEEING EDUCATION AND LAND MANAGEMENT PORTFOLIO. I'M GRATEFUL FOR THE COMMUNITY'S SUPPORT. OVER THE PAST FOUR YEARS, WE'VE GROWN TOGETHER. I HAVE GAINED INVALUABLE EXPERIENCE AND KNOWLEDGE I AM THANKFUL FOR THE LEADERS THAT ARE PRESENT AND ACTIVELY INVOLVED WITH COMMUNITY. I STRIVE TO CONTINUOUSLY REFLECT AND LEARN FROM MANY TEACHINGS ESPECIALLY TÓMIYEQW. I HAVE LEARNED TO HOLD IN DEEP CONSIDERATION THE IMPACT OF DECISIONS ON THE SEVEN GENERATIONS THAT CAME BEFORE US AND THE SEVEN GENERATIONS THAT WILL FOLLOW.

I'M DEEPLY GRATEFUL FOR THE TRUST THE COMMUNITY HAS SHOWN ME. I DO PROMISE THAT I WILL CONTINUE TO ASSIST WITH INDIVIDUAL NEEDS, COMMUNITY GATHERINGS, TAKING THE TIME TO REFLECT OR SIMPLY LEND A COMPASSIONATE EAR. I WILL BE THERE AND SUPPORT IN ANY MANNER I AM ABLE TO. I WILL CONTINUE TO ADVOCATE FOR COMMUNITY. MY GREATEST JOY LIES IN WITNESSING OUR COMMUNITY GROW STRONGER AND HEALTHIER. AS LONG AS I SEE OUR MEMBERS THRIVING, MY HAPPINESS KNOWS NO BOUNDS.

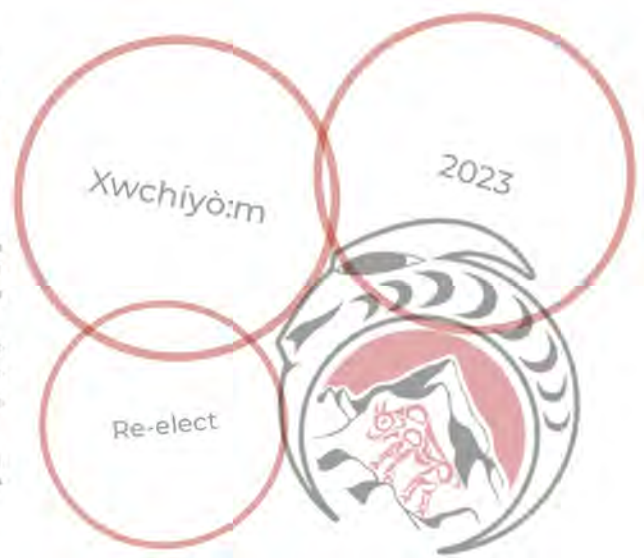
OUR COUNCIL IS DEEPLY INVOLVED IN DISCUSSIONS AND NEGOTIATIONS, WORKING TO PROTECT OUR ANCESTRAL RIGHTS AND PRESERVE OUR CULTURAL TITLES. MEETINGS WITH THE DEPUTY MINISTER OF TRANSPORTATION, ONGOING ENGAGEMENT WITH BC HYDRO, AND COLLABORATION WITH CN RAIL OUR COMMITMENT TO ENSURE OUR RIGHTS AND TITLES OVER OUR LANDS. DESPITE CHALLENGES, OUR COUNCIL STANDS FIRM, WORKING TIRELESSLY. WHILE PROGRESS MAY BE GRADUAL, THE WHEELS OF CHANGE ARE SLOWLY TURNING.

I WANT TO EXPRESS MY GRATITUDE TO CHIEF ANDREW VICTOR. HIS VALUES AND CONTINUOUS EFFORTS FOR THE BETTERMENT OF OUR COMMUNITY. I GENUINELY APPRECIATE CHIEF ANDREW VICTOR'S DEDICATION AS I WITNESS HIM WORK DAY AND NIGHT FOR OUR COMMUNITY. I'VE GROWN MUCH CONFIDENCE UNDER HIS LEADERSHIP, AND CHIEF VICTOR ENCOURAGES ME TO GROW.

I ALSO EXTEND MY THANKS TO RAY DOUGLAS. HIS PASSION TO CHANGE OUR COMMUNITY AND HIS ABILITY TO ASK CRITICAL QUESTIONS HAVE INSPIRED ME TO ASSERT AND VOICE OUR RIGHTS AND TITLES IN A GOOD WAY.

MEKW' TEL SQ'EQ'Ó

V O T E
S T E P H A N I E
F R E D E T T E
C O U N C I L M E M B E R



COMMUNITY EVENTS



*Invites
you*

Science and Stewardship of Salmon Watersheds in an Era of Climate Change

WEBINAR

**with Dr. Jonathan Moore, head of the Salmon
Watersheds Lab at Simon Fraser University**

Tuesday, Nov. 21 at 11 a.m.

[Register Here](#)



SAVE THE DATE

The Assembly of First Nations Virtual Cannabis Town Hall

Date: November 22, 2023

Time: 11:00 am – 3:00 pm ET.

Location: Online participation via Zoom

The Assembly of First Nations is organizing a Virtual Cannabis Town Hall to bring together First Nations peoples, leaders, and representatives from various fields such as health, economic development, legal and social development, and technical experts. The primary objective of this forum is to showcase the available supports and services for First Nations participation in the cannabis industry.

To register and for more information please visit www.afn.ca



Join Our Upcoming NETWORKING CIRCLES



#BeTheDRUM
Your Business, Our Focus

**LET'S GET
TOGETHER**



for a special networking event to make new community connections, explore peer mentorship opportunities, and develop professionally as an entrepreneur.

NOVEMBER 21

X

12 -1:30 PM EST

The **first 15** people to sign up will receive a complimentary gift!

Register today by emailing:

WORKSHOPS@NWAC.CA

Please include your choice of date and address to receive the mail-out package.

Limited to Indigenous women, girls, Two-Spirit, transgender and gender-diverse people.



Innovation, Science and
Economic Development Canada

Innovation, Sciences et
Développement économique Canada



4TH ANNUAL VIRTUAL WATER SUMMIT

SAVE THE DATE

A National Dialogue on Urgent and Emerging Water Issues Facing First Nations

November 22, 2023

11:00 a.m. – 4:00 p.m. ET – Virtual

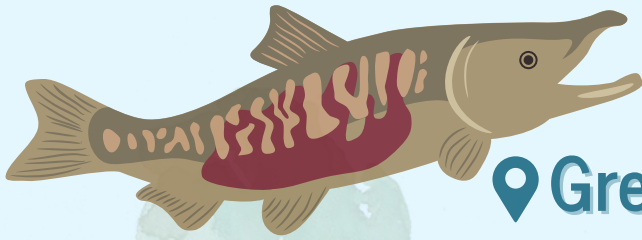
The Assembly of First Nations (AFN) is hosting the 2023 4th Annual Virtual Water Summit: *A National Dialogue on Urgent and Emerging Water Issues Facing First Nations* on November 22, 2023, from 11:00 a.m. to 4:00 p.m. ET. The purpose of this summit is to raise awareness and elevate a national dialogue on urgent and emerging water issues facing First Nations.

