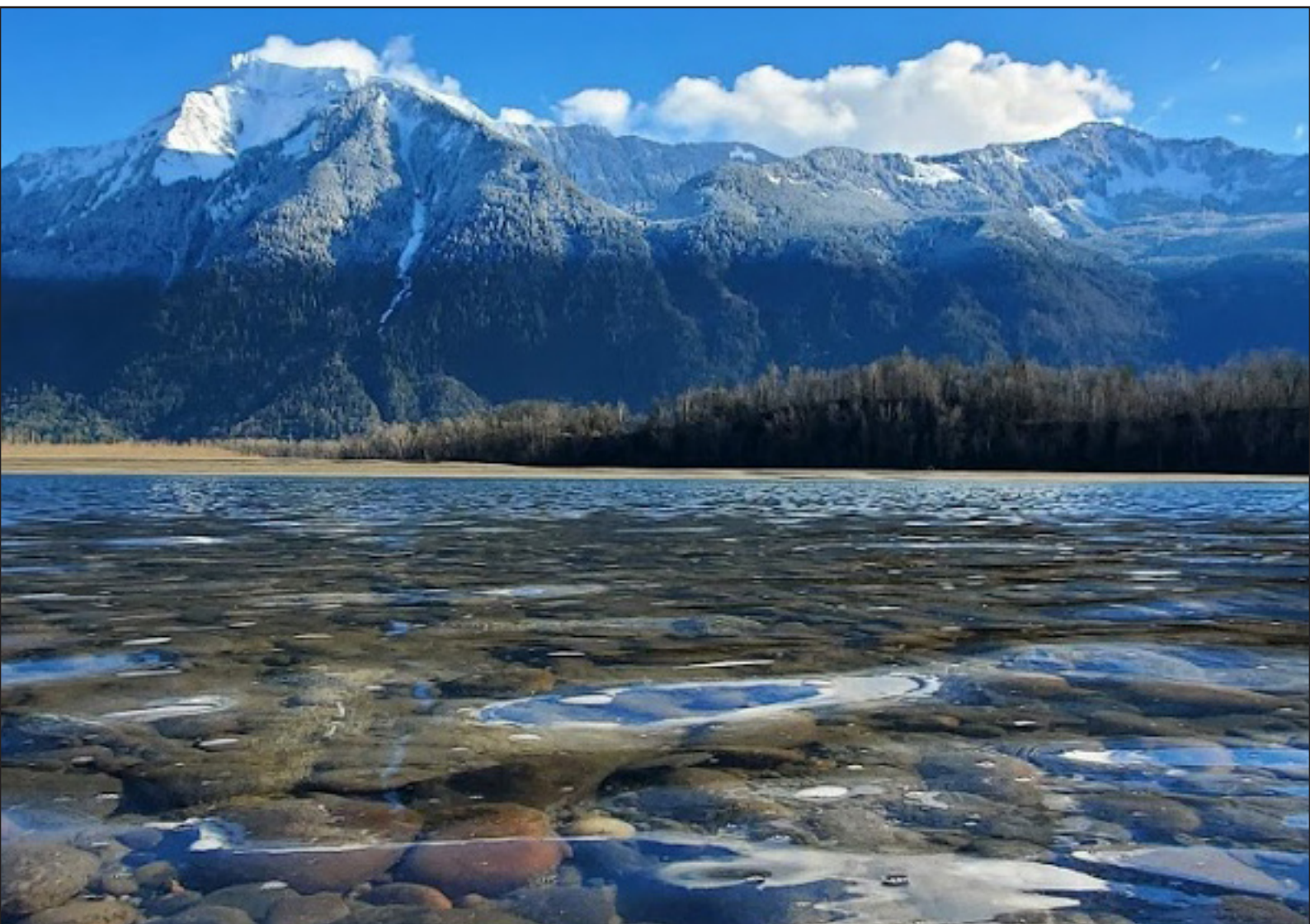




# XWCHÍYÒ:M

## CHEAM FIRST NATION

COMMUNITY NEWSLETTER: February 10, 2023



### NEWSLETTER SECTIONS

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### XWECHİYOM XWEXWILMEXW SXWE EYELH

Kwetskwetsmet lis cha xwal letse sqwalewels ye xwe chiyom Xwexwilmexw;

Xw' eyehls cha ye mekw' wat ite xwech'l yom qesu texw eweta o kw'e tl' e met Te ewpi: I qaste qel sqoqe;

Temtames mami:yelhtel ya sq'eqotel qelu lam xwe xwe'eyelf iyolem kw'e o'hletem xwela Ye'mi cha

Temtames lis cha mekw yoyes ye alyem eweta Shxwlistexwes Te xwelitemelh Temtames chasu qexs a: li lalalem xwela kw'e mekw wates

Qas temtames cha xwe'eyems Te temexws qasu ey xwela ye xwechiyom

### CHEAM VISION STATEMENT

We the people of Cheam are committed to developing a united and harmonious community. We respect individual's diversity and promote a healthy, self-sufficient lifestyle. We need one another and value one another's views. In appreciation of our uniqueness, we foster mental, physical, emotional and spiritual wellbeing. In doing so, we strive to build pride, dignity and respect amongst our people.

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# ADMINISTRATION NOTICES/UPDATES

## UPOMING CHEAM EVENTS:

<b>February 12 &amp; 26</b>	Trev's Flea Market 8:30 - 2:30pm
<b>February 13</b>	MOTI dinner with Members 5:30pm
<b>February 14 &amp; 28</b>	Cheam Regular Council Meeting
<b>February 15 &amp; 22</b>	LGBTQ Awareness Workshop 10a-12p
<b>February 20</b>	Band Office Closed for Stat Holiday
<b>February 21</b>	Cheam Elders Meeting & Luncheon
<b>February 24</b>	Health Wing Closed for Suicide Prevention/ De-escalation trainingfor all Cheam Health staff

## Band Office Department Updates Strong Families Recreation

January was a busy month getting activities/events up and running, all were very successful.

- We had ISPARC Archery come out and teach the youth all about Archery, the Coach said "the first time in Archery History all the participants were right eyed shooters" he thought that was very interesting!
- We made Ribbon Skirts - it was all our first time making one and they turned out beautiful. We are definitely going to bring this back for those who missed out on this time around.
- We had a big group of youth and parents make their own stick game set! All ready for when we have a mini stick game tournament in the spring/summer.



**Upcoming events** (*Dates TBD*): Science World, Tubing at Sasquatch Mountain, Bus tour with Sonny Mchalsie, Capilano Suspension Bridge, and a Babysitting course.

**My goals for this year** are to bring everyone together, youth and their families, learn new things, and have fun! Any ideas for workshops, outings, or cultural activities are welcome!

We are also still creating a list of childminders and caterers for small events, all inquiries are to be sent to Cori Victor at [cori.victor@cheamband.com](mailto:cori.victor@cheamband.com).





## INVITATION TO PARTICIPATE ~ February 13, 2023 @ 5:30pm

**The Ministry of Transportation and Infrastructure would like community feedback** before doing the planning and budgeting for the Highway 9 Corridor improvements. It is crucial that they know the impact and safety issues Cheam Members have travelling/walking the bridge and highway between Hwy 1 and Harrison Hot Springs.

We are trying to encourage a new standard for consultation and engagement with Cheam Members so your participation is greatly appreciated.

Dinner will be at 5:30pm in the Cheam gym with any presentations and feedback gathering to follow. Please RSVP to Luana at

[councilexecassist@cheamband.com](mailto:councilexecassist@cheamband.com), or by calling the band office. This meeting is open to Cheam Community & Band Members only.



**[Member Zoom Link](#)**

## First Nations Drinking Water Settlement

At the back of this newsletter ([page 45](#)) is a list of Members/Community Members that have been included in Cheam's submission to the Boil Water Advisory Class Action Lawsuits. As part of an action item of Council, we are to post the attached information on Cheam's social media/Newsletter to allow for the Members to review if their name was missed. If so you can fill out the forms , or get the blank forms from the Band Office. (Cheam has submitted a BCR and a list of the attached names already) Individual submissions must be sent by the **Deadline of March 7, 2023.**



If members need help filling out the form or have questions, they can contact the Claims Administration Team at 1-833-252-4220 or Rachel or Kelsy at the Band Office.

**Website for additional information:**

**<https://firstnationsdrinkingwater.ca>**



## **CALL FOR EXPRESSION OF INTEREST ~ CHEAM FIRST NATION TRUSTEE**

**January 20, 2023** - Currently, the Council is looking to appoint two trustees through this expression of interest. One will be appointed for a three-year term and the other a two-year term.

The Cheam First Nation established a trust in January 2020 to preserve funds held in the trust for the betterment of the people of the Cheam First Nation for future generations.

It is intended that the Trustees be guided by the following core Cheam principles:

- We the Cheam have lived here for thousands of years. We have never ceded or surrendered title to our lands, rights to our resources, or authority to make decisions within our territory.
- We are the keepers of our land, water, and resources for Cheam members now and for generations to come.
- Our culture and spiritual teachings are fundamental to our well-being. The best way to preserve our traditions and culture is to practice them in everyday life.
- We reaffirm, assert, and exercise our inherent rights and powers to govern ourselves, our land and our resources.
- We the Cheam will preserve the capital contributions to this Trust for the betterment of the Cheam people now and for future generations, and we will use the income and capital gains for the investment of the Trust Funds in accordance with this Trust.

