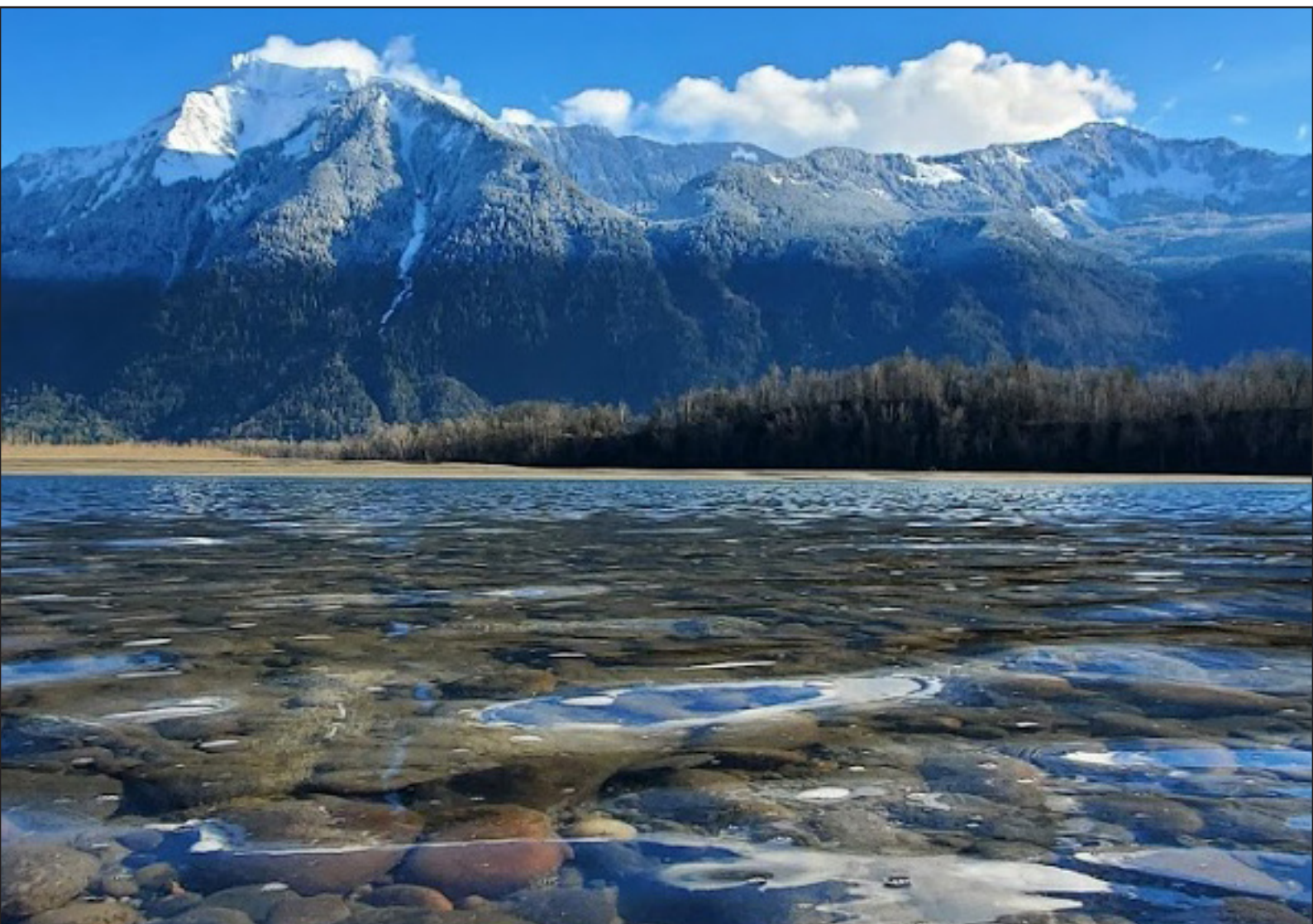




XWCHÍYÒ:M

CHEAM FIRST NATION

COMMUNITY NEWSLETTER: June 30, 2023



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XWECHYOM XWEXWILMEXW SXWE EYELH

Kwetskwetsmet lis cha xwal letse sqwalewels ye xwe chiyom Xwexwilmexw;

Xw' eyehls cha ye mekw' wat ite xwech'l yom qesu texw eweta o kw'e tl' e met Te ewpi: I qaste qel sqoqe;

Temtames mami:yelhtel ya sq'eqotel qelu lam xwe xwe'eyelf iyolem kw'e o'hletem xwela Ye'mi cha

Temtames lis cha mekw yoyes ye alyem eweta Shxwlistexwes Te xwelitemelh Temtames chasu qexs a: li lalalem xwela kw'e mekw wates

Qas temtames cha xwe'eyems Te temexws qasu ey xwela ye xwechiyom

CHEAM VISION STATEMENT

We the people of Cheam are committed to developing a united and harmonious community. We respect individual's diversity and promote a healthy, self-sufficient lifestyle. We need one another and value one another's views. In appreciation of our uniqueness, we foster mental, physical, emotional and spiritual wellbeing. In doing so, we strive to build pride, dignity and respect amongst our people.

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ADMINISTRATION NOTICES/UPDATES

UPCOMING CHEAM EVENTS:

July 2, 9, 23	<u>Trev's Flea Market</u> 8:30am - 2:30pm
July 3	Band Office Closed for Stat Holiday
July 4, 25	Cheam First Nation Council Meetings
July 11	Community Consultaion Lunch - Animal Control
July 15	<u>Annual Cheam Days</u>
August 7	Band Office Closed for Stat Holiday
August 23	Back to School Distribution 4:30 - 6:30pm
August 22	Cheam Regular Council Meeting
September 9	<u>Cheam AGM & Presentation of Financials</u>



XWCHÍYÒ:M
CHEAM FIRST NATION

Cheam Days Races – July 15, 2023

(All teams must be registered to enter)

Baby Race (up to 2 years in age) Balls in a basket

1st place = \$50.00

2nd place = \$20.00

Family Scavenger Hunt (1 adult, (3 kids)) per team

1st place = \$200.00

2nd place = \$100.00

Great Race (1 youth, 1 Elder, 1 teen, 1 adult)

(Runner, (100) piece Puzzle making, ladder toss, potato sack jumping)

1st place = \$400.00

2nd place = \$200.00



Registration forms for all events will be at the office (Health wing at the front desk)
Please submit team forms to Diana Giroux or Amanda Aubichon before July 7/23.



XWCHÍYÒ:M
CHEAM FIRST NATION

52161 Victor Drive
Rosedale, BC V0X 1X1
604-794-7924
www.cheam.ca

Cheam First Nation Law Development update!

Community Consultation to Review draft Animal Control and Protection Law.

Community Consultation Date

Tuesday, July 11, 2023

TIME: 12:00 PM – 3:00 PM

CFN Gymnasium

On June 13, 2023 the draft law was presented to Council and a motion was passed to implement the law.

Lands office will post the Draft law for 30 days from date of June 23, 2023. Thereafter will create a report on the input for consideration of changes that might be incorporated into the draft law, and bring back to Council At July Council meeting.

If you would like to learn about the new law and ask questions and provide any feedback - Please attend this luncheon on July 11, 2023. Or submit feedback via email @ madelinej@cheamband.com





XWCHÍYÒ:M

CHEAM FIRST NATION

SUMMARY

ANIMAL CONTROL AND PROTECTION LAW

(JUNE 13, 2023)

PURPOSE

The purpose of this law is to regulate pets and potentially dangerous domestic animals on Cheam Reserve Lands to protect members, visitors, and property and to make sure everyone can enjoy their pets.

BACKGROUND

Cheam First Nation has authority under the Cheam *Land Code* to pass laws including laws relating to pets and animals. The Fraser Valley Regional District (FVRD) has jurisdictional responsibilities for dog licensing for municipal and town areas within the FVRD area and they have worked out an agreement with other First Nations for dog licensing and animal control. We would like to have a similar agreement with the FVRD.

SUMMARY OF KEY POINTS IN DRAFT LAW

- Applies to all residents, not only members.
- Limits the number of pets to five (5) in total or a lesser number set by Council regulation or housing policies or agreements.
- If a person has more than 5 pets prior to this law coming into effect, they can keep them but can't replace them once the pets pass away except up to a total of 5 pets.
- No harmful pit bulls or exotic or poisonous animals are allowed.
- Dog Licenses are not required yet but may be required in the future once a process is in place.
- Owners are required to prevent dogs from barking for 15 minutes or more at any time and from trespassing on the property of others.
- An aggressive, at large, unlicensed, or dangerous dog can be impounded and the owner will have to pay a fee to recover the dog.
- Sets out best practices for keeping a safe and healthy animal, such as clean water, exercise, and food.

