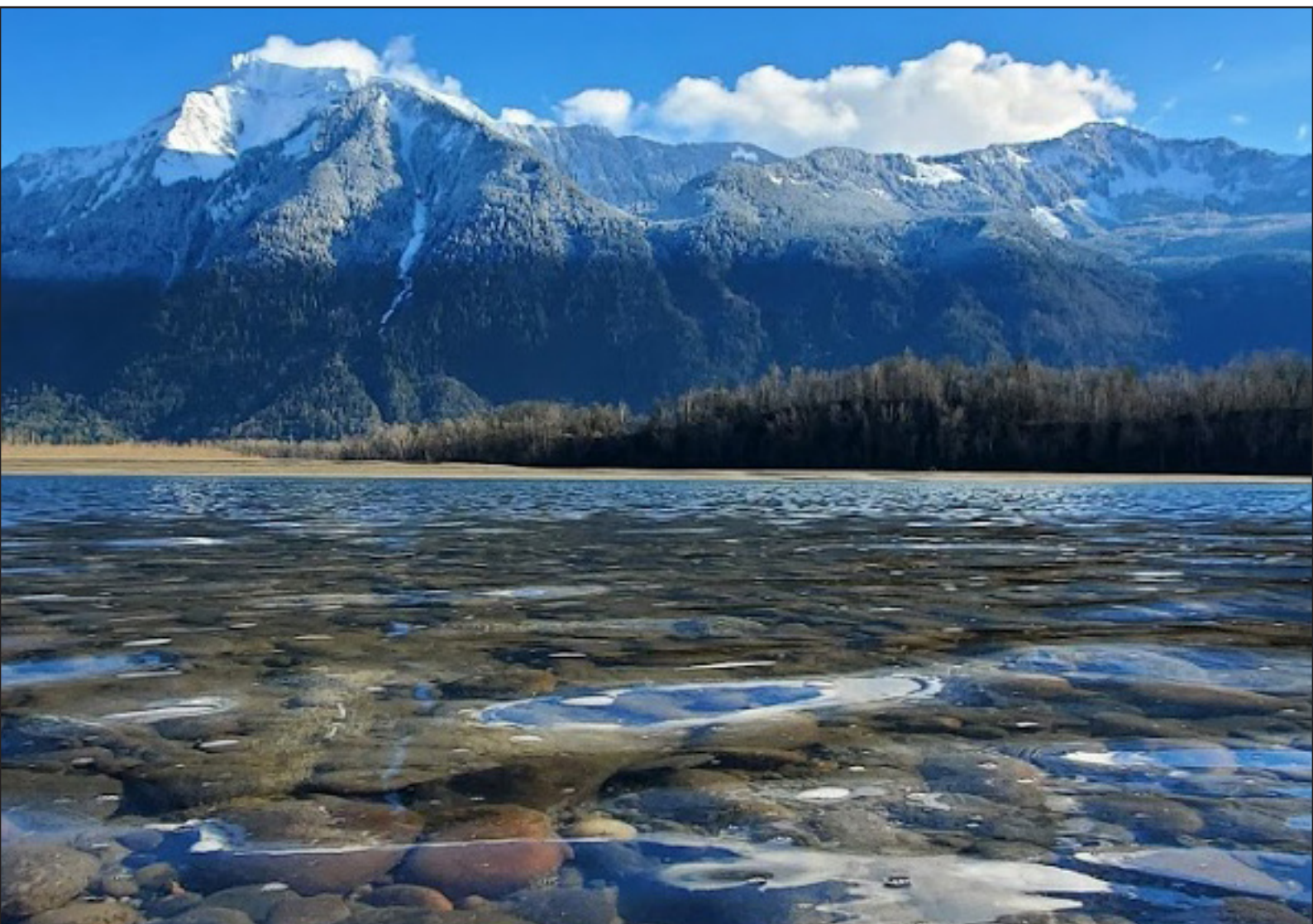




XWCHÍYÒ:M

CHEAM FIRST NATION

COMMUNITY NEWSLETTER: June 16, 2023



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XWECHİYOM XWEXWILMEXW SXWE EYELH

Kwetskwetsmet lis cha xwal letse sqwalewels ye xwe chiyom Xwexwilmexw;

Xw' eyehls cha ye mekw' wat ite xwech'l yom qesu texw eweta o kw'e tl' e met Te ewpi: I qaste qel sqoqe;

Temtames mami:yelhtel ya sq'eqotel qelu lam xwe xwe'eyelf iyolem kw'e o'hletem xwela Ye'mi cha

Temtames lis cha mekw yoyes ye alyem eweta Shxwlistexwes Te xwelitemelh Temtames chasu qexs a: li lalalem xwela kw'e mekw wates

Qas temtames cha xwe'eyems Te temexws qasu ey xwela ye xwechiyom

CHEAM VISION STATEMENT

We the people of Cheam are committed to developing a united and harmonious community. We respect individual's diversity and promote a healthy, self-sufficient lifestyle. We need one another and value one another's views. In appreciation of our uniqueness, we foster mental, physical, emotional and spiritual wellbeing. In doing so, we strive to build pride, dignity and respect amongst our people.

FIND US ONLINE:



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[@CHEAM_FN](https://twitter.com/CHEAM_FN)

ADMINISTRATION NOTICES/UPDATES

UPCOMING CHEAM EVENTS:

June 27	Cheam Regular Council Meetings
June 18, 25	<u>Trev's Flea Market</u> 8:30am - 2:30pm
June 20	Dental Bus returns 10am - 4pm
June 21	Band Office Closed for Indigenous Peoples Day
July 2, 9, 23	<u>Trev's Flea Market</u> 8:30am - 2:30pm
July 3	Band Office Closed for Stat Holiday
July 15	<u>Annual Cheam Days</u>
July 25	Cheam Regular Council Meeting
August 7	Band Office Closed for Stat Holiday
August 19	Back to School Distribution 12-3pm
August 22	Cheam Regular Council Meeting
September 9	Cheam AGM & Presentation of Financials



XWCHÍYÒ:M
CHEAM FIRST NATION

Cheam Days Races – July 15, 2023

(All teams must be registered to enter)

Baby Race (up to 2 years in age) Balls in a basket

1st place = \$50.00

2nd place = \$20.00

Family Scavenger Hunt (1 adult, (3 kids)) per team

1st place = \$200.00

2nd place = \$100.00

Great Race (1 youth, 1 Elder, 1 teen, 1 adult)

(Runner, (100) piece Puzzle making, ladder toss, potato sack jumping)

1st place = \$400.00

2nd place = \$200.00



Registration forms for all events will be at the office (Health wing at the front desk)
Please submit team forms to Diana Giroux or Amanda Aubichon before July 7/23.

CHEAM FIRST NATION ADMINISTRATION UPDATE – June 15th, 2023

Dear Cheam First Nation Members,

Thank you to the dedicated staff and community members that have been willing to share their knowledge, goals, and passion for this community. The team has been through a lot of change and has worked steadily through a pandemic to continue to serve the community every day.

There had been tremendous progress in catching up on the financial accounting and reporting when I arrived in late April 2023, with the assistance of



First Nations
**FINANCIAL
MANAGEMENT
BOARD**

the accounting professionals from MNP LLP (Chilliwack). The financial statements for the year ended March 31st, 2021, were completed in June of 2022. The financial statements for the year ended March 31st, 2022 were completed in October of 2022. The financial statements for the year ended March 31st, 2023 are in progress. The year-end financial statements will be completed on time in order to meet the submission deadline of Indigenous Services Canada on July 29, 2023.

Additionally, the Cheam First Nation Council and staff are preparing an Annual Report for citizens in accordance with the *Financial Administration Law* deadline of September 27th.

Although there are many steps to pass the law, the Council and staff are taking the necessary steps to develop financial management policies with the assistance of Bev Bull, an accredited accountant that specializes in assisting communities with financial accounting, law implementation, and policy development. The work is being funded by a grant from the First Nations Market Housing Fund. The team aims to have the policy development completed by September 2023.



In the theme of sound governance and effective organizational development, the staff is developing the human resources policies, an occupational health and safety program, and information technology policies in compliance with current legislation and best practices.

The Cheam First Nation Annual General Meeting will be September 9th to present the audited financial statements, and the annual report, and provide Cheam Members with an opportunity to ask questions and provide input into future planning and objectives for their community. The staff looks forward to coming together with our members to celebrate our progress, learn together, and plan for the future. Thank you to Council, staff, and members; it is an honor to serve you every day and be a part of the great work being done.

Mekw' tel sq'eq'ó

Wendy Rockafellow

Executive Director

YOU ARE INVITED TO PARTICIPATE IN THE CHEAM DAYS PLANNING COMMITTEE

First meeting will be June 22nd from 5:30pm - 6:30pm at the Band Office

- 4-6 Community Members required
(at least 1 Youth & 1 Elder)
- Staff are welcome to participate
- Honorarium will be paid for members time.



Please contact cori.victor@cheamband.com to express your interest.

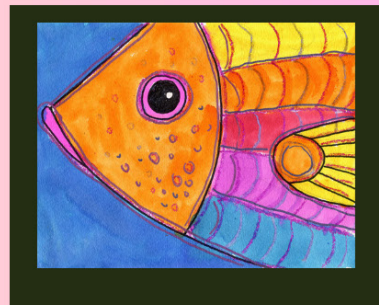
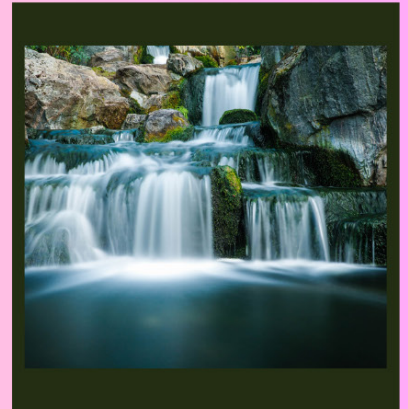


CHEAM ART CONTEST

Have your art featured in this year's annual report, or on our website! All submissions will receive a gift card & our top 5 favorite submissions (decided by a committee) will receive the following cash prizes:

1st \$500, 2nd \$400, 3rd \$300, 4th \$200, & 5th \$100

- All ages from Youth to Elder welcome to submit.
- You can submit it digitally to communications@cheamband.com or in-person to the band office attn: Harmony.
- Art submissions could be photographs, drawings, paintings etc... Submission deadline July 10th, 2023



(you must be the creator/owner of the art, and have permission to share images of anyone shown in the photos. By submitting to this contest you will be granting Cheam First Nation permission to use the artwork for things such as our 2022 Annual Report and website.)

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COMMUNITY EVENTS



OUR LIVING LANGUAGES

First Peoples' Voices in British Columbia

PRESENTED BY



ROYAL BC MUSEUM



FIRST PEOPLES'
CULTURAL COUNCIL

PROUDLY SUPPORTED BY

Canada 

Everyone Welcome

Agassiz-Harrison Museum
TRAVELLING EXHIBITION

June 4 to August 29
10:00am - 4:00pm

7011 Pioneer Ave, Agassiz, BC V0M 1A0

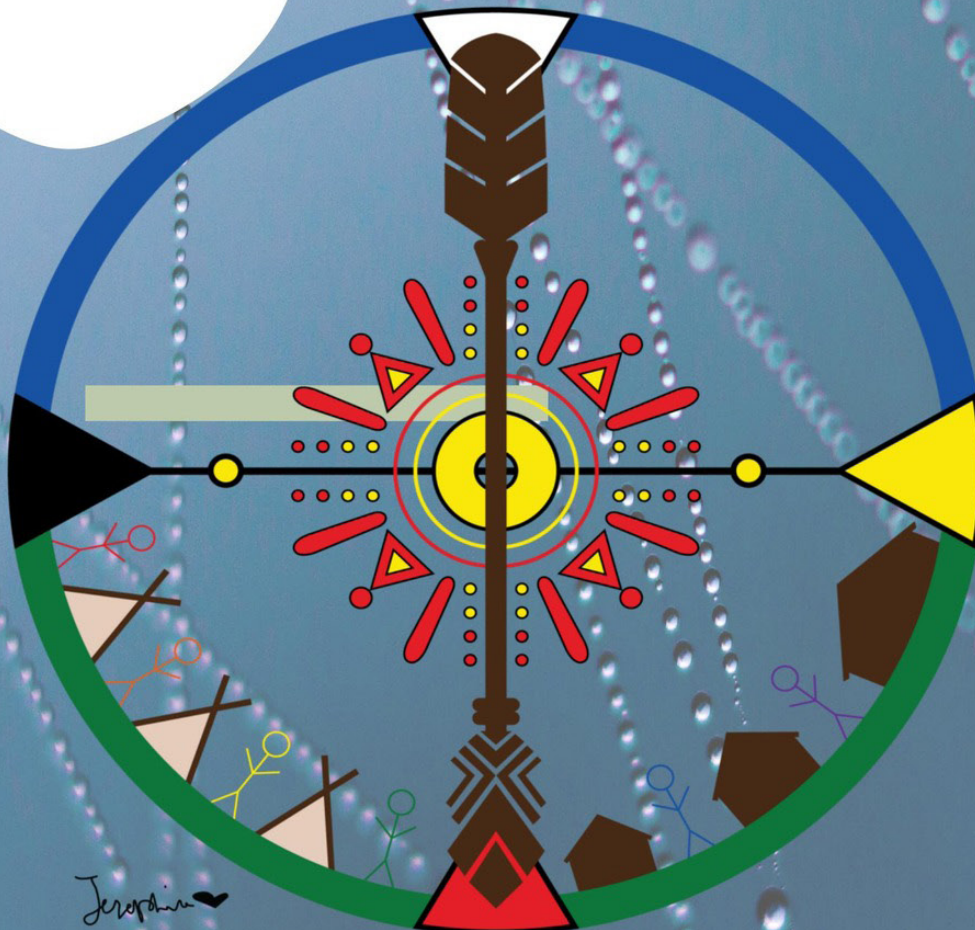
Tele: 604-796-3545

For more information visit
agassizharrisonmuseum.org

This project has been made possible in part by the Government of Canada
Ce projet a été rendu possible en partie grâce au gouvernement du Canada