### **ROLE OF A TRUSTEE:**

- Develop policy
- Manage investments, e.g. the Future Generations Fund and the Economic and Community Development Fund
- Work closely with fellow Trustees, CFN leadership & Investment Advisors
- Prepare and present reporting to CFN Council/leadership
- Allocate investment income

Xwchíyò:m have lived in S'ólh Téméxw for thousands of years. We have never ceded or surrendered title to our lands, rights to our resources, or authority to make decisions within our territory.





## TRUSTEE QUALIFICATIONS

The Leadership shall, by way of a Cheam First Nation Resolution, appoint at least three but not greater than nine persons as Trustees or one company duly incorporated and licensed to carry on the business of a Trustee as defined herein. Where persons are appointed as Trustees, the composition of such shall meet the following qualifications:

- all Trustees must be 19 years of age or older;
- at no time shall Leadership or executive who report directly to Leadership account for greater than 40% of the Trustees, or a maximum of three of the Trustees, whichever is less;
- the majority of the Trustees must be residents of Canada;
- the majority of Trustees must be Members of the Cheam First Nation;
- a person is not eligible to be or continue to be a trustee if he or she has been convicted of an indictable offence. A person is not eligible to be or continue to be a trustee if he or she has been convicted of a summary conviction offence involving fraud, theft or false pretenses;
- a Trustee cannot be a citizen of the United States or other non-Canadian jurisdiction unless, in advance of the appointment or re-appointment, the proposed Trustee provides a legal opinion to Leadership and the Trustees that such non-Canadian citizenship will have no negative tax or residency effect on the Trust;
- the Chair of the Trustees must be a Member, but cannot be a member of Leadership or the executive who reports directly to the Leadership;
- all Trustees must be mentally competent. A Trustee shall be deemed mentally incompetent upon a physician providing a written medical opinion that the Trustee has lost his or her mental competence to make decisions regarding this Trust.
- none of the Trustees can be an undischarged bankrupt;
- be willing and available to work a full term

Thank you for considering this opportunity to ensure that the Trust Property is invested in and used prudently for current and future generations by playing a pivotal role as a Cheam First Nation Trustee.

All expressions of interest should be in to [councilxecassist@cheamband.com](mailto:councilxecassist@cheamband.com)  
no later than **February 28, 2023**.

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Come Celebrate Family Day and Join us for the

# COASTAL JAM

Bring your regalia, drums and rattles

Meal Provided

February 21<sup>st</sup>, 2023

5:30 p.m.

Location:

Seabird Island  
Band Office Gym

For more information, please contact:

*Maqwes*

*Siamet*

Gabriel Joe

Makayla Sam-Greene

604-819-9301

[makaylas@seabirdisland.ca](mailto:makaylas@seabirdisland.ca)

 Created by Seabird Island Communications

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**XWCHÍYÒ:M**  
CHEAM FIRST NATION

Dear Cheam Band Member,

We are establishing a new committee to assist Cheam First Nation with the development of a new Custom Election Code.

The committee needs to consist of the following:

- A Cheam Member of voting age living on Reserve
- A Cheam Member of voting age living off Reserve
- A Cheam Elder
- A Cheam Youth (18 years and under)

If you are a Cheam Member interested in participating in the Custom Election Code committee, please email [kelsy.fredette@cheamband.com](mailto:kelsy.fredette@cheamband.com) with why you would like to join, and what experience you have to offer. Alternatively, please feel free to write your contact information and answer on the back of this letter and mail it back to us.

All email and mailed responses will need to be received no later than February 7, 2023.

**Extended to February 15, 2023!**

Sincerely,

Cheam First Nation  
Chief, Council & Management

Xwchíyò:m have lived in S'ólh Téméxw for thousands of years. We have never ceded or surrendered title to our lands, rights to our resources, or authority to make decisions within our territory.

CHEAM First Nation | 52161 Victor Drive, Rosedale, British Columbia, V0X 1X1  
Phone: 604.794.7924 | [www.cheam.ca](http://www.cheam.ca)

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# CHEAM ELDERS CORNER

## GATHERING OUR MEMBER'S STORIES

**Phase 1** - In conversation with one of our Elders we have decided to try to catalogue and collect as many Eulogies as possible of those Cheam members that have passed on. Paper copies can be dropped off or mailed to the band office attention Harmony, or digital copies can be emailed to [harmony.poisson@cheamband.com](mailto:harmony.poisson@cheamband.com). If there was no Eulogy written or it has been lost, we would be honored to include their story in any form that you can provide.

## CHEAM ELDER'S CORNER SUBMISSIONS NEEDED!!

We are looking for your stories, pictures, prayers, songs, recipes, and knowledge! They can be submitted to Harmony at [harmony.poisson@cheamband.com](mailto:harmony.poisson@cheamband.com), or dropped off to the Band Office. Without your submissions we can't keep this section going...

## CHEAM ELDER'S MEETINGS 2023

February 21, 2023  
March 21, 2023  
April 18, 2023  
May 23, 2023  
June 20, 2023  
July 18, 2023  
August 15, 2023  
September 19, 2023  
October 17, 2023  
November 21, 2023



<u>Upcoming Birthdays</u>	<u>Birthdate</u>
Charlene G. Edwards	Feb. 16
Bruce P. Crey	Feb. 18
Vivian M. Williams	Feb. 23
Genevieve I. Douglas	Feb. 26
Judith D Douglas	March 1
Margaret Lolkema	March 5
Norah Newman	March 7
Judith E. Douglas	March 19

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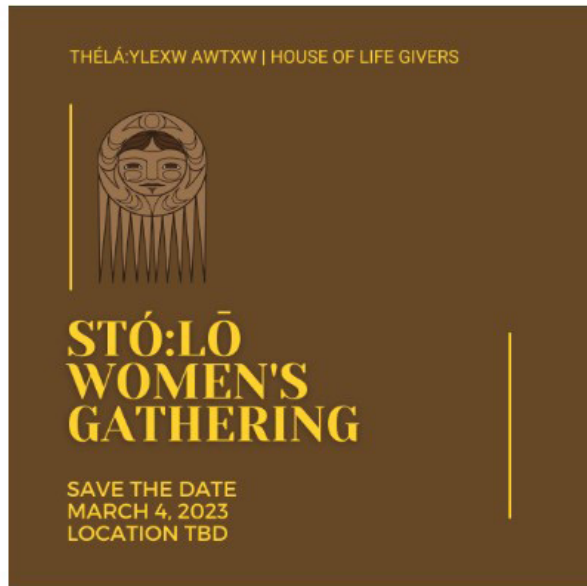


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## 2023 STÓ:LŌ WOMEN'S GATHERING



With MC's Carrielynn Victor and Courtney Russell,!

Stó:lō and Indigenous womxn living in S'ólh Téméxw are invited to the **Stó:lō Women's Gathering**, to be held in Chilliwack on March 4th, 2023. The location will be announced shortly.

Hosted by *Théla:ylexw Awtxw - House of the Life Givers*, this event is an opportunity to gather as womxn so we can reclaim, revitalize and restore our role in the community.

We hope you can join us to establish the leadership, learn about the work to date and look to the future. This invitation is for Stó:lō and Indigenous women in S'ólh Téméxw, the Stó:lō traditional territory from Yale to Langley, BC.

Save the Date: Saturday March 4, 2023

Y'alh Yexw Kw'as H:oy,  
Théla:ylexw awxtw | House of Life Givers  
A Stó:lō Women's Group

**REGISTER**

### PROFESSIONAL DENTAL CLEANING WITH SARA BABAEIN, BDSC, RDH – SMILES VAN

**February 23, 2023**  
**Time: 10:00-4:45**

New clients will  
receive a \$50  
electric tooth  
brush!

**Location: Cheam Multiplex**  
**52161 West Victor Drive**

- 45-minute appointments
- Dental Hygiene exam + Cleaning
- Full status coverage



Take Care of Your Teeth

10 spots available - Please book with Danica Giroux at Cheam Health 604-794-7927.

When booking please have the following information ready: Name, D.O.B., Address, and Status Number.



*Getting in shape shouldn't be a punishment. It's an amazing and empowering lifestyle decision that anyone can achieve."*



# CHEAM LADIES FITNESS NIGHTS

**February 7 & 21 6pm-7pm**

A beginner to intermediate level , full body blast, Cardio, full body weights, core and stretching.

- All equipment included
- Please dress appropriately
- Snacks and water provided
- Childminding available



RSVP to Cori 604-794-7927 or  
[cori.victor@cheamband.com](mailto:cori.victor@cheamband.com)

**Facilitator is:  
Breanne of  
[brefit.org](http://brefit.org)**

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# FREE SOMATIC TRAUMA THERAPY FOR CHEAM MEMBERS

## What is it good for?

People find it relieving for anxiety, depression, other uncomfortable feelings, even physical ones.

The goal of somatic trauma therapy is to drain some of the weight of the past in a safe way. We end up feeling lighter spiritually, physically, and emotionally. Somatic trauma therapy will be run in groups of 4 people, meeting weekly, for 12 weeks. Consider how committing to this program would affect other parts of life. Intake is ongoing.



## In small groups we learn to focus on the experience of the body using:

- Body focused grounding tools
- Present moment awareness
- Some learning about how emotions help with somatic therapy
- The last portion of the meeting is somatic trauma therapy. People are guided through the process of giving control of their body over to their body. There can be some shaking, or crying, or other involuntary movement or sounds. This is part of the body's instinctive process of resolving being traumatized. We aim to keep it as safe, and gentle as needed.

