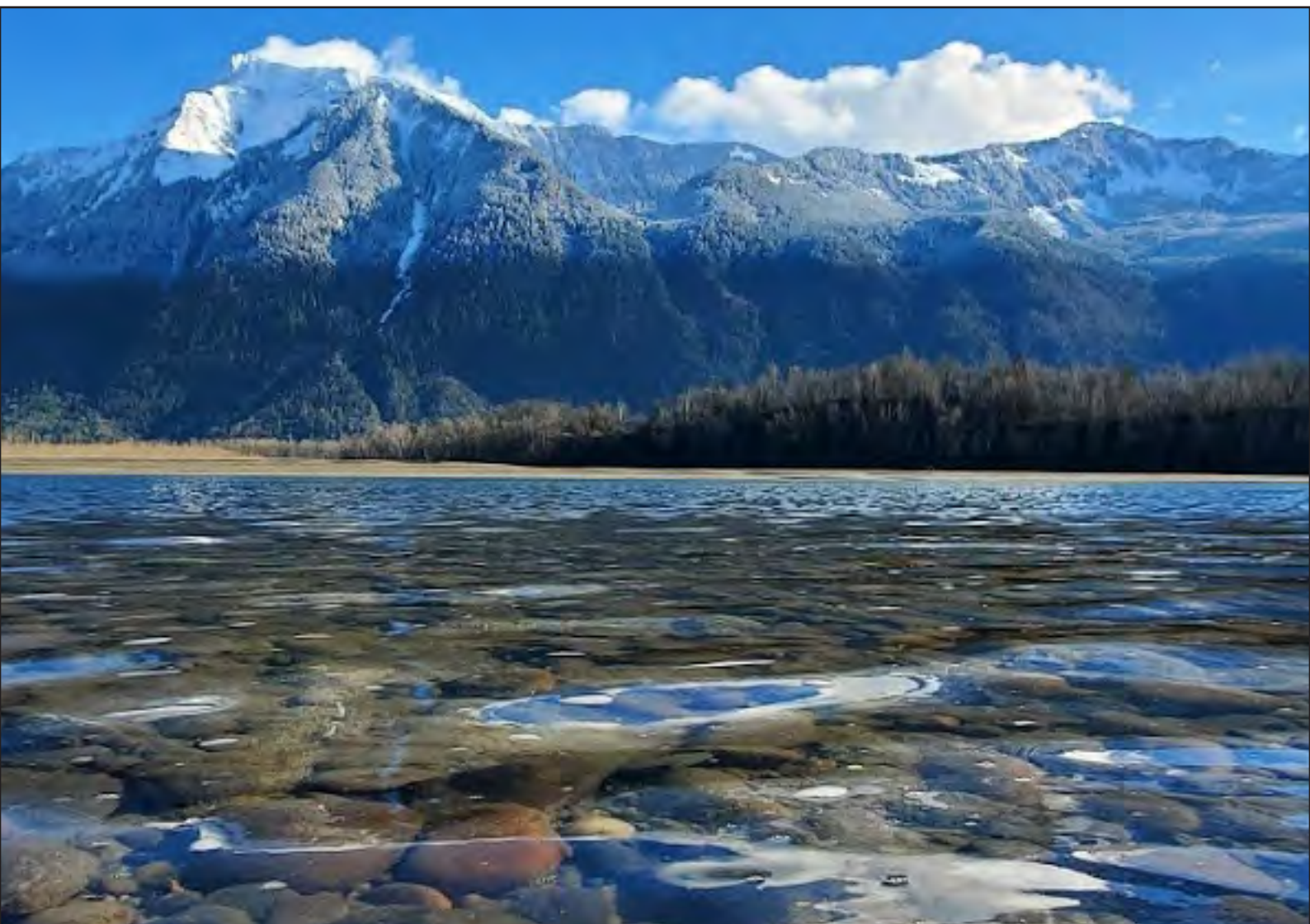




XWCHÍYÒ:M

CHEAM FIRST NATION

COMMUNITY NEWSLETTER: September 9, 2022



NEWSLETTER SECTIONS

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XWECHÍYOM XWEXWILMEXW SXWE EYELH

Kwetskwetsmet lis cha xwal letse sqwalewels ye xwe chiyom Xwexwilmexw;

Xw' eyehls cha ye mekw' wat ite xwech'í yom qesu texw eweta o kw'e tl' e met Te ewpi: I qaste qel sqoqe;

Temtames mami:yelhtel ya sq'eqotel qelu lam xwe xwe'eyelf iyolem kw'e o'hletem xwela Ye'mi cha

