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#### XWECHIYOM XWEXWILMEXW SXWE EYELH

Kwetskwetsmet lis cha xwal letse sqwalewels ye xwe chiyom Xwexwilmexw;

Xw' eyehls cha ye mekw' wat ite xwech'l yom qesu texw eweta o kw'e tl' e met Te ewpi: I qaste qel sqoqe;

Temtames mami:yelhtel ya sq'eqotel qelu lam xwe xwe'eyelf iyolem kw'e o'hletem xwela Ye'mi cha

Temtames lis cha mekw yoyes ye alyem eweta Shxwlistexwes Te xwelitemelh Temtames chasu qexs a: li lalalem xwela kw'e mekw wates

Qas temtames cha xwe'eyems Te temexws qasu ey xwela ye xwechiyom

#### **CHEAM VISION STATEMENT**

We the people of Cheam are committed to developing a united and harmonious community. We respect individual's diversity and promote a healthy, self-sufficient lifestyle. We need one another and value one another's views. In appreciation of our uniqueness, we foster mental, physical, emotional and spiritual wellbeing. In doing so, we strive to build pride, dignity and respect amongst our people.

#### FIND US ONLINE:

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## **ADMINISTRATION NOTICES/UPDATES**

## **UPCOMING CHEAM EVENTS:**

June 3	Cheam Education Awards 11am-3:30pm
June 4, 18, 25	Trev's Flea Market 8:30am - 2:30pm
June 13 & 27	Cheam Regular Council Meetings
June 20	Dental Bus returns 10am - 4pm
July 3	Band Office Closed for Stat Holiday
July 15	Annual Cheam Days
July 25	Cheam Regular Council Meeting
August 7	Band Office Closed for Stat Holiday
August 19	Back to School Distribution 12-3pm
August 22	Cheam Regular Council Meeting
September 9	Cheam AGM & Presentation of Financials



## REPORTING PET INCIDENTS, INCLUDING DOG BITES & ATTACKS

## **Dog Bites and Attacks**

If you or your pet is involved in a dog bite or attack:

- 1. Exchange contact information with the other pet owner.
- 2. Seek medical help.
- 3. Report the incident to us as soon as possible to ensure everyone's safety.

## How To Report a Dog Bite or Attack

- Phone Cheam Administration Office @ 604-794-7924 (8:30am-4:30pm)
- Email land officer <u>lands@cheamband.com</u>
- After hours call RCMP @ 911

## Provide as much detail as possible, including:

- What happened?
- When and where did it happen? Do you have an exact address?
- What does the dog look like?
- What is the contact information of the dog owner and any witnesses?
- Do you have photos of injuries, before and after treatment, that include date information?
- Was there any hair removed, bruising, torn clothing, or broken collars?
- When did you document the incident?

## Need to follow up?

If you have information to add to your report. Give your contact information so we can reach you if needed.

## **How We Respond**

- We'll respond after receiving your report and, where necessary, start an investigation.
- Every situation is unique and takes different amounts of time to resolve.
- We give high priority when a person or an animal's safety is threatened.
- During investigations, we protect the privacy of everyone involved.

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• The Executive Director will review our investigation evidence and, if necessary, our recommendation to press charges.

## **Other Pet Incidents**

FIND US ONLINE:

- If you see an animal in distress or being mistreated (i.e. dogs in hot cars) phone the BCSPCA Call Centre at 1-855-622-7722
- To give up your pet: phone the BC SPCA Chilliwack Branch at (604) 823-6612

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There is some concern smaller passenger vehicles may bottom out, or high center, at the Upriver/East boat launch, due to a hump. Larger passenger trucks and SUV's should be able to clear the hump, however, smaller ones may not. the area above the bump is not intended to be a part of the boat launch; however, we wanted to notify you in case any members try to drive up there. Please use caution when using the Upriver/East Boat Launch until the project has been completed in September.



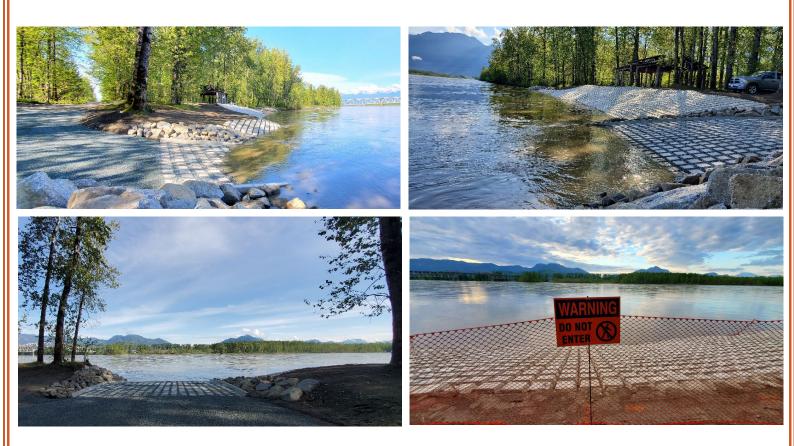
## Cheam Beach Erosion Mitigation and Bank Stabilization Project

## **SEASONAL SHUTDOWN**

The Nation has invoked a seasonal shutdown of the Cheam Beach Erosion Mitigation and Bank Stabilization Project due to the rising waters. This means that the topsoiling and seeding of the concrete mats in front of the Grand Chief Heilamacha building could not be completed at this time. Safety fencing and do not enter signs have been installed along the area to prevent entry and to mitigate a potential tripping hazard and/or risk of injury. When the water recedes, the contractors will return to finish the topsoiling, seeding and any deficiencies.

## Please use extreme caution if launching from the upriver/east boat launch. The angle of the launch is not visible and there is the potential risk of hitting the Rip Rap and damaging your truck/trailer.

Below are a few pictures, courtesy of Chief Victor, of the work that has been completed so far.



**The next phase** of the project is the repair to the road leading to Cheam Beach, which we hope to begin in June, followed by the restoration work at the Grand Chief Heilamacha building. Although there will be additional disruptions in accessing the Beach, it is important that the project be completed prior to the fishing season.

We appreciate your patience while this work is being completed. If you have any questions or want an update, please connect with Rachel Wille at <u>rachel.wille@cheamband.com</u>, or 604-794-7924 or by visiting the office.

## **ARE YOU ELIGIBLE FOR INDIAN STATUS?**

Do you need help applying for, renewing, or replacing your Indian Status Card?



Through a Trusted Source Partnership between Lu'ma Native Housing Society and Indigenous Services Canada we can assist you in applying, renewing, or replacing your Secure Certificate of Indian Status (SCIS).

We provide services with:

- > Obtaining supporting documentation through Vital Statistics, census records, and church records
- Ensuring accuracy of a complete application submission within service standard timelines

Lu'ma provides an all-encompassing service for new applications, renewals, and replacement cards facilitated by in person or virtual meetings and information sessions with our program coordinator, Colin Sanderson.



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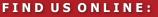
Connect with Colin at 604.653.8199 or COLIN@LNHS.CA

Scan the QR Code to

@CHEAM\_FN

receive Colin's info

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## **Celebration of Life for Evelyn Munro**



Carrielynn Victor, Winchester Victor, Meredith Douglas, and Frankie Victor would like family and friends to come out for the Celebration of Life for their grandma/mother Evelyn Munro, who lived a long life in Rosedale BC.

> When: June 10<sup>th</sup>, 2023 Time: 1:30pm Place: Harrison Hot Springs Memorial Hall Address: 290 Esplanade Avenue Harrison Hot Springs BC

**Thélá:ylexw Awtxw - House of Life Givers** A Stó:lō Women's Group

### Inviting Stó:lō woman to join as members.

Follow the link here: <u>http://www.stolowomen.com/join.html</u>

Thank you Carrielynn Victor, Chi:yom, for contributing this beautiful, meaningful logo. The logo is a combing weave in honor of womxn's tools and representing who we are as xwélmexw womxn, and weaving us together.



## **COMMUNITY EVENTS (EXTERNAL)**

# OUR LIVING LANGUAGES

First Peoples' Voices in British Columbia

**PRESENTED BY** 





PROUDLY SUPPORTED BY

Canada

## **Everyone Welcome**

**Agassiz-Harrison Museum TRAVELLING EXHIBITION** 

June 4 to August 29 10:00am - 4:00pm

7011 Pioneer Ave, Agassiz, BC VOM 1A0 Tele: 604-796-3545 For more information visit agassizharrisonmuseum.org

Z-HARRISON MUSEUM

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This project has been made possible in part by the Government of Canada Ce projet a été rendu possible en partie grâce au gouvernement du Canada

## 3rd annual #MarchForRecognition June 3 2023

Open for all!! Asking for any and all big drums, hand drums, singers, vendors and supporters.