Information sessions are one on one with Winchester Victor. They can be booked with Diana Giroux (604)-794-7927 or Winchester: [winchester.victor39@gmail.com](mailto:winchester.victor39@gmail.com)



*"Being cut off from our own natural self-compassion is one of the greatest impairments we can suffer. Along with our ability to feel our own pain go our best hopes for healing, dignity and love."*

Gabor Mate'

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# Self-Care Workshop



Sto:lo Aboriginal Skills & Employment Training invites you to a

## Self-Care Workshop

- Understand self-care
- Identifying support networks and resources
- How to manage your mental health

**Snacks will be provided and a \$50 Gift Card will be given to participants for completing the entire 4 day workshop!!**

**To Register: Please call 604-858-3691 or Email [info@saset.ca](mailto:info@saset.ca)**

Date	Time	Location
February 16, 17, 23, and 24	9:00 am to 12:00 pm	SASET Office-Chilliwack
February 16, 17, 23, and 24	1:00 pm to 4:00 pm	Matsqui First Nation
March 13, 14, 20 and 21	9:00 am to 12:00 pm	S.A.Y Lands Office
March 13, 14, 20 and 21	1:00 pm to 4:00 pm	Tzeachten First Nation

***This is open to all on-reserve Income Assistance clients from Aitchelitz, Matsqui, Popkum, Skowkale, Shxwha:y Village, Tzeachten, And Yakweakwioose.***



Indigenous Services  
Canada

Services aux  
Autochtones Canada



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First Nations Health Authority  
Health through wellness

# First Nations Health Benefit Program

The First Nations Health Benefit (FNHB) Program covers specific medically necessary items, services, and travel that support First Nations peoples' health and wellness needs. The program is administered through partnerships with Pacific Blue Cross and PharmaCare.

## Eligibility

The FNHB Program is available to First Nations people with Indian status who live in BC and infants (up to 24 months) of an eligible parent. To access the benefits and coverage under the Health Benefits Program, First Nations people must first enroll in the program. Please call 1-855-550-5454 or visit [fnha.ca/benefits/eligibility](https://fnha.ca/benefits/eligibility) for more information on how to enroll.

## Health Benefits Coverage

The FNHB Program covers six benefit areas:



### DENTAL

The Dental benefit provides coverage for items and services to maintain good oral health, prevent cavities, gum disease, and restore damaged tooth function. Some items and services covered under the dental benefit are bridges, crowns, exams and x-rays, fillings, and preventive services.



### MEDICAL SUPPLIES AND EQUIPMENT

The Medical Supplies and Equipment (MS&E) benefit provides coverage for items and services needed in the short or long-term to support health and wellness. Some items and services covered under the MS&E benefit are bathing and toileting aids, hearing aids and repairs, limb and body orthotics, ostomy supplies, walking aids, and wheel-chairs.



### MEDICAL TRANSPORTATION

The Medical Transportation (MT) benefit assists with the cost of meals, accommodation, and transportation towards travel for a medical appointment outside your community of residence. The MT benefit may also cover travel escorts under certain conditions.







## MENTAL HEALTH

The Mental Health benefit covers in-person and virtual counselling services from a qualified mental health provider registered with the FNHB. Coverage is available for Mental Health counselling from four programs. The Mental Wellness and Counselling program is for Status First Nations individuals, while the Indian Day Schools Health Support Program, Indian Residential School Resolution Health Support Program, and Missing and Murdered Indigenous Women and Girls Health Support Services are available to both status and non-status individuals. Talk to your Mental Health Provider to determine the appropriate program for you.



## PHARMACY

The Pharmacy benefit, administered mainly through Plan Wellness (Plan W), provides coverage for medications and items that support First Nations people on their wellness journeys. The Pharmacy benefit covers specific prescription drugs, over-the-counter drugs, non-drug over-the-counter items, and Shingrix® vaccine. Please call 1-855-550-5454 to enroll in Plan W.

In addition to Plan W, the provincial agencies, including the BC Cancer Agency, BC Transplant, BC Renal Agency, and the BC Centre for Excellence in HIV/AIDS, provide specialty pharmacy items to all BC residents living with specific illnesses or conditions.



## VISION CARE

The Vision Care benefit provides coverage for items and services to ensure proper eye health and support access to preventative care. The benefit covers eye exams, sight tests, prescription eyewear and repairs.

## OTHER COVERAGE

### BC Medical Services Plan (MSP)

The FNHB manages MSP for First Nations people in BC. If you have status and need to register for MSP, call 1-855-550-5454.

### Ambulance Bills

The FNHB covers the cost of ambulance transport to a hospital in an emergency situation and from a lower level care facility to a higher level care facility (e.g., long-term care home to a hospital).

## View Your Plan Details

To check details about your coverage for dental, vision, medical supplies, and mental health, please create an online PBC Member Profile on [www.pac.bluecross.ca](http://www.pac.bluecross.ca) or download the PBC app on your smartphone or tablet. The PBC Member Profile offers convenient and secure access to detailed information about your benefits coverage 24 hours a day.

Please call Health Benefits at 1-855-550-5454, email [healthbenefits@fnha.ca](mailto:healthbenefits@fnha.ca) or visit [fnha.ca/benefits](http://fnha.ca/benefits) to learn more about the First Nations Health Benefits program and benefit coverages.



FRASER EAST RAPID ACCESS TO  
ADDICTIONS CARE

# INDIGENOUS OUTREACH

Our team can provide a range of services to support you in your substance use journey.

- HARM REDUCTION SUPPLIES
- INDIVIDUAL & FAMILY COUNSELLING
- SUBSTANCE USE TREATMENT REFERRALS
- NALOXONE TRAINING
- GRIEF AND LOSS SUPPORT
- GROUP THERAPY
- RESOURCE NAVIGATION

Are you struggling with substance use? Or know someone that does? Are you wanting support but unsure how to reach out?



First Nations Health Authority  
Health through wellness

**Office Phone:**  
**604-701-3660**



**fraserhealth**

Better health. Best in health care

We recognize Fraser Health provides care on the unceded and traditional territories of the Coast Salish and Nlaka'pamux Nations

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# YOUTH OPPORTUNITIES

**Hosted at the  
Cheam Band  
office**



## **Impacts on student learning**

**Come learn about cultural activities**

Cheam is hosting cultural activities here on Cheam for youth from grades K-12, come and learn about drumming, beading, and so much more! It will be every Thursday from 5:30pm-7:30pm.

**Contact Cori Victor  
For sign up or more info**

**604-378-4692 or [Cori.victor@cheamband.com](mailto:Cori.victor@cheamband.com)**





Are you interested in working with children?  
Do you have a love of reading and helping others?

# Become a Fostering Literacy tutor!

Hope Community Services is looking for 2 - 3 high school students who would be interested in tutoring elementary school aged children for 1 - 2 hours per week after school, 2 days per week, starting as soon as possible.

- » All training provided
- » Gain valuable experience
- » Sessions will take place at the Family Resource Centre
- » \$250 honorarium upon completion as well as a letter of reference

For more info, please contact Robin Wells at:  
[rwells@hopecommunityservices.com](mailto:rwells@hopecommunityservices.com) or call 604-869-2466 ext 105.

*Literacy is life, building skills that help  
people thrive throughout their lives.*



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Chilliwack Secondary  
Indigenous Department  
**Feb 21, 2023**

# Cultural Night

MINI POW WOW

**6:00PM Grand Entry**  
**Host Drum: Wild River**  
**MC: Marcella Sunshine**  
**Arena Director: Dakota James**

**Vendors Welcome**

Contact [rick\\_joe@sd33.bc.ca](mailto:rick_joe@sd33.bc.ca)



Light food plus  
Coffee & Tea



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CE Barry -  
October 11, 2022  
Kent Indigenous  
Learning Portable -  
October 24, 2022

CE Barry -  
November 14,  
2022  
Kent Indigenous  
Learning Portable -  
November 28,  
2022

CE Barry -  
January 9, 2023  
Kent Indigenous  
Learning Portable -  
January 23, 2023

CE Barry -  
February 6, 2023  
Kent Indigenous  
Learning Portable -  
February 13, 2023

CE Barry -  
April 3, 2023  
Kent Indigenous  
Learning Portable -  
April 17, 2023

CE Barry -  
May 8, 2023  
Kent Indigenous  
Learning Portable -  
May 15, 2023

# SD78 Culture Night

Ribbon dress sewing, storytelling, powwow dancing, cedar bark weaving, regalia sewing, and teachings.

**C.E. Barry and Kent Indigenous Learning Portable**

Time: 4:30 – 6:30 pm

Monthly gatherings with traditional teachings and food.

Children under 12 must be accompanied by a parent or guardian. Please register at <https://forms.office.com/r/r4Qzcnj8ds>



# YOUTH EMPLOYMENT PROGRAM



Are you an Indigenous youth interested in learning about employment, resumes, interview skills and preparing for the workforce?

This week-long program provides Indigenous youth, aged 15-19, with opportunities to learn about local businesses and gain skills that will help them prepare for the workforce.

Transportation  
supports &  
lunch provided

## What will I gain from this program?

- Knowledge about what types of employment and businesses you like the most.
- Connection and visits to local businesses to explore what employment could look like.
- A completed resume.
- More confidence in approaching employers and interviews.
- Excitement about entering your local workforce!

## What does a day in the program look like?

**Mornings:** In class learning about resumes, interview skills, how to dress, and more to help you prepare for employment.

**Afternoons:** In class presentations and field trips to local businesses for the change to see and experience first-hand what working at a local business looks like.