Topics include:

- Urgent drinking water advisories facing First Nations
- Threats to the provision of safe drinking water for First Nations
- New legislative developments on the protection of drinking water and wastewater

Please check the AFN website for updates at www.afn.ca.

For information or inquiries: water-eau@afn.ca.



Saturday, November 18th
📍 Great Blue Heron Nature Reserve

Salmon Celebration

Family-friendly activities from
10:00 - 4:00, including:



10:00 am - 4:00 pm: Gift Shop Open House at the Rotary Interpretive Centre

10:00 - 10:10 am: Welcome & Land Acknowledgement
📍 Outdoor Classroom

10:10 - 10:45 am: Drumming & Opening Talk about Salmon Habitat Restoration with Stó:lō Elder Eddie Gardner from Skwah First Nation
📍 Outdoor Classroom

11:00 am - 1:00 pm: "It's Not Just a Rock" Play Reading by Gracie Kelly & Jay Peachy - a story to acknowledge the importance of Indigenous teachings and our connection to the divine beauty of our natural surroundings.
📍 Art Classroom (limited to 30 people - lunch included - pre-register on our website)

12:00 am - 2:00 pm: Salmon Life Cycle and GBHNR Habitat Restoration Information Booth with Salmon biologist Matt Foy
📍 Salmon Spawning Stream

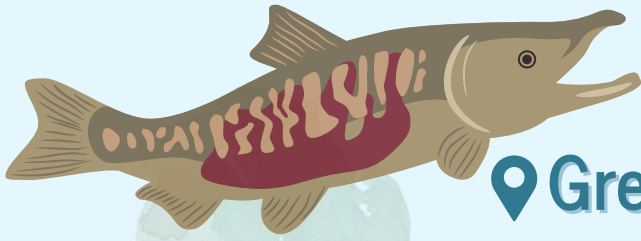
1:30 - 3:30 pm: Salmon Leather Workshop, lead by Jay Peachy. Discover the fascinating craft of making fish leather and learn about the importance of salmon to the ecology and cultures of the coast in this hand-on workshop! A \$15.00 registration fee applies which includes all materials! Pre-registration available online.

📍 Nature Classroom



More information: chilliwackblueheron.com
gbhnr@gmail.com | (604)823-6603



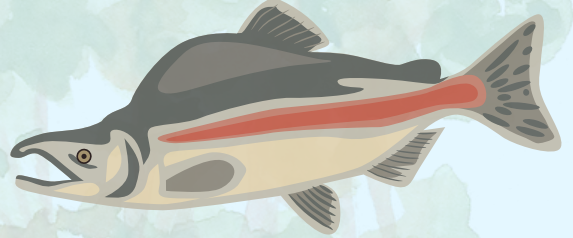


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📍 Nature Classroom



More information: chilliwackblueheron.com
gbhnr@gmail.com | (604)823-6603





VIRTUAL WORKSHOP SERIES

Protecting Freshwater Ecosystems

PART 1: NOVEMBER 16

An introduction to Earthwise Agassiz, our on-site projects and the importance of protecting our freshwater ecosystems

PART 2: NOVEMBER 23

Learn about water conserving landscapes and how you can protect freshwater ecosystems right from your own home

PART 3: NOVEMBER 30

All about rain gardens: what they are, why they protect freshwater ecosystems and how to create one!



All workshops start at 7pm on Zoom. Join one, two or all three for an evening of interactive learning and prizes.

No Cost: Funded Through Eco Action Community Funding

To sign up: info@earthwisesociety.bc.ca





Cheam Family Fridays



November 10 - Canning Fruit Salad



**November 17 - Bath Bombs, Earrings &
Beading Christmas balls**

CANCELLED

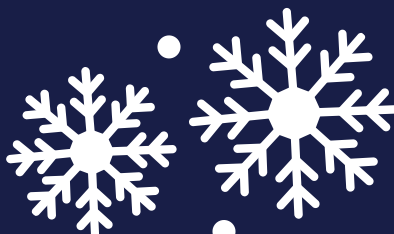


**November 24 - Wreath and Snow Globe
Making & Christmas balls**

COMMUNITY MEMBERS ARE INVITED TO COME OUT EVERY
FRIDAY TO DO CRAFTS/ RECREATION/COOK.
DINNER & DESSERT WILL BE PROVIDED

CHEAM GYMNASIUM
4:30pm - 7:30pm

MORE INFO:
DIONNE.SHAW@CHEAMBAND.COM



Stolo Tribal Council

Annual General Assembly

When: Friday, November 24, 2023

Where: Shxwowhamel First Nation

Time: (Lunch 12:30 p.m.)

Business begins @ 1:00 p.m.

Agenda

1. Welcome/Opening Remarks Tribal Chief Tyrone McNeil
2. Adoption of Agenda
3. Audit
4. Annual Report
5. STC Tribal Chiefs Election (President, Vice-President, Treasurer)



CHEAM'S COMMUNITY CHRISTMAS

DECEMBER 9TH 4-7PM

- **CRAFTS**
- **VISIT WITH SANTA**
- **PHOTO BOOTH**
- **DINNER @ 6PM**



@ CHEAM FIRST NATION





**NEXT STEP
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COMFORT CONVENIENCE SAFETY

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Natural Alternatives for Addiction Withdrawal

FRIDAY, NOVEMBER 24

1:30-3:30pm

Shxw'éyelhawxt Sacred Space Room

Primary Care Centre | #104 - 7955 Evans Road, Chilliwack

Join Muriel Victor, Traditional Wellness Mentor, as she highlights tools and natural resources that can support one's journey through substance use or addiction challenges, treatment and recovery, and back to wellness. This workshop will focus on alcohol, opiates, cannabis and tobacco/nicotine, and will share remedies to manage withdrawal symptoms.

This workshop is open to anyone who finds themselves on this journey and the family, friends and caregivers who walk alongside them.

This FREE workshop will include:

- Make-and-take teas
- Door prizes
- Tools and resources

**SCAN HERE
TO REGISTER:**



Chilliwack
Division of Family Practice
An FPSC Initiative

Questions?
Contact Muriel Victor, Traditional Wellness Mentor:
mvictor@chilliwackdivision.ca

Indigenous Healing Remedies Workshop

Muriel Victor, a Traditional Wellness Mentor working in Primary Health Care, has kindly agreed to do a workshop on Jan 20th, 2024 from 10:30am - 1:00pm at Agassiz All Saints church hall, 6904 Lougheed Hwy, Agassiz. She will talk about her work and do a make and take using cottonwood and complimentary herbs. There will be 25 places and admission will be by donation of \$10-15 to include refreshments.

Please register by January 13th by email at sjbarker0379@gmail.com, or calling 604-910-5155.

Hope to see many of you there.

Sheila Barker



We have been providing our denture services in the Fraser Valley since 2006 and currently have four clinics in the Fraser Valley in Abbotsford, Chilliwack, Sardis, and Langley.

At our clinics, helping people by providing them with excellent quality dentures is our primary goal. We would like to offer our services to Indigenous people as we understand travelling to our clinics can be challenging. **Our consultations are free.** You can find out more about Accurate Denture Clinic and who we are by going to our website: www accuratedenture.com

Our services include but not limited to:

Dentures over implants: Dentures supported by implants replace a full set of upper or lower teeth. They rely on implants to act as anchors, eliminating the need for adhesives. The dentures snap onto the implants, which hold them securely throughout the day, so you don't need to worry about them moving.