## 10AM - 6PM SATURDAY JUNE 3, 2023

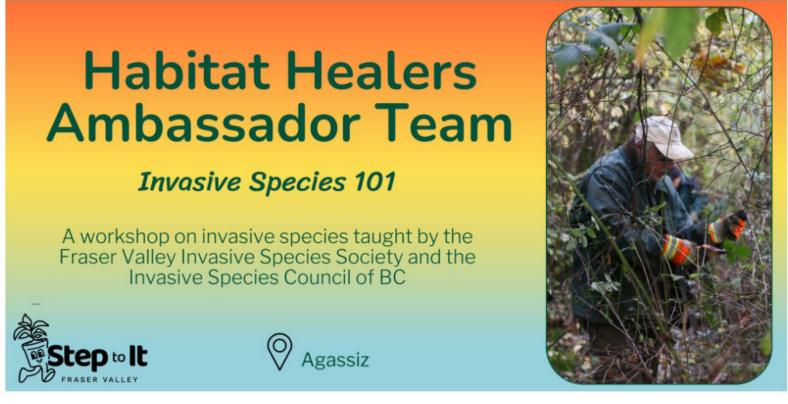
GATHER AT FRASER RIVER HERITAGE PARK 10:00AM MARCH TO ST. MARY'S RESIDENTIAL SCHOOL 11:30AM

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- PRESENTED BY THE CRAZY INDIANS BROTHERHOOD -ACCEPTING DONATIONS FOR TEDDY BEARS AND SHOES FOR THE VANCOUVER VIGIL

## **Invasive Species 101 Workshop**

Jun 10 @ 10:00 am - 12:30 pm



Come join us to learn about invasive plants and animals common to the Fraser Valley and beyond in a workshop led by the Fraser Valley Invasive Species Society and the Invasive Species Council of BC!

You can learn from experts with local and provincial perspectives about the best ways to identify and manage invasive species you may have in your backyard, neighborhood and community.

After the presentation at the Agassiz Library, we'll go on a walk-and-talk in a local park so you can get on-the-ground knowledge of what these invasive species look like, what environments they thrive in, and the best ways you can help eradicate them.

Come loaded with all your invasive species questions and an appetite for knowledge, we'll provide the rest!

See the **Event Page** for more info.



MÍCHAP LÍ TE S'QEPTSET

## Stó:lō Shxwelí Language Celebration

## JUNE 13, 2023 SQWÁ COMMUNITY HALL

615 WELLINGTON AVE, CHILLIWACK BC, V2P 8A8

**3-5 PM** LANGUAGE TECHNOLOGY PROGRAM CELEBRATION AND SHOWCASE, MEET THE SHXWELÍ TEAM, LEARN SOME HALQ'EMÉYLEM, CONNECT WITH OTHER LEARNERS

5-7 PM DINNER AND CEREMONY

FOR MORE INFORMATION OR TO RSVP FOR DINNER PLEASE CONTACT ROXANNE DOOL - ROXANNE.DOOL@STOLOSHXWELI.ORG



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NURTURING OUR ROOTS

Join Us For An Afternoon Of Traditional and Cultural Indigenous Activities Such As Sharing Traditional Foods, Wellness Supports, and Celebrating Our Culture

June 14th, 2023 3:00pm - 7:00pm 2552 McCallum Rd **Jubilee Park, Abbotsford** 



**FRASER SALISH REGION** First Nations Health Authority **For More Information Contact** 

Jacob.Kortenbach@fnha.ca

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FIND US ONLINE:







## **CHEAM ELDER'S CORNER**

## **Cheam Elder's Society Raffle**

## Tickets are \$2 each, 3 for \$5, or 20 for \$20

Tickets can be purchased by cash from Lovey Victor or by e-transfer to lovey.victor@outlook.com Draw date yet to be determined.

#### **First Prize**



#### **Second Prize**



**Third Prize** 

## Thank you and good luck!

'Elder's Society Discussion' meeting May 29th, 2023 @ 2:00pm-4:00pm in the boardroom, all Elder's welcome.

## **CHEAM ELDER'S MEETINGS 2023**

June 13, 2023 July 18, 2023 August 15, 2023 September 19, 2023 October 17, 2023 November 21, 2023

12 December 12, 2023



Upcoming Birthdays	Birthdate
Brenda Douglas	June 2
John Varga	June 3
June Quipp	June 17
Vincent P. Douglas	June 24
Debra A. Douglas	July 4
Myron Lee Douglas	July 11
Susan Auclair	July 11
Antony Charles-Giroux	July -

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'Expressions of interest' to join this year's Elder's conference; please contact Kelsy by email <u>kelsy.fredette@cheamband.com</u> or phone 604-745-8034 and let her know if you're attending this year so we can compile a list and know how much funding will be needed, hotel accommodations, transportation, etc.



Email: bcelders@telus.net

BC Elders Communication Center Society (BCECCS)/2023 Elders Gathering 1415 Weiwaikum Rd. Campbell River, BC, V9W 5W9 Ph: 250-286-9977 Fax: 250-286-4809 Toll Free: 1-877-738-7288 Website: <u>www.bcelders.com</u>

## 2023 ELDERS GATHERING "Stronger Together"

DATE: August 15-16, 2023, with Early Check-In Aug. 14 from 12:00 pm to 5:00 pm

PLACE: Vancouver Convention Centre, East Building

INFO AND CRAFT BOOTHS AVAILABLE AT www.bcelders.com

\* Note: The Craft Booth Price has Dropped!

FIND US ONLINE:









## **HEALTH & WELLNESS NOTICES/UPDATES**

Join Project AIM & MLA Kelli Paddon for a free conversation about Period Education & Menstruation Products!





Sponsored by United Way British Columbia



June 5th: 10am to 12pm June 8th: 7pm to 9pm June 17th: 4pm to 6pm June 24th: 2pm to 4pm

## register at www.ProjectAIMCommunity.com



## COMMUNITY KITCHEN

Please join Jaime and Makenzie in making quinoa enchilada casserole and a blueberry sauce for over ice cream, waffles, yogurt or whatever you like.

Hope to see you there! Please sign up for this class so I know how much ingredients I need to purchase to have enough. Thank you.

Limited seats available.

Cheam band office kitchen Friday June 23<sup>rd</sup>, 2023 @ 11:00am Please register to <u>Makenzie.Peters@seabirdisland.ca</u>

## **PROFESSIONAL DENTAL CLEANING** WITH SARA BABAEIN, BDSC, RDH – SMILES VAN

June 20, 2023 Time: 10:00am-4:00pm

New clients will receive a \$50 electric tooth brush!

Location: Cheam Multiplex 52161 West Victor Drive

- 45-minute appointments
- Dental Hygiene exam + Cleaning
- Full status coverage

Book with Cori Victor at <u>cori.victor@cheamband.com</u>

## HEALINGTAKESTIME **ASKING FOR HELP IS A COURAGEOUS STEP**

If you're struggling to stay grounded, want support or just need someone to chat with, there are many First Nations resources and people ready to provide support that is easy to access, free, safe and secure.

Indian Residential School Survivors Society (IRSSS) IRSSS helps support youth throughout the province who are dealing with trauma and seeking support in their healing. 1-800-721-0066 | reception@irsss.ca



Provides young people with health and wellness resources, services and supports across BC.

1-800-668-6868 | info@foundrybc.ca







#### **Tsow-Tun Le Lum** Provides confidential outreach services, such as counselling and cultural support.

1-888-403-3123 | info@tsowtunlelum.org

### **First Nations Virtual Doctor of the Day** Enables First Nations people in BC with limited or no access to their own doctors to make virtual appointments.

1-855-344-3800

### **KUU-US Crisis Line Society**

24/7 First Nations and Indigenous specific crisis line, toll-free from anywhere in BC, specifically for children and youth. 250-723-2040















## REGIONAL HEALTH SURVEY (RHS) 4 Drop-in Webinar Series

Community Leaders, Health Directors and other interested community members, please join us for information about the upcoming Regional Health Survey 4! The First Nations Regional Health Survey (RHS4) is a national health survey conducted by and for First Nations. It captures a snapshot of the health and wellness of First Nations peoples living within First Nation communities across Canada. It is now more important than ever to ensure that First Nation voices are heard when it comes to health and wellness. This is a journey to create meaningful health information for First Nations in BC.

## FORMAT

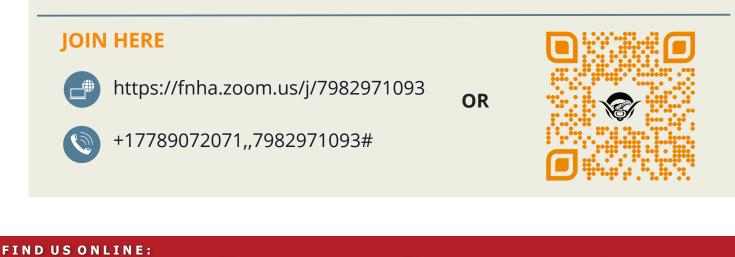
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This is a drop in style webinar. Come when it works for you, no need to register ahead of time. Stay for a few minutes or as long as your schedule allows. Learn the background of the Regional Health Survey 4, changes made to better meet communities' needs and benefits of participation. This is a conversational webinar and questions and dialogue are encouraged throughout.

## DATES

June 13, 2023	10:00 am
June 14, 2023	5:30 pm
June 15, 2023	2:00 pm
June 19, 2023	12:00 pm
June 27, 2023	3:00 pm
June 28, 2023	8:00 am

## Participants will be entered to win a \$75 Gift Card



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## Violating these regulations could cost you \$1,150.

If a violation causes a wildfire, the person responsible may also be ordered to pay all firefighting and associated costs.