Temtames lis cha mekw' yoyes ye alyem eweta Shxwlistexwes Te xwelitemelh Temtames chasu qexs a: li lalalem xwela kw'e mekw wates

Qas temtames cha xwe'eyems Te temexws qasu ey xwela ye xwechiyom

CHEAM VISION STATEMENT

We the people of Cheam are committed to developing a united and harmonious community. We respect individual's diversity and promote a healthy, self-sufficient lifestyle. We need one another and value one another's views. In appreciation of our uniqueness, we foster mental, physical, emotional and spiritual wellbeing. In doing so, we strive to build pride, dignity and respect amongst our people.

FIND US ONLINE:



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[@CHEAM.FN1](https://www.instagram.com/CHEAM.FN1)



[@CHEAM_FN](https://twitter.com/CHEAM_FN)

UPOMING CHEAM EVENTS:

September 13/27	Cheam First Nation Council Meeting
September 30	Orange Shirt Day/Band Office Closed
October 6	CFN/CEI Joint Special Open House
October 11 & 25	Cheam First Nation Council Meeting
October 28	<u>Cheam Halloween Dance</u>
November 12/13	<u>Cheam 2 Day Holiday Market</u>

~ Ground Penetrating Radar work will continue at Saint Mary's Heritage Park this Thursday and Friday and next week on Thursday and Friday (weather permitting). After that work will continue based on weather and scheduling between Skwah, Saint Mary's and Coqualeetza with the project finishing for the year at the end of September.

~ As our Cooling Centre is now closed we wanted to thank the Council, Staff and Community for supporting it and for providing this important service.

~ Our Wellness advocates are working on a bike safety event for later this month and need to know:

1. Would your children be interested?
2. How many children in community are in need of bike helmets?
3. How many children in community are in need of used bikes?
4. How many of the community children's bike need tuneups/repairs.

Please email communications@cheamband.com or drop off your info/answers to the band office Attn: Harmony.



Housing Renovation Opportunity 2022

Cheam FN Housing department is intending to apply for renovation projects this year again through Indigenous Service Canada (ISC) Housing Support Program (HSP). There are three categories that I will be applying for 1) Regular Renovations and 2) Health and Safety Renovations and 3) Energy Efficiency Renovations (new)

From the past 13 units that are almost completed I discovered a lot of the homes required the Health and Safety Renovations. This will mean 2 inspections, one with a Health inspector and another with a Building inspector who will go through each unit to compile a work scope for your home to submit with the application.

Please note that homes that are in Phase 9 and 10 will be ineligible for this funding.

I am looking to see if any members living on Cheam FN who own their homes are interested in seeing if they are eligible.

Criteria:

- 1) There have been no ISC renovations in the last 10 years
- 2) Items of concern are not cosmetic (must be one or more of roof, gutters, soffits, siding, fascia, foundation, plumbing, heating, deck/stairs, health/safety, electrical)
- 3) One or more inspections may be required, by staff and external inspectors

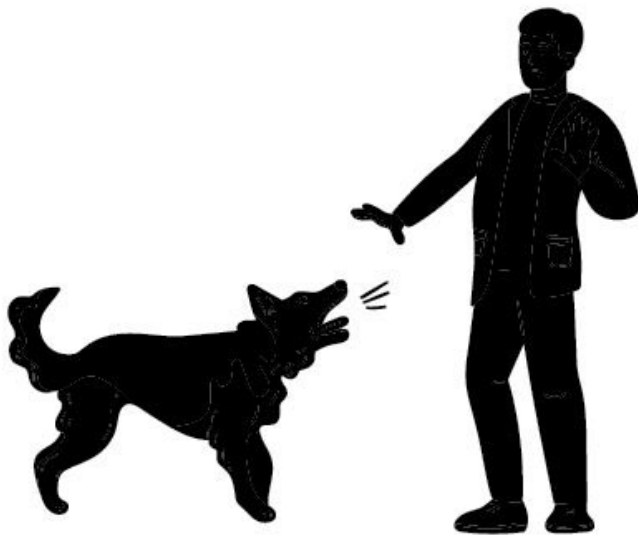
Funding available is up to \$42K (including inspection cost) so it is limited; if cost of renovations is over the funded amount, the homeowner would be expected to cover the difference.

Please contact Lydia Archie, Housing Manager if you are interested as I am booking the inspectors second week in September 2022.