CONNECTIONS NATIONAL INDIGENOUS PEOPLES DAY



FRASER RIVER INDIGENOUS SOCIETY

Memorial Peace Park
JUNE 17th, 10am to 2pm



We recognize the traditional territories of the Katzie and Kwantlen First Nations. We respectfully acknowledge the many nations who are represented by the urban Indigenous population in the Fraser Valley and Metro Vancouver Areas.

SASQUATCH DAYS



COASTAL JAM

Bring in the Spirit of the Occasion

JUNE 17, 2023

DOORS OPEN @ 6:00pm - CLOSING @ 9:00pm

DRINKS & SNACKS PROVIDED

Memorial Hall in Harrison Hot Springs
290 Esplanade Ave, Harrison

Made with PosterMyWall.com



Seabird Island Celebrates

National Indigenous Peoples Day

June 21, 2023

Noon to 3:00pm

Traditional Activities

Crafts

Halq'eméylem Bingo

Indian Tacos

Door Prizes

FUN!

Adjacent to the Cenotaph/Veteran's Memorial
(In case of rain, Band Office Gym)

Indigenous People's Day Event



June 19 2023

Cheam Band Office

Stick games

Face Painting & Activities

Movie & dinner

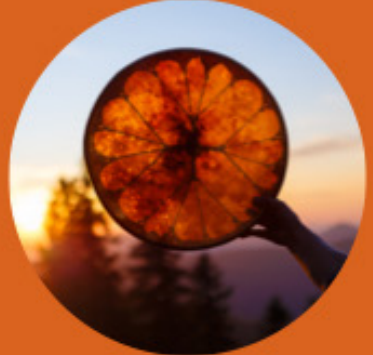
Kids door prizes

Adult door prize

1st - Meat pack

2nd - Gift card

4:30-8:30pm



Seabird Island Band Open-House Event

Health Fair & Sqèwqel Days

July 19th

10 a.m. - 4 p.m.

**Band Office Fields, in
front of the Health Wing**

Door Prizes!!!

Displays from a variety
of Programs/Services
throughout Seabird

Bouncy Castle

Food Trucks

Health Displays



Designed by Seabird Communications Program



National Indigenous Peoples Day

When: Wednesday, June 21

Time: 9:00 am to 2:00 pm

Where: Townsend Park

45130 Wolfe Rd

Main stage- Cultural demonstrations (Traditional dancing, drumming, and fiddling 9:15am, 11:15am, 1pm)

Bannock/Fruit

Beading

Cedar Braided Bracelet

Colouring Sheets

Dancing Demonstrations

Dot Painting

Giveaways

Halq'eméylem Language

Hand Drumming and Singing

Sl: hal

Traditional Plant Sharing

Medicine bag coloring and Filling

Métis Cart Races

Métis game w Hoop Races

Métis Tent Wall

Métis Voyageurs Races

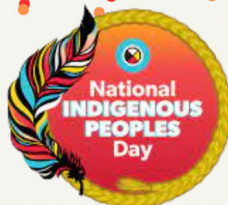
Pipe Cleaner Pony Beading

Place Based Storytelling

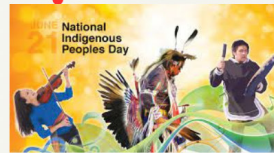
Talking Stick

For more information contact:

Tracey.Tantrum@gov.bc.ca OR Laura.Wilson@gov.bc.ca



Come Celebrate



National Indigenous Peoples Day



Join us for a fun day of Celebrating
Indigenous Culture, Heritage, and our
Indigenous families!

When: June 20th, 2023 8:30 am-1:30 pm

Where: RTCS (indoors and outdoors)

Parents are welcome to join our celebration!

Drumming ● Dancing ● Storytelling ● Bannock & Jam

Cedar Medallions ● Halq'eméylem ● All about Salmon ● Traditional Games

Dream Catchers ● Beading ● Mandala Art ● Traditional Foods



GOLDEN PINECONE SCAVENGER HUNT

In celebration of BC Parks and Recreation Month!

**Search high and
low for Golden
Pinecones in
District of Kent
Parks to win
prizes!**

For more information,
flip to page 3 of the
Leisure Guide



National Indigenous Peoples Day at the Community Recreation & Cultural Centre

June 21, 2023

**Join us for a day of recognizing and celebrating local
First Nation culture.**

**More information to come, follow us on Facebook or visit
kentbc.ca for more details.**

In partnership with:



Seabird Island Band



CHEAM
FIRST NATION



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Pil'alt Warrior

Welcomes you for
NATIONAL INDIGENOUS PEOPLES DAY

COASTAL JAM

WEDNESDAY, JUNE 21ST

5:30 - 8:30pm

Skwah Band Hall
619 Wellington Ave.

ANYONE IS
WELCOME!

DINNER
@ 6:00pm

**Honouring
our Elders!**

Iron Man Competition:

12+ : 1st/2nd/3rd prizes

12&under : 1st/2nd/3rd prizes

Thank you to our sponsors!



Contact : Beth Julian 236-380-0125

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COME CELEBRATE INDIGENOUS PEOPLE'S DAY!



“Honoring our Traditional Healing”

WHEN: Thursday, June 22nd 11:00-2:00 pm



WHERE: Chilliwack General Hospital
Outside Main Entrance / Parking Area
45600 Menholm Road

Everyone is welcome.

Please bring a lawn chair
Additional parking available at the Leisure Centre

For info: Corinne.stone@fraserhealth.ca



- 
- 
- 11:00** Welcoming – Master of Ceremonies- Eddie Gardener
11:05 Prayer and Comments
11:15-11:45 Coast Salish Drumming and Singing
12:00-12:30 Flute Music, with Arnie Leon
Storytelling and sharing of Traditional Healing
Enjoy some food - free bannock tickets and water
Golden Bannock Food Truck will be available
Browse the Information Tables and get a Cedar Brushing/Smudge with Elder - throughout the day
12:45-1:15 Cheyenne Leon Family Dancers and Drummer
1:30-2:00 Metis - V'ni Dansi Dancer

CHEAM ELDER'S CORNER

Cheam Elders will be selling pancake breakfast @ Trev's Market this Sunday June 18th from 8:30-10am in the gym. Another great fundraiser benefiting Cheam Elders, and a chance to treat Dad to breakfast.



Elder volunteers needed to help take money, serve etc. please call Lovey 604-745-3353 or just show up;)

Cheam Elder's Society Raffle

Tickets are \$2 each, 3 for \$5, or 20 for \$20

Tickets can be purchased by cash from Lovey Victor or by e-transfer to lovey.victor@outlook.com
Draw date July 18th @ the next Elders Meeting.

First Prize



Second Prize



Third Prize



Thank you and good luck!

CHEAM ELDER'S MEETINGS 2023

July 18, 2023

August 15, 2023

September 19, 2023

October 17, 2023

November 21, 2023

December 12, 2023



Upcoming Birthdays

Birthdate

June Quipp

June 17

Vincent P. Douglas

June 24

Antony Charles-Giroux

July -

Herman Shaw

July 1

Debra A. Douglas

July 4

Ritchie Hudson

July 6

Rosalee Walton

July 6

'Expressions of interest' to join this year's Elder's conference; please contact Kelsy by email kelsy.fredette@cheamband.com or phone 604-745-8034 and let her know if you're attending this year so we can compile a list and know how much funding will be needed, hotel accommodations, transportation, etc.



BC Elders Communication Center Society (BCECCS)/2023 Elders Gathering
1415 Weiwaikum Rd. Campbell River, BC, V9W 5W9

Ph: 250-286-9977

Toll Free: 1-877-738-7288

Email: bcelders@telus.net

Fax: 250-286-4809

Website: www.bcelders.com

2023 ELDERS GATHERING

"Stronger Together"

DATE: August 15-16, 2023, with Early
Check-In Aug. 14 from 12:00 pm to 5:00 pm

PLACE: Vancouver Convention Centre,
East Building

INFO AND CRAFT BOOTHS AVAILABLE AT
www.bcelders.com

* Note: The Craft Booth Price has Dropped!

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The Wellness Team Presents:



Sit with an Elder Tea Time

Join us once a month, to sit and talk with an Elder. Connect as a group or one to one.

When: June 20th, 2023

Where: The'í:tselíya - S.A.Y. Health
& Community Centre
7256 Chilliwack River Rd

TIME: 10:00am-12:00pm

Please call Heather Walker for
more information.
604-824-3200



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PHYSIOTHERAPY



Charise (Reece)

Conkin

DPT, BKin



Tuesdays

THE'ÍTSELÍYA BUILDING

7256 CHILLIWACK RIVER RD

Fridays

STÓ:LŌ HEALTH BUILDING

7201 VEDDER RD

HOME OR
HOSPITAL VISITS
AT SPECIAL
REQUEST

BOOK HERE NOW

STOLOHEALTH.JANEAPP.COM

OR CALL 604 824 2681

Pain
Sports
Exercise
Injuries
Massage
Equipment
After Surgery
Elder Support
Manual therapy

COMMUNITY KITCHEN

Please join Jaime and Makenzie in making quinoa enchilada casserole and a blueberry sauce for over ice cream, waffles, yogurt or whatever you like.

Hope to see you there! Please sign up for this class so I know how much ingredients I need to purchase to have enough. Thank you.

Limited seats available.

Cheam band office kitchen

Friday June 23rd, 2023

@ 11:00am

Please register to Makenzie.Peters@seabirdisland.ca

PROFESSIONAL DENTAL CLEANING WITH SARA BABAEIN, BDSC, RDH – SMILES VAN

June 20, 2023

Time: 10:00am-4:00pm

New clients will
receive a \$50
electric tooth
brush!



**Location: Cheam Multiplex
52161 West Victor Drive**

- 45-minute appointments
- Dental Hygiene exam + Cleaning
- Full status coverage

Book with Cori Victor at cori.victor@cheamband.com

HEALING TAKES TIME

ASKING FOR HELP IS A COURAGEOUS STEP

If you're struggling to stay grounded, want support or just need someone to chat with, there are many First Nations resources and people ready to provide support that is easy to access, free, safe and secure.



Indian Residential School Survivors Society (IRSSS)

IRSSS helps support youth throughout the province who are dealing with trauma and seeking support in their healing.

1-800-721-0066 | reception@irsss.ca



Foundry BC

Provides young people with health and wellness resources, services and supports across BC.

1-800-668-6868 | info@foundrybc.ca



Tsow-Tun Le Lum

Provides confidential outreach services, such as counselling and cultural support.

1-888-403-3123 | info@tsowtunlelum.org



First Nations Health Authority
Health through wellness

First Nations Virtual Doctor of the Day

Enables First Nations people in BC with limited or no access to their own doctors to make virtual appointments.

1-855-344-3800



KUU-US Crisis Line Society

24/7 First Nations and Indigenous specific crisis line, toll-free from anywhere in BC, specifically for children and youth.