## REGISTRATION DETAILS

### DATE

March 20-24, 2023

### LOCATION:

S.A.Y. Lands Office  
7256 Chilliwack River Road,  
Chilliwack BC

### HOW TO REGISTER:

Contact the SASET office:  
604-858-3691  
Info@saset.ca

**Gain practical skills for your future job!**



B968

STÓ:LŌ ABORIGINAL SKILLS  
& EMPLOYMENT TRAINING &  
BUNGALOW 968



# SUMAS FIRST NATION WILL BE HOSTING **LACROSSE DEVELOPMENT SESSIONS**

**OPEN TO ALL SELF-IDENTIFYING YOUTH  
AGES 6 - 16**

**NO EXPERIENCE NEEDED**

**DATE: EVERY WEDNESDAY NIGHT, STARTING FEBRUARY 1 - 22**

**TIME: 6:30 PM - 8:30 PM.**

**WHERE: THE LANDING SPORTS CENTRE**

**(45530 SPADINA AVE, CHILLIWACK)**

**TRANSPORTATION WILL BE PROVIDED FOR ALL SUMAS FIRST NATION YOUTH\*\*\***

**EQUIPMENT WILL BE PROVIDED**

**DON'T FORGET TO BRING A WATER BOTTLE**

**REGISTER HERE:**



**jenna.noppen@sumasfirstnation.com**



**604-852-4041 Ext. 402**

**In-Partnership  
with:**



**FIND US ONLINE:**



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FEB 21 3:30-5:00  
LOCATION: CHILIWACK  
SECONDARY SCHOOL

# FAMILY GATHERING

BANNOCK TACOS

FOR YOUR DINNER TICKETS EMAIL

CSS-INDIGENOUS@SD33.BC.CA

We will have door prizes and dinner. Make sure you RSVP

Families and communities gathering to hear about services and local support services in Ts'elxweyeqw.

Want to see your report card and access office 365?  
Bring a device or use a school lap top.

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# EMPLOYMENT OPPORTUNITIES



## Come Work With Us at Cheam!

To apply to any of the jobs listed below, please visit our website, apply on **Indeed.ca**, or drop off your resume at the Band Office.

- **Early Childhood Educator**
- **Early Childhood Educator Assistant**
- **Executive Assistant**
- **Executive Director**
- **General Maintenance Worker**
- **Health Assistant/Medical Transport Driver**
- **Welness Advocate**

All other HR enquiries can go to **[tasnia.buchanan@cheamband.com](mailto:tasnia.buchanan@cheamband.com)**

Trans Mountain is committed to Indigenous and local inclusion. Please visit our website to view our current opportunities here:

**[Trans Mountain Opportunities: 50 current postings](#)**

Alternatively individuals interested in working directly for a Trans Mountain contractor are strongly encouraged to follow this link and populate the “Expression of Interest for Employment”:

**<https://csi.transmountain.com/csi/isinfo/>**



**TRANSMOUNTAIN**

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## **SASET Outreach Services** **on-site at Cheam First Nation** **Every Friday from 9:30am to 3:00pm**

### **Who are we?**

---

We provide Indigenous Employment and Training Services to First Nation working age population in the Fraser Valley Catchment area.

### **Who do we serve?**

---

If you are an Indigenous person and are either the following:

- Is un-under employed
- Student
- Employed but unable to meeting basic living requirements
- Resides in SASET's catchment area (Langley to Boston Bar and throughout the Fraser Valley; or with 3 communities in the Head of the Lakes)

### **Outreach Employment Services:**

---

Employment and Career Counselling  
Resumes and Cover Letters  
Education and training information  
Computer with internet access  
Job postings  
Employment Readiness  
Career Planning/Decision Making  
Labour Market Information

Scholarships, Grants and Bursary information  
Job Search assistance  
Applying online  
Employability workshops  
Basic Computer Skills Workshops  
And much more

**Lucinda Louie, Employment Counsellor**

**Phone or text: 778-684-1464 or email: [Lucinda.Louie@saset.ca](mailto:Lucinda.Louie@saset.ca)**

**Or email: [info@saset.ca](mailto:info@saset.ca)**

See our website for more information at [www.saset.ca](http://www.saset.ca)



FIRST PEOPLES'  
CULTURAL COUNCIL

JOIN OUR TEAM

≡≡≡ *We are Hiring!*

**Director of Information Technology**

**Open until filled**

**Language Program Coordinator (2 positions)**

**Language Program Assistant**

**Apply by February 17, 2023**

[FPCC.CA/ABOUT-US/EMPLOYMENT](https://fpcc.ca/about-us/employment)

**Apply now!** If you're Indigenous and passionate about statistics, research and data analysis, we have various positions to fill at every level.



**Indigenous  
talents  
wanted**



Government  
of Canada

Gouvernement  
du Canada

Canada



Sto:lo Aboriginal Skills & Employment Training is pleased to offer:

# Health Care Assistant

**Starting February 21,  
2023**

Monday to Friday; 1pm—6pm

**Hybrid in Chilliwack**  
**SPROTT SHAW COLLEGE**



**Are you an Indigenous individual who:**

- Is un- or under employed & resides in SASET's catchment area
- Can provide evidence of up-to-date Immunizations, COVID Vaccinations & clear TB test
- Can submit a criminal record check
- Completed English 10 or equivalent
- Is willing to commit to a 29-week full-time program

**If so... we are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with your Employment Counsellor!**



[www.saset.ca](http://www.saset.ca)



[www.facebook.com/SASET.EAS](https://www.facebook.com/SASET.EAS)



## TO APPLY PLEASE CONTACT SASET:

SASET—Chilliwack Office

5B-7201 Vedder Road

Chilliwack, BC

Phone: 604-858-3691

SASET— Sts'ailes Office

4690 Salish Way

Agassiz, BC

Phone: 604-796-5536

SASET—Seabird Office

2895 Chowat Road

Agassiz, BC

Phone: 604-796-6865

**Feb  
21<sup>st</sup>  
2023**

**TUES**

**1:00 PM -**

**3:00 PM**



## Trans Mountain Targeted Career Hiring Event!

**The Agassiz WorkBC Centre will be hosting an In Person Hiring Event featuring the Trans Mountain Pipeline Project!**

- Trans Mountain
- KBTP (Kiewit Corporation & Bonatti Construction Canada Inc. Partnership)
- Securiguard
- Michels Canada
- Banister Pipelines Limited

We encourage you to join us to learn more about upcoming employment opportunities and meet the Recruitment Teams in person. This event will provide you the opportunity to learn more about the various positions available from entry level to skilled labouring positions on the project that is situated from the Old Coquihalla Toll Booth area to Abbotsford.

**Register today: [TransMtnPipelineHiringEvent21.eventbrite.ca](https://TransMtnPipelineHiringEvent21.eventbrite.ca)**

WorkBC Centre Agassiz  
info-agassiz@workbc.ca

P: 604.796.0266  
7086 Pioneer Ave, Agassiz, BC V0M 1A0



This program is funded by the Government of Canada  
and the Province of British Columbia.

Ce programme est financé par le gouvernement du Canada  
et la province de la Colombie-Britannique.



**Feb  
23<sup>rd</sup>  
2023**

**THURS**

**1:00 PM -**

**3:00 PM**



## Trans Mountain Targeted Career Hiring Event!

The **Hope WorkBC Centre** will be hosting an In Person Hiring Event featuring the Trans Mountain Pipeline Project!

- Trans Mountain
- KBTP (Kiewit Corporation & Bonatti Construction Canada Inc. Partnership)

- Securiguard
- Michels Canada
- Banister Pipelines Limited

We encourage you to join us to learn more about upcoming employment opportunities and meet the Recruitment Teams in person. This event will provide you the opportunity to learn more about the various positions available from entry level to skilled labouring positions on the project that is situated from the Old Coquihalla Toll Booth area to Abbotsford.

**Register today:** [TransMtnPipelineHiringEvent23.eventbrite.ca](https://TransMtnPipelineHiringEvent23.eventbrite.ca)

WorkBC Centre Hope  
info-hope@workbc.ca

P: 604.869.2279  
895 Third Ave, Hope, BC V0X 1L0



This program is funded by the Government of Canada  
and the Province of British Columbia.

Ce programme est financé par le gouvernement du Canada  
et la province de la Colombie-Britannique.

**Feb  
24<sup>th</sup>  
2023**

**FRI**  
**1:00 PM -**  
**3:00 PM**



## Trans Mountain Targeted Career Hiring Event!

The **Chilliwack WorkBC Centre** will be hosting an In Person Hiring Event featuring the Trans Mountain Pipeline Project!

- Trans Mountain
- KBTP (Kiewit Corporation & Bonatti Construction Canada Inc. Partnership)
- Securiguard
- Michels Canada
- Banister Pipelines Limited

We encourage you to join us to learn more about upcoming employment opportunities and meet the Recruitment Teams in person. This event will provide you the opportunity to learn more about the various positions available from entry level to skilled labouring positions on the project that is situated from the Old Coquihalla Toll Booth area to Abbotsford.

**Register today:** [TransMtnPipelineHiringEvent24.eventbrite.ca](https://TransMtnPipelineHiringEvent24.eventbrite.ca)

WorkBC Centre Chilliwack  
info-chilliwack@workbc.ca

P: 778.860.5452  
200-45905 Yale Road, Chilliwack, BC V2P 2M6



This program is funded by the Government of Canada  
and the Province of British Columbia.

Ce programme est financé par le gouvernement du Canada  
et la province de la Colombie-Britannique.