## **CAMPFIRE SIZE**

.5 metres

A campfire is defined as a fire no larger than 0.5 metres high and 0.5 metres in diameter. Fires larger than that are considered Category 2 open fires and are illegal if Category 2 open burning prohibitions are in effect.

## **8 LITRES OR A HAND TOOL**

You must keep at least eight litres of water or a hand tool on hand at all times while your campfire is lit.

## **PUTTING OUT YOUR FIRE**

Before you leave the area for any amount of time, your campfire **MUST** be fully extinguished. The ashes of your fire must be cool to the touch.

## **FUEL BREAK**

You must have a fuel break around your campfire. This area must be cleared of debris and anything combustible. It needs to be wide enough to stop the spread of the fire. A rock ring around the fire can also help prevent it from spreading.

## You **MUST NOT** leave your fire unattended for **ANY** length of time.

Report wildfires, unattended campfires or violations of regulations by calling **\*5555** on a cell or **1 800 663-5555** toll-free.

0.5 metres



@BCGovFireInfo







## BRINGING CULTURALLY SAFE SERVICES TO YOU

Indigenous Health Liaisons promote culturally safe experiences for First Nations, Métis and Inuit patients accessing health and wellness services. Liaisons support Indigenous patients with navigating the health care system, safe transitions from hospital to home, and connections to community services.

## WHEN TO CALL:

- To refer First Nations, Métis and Inuit patients
- To ask any questions regarding Indigenous Health Services available
- To help Indigenous patients access services throughout the health care system

## **REFERRALS CAN BE MADE BY:**

- Patients
- Family members
- Friends

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• Health professionals

To access Indigenous Health Liaison services,

call the referral line:

Hours of service: Monday - Friday from 8:30 AM-4:30 PM (excluding holidays)

**To contact a Wellness System Navigator from** First Nations Health Authority, call 604-743-0635

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## First Nations Health Benefit Program

The First Nations Health Benefit (FNHB) Program covers specific medically necessary items, services, and travel that support First Nations peoples' health and wellness needs. The program is administered through partnerships with Pacific Blue Cross and PharmaCare.

## Eligibility

The FNHB Program is available to First Nations people with Indian status who live in BC and infants (up to 24 months) of an eligible parent. To access the benefits and coverage under the Health Benefits Program, First Nations people must first enroll in the program. Please call 1-855-550-5454 or visit **fnha.ca/benefits/eligibility** for more information on how to enroll.

## **Health Benefits Coverage**

The FNHB Program covers six benefit areas:



#### DENTAL

The Dental benefit provides coverage for items and services to maintain good oral health, prevent cavities, gum disease, and restore damaged tooth function. Some items and services covered under the dental benefit are bridges, crowns, exams and x-rays, fillings, and preventive services.



### MEDICAL SUPPLIES AND EQUIPMENT

The Medical Supplies and Equipment (MS&E) benefit provides coverage for items and services needed in the short or long-term to support health and wellness. Some items and services covered under the MS&E benefit are bathing and toileting aids, hearing aids and repairs, limb and body orthotics, ostomy supplies, walking aids, and wheel-chairs.



#### MEDICAL TRANSPORTATION

The Medical Transportation (MT) benefit assists with the cost of meals, accommodation, and transportation towards travel for a medical appointment outside your community of residence. The MT benefit may also cover travel escorts under certain conditions.

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#### MENTAL HEALTH

The Mental Health benefit covers in-person and virtual counselling services from a qualified mental health provider registered with the FNHB. Coverage is available for Mental Health counselling from four programs. The Mental Wellness and Counselling program is for Status First Nations individuals, while the Indian Day Schools Health Support Program, Indian Residential School Resolution Health Support Program, and Missing and Murdered Indigenous Women and Girls Health Support Services are available to both status and non-status individuals. Talk to your Mental Health Provider to determine the appropriate program for you.



#### PHARMACY

The Pharmacy benefit, administered mainly through Plan Wellness (Plan W), provides coverage for medications and items that support First Nations people on their wellness journeys. The Pharmacy benefit covers specific prescription drugs, over-the-counter drugs, non-drug over-the-counter items, and Shingrix® vaccine. Please call 1-855-550-5454 to enroll in Plan W.

In addition to Plan W, the provincial agencies, including the BC Cancer Agency, BC Transplant, BC Renal Agency, and the BC Centre for Excellence in HIV/AIDS, provide specialty pharmacy items to all BC residents living with specific illnesses or conditions.

## VISION CARE

The Vision Care benefit provides coverage for items and services to ensure proper eye health and support access to preventative care. The benefit covers eye exams, sight tests, prescription eyewear and repairs.

#### OTHER COVERAGE

#### BC Medical Services Plan (MSP)

The FNHB manages MSP for First Nations people in BC. If you have status and need to register for MSP, call 1-855-550-5454.

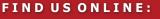
#### **Ambulance Bills**

The FNHB covers the cost of ambulance transport to a hospital in an emergency situation and from a lower level care facility to a higher level care facility (e.g., long-term care home to a hospital).

### **View Your Plan Details**

To check details about your coverage for dental, vision, medical supplies, and mental health, please create an online PBC Member Profile on **www.pac.bluecross.ca** or download the PBC app on your smartphone or tablet. The PBC Member Profile offers convenient and secure access to detailed information about your benefits coverage 24 hours a day.

Please call Health Benefits at 1-855-550-5454, email <u>healthbenefits@fnha.ca</u> or visit <u>fnha.ca/benefits</u> to learn more about the First Nations Health Benefits program and benefit coverages.



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FRASER EAST RAPID ACCESS TO ADDICTIONS CARE

## INDIGENOUS OUTREACH

Our team can provide a range of services to support you in your substance use journey.

HARM REDUCTION SUPPLIES
INDIVIDUAL & FAMILY COUNSELLING
SUBSTANCE USE TREATMENT REFERRALS
NALOXONE TRAINING
GRIEF AND LOSS SUPPORT
GROUP THERAPY
RESOURCE NAVIGATION

Are you struggling with substance use? Or know someone that does? Are you wanting support but unsure how to reach out?



First Nations Health Authority Health through wellness

## Office Phone: 604-701-3660



fraser**health** 

Better health. Best in health care

We recognize Fraser Health provides care on the unceeded and traditional territories of the Coast Salish and Nlaka'pamux Nations

FIND US ONLINE:











## Mental Health and Cultural Supports

#### **TELEPHONE AND ONLINE SUPPORT**

Virtual Substance Use and Psychiatry Service. A free, referral-based service for First Nations people in BC and their family members. Health care providers, including the <u>Virtual Doctor of the Day</u> program, can refer you to this service. Available Monday to Friday. <u>FNHA.ca/VirtualHealth</u>

#### First Nations and Inuit Hope for Wellness Help Line and On-line

**Counselling Service** offers mental health counselling and crisis intervention to Indigenous people across Canada. **Toll-Free:** 1-855-242-3310 www.hopeforwellness.ca

**Kids Help Phone** is a 24/7 national support service offering professional counselling, information and referrals and volunteer-led, text-based support to youth. 1-800-668-6868 or text the word "connect" to 686868 to access text support.

#### KUU-US Crisis Services is available 24/7 to support Indigenous people in BC. https://www.kuu-uscrisisline.com/24-hourcrisis-line Toll-Free: 1-800-KUU-US17 (1-800-588-8717) Adult/Elder: 1-250-723-4050

Child/Youth: 1-250-723-2040

National Indian Residential School Crisis Line supports former Residential School students. The crisis line provides emotional and crisis services 24/7. Toll-Free: 1-866-925-4419

#### Provincial Alcohol and Drug Information Referral Service provides free referral services to support with any kind of substance use issue (alcohol or other drugs). Toll-free: 1-800-663-1441 Lower Mainland: 604-660-9382

**Foundry:** health and wellness supports, services and resources for young people ages 12 – 24 and their caregivers. No referral or assessment required. **In-person:** <u>https://</u> <u>foundrybc.ca/find-a-centre/</u> **Virtual:** <u>https://foundrybc.ca/virtual/</u>

#### FNHA MENTAL WELLNESS AND COUNSELLING SUPPORT THROUGH HEALTH BENEFITS

Health Benefits provides access to mental wellness and counselling services. All services require prior approval. A list of providers registered with Health Benefits can be found on the <u>Provider List</u> or by contacting: **1-855-550-5454**.

#### INDIAN RESIDENTIAL SCHOOL RESOLUTION HEALTH SUPPORT PROGRAM PROVIDERS (IRS RHSP)

Adah Dene Cultural Healing Camp Society Margo Sagalon: 250-996-3813 Admin.elders@telus.net Tracey Charlebois: 250-996-1475 Nakazdlieelders@telus.net

Carrier Sekani Family Services For Vanderhoof: Catherine Lessard: 250-567-2900 or Toll-free: 1-800-889-6855 For Prince George: Rhonda Hourie or Cheryl Thomas: 778-675-0419

Gitanyow Human Services Wanda Good: 250-849-5651 Wanda.e.good@gmail.com

Gitsxan Health Society Martha Wilson: 250-842-6876

Nuu Chah Nulth Tribal Council Vina Robinson: 1-250-724-3939 vina.robinson@nuuchahnulth.org Daily Elliott: 250-720-1736

Indian Residential School Survivors Society Carol Stegman: 604-985-4464 or Toll-free: 1-800-721-0066

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Okanagan Nation Alliance Toll-free: 1-866-662-9609

Tsow-Tun-Le-Lum Society Toll-free: 1-888-590-3123

## FNHA TREATMENT AND HEALING CENTRES

During the pandemic, Round Lake Treatment Centre and Gya'waa'Tlaab House of Purification are maintaining a live-in treatment program with additional precautions taken to abide by physical distancing and associated safety requirements. Most treatment centres have moved to providing virtual support to individuals and families.