QUESTIONS

We would still welcome any questions or comments about the draft law and are hoping you will be to attend Consultation Meeting on Tuesday, July 11, 2023 at 12:00 pm to 3:00 pm (Cheam First Nation Gymnasium) with our Legal Counsel in attendance. This draft Law will be 30 days for Members to provide comments to Chief and Council.

CONCLUSION

The Committee, Chief and Council have reviewed and revised the draft law, along with legal counsel, and recommended it to the Community.

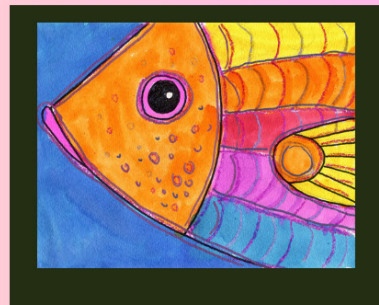
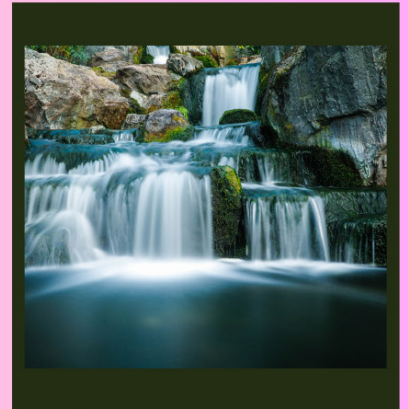


CHEAM ART CONTEST

Have your art featured in this year's annual report, or on our website! All submissions will receive a gift card & our top 5 favorite submissions (decided by a committee) will receive the following cash prizes:

1st \$500, 2nd \$400, 3rd \$300, 4th \$200, & 5th \$100

- All ages from Youth to Elder welcome to submit.
- You can submit it digitally to communications@cheamband.com or in-person to the band office attn: Harmony.
- Art submissions could be photographs, drawings, paintings etc... Submission deadline July 10th, 2023



(you must be the creator/owner of the art, and have permission to share images of anyone shown in the photos. By submitting to this contest you will be granting Cheam First Nation permission to use the artwork for things such as our 2022 Annual Report and website.)

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COMMUNITY EVENTS



Cheam Days



JULY 15, 2022

10AM - 6PM @ CHEAM MULTIPLEX

**JOIN US FOR A GREAT
DAY OF CELEBRATION:**

- CHEAM DAY RACES
- LIGHT LUNCH
- SLAHAL GAMES
- CRAFTS & FACE PAINTING
- BINGO W/PRIZES
- SELF-CARE STATION
- DUNK TANK & WATER STATION
- ON-SITE PHOTOGRAPHER
- DOOR PRIZES (INCL. IPAD)
- DINNER & A MAGIC SHOW

**(BRING TOWELS/WEATHER-
APPROPRIATE ATTIRE FOR KIDS)**

**FOR MORE INFO, OR TO VOLUNTEER
PLEASE CONTACT CORI VICTOR AT
CORI.VICTOR@CHEAMBAND.COM**





OUR LIVING LANGUAGES

First Peoples' Voices in British Columbia

PRESENTED BY



ROYAL BC MUSEUM



FIRST PEOPLES'
CULTURAL COUNCIL

PROUDLY SUPPORTED BY

Canada 

Everyone Welcome

Agassiz-Harrison Museum
TRAVELLING EXHIBITION

June 4 to August 29
10:00am - 4:00pm

7011 Pioneer Ave, Agassiz, BC V0M 1A0

Tele: 604-796-3545

For more information visit
agassizharrisonmuseum.org

This project has been made possible in part by the Government of Canada
Ce projet a été rendu possible en partie grâce au gouvernement du Canada



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Coqualeetza Cultural Education Centre's Annual General Meeting

On
Wednesday
July 12th, 2023
4:00pm to 6:00pm

At
**Skwah First Nation
Community Hall**
615 Lower Landing Road
Chilliwack, BC

Light meal will be provided

And there are Door Prizes!

19 Supporting Stó:lō Bands:

Aitchelitz - Chawathil - Cheam - Katzie
Kwantlen - Kwaw-Kwaw-Aplit - Matsqui
Peters - Shwxha:y Village - Shxw'owhamel
Skowkale - Skwah - Sq'ewlets - Squiala
Soowahlie - Sumas - Tzeachten
Yakweakwioose - Yale

4 - Board of Director Positions

This year we have four (4) Director positions to nominate and vote for a two-year term.

All Supporting Band Members & Affiliates are encouraged to nominate & vote for a Stó:lō First Nation's representative registered with your band.

Come out to support your Cultural and Education Centre!

For more information call our office - 604-858-9431 -

We appreciate your support!

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**KCCA
PRESENTS**

KIDS FUN DAY

Partnered with



SARDIS PARK

**16 JULY
3PM - 7 PM**

**6898 School Ln,
Chilliwack, BC V2R 5T1**



**WITH
SNACKS & ICE CREAM**

For Details: ☎ +778 952 3314

www.facebook.com/KindnessChainChilliwack

ACTIVITIES

- ✓ Face Painting
- ✓ Henna Tattoo
- ✓ Bouncy castle
- ✓ Water Slide
- ✓ Rock Painting
- ✓ Egg spoon relay Race
- ✓ Magic Pen floating art
- ✓ Potato sack race
- ✓ Picture with Mickey & Minnie
- ✓ Paper Crafts

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CHEAM AGM 2023



Please save the date for Cheam First Nation's upcoming AGM
September 9th, 2023 from 12pm-4pm. The Annual Report will be mailed
out to all member households to arrive at least 2 weeks prior to this event.

**SATURDAY
SEPTEMBER 9, 2023
12:00PM – 4:00PM
CHEAM BAND OFFICE**



Event Schedule

12 pm Welcoming Remarks

~ Meal Prayer

~ Lunch

~ AGM:

* Presentation of the Completed Audit by MNP

* Presentation of the Audited Financial Statements

- For the year ended March 31, 2021

- For the year ended March 31, 2022

- For the year ended March 31, 2023

* Presentation of the 2023 Annual Report

* Q&A Session

4 pm Closing Remarks



Save the date!

HONOURING OUR SURVIVORS POWWOW

September 30th, 2023 | 1pm and 7pm Grand Entries
5pm Coastal Jam.

Shxw'ōwhámél Community Building.
58700 St Elmo Rd, Hope, BC, V0X1L2

School District 78 would like to invite
you to our first annual Truth and
Reconciliation Powwow

Call for vendors!

To register as a vender at this event
please contact

Caitlin.demmitt@sd78.bc.ca



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Service Canada – Ready to Help

1-877-631-2657

If you do not have internet access, or require help accessing Service Canada's benefits and services, please call the number above to speak with someone from Service Canada.

Phone lines are open from 8:00 am to 4:00 pm local time, Monday-Friday.

- Employment Insurance (EI)
- Canada Pension Plan (CPP)
- Old Age Security (OAS)
- Guaranteed Income Supplement (GIS)
- Social Insurance Number (SIN)
- General passport enquiries, and more



Service
Canada

CHEAM ELDER'S MEETINGS 2023

July 18, 2023

August 15, 2023

September 19, 2023

October 17, 2023

November 21, 2023

December 12, 2023



Upcoming Birthdays Birthdate

Antony Charles-Giroux	July -
Herman Shaw	July 1
Debra A. Douglas	July 4
Ritchie Hudson	July 6
Rosalee Walton	July 6
Myron Lee Douglas	July 11
Susan Auclair	July 11
Mary Noel	July 11

'Expressions of interest' to join this year's Elder's conference; please contact Kelsy by email kelsy.fredette@cheamband.com or phone 604-745-8034 and let her know if you're attending this year so we can compile a list and know how much funding will be needed, hotel accommodations, transportation, etc.