Complete and partial dentures: Replacing a full arch, or one or more missing teeth in the same arch.

Precision dentures: We offer precision denture services. Our denturists will take in factors such as the shape of your face, jawline, lips, eyes, eyeglasses and hair colour, and create a denture for you.

Suction dentures: These require specialised moulding techniques to design. Suction dentures rely on creating strong retention using atmospheric pressure.

Immediate dentures: An immediate denture is a complete or partial denture inserted on the same day, immediately following the removal of natural teeth.

Relines + Rebases: A process that adds material to part of the denture to improve the fit. It can also replace or repair parts of the dentures that may be causing a poor fit.

Repairs: Adding teeth to an existing partial denture after new extractions, or fixing broken dentures.

Nightguard: Protects the teeth from damage by cushioning the effects of clenching while sleeping.

*****We offer home visits or can arrange for a preset date to see patients at your designated Health Building. We will bring all of our own equipment and necessary materials to service your patients. We only require access to water and an electrical outlet. *****

*******Every patient who has a Status number will have all of their treatment covered at 100% unless otherwise specified. *******

If you have any further questions, please contact Lacey (Office Manager) at: 604-703-6516 or by email: accuratedentureclinic@hotmail.com

I look forward to hearing back from you soon. Let us extend our deep appreciation for your trust in advance and thank you for your time.

Sincerely,

Lacey Robertson (Office Manager)
Manigeh Ghorbanali (RD)

#108-2955 Gladwin Rd | Abbotsford BC V2T 5T4 | Tel: (604)854-8054 Fax: (604)854-8074
#102-7056 Vedder Rd | Sardis BC V2R 1E3 | Tel: (604)846-1846 Fax: (604)846-2846
8866 Mary St | Chilliwack BC V2P 4J3 | Tel: (604)792-7722 Fax: (604)792-7722
#105-19610 64th Ave | Langley BC V2Y 1H3 | Tel: (604)533-8880 Fax: (604)533-8823
accuratedentureclinic@hotmail.com

Toxic Drug Response & Priority Populations Overdose Outreach Team

What's Happening?

The Fraser Health (FH) Overdose Outreach Team (OOT) works in allyship with individuals accessing the unregulated toxic drug supply to reduce the risk of toxic drug poisoning. OOT works with individuals to enhance wellness, personal resilience, self-determination and build knowledge to support safer navigation of or separation from the increasingly toxic drug supply.

OOT acknowledges not everyone who uses substances or experiences a toxic drug-poisoning event has a substance use disorder that requires clinical substance use services.

When Will This Happen?

OOT is currently taking referrals. Please see below for referral process.

Important Things To Know About OOT?

- Individuals are not required to alter their substance use to access OOT services.
- OOT is a multidisciplinary team comprised of peer support workers, outreach, and nurses working alongside social workers and consulting with harm reduction coordinators.
- **Target population:** Anyone ≥ 19 yrs., accessing the unregulated toxic drug supply and are at risk of toxic drug poisoning.
- **Referrals:** Anyone can refer to OOT and clients can self refer. Client consent for referral is required.

For Fraser Health sites that use PARIS:

Please refer by completing and submitting a referral through the 'Substance Use Referral Form' on PARIS. Select the OOT team for the region you are making the referral to, which is determined by the client's address (i.e. if you are making a referral for Fraser East, please select *PH Overdose Outreach Team East*).

Community and Fraser Health Programs that do not use PARIS:

Please refer by one of the methods listed below:

- **Email:** oot@fraserhealth.ca please include your name, address, and best way to reach you when emailing a referral. **Please do NOT send client identifying information via email due to privacy.**
- **Fax:** 604.930.5432 please include your name, address, and best way to reach you when faxing a referral.
- **Phone:** 236.332.4857 **Non-Emergency Intake Line Open 24 Hrs** please leave a **voicemail** or **text** message with your name and best way to reach you.

***Please note:** referrals will be responded to within 24-48 hours (weekends/holidays may extend this time).

The OOT team is available for consultation for reducing toxic drug poisoning risk across the region.



For more information

Erin Gibson, Manager, Clinical Operations erin.gibson@fraserhealth.ca

Pamela Carr, Manager, Clinical Operations pamela.carr@fraserhealth.ca

Sherif Amara, Director, Toxic Drug Response & Priority Populations sherif.amara@fraserhealth.ca



HEALING TAKES TIME

ASKING FOR HELP IS A COURAGEOUS STEP

If you're struggling to stay grounded, want support or just need someone to chat with, there are many First Nations resources and people ready to provide support that is easy to access, free, safe and secure.



Indian Residential School Survivors Society (IRSSS)

IRSSS helps support youth throughout the province who are dealing with trauma and seeking support in their healing.

1-800-721-0066 | reception@irsss.ca



Foundry BC

Provides young people with health and wellness resources, services and supports across BC.

1-800-668-6868 | info@foundrybc.ca



Tsow-Tun Le Lum

Provides confidential outreach services, such as counselling and cultural support.

1-888-403-3123 | info@tsowtunlelum.org



First Nations Health Authority
Health through wellness

First Nations Virtual Doctor of the Day

Enables First Nations people in BC with limited or no access to their own doctors to make virtual appointments.

1-855-344-3800



KUU-US Crisis Line Society

24/7 First Nations and Indigenous specific crisis line, toll-free from anywhere in BC, specifically for children and youth.

250-723-2040





First Nations Health Authority
Health through wellness

First Nations Health Benefit Program



The First Nations Health Benefit (FNHB) Program covers specific medically necessary items, services, and travel that support First Nations peoples' health and wellness needs. The program is administered through partnerships with Pacific Blue Cross and PharmaCare.

Eligibility

The FNHB Program is available to First Nations people with Indian status who live in BC and infants (up to 24 months) of an eligible parent. To access the benefits and coverage under the Health Benefits Program, First Nations people must first enroll in the program. Please call 1-855-550-5454 or visit fnha.ca/benefits/eligibility for more information on how to enroll.

Health Benefits Coverage

The FNHB Program covers six benefit areas:



DENTAL

The Dental benefit provides coverage for items and services to maintain good oral health, prevent cavities, gum disease, and restore damaged tooth function. Some items and services covered under the dental benefit are bridges, crowns, exams and x-rays, fillings, and preventive services.



MEDICAL SUPPLIES AND EQUIPMENT

The Medical Supplies and Equipment (MS&E) benefit provides coverage for items and services needed in the short or long-term to support health and wellness. Some items and services covered under the MS&E benefit are bathing and toileting aids, hearing aids and repairs, limb and body orthotics, ostomy supplies, walking aids, and wheel-chairs.



MEDICAL TRANSPORTATION

The Medical Transportation (MT) benefit assists with the cost of meals, accommodation, and transportation towards travel for a medical appointment outside your community of residence. The MT benefit may also cover travel escorts under certain conditions.





MENTAL HEALTH

The Mental Health benefit covers in-person and virtual counselling services from a qualified mental health provider registered with the FNHB. Coverage is available for Mental Health counselling from four programs. The Mental Wellness and Counselling program is for Status First Nations individuals, while the Indian Day Schools Health Support Program, Indian Residential School Resolution Health Support Program, and Missing and Murdered Indigenous Women and Girls Health Support Services are available to both status and non-status individuals. Talk to your Mental Health Provider to determine the appropriate program for you.