#### **Carrier Sekani Family Services**

Call: 250-567-2900 or Toll-free: 1-800-889-6855 and ask for an ARP Team member Email: rjohn@csfs.org

Kackaamin Family Development Centre Call: 250-723-7789 or Toll-free: 1-833-205-6946

Namgis Treatment Centre Call: 250-974-8015 or Toll-free: 1-888-962-6447 Ext. 2141

## Nenqayni Wellness Centre

**Call:** 250-989-0301 or **Toll-free:** 1-888-668-4245

#### North Wind Wellness Centre Call: 250-843-6977 or Toll-free: 1-888-698-4333

Telmexw Awtexw (Sts'ailes First Nations) Call: 604-796-9829

Tsow Tun Le Lum Call: 250-268-2463 or Toll-free: 1-888-590-3123

Wilp Si'Satxw Healing Centre Call: 778-202-0162, 778-202-1349 or Toll-free: 1-877-849-5211

All information in this document is accurate as of September, 2022.

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**YOUTH OPPORTUNITIES** 

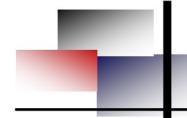


## HOSTED BY MCFD'S HUNTER FORSETH EVERY THURSDAY MAY 18TH - JUNE 29TH, 3-4:00PM IN THE HEALTH CLASSROOM.



GRADES 1-8. THE GROUP WILL FOCUS PRIMARILY ON SELF-REGULATION SKILLS, MENTAL HEALTH AWARENESS (ANXIETY, DEPRESSION, SELF-WORTH), AS WELL AS THERAPY-BASED PLAY, GAMES, ARTS AND CRAFTS ALL WITH AN INDIGENOUS FOCUS

PLEASE SIGN UP WITH CORI.VICTOR@CHEAMBAND.COM



## Rosedale Traditional Community School Society (RTCSS) Summer 2023

#### Lil Gymnast 4-6yrs

Join us for fun while learning the basics of rhythmic gymnastics. You will learn leaping, tumbling and balancing. You will also be introduced to ribbons, balls and hoops. Monday-Friday 9:30am-10:30am

July 24-28 \$50

Tiny Cooks

4-7yrs

For children who love to help out in the kitchen. Full hands on experience making different dishes to take home and share with the family.



#### Chefs in Training 8-12yrs

Full hands on program, each day students will make two dishes to take home and share with mom and dad. New recipes are explored in each day

Monday-Friday	\$70
July 10-14	11:00-12:30pm
August 14-18	2:00-3:30pm

### At Home Alone

This is an interactive, participatory program that is designed to teach children to make safe choices while At Home Alone.

Wednesday 9:00-1:00pm July 12 \$40

## HOW TO REGISTER

- -email rtcss@rtcss.ca
- -request registration form
- -complete and return
- -send etransfer to complete

### Gymnastics 7-10yrs

Join us for fun while learning the basics of rhythmic gymnastics. You will learn leaping, tumbling and balancing. You will also be introduced to ribbons, balls and hoops. Monday-Friday 10:30am-12:00pm





### Cheerleading-Infinity Cheer Elite 6-12yrs

Come see what cheerleading is all about in this fun no experience necessary summer camp for ages 6-12. Make new friends and have fun while learning the basics of all four components of cheerleading. Athletes will learn tumbling, stunts, jumps and dance.

Infinity is here to provide a safe and caring environment for athletes to learn and grow while building their confidence! Monday-Thursday 10:00am-12:00pm

8-12yrs

	- 12.00pii
Aug 21-24 \$115	

#### Mad Scientist

Do creative science experiments exploring your imagination with hands-on fun experiments. Don't forget to wear clothes appropriate for messy fun!

\$65

2:30-3:30pm

11:00-12pm

Monday-Friday July 10-14 August 14-18



## Get involved

Looking for a way to share a skill with your community? Looking for different activities? Let us know! We are continually looking for new programs to offer! So get in touch!



### **RTCSS** Memberships

10+vrs

Members of the society consist of any person enrolled in a RTCSS program. When participant is under the age of 16 parent or guardian will be considered a member of the society. Memberships are at no charge when enrolled in a program.



50850 Yale Road Rosedale BC V0X 1X2 Phone: 604 378-0300

## Get in touch

Phone: 604 378-0300 Email: rtcss@rtcss.ca Monday-Friday 8:00am-4:00 pm

## Cupcake Decorating 8-12yrs

Have you ever wondered how those cupcake fish look so real? Learn basic techniques to decorate cupcakes in an artistic way! Is it art? Is it food? Best of both worlds. Monday-Friday 9:30am-11:00am

Monday-Friday 9 July 17-21

## Little Einstein

4-7yrs

\$70

The perfect combination of science and art. Each day your little Einstein will be engaging in an age appropriate science experiment, and making an art project in conjunction with the experiment.

Monday-Friday	\$60
July 10-14	1:00-2:00pm
August 14-18	9:30-10:30am

## Babysitters Training 11+yrs

Learn about your rights and responsibilities, how to care for a child and how to deal with emergency situations. You will receive a certificate at the end of this Canadian Safety Counsel Babysitters Course. Please note this a two day course. July 5/6 9:00am-1:00pm \$50 must attend both days

\$50 must attend both days



### **Facility Rentals**

RTCSS is the perfect place to host birthday parties, meetings, practices and all kinds of community events. Get in touch today to find out how you can hold your next event at our beautiful facilities.

Check us out on Facebook!



http://www.facebook.com/

 ${\it RosedaleTraditionalCommunitySchoolSocietyrtcss}$ 

### What is a Community School?

Community Schools in British Columbia are elementary or secondary schools with a special emphasis upon the belief held by residents and staff in the value of community involvement. The Rosedale facility was built in partnership with the City of Chilliwack and deemed a Neighbourhood Learning Centre. NLC's are inviting places where people of all ages can access education, community services, recreation and culture seven days a week, twelve months a year – places that promote the well-being of children, families and the entire community.



Email rtcss@rtcss.ca to receive a registration package. Return and pay by etransfer or Credit Card.

#### FIND US ONLINE:













## YOUTH EMPOWERED SPEAKERS fpcc.ca/yes

## Do you want to learn your language as part of your post-secondary education?

Receive up to \$30,000 in funding for B.C. First Nations students age 18-35!

## Apply by June 14, 2023

This program includes:

- Tuition
- Living & tech allowance
- Mentor-apprentice language learning
- Paid internship

## Program Contact: Beckie Wesley yes@fpcc.ca



## SCAN ME

#### FIND US ONLINE:









Are you interested in collaborating with Indigenous Youth to co-create impactful social art that promotes the significance of water? Are you open to exploring innovative collaborative efforts to challenge the current state of water issues in Canada, particularly those disproportionately affecting Indigenous communities?

## Be part of the Indigenous Youth, Art and Water Initiative

#### For more information on this opportunity: https://yourcier.org/wp-content/uploads/2023/05/FINAL-Youth-

Art-and-Water-Application-Guide-ENG.pdf

#### To submit an application: https://yourcier.jotform.com/230585597279271

Or contact: rterbasket@yourcier.org

*We look forward to receiving your application by June 11, 2023!* 

## The Indigenous Youth, Art and Water Initiative

offers technical assistance and financial support of up to \$50,000 for organizations interested or actively engaged in social art projects addressing water issues by Indigenous communities and collaborators. https://yourcier.org/indigenous-youth-water-art-initiative

## An initiative of the Indigenous Water Allyship

https://www.onedrop.org/en/projects/the-indigenous-water-allyship/





FIND US ONLINE:

🕮 <u>снеам.са</u>







## Stó:lō Land Stewardship and Governance Course

A five-week cohort program for Stó:lō youth (ages 16-21) who wish to further their understanding and knowledge of Stó:lō ways relating to Land Stewardship and governance.



Start Date July 04, 2023 End Date Aug. 04, 2023 Commitment: 4 days a week 9:00AM to 2:00PM

## Send Nominations to:

*Lisa Wolgram* Lisa@alongsiderc.ca 778-808-3451 *Michael Blackburn* Michael@alongsiderc.ca 604-997-8763 Over the course of five weeks learners will engage in land-based and experiential learning opportunities as they explore and make connections related to the relationship between S'ólh Téméxw and being Xwélmexw, Shxwelméxwelh and S'ólh Téméxw, the impacts of Canadian governance – historical and contemporary - on Shxwelméxwelh, and what it means to steward the land in a good way moving forward.

This course will be delivered using a variety of methods for teaching and learning including being on the land, listening to Knowledge Holders and other experts, group discussions, self-reflection, guided tours, listening to audio, watching videos, and reading texts. Throughout all five modules, learners will be guided through a process of inquiry, wherein they will be supported in their exploration of a topic of their choosing related to Stó:lō land and governance.