250-723-2040





First Nations Health Authority
Health through wellness

REGIONAL HEALTH SURVEY (RHS) 4

Drop-in Webinar Series



Community Leaders, Health Directors and other interested community members, please join us for information about the upcoming Regional Health Survey 4! The First Nations Regional Health Survey (RHS4) is a national health survey conducted by and for First Nations. It captures a snapshot of the health and wellness of First Nations peoples living within First Nation communities across Canada. It is now more important than ever to ensure that First Nation voices are heard when it comes to health and wellness. This is a journey to create meaningful health information for First Nations in BC.

FORMAT

This is a drop in style webinar. Come when it works for you, no need to register ahead of time. Stay for a few minutes or as long as your schedule allows. Learn the background of the Regional Health Survey 4, changes made to better meet communities' needs and benefits of participation. This is a conversational webinar and questions and dialogue are encouraged throughout.

DATES

June 13, 2023	10:00 am
June 14, 2023	5:30 pm
June 15, 2023	2:00 pm
June 19, 2023	12:00 pm
June 27, 2023	3:00 pm
June 28, 2023	8:00 am

Participants will be entered to win a \$75 Gift Card

JOIN HERE

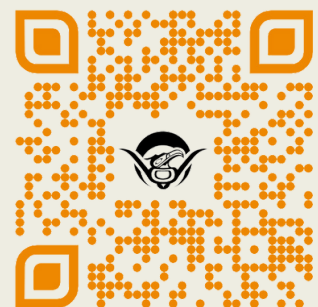


<https://fnha.zoom.us/j/7982971093>

OR



+17789072071,,7982971093#



Men's Wellness

MONDAY, JUNE 26 | 1:30 - 3:30PM



Shxw'éyelhawxt Sacred Space Room
Primary Care Centre
#104 - 7955 Evans Road, Chilliwack

Community members, join us for an afternoon of learning from Muriel Victor, Traditional Wellness Mentor. Muriel will speak on anxiety, depression and prostate health.

This FREE workshop will include:

- A make-and-take tea
- Door prizes
- Tools and resources

Questions? Please contact Muriel Victor.
Email: mvictor@chilliwackdivision.ca

**SCAN HERE TO
REGISTER TODAY!**



Service Canada – Ready to Help

1-877-631-2657

If you do not have internet access, or require help accessing Service Canada's benefits and services, please call the number above to speak with someone from Service Canada.

Phone lines are open from 8:00 am to 4:00 pm local time, Monday-Friday.

- Employment Insurance (EI)
- Canada Pension Plan (CPP)
- Old Age Security (OAS)
- Guaranteed Income Supplement (GIS)
- Social Insurance Number (SIN)
- General passport enquiries, and more



BRINGING CULTURALLY SAFE SERVICES TO YOU

Indigenous Health Liaisons promote culturally safe experiences for First Nations, Métis and Inuit patients accessing health and wellness services. Liaisons support Indigenous patients with navigating the health care system, safe transitions from hospital to home, and connections to community services.

WHEN TO CALL:

- To refer First Nations, Métis and Inuit patients
- To ask any questions regarding Indigenous Health Services available
- To help Indigenous patients access services throughout the health care system

REFERRALS CAN BE MADE BY:

- Patients
- Family members
- Friends
- Health professionals

To access Indigenous Health Liaison services,
call the referral line:

1-866-766-6960

Hours of service: Monday – Friday from 8:30 AM–4:30 PM
(excluding holidays)

To contact a Wellness System Navigator from
First Nations Health Authority, call **604-743-0635**



First Nations Health Authority
Health through wellness

First Nations Health Benefit Program

The First Nations Health Benefit (FNHB) Program covers specific medically necessary items, services, and travel that support First Nations peoples' health and wellness needs. The program is administered through partnerships with Pacific Blue Cross and PharmaCare.

Eligibility

The FNHB Program is available to First Nations people with Indian status who live in BC and infants (up to 24 months) of an eligible parent. To access the benefits and coverage under the Health Benefits Program, First Nations people must first enroll in the program. Please call 1-855-550-5454 or visit fnha.ca/benefits/eligibility for more information on how to enroll.

Health Benefits Coverage

The FNHB Program covers six benefit areas:



DENTAL

The Dental benefit provides coverage for items and services to maintain good oral health, prevent cavities, gum disease, and restore damaged tooth function. Some items and services covered under the dental benefit are bridges, crowns, exams and x-rays, fillings, and preventive services.



MEDICAL SUPPLIES AND EQUIPMENT

The Medical Supplies and Equipment (MS&E) benefit provides coverage for items and services needed in the short or long-term to support health and wellness. Some items and services covered under the MS&E benefit are bathing and toileting aids, hearing aids and repairs, limb and body orthotics, ostomy supplies, walking aids, and wheel-chairs.



MEDICAL TRANSPORTATION

The Medical Transportation (MT) benefit assists with the cost of meals, accommodation, and transportation towards travel for a medical appointment outside your community of residence. The MT benefit may also cover travel escorts under certain conditions.





MENTAL HEALTH

The Mental Health benefit covers in-person and virtual counselling services from a qualified mental health provider registered with the FNHB. Coverage is available for Mental Health counselling from four programs. The Mental Wellness and Counselling program is for Status First Nations individuals, while the Indian Day Schools Health Support Program, Indian Residential School Resolution Health Support Program, and Missing and Murdered Indigenous Women and Girls Health Support Services are available to both status and non-status individuals. Talk to your Mental Health Provider to determine the appropriate program for you.



PHARMACY

The Pharmacy benefit, administered mainly through Plan Wellness (Plan W), provides coverage for medications and items that support First Nations people on their wellness journeys. The Pharmacy benefit covers specific prescription drugs, over-the-counter drugs, non-drug over-the-counter items, and Shingrix® vaccine. Please call 1-855-550-5454 to enroll in Plan W.

In addition to Plan W, the provincial agencies, including the BC Cancer Agency, BC Transplant, BC Renal Agency, and the BC Centre for Excellence in HIV/AIDS, provide specialty pharmacy items to all BC residents living with specific illnesses or conditions.



VISION CARE

The Vision Care benefit provides coverage for items and services to ensure proper eye health and support access to preventative care. The benefit covers eye exams, sight tests, prescription eyewear and repairs.

OTHER COVERAGE

BC Medical Services Plan (MSP)

The FNHB manages MSP for First Nations people in BC. If you have status and need to register for MSP, call 1-855-550-5454.

Ambulance Bills

The FNHB covers the cost of ambulance transport to a hospital in an emergency situation and from a lower level care facility to a higher level care facility (e.g., long-term care home to a hospital).

View Your Plan Details

To check details about your coverage for dental, vision, medical supplies, and mental health, please create an online PBC Member Profile on www.pac.bluecross.ca or download the PBC app on your smartphone or tablet. The PBC Member Profile offers convenient and secure access to detailed information about your benefits coverage 24 hours a day.

Please call Health Benefits at 1-855-550-5454, email healthbenefits@fnha.ca or visit fnha.ca/benefits to learn more about the First Nations Health Benefits program and benefit coverages.



FRASER EAST RAPID ACCESS TO
ADDICTIONS CARE

INDIGENOUS OUTREACH

Our team can provide a range of services to support you in your substance use journey.

- HARM REDUCTION SUPPLIES
- INDIVIDUAL & FAMILY COUNSELLING
- SUBSTANCE USE TREATMENT REFERRALS
- NALOXONE TRAINING
- GRIEF AND LOSS SUPPORT
- GROUP THERAPY
- RESOURCE NAVIGATION

Are you struggling with substance use? Or know someone that does? Are you wanting support but unsure how to reach out?



First Nations Health Authority
Health through wellness

Office Phone:
604-701-3660



fraserhealth

Better health. Best in health care

We recognize Fraser Health provides care on the unceded and traditional territories of the Coast Salish and Nlaka'pamux Nations

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[@CHEAM_FN](https://twitter.com/CHEAM_FN)



First Nations Health Authority
Health through wellness

Mental Health and Cultural Supports

TELEPHONE AND ONLINE SUPPORT

Virtual Substance Use and Psychiatry Service. A free, referral-based service for First Nations people in BC and their family members. Health care providers, including the [Virtual Doctor of the Day](#) program, can refer you to this service. Available Monday to Friday. [FNHA.ca/VirtualHealth](https://fnha.ca/VirtualHealth)

First Nations and Inuit Hope for Wellness Help Line and On-line Counselling Service offers mental health counselling and crisis intervention to Indigenous people across Canada.
Toll-Free: 1-855-242-3310
www.hopeforwellness.ca

Kids Help Phone is a 24/7 national support service offering professional counselling, information and referrals and volunteer-led, text-based support to youth.
1-800-668-6868 or text the word "connect" to 686868 to access text support.

KUU-US Crisis Services is available 24/7 to support Indigenous people in BC.
<https://www.kuu-uscrisisline.com/24-hour-crisis-line>
Toll-Free: 1-800-KUU-US17 (1-800-588-8717)
Adult/Elder: 1-250-723-4050
Child/Youth: 1-250-723-2040

National Indian Residential School Crisis Line supports former Residential School students. The crisis line provides emotional and crisis services 24/7.
Toll-Free: 1-866-925-4419

Provincial Alcohol and Drug Information Referral Service provides free referral services to support with any kind of substance use issue (alcohol or other drugs).
Toll-free: 1-800-663-1441
Lower Mainland: 604-660-9382

Foundry: health and wellness supports, services and resources for young people ages 12 – 24 and their caregivers. No referral or assessment required. In-person: <https://foundrybc.ca/find-a-centre/>
Virtual: <https://foundrybc.ca/virtual/>

FNHA MENTAL WELLNESS AND COUNSELLING SUPPORT THROUGH HEALTH BENEFITS

Health Benefits provides access to mental wellness and counselling services. All services require prior approval. A list of providers registered with Health Benefits can be found on the [Provider List](#) or by contacting:
1-855-550-5454.

INDIAN RESIDENTIAL SCHOOL RESOLUTION HEALTH SUPPORT PROGRAM PROVIDERS (IRS RHSP)

Adah Dene Cultural Healing Camp Society
Margo Sagalon: 250-996-3813
Admin.elders@telus.net
Tracey Charlebois: 250-996-1475
Nakazdlieelders@telus.net

Carrier Sekani Family Services
For Vanderhoof: Catherine Lessard: 250-567-2900 or Toll-free: 1-800-889-6855
For Prince George: Rhonda Hourie or Cheryl Thomas: 778-675-0419

Gitanyow Human Services
Wanda Good: 250-849-5651
Wanda.e.good@gmail.com

Gitxsan Health Society
Martha Wilson: 250-842-6876

Nuu Chah Nulth Tribal Council
Vina Robinson: 1-250-724-3939
vina.robinson@nuuchahnulth.org
Daily Elliott: 250-720-1736

Indian Residential School Survivors Society
Carol Stegman: 604-985-4464 or
Toll-free: 1-800-721-0066

Okanagan Nation Alliance
Toll-free: 1-866-662-9609

Tsow-Tun-Le-Lum Society
Toll-free: 1-888-590-3123

FNHA TREATMENT AND HEALING CENTRES

During the pandemic, Round Lake Treatment Centre and Gya'waa'Tlaab House of Purification are maintaining a live-in treatment program with additional precautions taken to abide by physical distancing and associated safety requirements. Most treatment centres have moved to providing virtual support to individuals and families.

Carrier Sekani Family Services
Call: 250-567-2900 or
Toll-free: 1-800-889-6855
and ask for an ARP Team member
Email: rjohn@csfs.org

Kackaamin Family Development Centre
Call: 250-723-7789 or
Toll-free: 1-833-205-6946

Namgis Treatment Centre
Call: 250-974-8015 or
Toll-free: 1-888-962-6447 Ext. 2141

Nenqayni Wellness Centre
Call: 250-989-0301 or
Toll-free: 1-888-668-4245

North Wind Wellness Centre
Call: 250-843-6977 or
Toll-free: 1-888-698-4333

Telmexw Awtextw (Sts'ailes First Nations)
Call: 604-796-9829

Tsow Tun Le Lum
Call: 250-268-2463 or
Toll-free: 1-888-590-3123

Wilp Si'Satxw Healing Centre
Call: 778-202-0162, 778-202-1349 or
Toll-free: 1-877-849-5211

All information in this document is accurate as of September, 2022.

