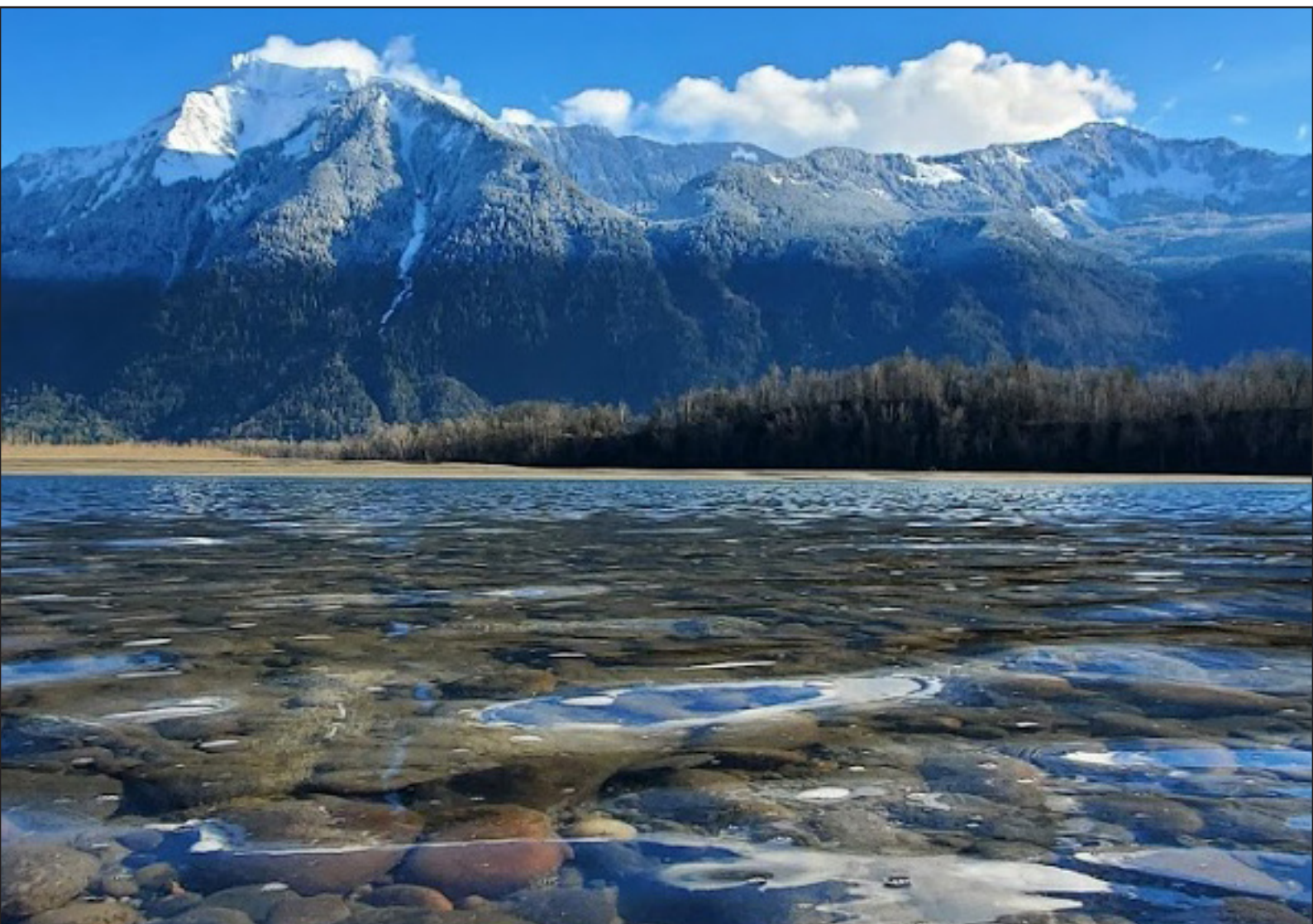




XWCHÍYÒ:M

CHEAM FIRST NATION

COMMUNITY NEWSLETTER: April 7, 2023



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XWECHYOM XWEXWILMEXW SXWE EYELH

Kwetskwetsmet lis cha xwal letse sqwalewels ye xwe chiyom Xwexwilmexw;

Xw' eyehls cha ye mekw' wat ite xwech'l yom qesu texw eweta o kw'e tl' e met Te ewpi: I qaste qel sqoqe;

Temtames mami:yelhtel ya sq'eqotel qelu lam xwe xwe'eyelf iyolem kw'e o'hletem xwela Ye'mi cha

Temtames lis cha mekw yoyes ye alyem eweta Shxwlistexwes Te xwelitemelh Temtames chasu qexs a: li lalalem xwela kw'e mekw wates

Qas temtames cha xwe'eyems Te temexws qasu ey xwela ye xwechiyom

CHEAM VISION STATEMENT

We the people of Cheam are committed to developing a united and harmonious community. We respect individual's diversity and promote a healthy, self-sufficient lifestyle. We need one another and value one another's views. In appreciation of our uniqueness, we foster mental, physical, emotional and spiritual wellbeing. In doing so, we strive to build pride, dignity and respect amongst our people.

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ADMINISTRATION NOTICES/UPDATES

UPOMING CHEAM EVENTS:

April 7 & 10	Band Office Closed for Easter Holidays
April 9, 13, 26	<u>Trev's Flea Market</u> 8:30 - 2:30pm
April 11 & 25	Cheam Regular Council Meeting
April 11 & 12	Health/Shelter staff @ Trauma Conference
April 19	Cheam Elders Meeting & Luncheon
April 20	<u>Cheam Job Fair</u> 10AM-2PM
May 07, 14, 21	<u>Trev's Flea Market</u> 8:30 - 2:30pm
June 3	Cheam Education Awards Luncheon



XWCHÍYÒ:M
CHEAM FIRST NATION

We are happy to announce that the following individuals have been appointed to Cheam's new Custom Election Code Committee:

- * Trevor Kilsby
- * E. Denise Douglas
- * Denise Alexis
- * Jennifer Campbell
- * Daphne Edwards
- * Meric Douglas

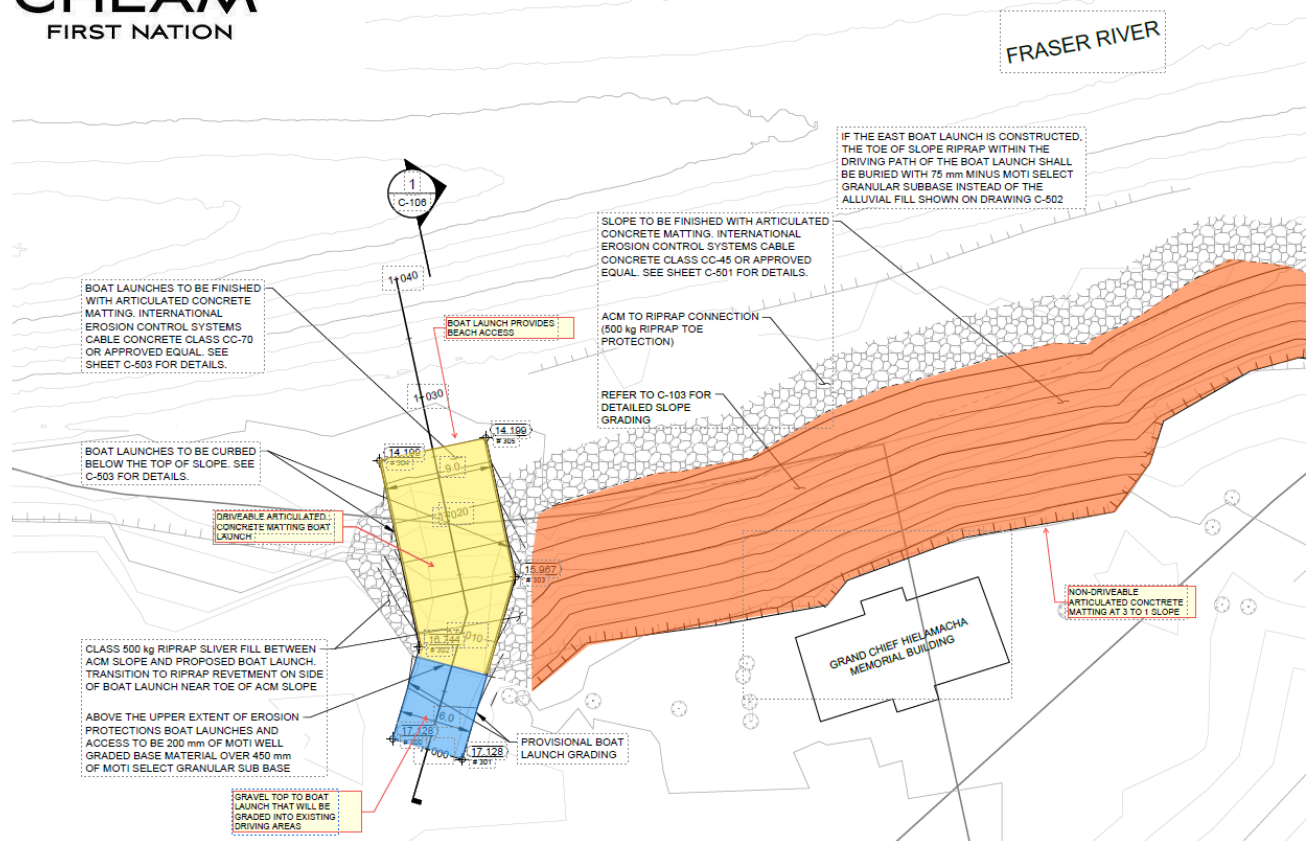
Staff Support: Kelsy Fredette

Professional Support: Fred Schiffner

The mandate of the Committee is to develop a draft of the Code for Community consultation, review and ratification. Thank you to all of the Members who submitted their Expression of Interest to sit on the Committee.