Sto:lo Aboriginal Skills & Employment Training is pleased to offer:

# HEAVY EQUIPMENT OPERATOR



Canada

**TRANSPORTATION  
SUPPORTS AVAILABLE!**



## Are you an Indigenous individual who:

- Is un- or under employed
- Resides within SASET's catchment area
- Is willing to commit to a **12 week (3 days a week) 6:30am—4:30pm** program (Eight week Hydraulic Excavator Operator Course & four week Loader Backhoe Course)
- Has a valid class 5 or 7 drivers license & ability to get to the training site (Aldergrove)
- Preferably has some experience in operating equipment and/or construction



**Dates:** Various Intakes  
Starting January 26th 2023  
**Location:** Aldergrove BC

### SASET - Chilliwack Office

5B-7201 Vedder Road  
Chilliwack, BC  
Phone: 604-858-3691

### Sts'ailes Employment Centre

4690 Salish Way  
Agassiz, BC  
Phone: 604-796-5536

### Seabird Employment Centre

2895 Chowat Road  
Agassiz, BC  
Phone: 604-796-6865

**For more information, contact us:**



604-858-3691



[www.saset.ca](http://www.saset.ca)



[info@saset.ca](mailto:info@saset.ca)



[www.facebook.com/SASET.EAS](https://www.facebook.com/SASET.EAS)

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[@CHEAM\\_FN](https://twitter.com/CHEAM_FN)



Sto:lo Aboriginal Skills & Employment Training is pleased to announce the return of the

# CAREER AND HIRING FAIR

MC'd by DJ SupaSweet

**WEDNESDAY, FEBRUARY 22, 2023**

**10:00AM – 4:00PM**

**TZEACHTEN COMMUNITY HALL**

**ALL WELCOME!**

**FREE ADMISSION**



**Door  
Prizes!!!**

**CONTACT SASET FOR MORE DETAILS**

**604-858-3691 OR [INFO@SASET.CA](mailto:INFO@SASET.CA)**

**DON'T FORGET YOUR RESUMES!**

**IF YOU NEED ASSISTANCE WITH YOUR RESUME, PLEASE CONTACT SASET AT 604-858-3691  
AND ASK TO SPEAK WITH ONE OF OUR EMPLOYMENT COUNSELLORS**



Service  
Canada

FIND US ONLINE:



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[@CHEAM\\_FN](https://twitter.com/CHEAM_FN)





## Stó:lō Service Agency - Human Resource Office

Building #8-7201 Vedder Road  
Chilliwack, BC V2R 4G5

February 7, 2023

### OPERATIONS ASSISTANT (EXTERNAL)

**Stó:lō Service Agency** requires the services of a qualified Heritage Stewardship and Archaeology Unit **Operations Assistant** to fill a vacancy within the **Stó:lō Research and Resource Management Centre (SRRMC) Department**.

The Heritage Stewardship and Archaeology Unit **Operations Assistant** within the Stó:lō Research and Resource Management Centre (SRRMC) assists all day-to-day operations. The position's Key Result Areas (KRAs) are the following operations support, including:

- Monitor safety email
- Manage maintenance of safety equipment & vehicles
- Oversee Unit's Occupational Health & Safety Program
- Invoicing and permit applications
- Scheduling field work and tracking employee hours
- Maintenance & development of MS Access databases
- Preparing summary reports
- Maintain Unit's administration-related files & information
- Performance of other tasks as assigned & as so directed by the Unit manager

This position will report to the SRRMC Heritage Stewardship and Archaeology Manager. The successful candidate will work out of the Central (Chilliwack) Office.

#### **QUALIFICATIONS/REQUIREMENTS:**

- Post-Secondary education with courses in office administration/ management and related courses.
- Actual experience (minimum of 3 years) in any or all tasks cited in the specific duties and responsibilities.
- Necessary computer skills (MS EXCEL/ MS OFFICE/ MS ACCESS) supplemented by an aptitude for detailed work, ability to follow instructions, and possession of basic analytical skills.
- Must be highly organized, flexible, and adaptable in a fast pace office environment.
- Must be able to keep a good recording system.
- Must have the ability to work independently and with minimum supervision and within a team environment.
- Excellent verbal and written communication skills and proven ability to establish rapport with people of all educational and occupational backgrounds.
- Ability to maintain a healthy working relationship with staff, community representatives/members and representatives of other organizations. Including collaboration with other SSA programs and staff as required.
- Maintain confidentiality guidelines of all records, materials and communications concerning clients, staff and Stó:lō Service Agency.

#### **Successful candidates will be required to provide the following if screened in for an interview:**

- Proof of education documentation.
- References: The names, phone numbers, and email addresses of three referees (e.g., recent supervisors/managers).
- Must possess and maintain a valid Class 5 BC Drivers' License.
- Must successfully pass the required pre-employment Ministry of Public Safety and Solicitor General Check.
- Must be fully vaccinated for Coronavirus/Covid-19 with a Federally approved vaccine.

#### **SALARY RANGE:**

**\$20 - \$22 per hour**, commensurate with qualifications/experience.

#### **TYPE OF POSITION:**

**Full-time with benefits**, subject to 3-month probationary period.

#### **APPLICATIONS DEADLINE:**

**4:00 PM, Friday February 17, 2023**

Candidates will be screened according to the qualifications/requirements. **Interested candidates are required to submit a resume and covering letter.** Please include position title on subject line. Send to:

**Stó:lō Service Agency Personnel Department**  
**Bldg. #8A – 7201 Vedder Road**  
**Chilliwack, BC V2R 4G5**  
**Email: [jobs@stolonation.bc.ca](mailto:jobs@stolonation.bc.ca)**

For more information about this and other employment opportunities, visit [www.stolonation.bc.ca](http://www.stolonation.bc.ca)

*We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.*



## Stó:lō Service Agency - Human Resource Office

Building #8A-7201 Vedder Road  
Chilliwack, BC V2R 4G5

February 7, 2023

### **FAMILY OUTREACH WORKER / FET ADVOCATE** **(EXTERNAL)**

**Stó:lō Service Agency** requires the services of a qualified **Family Outreach worker**, with the official title of *Family Empowerment Team (FET) Advocate* to fill a vacancy with the **Family Empowerment Program** for the **Health Services Department**.

The *FET Advocate* provides an intervention program that delivers direct outreach, home visitation/in home parenting program (GGK), case management and advocacy services to low to high risk mothers. Low to high-risk mothers for this purpose are defined as women who have used or are at risk of using alcohol and/or drugs during pregnancy (the FET provides Doula services to pregnant clients on the program). The FET Advocate responsibilities are a collaboration of the Parent Child Assistance Program, Growing Great Kids Parenting Program and Indigenous Doulas. The Family Empowerment Program is a client centered program. Our mandate is to decrease the incidence of FASD in the community.

This position reports to the FET Coordinator. The successful candidate will work out of the Central (Chilliwack) office. Some travel may be required for this position.

#### **Qualifications/Requirements:**

- Minimum of 2 years of relevant post-secondary education and 2 years of community-based experience in related position or field is preferred.
- Must have experience dealing with substance abuse issues or other relevant issues.
- Strong written and verbal communication skills.
- Demonstrated ability to effectively engage with low to high- risk mothers and their families.
- Ability to conduct interviews covering extremely sensitive and confidential issues.
- Strong organizational and time management skills.
- Familiarity of local culture and history or ability and willingness to learn.
- Must possess a willingness to travel for training when needed.
- Ability for being organized and must have good coordination and monitoring skills and able to keep good recording system.
- Ability to work independently and with minimum supervision.
- Excellent verbal and written communication skills and proven ability to establish rapport with people of all educational and occupational backgrounds.
- Ability to maintain a healthy working relationship with staff, community representatives/members and representatives of other organizations.
- Maintain the confidentiality guidelines of all records, materials and communications concerning clients, staff and Stó:lō Service Agency.

#### **Successful candidates will be required to provide the following if screened in for an interview:**

- Proof of education documentation
- References: Three names and phone numbers of recent supervisors
- Must possess and maintain a valid Class 5 BC Drivers' License
- Must successfully pass the required pre-employment Ministry of Public Safety and Solicitor General Check.
- Stó:lō Service Agency has implemented a mandatory COVID-19 vaccination policy, requiring all staff to be fully vaccinated.

#### **SALARY RANGE:**

**\$25 - \$27 per hour**, based on qualifications/experience.

#### **TYPE OF POSITION:**

**Full-time Term Position with benefits**, subject to 3-month probationary period and planned performance evaluations.

#### **APPLICATIONS DEADLINE:**

**OPEN UNTIL FILLED**

Candidates will be screened according to the qualifications/requirements. **Interested candidates are required to submit a resume and covering letter.** Please include position title on subject line. Send to:

**Stó:lō Service Agency Personnel Department**  
**Bldg. #8A - 7201 Vedder Road**  
**Chilliwack, BC V2R 4G5**  
**Email: [jobs@stolonation.bc.ca](mailto:jobs@stolonation.bc.ca)**

For more information about this and other employment opportunities, visit [www.stolonation.bc.ca](http://www.stolonation.bc.ca)

*We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.*



## Work BC - Aggasiz/Kent 71 jobs

7086 Pioneer Avenue  
Agassiz, BC, V0M 1A0  
604-796-0266

[centre-agassiz@workbc.ca](mailto:centre-agassiz@workbc.ca)

<http://workbccentre-agassiz.ca>

# WorkBC

## Work BC - Hope 136 Jobs

895 3rd Avenue  
Hope, BC, V0X 1L0  
604-869-2279

[centre-hope@workbc.ca](mailto:centre-hope@workbc.ca)

<http://workbccentre-hope.ca>

## Work BC - Chilliwack 488 jobs

200 - 45905 Yale Road  
Chilliwack, BC, V2P 2M6  
778-860-5452

[centre-chilliwack@workbc.ca](mailto:centre-chilliwack@workbc.ca)

<http://workbccentre-chilliwack.ca>

## Consider joining the Fraser Valley Regional District's dedicated team of volunteer firefighters!



We Are Hiring. Apply Today!