S'ólh Téméxw — Our world; Our land Xwélmexw — First Nations person Shxwelméxwelh — Stó:lō way/constitution



Stó:lō Research and Resource Management Centre





S'ólh Téméxw Stewardship Alliance







#### FIND US ONLINE:

CHEAM.CA











Summer School 2023

July 4 - 28, 2023 Monday to Friday

Schedule

Summer school will operate for 19 sessions, starting on July 4<sup>th</sup>, from 10:00 am - 2:45 pm. The teacher will be available in the mornings from 8:30 am - 10:00 am for extra help as needed. Regular attendance will be expected, and attendance will be communicated with parents.

LOCATIONS:

**HSS** - Hope Secondary School **AESS** - Agassiz Elementary Secondary School (*Room #'s TBA*)



**Regular progress is expected**. With only one month to complete their assigned work, students will be expected to make the most of their in-class time and **behave in a mature**, **business-like manner**. When students have **completed their assigned** course(s)they will **no longer be required to attend**.

Referrals will be **made by teachers** with the **approval of their principal**. If your child is referred for summer school, a **consent form will need to be completed**. If you or your child would like to be referred for summer school, please talk to your school principal.

REFERRAL DEADLINE .....JUNE 16, 2023

Capacity limits will be determined during the first week of June. If your child is **referred prior** to June 16, you will be contacted by summer school staff the week of June 19 to confirm enrollment. If your child is **referred after June 16**, enrollment will **need the approval of** summer school administration in order to ensure that space is available.

Programs

Students in Grade 7-9 may be offered a compressed version of Math and/or English to prepare them for the next grade level. Students currently enrolled in online learning will be allowed to continue their online course(s) to their completion. Students who have not passed a course with in-class instruction will be allowed to complete additional units online to bring them to a passing level. IV Students wishing to complete a course not previously attempted in its entirety may do so if space is available.

Referrals

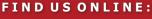
Technology

#### **DEVICE REQUIREMENTS**

Students will be provided with devices to use while at school. If students would like to complete extra work at home they will need:

- Computer or tablet with up-to-date browser
- Word processor (not required for Math courses)
- Webcam recommended

- Access to internet capable of streaming video
- Headphones
- Printer recommended













## Petro-Canada Award for Indigenous Students

This award is for Canadian Indigenous students enrolled in a Canadian High School program. It is a one time award of \$750 for students from one of the Indigenous communities listed within the application.

The deadline to apply is July 1, 2023. Apply at indspire.ca/apply-now.



The Petro-Canada Award for Indigenous Students is for Canadian Indigenous students (from a specific group of communities) currently enrolled in a Canadian high school program.

You are:

~ A First Nation (status and non-status) high school student who lives in one of the communities listed in the application

**@CHEAM.FN1** 

<u>@ C H E A M</u>

- ~ Enrolled full-time in a high school in Canada
- ~ Under the age of 19

**USONLINE:** 

CHEAM.CA

~ A Canadian citizen or permanent resident with a valid Social Insurance Number

<u>/CHEAM.FN1</u>

If this sounds like you and you're from one of the communities listed in the application, <u>Apply NOW!</u>



## East Region Parent/Caregiver Drop–In Thurs June 8th, 2023 5pm-7pm

52161 W Victor Drive, Rosedale, BC

(Cheam Multiplex Gym)

## Free drop-in open to any parent/care giver residing in Chawathil, Skawahlook, Yale, Shxw'ow'hamel, and Cheam!

We would like to know how to help our parents and carers!



INTRODUCTIONS



## → FEEDBACK & SUGGESTIONS

## Honour, Engage, Accountable, Respect, Trust

Questions can be sent to shaelee.harper@xyolhemeylh.bc.ca & krystal.poje@xyolhemeylh.bc.ca

Fraser Valley Aboriginal Children & Family Services Society www.fvacfss.ca



## East Region Youth Drop–In Thurs June 22nd, 2023 5pm-7pm

52161 W Victor Drive, Rosedale, BC

(Cheam Multiplex Gym)

## Free drop-in open to any youth aged 12-17 residing in Chawathil, Skawahlook, Yale, Shxw'ow'hamel, and Cheam!

What do you want to see this drop-in become?



## Introductions-Food-Suggestions-Open Cym-Music-Chill

## Honour, Engage, Accountable, Respect, Trust

Questions can be sent to shaelee.harper@xyolhemeylh.bc.ca & krystal.poje@xyolhemeylh.bc.ca

Fraser Valley Aboriginal Children & Family Services Society www.fvacfss.ca

## **EMPLOYMENT OPPORTUNITIES**



## Administrative Assistant – SASET

The Administration Clerk is responsible for the administration of HR, funding and governance, and communication functions. This position will assist with implementing better structures and processes within administration.

### Adult In-Home Care Worker

The Adult In-Home Care (AIHC) Worker is responsible for providing confidential home care services based on the Nurse's assessment. The AIHC Worker provides home care services and support to individuals and families experiencing minor set-backs due to illness, injury or age.

## Emergency Program Coordinator - (15 month Contract)

The Emergency Program Coordinator (EPC) is responsible for supporting the coordination of the Emergency Management Program, and for the review, maintenance and implementation of Cheam's Emergency Response Plans, All Hazards Plan, and Health Plan. It is the responsibility of EPC to ensure that adequate attention is given to all aspects of Emergency Management Program-including direct and indirect support for related planning supports for the Comprehensive Community Plan.

### General Maintenance Worker - SASET

Under the direction of the Public Works Supervisor, the primary purpose of the Cheam Maintenance Worker is to conduct general grounds and building maintenance tasks for all Cheam public/common areas, community grounds, community buildings, water systems, wastewater systems, and Band Rental and Social Housing.

### Health Assistant – SASET

Under the direction of the Health and Wellness Manager, the Health Assistant is responsible for assisting the Health Coordinators in the development, coordination, administration and management of health programs.

### Human Resources Assistant - SASET

The Human Resources Assistant is responsible for administrative functions and support for the HR department. This position will assist with implementing better structure and process within the administration under the direction of the HR Manager.

## Social Development & Education Clerk - (SASET)

Under the direction of the Social Development and Education Manager, the Clerk's primary goal is to assist the Coordinator in improving the quality of life for Cheam Band Members requiring assistance and access to Education and Social Assistance programs.

## Wellness Advocate

Under the direction of the Health and Wellness Manager, the Wellness Advocate's primary goal is to provide non-clinical counselling services including, confidential addiction counselling, referrals to detox and treatment facilities, education and support to Cheam Members and their families, and to promote positive and healthy lifestyles and choices.

Further details can be found on our website at <u>https://cheam.ca/employment</u> Please send a cover letter and resume to <u>HR@cheamband.com</u>



## JOB POSTING

Cheam First Nation (CFN) is a fast-growing vibrant organization committed to the development and progress of its Band Members and Community. As such, the CFN invites applications from qualified, highly motivated, and dynamic individuals to fill the following position.

DEPARTMENT:	HOUSING
SUPERVISOR:	HOUSING MANAGER
<b>POSITION TITLE:</b>	HOUSING INTERN
TERMS:	20 WEEK TERM - Funded position
	Housing Internship Initiative for First Nations & Inuit Youth (HIIFNIY)

#### NATURE & SCOPE OF WORK:

Under the direction of the Housing Manager, the Housing Youth Intern will provide administrative support to the Housing Program at Cheam First Nation. The term position will run for 20 weeks, with the possibility of extension dependent upon funding.

#### **DUTIES AND RESPONSIBILITIES:**

- 1. Performs all duties and responsibilities in accordance with CFN policies, standards and procedures as directed by the CFN Housing Manager.
- 2. Maintains confidentiality on all matters relating to the affairs or the CFN Housing Department.
- 3. Assists in the administration and implementation of CMHC Social Housing program.
- 4. Participates in developing Housing strategies.
- 5. Assists with the preparation and initiation of ISC and/or CMHC funding programs as required.
- 6. Requests the Housing Coordinator to inspect repairs for quality work and to submit a completion report.
- 7. Prepares invoices for approval and payment.
- 8. Maintains the CFN Housing filing system.
- 9. Registers and compiles monthly rent invoices to tenants
- 10. Assists and/or prepares correspondence for the CFN Housing Department.
- 11. Participates in training programs to upgrade skills and knowledge relevant to the position.
- 12. Assists in and performs other related duties as required.

**POSITION QUALIFICATIONS** (Candidates must meet requirements):

- 1. Aboriginal youth, between the ages of 15 30.
- 2. Must not be in receipt of Employment Insurance (EI) benefits or otherwise employed during the Youth Internship period with the Sponsor.
- 3. Strong organizational and planning skills.
- 4. Good written and oral communication.
- 5. Must have good computer skills.
- 6. Completion of grade 12.

## HOURS OF WORK:Normal day shift – 7 hoursPAY GRADE:\$19.00/hour (participant will only be paid for hours worked)

Cheam First Nation thanks all applicants for their interest, however, only those selected for an interview will be contacted. **Deadline for applications is 4:30 p.m. June 23, 2023** 

Submit cover letter, resume, and references by email to lydia.archie@cheamband.com, by fax: 604-794-7956 or in person, at main office 52161 Victor Drive, Rosedale, BC.