PHARMACY

The Pharmacy benefit, administered mainly through Plan Wellness (Plan W), provides coverage for medications and items that support First Nations people on their wellness journeys. The Pharmacy benefit covers specific prescription drugs, over-the-counter drugs, non-drug over-the-counter items, and Shingrix® vaccine. Please call 1-855-550-5454 to enroll in Plan W.

In addition to Plan W, the provincial agencies, including the BC Cancer Agency, BC Transplant, BC Renal Agency, and the BC Centre for Excellence in HIV/AIDS, provide specialty pharmacy items to all BC residents living with specific illnesses or conditions.



VISION CARE

The Vision Care benefit provides coverage for items and services to ensure proper eye health and support access to preventative care. The benefit covers eye exams, sight tests, prescription eyewear and repairs.

OTHER COVERAGE

BC Medical Services Plan (MSP)

The FNHB manages MSP for First Nations people in BC. If you have status and need to register for MSP, call 1-855-550-5454.

Ambulance Bills

The FNHB covers the cost of ambulance transport to a hospital in an emergency situation and from a lower level care facility to a higher level care facility (e.g., long-term care home to a hospital).

View Your Plan Details

To check details about your coverage for dental, vision, medical supplies, and mental health, please create an online PBC Member Profile on www.pac.bluecross.ca or download the PBC app on your smartphone or tablet. The PBC Member Profile offers convenient and secure access to detailed information about your benefits coverage 24 hours a day.

Please call Health Benefits at 1-855-550-5454, email healthbenefits@fnha.ca or visit fnha.ca/benefits to learn more about the First Nations Health Benefits program and benefit coverages.





First Nations Health Authority
Health through wellness

Mental Health and Cultural Supports

TELEPHONE AND ONLINE SUPPORT

Virtual Substance Use and Psychiatry Service. A free, referral-based service for First Nations people in BC and their family members. Health care providers, including the [Virtual Doctor of the Day](#) program, can refer you to this service. Available Monday to Friday. [FNHA.ca/VirtualHealth](https://fnha.ca/VirtualHealth)

First Nations and Inuit Hope for Wellness Help Line and On-line Counselling Service offers mental health counselling and crisis intervention to Indigenous people across Canada.
Toll-Free: 1-855-242-3310
www.hopeforwellness.ca

Kids Help Phone is a 24/7 national support service offering professional counselling, information and referrals and volunteer-led, text-based support to youth.
1-800-668-6868 or text the word "connect" to 686868 to access text support.

KUU-US Crisis Services is available 24/7 to support Indigenous people in BC.
<https://www.kuu-uscrisisline.com/24-hour-crisis-line>
Toll-Free: 1-800-KUU-US17 (1-800-588-8717)
Adult/Elder: 1-250-723-4050
Child/Youth: 1-250-723-2040

National Indian Residential School Crisis Line supports former Residential School students. The crisis line provides emotional and crisis services 24/7.
Toll-Free: 1-866-925-4419

Provincial Alcohol and Drug Information Referral Service provides free referral services to support with any kind of substance use issue (alcohol or other drugs).
Toll-free: 1-800-663-1441
Lower Mainland: 604-660-9382

Foundry: health and wellness supports, services and resources for young people ages 12 – 24 and their caregivers. No referral or assessment required. In-person: <https://foundrybc.ca/find-a-centre/>
Virtual: <https://foundrybc.ca/virtual/>

FNHA MENTAL WELLNESS AND COUNSELLING SUPPORT THROUGH HEALTH BENEFITS

Health Benefits provides access to mental wellness and counselling services. All services require prior approval. A list of providers registered with Health Benefits can be found on the [Provider List](#) or by contacting:
1-855-550-5454.

INDIAN RESIDENTIAL SCHOOL RESOLUTION HEALTH SUPPORT PROGRAM PROVIDERS (IRS RHSP)

Adah Dene Cultural Healing Camp Society
Margo Sagalon: 250-996-3813
Admin.elders@telus.net
Tracey Charlebois: 250-996-1475
Nakazdlieelders@telus.net

Carrier Sekani Family Services
For Vanderhoof: Catherine Lessard: 250-567-2900 or Toll-free: 1-800-889-6855
For Prince George: Rhonda Hourie or Cheryl Thomas: 778-675-0419

Gitanyow Human Services
Wanda Good: 250-849-5651
Wanda.e.good@gmail.com

Gitxsan Health Society
Martha Wilson: 250-842-6876

Nuu Chah Nulth Tribal Council
Vina Robinson: 1-250-724-3939
vina.robinson@nuuchahnulth.org
Daily Elliott: 250-720-1736

Indian Residential School Survivors Society
Carol Stegman: 604-985-4464 or
Toll-free: 1-800-721-0066

Okanagan Nation Alliance
Toll-free: 1-866-662-9609

Tsow-Tun-Le-Lum Society
Toll-free: 1-888-590-3123

FNHA TREATMENT AND HEALING CENTRES

During the pandemic, Round Lake Treatment Centre and Gya'waa'Tlaab House of Purification are maintaining a live-in treatment program with additional precautions taken to abide by physical distancing and associated safety requirements. Most treatment centres have moved to providing virtual support to individuals and families.

Carrier Sekani Family Services
Call: 250-567-2900 or
Toll-free: 1-800-889-6855
and ask for an ARP Team member
Email: rjohn@csfs.org

Kackaamin Family Development Centre
Call: 250-723-7789 or
Toll-free: 1-833-205-6946

Namgis Treatment Centre
Call: 250-974-8015 or
Toll-free: 1-888-962-6447 Ext. 2141

Nenqayni Wellness Centre
Call: 250-989-0301 or
Toll-free: 1-888-668-4245

North Wind Wellness Centre
Call: 250-843-6977 or
Toll-free: 1-888-698-4333

Telmexw Awtextw (Sts'ailes First Nations)
Call: 604-796-9829

Tsow Tun Le Lum
Call: 250-268-2463 or
Toll-free: 1-888-590-3123

Wilp Si'Satxw Healing Centre
Call: 778-202-0162, 778-202-1349 or
Toll-free: 1-877-849-5211

All information in this document is accurate as of September, 2022.



Chilliwack Public Health Drop-In Immunization Clinics

No Appointments Necessary. Ages <19 years old.



Chilliwack Health Unit

45470 Menholm Rd, Chilliwack

Every Tuesday & Thursday

2:30 – 5:30 PM

Gateway for Families – Central Elementary Community School

9435 Young Rd, Chilliwack – The Family Place door

The first Wednesday of every month


10:00 AM – 3:00 PM

Booked appointments also available Monday-Sunday at the Health Unit. Please call 604-702-4900.

YOUTH PROGRAMS/OPPORTUNITIES

FRASER RIVER INDIGENOUS SOCIETY

Story Blanket

JOIN US THIS FALL 

Family Drop-in Program for children 0-6 yrs, emphasizing Indigenous teachings like the Medicine Wheel & Seven Sacred Teachings. Inclusive of parents, and caregivers. Featuring play, arts, storytelling, and elder guidance.

Supported by Fraser River Indigenous Society
AIDP/ASCD Consultants.