Volunteer firefighters are your neighbours, co-workers and friends. They are caring and dedicated individuals who are prepared to come to your aid whenever they are called to do so. We rely heavily on our volunteers to assist with fire protection in the small rural communities of our electoral areas.

*We are always looking for new members.*

If you're interested in exploring this exciting and rewarding opportunity further, fill out the [Volunteer Firefighter Application form](#) and email it to [jobs@fvrd.ca](mailto:jobs@fvrd.ca).

FIND US ONLINE:

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# TRAINING OPPORTUNITIES

## 2023 Aboriginal BEST Application Form

Please complete this form to apply. Applications are open all Canadian First Nations, Métis and Inuit communities. The application Deadline is January 26th 2023, at 5pm. There are only 80 spots available.

After your application is received, we will contact you to schedule a brief 60 min virtual meeting for you to meet the program coordinators/instructor. Afterward, you will receive your letter of acceptance within two business days of that meeting.

Where: Virtual Classroom/Video Conferencing meeting via Zoom.

When: Class Schedule: For 6 weeks, Tuesdays, Wednesdays, and Thursdays, from February 21st - March 30th 2023, at 12pm - 4pm (Eastern Standard Time). Interactive classes are delivered online via Zoom.

1-on-1 Tutoring/Mentoring/Business Coaching via zoom focused follow-up period: March 31st - May 12th. 60-90 min at the participant's choice of time.

Tentative Graduation Ceremony via zoom Wednesday, May 31st 2022, at 6 pm.

Total Program Duration: February 21st - May 31st, 2023.

Your completed registration will be kept in strict confidence.

If you have any questions, contact the Indigenous Marketplace Coordinators: Andrea at [andrea.brockie@ncct.on.ca](mailto:andrea.brockie@ncct.on.ca), and Sarah at [sarah.whynot@ncct.on.ca](mailto:sarah.whynot@ncct.on.ca) or call us at 647-955-1235

[Register now](#)



Native Canadian Centre of Toronto  
**2023 Online Aboriginal BEST Program**  
Tuesdays, Wednesdays and Thursdays, February 21st - March 30th 2023  
12:00 pm- 4:00pm EST (Classes via Zoom).

**Business and Entrepreneurship Skills Training (BEST).**



**Dream your business.**      **Grow your business.**      **Run your business.**





# Wildland Fire Fighting Training

Start your journey to a new career.

**Learn how to fight forest fires!**

- Entry level training
- Physically fit and able candidates are encouraged to apply
- For indigenous Peoples - Status, Non-Status, Métis and Inuit
- Training March 15th - 31st, 2023

**Enroll by March 14, 2023**

**Call Today!**  
**604-251-7955**



# Be Where the World is Going

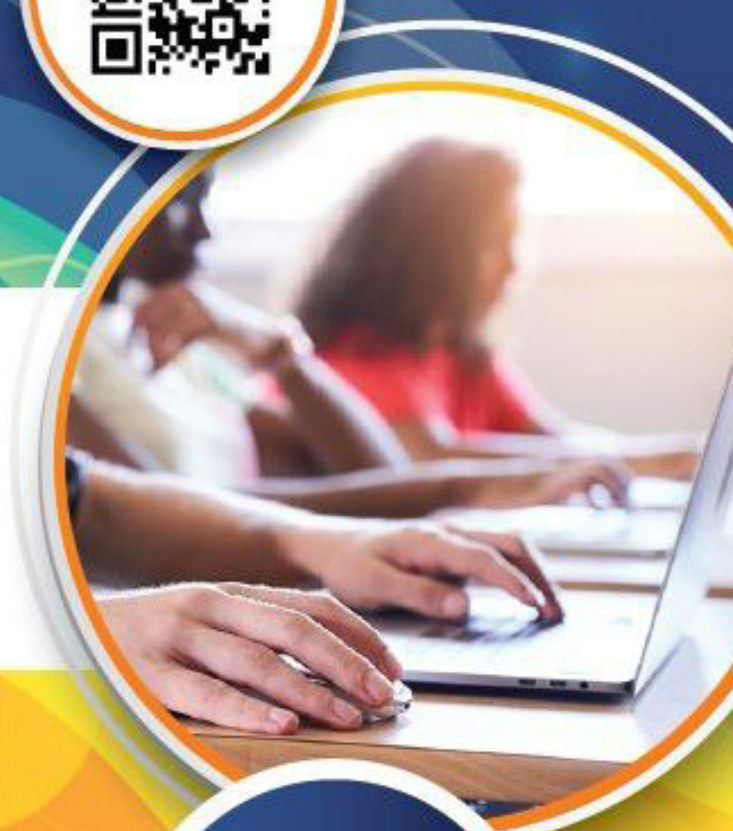


**Digital literacy** is a valuable skill set that supports life-long learning and increases employability. Learn to use technology to effectively find information, communicate, and apply for work.

## Digital Literacy OPENS DOORS

Join this **FREE** online program to learn digital tools for daily living and employment purposes. Coaches are available to help you be successful!

**Contact:** Shannon Smith  
**Phone Number:** 604-824-5278  
**Email:** ssmith@stolocf.ca



Please note:  
**Training  
is available  
from Youth  
to Elders.**





# LAND GUARDIAN 101 TRAINING

## 3-Day Introductory course for Land Guardians & Natural Resource Staff

Training is designed to prepare the guardian to observe, record and report offences within their caretaker area.

Focus is on setting the foundation for good investigative skills.

Intro to situational awareness when talking with resource users.



*To gain knowledge in Guardianship Training. Limited seats available: please RSVP before February 28, 2023. After February 28, registration will be open to our neighbouring communities.*

LEARN HOW  
TO WRITE  
PROFESSIONAL  
FIELD NOTES

HOW TO  
NAVIGATE  
THE HUNTING  
AND FISHING  
SYNOPSIS

PRACTICAL  
EXERCISES AND  
SCENARIOS

LEARN SAFE  
STRATEGIES  
WHILE  
ENGAGING WITH  
THE PUBLIC

LEARN BEAR  
ATTRACTANT  
MANAGEMENT

**Date:** April 4, 5, & 6, 2023

**Time:** 8:30 a.m. - 4:30 p.m.

**Location:** Seabird Island  
Band Office Gym

**Contact:**  
[lands@seabirdisland.ca](mailto:lands@seabirdisland.ca)

FIND US ONLINE:



[CHEAM.CA](http://CHEAM.CA)



[/CHEAM.FN1](https://www.facebook.com/CHEAM.FN1)



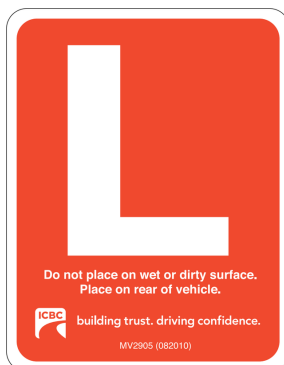
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[@CHEAM\\_FN](https://twitter.com/CHEAM_FN)



# Getting Your



## ***Driver's License Preparation Workshop***

### ***Is it time to write your "L"?***

***Studying from the manual can be confusing, but SASET can help! Sign up today for this fun and interactive workshop to help you study and feel more confident when you're writing***

**To sign up or for more information, contact us today at 604-858-3691 OR email [info@saset.ca](mailto:info@saset.ca)**



### **One Day Workshop**

**Date: February 17th, 2023**

**Time: 9:00AM to 3:00PM**

**Location: Building 5B 7201  
Vedder Road, Chilliwack,  
BC (SASET Office)**

**Canada**



# Reclaiming My Language

Reclaiming My Language is a course to assist silent speakers to reclaim their language

**DEADLINE: MAY 31, 2023**

**Funding up to \$35,000**

The course runs 10 weeks for up to three hours each week. It uses Cognitive Behavioral Therapy and offers supports for silent speakers, including tools and coaching to help them move forward in a good way to reclaim their language.

## Program Contact

Melinda Pick, Language Program Associate

**[rml@fpcc.ca](mailto:rml@fpcc.ca)**

For more information and guidelines, visit: **[fpcc.ca/rml](https://fpcc.ca/rml)**

**[fpcc.ca/grants](https://fpcc.ca/grants)**

FIND US ONLINE:



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# EMPLOYMENT PREPAREDNESS PROGRAM



**The Employment Preparedness Program helps you build confidence, gain certifications, and prepares you for employment in entry level positions.**

## What life skills will I gain? What will I learn?

- How to conduct yourself as a professional
- Confidence in yourself
- Communication skills and etiquette
- How to work as a member of a team
- Workplace safety
- Customer service skills
- Practice handling cash and processing financial transactions
- Learning about basic nutrition
- How to prepare for job interviews
- Personal presentation

## What bonuses or supports are available?

- Daily lunch
- Daily transportation
- Purchase of PPE for successful job placement



## Which certificates will I receive?



**SUPERHOST**



**EMERGENCY  
FIRST AID  
LEVEL 1**



**FOODSAFE  
LEVEL 1**



**WHIMS**



STÓ:LŌ ABORIGINAL SKILLS  
& EMPLOYMENT TRAINING &  
BUNGALOW 968

## REGISTRATION DETAILS

### DATE

February 27 - March 10

### LOCATION:

SASET Office  
5B-7201 Vedder Road,  
Chilliwack BC

### HOW TO REGISTER:

Contact the SASET office:  
604-858-3691  
Info@saset.ca

Sto:lo Aboriginal Skills & Employment Training  
is pleased to announce

## Information Session with Fraser Health

**Are you interested working as Staffing Clerk for Fraser Health:**

- Starting wage between \$ 26.50-\$27.77 per hour
- Job opportunities through the Fraser Valley
- Remote work maybe available

**Come join Fraser Health and SASET for an Information Session  
on free training opportunities!!**

**The free 5-week Workforce Scheduling Program with Fraser Health  
Starting March 27, 2023 include:**

- ♦ Last 3-weeks the training paid practicum
- ♦ Possible Employment Placement after the Program

**Come join and meet Fraser Health recruiter to register!!!**

**Location: Sto:lo Aboriginal Skills & Employment Training  
5B-7201 Vedder Road, Chilliwack BC  
February 15, and/or March 1, 2023  
1:00pm to 2:30pm**

**For more information please contact [info@saset.ca](mailto:info@saset.ca) or call 604-858-3691 to sign up.**



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STILLWATER  
CONSULTING

## NEXTGEN BUSINESS TRAINING

Please fill out the form online to be notified about future intakes of this program.