HSP Facts:

1. New Home Construction and Renovations (including Health and Safety and regular renovations) – up to double the current subsidy rate (NEW!). Rates will revert to current subsidy levels April 1, 2025.
2. NEW! Energy Efficiency Renovations – in addition to other renovations, First Nations can apply for renovations that support energy efficiency upgrades, such as **exchanging single-paned windows, heat pumps, weather stripping, etc.**





ATTENTION DOG OWNERS

In the past week we have been receiving calls regarding DOGS running loose. Some dog owners are simply not tying up their pet that cause this issue. It can get dangerous for the community members to walk around for fear of being attacked by dog(s). We fear for the children and elder's safety.



NOTICE TO
ALL DOG
OWNERS

TIE UP
YOUR
DOG(S)

FOR THE SAFETY
OF OUR
CHILDREN AND
ELDERS

CHEAM FIRST NATION
52161 Victor Dr
Rosedale BC V0X1X1
604-794-7924

If a dog has bitten, attacked and the life and safety is at significant risk of injury or death, call 911 immediately to report it & GET A FILE NUMBER.

If there is no significant threat of serious injury or death, can wait for a follow up with an officer, or If there is a minor nip (minor bruising, small lesions not requiring immediate emergency attention), and can be soothed at a walk in clinic call/at home call RCMP non-emergency 604-796-2211 or our rep. Melanie Zonderland at 604-798-6073 & GET A FILE NUMBER.

FIND US ONLINE:



ORANGE SHIRT DAY

PROCESSION/ WALK

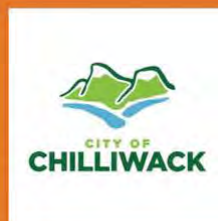
TRUTH & RECONCILIATION

HEALTH AND WELLNESS POW WOW

MC: FRANCIS J JAMES
AREA DIRECTOR: GARY ABBOTT
HOST DRUM: SAGE HILLS

Chilliwack Secondary
46363 Yale Rd
Chilliwack, BC

This is a drug and alcohol-free event



ALL AGES EVENT

PROCESSION/ WALK

Sept 30th

Enter your car/ truck/ trailer
rick6148@telus.net

9:00AM decorate starts at
CSS.

10:00AM Parade starts
10:20 Central park

POW WOW

Sept 30th Oct 1st

Grand Entry
1:00PM & 7:00PM

Volunteers needed

Procession/walk

Security

Concession

Information table

Elder/ survivor area

Pow Wow support

Clean up



SPONSORS

Dan Milo Society
City of Chilliwack
SD33 indigenous Dept.
FNHL Fraser valley East
Coast Hotel- Chilliwack
Tzeachten First Nation
Canadian Heritage
EMP Fishing
GO traffic

To donate or volunteer
please contact Rick Joe
rick6148@telus.net

FIND US ONLINE:



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@CHEAM_FN

CHEAM ELDERS CORNER

Culture & Tradition Rights & Title Committee

The Culture & Tradition Rights & Title Committee members are: Patricia Victor, Muriel Victor, Carrielynn Victor, Wayne Douglas and Sidney Douglas.

As part of our work, we are working on a culture calendar. We value community input to this document. In addition to the calendar, our hope is that community members will plan and host cultural events which are open to Cheam members.

For any questions or to submit your suggestions to add to the calendar or host a cultural event, please email: committee@cheamband.com OR drop off your written suggestions to reception, attention to Culture Committee. A committee member will contact you to finalize details.

A culture calendar outline is included on the next page.

***We are looking for input to create a Cheam culture calendar.
Consider hosting a cultural event.***



2022 CHEAM ELDERS MEETINGS

The Elders meeting schedule for 2022 is below (Cheam Members only). Lunch is available at 12 pm with the meeting to follow.



- September 20, 2022
- October 18, 2022
- November 15, 2022
- December 13, 2022



Upcoming Birthdays Birthdate

Anna J. Hudson	Sept. 13
Gail Elizabeth Koenig	Sept. 18
Sonny Joe Murphy	Sept. 24
Kelly Ann Douglas	Sept. 25
Muriel V. Victor	Oct. 16
Lorraine C. Bailie	Oct. 16
Della A. Victor	Oct. 22

CULTURE CALENDAR

Tempo:kw' October 26 - November 24
Time for Chehalis Spring Salmon, Smoking fish

Xets'o:westel November 25 - December 24
Time to store away paddles for the winter, rose hips, teas, hunting



Meqo:s December 25 - January 22
Fallen snow season, hunting, babies first snow bath, Longhouse, namings memorials, initiations