Mondays @ FRIS

Second Floor, 11830 223 St. Maple Ridge

10am to 11:30 am

Sept 25 - Dec 11, 2023

Tue & Wed's @ Albion Community Ctr

24165 104 Ave, Maple Ridge

11 am to 1 pm

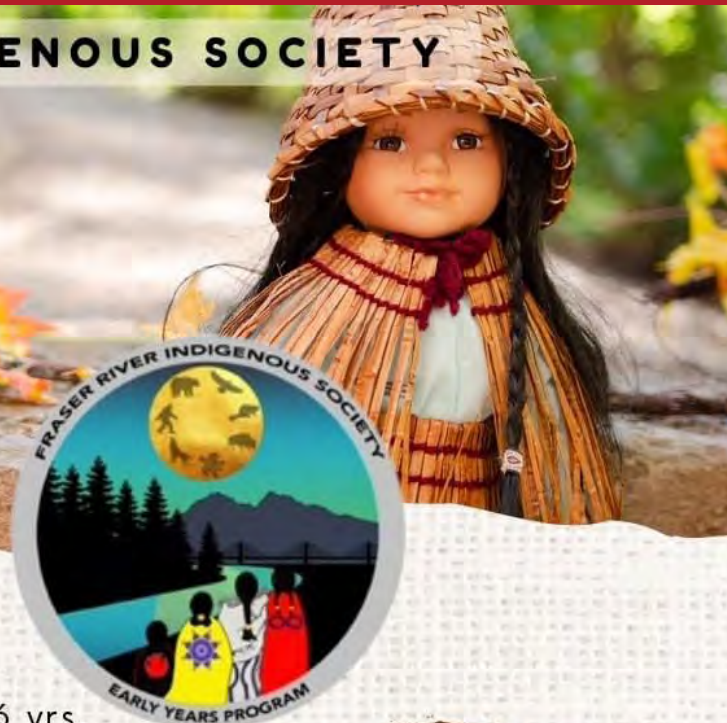
Sept 19 - Dec 13, 2023

Fridays @ Pitt Meadows Rec Ctr

12027 Harris Rd, Pitt Meadows

10 am - 12 pm

Sept 15 - Dec 15, 2023



Fraser River Indigenous Society



604-458-0151



storyblanket@frisociety.ca



<https://www.frisociety.ca/>



FIRST PEOPLES'
CULTURAL COUNCIL

YOUTH EMPOWERED SPEAKERS



**Online Info
Session
November
21 @ noon**

Register: fpcc.ca/YES



Seabird Island Youth Program

20h · 🌐

Ey Swayel youth from Seabird and surrounding communities!

Are you interested in learning more about your Stó:lō language?

Bibiana Norris is a Halq'eméylem speaker and will be mentoring a group of youth in the language. This will be an opportunity to learn from Bibiana in a small group environment and receive in depth knowledge from her.

Who: 5-6 youth ages 15-20.

Where: In and around Seabird Island

When: First session Thursday, November 30. The group will meet monthly until April.

*Transportation available if needed!

Message us on FB or text 604 819 2781 (Robert Dunning) to register!

This Halq'eméylem group is part of a larger program that we are kicking off in spring. We are creating intimate small group mentorship and learning opportunities with Elders and Knowledge Keepers. More information to come!



CULTURAL NIGHTS



**Come out & learn:
Powwow Dancing
Singing
Regalia Making
& More!**

**Every Thursday
Starting September 14
6:00 - 8:00 pm
Small gym**

46363 Yale Road, Chilliwack, BC

**CHILLIWACK SECONDARY SCHOOL
INDIGENOUS DEPARTMENT**

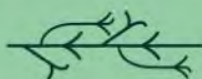




ARE YOU A **FIRST NATION, METIS, OR INUIT** YOUTH (AGES 18 TO 29) LIVING IN CANADA? WE WANT TO HEAR FROM **YOU!**

Canadian Roots Exchange (CRE) is launching a coast-to-coast-to-coast survey that seeks to better understand how Indigenous youth envision their own **empowerment** and **futures**.

To learn more about this research project visit www.canadianroots.ca



Take the survey!

\$50 honorarium will be given to the first **1000 Indigenous youth** who fill out the survey!

canadianroots.ca/indigenous-youth-reconciliation-barometer-2-0/

Survey closes **December 31, 2023**



INDIGENOUS YOUTH RECONCILIATION BAROMETER 2.0 SURVEY



East Region Youth Drop-In

Thursday, November 23

5 to 7 pm

Location: Shxw'ow'hamel First Nations
58700 St Elmo Rd, Hope,
For families residing in Chawathil, Skawahlook, Yale,
Shxw'ow'hamel and Cheam



Christmas Wreath Making
We will be sharing a meal together.
For more info contact Chaundine Fisher at:
chaundine.fisher@xyolhemeylh.bc.ca

Fraser Valley Aboriginal Children & Family Services Society
www.fvacfss.ca



A:Imelhawtxw Head Start Program



Play



Explore



Learn

We offer programming for Indigenous Families and their children ages 0-5 years old. Caregivers and expectant parents are always welcome. We provide early learning services such as: Preschool, family program, circle time, storytelling, arts and crafts, social networking, guest speakers, parent workshops, outdoor and gym time.



**PLEASE CALL
FOR MORE
INFORMATION
604-824-6505**

**Every Tuesday & Thursday
9am-12:00am
When: Programming Starting
October 3/2023
Where: Stó:lō Service Agency
Building #9 - 7201 Vedder Rd**



EMPLOYMENT OPPORTUNITIES

WorkBC

Work BC - Aggasiz/Kent 64
7086 Pioneer Avenue
Agassiz, BC, V0M 1A0
604-796-0266
centre-agassiz@workbc.ca
<http://workbccentre-agassiz.c>

Work BC - Hope 162
895 3rd Avenue
Hope, BC, V0X 1L0
604-869-2279
centre-hope@workbc.ca
<http://workbccentre-hope.ca>

Work BC - Chilliwack 668
200 - 45905 Yale Road
Chilliwack, BC, V2P 2M6
778-860-5452
centre-chilliwack@workbc.ca
<http://workbccentre-chilliwack.ca>



WorkBC Skills Enhancement

People in part-time, seasonal, or casual work and people without employment can access WorkBC skills training programs and the financial help needed while in training.

Apply today!

Canada  This program is funded by the Government of Canada and the Province of British Columbia.



JOIN OUR TEAM

WE ARE HIRING!

BRING YOUR CV AND GET HIRED
VENUE:

BOSTON PIZZA HOPE
FROM: 11:00am-5:00PM

904, OLD HOPE, PRINCETON WAY, HOPE BC V0X1L4

HIRING FOR ALL POSITIONS:

- **LINE COOK**
- **SERVER**
- **HOST**
- **BARTENDER**
- **KITCHEN HELPER**
- **DRIVERS**

FOR MORE INFO PLEASE EMAIL US AT: HOPEBOSTONPIZZA@GMAIL.COM



SASET Outreach Services on-site at Cheam First Nation Every Friday from 9:30am to 3:00pm

Who are we?

We provide Indigenous Employment and Training Services to First Nation working age population in the Fraser Valley Catchment area.

Who do we serve?