## **Discover Parks Ambassador (Chilliwack)**



## **Apply Online**

#### **Position description**

We are seeking energetic, motivated individuals with a deep respect for the natural environment to deliver fun, educational programs in parks across BC this summer! You will join a network of staff and volunteers across the province. You will engage children and adults about responsible recreation and local flora and fauna. You will add value to the experience of park visitors through your engaging programs, and help visitors appreciate the features that make each park a special place. Note that hiring for these positions is dependent on the outcome of pending funding applications.

#### What does a typical day look like?

Your days will be split between working from home (1-2 days/week) and in Parks (3-4 days/week). When working from home, you'll have team meetings, reflect on the previous weekend, plan for the coming weekend, prepare for programs, draft posters, and brush up on your local knowledge. When working in Parks, you'll check in with your local park staff, set up your information booth and engage with visitors about local flora and fauna. You might run a nature walk with families, before collecting observations of nature with iNaturalist. You'll finish the day running fun kids' activities such as plant scavenger hunts and games about local animals, then pack up for the day. On some Saturdays, your schedule will be shifted so that you can run evening amphitheatre programs at your Park/s.





events.blackpress.ca

ABBOTSFORD HIRING AND POST-SECONDARY EDUCATION EVENT

> June 8, 2023, 11:00 A.M. to 3:00 P.M. CLARION HOTEL & CONFERENCE CENTRE 36035 N. Parallel Rd., Abbotsford, B.C.



THANK YOU TO

Flerist

FEATURING 30+ EXHIBITORS & GROWING!



## **OPEN TO THE PUBLIC!**

Meet the exhibitors at the Abbotsford Hiring & Post-Secondary Education Expo! You certainly don't want to miss this great opportunity.

## **FREE ADMISSION**

Come meet live recruiters in person at the Abbotsford Hiring & Post-Secondary Education Expo!

# **CHEAM ENTERPRISES INC**

### **Hope Slough Project Manager Position**

### BACKGROUND:

The Project Manager will work with other staff within the Watersheds and Wildlife Department of CEI to plan and implement the Hope Slough restoration projects in the Lower Fraser in collaboration with partner organizations and consultants. This will involve engagement with other biologists, technical working groups, Sqwá First Nation, Shxwhá:y First Nation and Xwchíyò:m (Cheam) First Nation community members, and resource managers within the government and the greater community. The Project Manager will work under the direction of the Snoweyelh ye Sqwá:la Committee providing progress reports and undertaking efficient and effective coordination of project activities as per the contribution agreement between Cheam and the funder.

Sqwá First Nation is an independent band and is one of the First Nations that belongs to the Pelólxw Tribe along with Xwchíyò:m. Shxwhá:y Village has provided a letter of support and is accepted to participate on the Committee.

This position will provide unique opportunities for career growth, capacity building and mentorship for Indigenous youth engaged in the project. The successful applicant should be comfortable working in a fast-paced and dynamic environment, as well as being willing to work flexible hours.

### **KEY FUNCTIONS:**

The Project Manager will provide coordination, planning, program development, project budgeting, reporting, support and advice to the Hope Slough habitat restoration staff, technical leads and Snoweyelh ye Sqwá:la committee.

Activities include:

- Working with Snoweyelh ye Sqwá:la committee, project technical and First Nations staff, Pelólxw and Shxwhá:y Village Knowledge Holders, volunteers, and youth to collaborate with habitat restoration projects of the Sqwá:la watershed
- Following communication protocols (internal and external)
- Develop and maintain files related to various components of the project.
- Maintaining an inventory of project equipment and supplies and develop protocols of maintenance and use.
- Liaise with relevant organizations, agencies and departments at various levels of government to support the technical advancement of the Sqwá:la project.
- Maintain professional and technical knowledge by attending educational workshops, reviewing professional publications, and establishing professional networks.
- Prepare and organize technical meetings, symposiums, ceremonies (with cultural support from the Committee), discussion papers, briefing notes and accurate project reports.
- Facilitate technical sessions and assist with relevant event planning.
- Supervision of project staff and overseeing contractual arrangements; and
- Available for funding proposals to sustain and support initiatives of the Sqwá:la project.

# **CHEAM ENTERPRISES INC**

#### SKILLS AND KNOWLEDGE REQUIRED:

- A Post-Secondary degree or related experience in a natural-resources related field with a minimum 3 years experience ha similar position
- Knowledge of federal, provincial and local management of fisheries and aquatic habitat
- Experience working with consultants, government agencies, and non-governmental organizations.
- Demonstrated understanding of key interests in salmon for First Nations and the ability to develop innovative and effective approaches to bring awareness of all salmon life cycles to the broader community.
- Ability to manage and prioritize heavy workloads involving multiple tasks and changing priorities
- Excellent verbal and written communication skills and proven ability to establish rapport with people of all educational and occupational backgrounds.
- Proficient in MS Office suite

#### **OTHER REQUIREMENTS:**

- Registered Professional Biologist (R.P. Bio) designation is an asset
- Valid BC Driver's License
- Ability to pass a Criminal Record Check regarding personal suitability.
- The ability to work in a team environment and independently.
- · Access to transportation to attend field work, site visits, meetings and engagements
- The ability to work flexible hours and away from home to attend meetings or conduct field work.

### Application Deadline: June 2<sup>ND</sup>, 2023 but will remain posted until the position has been filled.

Interested candidates should submit their resume, 3 references, and a cover letter in an email to:

#### Email: ernie.victor@cheamenterprises.ca

Only those selected for an interview will be contacted. Preference is given to persons of Aboriginal ancestry as per Section 41 of the Human Rights Code.









### **Resource Social Worker-1356**

#### Regular Full Time Position - On Reserve Resources-IFD Serving all Stó:lō Communities Salary- \$59,299.96 to \$75,882.77 per annum (35 hrs per week)

Please note that anyone applying for this position maybe subject to the wage growth series within the Indigenous Delegated Social Worker Progression (IDSWP) outlined in the Collective Agreement APPENDIX A1. Anyone placed on the IDSWP growth series will not be eligible for the temporary market adjustment until they reach full working level Grid 24, Step 1.

### **POSITION SUMMARY:**

On Reserve Recruitment Resource Worker will be working with all bands affiliated with Xyolhemeylh, must be open to flexible work schedule, just have strong working knowledge of local Sto:lo communities.

This position provides services in a culturally appropriate, holistic manner within the parameters provided by the BC Child, Family and Community Services Act, AOPPSI, and Xyolhemeylh Policy and Procedure Manual. This position will provide emergency placements for all regions.

Xyólheméylh is proud to have an Elders Advisory Council to ensure that culture is embedded throughout the agency ensuring the goals, missions and values are upheld in a good way. This position is expected to work in LÉTSÉ MÓT TÉ SQWÁLEWEL - *"With a good mind, a good heart, and good feelings."* 

### EDUCATION, EXPERIENCE & KNOWLEDGE REQUIRED:

- Bachelor of Social Work Degree, Child and Youth Care Degree or a Social Sciences degree plus a minimum of three (3) years of experience in the human services field
- Must be delegated or eligible for C6 delegation in the province of B.C
- Excellent communication skills both oral and written
- Demonstrated abilities and experience in: developing strong working relationships with children, families, Indiginous communities, foster parents, biological parents, and other FVACFSS employees; developing contractual arrangements with clients, caregivers, and other professionals; balancing competing priorities; working under pressure; writing concise reports to various audiences; representing and promoting FVACFSS; and conducting investigations, completing assessments, developing work plans, implementing plans and evaluating intervention success
- Professional commitment, flexibility, good problem solving and dispute resolution skills
- Computer literacy on databases, Microsoft Word, Excel and other computer software
- Valid BC Driver's License (no restrictions); reliable transportation with adequate vehicle insurance
- This is an excellent opportunity for fully delegated staff to gain experience on a Multi-Interdisciplinary Team, and develop professionally towards advancing into other career options
- Criminal Records Check is a requirement.

### CONFIDENTIALITY:

FVACFSS employees are expected to be familiar with and <u>must</u> comply with the expectations of confidentiality as outlined in the Agency's Human Resources Policy Manual and other policies and operational manuals, AOPSI and the B.C. Child, Family and Community Services Act.

### Létsé mot te sqwálewel

"With a good mind, a good heart, and good feelings"

# WorkBC

# Work BC - Aggasiz/Kent <u>103 Jobs</u>

7086 Pioneer Avenue Agassiz, BC, V0M 1A0 604-796-0266 centre-agassiz@workbc.ca http://workbccentre-agassiz.ca



### WorkBC Skills Enhancement

People in part-time, seasonal, or casual work and people without employment can access WorkBC skills training programs and the financial help needed while in training.

Apply today!

Canadia BRITISH COLUMBIA

### Work BC - Hope <u>202 Jobs</u> 895 3rd Avenue

Hope, BC, V0X 1L0 604-869-2279 <u>centre-hope@workbc.ca</u> <u>http://workbccentre-hope.ca</u> Work BC - Chilliwack <u>650</u> 200 - 45905 Yale Road Chilliwack, BC, V2P 2M6 778-860-5452 <u>centre-chilliwack@workbc.ca</u> <u>http://workbccentre-chilliwack.ca</u>

### Call for Nominations to I-SPARC's Board of Directors

I-SPARC is seeking applications for three Director positions, whose terms are expiring in 2023.