Peloqes January 23 - February 20
Torch Season, hunting, cottonwood buds, Longhouse, namings memorials, initiations

Temt'elemches February 21 - March 22
Time one's hands stick to things (from cold), Longhouse, Closing, Seasonal Burning, wake up and launch canoes

Welek'es March 23 - April 20
Little Frog Season, nettles, fresh shoots and bulbs, Spring salmon fishing
First Salmon Ceremony, burials delayed due to cold, Eulachon harvest, soccer tournaments

Temkwikwexel April 21 - May 19
Time for baby sockeye salmon, spring fishing, cedar bark
Puberty ceremonies

Tem'elile May 20 - June 17
Salmonberry time, strawberries, Canoe races

Temqoqo June 18 - July 17
High water time, berries, fishing, goat wool, Canoe races,

Temqwa:l July 18 - August 15
Mosquito Time, fishing, Canoe races, pow wow

Temtheqi August 16 - September 14
Sockeye salmon time, alpine harvesting

Temkw'o:lexw September 15 - October 25
Dog Salmon time, tea harvest, mushrooms



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FREE SOMATIC TRAUMA THERAPY FOR CHEAM MEMBERS

Story is important, but for Somatic Trauma Therapy, we focus on the body and its own way of telling that story.

The goal of somatic trauma therapy is to drain some of the weight of the past in a safe way. Somatic trauma therapy will be run in groups of 4 people, meeting weekly, for 12 weeks. Consider how committing to this program would affect other parts of life. Intake is ongoing.

In small groups we learn to focus on the experience of the body using:

- * Body focused grounding tools
- * Present moment awareness
- * Some learning about how emotions help with somatic therapy
- * The last portion of the meeting is somatic trauma therapy. People are guided through the process of giving control of their body over to their body. There is often some shaking, or crying, or other involuntary movement or sounds. This is part of the body's instinctive process of resolving being traumatized.

We aim to keep it as safe, and gentle as needed.

Information sessions are one on one with Winchester Victor. They can be booked with Diana Giroux (604)-794-7927 or Winchester: winchester.victor39@gmail.com



"Being cut off from our own natural self-compassion is one of the greatest impairments we can suffer. Along with our ability to feel our own pain go our best hopes for healing, dignity and love."

Gabor Mate'





CHEAM FIRST NATION'S



RESTORING BALANCE FAMILY HEALING PROGRAM

SEPTEMBER 20, 2022



10-2:30 TUESDAYS TO THURSDAY
(OPTIONAL FRIDAY)



Includes:

- Personal Development & Life skills
- Cultural and Traditional Teachings
- Traditional & modern parenting skills
- Healing Techniques, Drumming, Singing, Ceremony, Arts and Crafts

LIMITED SEATS ARE AVAILABLE SO PLEASE SIGN UP EARLY,
INCENTIVES ARE AVAILABLE.
CONTACT CORINNE STONE OR TYRONE GIROUX AT 604-794-7927
CORINNE.STONE@CHEAMBAND.COM



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INDIGENOUS OUTREACH

Our team can provide a range of services to support you in your substance use journey.

- HARM REDUCTION SUPPLIES
- INDIVIDUAL & FAMILY COUNSELLING
- SUBSTANCE USE TREATMENT REFERRALS
- NALOXONE TRAINING
- GRIEF AND LOSS SUPPORT
- GROUP THERAPY
- RESOURCE NAVIGATION

Are you struggling with substance use? Or know someone that does? Are you wanting support but unsure how to reach out?



First Nations Health Authority
Health through wellness

Office Phone:
604-701-3660



fraserhealth

Better health. Best in health care

We recognize Fraser Health provides care on the unceded and traditional territories of the Coast Salish and Nlaka'pamux Nations

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Thinking of quitting smoking or vaping commercial tobacco

Talk Tobacco offers culturally appropriate support about quitting smoking, vaping and commercial tobacco use to First Nations, Inuit, Métis and urban Indigenous communities.

Join us for a presentation by Talk Tobacco Specialist, Victoria Stevens on the
Talk Tobacco Program

September 14, 2022
11:00am – noon, Health Classroom

Contact Corinne or Tyrone at (604) 794-7927 for more information



Canadian
Cancer
Society



1-833-998-8255
talktobacco.ca

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[@CHEAM_FN](https://twitter.com/CHEAM_FN)

YOUTH OPPORTUNITIES

**Hosted at the
Cheam Band
office**

Impacts on student learning

Come learn about cultural activities

Cheam is hosting cultural activities here on Cheam for youth from grades K-12, come and learn about drumming, beading, and so much more! It will be every Thursday for 24 weeks! from 6pm-8pm starting Sept 15th

Contact Tyrone
For sign up or more info
604-991-9610 or tyrone.giroux@cheamband.com



Nlaka'pamux Nation
Tribal Council



9th Annual

Youth Hunting Camp

Free two-day event featuring traditional teachings by knowledge keepers



Space is limited to 60 people
so please register ASAP.
Registration closes
Fri Oct 7, 2022 at 4pm.