BC Elders Communication Center Society (BCECCS)/2023 Elders Gathering
1415 Weiwaikum Rd. Campbell River, BC, V9W 5W9

Ph: 250-286-9977

Toll Free: 1-877-738-7288

Email: bcelders@telus.net

Fax: 250-286-4809

Website: www.bcelders.com

2023 ELDERS GATHERING

"Stronger Together"

DATE: August 15-16, 2023, with Early
Check-In Aug. 14 from 12:00 pm to 5:00 pm

PLACE: Vancouver Convention Centre,
East Building

INFO AND CRAFT BOOTHS AVAILABLE AT
www.bcelders.com

* Note: The Craft Booth Price has Dropped!

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DRUG ALERT: CHILLIWACK

Vape juice containing **cannabis and suspected synthetic cannabinoids** sold in **REFILLABLE, UNMARKED and UNBRANDED cartridges** tested **positive for benzodiazepines** in **Chilliwack**. Reported side effects include: prolonged sedation, nausea, vomiting, and black outs.

IF YOU'RE WITH SOMEONE EXPERIENCING THESE SYMPTOMS:



CALL 9-1-1 AND STAY WITH THEM

PROVIDE RESCUE BREATHING IF NECESSARY (less than 12
 breaths per minute)

Naloxone will NOT work in this situation unless an opioid is also onboard.



Please look out for each other.

TIPS FOR SAFER DRUG USE



Stagger use with friends so someone can respond if needed

Longer monitoring will be needed

Watch for changes in respiratory rate when not completely conscious



Start low go slow

Take a small amount, wait and see how it feels



If using alone

- Let someone know and ask them to check on you
- Download the Lifeguard or BeSafe apps (available on Apple/Android)
- Call the National Overdose Response Service: 1-888-688-6677 if no cell data



Mixing substances increases risk of overdose

This includes alcohol and prescription drugs



Find local harm reduction services

<https://towardtheheart.com/site-finder>



Get your drugs checked

<https://www.fraserhealth.ca/drugchecking> or
<https://getyourdrugstested.com/>



Carry Naloxone

Visit www.naloxonetraining.com for a training refresher

PROFESSIONAL DENTAL CLEANING WITH SARA BABAEIN, BDSC, RDH – SMILES VAN

July 18, 2023

Time: 10:00am-4:00pm

New clients will
receive a \$50
electric tooth
brush!



**Location: Cheam Multiplex
52161 West Victor Drive**

- 45-minute appointments
- Dental Hygiene exam + Cleaning
- Full status coverage

Book with Nikki at nichole.jackson@cheamband.com

BC SPEAK Population Health Survey

Your Story

Our Future

TAKE THE
**BC SPEAK
Survey**



BC Centre for Disease Control
Provincial Health Services Authority



BCCDC Foundation
for Public Health

HEALING TAKES TIME

ASKING FOR HELP IS A COURAGEOUS STEP

If you're struggling to stay grounded, want support or just need someone to chat with, there are many First Nations resources and people ready to provide support that is easy to access, free, safe and secure.



Indian Residential School Survivors Society (IRSSS)

IRSSS helps support youth throughout the province who are dealing with trauma and seeking support in their healing.

1-800-721-0066 | reception@irsss.ca



Foundry BC

Provides young people with health and wellness resources, services and supports across BC.

1-800-668-6868 | info@foundrybc.ca



Tsow-Tun Le Lum

Provides confidential outreach services, such as counselling and cultural support.

1-888-403-3123 | info@tsowtunlelum.org



First Nations Health Authority
Health through wellness

First Nations Virtual Doctor of the Day

Enables First Nations people in BC with limited or no access to their own doctors to make virtual appointments.

1-855-344-3800



KUU-US Crisis Line Society

24/7 First Nations and Indigenous specific crisis line, toll-free from anywhere in BC, specifically for children and youth.

250-723-2040





First Nations Health Authority
Health through wellness

First Nations Health Benefit Program

The First Nations Health Benefit (FNHB) Program covers specific medically necessary items, services, and travel that support First Nations peoples' health and wellness needs. The program is administered through partnerships with Pacific Blue Cross and PharmaCare.

Eligibility

The FNHB Program is available to First Nations people with Indian status who live in BC and infants (up to 24 months) of an eligible parent. To access the benefits and coverage under the Health Benefits Program, First Nations people must first enroll in the program. Please call 1-855-550-5454 or visit fnha.ca/benefits/eligibility for more information on how to enroll.

Health Benefits Coverage

The FNHB Program covers six benefit areas:



DENTAL

The Dental benefit provides coverage for items and services to maintain good oral health, prevent cavities, gum disease, and restore damaged tooth function. Some items and services covered under the dental benefit are bridges, crowns, exams and x-rays, fillings, and preventive services.



MEDICAL SUPPLIES AND EQUIPMENT

The Medical Supplies and Equipment (MS&E) benefit provides coverage for items and services needed in the short or long-term to support health and wellness. Some items and services covered under the MS&E benefit are bathing and toileting aids, hearing aids and repairs, limb and body orthotics, ostomy supplies, walking aids, and wheel-chairs.



MEDICAL TRANSPORTATION

The Medical Transportation (MT) benefit assists with the cost of meals, accommodation, and transportation towards travel for a medical appointment outside your community of residence. The MT benefit may also cover travel escorts under certain conditions.





MENTAL HEALTH

The Mental Health benefit covers in-person and virtual counselling services from a qualified mental health provider registered with the FNHB. Coverage is available for Mental Health counselling from four programs. The Mental Wellness and Counselling program is for Status First Nations individuals, while the Indian Day Schools Health Support Program, Indian Residential School Resolution Health Support Program, and Missing and Murdered Indigenous Women and Girls Health Support Services are available to both status and non-status individuals. Talk to your Mental Health Provider to determine the appropriate program for you.



PHARMACY

The Pharmacy benefit, administered mainly through Plan Wellness (Plan W), provides coverage for medications and items that support First Nations people on their wellness journeys. The Pharmacy benefit covers specific prescription drugs, over-the-counter drugs, non-drug over-the-counter items, and Shingrix® vaccine. Please call 1-855-550-5454 to enroll in Plan W.

In addition to Plan W, the provincial agencies, including the BC Cancer Agency, BC Transplant, BC Renal Agency, and the BC Centre for Excellence in HIV/AIDS, provide specialty pharmacy items to all BC residents living with specific illnesses or conditions.



VISION CARE

The Vision Care benefit provides coverage for items and services to ensure proper eye health and support access to preventative care. The benefit covers eye exams, sight tests, prescription eyewear and repairs.

OTHER COVERAGE

BC Medical Services Plan (MSP)

The FNHB manages MSP for First Nations people in BC. If you have status and need to register for MSP, call 1-855-550-5454.

Ambulance Bills

The FNHB covers the cost of ambulance transport to a hospital in an emergency situation and from a lower level care facility to a higher level care facility (e.g., long-term care home to a hospital).

View Your Plan Details

To check details about your coverage for dental, vision, medical supplies, and mental health, please create an online PBC Member Profile on www.pac.bluecross.ca or download the PBC app on your smartphone or tablet. The PBC Member Profile offers convenient and secure access to detailed information about your benefits coverage 24 hours a day.

Please call Health Benefits at 1-855-550-5454, email healthbenefits@fnha.ca or visit fnha.ca/benefits to learn more about the First Nations Health Benefits program and benefit coverages.

FRASER EAST RAPID ACCESS TO
ADDICTIONS CARE

INDIGENOUS OUTREACH

Our team can provide a range of services to support you in your substance use journey.

- HARM REDUCTION SUPPLIES
- INDIVIDUAL & FAMILY COUNSELLING
- SUBSTANCE USE TREATMENT REFERRALS
- NALOXONE TRAINING
- GRIEF AND LOSS SUPPORT
- GROUP THERAPY
- RESOURCE NAVIGATION

Are you struggling with substance use? Or know someone that does? Are you wanting support but unsure how to reach out?



First Nations Health Authority
Health through wellness

Office Phone:
604-701-3660



fraserhealth

Better health. Best in health care

We recognize Fraser Health provides care on the unceded and traditional territories of the Coast Salish and Nlaka'pamux Nations

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First Nations Health Authority
Health through wellness

Mental Health and Cultural Supports

TELEPHONE AND ONLINE SUPPORT

Virtual Substance Use and Psychiatry Service. A free, referral-based service for First Nations people in BC and their family members. Health care providers, including the [Virtual Doctor of the Day](#) program, can refer you to this service. Available Monday to Friday. [FNHA.ca/VirtualHealth](https://fnha.ca/VirtualHealth)

First Nations and Inuit Hope for Wellness Help Line and On-line Counselling Service offers mental health counselling and crisis intervention to Indigenous people across Canada.
Toll-Free: 1-855-242-3310
www.hopeforwellness.ca

Kids Help Phone is a 24/7 national support service offering professional counselling, information and referrals and volunteer-led, text-based support to youth.
1-800-668-6868 or text the word "connect" to 686868 to access text support.