Cheam Beach Erosion Mitigation and Bank Stabilization Project



Over the past year, the Council and staff have been working with Ministries, EMBC, ISC and their contractors to develop a mitigation plan to address the damages of the Atmospheric River and Freshet events. One of the most impacted areas in the Community was at Cheam Beach which saw a significant amount of erosion, sluffing, and sediment deposit due to the fast, high water.

Work has begun to stop the erosion, secure the bank, and install a new boat launch. While this work is underway, access to the beach and boat launch will be unavailable to ensure safety of both the workers and the Members.

We understand that this closure can be inconvenient. We appreciate your patience while this work is being completed. If you have any questions or want an update, please connect with Rachel Wille at rachel.wille@cheamand.com, or 604-794-7924 or by visiting the office.

Cheam Beach Closure until May 19, 2023





XWCHÍYÒ:M
CHEAM FIRST NATION

Tenancy Agreements 2023/2024

The Housing Department will require tenants to come in and renew your Housing agreement and sign a repayment agreement for any arrears owing. Please have **ALL** adults living in the home to come in to sign the Housing agreement.

The following homes still need to sign their tenancy agreements. Social development requires T/A & confirmation of residence for all clients for the new fiscal year **which starts now**. Kindly schedule your 30 min appointment with front desk at (604) 794-7924 desk as soon as possible.

- **52191 Alexis Cr.**
- **52210 Yalamote Cr.**
- **52208 Cheam Cr.**
- **2-52172 Victor Dr.**
- **1-52172 Victor Dr.**
- **52186A Mammam Cr.**
- **52205 Squahiti Cr.**
- **52172 Mathela Cr.**
- **52163 Mathela Cr.**
- **51888 Old Yale Rd.**
- **52089 Old Yale Rd.**
- **745 Bridge Rd.**
- **54404 Douglas Pl.**

All that use the shelter as a residence please also need to come in and sign a form.

Thank you,

Lydia Archie - Housing Manager

Eligible First Nations and Individuals impacted by a long-term drinking water advisory have more time to submit a claim.

The deadline to submit a claim has been extended to March 7, 2024.



XWCHÍYÒ:M
CHEAM FIRST NATION

52161 Victor Drive
Rosedale, BC V0X 1X1
604-794-7924
www.cheam.ca

March 15, 2023

To whom It may concern,

Re: Executor of deceased required to individually apply for First Nations drinking water settlement.

Members have been notified that Cheam has submitted a list of Members to the Boil Water Advisory Class Action Lawsuits Drinking Water Settlement and we have recently been informed by the Administrators of the Class Action that the Executor's for deceased members are responsible for applying on their behalf.

We will be contacting all Executors individually to provide them with the claim form and if required, assist them with completing the form.

If you require assistance, please feel to reach out to Kelsy, via email, by phone or in person at the office.

Below you will find a link to the PDF fillable online for or you can pick up an application at reception.

<https://firstnationsdrinkingwater.ca/index.php/claim-forms/>

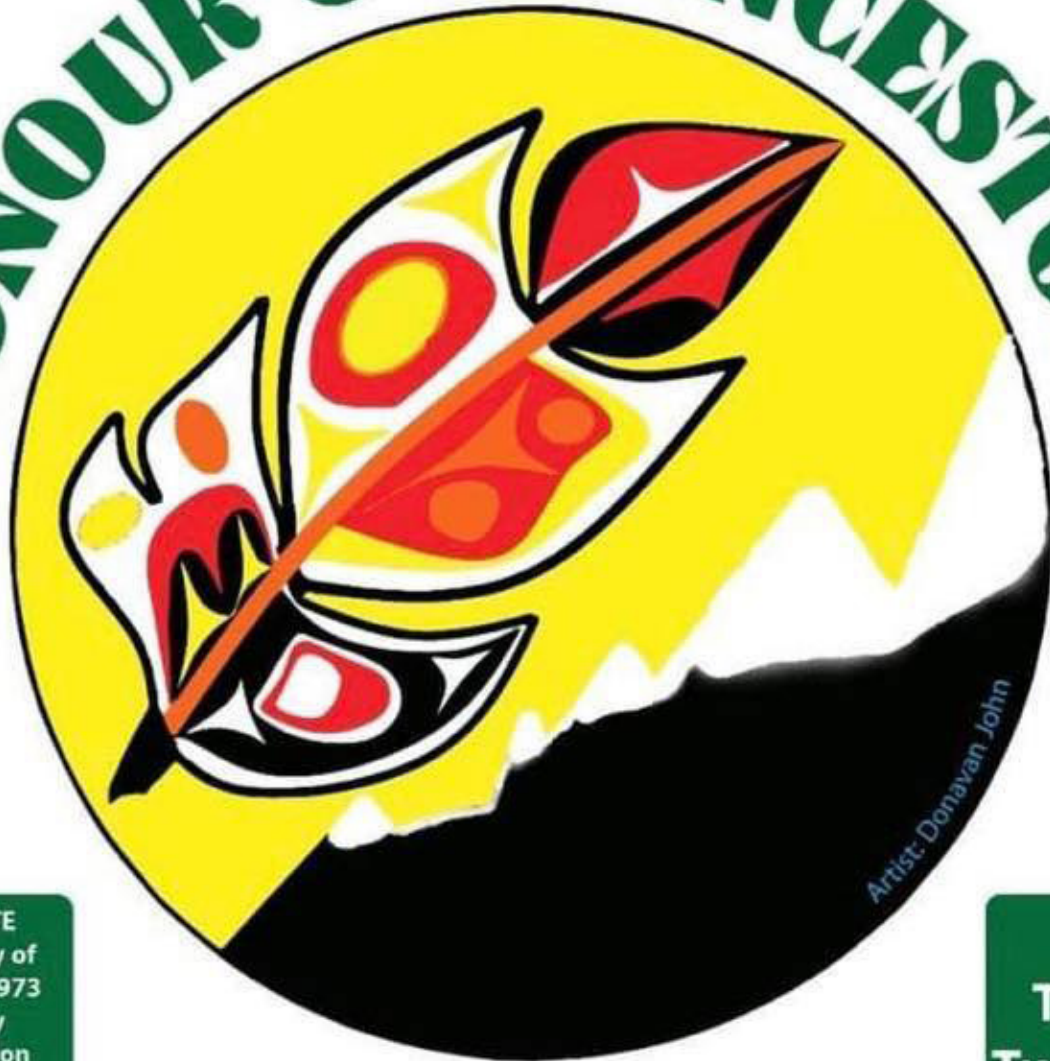
First Nations Drinking Water Administrators: 1-833-252-422

Sincerely,

Kelsy Fredette
Administrative Assistant
Kelsy.fredette@cheamband.com
604-794-7924



HONOUR OUR ANCESTORS



COMMEMORATE
50th Anniversary of
Wounded Knee 1973
Liberation Day
Wacipi Celebration

Free Leanoard Peltier

1274
Tribes on
Turtle Island

Skowkale First Nation

7256 Chilliwack River Road, Chilliwack, BC

Sunday April 23, 2023 9am - 4pm

Lunch Provided - Salmon Meal / Wild Game Stew

For Info Contact Shane John at shane_tanya@hotmail.com



Shay
Fusionz
Salon



Mandell
Pinder LLP



CHAWATHIL FIRST NATION

save on foods

TZEACHTEN





Register by:
May 10th, 2023
@ 4:00 p.m.

UMPIRES
NEEDED

SEABIRD ISLAND FIRST NATIONS FESTIVAL

May 26-28, 2023

SOCCER ENTRY FEES:

- Men's 11-aside \$500
(Top 3 Cash Prize, pending number of teams entered)
- Women's 7-aside \$350
(Top 3 Cash Prize, pending number of teams entered)
 - 16U 11-aside \$350
 - 13U 11-aside \$350
 - 10U 11-aside \$350
 - 7U 7-aside \$250
- 5U 5v5 Mini-Ball \$100

3-PITCH BASEBALL FEES:

- Co-ed \$350
(Top 3 Cash Prize, pending number of teams entered)

WAR CANOE RACES

VENDOR FEES:

- 10x10 lot (excluding Kitchen Rentals)
- Kitchen Rental (2 available) \$700
 - Food Vendor \$350
 - Arts/Crafts Vendor \$175
 - Non-Profit \$100

GATE FEES:

- Day Rate \$5
- Weekend Rate \$10
- Camping Rate \$20

Contact: Charlene Point, events@seabirdisland.ca
Registration forms available at www.seabirdisland.ca
Hard copies can be mailed upon request



CHEAM

Garden Project

If you would like to register to use one of the 13 garden boxes set up in our community garden space please contact daphnee@cheamband.com and you will be given a \$50 gift card to get your plants/planting started.

If you have your own garden at home to use please send Daphne a picture of your home garden and we will give you a \$50 gift card to start your planting for this season.

***Open to all Cheam Members*



CHEAM CONTESTS

PIZZA NIGHT BASKET

FACEBOOK CONTEST - Share our Cheam Job Fair event on facebook to be entered to win a Family Pizza Night Gift Basket! The basket contains everything you need for a fun pizza night at home! To share the event go to the top right of the [event page](#) to the arrow, click that and share to whoever & wherever you want. When you are done come back here and enter done in the comments under this post;) Every time/ place you share is another entry. Prize valued over \$80.00, from Hofstede's Country Barn.

The winner will be drawn on April 20th.



PHOTOGRAPHY CONTEST

PHOTO CONTEST - Please submit your best digital Cheam photos (to add to our photo library to be used for our website facelift this summer, and future projects showcasing the vibrant life and culture of Cheam). We are looking for scenery, people, and cultural activity shots.