As a volunteer directed Society, the Indigenous Sport, Physical Activity & Recreation Council (I-SPARC) is seeking individuals who possess an assortment of business skill sets to serve on its board, but who are also representing the following:

- One individual who is associated with a First Nation Community
- One individual who is associated with a Métis Chartered Community,
- One individual who is associated with a British Columbia Aboriginal Friendship Centre, and
- Applicants should also reflect our values, priorities and are responsive to our mission: to build programs and services that positively impact the health and well-being of Indigenous individuals, families, and communities throughout British Columbia.

Applications will be accepted until June 23rd, 2023 at 5:00pm.

### How to Apply:

Please read the application instructions in this detailed information package by <u>CLICKING HERE</u>.

Submit your nominations by completing this online form: 2023 Application for Board Membership. Questions about the positions or I·SPARC may be directed to: Moira Gookstetter, facilitator for the I·SPARC Nominating Committee at <u>moirag@whidbey.com</u>



### **Employment Opportunity**



S.A.Y. Lands Office

#### Position Title: Village Grounds Maintenance Position Location: Chilliwack, BC Salary Range : \$19.96 - \$27.02 /hr

**Summary:** The Village Maintenance Worker position supports Skowkale, Aitchelitz, and Yakweakwioose, maintaining community buildings and homes including landscaping, upkeep, repairs, painting, minor plumbing, garbage removal, and servicing of equipment and tools, etc. This position operates various vehicle types, equipment, hand and power tools in the performance of their duties. This role is a backup for water system and sewer operations.

#### **Responsibilities and Duties:**

- Care and maintain community buildings and housing grounds lawn mowing, raking, clipping, leaf blowing, weed-eating, removing debris, pressure washing,
- Acts as the backup for water system operator and sewer treatment
- Operate motor vehicles and heavy equipment
- Operate small equipment and hand tools including chain saws, snow blower, pole saw, power trimmers, and pruning equipment
- Maintain all equipment in clean and operating order; topping up with fuel and oil; perform safety
  checks as required on all vehicles, notifying the manager of any mechanical problems. Take in for
  repairs as required.
- Operate garbage truck for waste removal and collection
- Performing preventative maintenance on village vehicles and equipment and bringing them in for regular servicing.
- Operate plow and tractor to remove snow from roads and sidewalks—salting and sanding areas as required.
- Repairing and maintaining the village cemetery, including digging graves, setting headstones, and landscaping
- Guide summer students for general labour activities, including landscaping, completing tasks for elders, garbage pickup, gutter cleaning, power washing, yard work, painting, etc.
- Follow all laws, regulations, organizational policies and procedures, and safety requirements in the performance of duties.
- On-call for emergencies as needed
- Develop and maintain a detailed work plan according to seasons and required maintenance of all village assets

#### Knowledge, Skills, and Abilities

- · Experience operating various heavy equipment, hand and power tools
- Able to prioritize and organize multiple demands and workload
- Troubleshooting, problem-solving skills, and mechanically inclined
- Strong communication and interpersonal skills
- Experience operating small equipment, including trimmers, chain saws, pruning equipment, etc.
- Able to work with minimal supervision

#### Training, Education, Certification, and Experience

- EOCP Certification, small waste-water system and small water system operator level 1 or willing to obtain certification as a condition of employment
- Minimum of two (2) years of experience working with a water and waste-water system is preferred and one (1) year working in a maintenance role
- Experience working with First Nation communities
- Satisfactory Criminal Record and Vulnerable Sector Check
- Valid Class 5 driver's license

#### **Working Conditions**

- The Ground Maintenance Worker will work primarily outdoors, and in all weather conditions.
- Certain safety equipment will be provided such as gloves, safety hats, safety vest, however employee will be expected to provide their own appropriate footwear.
- The successful candidate will be provided with all necessary personal protective equipment and will
  receive training in safe equipment operation.

While we sincerely appreciate all applications, only those candidates selected for an interview will be contacted. Preference may be given to candidates of Indigenous ancestry **s16(1)** CHRA. and have knowledge of local First Nations traditional customs and practices.

#### HOW TO APPLY

Applicants should send a resume and cover letter outlining how they meet the specific requirements of the position to <u>careers@jouta.com</u>. Position open until filled.



# SASET Outreach Services on-site at Cheam First Nation Every Friday from 9:30am to 3:00pm

### Who are we?

We provide Indigenous Employment and Training Services to First Nation working age population in the Fraser Valley Catchment area.

### Who do we serve?

If you are an Indigenous person and are either the following:

- Is un-under employed
- Student
- Employed but unable to meeting basic living requirements
- Resides in SASET's catchment area (Langley to Boston Bar and throughout the Fraser Valley; or with 3 communities in the Head of the Lakes)

### **Outreach Employment Services:**

Employment and Career Counselling
Resumes and Cover Letters
Education and training information
Computer with internet access
Job postings
Employment Readiness
Career Planning/Decision Making
Labour Market Information

Scholarships, Grants and Bursary information Job Search assistance Applying online Employability workshops Basic Computer Skills Workshops And much more

### Lucinda Louie, Employment Counsellor

### Phone or text: 778-684-1464 or email: Lucinda.Louie@saset.ca

### Or email: info@saset.ca

See our website for more information at www.saset.ca



# **WE'RE HIRING!**

# COMMERCIAL TRANSPORT ENFORCEMENT OFFICERS

JOIN OUR TEAM





### **LOCATIONS:**

- DAWSON CREEK
- FORT ST. JOHN
- GOLDEN
- HOPE
- KAMLOOPS
- PRINCE GEORGE
- TERRACE
- TETE JAUNE CACHE
- VANDERHOOF

DO YOU WANT TO MAKE A DIFFERENCE IN ROAD SAFETY?

DO YOU WANT TO MAKE A POSITIVE IMPACT ON THE SAFETY OF BRITISH COLUMBIANS?

ARE YOU MECHANICALLY INCLINED?

ARE YOU READY FOR THE NEXT STEP IN YOUR CAREER?

THEN CVSE IS THE PLACE TO BE!







# NOW HIRING CAMP POSITIONS



We're seeking a motivated individual for a camp position, available in Valemount and Blue River, BC.

- Salad/Sandwich Maker
- General Kitchen helper
- Camp Attendant

Position is a 20/10 rotation. Full Time Position

# **APPLY TODAY!**

Email - FrontecRecruitment@atco.com

**≡⊕ <u>снеам.са</u>** 







**ATCO** 



#WeAreHiring! We are looking for a Researcher/Analyst and an Intern/Junior Researcher to join our team, Apply today! https://firelight.ca/careers/



# WE'RE HIRING!

VISIT FIRELIGHT.CA/CAREERS/





Fraser Valley Regional District



We have an exciting opportunity for an energetic individual to fill the full-time Building and Bylaw Clerk position. Apply by June 16 at www.fvrd.ca/careers

# COME WORK WITH US Apply today at fvrd.ca/careers



Fraser Valley Regional District

# **TRAINING OPPORTUNITIES**





# **BASIC COMPUTER** SKILLS WORKSHOP

If you are Aboriginal, underemployed, or unemployed and you want to learn the basics of how to use a computer, this workshop is for you!

Book an appointment with your SASET Employment Counsellor to sign up!

> JOIN US EVERY TUESDAY AND THURSDAY 9 AM-12 PM

Building 5B - 7201 Vedder Road Chilliwack, BC Phone: 604-858-3691 Email: info@saset.ca

FIND US ONLINE:









**Basic Computer** Skills & Knowledge

How To Use the Internet

Email

Word Basics

How To Use a Laptop

Sto:Lo Aboriginal Skills And **Employment Training** 

5B-7201 Vedder Rd

Chilliwack, BC V2R 4G5

604-858-3691

Toll Free: 1-888-845-4455



@CHEAM\_FN

# THÉLÁ:YLEXW AWTXW HOUSE OF LIFE GIVERS

# INDIGENOUS

# FINANCIAL RESILIENCE

### You will learn:

- What is Indigenous financial literacy
- Your values and relationship with money
- First peoples' concepts of wealth and economy
- Colonization and multigenerational impacts
- Economic resurgence and innovation
- Money as life energy

www.stolowomen.com

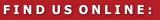
Monday, June 5th, 2023

5:00pm - 8:00pm

Virtual Event | Register Online

Hosted in partnership with

Vancity













- Are you ready to start a business
- 10 things a lender looks for
- Building a better
   business plan
- Make the most of your money
- Plan a cash flow
- Key to market research
- Connecting with
   customers
- Maintain work like
   balance

### TO REGISTER

CALL 604-858-0009 OR EMAIL BHILL@STOLOCF.CA

FREE WORSHOP!

### DOOR PRIZES

### SNACK & LUNCH!

# ACCESS

# Teach, Play Learn.

Help shape the future!

Required: English 12, or Communications 12, or completion of an English language test with BCCE.

### Early Childhood Education Assistant (ECEA) Training

- •8 Week Essential Skills
- 3 ECEA Courses
- Fully Funded Program
- For Indigenous Peoples Status, Non-Status, Métis and Inuit

Training dates July 4th - August 25th, 2023 Monday-Friday 9:00am - 3:30pm

### Enroll by June 30th, 2023

Call Now to Sign Up! 604-251-7955





Sto:lo Aboriginal **Skills &** Employment Training is pleased to offer:

# Justomer Servi Customer Service Training

# Canada

# July 17—21, 2023

Class Time: 8:30AM-4:30PM

Program will take place at: 2895 Chowat Road, Agassiz

This program is open to Indigenous individuals who reside within our catchment area with an interest in Customer Service employment opportunities.