Fully funded <https://www.stillwaterconsultingltd.com/nexgen>

## WILDLAND FIREFIGHTING & SILVICULTURE TRAINING

Please fill out the form online to be notified about future intakes of this program.

Fully funded <https://www.stillwaterconsultingltd.com/wfst>

## WILDFIRE & INTEGRATED NATURAL RESOURCES TRAINING

- March 6, 2023 (Cranbrook, Nanaimo & Prince George)
- March 20, 2023 (Kamloops & Lower Mainland)

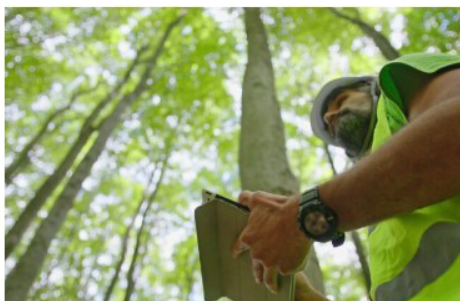
Fully funded <https://www.stillwaterconsultingltd.com/winr>

Explore microcredential options by industry and register today.

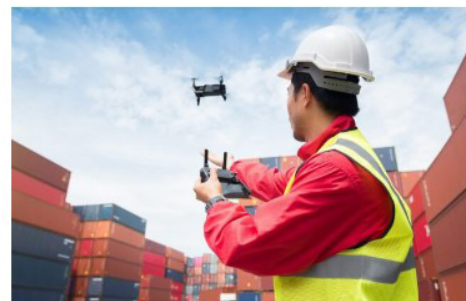
Quick Train Canada courses are offered by accredited education partners at select Canadian colleges across the country. Choose the overall industry and course topics that fit where your job or business is going in the future, and prepare for tomorrow today.



AGRICULTURE & AGRI-FOOD



NATURAL RESOURCES & ENVIRONMENT



TRANSPORTATION



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INDUSTRY DEVELOPMENT

Change is impacting every Canadian job sector. Take advantage of government-funded training at select Canadian colleges to gain the new skills you'll need. Courses as short as 8 weeks. Learn and earn to get ahead and stay there. Fully funded by the Government of Canada's Sectoral Workforce Solutions Program.

<https://quicktraincanada.ca>

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# BCCWITT is looking for Women to train as Security System Technicians

**BC Centre for Women in the Trades (BCCWITT)**, in partnership with the **Electrical Joint Training Committee (EJTC)** is recruiting participants for a fully-funded 24 week training program for **Security System Technicians (SST)**. Program starts **February 27, 2023**.

Security System Technicians are in demand. Graduates of the EJTC SST program install, maintain, repair and test equipment for intrusion alarms, camera and surveillance systems, card access and personnel monitoring, and home automation and entertainment systems.

## SST Program

The program is delivered over 24 weeks. Topics covered during training include electrical foundation, the Canadian Electrical Code, basic installation techniques and theories, installation and troubleshooting of intrusion alarms, surveillance cameras, card access and system integration.

## Eligibility

Women with interest in a career in the skilled trades. Must be unemployed individuals who have established a claim for Employment Insurance (EI) benefits, or who have had an EI benefit period that ended within the previous 60 months; or who have earned more than \$2,000 in insurable earnings and paid employee EI premiums on those earnings in at least 5 of the last 10 years (Note: the 5 years do not have to be consecutive years), OR who are BCEA Persons with Disabilities Clients or BCEA Non-Persons with Disabilities Clients; and who have an Action Plan (AP) that identifies PBLMT as a reasonable goal to support their occupational goal. Resident of BC, live in the Lower Mainland and can attend training at EJTC facility in Port Coquitlam. Pass RCMP Criminal Record Check. Industry Training Authority (ITA) eligibility with Grade 10 Science, Math and English.

**For successful participants funding covers:** Tuition, textbook, laptop, SST tool kit, PPE including steel toe boots, paid living supports, and opportunity to become a member of the International Brotherhood of Electrical Workers (IBEW) 213



**ELECTRICAL JOINT  
TRAINING COMMITTEE**

**For more information  
and to apply contact  
[info@bccwitt.ca](mailto:info@bccwitt.ca)**



This program is funded by the Government of Canada  
and the Province of British Columbia.



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# Boil Water Advisory Class Action Lawsuit

Eligible if Living on Reserve between the dates of:  
Oct 07, 2011 - Feb 01, 2013;  
Nov 06, 2013 - Jul 31, 2015

Cheam First Nation Members		
First Name of Individual (Required)	Middle Name of Individual (if applicable)	Last Name of Individual (Required)
ANNA	IONA	ALECK
ELIZABETH		PHILLIPS
AMELIA	KATHERINE	VICTOR
ELEANOR	LOUISE	STEPHENSON
GENEVIEVE	INEZ	DOUGLAS
HYACINTH (June)		QUIPP
PATRICIA	SARAH	VICTOR
SYDNEY	TREVOR JULIAN	DOUGLAS
RUSSELL		VICTOR
JUDITH	ELLEN	DOUGLAS
VINCENT	PATRICK	DOUGLAS
BEVERLEY	ANN	SHAW (Ryder)
GERALD		DAN
ARTHUR (Isaac)	ARTHUR LOUIS	ALECK
JUDITH	DORIS	DOUGLAS
DENISE	EDNA	DOUGLAS
GAIL	ELIZABETH	KOENIG
SUZANNE	MARIE GEORGETTE	AUCLAIR
RHONDA	ELLEN	TOMMY
LORRAINE	CAROLYN	BAILIE
DELLA	ANNETTE	VICTOR
FRANCINE	COLETTE	DOUGLAS
VIVIAN	MARIE	WILLIAMS
NORAH	ANNIE	NEWMAN
JAMES	FREDRICK	DAN
HENRY	ALEX	MURPHY
DAPHNE	ALICE	EDWARDS
CHARLENE	GERTRUDE	EDWARDS
LAVERNE	JEAN	VICTOR
KELLY	ANN	DOUGLAS
EUGENE	LYLE	VICTOR
PAUL	EDWIN	GIROUX
MURIEL	VIVIAN	VICTOR
BRENDA	LYNN	DOUGLAS
MYRON	LEE	DOUGLAS
ANIKO	IRMA	VARGA
ANGELA	ELISE	HAINES
MARK		GIROUX
KIRBY	DALE	HOURLIE JR
FREDERICK	WILLIAM	QUIPP JR.
JOANNE	MICHELLE SYLVIA	GIROUX
JEFFREY	RUSSELL	ALECK
ANGELA	RAE	HOURLIE
LEANNE	RENAE	PREST
TODD	KENNETH	WOOD
JACK		DOUGLAS
LYLE	GEORGE	EDWARDS
VICKI	ELAINE	NEWMAN
ROSALINDE	NADINE	PEARCE
DIANA	LOUISE	GIROUX
JUNE	BERNADETTE	JOE
RAYMOND	ALEXANDER	FOLLAND (Paul)
PAUL	EDWARD	NEWMAN
RUSSELL	ALBERT	WILLIAMS
ELIZABETH	LOUISE	VICTOR
SHEENA	MARIE	EDWARDS
ERIC	BOYD	ALEX
IAN	TRAVIS	DOUGLAS
ROBYN	NAN	COBON
CRAIG	CLARENCE LEE	DOUGLAS
CHEMAINE	CHARLOTTE	DOUGLAS
ISAAC	MONTGOMERY	BAILIE
RICHARD	ALLAN	ANGUS
ANGELA	CHRISTINE	DOUGLAS