Please email communications@cheamand.com, with your name & phone #. Enter as many photos as you would like, each photo counts as 1 entry. You/your family must be the owner of the photo, and have the permission to use the image of anyone shown in the pictures. By entering you grant us permission to use all submitted photos for future Cheam purposes. Contest closes May 1st, 2023.

Prizes for our top 5 favorite photos =

- \$100 Visa G/C
- Tripod w/remote & case, (works for cameras or cell phones)
- Killer Whale Bowl & Utensil Set
- A Coast Salish Historical Atlas
- Orca Mug, Honey & Tea w/ a \$25 Tim Hortons Card.



FREE SOMATIC TRAUMA THERAPY FOR CHEAM MEMBERS

What is it good for?

People find it relieving for anxiety, depression, other uncomfortable feelings, even physical ones.

The goal of somatic trauma therapy is to drain some of the weight of the past in a safe way. We end up feeling lighter spiritually, physically, and emotionally. Somatic trauma therapy will be run in groups of 4 people, meeting weekly, for 12 weeks. Consider how committing to this program would affect other parts of life. Intake is ongoing.



In small groups we learn to focus on the experience of the body using:

- Body focused grounding tools
- Present moment awareness
- Some learning about how emotions help with somatic therapy
- The last portion of the meeting is somatic trauma therapy. People are guided through the process of giving control of their body over to their body. There can be some shaking, or crying, or other involuntary movement or sounds. This is part of the body's instinctive process of resolving being traumatized. We aim to keep it as safe, and gentle as needed.

Information sessions are one on one with Winchester Victor. They can be booked with Danica Giroux (604)-794-7927 or Winchester: winchester.victor39@gmail.com



"Being cut off from our own natural self-compassion is one of the greatest impairments we can suffer. Along with our ability to feel our own pain go our best hopes for healing, dignity and love."

Gabor Mate'



The Wisdom of Trauma Film Screening

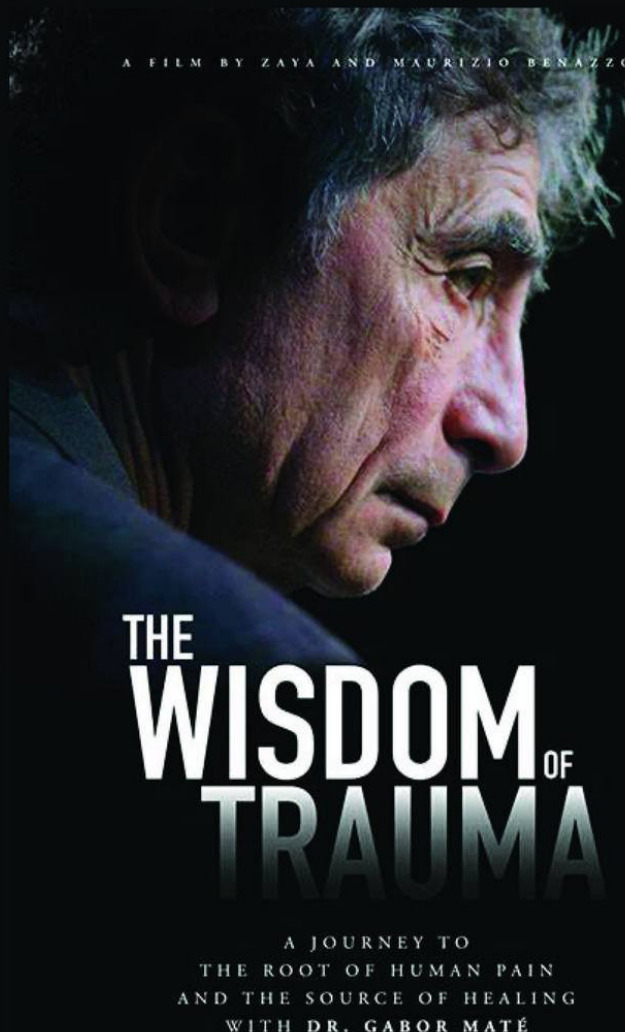
APRIL 24, 2023

Dinner @ 5:00pm | Screening @ 6:00pm
Location: Band Office Gymnasium

Door prizes & more

For more information contact:

kiranjit.toor@seabirdisland.ca or 604-798-4836



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COMMUNITY KITCHEN

Please come join Makenzie and myself make cabbage rolls for your freezer. I will have some sort of snack there for us while we cook. You will assemble these and take them home to bake for 1.5 hours in your oven.

Hope to see you there! Please sign up for this class with Makenzie.Peters@seabirdisland.ca so I know how much ingredients I need to purchase to have enough.

Thank you.

Cheam Band office Kitchen

October 11th, 2022

@ 10:00am

If interested please sign up with Makenzie at makenzie.peters@seabirdisland.ca

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BRINGING CULTURALLY SAFE SERVICES TO YOU

Indigenous Health Liaisons promote culturally safe experiences for First Nations, Métis and Inuit patients accessing health and wellness services. Liaisons support Indigenous patients with navigating the health care system, safe transitions from hospital to home, and connections to community services.

WHEN TO CALL:

- To refer First Nations, Métis and Inuit patients
- To ask any questions regarding Indigenous Health Services available
- To help Indigenous patients access services throughout the health care system

REFERRALS CAN BE MADE BY:

- Patients
- Family members
- Friends
- Health professionals

To access Indigenous Health Liaison services,
call the referral line:

1-866-766-6960

Hours of service: Monday – Friday from 8:30 AM–4:30 PM
(excluding holidays)

To contact a Wellness System Navigator from
First Nations Health Authority, call **604-743-0635**



First Nations Health Authority
Health through wellness

First Nations Health Benefit Program

The First Nations Health Benefit (FNHB) Program covers specific medically necessary items, services, and travel that support First Nations peoples' health and wellness needs. The program is administered through partnerships with Pacific Blue Cross and PharmaCare.

Eligibility

The FNHB Program is available to First Nations people with Indian status who live in BC and infants (up to 24 months) of an eligible parent. To access the benefits and coverage under the Health Benefits Program, First Nations people must first enroll in the program. Please call 1-855-550-5454 or visit fnha.ca/benefits/eligibility for more information on how to enroll.

Health Benefits Coverage

The FNHB Program covers six benefit areas:



DENTAL

The Dental benefit provides coverage for items and services to maintain good oral health, prevent cavities, gum disease, and restore damaged tooth function. Some items and services covered under the dental benefit are bridges, crowns, exams and x-rays, fillings, and preventive services.



MEDICAL SUPPLIES AND EQUIPMENT

The Medical Supplies and Equipment (MS&E) benefit provides coverage for items and services needed in the short or long-term to support health and wellness. Some items and services covered under the MS&E benefit are bathing and toileting aids, hearing aids and repairs, limb and body orthotics, ostomy supplies, walking aids, and wheel-chairs.



MEDICAL TRANSPORTATION

The Medical Transportation (MT) benefit assists with the cost of meals, accommodation, and transportation towards travel for a medical appointment outside your community of residence. The MT benefit may also cover travel escorts under certain conditions.





MENTAL HEALTH

The Mental Health benefit covers in-person and virtual counselling services from a qualified mental health provider registered with the FNHB. Coverage is available for Mental Health counselling from four programs. The Mental Wellness and Counselling program is for Status First Nations individuals, while the Indian Day Schools Health Support Program, Indian Residential School Resolution Health Support Program, and Missing and Murdered Indigenous Women and Girls Health Support Services are available to both status and non-status individuals. Talk to your Mental Health Provider to determine the appropriate program for you.



PHARMACY

The Pharmacy benefit, administered mainly through Plan Wellness (Plan W), provides coverage for medications and items that support First Nations people on their wellness journeys. The Pharmacy benefit covers specific prescription drugs, over-the-counter drugs, non-drug over-the-counter items, and Shingrix® vaccine. Please call 1-855-550-5454 to enroll in Plan W.

In addition to Plan W, the provincial agencies, including the BC Cancer Agency, BC Transplant, BC Renal Agency, and the BC Centre for Excellence in HIV/AIDS, provide specialty pharmacy items to all BC residents living with specific illnesses or conditions.



VISION CARE

The Vision Care benefit provides coverage for items and services to ensure proper eye health and support access to preventative care. The benefit covers eye exams, sight tests, prescription eyewear and repairs.

OTHER COVERAGE

BC Medical Services Plan (MSP)

The FNHB manages MSP for First Nations people in BC. If you have status and need to register for MSP, call 1-855-550-5454.

Ambulance Bills

The FNHB covers the cost of ambulance transport to a hospital in an emergency situation and from a lower level care facility to a higher level care facility (e.g., long-term care home to a hospital).

View Your Plan Details

To check details about your coverage for dental, vision, medical supplies, and mental health, please create an online PBC Member Profile on www.pac.bluecross.ca or download the PBC app on your smartphone or tablet. The PBC Member Profile offers convenient and secure access to detailed information about your benefits coverage 24 hours a day.

Please call Health Benefits at 1-855-550-5454, email healthbenefits@fnha.ca or visit fnha.ca/benefits to learn more about the First Nations Health Benefits program and benefit coverages.

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INDIGENOUS OUTREACH

Our team can provide a range of services to support you in your substance use journey.

- HARM REDUCTION SUPPLIES
- INDIVIDUAL & FAMILY COUNSELLING
- SUBSTANCE USE TREATMENT REFERRALS
- NALOXONE TRAINING
- GRIEF AND LOSS SUPPORT
- GROUP THERAPY
- RESOURCE NAVIGATION

Are you struggling with substance use? Or know someone that does? Are you wanting support but unsure how to reach out?