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S.E.R.P.E.N.T

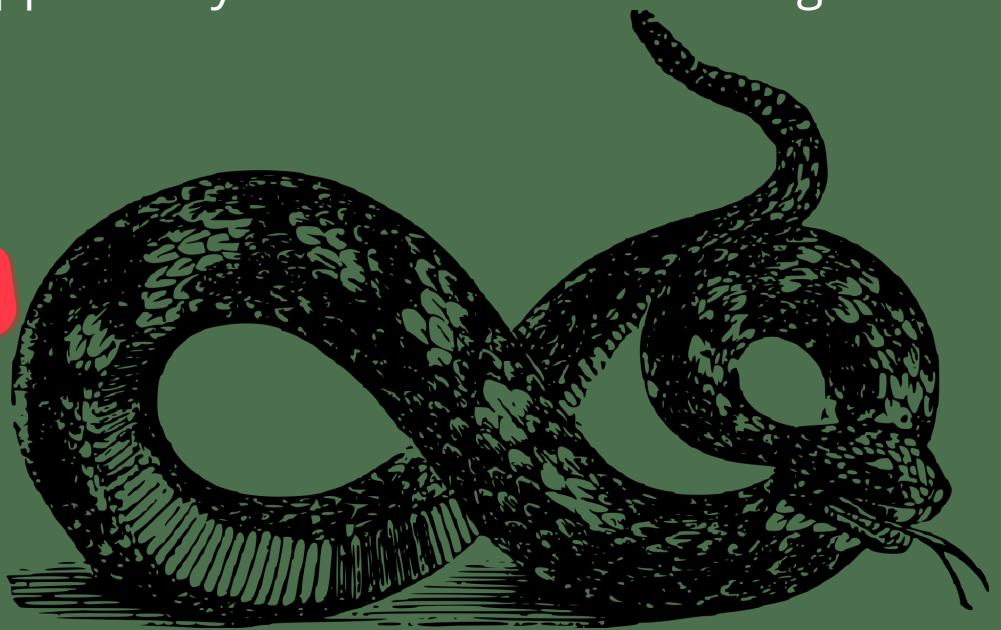
Substance **E**nlightenment, **R**ecognition, **P**revention,
Engagment & **N**aloxone **T**raining

June 17th, 2023

Evergreen Hall - Slesse Room
11:30-4:30

A Chilliwack Youth-Led Initiative to create discussion around harm reduction, raise awareness and provide education for local Chilliwack Youth. The event will include both a lived expertise prompted dialogue, a service provider Q+A panel as well as the opportunity to take naloxone training.

**NALOXONE
TRAINING
PROVIDED**



SCAN QR CODE OR EMAIL
HODGKINSONH@COMSERV.BC.CA
TO REGISTER



**Chilliwack
Community
Services** 27

SHARE • GROW • BELONG



YOUTH EMPLOYMENT PROGRAM



Are you a Indigenous youth interested in learning about employment, resumes, interview skills and preparing for the workforce?

This week-long program provides Indigenous youth, aged 15-19, with opportunities to learn about local businesses and gain skills that will help them prepare for the workforce.

**Transportation
supports &
lunch provided**

What will I gain from this program?

- Knowledge about what types of employment and businesses you like the most.
- Connection and visits to local businesses to explore what employment could look like.
- A completed resume.
- More confidence in approaching employers and interviews.
- Excitement about entering your local workforce!

What does a day in the program look like?

Mornings: In class learning about resumes, interview skills, how to dress, and more to help you prepare for employment.

Afternoons: In class presentations and field trips to local businesses for the change to see and experience first-hand what working at a local business looks like.



REGISTRATION DETAILS

DATE

July 24 - Aug 4, 2023

LOCATION:

SASET Office
5B-7201 Vedder Road,
Chilliwack BC

HOW TO REGISTER:

Contact the SASET office:
604-858-3691
Info@saset.ca

Gain practical skills for your future job!



STÓ:LŌ ABORIGINAL SKILLS
& EMPLOYMENT TRAINING &
BUNGALOW 968

INDIGENOUS HOCKEY CAMP

AUG 14TH-18TH @ SARDIS SPORTS COMPLEX



The Chilliwack Jets & Homelife Hockey are providing a **FREE** Hockey Development Camp for Indigenous Kids looking to expand their skills through the guidance of experienced local hockey players.

WHAT TO EXPECT

- 1 TO 1 MENTORSHIP
- 5 ICE SESSIONS
- SKILLS DEVELOPMENT
- MENTAL AWARENESS
- DRYLAND TRAINING



REGISTER NOW!
WWW.CHILLIWACKJETS.COM

For more info or to register online go to: <https://www.chilliwackjets.com/indigenous-hockey-camp>

FIND US ONLINE:



CHEAM DRUMMING PROGRAM



Cheam Youth/Teens are invited to register for this program which will be held twice a week for two months.

Dates to come after we have enough registered.



Please register to:

amanda.aubichon@cheamband.com or cori.victor@cheamband.com

JIBC INDIGENOUS YOUTH CAREER CAMP 2023 (IYCC) July 17-21



[Apply Online](#)

[More Info](#)

A DAY CAMP FOR INDIGENOUS (FIRST NATIONS, MÉTIS, AND INUIT) YOUTH AGES 15 TO 20.

The camp promotes interest in careers in justice, public safety, and health care through applied education, cultural experiences and connections, and engagements with a wide range of community partners at multiple JIBC campuses. The camp provides opportunities to meet new friends from across British Columbia, connect with Elders and Knowledge Keepers, have fun, and learn in a culturally safe and supportive environment. Join us to reflect on your gifts and how they might be applied to exciting and impactful careers.

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Stó:lō Land Stewardship and Governance Course



A five-week cohort program for Stó:lō youth (ages 16-21) who wish to further their understanding and knowledge of Stó:lō ways relating to Land Stewardship and governance.

Start Date

July 04, 2023

End Date

Aug. 04, 2023

Commitment:

4 days a week

9:00AM to 2:00PM

Send Nominations to:

Lisa Wolgram

Lisa@alongsiderc.ca

778-808-3451

Michael Blackburn

Michael@alongsiderc.ca

604-997-8763

Over the course of five weeks learners will engage in land-based and experiential learning opportunities as they explore and make connections related to the relationship between S'ólh Téméxw and being Xwélmexw, Shxwelméxwelh and S'ólh Téméxw, the impacts of Canadian governance – historical and contemporary - on Shxwelméxwelh, and what it means to steward the land in a good way moving forward.

This course will be delivered using a variety of methods for teaching and learning including being on the land, listening to Knowledge Holders and other experts, group discussions, self-reflection, guided tours, listening to audio, watching videos, and reading texts. Throughout all five modules, learners will be guided through a process of inquiry, wherein they will be supported in their exploration of a topic of their choosing related to Stó:lō land and governance.

S'ólh Téméxw — Our world; Our land

Xwélmexw — First Nations person

Shxwelméxwelh — Stó:lō way/constitution



Stó:lō Research
and Resource
Management Centre

STSA



S'ólh Téméxw
Stewardship
Alliance



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SCHOOL DISTRICT 78
FRASER-CASCADE
EVERYONE PULLING TOGETHER

Summer School 2023

July 4 - 28, 2023 Monday to Friday

Schedule

Summer school will operate for 19 sessions, starting on July 4th, **from 10:00 am - 2:45 pm**. The teacher will be available in the mornings from **8:30 am - 10:00 am for extra help as needed**. Regular attendance will be expected, and attendance will be communicated with parents.

LOCATIONS: **HSS** - Hope Secondary School
AESS - Agassiz Elementary Secondary School
(Room #'s TBA)

Expectations

Regular progress is expected. With only one month to complete their assigned work, students will be expected to make the most of their in-class time and **behave in a mature, business-like manner**. When students have **completed their assigned** course(s) they will **no longer be required to attend**.

Referrals will be **made by teachers** with the **approval of their principal**. If your child is referred for summer school, a **consent form will need to be completed**. If you or your child would like to be referred for summer school, please talk to your school principal.

Referrals

REFERRAL DEADLINEJUNE 16, 2023

Capacity limits will be determined during the first week of June. If your child is **referred prior to June 16**, you will be **contacted by summer school staff the week of June 19** to confirm enrollment. If your child is **referred after June 16**, enrollment will **need the approval of summer school administration** in order to ensure that space is available.

Programs

I Students in **Grade 7-9** may be offered a **compressed version of Math and/or English** to prepare them for the next grade level.

II Students **currently enrolled in online learning** will be allowed to continue their online course(s) to their completion.

III Students who have not passed a course with **in-class instruction will be allowed to complete additional units online** to bring them to a passing level.

IV Students wishing to **complete a course not previously attempted in its entirety** may do so **if space is available**.

Technology

DEVICE REQUIREMENTS

Students will be provided with devices to use while at school. If students would like to complete extra work at home they will need:

- Computer or tablet with up-to-date browser
- Word processor (not required for Math courses)
- Webcam recommended
- Access to internet capable of streaming video
- Headphones
- Printer recommended

FIND US ONLINE:



Petro-Canada Award for Indigenous Students

This award is for Canadian Indigenous students enrolled in a Canadian High School program. It is a one time award of \$750 for students from one of the Indigenous communities listed within the application.

The deadline to apply is July 1, 2023. Apply at indspire.ca/apply-now.



The Petro-Canada Award for Indigenous Students is for Canadian Indigenous students (from a specific group of communities) currently enrolled in a Canadian high school program.

You are:

- ~ A First Nation (status and non-status) high school student who lives in one of the communities listed in the application
- ~ Enrolled full-time in a high school in Canada
- ~ Under the age of 19
- ~ A Canadian citizen or permanent resident with a valid Social Insurance Number

If this sounds like you and you're from one of the communities listed in the application, **[Apply NOW!](#)**



BABYSITTERS COURSE



For youth 12 and up, or youth who are turning 12 this year.
This Babysitters Course will help build confidence by learning the skills
needed to be a great babysitter. Skills include preventing injuries,
handling emergencies, dealing with common problems such as
tantrums and crying, feeding, diapering and so much more.

Babysitting classes are fun, enjoyable and help build confidence.

Certificate upon completion.

Course Length: 7.5 Hours

Please bring doll or teddy bear, lunch and a water bottle

Location

CCRR- 45938 Wellington Ave
Chilliwack BC

Registration

ccrr@comserv.bc.ca or
604-792-4267

Date and Time

August 16, 2023
9 am- 4:30 pm

Registration
fee

\$ 60



FIND US ONLINE:



East Region Youth Drop-In

Thurs June 22nd, 2023 5pm-7pm

52161 W Victor Drive, Rosedale, BC
(Cheam Multiplex Gym)

Free drop-in open to any youth aged 12-17 residing in
Chawathil, Skawahlook, Yale, Shxw'ow'hamel, and Cheam!

What do you want to see this drop-in become?



*transportation
can be provided!*

**Introductions-Food-
Suggestions-Open Gym-Music-
Chill**

Honour, Engage, Accountable, Respect, Trust

Questions can be sent to shaelee.harper@xyolhemeylh.bc.ca &
krystal.poje@xyolhemeylh.bc.ca

Fraser Valley Aboriginal Children & Family Services Society
www.fvacfss.ca

FIND US ONLINE:



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[@CHEAM_FN](https://twitter.com/CHEAM_FN)

Rosedale Traditional Community School Society (RTCSS) Summer 2023

Celebrate Summer

RTCSS continues to offer the ever growing Celebrate Summer program. Each week is filled with activities including cooking, crafts, sports, water games, a field trip, team building, a movie and a scavenger hunt. We have indoor and outdoor activities each day, as well a gym time and library time. This program is perfect for kids to be social and active during the summer. We accept registration for specific days, entire weeks or the entire summer.

\$40.00/Day

\$170.00/Week

Hours: 9am-5pm directed activity**

Ages: 5 - 11 (must have completed K)

****Extended care** available 7am to 5:30 for an additional \$5 per day. Extended care **MUST** be pre booked to ensure staff is appropriately scheduled.

REGISTRATION OPENS MAY 1ST

Field Trip Thursday: Attending field trips on Thursday is at no additional cost if participant is booked for the full week. If participant attends less than 5 days, there is an **additional fee of \$25** due to attend field trip and participant must be attending a minimum of 3 days during the week.

July 10-14 Week 1: Prehistoric Ice Age Week

Grab your snowsuits and hop in the time machine, we're heading back 2 million years to the Ice Age. Keep an eye out for a giant Woolly Mammoth or a Saber Tooth Tiger! We'll be cooling off in the summer heat with snow and ice activities, and making some delicious frozen treats!

Random

Field Trip-Project Climb/Cheam Water Park **Days**

July 17-21 Week 2: Super Heroes Week

Look... Up in the sky! It's a bird? It's a plane? No, it's superhero week at summer camp! Come join our team of Avengers as we explore what it means to be a superhero. Join us as we create tasty treats inspired by our hero's, the real question is cape or no cape? Field Trip-Jungle Jac's Play Centre

Random

Days

July 24-28 Week 3: Mummies & Monsters Week

Slither, crawl or run, just make it to camp this week for an eerie fun time. We'll explore an ancient Egyptian escape room, find out why werewolves howl at the moon and learn all about creepy crawly insects.