Meals, snacks and drinks will be
provided to **registered**
youth participants.

Campsites are available for all
participants along with their chaperones
who wish to camp overnight on Fri
and/or Sat. Please bring your
own equipment (waterproof tent,
mat, sleeping bag, headlamp, etc.)

Featuring

- >>> Camping
- >>> Fire Making
- >>> Deer processing
- >>> Trapping demonstration
- >>> Canning
- >>> Archery demonstration
- >>> Hunting stories
- >>> Firearm safety
- >>> Scavenger hunt
- >>> Bear awareness
- >>> Skinning & drying
- >>> Hunting protocols
between Nations

E.C. MANNING PROVINCIAL PARK

9:30AM - 4:30PM, RAIN OR SHINE

ADULT CHAPERONE REQUIRED

Lone Duck 2 Camp

Oct 14-16, 2022

All Kids Welcome!

For more information and to register, contact Kevin Duncan at (250) 455-2711 ext 301

EMPLOYMENT OPPORTUNITIES



Come Work With Us at Cheam!

To apply to any of the jobs listed below, please visit our website, apply on [Indeed.ca](https://www.indeed.ca), or drop off your resume at the Band Office.

- [Accounting Assistant](#)
- [Administrative Assistant](#)
- [Adult In-Home Care Worker](#)
- [Assistant Emergency Coordinator](#)
- [General Maintenance \(SASET\)](#)
- [Health & Wellness Manager](#)
- [Shelter Support Worker](#)
- [Social Development & Education Coordinator](#)
- [Strong Families Recreation Leader](#)



Trans Mountain Opportunities		
Title	Location	Posting Closing Date
<u>Instrumentation Technician</u>	Burnaby, BC	8-Oct-22
<u>Stakeholder Engagement Coordinator, Expansion Project (term role)</u>	Burnaby, BC	24-Sep-22
<u>Senior Project Engineer, Expansion Project (term role)</u>	Burnaby, BC	13-Sep-22
<u>Coordinator, Indigenous Relations, Expansion Project (term role)</u>	Burnaby, BC	10-Sep-22
<u>Cost Estimator, Expansion Project (term)</u>	Burnaby, BC	29-Sep-22
<u>Progress Measurement Surveyor, Expansion Project- Burnaby (term role)</u>	Burnaby, BC	17-Sep-22
<u>Progress Measurement Surveyor, Expansion Project- Sumas (term role)</u>	Abbotsford, BC	17-Sep-22
<u>Progress Measurement Surveyor, Expansion Project- Westridge (term role)</u>	Burnaby, BC	29-Sep-22

FIND US ONLINE:



Position Summary:

The Administration Clerk is responsible for the administration of HR, funding and governance, and communication functions. This position will assist with implementing better structures and processes within the administration.

Duties and Responsibilities:

- Log requests and communication information to the manager
- Coordinate team meetings
- Take detailed notes at meetings and distribute memos with action items
- Keep up to date on all communications through the various outside organizations
- Order supplies for required departments as directed
- Create forms and templates as required
- Assist with recruitment and selection
- Assist with new employee orientation/onboarding.
- Assist with employee records, funding, and filing.
- Assist in setting up meeting rooms for various meetings and events
- Other duties or responsibilities as assigned by the Human Resources Manager, Funding and Governance Specialist, and Communications Specialist.

Reception Duties (Relief)

- Logging of the incoming and outgoing mail.
- Distribute all incoming mail correspondence to Council, staff and membership, and other Agencies
- Receive incoming calls and forward them to the proper person,
- Ensure the office equipment is working efficiently at all times.
- Maintain confidentiality of all records, materials, and communications concerning clients, staff, and the Cheam Indian Band.
- Other tasks may be determined by the supervisor filing and photocopying for other staff).