KUU-US Crisis Services is available 24/7 to support Indigenous people in BC.
<https://www.kuu-uscrisisline.com/24-hour-crisis-line>
Toll-Free: 1-800-KUU-US17 (1-800-588-8717)
Adult/Elder: 1-250-723-4050
Child/Youth: 1-250-723-2040

National Indian Residential School Crisis Line supports former Residential School students. The crisis line provides emotional and crisis services 24/7.
Toll-Free: 1-866-925-4419

Provincial Alcohol and Drug Information Referral Service provides free referral services to support with any kind of substance use issue (alcohol or other drugs).
Toll-free: 1-800-663-1441
Lower Mainland: 604-660-9382

Foundry: health and wellness supports, services and resources for young people ages 12 – 24 and their caregivers. No referral or assessment required. In-person: <https://foundrybc.ca/find-a-centre/>
Virtual: <https://foundrybc.ca/virtual/>

FNHA MENTAL WELLNESS AND COUNSELLING SUPPORT THROUGH HEALTH BENEFITS

Health Benefits provides access to mental wellness and counselling services. All services require prior approval. A list of providers registered with Health Benefits can be found on the [Provider List](#) or by contacting:
1-855-550-5454.

INDIAN RESIDENTIAL SCHOOL RESOLUTION HEALTH SUPPORT PROGRAM PROVIDERS (IRS RHSP)

Adah Dene Cultural Healing Camp Society
Margo Sagalon: 250-996-3813
Admin.elders@telus.net
Tracey Charlebois: 250-996-1475
Nakazdlieelders@telus.net

Carrier Sekani Family Services
For Vanderhoof: Catherine Lessard: 250-567-2900 or Toll-free: 1-800-889-6855
For Prince George: Rhonda Hourie or Cheryl Thomas: 778-675-0419

Gitanyow Human Services
Wanda Good: 250-849-5651
Wanda.e.good@gmail.com

Gitxsan Health Society
Martha Wilson: 250-842-6876

Nuu Chah Nulth Tribal Council
Vina Robinson: 1-250-724-3939
vina.robinson@nuuchahnulth.org
Daily Elliott: 250-720-1736

Indian Residential School Survivors Society
Carol Stegman: 604-985-4464 or
Toll-free: 1-800-721-0066

Okanagan Nation Alliance
Toll-free: 1-866-662-9609

Tsow-Tun-Le-Lum Society
Toll-free: 1-888-590-3123

FNHA TREATMENT AND HEALING CENTRES

During the pandemic, Round Lake Treatment Centre and Gya'waa'Tlaab House of Purification are maintaining a live-in treatment program with additional precautions taken to abide by physical distancing and associated safety requirements. Most treatment centres have moved to providing virtual support to individuals and families.

Carrier Sekani Family Services
Call: 250-567-2900 or
Toll-free: 1-800-889-6855
and ask for an ARP Team member
Email: rjohn@csfs.org

Kackaamin Family Development Centre
Call: 250-723-7789 or
Toll-free: 1-833-205-6946

Namgis Treatment Centre
Call: 250-974-8015 or
Toll-free: 1-888-962-6447 Ext. 2141

Nenqayni Wellness Centre
Call: 250-989-0301 or
Toll-free: 1-888-668-4245

North Wind Wellness Centre
Call: 250-843-6977 or
Toll-free: 1-888-698-4333

Telmexw Awtextw (Sts'ailes First Nations)
Call: 604-796-9829

Tsow Tun Le Lum
Call: 250-268-2463 or
Toll-free: 1-888-590-3123

Wilp Si'Satxw Healing Centre
Call: 778-202-0162, 778-202-1349 or
Toll-free: 1-877-849-5211

All information in this document is accurate as of September, 2022.

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CHEAM DRUMMING PROGRAM

Cheam Youth/Teens are invited to register for this program which will be held twice a week for two months.

Dates to come after we have enough registered.



Please register to:

amanda.aubichon@cheamband.com or cori.victor@cheamband.com

The TELUS Friendly Future Foundation Social Impact Bursary for college and university students will be considering the first 400 applications submitted. Recipients will receive a bursary valued at \$ 3,000 (college) or \$5,000 (university) to put toward tuition fees at Canadian post-secondary institutions. Bursary recipients may also be eligible for free or discounted mobile or internet services, mentoring, internships and other career development opportunities. Who can apply:

- Youth between the ages of 17 and 29 who are accepted into, or attending, any undergraduate degree or diploma program at a college, university or polytechnic institute in Canada
- Those experiencing financial need (\$65,000 or less net combined family income)
- Students who are committed to developing an innovative project or venture during their studies that will have a positive social or environmental impact in their community.

Deadline July 5, 2023 or once the maximum number of applications have been submitted. **[APPLY NOW](#)**



YOUTH EMPLOYMENT PROGRAM



Are you a Indigenous youth interested in learning about employment, resumes, interview skills and preparing for the workforce?

This week-long program provides Indigenous youth, aged 15-19, with opportunities to learn about local businesses and gain skills that will help them prepare for the workforce.

**Transportation
supports &
lunch provided**

What will I gain from this program?

- Knowledge about what types of employment and businesses you like the most.
- Connection and visits to local businesses to explore what employment could look like.
- A completed resume.
- More confidence in approaching employers and interviews.
- Excitement about entering your local workforce!

What does a day in the program look like?

Mornings: In class learning about resumes, interview skills, how to dress, and more to help you prepare for employment.

Afternoons: In class presentations and field trips to local businesses for the change to see and experience first-hand what working at a local business looks like.



REGISTRATION DETAILS

DATE

July 24 - Aug 4, 2023

LOCATION:

SASET Office
5B-7201 Vedder Road,
Chilliwack BC

HOW TO REGISTER:

Contact the SASET office:
604-858-3691
Info@saset.ca

Gain practical skills for your future job!



STÓ:LŌ ABORIGINAL SKILLS
& EMPLOYMENT TRAINING &
BUNGALOW 968

INDIGENOUS HOCKEY CAMP

AUG 14TH-18TH @ SARDIS SPORTS COMPLEX



The Chilliwack Jets & Homelife Hockey are providing a **FREE** Hockey Development Camp for Indigenous Kids looking to expand their skills through the guidance of experienced local hockey players.

WHAT TO EXPECT

- 1 TO 1 MENTORSHIP
- 5 ICE SESSIONS
- SKILLS DEVELOPMENT
- MENTAL AWARENESS
- DRYLAND TRAINING



REGISTER NOW!
WWW.CHILLIWACKJETS.COM

For more info or to register online go to: <https://www.chilliwackjets.com/indigenous-hockey-camp>

FIND US ONLINE:



MANY VOICES, ONE MIND
"QXELƏC, NƏ ƏĆ Ć ƏMAT ƏƏŁ KʷƏƏ ŠXʷQʷELƏWƏN"
"LETS'EMÓT Á:LXEMSÓXW"

CALL OUT TO INDIGENOUS YOUTH ARTISTS

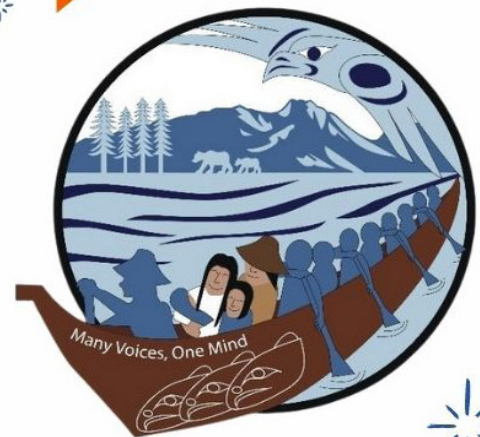
The Details:

- Open to Indigenous Artists
Age 16– 25
- Closing Date: July 21, 2023
- Decision Made: August 4, 2023
- Portrait size : 8.5" x 11"

We are looking for an
Indigenous youth to
help us create the title
page for our Salmon
Resource Guide!

Prizes

1st place: \$500.00
2nd place: \$100.00 Gift Card
3rd place: \$50.00 Gift Card



Artists will need to incorporate the Title "Spirit of the Salmon".
We are looking for artwork that represents Stó:lō culture –
artwork could include salmon, river, mountains, cedar trees,
animals and/or traditional fishing.