Limited

Field Trip-The Vancouver Aquarium

July 31-Aug 4 Week 4: In The Jungle Week

What's black and white and red all over... a zebra with a sunburn! Join us at camp this week to explore all that the jungle has to offer! Grab your safari hat and binoculars, we're going on an expedition, so be on the lookout for lions, tigers and bears... oh my!

Field Trip-The Greater Vancouver Zoo **Limited**

Aug 8-11 (4 days) Week 5: Fairytale Week

Calling all make-believers, this is your week! The dragons have been unleashed and we're in need of a few brave princes and princesses to wrangle them back to their caves. Bring your creativity as we'll be building castles, and having a scrumptious royal feast fit for a king!

Random

Field Trip-Inflatable Sports/Bouncy Castles-(in-house) **Days**

Aug 14-18 Week 6: Fantastic Farms Week

Old McDonald had a farm, and on his farm he milked the cows, drove his tractor, and collected dozens of eggs. Chilliwick is well-known for all kinds of farms, and during this week of camp we'll explore farm animals, the life cycle of a chicken egg, and of course enjoy some sweet corn on the cob!

Random

Field Trip-Eco Dairy Farm/Castle Fun Park **Days**

Aug 21-25 Week 7: Under The Sea Week

Move over shark week... we're going to have a whale of a good time at our last week of camp! Whether you're into mermaids, dolphins or inky octopus' we've got something cool for everyone! Make an edible ocean, explore a variety of real seashells, learn how beluga whales use echo-location and splash away the day at our field trip! Field Trip-Bridal Falls Waterslides

Limited



Extra fee of \$25 apply to field trip Thursdays if participant is not booked for the full week.



50850 Yale Road
Rosedale BC V0X 1X2
Phone: 604 378-0300
Email: rtcass@rtcass.ca
Web: www.rtcass.ca

Get in touch

Phone: 604 378-0300
Email: rtcass@rtcass.ca
Monday-Friday 8:00am-4:00 pm

To register

Email rtcass@rtcass.ca to receive a registration package. Return and pay by e-transfer or Credit Card.

FIND US ONLINE:



Rosedale Traditional Community School Society (RTCSS) Summer 2023

Lil Gymnast 4-6yrs

Join us for fun while learning the basics of rhythmic gymnastics. You will learn leaping, tumbling and balancing. You will also be introduced to ribbons, balls and hoops.

Monday-Friday 9:30am-10:30am
July 24-28 \$50



Tiny Cooks 4-7yrs

For children who love to help out in the kitchen. Full hands on experience making different dishes to take home and share with the family.

Monday-Friday \$60
July 10-14 9:30-10:30am
August 14-18 12:30-1:30pm



Chefs in Training 8-12yrs

Full hands on program, each day students will make two dishes to take home and share with mom and dad. New recipes are explored in each day.

Monday-Friday \$70
July 10-14 11:00-12:30pm
August 14-18 2:00-3:30pm

At Home Alone 10+yrs

This is an interactive, participatory program that is designed to teach children to make safe choices while At Home Alone.

Wednesday 9:00-1:00pm
July 12 \$40

HOW TO REGISTER

- email rtcsc@rtcsc.ca
- request registration form
- complete and return
- send etransfer to complete

RTCSS Memberships

Members of the society consist of any person enrolled in a RTCSS program. When participant is under the age of 16 parent or guardian will be considered a member of the society. Memberships are at no charge when enrolled in a program.



50850 Yale Road
Rosedale BC V0X 1X2
Phone: 604 378-0300

Gymnastics 7-10yrs

Join us for fun while learning the basics of rhythmic gymnastics. You will learn leaping, tumbling and balancing. You will also be introduced to ribbons, balls and hoops.

Monday-Friday 10:30am-12:00pm
July 24-28 \$60

Ages 4-14

Cheerleading-Infinity Cheer Elite 6-12yrs

Come see what cheerleading is all about in this fun no experience necessary summer camp for ages 6-12. Make new friends and have fun while learning the basics of all four components of cheerleading. Athletes will learn tumbling, stunts, jumps and dance. Infinity is here to provide a safe and caring environment for athletes to learn and grow while building their confidence!

Monday-Thursday 10:00am-12:00pm
Aug 21-24 \$115

Mad Scientist 8-12yrs

Do creative science experiments exploring your imagination with hands-on fun experiments. Don't forget to wear clothes appropriate for messy fun!

Monday-Friday \$65
July 10-14 2:30-3:30pm
August 14-18 11:00-12pm



Get involved

Looking for a way to share a skill with your community? Looking for different activities? Let us know! We are continually looking for new programs to offer! So get in touch!



Cupcake Decorating 8-12yrs

Have you ever wondered how those cupcake fish look so real? Learn basic techniques to decorate cupcakes in an artistic way! Is it art? Is it food? Best of both worlds.

Monday-Friday 9:30am-11:00am
July 17-21 \$70



Little Einstein 4-7yrs

The perfect combination of science and art. Each day your little Einstein will be engaging in an age appropriate science experiment, and making an art project in conjunction with the experiment.

Monday-Friday \$60
July 10-14 1:00-2:00pm
August 14-18 9:30-10:30am



Babysitters Training 11+yrs

Learn about your rights and responsibilities, how to care for a child and how to deal with emergency situations. You will receive a certificate at the end of this Canadian Safety Counsel Babysitters Course. Please note this is a two day course.

July 5/6 9:00am-1:00pm
\$50 must attend both days



Facility Rentals

RTCSS is the perfect place to host birthday parties, meetings, practices and all kinds of community events. Get in touch today to find out how you can hold your next event at our beautiful facilities.

Check us out on
Facebook!

<http://www.facebook.com/RosedaleTraditionalCommunitySchoolSocietyrtcsc>



What is a Community School?

Community Schools in British Columbia are elementary or secondary schools with a special emphasis upon the belief held by residents and staff in the value of community involvement. The Rosedale facility was built in partnership with the City of Chilliwack and deemed a Neighbourhood Learning Centre. NLC's are inviting places where people of all ages can access education, community services, recreation and culture seven days a week, twelve months a year – places that promote the well-being of children, families and the entire community.

Get in touch

Phone: 604 378-0300
Email: rtcsc@rtcsc.ca
Monday-Friday 8:00am-4:00 pm

To register

Email rtcsc@rtcsc.ca to receive a registration package. Return and pay by etransfer or Credit Card.



EMPLOYMENT OPPORTUNITIES



XWCHÍYÒ:M
CHEAM FIRST NATION

Administrative Assistant – SASET

The Administration Clerk is responsible for the administration of HR, funding and governance, and communication functions. This position will assist with implementing better structures and processes within administration.

Adult In-Home Care Worker

The Adult In-Home Care (AIHC) Worker is responsible for providing confidential home care services based on the Nurse's assessment. The AIHC Worker provides home care services and support to individuals and families experiencing minor set-backs due to illness, injury or age.

Emergency Program Coordinator - (15 month Contract)

The Emergency Program Coordinator (EPC) is responsible for supporting the coordination of the Emergency Management Program, and for the review, maintenance and implementation of Cheam's Emergency Response Plans, All Hazards Plan, and Health Plan. It is the responsibility of EPC to ensure that adequate attention is given to all aspects of Emergency Management Program-including direct and indirect support for related planning supports for the Comprehensive Community Plan.

General Maintenance Worker - SASET

Under the direction of the Public Works Supervisor, the primary purpose of the Cheam Maintenance Worker is to conduct general grounds and building maintenance tasks for all Cheam public/common areas, community grounds, community buildings, water systems, wastewater systems, and Band Rental and Social Housing.

Health Assistant – SASET

Under the direction of the Health and Wellness Manager, the Health Assistant is responsible for assisting the Health Coordinators in the development, coordination, administration and management of health programs.

Human Resources Assistant – SASET

The Human Resources Assistant is responsible for administrative functions and support for the HR department. This position will assist with implementing better structure and process within the administration under the direction of the HR Manager.

Social Development & Education Clerk - (SASET)

Under the direction of the Social Development and Education Manager, the Clerk's primary goal is to assist the Coordinator in improving the quality of life for Cheam Band Members requiring assistance and access to Education and Social Assistance programs.

Wellness Advocate

Under the direction of the Health and Wellness Manager, the Wellness Advocate's primary goal is to provide non-clinical counselling services including, confidential addiction counselling, referrals to detox and treatment facilities, education and support to Cheam Members and their families, and to promote positive and healthy lifestyles and choices.

Further details can be found on our website at <https://cheam.ca/employment>

Please send a cover letter and resume to HR@cheamband.com



SUMMER STUDENT - JOB POSTING

JOB TITLE:	<i>Summer Student – Health/Recreation Assistant</i>
NUMBER OF POSITIONS:	3
REPORTS TO:	Health Manager
LOCATION:	Cheam First Nation
START DATE:	July 04, 2023
TERM:	July 04 – August 25, 2023
WAGE SCALE:	\$16.75 per hour, minimum wage
WORK HOURS:	Monday to Friday 8:30am – 4:30pm (Paid Lunch Period)

DUTIES AND RESPONSIBILITIES

- Assist with planning and coordination of Health-related events and programs.
- Assist with community outings such as PNE Trip, etc.
- Assist with supply shopping and/or plant/food collection and harvesting for traditional remedies.
- Assist plan, organize/coordinate a variety of fundraising activities and events. Set up and tear down.
- Assist with facility bookings for Health and Social related programming/events.
- Assist, plan, organize/coordinate a variety of health and recreation related activities for Cheam Youth.
- Assist in drafting announcements and posters for Health-related events/programs.
- Assist with incoming and outgoing mail, emails, and filing.
- Reception coverage when and where required.
- Other projects and/or duties as required.

QUALIFICATIONS AND REQUIREMENTS:

- Must be Aboriginal Status, on/off reserve or Inuit who resides within the catchment area.
- Must be enrolled in Secondary School for the 2023/2024 School Year Term.
- Individual is not subject to compulsory school attendance.
- Ability to follow instructions and work independently.
- Must be organized, self motivated and willing to learn.
- Ability to exercise discretion and handle confidential information.
- Must have strong verbal and written communication skills.
- Must be familiar with Microsoft Office.
- Must have a valid Social Insurance Number at the start of the position.
- Driver's License is considered an asset.

Application Deadline: June 23, 2023 at 4:30pm

Send Resume and Cover Letter to: Amanda Aubichon
amanda.aubichon@cheamand.com
Subject Line: SS Maintenance

In person at the Cheam Band Office at 52161 Victor Drive, Rosedale B.C. – see Health Reception

We thank all applicants and advise that only individuals short-listed will be contacted for interviews.



SUMMER STUDENT - JOB POSTING

JOB TITLE:	<i>Summer Student - Maintenance Worker</i>
NUMBER OF POSITIONS:	2
REPORTS TO:	Public Works Supervisor
LOCATION:	Cheam First Nation
START DATE:	July 04, 2023
TERM:	July 04 – August 25, 2023
WAGE SCALE:	\$16.75 per hour, minimum wage
WORK HOURS:	Monday to Friday 8:30am – 4:30pm (Paid Lunch Period)

DUTIES AND RESPONSIBILITIES

- General maintenance of common areas of reserve.
- General maintenance of community buildings.
- Mowing, weed-whacking, garbage collection, etc. Landscaping activities as required.
- Set up chairs and tables for all meetings and events.
- Assist with annual community clean-up and other maintenance initiatives.
- Keep a daily log of activities and submit to Public Works Supervisor every two weeks.
- Willing to learn how to operate landscaping equipment and small power tools.
- Other project duties as required.

QUALIFICATIONS AND REQUIREMENTS:

- Must be Aboriginal Status, on/off reserve or Inuit who resides within the catchment area.
- Must be enrolled in Secondary School for the 2023/2024 School Year Term.
- Individual is not subject to compulsory school attendance.
- Ability to follow instructions and work independently.
- Must be organized, self motivated and willing to learn.
- Ability to exercise discretion and handle confidential information.
- Must be physically fit and reliable.
- Must have a valid Social Insurance Number at the start of the position.

Application Deadline: June 23, 2023 at 4:30pm

Send Resume and Cover Letter to: Amanda Aubichon
amanda.aubichon@cheamband.com
Subject Line: SS Maintenance

In person at the Cheam Band Office at 52161 Victor Drive, Rosedale B.C. – see Health Reception

We thank all applicants and advise that only individuals short-listed will be contacted for interviews.

Discover Parks Ambassador (Chilliwack)



[Apply Online](#)

Position description

We are seeking energetic, motivated individuals with a deep respect for the natural environment to deliver fun, educational programs in parks across BC this summer! You will join a network of staff and volunteers across the province. You will engage children and adults about responsible recreation and local flora and fauna. You will add value to the experience of park visitors through your engaging programs, and help visitors appreciate the features that make each park a special place. Note that hiring for these positions is dependent on the outcome of pending funding applications.