ó:lõ Aboriginal Skills **Employment Training** 

There are a limited number of seats so don't delay in scheduling an appointment with a SASET employment counsellor today!

### SASET FULLTIME EAS OFFICES:

SASET—Chilliwack Office 5B-7201 Vedder Road Chilliwack, BC Phone: 604-858-3691

SASET— Sts'ailes Office 4690 Salish Way Agassiz, BC Phone: 604-796-5536

SASET—Seabird Office 2895 Chowat Road Agassiz, BC Phone: 604-796-6865

FIND US ONLINE:









PRE-EMPLOYMENT HOSPITALITY WORK SKILLS TRAINING PROGRAM

JULY 3-9, 2023 SQEMEL LALEM CAMP HOPE, BC









To apply, scan QR or visit: https://bit.ly/40iczKn

For questions contact Kim: kwestlake@landseacamps.com



This **free five day immersive program** is designed for Indigenous Participants interested in kick-starting their career in workforce camp hospitality.

The Pre-Employment Skills program will include:

- An introduction to Workforce Hospitality
- Required certification and training
- Health and safety in the workplace
- Camp specific policies and roles
- Kitchen equipment and safety
- Cooking methods and nutrition
- Job shadowing
- Professional development

Upon program completion, participants will be invited to apply to work at Sqemel Lalem Camp in Hope, BC.

The program is open and free to Indigenous persons living in BC, age 19 or older. Meals, accommodation, and training is included.

**TRANS**MOUNTAIN

<u>@CHEAM\_FN</u>









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# **UPCOMING SASET PROGRAMS!!!**



Canada

### FOR MORE INFORMATION: call <u>604-858-3691</u> OR email <u>info@saset.ca</u>

PLEASE VISIT <u>WWW.SASET.CA</u> FOR EMPLOYMENT ASSIS-TANCE SERIVICES AND MORE INFORMATION

Wildlands Fire Fighting Chilliwack: May 15-26 **Basic Security Training** Chilliwack: June 2023 Chawathil: TBA **Traffic Control Training** June 22& 23 First Aid Level 3 (2 groups) Chilliwack-June 12-23 Chilliwack-June 19-30 **Customer Service Training** Seabird: July 2023 Dates TBA Landscaping with Traffic Control Boston Bar: June 2023 dates TBA **Getting Your L Workshop:** Seabird: May 16 SASET Chilliwack: May 19 Shxwowhamel: May 29 Cheam: May 26 Chawathil: May 24

### SASET FULLTIME EAS OFFICES:

SASET—Chilliwack Office 5B-7201 Vedder Road Chilliwack, BC Phone: 604-858-3691 <u>SASET— Sts'ailes Office</u> 4690 Salish Way Agassiz, BC Phone: 604-796-5536

O <u>@ C H E A M . F N 1</u>

SASET—Seabird Office 2895 Chowat Road Agassiz, BC Phone: 604-796-6865

**9**<u>@CHEAM\_FN</u>

### FIND US ONLINE:









Employment Training

Digital literacy is a valuable skill set that supports life-long learning and increases employability. Learn to use technology to effectively find information, communicate, and apply for work.

### Digital Literacy OPENS DOORS

Join this FREE online program to learn digital tools for daily living and employment purposes. Coaches are available to help you be successful!

Contact Stó:lō Aboriginal Skills & Employment Training (SASET) at <u>info@saset.ca</u> or 1-888-845-4455

Laptops available to borrow if you need one!

Please note: Training is available from Youth to Elders.

Con

Futures Std:10





FIND US ONLINE:





Community

Futures South Freser





Storlo Aborigina

<u>Basic</u> Security Training

3 Weeks (Mon-Tues) June 5, 6, 12, 13, 19, 2023 Class Time: 8:30AM—4:30PM

Program will take place at: 2D—7201 Vedder Road, Chilliwack This program is open to Indigenous individuals who reside within our catchment area with an interest in Basic Security employment opportunities.

125

tó:lõ Aboriginal Skills Employment Training

There are a limited number of seats so don't delay in scheduling an appointment with a SASET employment counsellor today!

### SASET FULLTIME EAS OFFICES:

SASET—Chilliwack Office 5B-7201 Vedder Road Chilliwack, BC Phone: 604-858-3691 <u>SASET— Sts'ailes Office</u> 4690 Salish Way Agassiz, BC Phone: 604-796-5536 SASET—Seabird Office 2895 Chowat Road Agassiz, BC Phone: 604-796-6865

#### FIND US ONLINE:









### FULLY-FUNDED MENTAL HEALTH AND ADDICTIONS CARE WORKER

30 WEEK

<u>More Details</u> <u>Here!</u>

**FULLY-FUNDED** 

PRACTICUM INCLUDED

LIMITED SEATING AVAILABLE

SPROTT SHAW COLLEGE

Indigenous Public Health Summer Institute applications are now open!

Join us in August for an intensive week to explore: Approaches to Understanding the Health of Indigenous Peoples/Environmental Health and Indigenous Communities!

### Learn more



THE UNIVERSITY OF BRITISH COLUMBIA Centre for Excellence in Indigenous Health 0 0 0 0 0

CENTRE FOR EXCELLENCE IN INDGENOUS HEALTH PRESENTS:

ACCEPTING APPLICATIONS NOW!

### INDIGENOUS PUBLIC HEALTH TRAINING (IPH) PROGRAM

Deadline: MAY 31st, 2023

### COURSES OFFERING:

 Interdisciplinary Approaches to Understanding the Health of Indigenous Peoples (SPPH 589 1.5 credits / non-credit)

Environmental Health and Indigenous Communities (SPPH 577 1.5 credits/non-credit)



### Industry Internship Program for Indigenous High School Students

### Summer 2023



"We are providing First Nation youth a foundational skillset to become leaders in the technology field and support their communities". – Brenden Mercer, FNESS Decision Support Manager

Brenden Mercer, FNESS Decision Support Manager
 2023

## **The 8-week Program Includes**

A SALARY and a LAPTOP to keep

Learn Technology & Professional Skills

Cloud | Cybersecurity | Data Analytics Customer Service | Financial Literacy

# Speaker Series with

Inspirational Leaders Chiefs | Indigenous Leaders | Industry Executives

Work Experience through an Industry IT & Data Project

Network with High School Interns across Canada

### **The Program Details**



July 3<sup>rd</sup> – August 25<sup>th</sup>

Monday – Friday 10AM – 3PM



Check out the tools of tomorrow you'll develop in Summer

# Don't miss out, please reach out!

No Previous Experience Required.

For more information, contact **Tammy Dong** <u>tdong@fness.bc.ca</u> By April 21, 2023

### Ind/genous Tech.ai Canadian Government (PSIB) Certified Indigenous Controlled Company









First Nations' Emergency Services Society









## **Work in Construction!**

2-week <u>Fully Funded</u> entry-level construction training for Youth 18-30 with a valid SIN.

### **Guaranteed Job**

- \$200 in employment bonuses
- \$100 food vouchers when you start a new job
- \$775 in workgear and tools
- · Hot breakfast and lunch everyday during training

# NEXT PROGRAM RUNS: June 19 - 30, 2023

### **GET IN TOUCH WITH US TODAY!**

- . 604-688-9116
- 🔰 bladerunners@accessfutures.com
- www.facebook.com/BladerunnersVancouver
  - Office Hours: Monday Friday, 8:30 am 4 pm

Canada



Funding provided by the Government of Canada through the Canada-British Columbia Job Fund.

## Social Assistance Cheque Schedule 2023

Cheque	<b>Renewals Due By:</b>	<b>Ck. Release Date</b>	Mid-Month 2
January 2023	December 15, 2022	December 21, 2022	January 14, 2023
February 2023	January 14, 2023	February 1, 2023	February 15, 2023
March 2023	February 15, 2023	March 1, 2023	March 15, 2023
April 2023	March 15, 2023	March 31, 2023	April 14, 2023
May 2023	April 14, 2023	May 1, 2023	May 15, 2023
June 2023	May 13, 2023	June 1, 2023	June 15, 2023
July 2023	June 15, 2023	June 30, 2023	July 14, 2023
August 2023	July 15, 2023	August 1, 2023	August 15, 2023
September 2023	August 15, 2023	September 1, 2023	September 15, 2023
October 2023	September 15, 2023	September 29, 2023	October 13, 2023
November 2023	October 14, 2023	November 1, 2023	November 15, 2023
December 2023	November 14, 2023	December 1, 2023	December 15, 2023











## WE WANT YOUR FEEDBACK!



1. Please provide any feedback you want to the Band Office:

2. Future planning - top 3 things that you want to see in your community in the next 5 years

1)	 	
2)		
3)		

3. Community planning circle - Would you like to attend a community planning circle in June or July?

Please circle your preferences:

Yes or No

In Person or on Web

Name: \_\_\_\_\_\_
Phone: \_\_\_\_\_\_
Email: \_\_\_\_\_

Please drop off at the Band Office or email your answers to <u>communications@cheamband.com</u>.