MICHEL	TREVOR	DOUGLAS
GORDON	AARON	BAILIE
JONATHAN	LEE	EDWARDS
DUANE	KEITH WILSON	DOUGLAS
BILLI JO		PIKE
EVANGELINE	JOYCE	NEWMAN
AARON	DAVID	DOUGLAS
DANIEL	JAMES	CONNAL
CHRISTINA	MAY	DOUGLAS
GENE	DUNCAN	VICTOR
CHARLES	DEREK	NEWMAN
COLLEEN	CANDACE	GIROUX
CARRIE LYNN		VICTOR
DANIEL	NORMAN	EDWARDS
HARRY	JAY	CONNAL
GERALD	ROBERT	STEWART
FREDERICK	SIMON	BATT
JUSTIN	MARCEL	GIROUX
DARREN	EDWARD	VICTOR
ANDREA	MICHAELE	NELSON
JOSEPH	LEE	GIROUX
MORGAN	BRENT	HOURLIE
ROBIN		DOUGLAS
KEITH	FREDRICK	DAN
CRYSTAL	DIANE	DOUGLAS
IONA	GERALDINE	GIROUX
ASHLEY	LEE	ALECK
CHRISTIANNE	ALICIA	BATT
STEPHANIE	MARY	SHAW
GERMAINE		GIROUX
SARAH	JANE	ALECK
LOUISE	MARILYN	GIROUX
NATASHA	RAE	HOURLIE
WILLIAM	HENRY	QUIPP
WAYNE	JOHN	DOUGLAS
BRUCE	JONATHAN JAMES	DOUGLAS
BRIAN	JOE	DOUGLAS
LYDIA	MARIE	VICTOR
ALLISON	MARY	VICTOR
MELVIN	RICHARD	WILSON
TASHA	MARIE	GIROUX
MATTHEW	JOHN CLAYTON	GIROUX
STEPHANIE	FRAN	FREDETTE
MICHEAL	MELVIN STEPHEN	WILLIAMS
AMELIA	MIRIAM DAVINA	VICTOR
TANISHA	KIYA	ALECK
TREVOR	HANS	KILSBY
AUSTIN	ANDREW RUSSELL	WILLIAMS
DACIAN	RUSSELL AVERY	VICTOR
JAMEE	LEE THERESA	VICTOR
CORI	SALISH AMBER	VICTOR
KELSY	EVA	FREDETTE
NICOLE	ANN MARIE	ALECK
ALICIA	WINTER SKY	PAUL (BEER)
LEVI	BRANDON DAVID	DOUGLAS
SKY-LYNN	LYNN CAMILLE	VICTOR (PAUL)
ADAM	JAMES VICTOR	HANSEN
NICHOLAS	ALBERT	QUIPP
BRIANNA	ELIZABETH MARIE	WILLIAMS
MORGAN	WILLIAM KEN	GIROUX
NASHON	ISAIAH	DOUGLAS
SHAYLYNNE	MARIAH	FREDETTE
ASHLEY	TANIS	DOUGLAS
CHEY-ANNE	JULIAN	MCKAY
KAYLIN	HAYLEY ERIN	PAUL
TYRONE	ODELL	GIROUX
SARA	ASHLEY	FREDETTE
MYLES	JOHN WILLIAM	GIROUX
LESLY	ANN	SILVER
DARIUS	JORDAN LEE	SILVER
CATANA	ASHLEY	TOMMY
STADE	ALBERT	DOUGLAS
CHANTAL	ELIZABETH MAE	DOUGLAS

DEON	JOSEPH	ALECK
XANTANA	MORNING STAR	COURTOREILLE
JEREMIE	DANIEL	HAINES
KATRINA	MARIE	DOUGLAS
KADENSE	MARIE AMBER	GIROUX
ZACHRY	JACOB	BERNARD
MARTHA	ELIZABETH	GIROUX
ZIYAH	EDDY	DOUGLAS-NELSON
MATTHEW	EDWARD	VICTOR
KODA	MICHEAL	NEWMAN
DUSTIN	AARON	HAINES
DUSTIN	NORMAN	BERNARD
JOHNATHON	EARL GRANT	PREST JR
MARY		COURTOREILLE
KAYDEN	DANIEL	NEWMAN
MICHELLE	MARTHA JEAN	GIROUX
LUCAS	LUTHER	JULIAN
DUANE	AARON DANIEL	DOUGLAS
ALLISON	HYACINTH	PREST
HARRISON	JAMES	ROUX
SHAYNA	ANN MEMORY	DOUGLAS
GEORGIA	THERESA LYN	BERNARD
SAGE	CAROL ARLENE	KELLY
ROY		GIROUX
KELASIA	ANGELA MARIE	GIROUX
AMI	DANIEL EARL	COURTOREILLE
CATLINA	PHYLLIS	DOUGLAS
DAMIAN	ANTHONY JAMES	VICTOR
TALLÉ	CORLEONE	KELLY
TANEASHA	JUDITH ELLEN	DOUGLAS
LUCIAN	CASSIUS MALIKI	GIROUX
COLVIN	LENNOX MASON	GIROUX
MEMPHIS	JOANNE MARTHA	GIROUX
RAYNE	ODIN	GIROUX
JORDON	ROMEO-RAY	DOUGLAS
DARIEN		VICTOR
ANDY	RUSSELL	WILLIAMS
MIKAYLA	MARY	EDWARDS
VICTORIA	ELIZABETH ROSE	PETE-CONNAL
MACKENZIE	DESTINY ALICIA	BATT-NEWMAN
ALEXANDRA	RENEE	WILSON
MICHEAL		KIAHU-ALECK
ADDISON	VIVIAN SIMONE	EDWARDS
LIAM	ALEXANDER	EDWARDS
BRUCE	Peter	Crey
Albert	Lewis	Douglas
CALVIN	LEWIS	DOUGLAS
LISA	MAY	DOUGLAS
COLE		ALECK
SEAN		BAILIE
SILAS	WILLIAM ISIAH	GIROUX
SHELBY	MALENA	GIROUX
LILY	MADDISON	CALLIO
TATIANA	CAMISHA	LOBO-CREY

#### DECEASED MEMBERS

First Name of Individual (Required)	Middle Name of Individual (if applicable)	Last Name of Individual (Required)
JOSEPH (Joe)	ALEXANDRE	ALECK
MARTHA		GIROUX
CHRISTINA		VARGA
IRENE	HILARY	ALECK
RONALD		DOUGLAS
PATRICK	FRANCIS	GIROUX
GARY		VICTOR
LEWIS (Chester)	ALBERT	DOUGLAS
ANTHONY	WARREN	ALEX
JONATHAN	MANUAL	DOUGLAS
JOSE	ANTONIO	DELGADO

MERVIN	ARTHUR	FREDETTE
BEVERLEY	ANN	SHAW (Ryder)
CURTIS	LANCE	NEWMAN
TINA	ANN	SHAW
SUSANNE	CANDACE	NEWMAN
CHAD	RAY	DOUGLAS
ROBERT	JAMES ALEXANDER	KELLY
SIMON	ANDREW	WILLIAM
CLARENCE	HENRY	WILSON
LORRAINE		CREY
ALEXANDER	JOSEPH	ALEXANDER
LEONARD		EDWARD
JUSTIN	LEIGH	PETTIS
SANDRA		VICTOR
DAVID	ALEC	VICTOR
LYN	JASON	DOUGLAS
BRODY	JAMES	DOUGLAS
VIVIAN		PETE

#### Unhoused Members

First Name of Individual (Required)	Middle Name of Individual (if applicable)	Last Name of Individual (Required)
DEAN	JOSEPH	DOUGLAS
WESLEY	FRANCIS	EDWARDS
DENNY	JAKE	PIKE
KENNETH	JAMES	STEWART
ALISHA		DOUGLAS
JEAN	LUCILLE	DOUGLAS
HARLAN	KIRBY	HOURLIE
CHAVONNE	CHAVONNE	WISLON
SAMUEL	DAVID	DOUGLAS
WAYNE	ROBERT	DOUGLAS

#### NON MEMBERS

First Name of Individual (Required)	Middle Name of Individual (if applicable)	Last Name of Individual (Required)
MARY		GEORGE
SHELDON	REGINALD MOODY	HAYWAYRD
MADELINE	NORA	JIMMY
WENDY		KELLY
RICHARD	AARON MERLAND	WILSON
MARTHA	ESTHER	FREDETTE
CHRISTOPHER	WAYNE	GREEN
ANN	RUBY	CHARLIE
CARLA		SILVER
TRACEY		SKIN
GLENN	ANATOLE	PAUL
MARTIN	HERBIE	HANUS
NICOLE		WILSON
MICHELLE'AI		BYRD
GABRIEL	ALBERT ARMAND	JOE
MAKAYLA	CAMIE EILEEN	SAM-GREENE
CARMEN	PATRICIA	JOE
NORA	NORA	DOUGLAS
SANTINO	CYD	JOE
ALLAN	EDWARD	RUSK
JENNA-LEE	RAE	RUSK
CORY	JAMES	DICK



## Social Assistance Cheque Schedule 2023

Cheque	Renewals Due By:	Ck. Release Date	Mid-Month 2
January 2023	December 15, 2022	December 21, 2022	January 14, 2023
February 2023	January 14, 2023	February 1, 2023	February 15, 2023
March 2023	February 15, 2023	March 1, 2023	March 15, 2023
April 2023	March 15, 2023	March 31, 2023	April 14, 2023
May 2023	April 14, 2023	May 1, 2023	May 15, 2023
June 2023	May 13, 2023	June 1, 2023	June 15, 2023
July 2023	June 15, 2023	June 30, 2023	July 14, 2023
August 2023	July 15, 2023	August 1, 2023	August 15, 2023
September 2023	August 15, 2023	September 1, 2023	September 15, 2023
October 2023	September 15, 2023	September 29, 2023	October 13, 2023
November 2023	October 14, 2023	November 1, 2023	November 15, 2023
December 2023	November 14, 2023	December 1, 2023	December 15, 2023



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## CHEAM COMMUNICATION SURVEY 2023

(1 per address)

Home Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Names in Household: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

I would like the Cheam newsletter & notices:

\_\_\_\_\_ delivered to my home (on reservation)

\_\_\_\_\_ emailed to me (allows you to zoom in for readability, click links, save paper)

Do you follow Cheam Social Media? If so which ones:

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