What does a typical day look like?

Your days will be split between working from home (1-2 days/week) and in Parks (3-4 days/week). When working from home, you'll have team meetings, reflect on the previous weekend, plan for the coming weekend, prepare for programs, draft posters, and brush up on your local knowledge. When working in Parks, you'll check in with your local park staff, set up your information booth and engage with visitors about local flora and fauna. You might run a nature walk with families, before collecting observations of nature with iNaturalist. You'll finish the day running fun kids' activities such as plant scavenger hunts and games about local animals, then pack up for the day. On some Saturdays, your schedule will be shifted so that you can run evening amphitheatre programs at your Park/s.

**WE ARE
HIRING**

 **Part Time Cleaners**

**Were looking for
passionate individuals to
join our team at Maid For
This!**



 **APPLY NOW**

- ☒ Monthly Bonuses
- ☒ Competitive wages
- ☒ Full time opportunities
- ☒ On site training
- ☒ Flexible hours

**Send resumes to
maidforthis.bc@gmail.com**

**We're
HIRING:)**

Advanced Care Paramedics & Safety Services

British Columbia, Canada

We're hiring medics for Southern BC: **OFA3 | EMR | PCP**

- **Full-time Positions**
- **Flexible Rotations**
- **Benefits Package
(After 3 months full-time)**
- **\$300-\$400 per Day
(Based on Medic Level)**
- **Accommodations & Meals Provided**

**Please send resumé to:
employment@canruss.com**

Chilliwack Community Services has the following postings:



Housing Coordinator, full-time (maternity leave coverage).

Oversees the day-to-day operations of housing and residential programs and buildings. Provides ongoing supervision of residential employees and develops and evaluates program policies that align with the health and safety of clients and residents. In partnership with the management team, develops and plans new housing projects that align with the agency's service mandates. Engages with community stakeholders by attending and facilitating committee/community meetings to develop partnerships, increase awareness of our housing programs, and develop opportunities for our community. Closes on June 16.

Lead Administrative Assistant, full-time. Closes on June 21.

Supervise administrative staff and participate in their recruitment and selection. Participates in the coordination of administrative work in an office. Perform a variety of administrative and clerical duties as required.

Building Maintenance Worker, 30 hours per week, flexible schedule. Closes June 21

The Building Maintenance Worker is responsible for scheduling maintenance, ensuring cleanliness, safety, and repair of all agency facilities and equipment. Prepare correspondence and other documents relating to the position. Responsible for organizing First Aid Training.

Family Support Worker, permanent full-time. Closes on June 23.

Provides family intervention support to parents and their children through partnership with the Ministry of Children and Family Development (MCFD) to reunify families and prevent children being exposed to parental neglect, or abuse and needing child protection. This position may require some evening and weekend hours.



Stó:lō Service Agency – Human Resource Office
Bldg. # 8A - 7201, Vedder Road, Chilliwack, B.C., Canada, V2R, 4G5
Tel. (604) 858-3366

June 5, 2023

ARCHAEOLOGIST TECHNICIAN – SUMMER POSITIONS
(EXTERNAL)

Stó:lō Service Agency (SSA) requires the services of **2 qualified Archaeologist Technicians-Summer Youth Positions** to work with the **Stó:lō Research & Resource Management Centre (SRRMC)**. Pursuant to section 41 of the BC Human Rights Code, preference may be given to applicants of Aboriginal ancestry. Please self-identify on your cover letter or resume.

The Archaeologist Technician will help conduct archaeological and heritage-based projects within the Heritage Stewardship and Archaeology Unit for the SRRMC. Work will be conducted within Stó:lō Traditional Territory, S'ólh Téméxw, and includes field work to identify and document traditional Stó:lō places on the landscape and evidence of past Stó:lō land and resource use in addition to laboratory work to analyze and interpret the collected evidence. Tasks will include washing and cataloguing collected materials and samples, digitizing field notes and maps, and assisting in organizing materials and samples in the Stó:lō material culture repository.

This position reports to the Heritage Stewardship and Archaeology Manager and will work out of the Central (Chilliwack) office. Some travel may be required for this position.

QUALIFICATIONS/REQUIREMENTS:

- Familiarity and understanding of Stó:lō and/or other First Nations culture, traditions and history with a commitment to learning more about Stó:lō culture and history.
- Hardworking, team player, and excellent communicator, both verbally and in writing.
- Must be comfortable working independently and in a collaborative team environment.
- Ability to maintain a healthy working relationship with staff, community representatives/members and representatives of other organizations.
- Familiarity with a variety of Windows computer programs and databases including MS Word and Excel.
- Must be capable of lifting and carrying boxes of up to 50 lbs.
- Must have problem-identification and problem-resolution skills.
- Effective attention to detail.

ASSETS:

- Post-secondary courses in Archaeology, First Nations/Indigenous studies, Geography and/or History.
- Experience working in the field.
- Experience working with First Nations material culture collections.

Successful candidates will be required to provide the following if screened in for an interview:

- Post-secondary courses in Archaeology, First Nations/Indigenous studies, Geography and/or History
- References: Three names and emails of recent supervisors
- Must possess and maintain a valid Class 5 BC Drivers' License
- Must successfully pass the required pre-employment Criminal records Check.
- SSA has implemented a mandatory COVID-19 vaccination policy, requiring all staff to be fully vaccinated

SALARY RANGE:

\$20.00 - \$22.00/hour dependent upon qualifications and experience

TYPE OF POSITION:

Term - Summer Employment: July to the end of August (8-week contract, 40 hours per week).

APPLICATIONS DEADLINE:

Open Until Position is Filled

This position is funded by the Canada Summer Jobs program. To be eligible, you must:

- Be between 15 and 30 years of age at the start of the employment.
- Be a Canadian citizen, permanent resident, or person to whom refugee protection has been conferred under the Immigration and Refugee Protection Act for the duration of the employment.
- Have a valid Social Insurance Number at the start of employment and be legally entitled to work in Canada in accordance with BC legislation and regulations.

****International students are not eligible participants**

Candidates will be screened according to the qualifications/requirements.

Interested candidates are required to submit a resume and covering letter. Please include position title on subject line. Send to:

Stó:lō Service Agency Personnel Department
Bldg. #8A, – 7201 Vedder Road
Chilliwack, BC V2R 4G5
Email: jobs@stolonation.bc.ca

For more information about this and other employment opportunities, visit www.stolonation.bc.ca





Stó:lō Service Agency – Human Resource Office
Bldg. # 8A - 7201, Vedder Road, Chilliwack, B.C., Canada, V2R, 4G5
Tel. (604) 858-3366

June 5, 2023

ARCHIVES CLERK
(EXTERNAL)

Stó:lō Service Agency (SSA) requires the services of a qualified **Archives Clerk-Summer Youth Position** to work with the **Stó:lō Research & Resource Management Centre (SRRMC)**. Pursuant to section 41 of the BC Human Rights Code, preference may be given to applicants of Aboriginal ancestry. Please self-identify on your cover letter or resume.

The Archives Clerk will primarily work as part of the Library and Archives and Genealogy teams to assist in the management of Stó:lō documentary resources stored at SRRMC. Working in our library/archives facility, (s)he/they will work with our Librarian/Archivist and Genealogist to assist with community member reference and research requests. Other tasks may include transcribing Stó:lō Elder interviews, digitizing materials and files, and organizing and filing resources for future use.

This position reports to the Librarian/Archivist.

QUALIFICATIONS/REQUIREMENTS:

- Familiarity and understanding of Stó:lō and/or other First Nations culture, traditions and history with a commitment to learning more about Stó:lō culture and history.
- Hardworking, team player, and excellent communicator, both verbally and in writing.
- Must be comfortable working independently and in a collaborative team environment.
- Ability to maintain a healthy working relationship with staff, community representatives/members and representatives of other organizations.
- Familiarity with a variety of Windows computer programs and databases including MS Word and Excel.
- Must be capable of lifting and carrying boxes of up to 50 lbs.
- Must have problem-identification and problem-resolution skills.
- Effective attention to detail.

ASSETS:

- Post-secondary courses in Archaeology, First Nations/Indigenous studies, Geography and/or History.
- Experience working in the field.
- Experience working with First Nations material culture collections.

Successful candidates will be required to provide the following if screened in for an interview:

- Post-secondary courses in Archaeology, First Nations/Indigenous studies, Geography and/or History
- References: Three names and emails of recent supervisors
- Must possess and maintain a valid Class 5 BC Drivers' License
- Must successfully pass the required pre-employment Criminal records Check
- SSA has implemented a mandatory COVID-19 vaccination policy, requiring all staff to be fully vaccinated

SALARY RANGE:

\$20.00 - \$22.00/hour dependent upon qualifications and experience

TYPE OF POSITION:

Term - Summer Employment: July to the end of August (8-week contract, 35 hours per week).

APPLICATIONS DEADLINE:

Open Until Position is Filled

This position is funded by the Canada Summer Jobs program. To be eligible, you must:

- Be between 15 and 30 years of age at the start of the employment.
- Be a Canadian citizen, permanent resident, or person to whom refugee protection has been conferred under the Immigration and Refugee Protection Act for the duration of the employment.
- Have a valid Social Insurance Number at the start of employment and be legally entitled to work in Canada in accordance with BC legislation and regulations.

****International students are not eligible participants**

Candidates will be screened according to the qualifications/requirements.

Interested candidates are required to submit a resume and covering letter. Please include position title on subject line. Send to:

Stó:lō Service Agency Personnel Department
Bldg. #8A, - 7201 Vedder Road
Chilliwack, BC V2R 4G5
Email: jobs@stolonation.bc.ca

For more information about this and other employment opportunities, visit www.stolonation.bc.ca

WorkBC

Work BC - Aggasiz/Kent **103 Jobs**

7086 Pioneer Avenue

Agassiz, BC, V0M 1A0

604-796-0266

centre-agassiz@workbc.ca

<http://workbccentre-agassiz.ca>

Work BC - Hope **202 Jobs**

895 3rd Avenue

Hope, BC, V0X 1L0

604-869-2279

centre-hope@workbc.ca

<http://workbccentre-hope.ca>

Work BC - Chilliwack **650**

200 - 45905 Yale Road

Chilliwack, BC, V2P 2M6

778-860-5452

centre-chilliwack@workbc.ca

<http://workbccentre-chilliwack.ca>



WorkBC Skills Enhancement

People in part-time, seasonal, or casual work and people without employment can access WorkBC skills training programs and the financial help needed while in training.

Apply today!

Canada  This program is funded by the Government of Canada and the Province of British Columbia.



INDIGENOUS ENTREPRENEUR AWARDS

Celebrating Excellence in
Indigenous Entrepreneurship

APPLICATIONS CLOSE JUNE 21st

powwowpitch.org/awards

PRESENTED BY



IN PARTNERSHIP WITH



@chief ladybird

Read more about this years Indigenous Entrepreneur Awards here <https://lnkd.in/epmK7pVR>

Apply or nominate here <https://lnkd.in/euRArU8>

FIND US ONLINE:

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SASET Outreach Services **on-site at Cheam First Nation** **Every Friday from 9:30am to 3:00pm**

Who are we?

We provide Indigenous Employment and Training Services to First Nation working age population in the Fraser Valley Catchment area.

Who do we serve?

If you are an Indigenous person and are either the following:

- Is un-under employed
- Student
- Employed but unable to meeting basic living requirements
- Resides in SASET's catchment area (Langley to Boston Bar and throughout the Fraser Valley; or with 3 communities in the Head of the Lakes)

Outreach Employment Services:

Employment and Career Counselling
Resumes and Cover Letters
Education and training information
Computer with internet access
Job postings
Employment Readiness
Career Planning/Decision Making
Labour Market Information

Scholarships, Grants and Bursary information
Job Search assistance
Applying online
Employability workshops
Basic Computer Skills Workshops
And much more

Lucinda Louie, Employment Counsellor

Phone or text: 778-684-1464 or email: Lucinda.Louie@saset.ca

Or email: info@saset.ca

See our website for more information at www.saset.ca

WE'RE HIRING!

COMMERCIAL TRANSPORT ENFORCEMENT OFFICERS

JOIN
OUR
TEAM



LOCATIONS :

- DAWSON CREEK
- FORT ST. JOHN
- GOLDEN
- HOPE
- KAMLOOPS
- PRINCE GEORGE
- TERRACE
- TETE JAUNE CACHE
- VANDERHOOF

DO YOU WANT TO MAKE A DIFFERENCE IN ROAD SAFETY?