Required Qualifications/ Education/ Experience/ Skills:

- At least one year of work experience in an office and administrative position (reception, clerk, administrative assistant)
- Must be First Nations/Inuit
- Excellent verbal, written, and listening skills
- A positive attitude, ability to work in a team as well as work independently
- A desire to learn
- Intermediate computer literacy skills in Excel, MS Word, and other databases.
- Ability to meet deadlines and handle multiple tasks and change priorities
- Highly motivated and has strong interpersonal and people skills.
- Possesses strong ethical standards and work ethic.
- Ability to work in an environment with changing priorities
- Excellent verbal and written communication skills.
- Ability to maintain Confidentiality and abide by Cheam First Nations' Policies and Procedures.
- Knowledge, respect, and understanding of St6:16 culture, traditions, and language is considered an asset.
- Valid BC Driver's License and reliable transportation
- Satisfactory criminal record check.

Application Process:

- Please send Cover Letter and Resume to: Tasnia Buchanan Email: HR@cheamband.com
- We thank all applicants and advise that only those individuals short-listed will be contacted for interviews. While preference may be given to applicants of Aboriginal Ancestry, qualifications must be suitable to the position requirements.





SASET Outreach Services **on-site at Cheam First Nation** **Every Friday from 9:30am to 3:00pm**

Who are we?

We provide Indigenous Employment and Training Services to First Nation working age population in the Fraser Valley Catchment area.

Who do we serve?

If you are an Indigenous person and are either the following:

- Is un-under employed
- Student
- Employed but unable to meeting basic living requirements
- Resides in SASET's catchment area (Langley to Boston Bar and throughout the Fraser Valley; or with 3 communities in the Head of the Lakes)

Outreach Employment Services:

Employment and Career Counselling
Resumes and Cover Letters
Education and training information
Computer with internet access
Job postings
Employment Readiness
Career Planning/Decision Making
Labour Market Information

Scholarships, Grants and Bursary information
Job Search assistance
Applying online
Employability workshops
Basic Computer Skills Workshops
And much more

Lucinda Louie, Employment Counsellor

Phone or text: 778-684-1464 or email: Lucinda.Louie@saset.ca

Or email: info@saset.ca

See our website for more information at www.saset.ca

Job Options

A no-cost virtual job training program for residents of British Columbia

Who you are:

- Unemployed or underemployed
- Not receiving EI or CERB
- Not a full time student, 17+ years old
- Permanent resident or Canadian citizen
- Legally able to work in Canada
- A resident of BC
- Looking for work/career change

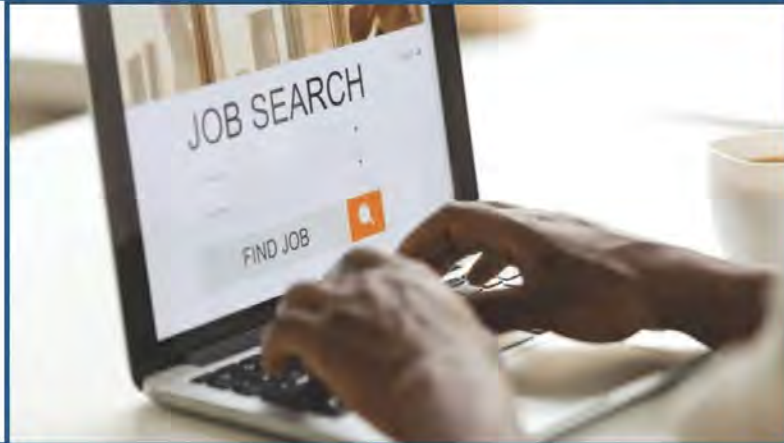
What you get:

- Life and employability skills workshops
- One on one support with resumes, cover letters, interviews
- Skills and career assessments
- Weekly training allowances
- Focus on unique individual needs and outcomes

Contact us at joboptions@pcrs.ca
or 778-239-7495 to find out about joining our next group!



Funding provided by the Government of Canada through the Canada-British Columbia Workforce Development Agreement.



First Nations Forestry Council

We are hiring! We're looking for a Policy Program Manager to provide strategic policy, research, legislative analysis, and advisory services. www.forestrycouncil.ca/jobs/policy-program-manager

LOOKING FOR A CAREER IN SECURITY & PUBLIC SAFETY?



JOIN OUR BASIC SECURITY TRAINING!

- 40-hour Virtual Training
- Provincially Recognized Program
- Jump start your career in security!

Course covers:

- **Professionalism & Ethics**
- **Legal Studies**
- **Report Writing**
- **Personal Safety**

OCTOBER 17- 21

NOVEMBER 14 - 18

DECEMBER 5 - 9

8:30 AM - 5:00 PM

Sponsorship for cost of the course is available
for all future Securiguard employees!