Please scan your high resolution (300 dpi) design to
brendar@seabirdisland.ca

Stó:lō Land Stewardship and Governance Course



A five-week cohort program for Stó:lō youth (ages 16-21) who wish to further their understanding and knowledge of Stó:lō ways relating to Land Stewardship and governance.

Start Date

July 04, 2023

End Date

Aug. 04, 2023

Commitment:

4 days a week

9:00AM to 2:00PM

Send Nominations to:

Lisa Wolgram

Lisa@alongsiderc.ca

778-808-3451

Michael Blackburn

Michael@alongsiderc.ca

604-997-8763

Over the course of five weeks learners will engage in land-based and experiential learning opportunities as they explore and make connections related to the relationship between S'ólh Téméxw and being Xwélméxw, Shxwélméxwelh and S'ólh Téméxw, the impacts of Canadian governance – historical and contemporary - on Shxwélméxwelh, and what it means to steward the land in a good way moving forward.

This course will be delivered using a variety of methods for teaching and learning including being on the land, listening to Knowledge Holders and other experts, group discussions, self-reflection, guided tours, listening to audio, watching videos, and reading texts. Throughout all five modules, learners will be guided through a process of inquiry, wherein they will be supported in their exploration of a topic of their choosing related to Stó:lō land and governance.

S'ólh Téméxw — Our world; Our land

Xwélméxw — First Nations person

Shxwélméxwelh — Stó:lō way/constitution

STSA



**S'ólh Téméxw
Stewardship
Alliance**



**Stó:lō Research
and Resource
Management Centre**

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SCHOOL DISTRICT 78
FRASER-CASCADE
EVERYONE PULLING TOGETHER

Summer School 2023

July 4 - 28, 2023 Monday to Friday

Schedule

Summer school will operate for 19 sessions, starting on July 4th, **from 10:00 am - 2:45 pm**. The teacher will be available in the mornings from **8:30 am - 10:00 am for extra help as needed**. Regular attendance will be expected, and attendance will be communicated with parents.

LOCATIONS: **HSS** - Hope Secondary School
AESS - Agassiz Elementary Secondary School
(Room #'s TBA)

Expectations

Regular progress is expected. With only one month to complete their assigned work, students will be expected to make the most of their in-class time and **behave in a mature, business-like manner**. When students have **completed their assigned** course(s) they will **no longer be required to attend**.

Referrals will be **made by teachers** with the **approval of their principal**. If your child is referred for summer school, a **consent form will need to be completed**. If you or your child would like to be referred for summer school, please talk to your school principal.

Referrals

REFERRAL DEADLINEJUNE 16, 2023

Capacity limits will be determined during the first week of June. If your child is **referred prior to June 16**, you will be **contacted by summer school staff the week of June 19** to confirm enrollment. If your child is **referred after June 16**, enrollment will **need the approval of summer school administration** in order to ensure that space is available.

Programs

I Students in **Grade 7-9** may be offered a **compressed version of Math and/or English** to prepare them for the next grade level.

II Students **currently enrolled in online learning** will be allowed to continue their online course(s) to their completion.

III Students who have not passed a course with **in-class instruction will be allowed to complete additional units online** to bring them to a passing level.

IV Students wishing to **complete a course not previously attempted in its entirety** may do so **if space is available**.

Technology

DEVICE REQUIREMENTS

Students will be provided with devices to use while at school. If students would like to complete extra work at home they will need:

- Computer or tablet with up-to-date browser
- Word processor (not required for Math courses)
- Webcam recommended
- Access to internet capable of streaming video
- Headphones
- Printer recommended

FIND US ONLINE:



Petro-Canada Award for Indigenous Students

This award is for Canadian Indigenous students enrolled in a Canadian High School program. It is a one time award of \$750 for students from one of the Indigenous communities listed within the application.

The deadline to apply is July 1, 2023. Apply at indspire.ca/apply-now.



The Petro-Canada Award for Indigenous Students is for Canadian Indigenous students (from a specific group of communities) currently enrolled in a Canadian high school program.

You are:

- ~ A First Nation (status and non-status) high school student who lives in one of the communities listed in the application
- ~ Enrolled full-time in a high school in Canada
- ~ Under the age of 19
- ~ A Canadian citizen or permanent resident with a valid Social Insurance Number

If this sounds like you and you're from one of the communities listed in the application, **[Apply NOW!](#)**



Indigenous Girls Canoe Summer Leadership Program

\$250
completion
incentive!

Unleashing Potential: Cultivating Indigenous Girls' Leadership through Canoeing and Cultural Empowerment.

We are partnering with Canoe Cultures to offer canoeing, paddle carving, and career training.

WHEN: July 11th - August 10th 2023
Tuesdays and Thursdays 10:00 am - 3:00 pm

WHERE: ACCESS Vancouver, 110-1607 E Hastings St and False Creek.

Enroll by July 5th, 2023

Book Your Spot Today!

604-251-7955

ACCESSFUTURES.COM





Indigenous Youth Summer STEAM Program

\$350
completion
incentive!

Immerse yourself in a world of endless possibilities as our expert mentors guide you through the fascinating world of STEAM.

WHO: Grade 8-12 Indigenous Students: Status, Non-Status, Inuit, and Metis

WHEN: July 10th - August 11th, 2023
Mondays, Wednesdays & Fridays 10:00am-3:00pm

WHERE: ACCESS Vancouver, 110-1607 E Hastings St

Enroll by June 30th, 2023

Book Your Spot Today!

604-251-7955

ACCESSFUTURES.COM

Rosedale Traditional Community School Society (RTCSS) Summer 2023

Celebrate Summer

RTCSS continues to offer the ever growing Celebrate Summer program. Each week is filled with activities including cooking, crafts, sports, water games, a field trip, team building, a movie and a scavenger hunt. We have indoor and outdoor activities each day, as well a gym time and library time. This program is perfect for kids to be social and active during the summer. We accept registration for specific days, entire weeks or the entire summer.

\$40.00/Day

\$170.00/Week

Hours: 9am-5pm directed activity**

Ages: 5 - 11 (must have completed K)

****Extended care** available 7am to 5:30 for an additional \$5 per day. Extended care **MUST** be pre booked to ensure staff is appropriately scheduled.

REGISTRATION OPENS MAY 1ST

Field Trip Thursday: Attending field trips on Thursday is at no additional cost if participant is booked for the full week. If participant attends less than 5 days, there is an **additional fee of \$25** due to attend field trip and participant must be attending a minimum of 3 days during the week.

July 10-14 Week 1: Prehistoric Ice Age Week

Grab your snowsuits and hop in the time machine, we're heading back 2 million years to the Ice Age. Keep an eye out for a giant Woolly Mammoth or a Saber Tooth Tiger! We'll be cooling off in the summer heat with snow and ice activities, and making some delicious frozen treats!

Random

Field Trip-Project Climb/Cheam Water Park **Days**

July 17-21 Week 2: Super Heroes Week

Look... Up in the sky! It's a bird? It's a plane? No, it's superhero week at summer camp! Come join our team of Avengers as we explore what it means to be a superhero. Join us as we create tasty treats inspired by our hero's, the real question is cape or no cape? Field Trip-Jungle Jac's Play Centre

Random

Days

July 24-28 Week 3: Mummies & Monsters Week

Slither, crawl or run, just make it to camp this week for an eerie fun time. We'll explore an ancient Egyptian escape room, find out why werewolves howl at the moon and learn all about creepy crawly insects.

Limited

Field Trip-The Vancouver Aquarium

July 31-Aug 4 Week 4: In The Jungle Week

What's black and white and red all over... a zebra with a sunburn! Join us at camp this week to explore all that the jungle has to offer! Grab your safari hat and binoculars, we're going on an expedition, so be on the lookout for lions, tigers and bears... oh my!

Field Trip-The Greater Vancouver Zoo **Limited**

Aug 8-11 (4 days) Week 5: Fairytale Week

Calling all make-believers, this is your week! The dragons have been unleashed and we're in need of a few brave princes and princesses to wrangle them back to their caves. Bring your creativity as we'll be building castles, and having a scrumptious royal feast fit for a king!

Random

Field Trip-Inflatable Sports/Bouncy Castles-(in-house) **Days**

Aug 14-18 Week 6: Fantastic Farms Week

Old McDonald had a farm, and on his farm he milked the cows, drove his tractor, and collected dozens of eggs. Chilliwick is well-known for all kinds of farms, and during this week of camp we'll explore farm animals, the life cycle of a chicken egg, and of course enjoy some sweet corn on the cob!