First Nations Health Authority
Health through wellness

Office Phone:
604-701-3660



fraserhealth

Better health. Best in health care

We recognize Fraser Health provides care on the unceded and traditional territories of the Coast Salish and Nlaka'pamux Nations

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First Nations Health Authority
Health through wellness

Mental Health and Cultural Supports

TELEPHONE AND ONLINE SUPPORT

Virtual Substance Use and Psychiatry Service. A free, referral-based service for First Nations people in BC and their family members. Health care providers, including the [Virtual Doctor of the Day](#) program, can refer you to this service. Available Monday to Friday. [FNHA.ca/VirtualHealth](https://fnha.ca/VirtualHealth)

First Nations and Inuit Hope for Wellness Help Line and On-line Counselling Service offers mental health counselling and crisis intervention to Indigenous people across Canada. Toll-Free: 1-855-242-3310 www.hopeforwellness.ca

Kids Help Phone is a 24/7 national support service offering professional counselling, information and referrals and volunteer-led, text-based support to youth. 1-800-668-6868 or text the word “connect” to 686868 to access text support.

KUU-US Crisis Services is available 24/7 to support Indigenous people in BC. <https://www.kuu-uscrisisline.com/24-hour-crisis-line> Toll-Free: 1-800-KUU-US17 (1-800-588-8717) Adult/Elder: 1-250-723-4050 Child/Youth: 1-250-723-2040

National Indian Residential School Crisis Line supports former Residential School students. The crisis line provides emotional and crisis services 24/7. Toll-Free: 1-866-925-4419

Provincial Alcohol and Drug Information Referral Service provides free referral services to support with any kind of substance use issue (alcohol or other drugs). Toll-free: 1-800-663-1441 Lower Mainland: 604-660-9382

Foundry: health and wellness supports, services and resources for young people ages 12 – 24 and their caregivers. No referral or assessment required. In-person: <https://foundrybc.ca/find-a-centre/> Virtual: <https://foundrybc.ca/virtual/>

FNHA MENTAL WELLNESS AND COUNSELLING SUPPORT THROUGH HEALTH BENEFITS

Health Benefits provides access to mental wellness and counselling services. All services require prior approval. A list of providers registered with Health Benefits can be found on the [Provider List](#) or by contacting: **1-855-550-5454.**

INDIAN RESIDENTIAL SCHOOL RESOLUTION HEALTH SUPPORT PROGRAM PROVIDERS (IRS RHSP)

Adah Dene Cultural Healing Camp Society
Margo Sagalon: 250-996-3813
Admin.elders@telus.net
Tracey Charlebois: 250-996-1475
Nakazdliieelders@telus.net

Carrier Sekani Family Services
For Vanderhoof: Catherine Lessard: 250-567-2900 or Toll-free: 1-800-889-6855
For Prince George: Rhonda Hourie or Cheryl Thomas: 778-675-0419

Gitanyow Human Services
Wanda Good: 250-849-5651
Wanda.e.good@gmail.com

Gitsxan Health Society
Martha Wilson: 250-842-6876

Nuu Chah Nulth Tribal Council
Vina Robinson: 1-250-724-3939
vina.robinson@nuuchahnulth.org
Daily Elliott: 250-720-1736

Indian Residential School Survivors Society
Carol Stegman: 604-985-4464 or Toll-free: 1-800-721-0066

Okanagan Nation Alliance
Toll-free: 1-866-662-9609

Tsow-Tun-Le-Lum Society
Toll-free: 1-888-590-3123

FNHA TREATMENT AND HEALING CENTRES

During the pandemic, Round Lake Treatment Centre and Gya'waa'Tlaab House of Purification are maintaining a live-in treatment program with additional precautions taken to abide by physical distancing and associated safety requirements. Most treatment centres have moved to providing virtual support to individuals and families.

Carrier Sekani Family Services
Call: 250-567-2900 or
Toll-free: 1-800-889-6855
and ask for an ARP Team member
Email: rjohn@csfs.org

Kackaamin Family Development Centre
Call: 250-723-7789 or
Toll-free: 1-833-205-6946

Namgis Treatment Centre
Call: 250-974-8015 or
Toll-free: 1-888-962-6447 Ext. 2141

Nenqayni Wellness Centre
Call: 250-989-0301 or
Toll-free: 1-888-668-4245

North Wind Wellness Centre
Call: 250-843-6977 or
Toll-free: 1-888-698-4333

Telmexw Awtexw (Sts'ailes First Nations)
Call: 604-796-9829

Tsow Tun Le Lum
Call: 250-268-2463 or
Toll-free: 1-888-590-3123

Wilp Si'Satxw Healing Centre
Call: 778-202-0162, 778-202-1349 or
Toll-free: 1-877-849-5211

All information in this document is accurate as of September, 2022.

YOUTH OPPORTUNITIES



CE Barry -
October 11, 2022
Kent Indigenous
Learning Portable -
October 24, 2022

CE Barry -
November 14,
2022
Kent Indigenous
Learning Portable -
November 28,
2022

CE Barry -
January 9, 2023
Kent Indigenous
Learning Portable -
January 23, 2023

CE Barry -
February 6, 2023
Kent Indigenous
Learning Portable -
February 13, 2023

CE Barry -
April 3, 2023
Kent Indigenous
Learning Portable -
April 17, 2023

CE Barry -
May 8, 2023
Kent Indigenous
Learning Portable -
May 15, 2023

SD78 Culture Night

Ribbon dress sewing, storytelling, powwow dancing, cedar bark weaving, regalia sewing, and teachings.

C.E. Barry and Kent Indigenous Learning Portable

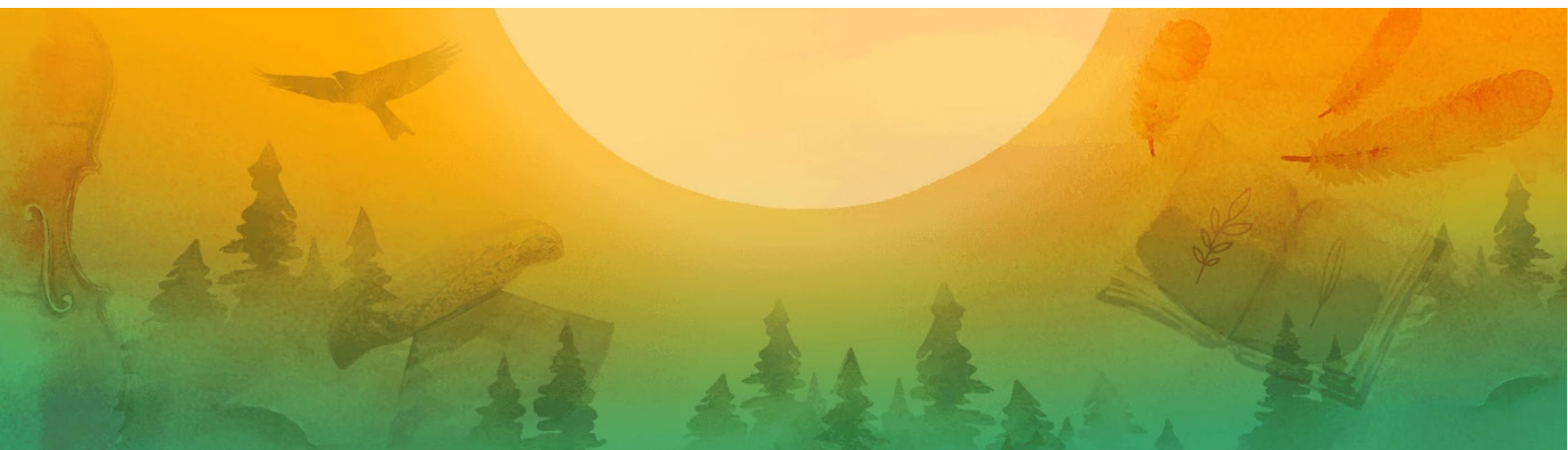
Time: 4:30 – 6:30 pm

Monthly gatherings with traditional teachings and food.

Children under 12 must be accompanied by a parent or guardian. Please register at <https://forms.office.com/r/r4Qzcnj8ds>

VOICES OF YOUTH INDIGENOUS LEADERS 2023

INDIGENOUS YOUTH HAVE POWERFUL VOICES AND SENATORS WANT TO HEAR THEM!



The Senate Committee on Indigenous Peoples is inviting First Nations, Métis and Inuit leaders aged 18 to 35 to send in a brief submission for senators to consider. The theme this year is education. The committee is inviting Indigenous youth to share their experiences in the education system, and their visions for fostering leadership through education in First Nations, Métis and Inuit communities.

The committee will accept submissions until April 9, 2023, at 11:59 p.m. PT. Some participants will be invited to attend a public committee meeting on June 7, 2023, to highlight their leadership efforts. Invitations will be sent out in May. The briefs and testimony will be used to inform the committee's work.

Contribute to Voices of Youth Indigenous Leaders 2023!

[Apply Here](#)

Young Indigenous leaders give voice to Truth and Reconciliation at the Senate



October 12, 2022



Agassiz-Harrison Museum & Visitor Centre

Join us for a
Easter

FREE HOT CHOCOLATE

**Saturday, April 8th
10:00am – 1:00pm**



7011 Pioneer Ave., Agassiz, BC



Government
of Canada

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Your local school is hosting an open house for preschoolers and their parents! **Ready, Set, Learn** is a series of fun and informative events focusing on early childhood learning.

Ready, Set, Learn is a great opportunity to connect with your preschooler's future neighborhood school. **Ready, Set, Learn** events can include school tours, visits to the school library, interactive play activities for children and their parents, information sessions for parents and caregivers, presentations by community agencies and other activities that support preschool aged children's learning.

Please note: Dates and times are subject to change, please contact the school prior to attending.