To apply, contact:



Taylor.Walters@securiguard.com



778-870-1490

FIND US ONLINE:

18



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Rosedale Traditional Community School Society

Job Title

Office Assistant-Part Time; Must be available to work evenings; including Saturday/Sunday

Job Summary

To perform general administrative duties. To work in harmony with community members, school staff, administration, Society members and Executive Director to promote the Community School concept.

Key Duties and Responsibilities

1. Answering general queries by telephone or in person
2. Open and close facility
3. Open/close and clean rooms used during programs or rentals
4. Register participants for programs
5. Collect payment for registered programs, rentals, and drop in programs
6. Book rentals
7. Copy and distribute program flyers
8. File
9. Shred
10. Prepare information for bulletin board
11. Decorate bulletin board
12. Miscellaneous jobs assigned by Executive Director

Skills

1. Self starter
2. Work independently
3. Problem solving skills
4. Professional customer service
5. Creative

Qualifications

Working knowledge of Microsoft Office.



Rosedale Traditional Community
School Society (RTCSS)
50850 Yale Road
Phone: 604 378-0300
Email: rtcss@rtcss.ca

Rosedale BC V0X 1X2
Fax: 604 794-7872
Web: www.rtcss.ca





SCHOOL DISTRICT 78
FRASER-CASCADE

EVERYONE PULLING TOGETHER

INTERNAL POSTING No. 23-017

UNION VACANCY NOTICE

September 7, 2022

Date of Distribution

TO: Construction, Maintenance and Allied Workers, Local 2423

Applications are invited for the following position as detailed below:

EFFECTIVE DATE: **Immediately**

DESCRIPTION: **Indigenous Support Worker**
Six and one-half (6.5) hours per day
Five (5) days per week

LOCATION: **Silver Creek Elementary (3 days per week)**
Harrison Hot Springs Elementary (2 days per week)

HOURLY RATE: **\$ 25.01 per hour**

DEADLINE DATE: **Tuesday, September 13, 2022, 2:00 pm**
(Applications will not be considered after 2:00 p.m.)

Major Duties/Qualifications: Classification Description at each location

Please direct all applications to: Human Resources
School District No. 78 (Fraser-Cascade)
650 Kawkawa Lake Road
Hope, B.C. V0X 1L4
Fax (604-869-7400)
Phone (604-869-2411)
Email: laurie.bjorge@sd78.bc.ca

PLEASE POST ON SCHOOL BULLETIN BOARD

INTERNAL APPLICANTS ARE GIVEN FIRST CONSIDERATION

All applicants not currently employed by this School District must sign a release to permit a criminal record review prior to confirmation of hiring





INTERNAL POSTING No. 23-018

UNION VACANCY NOTICE

September 7, 2022

Date of Distribution

TO: Construction, Maintenance and Allied Workers, Local 2423

Applications are invited for the following position as detailed below:

EFFECTIVE DATE: **Immediately**

DESCRIPTION: **Indigenous Support Worker**
Six and one-half (6.5) hours per day
Five (5) days per week

LOCATION: **Two Rivers Education Centre**
Fraser-Cascade Open Learning

HOURLY RATE: **\$ 25.01 per hour**

DEADLINE DATE: **Tuesday, September 13, 2022, 2:00 pm**
(Applications will not be considered after 2:00 p.m.)

Major Duties/Qualifications: Classification Description at each location

Please direct all applications to: Human Resources
School District No. 78 (Fraser-Cascade)
650 Kawkawa Lake Road
Hope, B.C.VOX 1L4
Fax (604-869-7400)
Phone (604-869-2411)
Email: laurie.bjorge@sd78.bc.ca

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INTERNAL APPLICANTS ARE GIVEN FIRST CONSIDERATION

All applicants not currently employed by this School District must sign a release to permit a criminal record review prior to confirmation of hiring





INTERNAL POSTING No. 23-019

UNION VACANCY NOTICE

September 7, 2022

Date of Distribution

TO: Construction, Maintenance and Allied Workers, Local 2423

Applications are invited for the following position as detailed below:

EFFECTIVE DATE: **Immediately**

DESCRIPTION: **Indigenous Support Worker**
Six and one-half (6.5) hours per day
Five (5) days per week

LOCATION: **Coquihalla Elementary**

HOURLY RATE: **\$ 25.01 per hour**

DEADLINE DATE: **Tuesday, September 13, 2022, 2:00 pm**
(Applications will not be considered after 2:00 p.m.)