DO YOU WANT TO MAKE A POSITIVE IMPACT ON THE SAFETY OF BRITISH COLUMBIANS?

ARE YOU MECHANICALLY INCLINED?

ARE YOU READY FOR THE NEXT STEP IN YOUR CAREER?

THEN CVSE IS THE PLACE TO BE!

APPLY NOW



TRAINING OPPORTUNITIES



Sto:lo Aboriginal Skills & Employment Training



BASIC COMPUTER SKILLS WORKSHOP

If you are Aboriginal, underemployed, or unemployed and you want to learn the basics of how to use a computer, this workshop is for you!

Book an appointment with your SASET Employment Counsellor to sign up!

JOIN US EVERY
TUESDAY AND THURSDAY
9 AM—12PM

Building 5B - 7201 Vedder Road

Chilliwack, BC

Phone: 604-858-3691 Email: info@saset.ca

Basic Computer Skills & Knowledge

How To Use the Internet

Email

Word Basics

How To Use a Laptop

Sto:Lo Aboriginal Skills And
Employment Training

5B-7201 Vedder Rd

Chilliwack, BC V2R 4G5

604-858-3691

Toll Free: 1-888-845-4455

www.saset.ca

Canada

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FOOD SAFE COURSE

A food handling, sanitation and work safety course designed for food service establishment operators and front line food service workers such as cooks, servers, bussers, dishwashers, and deli workers. The course covers important food safety and worker safety information including foodborne illness, receiving and storing food, preparing food, serving food, cleaning and sanitizing.
Spaces are limited, so sign up soon!
Certificates have a 5 year expiry.

August 3rd
9:00 am-4:30 pm

Fee: \$80
Register with CCRR:
ccrr@comserv.bc.ca or
call 604-792-4267

CCRR
45938 Wellington Ave



FIND US ONLINE:



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High In-Demand Training

Start your journey to a new career.

Sheet Metal Foundation

- 8 Weeks of Essential Skills
- 24 Weeks of Technical Training
- Work placements Available!!
- Fully Funded Program
- For Indigenous Peoples - Status, Non-Status, Métis and Inuit

Enroll by July 14th, 2023

Call Today!

604-251-7955



Spark Your New Career Today

Start your journey to a new career.

Electrical Foundation Program

- 8-week Essential Skills 'Alternate Pathways to Electrical'
- 15-week foundation program at EJTC
- 10-week paid work practicum through IBEW 213
- Fully funded program
- For Indigenous People - Status, Non-status, Métis or Inuit

Enroll by October 20th, 2023

Call Today!

604-251-7955



Teach, Play, Learn.

50 Help shape the future!

Required: English 12, or Communications 12, or completion of an English language test with BCCE.

Early Childhood Education Assistant (ECEA) Training

- 8 Week Essential Skills
- 3 ECEA Courses
- Fully Funded Program
- For Indigenous Peoples - Status, Non-Status, Métis and Inuit

Training dates

July 4th - August 25th, 2023
Monday-Friday 9:00am - 3:30pm

Enroll by June 30th, 2023

Call Now to Sign Up!

604-251-7955

**Stó:lo Aboriginal
Skills &
Employment
Training is
pleased to offer:**



Customer Service Training

Canada

July 17—21, 2023

Class Time: 8:30AM—4:30PM

Program will take place at:

2895 Chowat Road , Agassiz

**This program is open to Indige-
nous individuals who reside
within our catchment area with
an interest in Customer Service
employment opportunities.**

**There are a limited number of seats
so don't delay in scheduling an ap-
pointment with a SASET employment
counsellor today!**

SASET FULLTIME EAS OFFICES:

SASET—Chilliwack Office

5B-7201 Vedder Road

Chilliwack, BC

Phone: 604-858-3691

SASET— Sts'ailes Office

4690 Salish Way

Agassiz, BC

Phone: 604-796-5536

SASET—Seabird Office

2895 Chowat Road

Agassiz, BC

Phone: 604-796-6865

FIND US ONLINE:



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EMPLOYMENT PREPAREDNESS PROGRAM



The Employment Preparedness Program helps you build confidence, gain certifications, and prepares you for employment in entry level positions.

What life skills will I gain? What will I learn?

- How to conduct yourself as a professional
- Confidence in yourself
- Communication skills and etiquette
- How to work as a member of a team
- Workplace safety
- Customer service skills
- Practice handling cash and processing financial transactions
- Learning about basic nutrition
- How to prepare for job interviews
- Personal presentation

What bonuses or supports are available?

- Daily lunch
- Daily transportation
- Purchase of PPE for successful job placement



Which certificates will I receive?



SUPERHOST



**EMERGENCY
FIRST AID
LEVEL 1**



**FOODSAFE
LEVEL 1**



WHMIS



FORKLIFT

REGISTRATION DETAILS

DATE:

July 10 - July 21, 2023
9:00am - 4:00pm

LOCATION:

SASET Office
5B-7201 Vedder Road,
Chilliwack BC

HOW TO REGISTER:

Contact the SASET office:
604-858-3691
Info@saset.ca



B968

STÓ:LŌ ABORIGINAL SKILLS
& EMPLOYMENT TRAINING &
BUNGALOW 968

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Sto:lo Aboriginal Skills & Employment Training is pleased to offer
the following program:

First Aid Level 3



If you are an Indigenous individual who:

- Is un or under employed
- Resides in SASET's catchment area
- Is willing to commit to a 2-week full-time program

If so... we are presently accepting applications for
this training opportunity!

There are a limited number of seats, so
don't delay in scheduling an appointment
with a SASET Employment Counsellor!

June 19—30, 2023

CLASS TIME: 8:00 AM TO 4:00 PM Monday to Friday

Program will take place on-site at:

2D—7201 Vedder Rd, Chilliwack, BC

**LUNCH AND TRANSPORTATION
SUPPORTS PROVIDED!**



SASET FULLTIME EAS OFFICES:

SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET— Sts'ailes Office
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office
2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865

Please visit www.SASET.ca for our Employment Assistance Service hours and locations

FIND US ONLINE:

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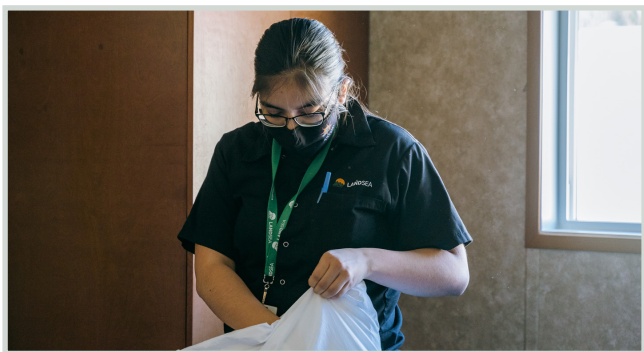
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PRE-EMPLOYMENT HOSPITALITY WORK SKILLS TRAINING PROGRAM

JULY 3-9, 2023
SQEMEL LALEM CAMP
HOPE, BC



This **free five day immersive program** is designed for Indigenous Participants interested in kick-starting their career in workforce camp hospitality.

The Pre-Employment Skills program will include:

- An introduction to Workforce Hospitality
- Required certification and training
- Health and safety in the workplace
- Camp specific policies and roles
- Kitchen equipment and safety
- Cooking methods and nutrition
- Job shadowing
- Professional development

Upon program completion, participants will be invited to apply to work at Sqemel Lalem Camp in Hope, BC.

The program is open and free to Indigenous persons living in BC, age 19 or older. Meals, accommodation, and training is included.



To apply, scan QR or visit:
<https://bit.ly/40iczKn>

For questions contact Kim:
kwestlake@landseacamps.com



LANDSEA



TRANSMOUNTAIN

FIND US ONLINE:



**Stó:lō Aboriginal
Skills &
Employment
Training is
pleased to offer:**

Canada

Basic Security Training



This program is open to Indigenous individuals who reside within our catchment area with an interest in Basic Security employment opportunities.

6 Days

July 10—17, 2023

Class Time: 8:30AM—4:30PM

Program will take place at:

5B—7201 Vedder Road, Chilliwack

There are a limited number of seats so don't delay in scheduling an appointment with a SASET employment counsellor today!

SASET FULLTIME EAS OFFICES:

SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET— Sts'ailes Office
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office
2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865

FIND US ONLINE:





Be Where the World is Going



Digital literacy is a valuable skill set that supports life-long learning and increases employability. Learn to use technology to effectively find information, communicate, and apply for work.

Digital Literacy OPENS DOORS

Join this **FREE** online program to learn digital tools for daily living and employment purposes. Coaches are available to help you be successful!

Contact Stó:lō Aboriginal Skills & Employment Training (SASET) at info@saset.ca or 1-888-845-4455

Laptops available to borrow if you need one!



Please note:
Training is available from Youth to Elders.



FIND US ONLINE:

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Sto:lo Aboriginal Skills & Employment Training is pleased to offer
the following program:

Landscaping & Trail Building



If you are an Indigenous individual who:

- Is un or under employed
- Is willing to commit to a 2-week full-time program
- Has an interest in the Landscaping Industry
- Has an interest in working outdoors

If so... we are presently accepting applications for this training opportunity!

There are a limited number of seats, so don't delay in
scheduling an appointment with a SASET Employment
Counsellor today!

BOOK AN APPOINTMENT WITH AN
EMPLOYMENT COUNSELLOR TODAY BY
CONTACTING US AT [604-858-3691](tel:604-858-3691) OR
BY EMAIL INFO@SASET.CA

PROGRAM START DATE: June 20, 2023
PROGRAM END DATE: June 30, 2023

Program will take place on-site at:
Boston Bar FN

Program Includes:

- Landscaping Training
- Employability Skills
- First Aid Level 1
- WHMIS
- Fall Protection
- Respiratory Protection
- Skid Steer
- And more!

LUNCH, AND SAFETY GEAR
PROVIDED!

Canada

SASET FULLTIME EAS OFFICES:

SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET—Sts'ailes Office
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office
2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865

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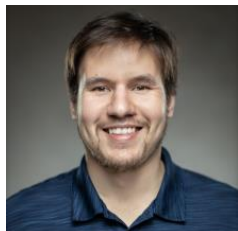


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Industry Internship Program for Indigenous High School Students

Summer 2023



"We are providing First Nation youth a foundational skillset to become leaders in the technology field and support their communities".

**– Brenden Mercer, FNESS Decision Support Manager
2023**

The 8-week Program Includes

A **SALARY** and a **LAPTOP** to keep

Learn Technology & Professional Skills

Cloud | Cybersecurity | Data Analytics
Customer Service | Financial Literacy

Speaker Series with Inspirational Leaders

Chiefs | Indigenous Leaders | Industry Executives

Work Experience through an Industry IT & Data Project

Network with High School Interns across Canada

The Program Details



July 3rd –
August 25th



Monday – Friday
10AM – 3PM



Check out the tools of
tomorrow you'll
develop in Summer

Don't miss out, please reach out!

No Previous Experience Required.

For more information, contact

Tammy Dong
tdong@fness.bc.ca
By April 21, 2023

IndigenousTech.ai
Canadian Government (PSIB) Certified Indigenous Controlled Company



**First Nations'
Emergency Services Society**
OF BRITISH COLUMBIA

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BladeRunners

Work in Construction!

2-week Fully Funded entry-level construction training for Youth 18-30 with a valid SIN.

Guaranteed Job

- **\$200** in employment bonuses
- **\$100** food vouchers when you start a new job
- **\$775** in workgear and tools
- Hot breakfast and lunch everyday during training

NEXT PROGRAM RUNS:
June 19 - 30, 2023

GET IN TOUCH WITH US TODAY!



604-688-9116



bladerunners@accessfutures.com



www.facebook.com/BladerunnersVancouver

Office Hours: Monday - Friday, 8:30 am - 4 pm

Canada



Funding provided by the Government of Canada through the Canada-British Columbia Job Fund.