School	Ready Set Learn	Time
Bernard	April 19	10:30 - 12:00
Central	May 26	1:00 - 2:00
Cheam	April 25	10:30 - 12
Cultus Lake	April 18	12:55 - 1:58
East Chilliwack	February 27	9:00 - 10:30
Evans	April 12	9:30 - 11:00
Greendale	February 23	10:30 - 11:30
Leary Arts & Tech.	May 25	8:45 - 9:45
Little Mountain	February 8	8:45 - 10:00
McCammon	April 14	8:30 - 9:30
Promontory	June 14	9:00 - 11:30
Robertson	April 11	9:00 - 11:00
Rosedale Traditional	April 21	9:00 - 11:00
Sardis E.	May 5	8:45 - 10:15 10:45 - 12:15
Stitó:s Lá:lém Totí:lt	April 18	10:30 - 12:00
Strathcona	May 10	9:30 - 10:30
Tyson	February 24	10:00 - 11:00
Unsworth	January 26	9:00 - 10:30
Vedder E.	May 25	8:30 - 9:55 10:30 - 11:30
Watson	February 23	10:15 - 11:15
Yarrow	June 13	9:00 - 10:00



**Syós:ys lets'e
th'ále, lets'emó:t**

~One heart, one mind, working
together for a common purpose.~



FIRST PEOPLES'
CULTURAL COUNCIL

YOUTH EMPOWERED SPEAKERS

fpcc.ca/yes



Do you want to learn your language as part of your post-secondary education?

Receive up to \$30,000 in funding for B.C. First Nations students age 18-35!

Apply by June 14, 2023

This program includes:

- Tuition
- Living & tech allowance
- Mentor-apprentice language learning
- Paid internship

Program Contact: Beckie Wesley
yes@fpcc.ca



SCAN ME

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FREE BABYSITTING COURSE FOR YOUTH AGES 11-15 @ SEABIRD ISLAND WITH CERTIFICATION

(LIMITED CAPACITY)

With First Aid Hero-Canadian Red Cross

When: April 19th & 20th
Time: 4:00 p.m. - 7:00 p.m.

Location: TBA

Pizza + Juice Provided

Course Content

- How to be responsible and demonstrate leadership
- How to make good decisions and manage difficult behaviours
- Information on Children's development stages, and specific strategies for each stage
- How to feed, diaper, dress and play with children and babies
- How to recognize and prevent unsafe situations, make safe choices and promote safe behaviours
- First Aid skills
- The business of Babysitting



Contact: Kiran Toor @ 604-798-4836 or
kiranjit.toor@seabirdisland.ca to sign up
Parent/Guardian consent required, forms will be provided.



Designed by SIB Communications

FIND US ONLINE:



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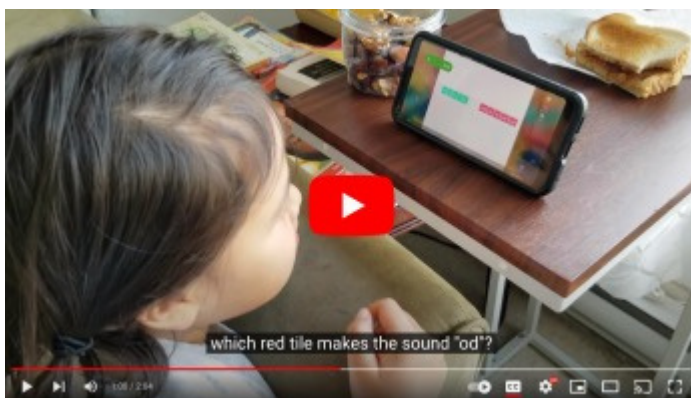
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Free at-home reading tutoring

Is your child behind in reading?

Chapter One is offering 1:1 reading support on your smartphone



Watch a 2 minute video: See TutorMate in the classroom and at-home on families' smartphones. At-home tutoring is now available year-round: www.bit.ly/wbe-eli

How it works:

1. An early reading tutor will work with your child on key early reading skills.
2. Use your smartphone to connect.
3. Each session is 5 minutes in length and occurs 3-5 times per week.

**Funded through Jordan's Principle,
Available to First Nations children who need help catching up with their reading**

Learn more at: chapterone.org/ca

Or call Jacob Pitawanakwat: (705) 822-7821

jacob@chapterone.org

IT ALL STARTS WITH LITERACY
Canadian Registered Charity: 73848 6117 RR0001



**Thompson Rivers
University
Mobile Training Unit**

Dual Credit Partnership
Youth Train in Trades

Welding Foundation Level 1 & 2

Aug 8, 2023 - Feb 2, 2024
Hope Secondary School

Grade 10-12

FREE tuition

Apply by April 14



FIND US ONLINE:



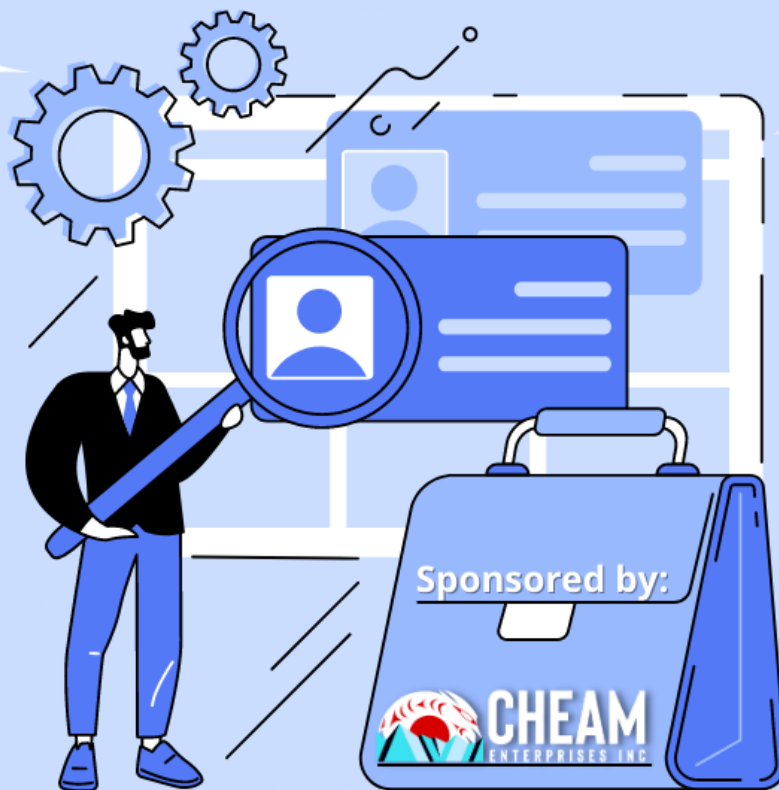
CHEAM JOB FAIR

We are bringing the jobs to you! Lunch & resume services provided on-site. Everyone welcome.

**APRIL 20, 2023
10AM - 2PM**

**FREE WIFI
&
A/C**

**DOOR
PRIZES**



52161 VICTOR DRIVE, ROSEDALE, BC V0X 1X1

If you are an employer that would like to have a booth at this great annual event, please contact Harmony at harmony.poisson@cheamand.com or 604-991-8929.

FIND US ONLINE:



Work BC - Aggasiz/Kent **10 Jobs**

7086 Pioneer Avenue

Agassiz, BC, V0M 1A0

604-796-0266

centre-agassiz@workbc.ca

<http://workbccentre-agassiz.ca>



WorkBC Skills Enhancement

People in part-time, seasonal, or casual work and people without employment can access WorkBC skills training programs and the financial help needed while in training.

Apply today!

Canada  **BRITISH COLUMBIA**

This program is funded by the Government of Canada and the Province of British Columbia.

Work BC - Hope **188 Jobs**

895 3rd Avenue

Hope, BC, V0X 1L0

604-869-2279

centre-hope@workbc.ca

<http://workbccentre-hope.ca>

Work BC - Chilliwack **551**

200 - 45905 Yale Road

Chilliwack, BC, V2P 2M6

778-860-5452

centre-chilliwack@workbc.ca

<http://workbccentre-chilliwack.ca>

Trans Mountain is committed to Indigenous and local inclusion. Please visit our website to view our current opportunities here:

Trans Mountain Opportunities: 17 current postings

Alternatively individuals interested in working directly for a Trans Mountain contractor are strongly encouraged to follow this link and populate the “Expression of Interest for Employment”:

<https://csi.transmountain.com/csi/isinfo/>



TRANSMOUNTAIN





Want to work as a raft guide or safety kayaker this Summer?

Join Chilliwack River Rafting's fun whitewater community with a 5-acre riverside base. Work in this constantly changing, class II to class IV+ river environment. This is fun and rewarding guiding. Chilliwack River Rafting hosts the continuous class 3 and 4 Chilliwack Canyon, Big Class 3 and 4 on the Classic Extreme Raft and challenging class 3 inflatable kayak adventures at lower flows. It is not all challenging half of our clients choose the moderate Chilliwack Classic rafting trip. These trips are hosted at seasonal water levels from March to November of each year. Chilliwack River Rafting has openings for 6 guides in May and 6 guides in July. We love canoeists, kayakers and paddle guides from the Rouge or Jaques Cartier. Don't have work experience? We can sponsor, teach and certify you to guide the Chilliwack River. Off River work is available in our travel office, campsite, catering kitchen. Our goal is to host the most exciting and rewarding summer job possible.

Minimum qualifications are:

- physically fit
- good swimmers
- a minimum of 17* years old.
- A min of two days of first aid training.
- A min of 12 days of rafting training on a river similar to the one you wish to work on.



You can apprentice at Chilliwack River Rafting even if you have no rafting experience. Do you have strong boat handling skills canoe, kayak or previous guide employment? We recognize your skills and want to fit you into our team.. We have a seniority list but Chilliwack River Rafting is a busy company who has provided 4 or more days per week for all staff over July and August. No need to quit your day job. Guiding the Chilliwack On Weekends is a great way to top up your income and super fun. There are full time positions as well. Please contact Russ Brown at Chilliwack River Rafting if you are not sure of your pre-requisite status or boat handling skills at 604 824 0334 or 1-800-410-7238 or email to chilliwackriverrafting@gmail.com.