If you are an Indigenous person and are either the following:

- Is un-under employed
- Student
- Employed but unable to meeting basic living requirements
- Resides in SASET's catchment area (Langley to Boston Bar and throughout the Fraser Valley; or with 3 communities in the Head of the Lakes)

Outreach Employment Services:

Employment and Career Counselling
Resumes and Cover Letters
Education and training information
Computer with internet access
Job postings
Employment Readiness
Career Planning/Decision Making
Labour Market Information

Scholarships, Grants and Bursary
information
Job Search assistance
Applying online
Employability workshops
Basic Computer Skills Workshops
And much more

Lucinda Louie, Employment Counsellor

Phone or text: 778-684-1464 or email: Lucinda.Louie@saset.ca

Or email: info@saset.ca

See our website for more information at www.saset.ca

WE ARE HIRING

We are seeking a
COMMUNICATIONS OFFICER

DO YOU HAVE THE FOLLOWING:

- Post-secondary education in Communications, PR, Marketing or other related field.
- 2+ years experience in Communications, Marketing, or another relevant role.
- Experience in editing & professional writing.
- Experience working with First Nation communities

APPLY BY DECEMBER 1, 2023



**FIRST NATIONS
LAND MANAGEMENT
RESOURCE CENTRE**

For full details, please visit www.labrc.com/careers/.

We're hiring!

EXPERIENCED SERVICE TECHNICIANS

Neels

Heating & Cooling

If you are an experienced HVAC service technician with certifications. Please send resume to katherine@neelsheating.com

STRONG
WAGES
AND
BENEFITS
PACKAGE.

Bonus

ANNUAL
FISHING
TRIP

COMPANY
VEHICLE



Stó:lō Service Agency - Human Resource Office

Building #8A-7201 Vedder Road
Chilliwack, BC V2R 4G5

November 14, 2023

S'OLH TĒMĒXW STEWARDSHIP ALLIANCE (STSA) COMMUNICATIONS COORDINATOR (EXTERNAL)

Stó:lō Service Agency (SSA) requires the services of a qualified **Communications Coordinator** to fill a vacancy for the **People of the River Referrals Office (PRRO)**, the operational wing of the **S'olh Tēmēxw Stewardship Alliance (STSA)**, as housed within the **Stó:lō Resource and Research Management Center (SRRMC)**.

The STSA Communications Coordinator acts as key communications staff for the STSA focusing on activities of the PRRO, Collaborative Stewardship Forum (CSF), STSA Guardians, and other relevant STSA initiatives.

The STSA Communications Coordinator is experienced in communications and implements communications annual workplans and initiatives which include reporting on STSA activities, community outreach, inputting into communications strategies, supporting Government to Government communications, and STSA website development and maintenance (www.thestsa.ca). The STSA Communications Coordinator must be comfortable and experienced with personal communications as well as digital and hard-copy/tangible forms for communications products. They are tasked with regular reporting to the PRRO Manager and STSA Communications Team to ensure goals are clear, progress is tracked, and objectives are met.

Qualifications/Requirements:

- Must have current, valid class 5 Driver's License.
- Must have demonstrable communications products / outcomes from prior work experiences for review.
- Must have proven ability to work on a variety of computer programs including MS Office (Outlook, Word, Excel, Power Point, and Access) and skills to learn StoloConnect, our referrals management web portal. Must have experience in website development and maintenance.
- Must be physically capable of performing field visits.
- Must have the ability to work independently, handling communications assignments to achieve tangible communication products and outcomes in various forms (e.g., online, hard-copy, etc.).
- Must also be able to work collaboratively, and lead teamwork as needed as well as be organized, able to take direction, and work independently with minimal supervision.
- Must have strong skills in verbal and written communications and be comfortable with public speaking and delivering presentations.
- Must be able to establish rapport and meaningful communication with people of all educational and occupational backgrounds.
- Must maintain the confidentiality guidelines of all records, materials, and communications concerning policy, communities, staff, and the SSA.
- Graphic design and digital layout experience are assets.
- Should have a familiarity and understanding of Stó:lō First Nations' culture, traditions, histories, and current land/resource issues. Must be committed to learning more.
- SSA has implemented a mandatory COVID-19 vaccination policy, requiring all staff to be fully vaccinated.

Successful candidates will be required to provide the following if screened in for an interview:

- Proof of education documentation
- References: Three names, emails and/or phone numbers of recent supervisors
- Must possess and maintain a valid Class 5 BC Drivers' License
- Must successfully pass the required pre-employment RCMP Criminal records Check.

SALARY RANGE:

\$30.00-\$39.00 per hour depending on qualifications

TYPE OF POSITION:

Full-time with benefits, subject to 3-month probationary period and planned performance evaluations.

APPLICATIONS DEADLINE:

December 1, 2023

Candidates will be screened according to the qualifications/requirements. **Interested candidates are required to submit a resume and covering letter.** Please include position title on subject line. Send to:

Stó:lō Service Agency Personnel Department
Bldg. #8A first floor- 7201 Vedder Road
Chilliwack, BC V2R 4G5
Email: jobs@stolonation.bc.ca

For more information about other employment opportunities, visit www.stolonation.bc.ca

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.



British Columbia Assembly of First Nations

Opportunities

BC First Nations Centre of Excellence for Economic Development

1. Chief Finance Officer

The BCAFN has an exciting opportunity for a full-time Chief Finance Officer (CFO) to join our team at the British Columbia First Nations Centre of Excellence for Economic Development (CoE), based in Vancouver, BC (Hybrid work model available). Reporting to the Board of Directors, you will be primarily responsible for providing financial and accounting advice, direction, and leadership. This position will be open until filled. More details and apply: [Chief Finance Officer](#)

2. Economic Development Policy Analyst (Senior and Junior)

The BCAFN has an exciting opportunity for 2 full-time Economic Development Policy Analysts (Senior and Junior) to join our team at the British Columbia Assembly of First Nations, based in Vancouver or Prince George, BC (remote work model may be available for the right candidate). You will be responsible for assisting the Regional Chief, and the Chief of Staff and working with BCAFN Economic Development Department staff and contractors in carrying out the BCAFN sustainable economic development and fiscal relations strategies. This work will be undertaken in accordance with BCAFN's mission and vision statements and with direction provided by BCAFN Chiefs-in-Assembly and the BCAFN Board of Directors. This position will be open until filled. More details and apply: [Policy Analyst](#)

BC Assembly of First Nations

1. Policy Analyst

The BCAFN has an exciting opportunity for a full-time Policy Analyst to join our team at the British Columbia First Nations Centre Of Excellence For Economic Development (CoE), based in Vancouver, BC (Hybrid work model available). Reporting to the Senior Policy Analyst and the CEO, you will be primarily responsible for providing sustainable economic development and fiscal relations strategies. This position will be open until filled. More details and apply: [Economic Development Policy Analyst \(Senior and Junior\)](#)

Employment opportunities at the BCAFN - Join the team!
<https://www.bcafn.ca/about-bcafn/opportunities>





Looking to
start a *Career*
in security &
public safety?

Contact Us Today for
Training Opportunities!

To work as a Security Guard in the provinces of British Columbia and Alberta, all applicants are required by law to complete the Basic Security Training certification course.

Explore diverse opportunities in security and public safety throughout Canada, spanning various sectors. Whether you aspire to secure one of these roles or require training to qualify for them, don't hesitate to contact us today!

To learn more about some of the positions we have, please take a look at our careers page: <https://securiguard.prevueaps.com/jobs/>

Apply Today!