Random

Field Trip-Eco Dairy Farm/Castle Fun Park **Days**

Aug 21-25 Week 7: Under The Sea Week

Move over shark week... we're going to have a whale of a good time at our last week of camp! Whether you're into mermaids, dolphins or inky octopus' we've got something cool for everyone! Make an edible ocean, explore a variety of real seashells, learn how beluga whales use echo-location and splash away the day at our field trip! Field Trip-Bridal Falls Waterslides

Limited



Extra fee of \$25 apply to field trip Thursdays if participant is not booked for the full week.



50850 Yale Road
Rosedale BC V0X 1X2
Phone: 604 378-0300
Email: rtcass@rtcass.ca
Web: www.rtcass.ca

Get in touch

Phone: 604 378-0300
Email: rtcass@rtcass.ca
Monday-Friday 8:00am-4:00 pm

To register

Email rtcass@rtcass.ca to receive a registration package. Return and pay by e-transfer or Credit Card.

FIND US ONLINE:

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[@CHEAM_FN](https://twitter.com/CHEAM_FN)

Rosedale Traditional Community School Society (RTCSS) Summer 2023

Lil Gymnast 4-6yrs

Join us for fun while learning the basics of rhythmic gymnastics. You will learn leaping, tumbling and balancing. You will also be introduced to ribbons, balls and hoops.

Monday-Friday 9:30am-10:30am
July 24-28 \$50



Tiny Cooks 4-7yrs

For children who love to help out in the kitchen. Full hands on experience making different dishes to take home and share with the family.

Monday-Friday \$60
July 10-14 9:30-10:30am
August 14-18 12:30-1:30pm



Chefs in Training 8-12yrs

Full hands on program, each day students will make two dishes to take home and share with mom and dad. New recipes are explored in each day.

Monday-Friday \$70
July 10-14 11:00-12:30pm
August 14-18 2:00-3:30pm

At Home Alone 10+yrs

This is an interactive, participatory program that is designed to teach children to make safe choices while At Home Alone.

Wednesday 9:00-1:00pm
July 12 \$40

HOW TO REGISTER

- email rtcsc@rtcsc.ca
- request registration form
- complete and return
- send etransfer to complete

RTCSS Memberships

Members of the society consist of any person enrolled in a RTCSS program. When participant is under the age of 16 parent or guardian will be considered a member of the society. Memberships are at no charge when enrolled in a program.



50850 Yale Road
Rosedale BC V0X 1X2
Phone: 604 378-0300

Gymnastics 7-10yrs

Join us for fun while learning the basics of rhythmic gymnastics. You will learn leaping, tumbling and balancing. You will also be introduced to ribbons, balls and hoops.

Monday-Friday 10:30am-12:00pm
July 24-28 \$60

Ages 4-14

Cheerleading-Infinity Cheer Elite 6-12yrs

Come see what cheerleading is all about in this fun no experience necessary summer camp for ages 6-12. Make new friends and have fun while learning the basics of all four components of cheerleading. Athletes will learn tumbling, stunts, jumps and dance. Infinity is here to provide a safe and caring environment for athletes to learn and grow while building their confidence!

Monday-Thursday 10:00am-12:00pm
Aug 21-24 \$115

Mad Scientist 8-12yrs

Do creative science experiments exploring your imagination with hands-on fun experiments. Don't forget to wear clothes appropriate for messy fun!

Monday-Friday \$65
July 10-14 2:30-3:30pm
August 14-18 11:00-12pm



Get involved

Looking for a way to share a skill with your community? Looking for different activities? Let us know! We are continually looking for new programs to offer! So get in touch!



Cupcake Decorating 8-12yrs

Have you ever wondered how those cupcake fish look so real? Learn basic techniques to decorate cupcakes in an artistic way! Is it art? Is it food? Best of both worlds.

Monday-Friday 9:30am-11:00am
July 17-21 \$70



Little Einstein 4-7yrs

The perfect combination of science and art. Each day your little Einstein will be engaging in an age appropriate science experiment, and making an art project in conjunction with the experiment.

Monday-Friday \$60
July 10-14 1:00-2:00pm
August 14-18 9:30-10:30am



Babysitters Training 11+yrs

Learn about your rights and responsibilities, how to care for a child and how to deal with emergency situations. You will receive a certificate at the end of this Canadian Safety Counsel Babysitters Course. Please note this is a two day course.

July 5/6 9:00am-1:00pm
\$50 must attend both days



Facility Rentals

RTCSS is the perfect place to host birthday parties, meetings, practices and all kinds of community events. Get in touch today to find out how you can hold your next event at our beautiful facilities.

Check us out on Facebook!

<http://www.facebook.com/RosedaleTraditionalCommunitySchoolSocietyrtcsc>



What is a Community School?

Community Schools in British Columbia are elementary or secondary schools with a special emphasis upon the belief held by residents and staff in the value of community involvement. The Rosedale facility was built in partnership with the City of Chilliwack and deemed a Neighbourhood Learning Centre. NLC's are inviting places where people of all ages can access education, community services, recreation and culture seven days a week, twelve months a year – places that promote the well-being of children, families and the entire community.

Get in touch

Phone: 604 378-0300
Email: rtcsc@rtcsc.ca
Monday-Friday 8:00am-4:00 pm

To register

Email rtcsc@rtcsc.ca to receive a registration package. Return and pay by etransfer or Credit Card.



EMPLOYMENT OPPORTUNITIES



XWCHÍYÒ:M
CHEAM FIRST NATION

Administrative Assistant – SASET

The Administration Clerk is responsible for the administration of HR, funding and governance, and communication functions. This position will assist with implementing better structures and processes within administration.

Adult In-Home Care Worker

The Adult In-Home Care (AIHC) Worker is responsible for providing confidential home care services based on the Nurse's assessment. The AIHC Worker provides home care services and support to individuals and families experiencing minor set-backs due to illness, injury or age.

Emergency Program Coordinator - (15 month Contract)

The Emergency Program Coordinator (EPC) is responsible for supporting the coordination of the Emergency Management Program, and for the review, maintenance and implementation of Cheam's Emergency Response Plans, All Hazards Plan, and Health Plan. It is the responsibility of EPC to ensure that adequate attention is given to all aspects of Emergency Management Program-including direct and indirect support for related planning supports for the Comprehensive Community Plan.

General Maintenance Worker - SASET

Under the direction of the Public Works Supervisor, the primary purpose of the Cheam Maintenance Worker is to conduct general grounds and building maintenance tasks for all Cheam public/common areas, community grounds, community buildings, water systems, wastewater systems, and Band Rental and Social Housing.

Health Assistant – SASET

Under the direction of the Health and Wellness Manager, the Health Assistant is responsible for assisting the Health Coordinators in the development, coordination, administration and management of health programs.

Human Resources Assistant – SASET

The Human Resources Assistant is responsible for administrative functions and support for the HR department. This position will assist with implementing better structure and process within the administration under the direction of the HR Manager.

Social Development & Education Clerk - (SASET)

Under the direction of the Social Development and Education Manager, the Clerk's primary goal is to assist the Coordinator in improving the quality of life for Cheam Band Members requiring assistance and access to Education and Social Assistance programs.

Wellness Advocate

Under the direction of the Health and Wellness Manager, the Wellness Advocate's primary goal is to provide non-clinical counselling services including, confidential addiction counselling, referrals to detox and treatment facilities, education and support to Cheam Members and their families, and to promote positive and healthy lifestyles and choices.

Further details can be found on our website at <https://cheam.ca/employment>

Please send a cover letter and resume to HR@cheamband.com

Kiewit

Location: Hope BC Area

Schedule: 14/7 rotation with paid flights

Hours: 10-hour days rotation with paid flights

Accommodation: Camp provided

Employment Opportunities:

- Office Administrator (Good Excel Skills)
- Heavy Equipment Operators (Op 1)
- Traffic Control Person
- Drivers (Class 1)

All employees:

- Must successfully complete Drug and Alcohol and 50lb Fit for Work Test
- Must have steel-toed boots; all other Personal Protective Equipment (hard hat, gloves, safety glasses, vest) is provided.
- Receive comprehensive medical, dental, vision, RRSP and Pension Benefits through CLAC
- Have opportunity for advancement and in-the-field-training

Email resume to Robin Farr
KBTP.Communications@KBTP.ca



**We're
HIRING:)**

Advanced Care Paramedics & Safety Services

British Columbia, Canada

We're hiring medics for Southern BC: OFA3 | EMR | PCP

- **Full-time Positions**
- **Flexible Rotations**
- **Benefits Package
(After 3 months full-time)**
- **\$300-\$400 per Day
(Based on Medic Level)**
- **Accommodations & Meals Provided**

**Please send resumé to:
employment@canruss.com**

Chilliwack Community Services has the following postings:



Housing Coordinator, full-time (maternity leave coverage).