Certified? Already worked as a guide? We respect your prior experience and want to put you into our team. Send us your resume chilliwackriverrafting@gmail.com.



SASET Outreach Services **on-site at Cheam First Nation** **Every Friday from 9:30am to 3:00pm**

Who are we?

We provide Indigenous Employment and Training Services to First Nation working age population in the Fraser Valley Catchment area.

Who do we serve?

If you are an Indigenous person and are either the following:

- Is un-under employed
- Student
- Employed but unable to meeting basic living requirements
- Resides in SASET's catchment area (Langley to Boston Bar and throughout the Fraser Valley; or with 3 communities in the Head of the Lakes)

Outreach Employment Services:

Employment and Career Counselling
Resumes and Cover Letters
Education and training information
Computer with internet access
Job postings
Employment Readiness
Career Planning/Decision Making
Labour Market Information

Scholarships, Grants and Bursary information
Job Search assistance
Applying online
Employability workshops
Basic Computer Skills Workshops
And much more

Lucinda Louie, Employment Counsellor

Phone or text: 778-684-1464 or email: Lucinda.Louie@saset.ca

Or email: info@saset.ca

See our website for more information at www.saset.ca



Stó:lō Aboriginal Skills & Employment Training

Bldg #5A – 7201 Vedder Road, Chilliwack, B.C. Canada V2R 4G5
Tel: (604) 858-3691 or toll-free 1-888-845-4455 Fax: (604) 858-3528
E-mail: saset@stolonation.bc.ca

April 3, 2023

SASET FINANCE AND ADMINISTRATION ASSISTANT **(EXTERNAL)**

Stó:lō Service Agency requires the services of a qualified **SASET Finance and Administration Assistant with excellent data base management skills** to fill a vacancy with the **Stó:lō Aboriginal Skills & Employment Training (SASET) Department**. Pursuant to section 41 of the BC Human Rights Code, preference may be given to applicants of Aboriginal ancestry. Please self-identify on your cover letter or resume.

The **SASET Finance and Administration Assistant** will: a) provide professional, courteous, confidential employment related data base administration; b) ability to understand and interpret contracts and policy to capture intervention services data; c) ability to secure reliability/security clearance to access Service Canada Employment Insurance Section 25 referrals d) interpret and provide summary statistical database information for reporting and e) maintain well documented hard copy and data-based client file records.

The successful candidate will work out of the Central (Chilliwack) office, under the direction and supervision of the SASET Manager.

QUALIFICATIONS/REQUIREMENTS:

- High proficiency in MS Word, MS Excel, client based database administration and 2 years experience in the employment and training field data collection.
- Working understanding of contracts, policy and interpretation for maintaining updates in programming to secure meaningful reporting.
- Willingness to expand their skills set if required by SASET funded professional development.
- Understanding of Canada's Employment Insurance Act.
- Ability to maintain: a healthy courteous working relationship with staff, community staff, members, and representatives of other organizations; adhere to the confidentiality guidelines of all records, materials and communications concerning clients, staff, SASET and Stó:lō Service Agency.
- **Successful candidates will be required to provide the following if screened in for an interview:**
 - Must possess and maintain a valid Class 5 BC Drivers' License
 - Must successfully pass the required pre-employment RCMP Criminal records Check and Service Canada Reliability/Security check to work with Employment Insurance Section 25 clearance.

SALARY RANGE:

Based on qualifications and experience.

TYPE OF POSITION:

Full-time with benefits, subject to 3-month probationary period, successful annual performance evaluations and continued funding.

APPLICATIONS DEADLINE:

4:00 pm May 5th, 2023

Candidates will be screened according to the qualifications/requirements. **Interested candidates are required to submit a resume and covering letter, along with 3 employment related references.** Please include position title on subject line. Send to:

Stó:lō Aboriginal Skills & Employment Training

Attention: Manager Carol Raspberry

**Bldg. #5A 7201 Vedder Road
Chilliwack, BC V2R 4G5
Email: carol.raspberry@saset.ca**

For more information about this and other employment opportunities, visit www.stolonation.bc.ca,
www.saset.ca or "friend" us on Facebook at SASET EAS

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.

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OUR
TEAM



LOCATIONS :

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- FORT ST. JOHN
- GOLDEN
- HOPE
- KAMLOOPS
- PRINCE GEORGE
- TERRACE
- TETE JAUNE CACHE
- VANDERHOOF

DO YOU WANT TO MAKE A DIFFERENCE IN ROAD SAFETY?

DO YOU WANT TO MAKE A POSITIVE IMPACT ON THE SAFETY OF BRITISH COLUMBIANS?

ARE YOU MECHANICALLY INCLINED?

ARE YOU READY FOR THE NEXT STEP IN YOUR CAREER?

THEN CVSE IS THE PLACE TO BE!

APPLY NOW



BANISTER PIPELINES JOBS

Send resumes to: employment@banister.ca

- * Bus/Rock Truck Driver
- * General Labourer
- * Operator Apprentice: Oiler
- * Welder Helper
- * Principal Operator: (Dozer/Excavator/Side Boom)



ALLTECK GROUP JOB POSTINGS



Candidates can apply online through our websites, on Indeed or send a resume:

Email: Indigenous@allteck.com
Indeed <https://ca.indeed.com/cmp/Allteck-Limited-Partnership/jobs>
Website: <https://allteck.com/about-us/careers/>

Job Title	Location	Closing Date
Powerline Technician	Burnaby	Always Hiring
Powerline Technician	Dawson Creek	Always Hiring
Powerline Technician	Saskatchewan	Always Hiring
Traffic Control Person (TCP)	Burnaby	Always Hiring
Traffic Control Person (TCP)	Vancouver	Always Hiring
Traffic Control Person (TCP)	Surrey	Always Hiring
Traffic Control Person (TCP)	North Vancouver	Always Hiring
Traffic Control Person (TCP)	West Vancouver	Always Hiring
Lane Closure Technician (LCT)	Burnaby	Always Hiring
Lane Closure Technician (LCT)	Vancouver	Always Hiring
Lane Closure Technician (LCT)	Surrey	Always Hiring
Lane Closure Technician (LCT)	North Vancouver	Always Hiring
Lane Closure Technician (LCT)	West Vancouver	Always Hiring



NOW HIRING CAMP POSITIONS



We're seeking a motivated individual for a camp position, available in Valemount and Blue River, BC.

- Salad/Sandwich Maker
- General Kitchen helper
- Camp Attendant

Position is a 20/10 rotation.
Full Time Position

APPLY TODAY!

Email - FrontecRecruitment@atco.com

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S'ólh Téméxw Guardian

(EXTERNAL)

Stó:lō Service Agency (SSA) requires the services of 2 (two) **S'ólh Téméxw Guardians** to fill a vacancy within the **Stó:lō Research and Resource Management Centre (SRRMC) Department**.

The **S'ólh Téméxw Guardian** is a motivated and collaborative individual, dedicated to advancing Stó:lō-led Indigenous stewardship of the land, water, and the natural and cultural resources within S'ólh Téméxw (Stó:lō traditional lands; the lower Fraser River watershed). The S'ólh Téméxw Guardian acts on behalf of the 17 Stó:lō First Nations of the S'ólh Téméxw Stewardship Alliance (www.thests.ca).

This position is primarily outdoors on the land and water. Work will include environmental monitoring and enforcement linked to Stó:lō policies and regulatory processes, natural and cultural heritage stewardship, recreation management and relations, cross-cultural awareness, research support, and Indigenous Monitoring for development projects including the Trans Mountain Expansion Project.

These positions will report to the Guardians Supervisor within the SRRMC's Land Stewardship Unit. The successful candidate will work out of the Central (Chilliwack) office.

QUALIFICATIONS/REQUIREMENTS:

- Relevant work or study experience in environmental monitoring, environmental studies, geography, land stewardship planning, fisheries, forestry, heritage studies, or a related field.
- Strong communication skills.
- Willing and able to work outdoors in different weather conditions and challenging terrain.
- Experience working collaboratively in a team setting.
- Ability to follow directions as well as work independently.
- Proficient computer skills, including a working knowledge of Microsoft Word, Excel, Outlook, and PowerPoint.
- Must be able to work irregular work hours, including 12-hour construction monitoring shifts and on evenings and weekends, as may be required from time to time.
- General understanding of Stó:lō culture, traditions, history, and current land/resource issues, and dedication to learning more.
- Good organizational, time-management skills, judgement, reasoning, and decision-making skills.
- Good observational and problem-solving skills to proactively identify hazards and ensure safety of self and others.
- Ability to respond effectively in emergency or major incident situations.
- Ability to manage conflict and effectively work with individuals who may be potentially agitated, upset, or demanding.
- Ability to collect data in the field and write detailed field activity reports.
- Ability to use radios, smart phones, tablets, InReach, and GPS, or a willingness to learn.
- Ability to operate and maintain a wide range of hand tools, power tools, vehicles, and equipment, or a willingness to learn.
- Ability to work in remote backcountry situations and travel by foot, all-terrain or other vehicles, watercraft, or aircraft.
- Ability to lift and move up to 20kg.
- Ability to take part in maintenance and repair activities.

Successful candidates will be required to provide the following if screened in for an interview:

- Proof of education documentation
- References: Three names and emails of recent supervisors
- Must possess and maintain a valid Class 5 BC Drivers' License
- Must successfully pass the required pre-employment Ministry of Public Safety and Solicitor General Check
- Must be fully vaccinated for Coronavirus/Covid-19 with a Federally approved vaccine
- Must successfully pass drug and alcohol testing and maintain passing results as an ongoing requirement of the position

SALARY RANGE:

\$26.00 - \$30.00 per hour based on qualifications/experience.