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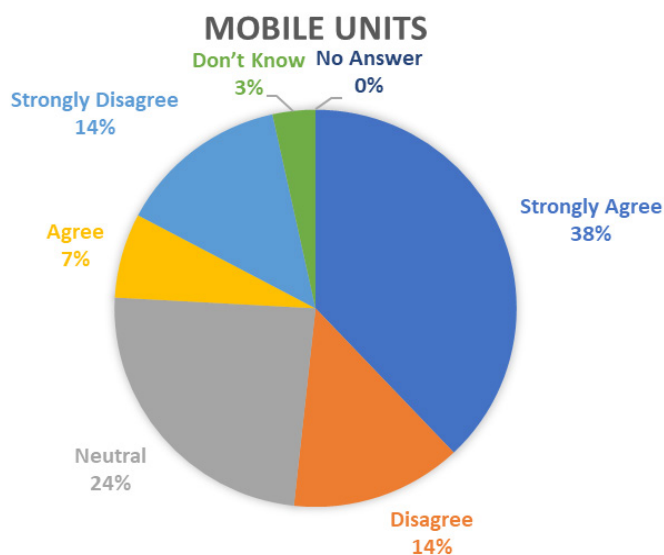
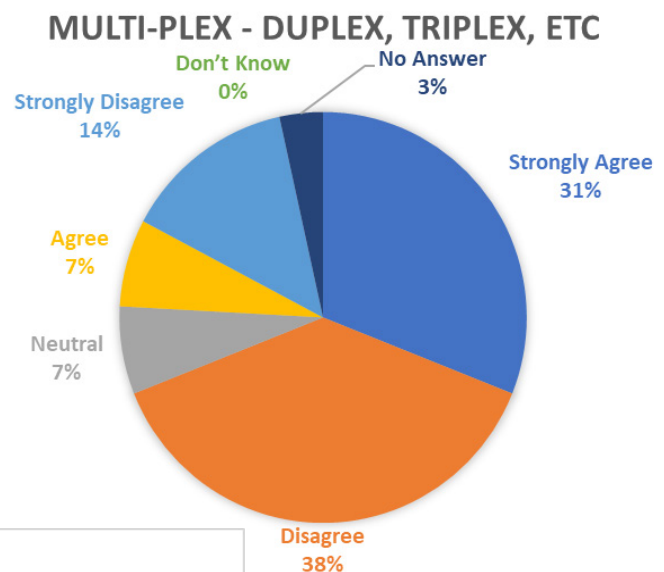
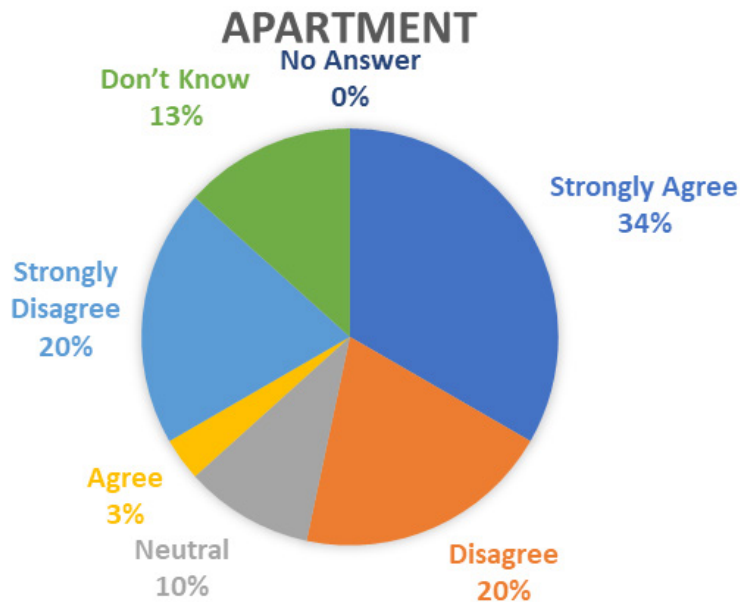
Social Assistance Cheque Schedule 2023

Cheque	Renewals Due By:	Ck. Release Date	Mid-Month 2
January 2023	December 15, 2022	December 21, 2022	January 14, 2023
February 2023	January 14, 2023	February 1, 2023	February 15, 2023
March 2023	February 15, 2023	March 1, 2023	March 15, 2023
April 2023	March 15, 2023	March 31, 2023	April 14, 2023
May 2023	April 14, 2023	May 1, 2023	May 15, 2023
June 2023	May 13, 2023	June 1, 2023	June 15, 2023
July 2023	June 15, 2023	June 30, 2023	July 14, 2023
August 2023	July 15, 2023	August 1, 2023	August 15, 2023
September 2023	August 15, 2023	September 1, 2023	September 15, 2023
October 2023	September 15, 2023	September 29, 2023	October 13, 2023
November 2023	October 14, 2023	November 1, 2023	November 15, 2023
December 2023	November 14, 2023	December 1, 2023	December 15, 2023

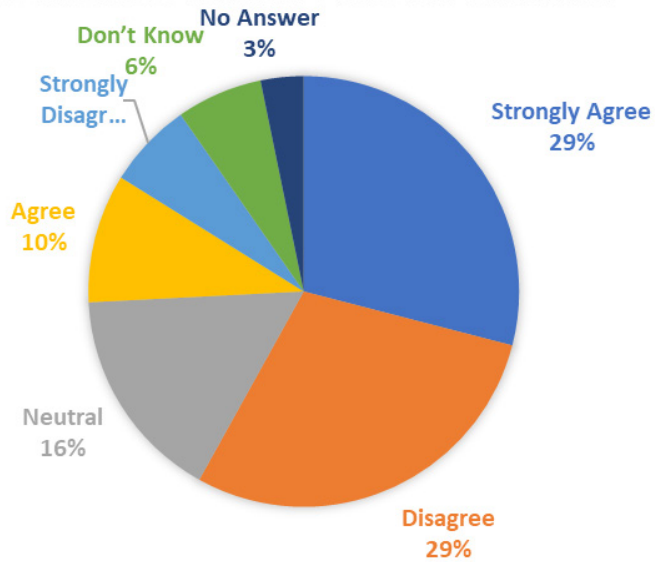


A portion of the results from the Housing Needs Assessment Survey.
Full Results will be displayed in next Newsletter.

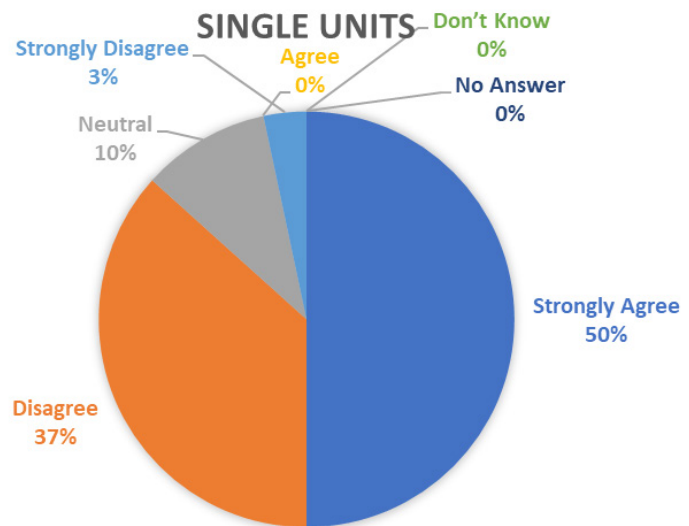
Q34 - To what level do you agree with the construction of each of the following types of homes in the community?



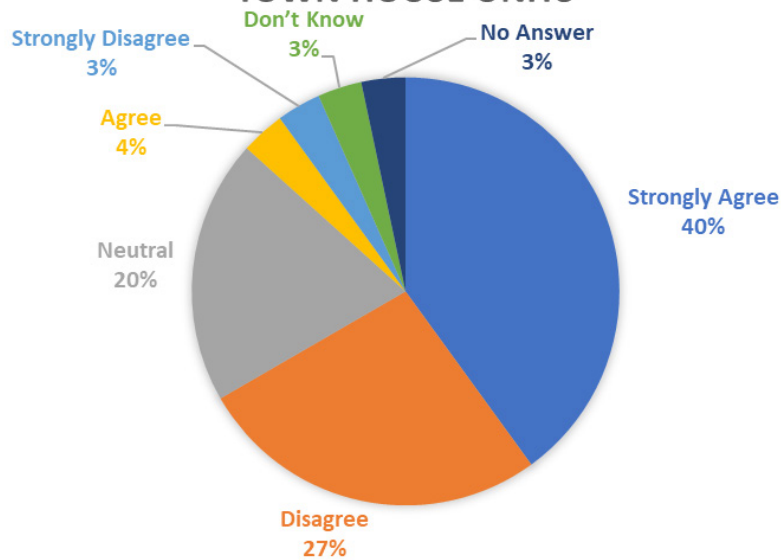
COMBINED-RETAIL AND APARTMENT



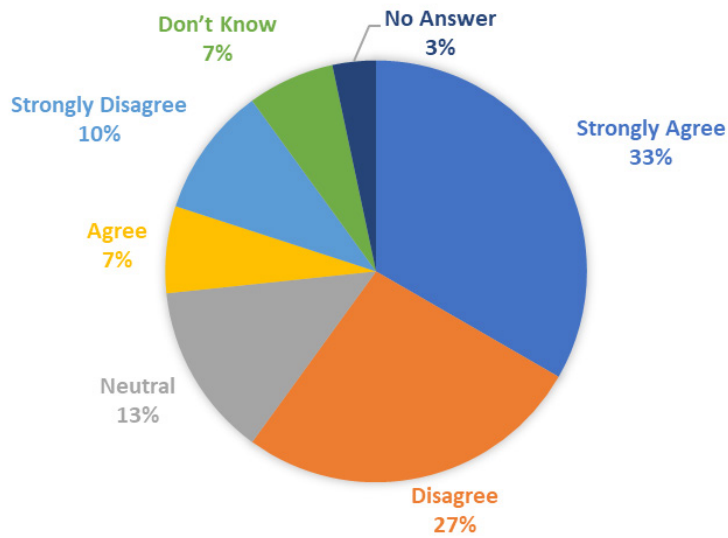
SINGLE UNITS



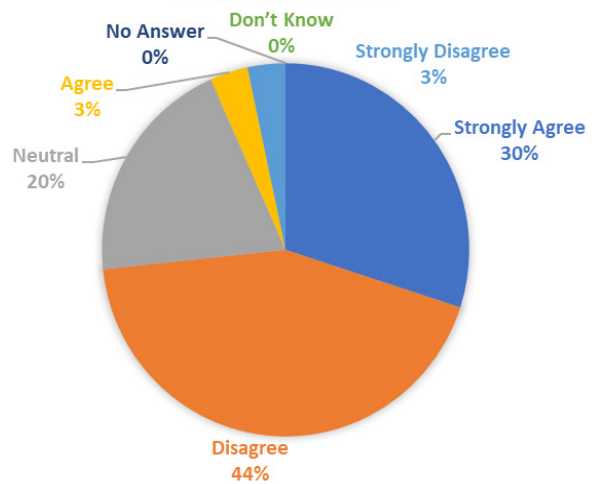
TOWN HOUSE UNITS



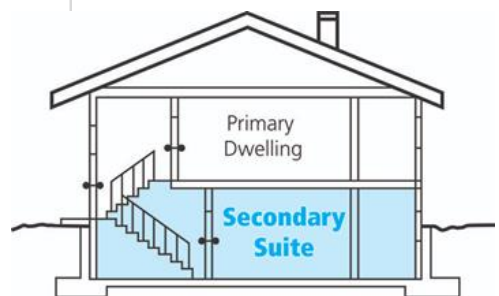
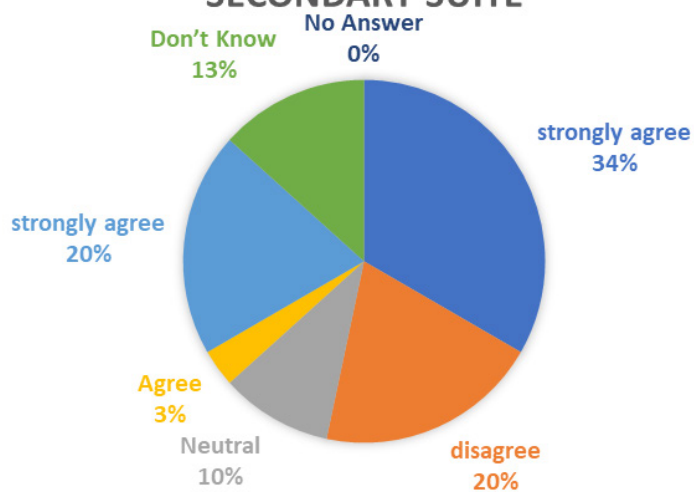
TINY HOMES



GARDEN SUITES



SECONDARY SUITE



WE WANT YOUR FEEDBACK!



1. Please provide any feedback you want to the Band Office:

2. **Future planning** - top 3 things that you want to see in your community in the next 5 years

1)

2)

3)

3. **Community planning circle** - Would you like to attend a community planning circle in June or July?

Please circle your preferences:

Yes or No

In Person or on Web

Name:

Phone:

Email:

Please drop off at the Band Office or email your answers to communications@cheamband.com.