Oversees the day-to-day operations of housing and residential programs and buildings. Provides ongoing supervision of residential employees and develops and evaluates program policies that align with the health and safety of clients and residents. In partnership with the management team, develops and plans new housing projects that align with the agency's service mandates. Engages with community stakeholders by attending and facilitating committee/community meetings to develop partnerships, increase awareness of our housing programs, and develop opportunities for our community. Closes on June 16.

Lead Administrative Assistant, full-time. Closes on June 21.

Supervise administrative staff and participate in their recruitment and selection. Participates in the coordination of administrative work in an office. Perform a variety of administrative and clerical duties as required.

Building Maintenance Worker, 30 hours per week, flexible schedule. Closes June 21

The Building Maintenance Worker is responsible for scheduling maintenance, ensuring cleanliness, safety, and repair of all agency facilities and equipment. Prepare correspondence and other documents relating to the position. Responsible for organizing First Aid Training.

Family Support Worker, permanent full-time. Closes on June 23.

Provides family intervention support to parents and their children through partnership with the Ministry of Children and Family Development (MCFD) to reunify families and prevent children being exposed to parental neglect, or abuse and needing child protection. This position may require some evening and weekend hours.

WorkBC

Work BC - Aggasiz/Kent **103 Jobs**

7086 Pioneer Avenue

Agassiz, BC, V0M 1A0

604-796-0266

centre-agassiz@workbc.ca

<http://workbccentre-agassiz.ca>

Work BC - Hope **202 Jobs**

895 3rd Avenue

Hope, BC, V0X 1L0

604-869-2279

centre-hope@workbc.ca

<http://workbccentre-hope.ca>

Work BC - Chilliwack **650**

200 - 45905 Yale Road

Chilliwack, BC, V2P 2M6

778-860-5452

centre-chilliwack@workbc.ca

<http://workbccentre-chilliwack.ca>



WorkBC

WorkBC Skills
Enhancement

People in part-time, seasonal, or casual work and people without employment can access WorkBC skills training programs and the financial help needed while in training.

Apply today!

Canada



This program is funded by the Government of Canada and the Province of British Columbia.



Shannon Smith
SCF Business Analyst

Are you interested in starting a business?

Book a free and
confidential appointment
with Shannon Smith to
learn how!



ssmith@stolocf.ca



(604) 824-5278



Community
Futures Stó:lō



SASET Outreach Services **on-site at Cheam First Nation** **Every Friday from 9:30am to 3:00pm**

Who are we?

We provide Indigenous Employment and Training Services to First Nation working age population in the Fraser Valley Catchment area.

Who do we serve?

If you are an Indigenous person and are either the following:

- Is un-under employed
- Student
- Employed but unable to meeting basic living requirements
- Resides in SASET's catchment area (Langley to Boston Bar and throughout the Fraser Valley; or with 3 communities in the Head of the Lakes)

Outreach Employment Services:

Employment and Career Counselling
Resumes and Cover Letters
Education and training information
Computer with internet access
Job postings
Employment Readiness
Career Planning/Decision Making
Labour Market Information

Scholarships, Grants and Bursary information
Job Search assistance
Applying online
Employability workshops
Basic Computer Skills Workshops
And much more

Lucinda Louie, Employment Counsellor

Phone or text: 778-684-1464 or email: Lucinda.Louie@saset.ca

Or email: info@saset.ca

See our website for more information at www.saset.ca

TRAINING OPPORTUNITIES



High In-Demand Training

Start your journey to a new career.

Sheet Metal Foundation

- 8 Weeks of Essential Skills
- 24 Weeks of Technical Training
- Work placements Available!!
- Fully Funded Program
- For Indigenous Peoples - Status, Non-Status, Métis and Inuit

Enroll by July 14th, 2023

Call Today!

604-251-7955

ACCESSFUTURES.COM



Spark Your New Career Today

Start your journey to a new career.

Electrical Foundation Program

- 8-week Essential Skills 'Alternate Pathways to Electrical'
- 15-week foundation program at EJTC
- 10-week paid work practicum through IBEW 213
- Fully funded program
- For Indigenous People - Status, Non-status, Métis or Inuit

Enroll by October 20th, 2023

Call Today!

604-251-7955

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In-Demand Training!

Security Systems Technician Training

- 24 week Technical Training
- Paid 4 week Work Practicum
- Fully funded Program
- For indigenous Peoples - Status, Non-Status, Métis and Inuit

Enroll by September 1, 2023

**Start your journey to a new career.
Call Today!**

604-251-7955

ACCESSFUTURES.COM

FOOD SAFE COURSE

A food handling, sanitation and work safety course designed for food service establishment operators and front line food service workers such as cooks, servers, bussers, dishwashers, and deli workers. The course covers important food safety and worker safety information including foodborne illness, receiving and storing food, preparing food, serving food, cleaning and sanitizing.

Spaces are limited, so sign up soon!

Certificates have a 5 year expiry.

August 3rd
9:00 am-4:30 pm

Fee: \$80
Register with CCRR:
ccrr@comserv.bc.ca or
call 604-792-4267

CCRR
45938 Wellington Ave



FIND US ONLINE:



CHEAM.CA



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**Sto:lo Aboriginal
Skills &
Employment
Training is
pleased to offer:**



Customer Service Training

Canada 

July 17—21, 2023

Class Time: 8:30AM—4:30PM

Program will take place at:

2895 Chowat Road , Agassiz

**This program is open to Indige-
nous individuals who reside
within our catchment area with
an interest in Customer Service
employment opportunities.**

**There are a limited number of seats
so don't delay in scheduling an ap-
pointment with a SASET employment
counsellor today!**

SASET FULLTIME EAS OFFICES:

SASET—Chilliwack Office

**5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691**

SASET— Sts'ailes Office

**4690 Salish Way
Agassiz, BC
Phone: 604-796-5536**

SASET—Seabird Office

**2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865**

FIND US ONLINE:

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EMPLOYMENT PREPAREDNESS PROGRAM



The Employment Preparedness Program helps you build confidence, gain certifications, and prepares you for employment in entry level positions.

What life skills will I gain? What will I learn?

- How to conduct yourself as a professional
- Confidence in yourself
- Communication skills and etiquette
- How to work as a member of a team
- Workplace safety
- Customer service skills
- Practice handling cash and processing financial transactions
- Learning about basic nutrition
- How to prepare for job interviews
- Personal presentation

What bonuses or supports are available?

- Daily lunch
- Daily transportation
- Purchase of PPE for successful job placement



Which certificates will I receive?



SUPERHOST



**EMERGENCY
FIRST AID
LEVEL 1**



**FOODSAFE
LEVEL 1**



WHMIS



FORKLIFT

REGISTRATION DETAILS

DATE:

July 10 - July 21, 2023
9:00am - 4:00pm

LOCATION:

SASET Office
5B-7201 Vedder Road,
Chilliwack BC

HOW TO REGISTER:

Contact the SASET office:
604-858-3691
Info@saset.ca



B968

STÓ:LŌ ABORIGINAL SKILLS
& EMPLOYMENT TRAINING &
BUNGALOW 968

FIND US ONLINE:

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Sto:lo Aboriginal Skills & Employment Training is pleased to offer the following program:

First Aid Level 2



LUNCH IS PROVIDED
&
TRANSPORTATION SUPPORTS MAY BE AVAILABLE

If you are an Indigenous individual who:

- Is un or under employed
- Resides in SASET's catchment area
- Is willing to commit to a 1-week full-time program



If so... we are presently accepting applications for this training opportunity!

There are a limited number of seats, so don't delay in scheduling an appointment with a SASET Employment Counsellor!