TYPE OF POSITION:

Full-Time Annual Term with benefits, subject to 3-month probationary period.

APPLICATIONS DEADLINE:

4:00 PM, Friday April 21, 2023

Candidates will be screened according to the qualifications/requirements. **Interested candidates are required to submit a resume and covering letter.** Please include position title on subject line. Send to:

Stó:lō Service Agency Personnel Department
Bldg. #8A, Floor #1 – 7201 Vedder Road
Chilliwack, BC V2R 4G5
Email: jobs@stolonation.bc.ca

For more information about this and other employment opportunities, visit www.stolonation.bc.ca

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.



Stó:lō Service Agency - Human Resource Office

Building #8-7201 Vedder Road
Chilliwack, BC V2R 4G5

April 4, 2023

WEBSITE AND DATA ENTRY CLERK – TARGETED WAGE SUBSIDY (TWS) (EXTERNAL)

Stó:lō Service Agency (SSA) requires the services of a qualified **Website and Data Entry Clerk** to fill a vacancy within the **Stó:lō Research and Resource Management Centre (SRRMC) Department**.

The **Website and Data Entry Clerk** within the SRRMC department will assist in all day-to-day operations. The position's Key Result Areas (KRAs) include operations support, as well as to:

- Learn, understand, and apply Indigenous data sovereignty principles.
- Work with Stó:lō Shxweli team members to identify material to be added to online databases/websites.
- Carefully listen and review/proof Halq'eméylem language files for completeness/accuracy, in conjunction with Stó:lō Shxweli team members.
- Upload files and enter data into online databases/websites.
- Participate in team language learning activities; share language knowledge with others.
- Support and attend Stó:lō Shxweli Halq'eméylem Program open houses and other public activities.
- Practice routine correspondence to the Language team on updates, and troubleshooting.
- Consistently track work through written summaries, or verbal reports.
- Handle routine updates of the website with support of supervisor.
- Review and maintain website for missing information and errors for correction.
- Coordinate with the team to continually create inventory of data to be entered.

This position will report to the SRRMC Operations Manager and will work out of the Central (Chilliwack) Office.

QUALIFICATIONS/REQUIREMENTS:

- Grade 12 education.
- Basic computer skills with ability to learn and follow instructions.
- Attention to detail.
- Willingness to learn and use the Halq'eméylem language in the workplace.
- Highly organized, flexible, and adaptable in a fast-paced office environment.
- Ability to work independently, with minimum supervision and within a team environment.
- Excellent verbal and written communication skills and proven ability to establish rapport with people of all educational and occupational backgrounds.
- Ability to maintain a healthy working relationship with staff, community representatives/members and representatives of other organizations, including collaboration with other SSA programs and staff as required.
- Maintain confidentiality guidelines of all records, materials and communications concerning clients, staff and SSA.
- Must be Aboriginal status/non-status, on/off reserve.
- Long term unemployed (3months or more).
- Not be receiving other Service Canada supports funding.

Successful candidates will be required to provide the following if screened in for an interview:

- Proof of education documentation
- References: Names and email addresses of three references (i.e., recent supervisors/managers)
- Must possess and maintain a valid Class 5 BC Drivers' License
- Must successfully pass the required pre-employment Ministry of Public Safety and Solicitor General Check
- Must be vaccinated for Coronavirus/Covid-19 with a Federally approved vaccine

SALARY RANGE:

\$22 per hour, commensurate with qualifications/experience.

TYPE OF POSITION:

Full-time with benefits, subject to 3-month probationary period.

APPLICATIONS DEADLINE:

Candidates will be screened according to the qualifications/requirements. **Interested candidates are required to submit a resume and covering letter.** Please include position title on subject line. Send to:

Stó:lō Service Agency Personnel Department
Bldg. #8A – 7201 Vedder Road
Chilliwack, BC V2R 4G5
Email: jobs@stolonation.bc.ca

For more information about this and other employment opportunities, visit www.stolonation.bc.ca

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.



April 4, 2023

Qwi:qwelstóm Justice Worker- Family Mediation
(EXTERNAL)

Stó:lō Service Agency (SSA) requires the services of a qualified **Qwi:qwelstóm Justice Worker- Family Mediation** to fill a vacancy with the **Qwi:qwelstóm Program**.

The Qwi:qwelstóm Justice Worker- Family Mediation assists the justice system, the Qwi:qwelstóm program and the Aboriginal communities to better serve the needs of Aboriginal people coming into contact with the law. Supports community-determined, culturally responsive mediation/dispute resolution, healing, and intervention for youth, families, intimate partners and/or community members with special attention in assisting the Qwi:qwelstóm Coordinator in the implementation and networking responsibilities of the Qwi:qwelstóm program.

Key Result Areas (KRAs): a) overall assistance in the Qwi:qwelstóm process: conducting intakes and assessments for referrals; b) maintaining working relations with various legal agencies and Stó:lō communities and c) monitoring medium to high-risk Aboriginal adults and youth on probation/bail/parole/CS etc.

QUALIFICATIONS/REQUIREMENTS:

- Minimum 2-3 years post-secondary education or equivalent on-the-job training.
- Must possess high school diploma or equivalent.
- Actual experience (minimum of 2 years) in any or all the tasks cited in the specific duties and responsibilities.
- Knowledge and experience in Stó:lō traditions, customs and culture/ various Stó:lō communities and family groupings.
- Ability to network and liaison with various staff from partnering legal agencies, maintaining close working relations with RCMP detachments, Crown Counsel, Legal Aid, BC Corrections, MCFD-Youth Justice, Stó:lō communities and other Stó:lō agencies.
- Ability to maintain up-to-date client files that adhere to standard set by the Justice Manager.
- Willing to partake in various training opportunities as identified by the Justice Manager.
- Ability to case manage and ensure the best approach to connect clients to appropriate services.
- Ability to maintain a healthy working relationship with staff, community representatives/members and representatives of other organizations, including collaboration with other SSA programs and staff as required.
- Must maintain the confidentiality guidelines of all records, materials and communications concerning clients, staff and SSA.

Successful candidates will be required to provide the following if screened in for an interview:

- Proof of education documentation
- References: Three names and emails or phone numbers of recent supervisors
- Must hold and maintain a valid Class 5 BC Drivers' License
- Must successfully pass the required pre-employment RCMP Criminal records Check
- SSA has implemented a mandatory COVID-19 vaccination policy, requiring all staff to be fully vaccinated

Salary Range: Will be based on qualifications/experience.

Type of Position: Full-time Term- April 2023 to March 31, 2024, subject to 3-month probationary period

APPLICATIONS DEADLINE: Until Filled

Candidates will be screened according to the qualifications/requirements. **Interested candidates are required to submit a resume and covering letter.** Please include position title on subject line. Send to:

Stó:lō Service Agency Personnel Department
Bldg. #8A, Floor #1 – 7201 Vedder Road
Chilliwack, BC V2R 4G5
Email: jobs@stolonation.bc.ca

For more information about this and other employment opportunities, visit www.stolonation.bc.ca

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.



CALL OUT FOR CATERING



Please send Quote, including charge per plate and contact information.
The caterer is responsible for providing plates, serving/eating utensils,
and condiments.

Seabird Island Events Department is seeking bids for:

[May 2, 2023](#)

Dinner- Salmon & Chicken

Including Salad & Dessert

Must include coffee, tea, juice, & water

PLEASE AVOID STYROFOAM USE

Please Email to events@seabirdisland.ca

Subject: 05-02-23 Catering



TRAINING OPPORTUNITIES



Sto:lo Aboriginal Skills & Employment Training



BASIC COMPUTER SKILLS WORKSHOP

If you are Aboriginal, underemployed, or unemployed and you want to learn the basics of how to use a computer, this workshop is for you!

Book an appointment with your SASET Employment Counsellor to sign up!

JOIN US EVERY
TUESDAY AND THURSDAY
9 AM—12PM

Building 5B - 7201 Vedder Road

Chilliwack, BC

Phone: 604-858-3691 Email: info@saset.ca

Basic Computer Skills & Knowledge

How To Use the Internet

Email

Word Basics

How To Use a Laptop

Sto:Lo Aboriginal Skills And
Employment Training

5B-7201 Vedder Rd

Chilliwack, BC V2R 4G5

604-858-3691

Toll Free: 1-888-845-4455

www.saset.ca

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Move Into a New Career

Start your journey to a new career.

Heavy Equipment Operator Training

- 12 Week Heavy Equipment Operator Training
- Fully Funded Program
- For Indigenous Peoples - Status, Non-Status, Métis and Inuit

** Must have Driver's License and access to a vehicle*

Enroll by April 28th, 2023

Call Today!

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- 8 Week Essential Skills
- 26 Week Technical Training
- Paid 4 Week Work Placement
- Fully Funded Program
- For Indigenous Peoples - Status, Non-Status, Métis and Inuit

Enroll by April 28, 2023

Call Today!

604-251-7955



Wildland Fire Fighting Training

Start your journey to a new career.

Learn how to fight forest fires!

- Entry level training
- Physically fit and able candidates are encouraged to apply
- Steel Toe Boots, meals and allowance (if eligible) provided
- For indigenous Peoples - Status, Non-Status, Métis and Inuit
- Training May 15th - June 2nd, 2023

Enroll by May 12th, 2023

Call Today!

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budgeting?

Advice you
can bank
on!



WORKSHOP

Save
money, and
money will
save you!

Lets talk
money!