Contact Taylor Walters at:
Taylor.Walters@securiguard.com
778-870-1490

First Aid Level 1, Food Safe & WHMIS



November 27—29, 2023

We are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with your Employment Counsellor!

Call 604-858-3691



Training will take place at
Scowlitz (Sq'ewlets) First Nation
12892 Moses Dr, Lake Errock,
BC V0M 1N0

November 27-29, 2023
8:30am to 4:30pm

 info@saset.ca  www.facebook.com/SASET.EAS

Canada

TO APPLY PLEASE CONTACT SASET:

SASET—Chilliwack Office

5B-7201 Vedder Road

Chilliwack, BC

Phone: 604-858-3691

SASET—Sts'ailes Office

4690 Salish Way

Agassiz, BC

Phone: 604-796-5536

SASET—Seabird Office

2895 Chowat Road

Agassiz, BC

Phone: 604-796-6865



The [University of Victoria](#) is offering micro-credit courses, a fast and flexible way to gain specialized career-developing skills!

With over 20+ programs, there are a lot of great options including:

- 🌊 Indigenous Cultural Stewardship
- 📖 Indigenous Language Documentation
- 💻 Digital Planning for the Cultural Sector

Learn more:



[CONTINUINGSTUDIES.UVIC.CA](https://continuingstudies.uvic.ca)



Vancity

Small Business Startup

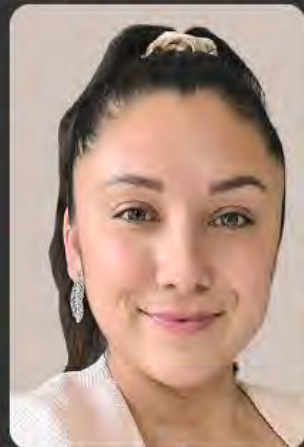
WANTING TO START A SMALL BUSINESS?

HERE IS A WORKSHOP PERFECT FOR YOU!



HERE ARE THE TOPICS THAT WILL BE COVERED:

- Are you ready to start a business
- Building a better business plan
- Make the most of your money
- Plan a cash flow
- 10 things a lender looks for
- Key to market research
- Connecting with customers
- Maintain work life balance



DATE: WEDNESDAY, NOVEMBER 29TH 2023

TIME: 9:00AM - 3:00PM

LOCATION: BUILDING 10 -7201 VEDDER RD, CHILLIWACK, BC

TO REGISTER

CALL 604-858-0009 OR EMAIL BHILL@STOLOCF.CA

FREE WORKSHOP!

FREE

SNACK & LUNCH!

DOOR PRIZES

Get Trained **GET PAID!**

Complete the no-cost online driver training program to earn your digital completion certificate **PLUS** an attractive Thank You honorarium!



ASK US HOW!

Contact info@saset.ca



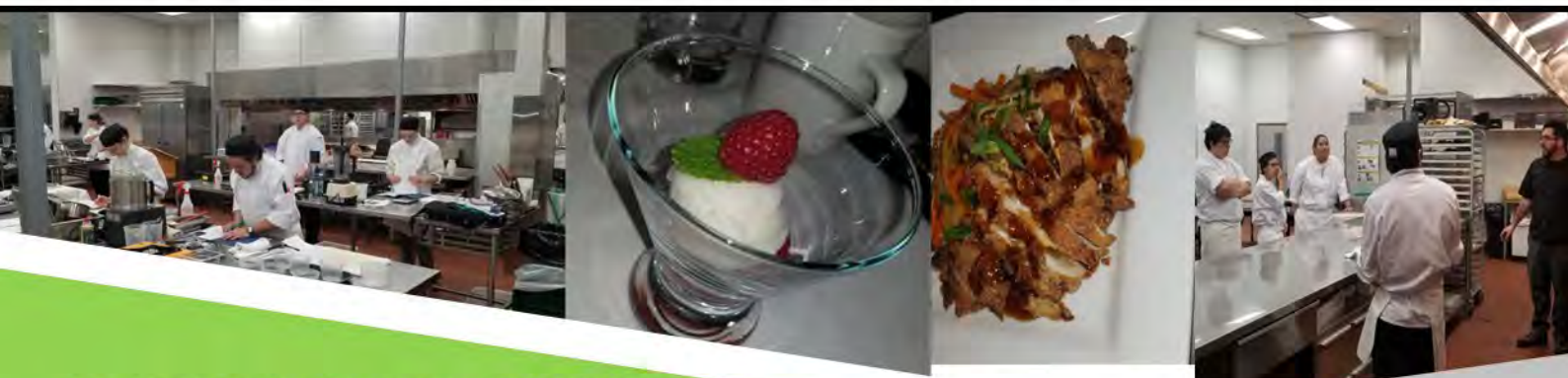


Sto:lo Aboriginal Skills & Employment Training
is pleased to offer the:

Culinary Arts

Pre-Trade Program

Starts January 8th, 2024



Are you an Indigenous individual
residing in the SASET catchment
area who has an interest in the
cooking profession?

If so, contact a SASET employment
counsellor to book an appointment
and complete the application package.

CONTACT US TODAY!

604-858-3691 Fax: 604-858-3528

Toll Free (BC): 1-888-845-4455



www.saset.ca



<https://www.facebook.com/SASET.EAS>



5579 Tyson Rd, Chilliwack,
BC V2R 0H9

Program Includes:

- ◇ Certificates: FoodSafe, First Aid level 1, WHMIS, WCB Awareness
- ◇ Occupational Skills
- ◇ Stocks, soups and sauces
- ◇ Vegetables and fruits
- ◇ Starches
- ◇ Meats
- ◇ Poultry
- ◇ Seafood
- ◇ Garde-mange
- ◇ Eggs, breakfast cookery and dairy
- ◇ Baked good, desserts and beverages
- ◇ Basic kitchen management
- ◇ Two week practicum placement



Canada





Minute Taking & Microsoft Office WORD & EXCEL WORKSHOPS

November 28—December 14

9:00am—12:00pm

Training will take place ONLINE—Various days **



Are you an Indigenous Person who:

- Has an interest in learning more about Microsoft Office
- Resides in our service area (Katzie to Boston Bar)

If so... we are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with an Employment Counselor!

SASET FULLTIME EAS OFFICES:

SASET—Chilliwack Office

5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET—Sts'ailes Office

4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office

2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865

For more information, contact us:



604-858-3691 or Toll Free: 1-888-845-4455



www.saset.ca



info@saset.ca



www.facebook.com/SASET.EAS





Canada

Sto:lo Aboriginal Skills & Employment Training is pleased to offer:

EMPLOYMENT PREP TRAINING

NOVEMBER 20—30, 2023

Are you an Indigenous individual who:

- Is un- or under employed
- Resides in SASET's catchment area
- Is willing to commit to a 2 week full-time certificate training program

If so... we are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with your Employment Counsellor!