July 24 - 28, 2023

CLASS TIME: 8:30AM TO 4:30 PM
Monday to Friday

Program will take place on-site at:
SASET
7201 Vedder Rd, Chilliwack, BC



SASET FULLTIME EAS OFFICES:

SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET— Sts'ailes Office
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office
2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865

Please visit www.SASET.ca for our Employment Assistance Service hours and locations

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Sto:lo Aboriginal Skills & Employment Training is pleased to offer
the following program:

First Aid Level 3

BACK BY POPULAR DEMAND!



July 3—14 2023

CLASS TIME: 8:00 AM TO 4:00 PM Monday to Friday

Program will take place on-site at:

2D—7201 Vedder Rd, Chilliwack, BC

If you are an Indigenous individual who:

- Is un or under employed
- Resides in SASET's catchment area
- Is willing to commit to a 2-week full-time program



If so... we are presently accepting applications for
this training opportunity!

There are a limited number of seats, so
don't delay in scheduling an appointment
with a SASET Employment Counsellor!



SASET FULLTIME EAS OFFICES:

SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET— Sts'ailes Office
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office
2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865

Please visit www.SASET.ca for our Employment Assistance Service hours and locations

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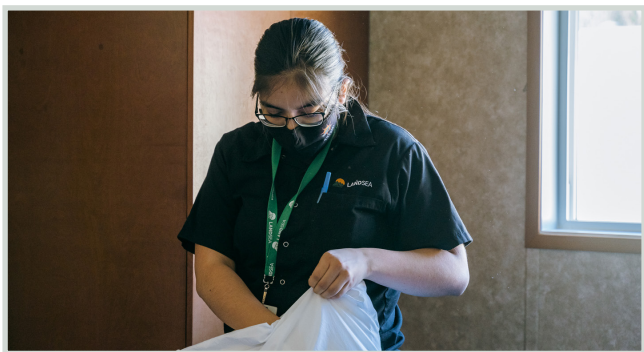
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PRE-EMPLOYMENT HOSPITALITY WORK SKILLS TRAINING PROGRAM

JULY 3-9, 2023
SQEMEL LALEM CAMP
HOPE, BC



This **free five day immersive program** is designed for Indigenous Participants interested in kick-starting their career in workforce camp hospitality.

The Pre-Employment Skills program will include:

- An introduction to Workforce Hospitality
- Required certification and training
- Health and safety in the workplace
- Camp specific policies and roles
- Kitchen equipment and safety
- Cooking methods and nutrition
- Job shadowing
- Professional development

Upon program completion, participants will be invited to apply to work at Sqemel Lalem Camp in Hope, BC.

The program is open and free to Indigenous persons living in BC, age 19 or older. Meals, accommodation, and training is included.



To apply, scan QR or visit:
<https://bit.ly/40iczKn>

For questions contact Kim:
kwestlake@landseacamps.com



LANDSEA



TRANSMOUNTAIN

FIND US ONLINE:



**Stó:lō Aboriginal
Skills &
Employment
Training is
pleased to offer:**

Canada

Basic Security Training



This program is open to Indigenous individuals who reside within our catchment area with an interest in Basic Security employment opportunities.

6 Days

July 10—17, 2023

Class Time: 8:30AM—4:30PM

Program will take place at:

5B—7201 Vedder Road, Chilliwack

There are a limited number of seats so don't delay in scheduling an appointment with a SASET employment counsellor today!

SASET FULLTIME EAS OFFICES:

SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET— Sts'ailes Office
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office
2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865

FIND US ONLINE:





Canada

Sto:lo Aboriginal Skills & Employment Training is pleased to offer:

FORESTRY/CONSTRUCTION TRAINING

JULY 17–28, 2023

If you are an Indigenous Individual who:

- **Is un- or under employed**
- **Resides in SASET's catchment area**
- **Is willing to commit to a 2 week full-time program**
- **Enjoys outdoor work in all types of weather**
- **Has an interest in Forestry or Construction**

If so... we are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with your Employment Counsellor!

**Training will take place at
Sts'ailes**

**Lhawathet - 16300 Morris Valley
Road, Agassiz, BC**

July 17–28, 2023

Monday to Friday 8:30am to 4pm

COURSE INCLUDES

- **First Aid Level 1**
- **WHMIS**
- **Mini Excavator**
- **Ground Disturbance**
- **Skid Steer**
- **Confined Space**
- **Chainsaw Safety**
- **And more**



**LUNCH AND
SAFETY GEAR PROVIDED!**



info@saset.ca



www.facebook.com/SASET.EAS



TO APPLY PLEASE CONTACT SASET:

SASET—Chilliwack Office

5B-7201 Vedder Road

Chilliwack, BC

Phone: 604-858-3691

SASET— Sts'ailes Office

4690 Salish Way

Agassiz, BC

Phone: 604-796-5536

SASET—Seabird Office

2895 Chowat Road

Agassiz, BC

Phone: 604-796-6865

FIND US ONLINE:



Have you ever wanted to become a trail builder? Now's your chance!

Free Trail Building Course July 17-21, 2023

Get hands-on learning experience on the trails you love!*

*with the potential of working on a trail crew in the following season.

Contact mike@fvmba.com for more information



Photo: Dawson Friesen

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Sto:lo Aboriginal Skills & Employment Training is pleased to offer:

Wildlands Fire Fighting

July 5—18, 2023

Chawathil

(4—60814 Lougheed Hwy, Hope BC)

LUNCH AND BOOTS PROVIDED!



Canada

- For Indigenous individuals who are over the age of 16 and reside in SASET's catchment area and have an interest in Wildlands Fire Fighting
- Must be willing to commit to a 2-week full-time program
- Physically fit and able candidates are encouraged to apply

Contact

audrey.george@chawathil.org
or SASET to sign up



SASET - Chilliwack Office

**5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691**

Sts'ailes Employment Centre

**4690 Salish Way
Agassiz, BC
Phone: 604-796-5536**

Seabird Employment Centre

**2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865**

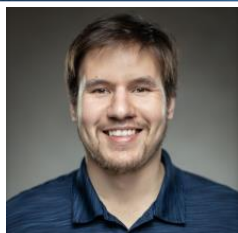
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Industry Internship Program for Indigenous High School Students

Summer 2023



"We are providing First Nation youth a foundational skillset to become leaders in the technology field and support their communities".

**– Brenden Mercer, FNESS Decision Support Manager
2023**

The 8-week Program Includes

A **SALARY** and a **LAPTOP** to keep

Learn Technology & Professional Skills

Cloud | Cybersecurity | Data Analytics
Customer Service | Financial Literacy

Speaker Series with Inspirational Leaders

Chiefs | Indigenous Leaders | Industry Executives

Work Experience through an Industry IT & Data Project

Network with High School Interns across Canada

The Program Details



July 3rd –
August 25th



Monday – Friday
10AM – 3PM



Check out the tools of
tomorrow you'll
develop in Summer

Don't miss out, please reach out!

No Previous Experience Required.

For more information, contact

Tammy Dong
tdong@fness.bc.ca
By April 21, 2023

IndigenousTech.ai
Canadian Government (PSIB) Certified Indigenous Controlled Company



**First Nations'
Emergency Services Society**
OF BRITISH COLUMBIA

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Social Assistance Cheque Schedule 2023

Cheque	Renewals Due By:	Ck. Release Date	Mid-Month 2
January 2023	December 15, 2022	December 21, 2022	January 14, 2023
February 2023	January 14, 2023	February 1, 2023	February 15, 2023
March 2023	February 15, 2023	March 1, 2023	March 15, 2023
April 2023	March 15, 2023	March 31, 2023	April 14, 2023
May 2023	April 14, 2023	May 1, 2023	May 15, 2023
June 2023	May 13, 2023	June 1, 2023	June 15, 2023
July 2023	June 15, 2023	June 30, 2023	July 14, 2023
August 2023	July 15, 2023	August 1, 2023	August 15, 2023
September 2023	August 15, 2023	September 1, 2023	September 15, 2023
October 2023	September 15, 2023	September 29, 2023	October 13, 2023
November 2023	October 14, 2023	November 1, 2023	November 15, 2023
December 2023	November 14, 2023	December 1, 2023	December 15, 2023



WE WANT YOUR FEEDBACK!



1. Please provide any feedback you want to the Band Office:

2. **Future planning** - top 3 things that you want to see in your community in the next 5 years

1)

2)

3)

3. **Community planning circle** - Would you like to attend a community planning circle in June or July?

Please circle your preferences:

Yes or No

In Person or on Web

Name:

Phone:

Email:

Please drop off at the Band Office or email your answers to communications@cheamband.com.