INDIGENOUS

FINANCIAL

RESILIENCE

FOR MORE INFO
OR TO REGISTER



**THURSDAY, APRIL 13TH, 2023 AT
9:00AM-3:00PM**

**TO REGISTER, PLEASE CALL 604-858-0009
OR EMAIL [SSMITH@STOLOCF.CA](mailto:ssmith@stolocf.ca)**

**HELD IN-PERSON AT
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DEROCHE, BC, V0M 1G0**

Consider Joining the Fraser Valley Regional District's Dedicated Team of Volunteer Firefighters!

Volunteer firefighters are your neighbours, co-workers and friends. They are caring and dedicated individuals who are prepared to come to your aid whenever they are called to do so. We rely heavily on our volunteers to assist with fire protection in the small rural communities of our electoral areas.

We are always looking for new members.

If you're interested in exploring this exciting and rewarding opportunity further, fill out the [Volunteer Firefighter Application form](#) and email it to jobs@fvrd.ca.

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Be Where the World is Going



Digital literacy is a valuable skill set that supports life-long learning and increases employability. Learn to use technology to effectively find information, communicate, and apply for work.

Digital Literacy OPENS DOORS

Join this **FREE** online program to learn digital tools for daily living and employment purposes. Coaches are available to help you be successful!

Please note:
Training is available from Youth to Elders.

Contact Stó:lō Aboriginal Skills & Employment Training (SASET) at info@saset.ca or 1-888-845-4455

Laptops available to borrow if you need one!



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Sto:lo Aboriginal Skills & Employment Training is pleased to offer:

TRAFFIC CONTROL PERSON TRAINING

Are you interested in pursuing a career as a flagger or traffic control person?

Are you an Indigenous person residing in the SASET catchment area?

Are you unemployed or underemployed?

Are you willing to commit to two days of training?

If so... We are presently accepting applications for this training opportunity. There are a limited number of seats so don't delay in scheduling an appointment with an employment counsellor today!



April 17 & 18, 2023

8:00 am to 4:00 pm

Training will take place on-site at:

5B—7201 Vedder Rd, Chilliwack BC V2R 4G5

SASET - Chilliwack Office

5B-7201 Vedder Road

Chilliwack, BC

Phone: 604-858-3691

Sts'ailes Employment Centre

4690 Salish Way

Agassiz, BC

Phone: 604-796-5536

Seabird Employment Centre

2895 Chowat Road

Agassiz, BC

Phone: 604-796-6865

For more information, contact us:

 **604-858-3691**

 **www.saset.ca**

 **info@saset.ca**

 **www.facebook.com/SASET.EAS**

FIND US ONLINE:

Sto:lo Aboriginal Skills & Employment Training is pleased to offer:

Wildlands Fire Fighting

May 15th—26th, 2023

LUNCH, AND TRANSPORTATION SUPPORTS PROVIDED!



- For Indigenous individual who reside in SASET's catchment area and have an interest in Wildlands Fire Fighting
- Must be willing to commit to a 2-week full-time program
- Physically fit and able candidates are encouraged to apply



Call Today!
604-858-3691

SASET - Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

Sts'ailes Employment Centre
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

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Phone: 604-796-6865

FIND US ONLINE:

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 [@CHEAM.FN1](https://www.instagram.com/CHEAM.FN1)

 [@CHEAM_FN](https://twitter.com/CHEAM_FN)

Reaching Independence Through Employment (RITE)

Program Includes:

- 2 Week Group based Workshop Series
- Individual Employment Counselling
- Support accessing Community and/or Government services
- Life and Employability Skills Training
- Essential Skills Training
- Career Decision Making
- Vocational Assessments



April 17th—28th, 2023

5B 7201 Vedder Road, Chilliwack

Monday—Friday 10am—2pm

Lunch will be provided!

\$100 Gift Card will be given to participants that complete the 2-week training program!!

To register please call 604-858-3691 or email info@saset.ca

This is open to all on-reserve Income Assistance clients from Aitchelitz, Matsqui, Popkum, Skowkale, Shxw'ha:y Village, Tzeachten, And Yakweakwioose.



Indigenous Services
Canada

Services aux
Autochtones Canada

Shannon Smith
SCF Business Analyst



Are you interested in starting a business?

Book a free and
confidential appointment
with Shannon Smith to
learn how!



ssmith@stolocf.ca



(604) 824-5278



Community
Futures Sto:lo

Reclaiming My Language

Reclaiming My Language is a course to assist silent speakers to reclaim their language

DEADLINE: MAY 31, 2023

Funding up to \$35,000

The course runs 10 weeks for up to three hours each week. It uses Cognitive Behavioral Therapy and offers supports for silent speakers, including tools and coaching to help them move forward in a good way to reclaim their language.

Program Contact

Melinda Pick, Language Program Associate

rml@fpcc.ca

For more information and guidelines, visit: **fpcc.ca/rml**

fpcc.ca/grants

FIND US ONLINE:



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[@CHEAM.FN1](https://CHEAM.FN1)

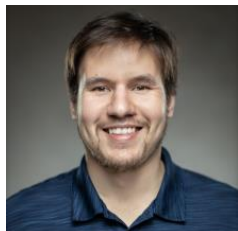


[@CHEAM.FN](https://CHEAM.FN)



Industry Internship Program for Indigenous High School Students

Summer 2023



"We are providing First Nation youth a foundational skillset to become leaders in the technology field and support their communities".

**– Brenden Mercer, FNESS Decision Support Manager
2023**

The 8-week Program Includes

A **SALARY** and a **LAPTOP** to keep

Learn Technology & Professional Skills

Cloud | Cybersecurity | Data Analytics
Customer Service | Financial Literacy

Speaker Series with Inspirational Leaders

Chiefs | Indigenous Leaders | Industry Executives

Work Experience through an Industry IT & Data Project

Network with High School Interns across Canada

The Program Details



July 3rd –
August 25th



Monday – Friday
10AM – 3PM



Check out the tools of
tomorrow you'll
develop in Summer

Don't miss out, please reach out!

No Previous Experience Required.

For more information, contact

Tammy Dong
tdong@fness.bc.ca
By April 21, 2023

IndigenousTech.ai
Canadian Government (PSIB) Certified Indigenous Controlled Company



**First Nations'
Emergency Services Society**
OF BRITISH COLUMBIA

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PRE-EMPLOYMENT HOSPITALITY WORK SKILLS TRAINING PROGRAM

APRIL 17 - 21, 2023
SQEMEL LALEM CAMP
HOPE, BC

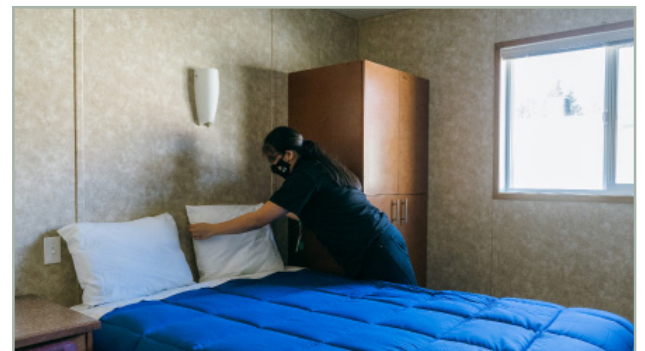
This **free five day immersive program** is designed for Indigenous Participants interested in kick-starting their career in workforce camp hospitality.

The Pre-Employment Skills program will include:

- An introduction to Workforce Hospitality
- Required certification and training
- Health and safety in the workplace
- Camp specific policies and roles
- Kitchen equipment and safety
- Cooking methods and nutrition
- Job shadowing
- Professional development

Upon program completion, participants will be invited to apply to work at Sqemel Lalem Camp in Hope, BC.

The program is open and free to Indigenous persons living in BC, age 19 or older. Meals, accommodation, and training is included.



To apply, scan QR or visit:
<https://bit.ly/40iczKn>

For questions contact Kim:
kwestlake@landseacamps.com



LANDSEA



TRANSMOUNTAIN

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Social Assistance Cheque Schedule 2023

Cheque	Renewals Due By:	Ck. Release Date	Mid-Month 2
January 2023	December 15, 2022	December 21, 2022	January 14, 2023
February 2023	January 14, 2023	February 1, 2023	February 15, 2023
March 2023	February 15, 2023	March 1, 2023	March 15, 2023
April 2023	March 15, 2023	March 31, 2023	April 14, 2023
May 2023	April 14, 2023	May 1, 2023	May 15, 2023
June 2023	May 13, 2023	June 1, 2023	June 15, 2023
July 2023	June 15, 2023	June 30, 2023	July 14, 2023
August 2023	July 15, 2023	August 1, 2023	August 15, 2023
September 2023	August 15, 2023	September 1, 2023	September 15, 2023
October 2023	September 15, 2023	September 29, 2023	October 13, 2023
November 2023	October 14, 2023	November 1, 2023	November 15, 2023
December 2023	November 14, 2023	December 1, 2023	December 15, 2023



FIND US ONLINE:

2023 CHEAM EDUCATION AWARDS CEREMONY SURVEY

Please help us prepare for the Education Awards on June 3, 2023. Whether you/your child(ren) can attend or not, please answer the questions below to be entered into an early-bird draw for prizes (if submitted by May 1, 2023).

Parent's Contact Information

Name: _____

Address: _____

Email Address: _____

Phone Number: _____

2. What are your (school-age) children's names, school & hoody sizes?

(if not attending hoody can be picked up/shipped for out-of-towners)

Name: _____ School/Grade: _____ Size: _____

Name: _____ School/Grade: _____ Size: _____

Name: _____ School/Grade: _____ Size: _____

Name: _____ School/Grade: _____ Size: _____

3. Will your (school-age) children be attending the June 3rd ceremony & lunch?

Yes or No

4. Will you/your (non-school age) family be attending the June 3rd ceremony & lunch?

Yes or No

If so how many? _____

Please return to the band office attn: Cori Victor