Training will take place on-site at Sto:lo Nation

Building 5B, 7201 Vedder Rd

Chilliwack, BC

Monday to Friday

8:30 AM TO 3:30 PM

COURSE INCLUDES

- **First Aid Level 1**
- **WHMIS**
- **Skid Steer**
- **Aerial Lifts**
- **Forklift**
- **Food Safe**
- **Fall Protection**
- **And more!**

LUNCH, TRANSPORTATION
ASSISTANCE AND
SAFETY GEAR PROVIDED!



www.facebook.com/SASET.EAS



www.saset.ca

TO APPLY PLEASE CONTACT SASET:

SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET— Sts'ailes Office
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536


SASET—Seabird Office
2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865





Sto:lo Aboriginal Skills & Employment Training is pleased to offer:

WAREHOUSE TRAINING TBA

Canada 

If you are an Indigenous individual who:

- **Is un- or under employed**
- **Resides in SASET's catchment area**
- **Is willing to commit to a 2 week full-time program**

If so... we are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with your Employment Counsellor!



**Training will take place at
SASET Chilliwack Office
5B—7201 Vedder Rd**

**Monday to Friday
8:30am to 4pm**

COURSE INCLUDES

- First Aid
- WHMIS
- Scissor Lift
- Genie Boom Lift
- Forklift Training
- Power Pallet Jack
- Confined Space
- Fall Protection
- Scaffold & Ladder Safety
- Respiratory Protection
- And More!!!

**LUNCH AND
SAFETY GEAR PROVIDED!**

 info@saset.ca  www.facebook.com/SASET.EAS



TO APPLY PLEASE CONTACT SASET:

SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET—Sts'ailes Office
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office
2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865





INDIGENOUS PUBLIC HEALTH TRAINING (IPH) PROGRAM

Accepting applications Nov 1st!

February 2024 in person at UBC

The courses for the IPH winter Institute are:

- Mental Health in Indigenous Communities (SPPH 587 1.5 credits / non-credit)
- Introduction to Quantitative and Qualitative Research in Indigenous Health (SPPH 588 1.5 credits/non-credit)

- Application deadline: Nov 30th

- Scholarships are available

- Got questions? Email: olivia.baptiste@ubc.ca

Apply online: health.indigenous.ubc.ca



APPLY TODAY!



AVAILABLE POSITIONS:

- HR COORDINATOR



WE'RE HIRING!

VISIT [FIRELIGHT.CA/CAREERS/](https://firelight.ca/careers/)





Information Session on the Indigenous Business Directory (IBD)

Learn how to add your business to the
Indigenous Business Directory!

Stó:lō Community Futures is pleased to
host an information session with
Indigenous Services Canada, on how to
add your Indigenous businesses to the
Federal Indigenous Business Directory (IBD).
Walk through each step of the process,
and learn what information is required, for
your business to access procurement and
other business opportunities from all levels
of government, as well as the private
sector.



November 30th, 2023



10:00 am to 11:00 am



Via Zoom



Indigenous Services
Canada

Services aux
Autochtones Canada

SIGN UP
TODAY



To register, please email SCF Administrative
Assistant, Bridgette Hill at bhill@stolocf.ca or
call 604-858-0009.



CREATE YOUR PASSION
& YOUR FUTURE.

FULLY-FUNDED ONLINE PROGRAM FOR INDIGENOUS ENTREPRENEURS



APPLY NOW

For more
information visit
icedar.ca

ELIGIBILITY

INDIGENOUS
BC RESIDENTS

PROGRAM LENGTH
SEPT - DEC 2023

PROGRAM DELIVERY
ONLINE - 3 DAYS A WEEK

FEES
NO FEES - FULLY
FUNDED





**Start your career
with a talented, diverse
and inclusive team!**

ACCESSFUTURES.COM

Become an ICBC Claims Contact Representative

- 8 weeks of Essential Skills
- Fully Funded Program
- Transit and meals provided
- For Indigenous Peoples - Status, Non-Status, Métis and Inuit

DATES: January 8th - March 1, 2024
Monday - Friday 9am - 3:30pm

LOCATION: #201 - 681 Columbia St.,
New Westminster.

Enroll by January 3rd, 2024

Call Today!

604-251-7955



Canada



Upcoming ACCESS Program

Start your journey to a new career.

ACCESSFUTURES.COM

Piping Foundations Program

- 8 Week Essential Skills
- 20 Week Technical Training
- Work Placement Available
- For Indigenous Peoples - Status, Non-Status, Métis and Inuit

WHEN: January 8th - July 26th, 2024

Enroll by January 3rd, 2024

Call Today!

604-251-7955



Canada



TUESDAY TRAINING FALL 2023

All sessions start at 11 and close at noon, unless otherwise specified.
 All sessions are held at the Neighbourhood Learning Centre 46361 Yale Road
 When available, Traditional Wellness Mentor Muriel Victor will do a brief teaching

- September 5 Dr. Lees – Brief introduction to solution focussed counselling
- September 12 Mary Anna Ennis – Youth Suicide Risk Assessment (11 to 12:30)
- September 19 Shannon White -- Early Psychosis Program
- September 26 Lianne Radmore- Goal Attainment
- October 3 Tracey Tantrum Aboriginal Child & Youth Mental Health Program
- October 10 Jae Yoo Child and Youth Mental Health
- October 17 Jackie Oldhaver Gender 101
- October 24 PCRS - Addiction Treatment Services in Chilliwack
- October 31 Gracie Kelly Intro to Cultural Competence with Indigenous Clients
- November 7 Catherine Drennan, Trauma and the CCI program
- November 14 Ali Bursher Making a Good Ending: The Ulysses Agreement
- November 21 Alyson King, Drumming as a Therapeutic Tool
- November 28 Rosemarie Fabijan, Adult Mental Health Program.
- December 5 Dr. Madill & Tam Shulz Eating Disorders

46361 Yale Rd, Chilliwack, BC V2P 2P8

 /chilliwackyhyc www.chilliwackyhyc.com



Social Assistance Cheque Schedule 2023

Cheque	Renewals Due By:	Ck. Release Date	Mid-Month 2
January 2023	December 15, 2022	December 21, 2022	January 14, 2023
February 2023	January 14, 2023	February 1, 2023	February 15, 2023
March 2023	February 15, 2023	March 1, 2023	March 15, 2023
April 2023	March 15, 2023	March 31, 2023	April 14, 2023
May 2023	April 14, 2023	May 1, 2023	May 15, 2023
June 2023	May 13, 2023	June 1, 2023	June 15, 2023
July 2023	June 15, 2023	June 30, 2023	July 14, 2023
August 2023	July 15, 2023	August 1, 2023	August 15, 2023
September 2023	August 15, 2023	September 1, 2023	September 15, 2023
October 2023	September 15, 2023	September 28, 2023	October 13, 2023
November 2023	October 14, 2023	November 1, 2023	November 15, 2023
December 2023	November 14, 2023	December 1, 2023	December 15, 2023



FLASHBACK SOCCER PHOTOS



Cheam Kids Soccer Tournament @ Mt. Currie

With Richard Wilson, Muriel Victor &
Wendy Kelly



Sid Douglas coaching Soccer @
Cheam soccer field



Soccer Days

Cheam Kids @ Mt. Currie.
Frankie Quipp "All Star"!

*Feel free to submit your own photos with
writeups to Harmony at the Band Office or
communications@cheamband.com.*

Cheam Storm U7 3rd place Winners @ Seabird Island Festival Tournament

Coaches Louie Edwards, & Charles Douglas.

Team: ShayLynn Point, Mikayla Edwards,
Mackenzie Batt-Newman, Wyatt Edwards,
Logan Charlie, Darian Victor, & Landon
Munroe.

Missing: Theodore Cavasin-Douglas &
Mathias Williams.