Major Duties/Qualifications: Classification Description at each location

Please direct all applications to: Human Resources
School District No. 78 (Fraser-Cascade)
650 Kawkawa Lake Road
Hope, B.C.VOX 1L4
Fax (604-869-7400)
Phone (604-869-2411)
Email: laurie.bjorge@sd78.bc.ca

PLEASE POST ON SCHOOL BULLETIN BOARD

INTERNAL APPLICANTS ARE GIVEN FIRST CONSIDERATION

All applicants not currently employed by this School District must sign a release to permit a criminal record review prior to confirmation of hiring





INTERNAL POSTING No. 23-020

UNION VACANCY NOTICE

September 7, 2022

Date of Distribution

TO: Construction, Maintenance and Allied Workers, Local 2423

Applications are invited for the following position as detailed below:

EFFECTIVE DATE: **Immediately**

DESCRIPTION: **Indigenous Support Worker**
Six and one-half (6.5) hours per day
Five (5) days per week

LOCATION: **Agassiz Elementary Secondary**

HOURLY RATE: **\$ 25.01 per hour**

DEADLINE DATE: **Tuesday, September 13, 2022, 2:00 pm**
(Applications will not be considered after 2:00 p.m.)

Major Duties/Qualifications: Classification Description at each location

Please direct all applications to: Human Resources
School District No. 78 (Fraser-Cascade)
650 Kawkawa Lake Road
Hope, B.C.VOX 1L4
Fax (604-869-7400)
Phone (604-869-2411)
Email: laurie.bjorge@sd78.bc.ca

PLEASE POST ON SCHOOL BULLETIN BOARD

INTERNAL APPLICANTS ARE GIVEN FIRST CONSIDERATION

All applicants not currently employed by this School District must sign a release to permit a criminal record review prior to confirmation of hiring



COVID-19 Information - ATCO is committed to providing and maintaining a safe environment for our employees, contractors, partners, and customers. As part of this unwavering commitment to safety, all ATCO employees and contractors are required to be fully vaccinated.

Description:

ATCO Frontec is seeking a **1st Cook** to join our Camp Services team. The 1st Cook is responsible to ensure that meals are prepared and served to the highest standard possible. The 1st Cook may provide coverage of the Chef's position when out on rotation.

Responsibilities:

- Assist the Chef in managing food services in strict compliance with ATCO Frontec Food Service Management Guides
- Assists the Chef in the preparation of all foods to be served at the designated time
- Assist the Chef in the inventory control to assure proper minimum stock
- Order supplies in accordance with the population of the lodge
- Ensure that the meals are prepared and served to the highest standard
- Oversees stocking of all food serving areas according to the number of persons to be served, with a focus on quality, appearance, adequate stocking levels, and minimizing leftovers and product waste.
- Trains and directs subordinate food service workers, ensuring compliance with company and client safety requirements.
- Supervises subordinate staff to ensure the highest sanitary standards are maintained in all food preparation, serving sanitation, storage areas and safety procedures in accordance with company, client, and governmental requirements.
- Conduct safety toolboxes as required to department
- Assign duties, responsibilities, and work areas to ensure efficient service
- Inspect facilities or equipment for regulatory compliance including kitchen logs, and daily cleaning schedules
- Clean kitchen, utensils and equipment.
- Other duties as assigned

Qualifications/Skills:

- Red Seal Certification (Preferred)
- 3-4 years' experience as 1st Cook in the hotel/restaurant industry
- Advanced Food Safe Certificate is required
- Valid CSTS and First Aid - preferred
- Professional communication skills, oral, and written
- Ability to work with and supervise other kitchen employees
- Strong organization and leadership skills
- Ability to prioritize and multitask
- Work well under pressure

We would like to thank everyone for their application; however, only those being considered for an interview will be contacted.

Final candidates will be required to undergo a Security Clearance Check

This position has been identified as safety sensitive and will require completion of a pre-employment alcohol & drug test including a Fit for Work test with external provider.

Collection, use, and retention of personal information will be in accordance with ATCO Group privacy policies and practices.

By submitting your resume and personal information to the ATCO Group of Companies, and/or participating in a personal interview, you acknowledge and consent to the collection, use and disclosure of your personal information by the ATCO Group of Companies to determine your suitability for employment opportunities within the ATCO Group of Companies.

Who We Are:

Like our country, ATCO Frontec is built on a Frontier Spirit of being agile, robust, ready to go to the most challenging places and push the boundaries. Do YOU have the Frontier Spirit? If the answer is yes, you should probably work with us.

COVID-19 Information

ATCO is committed to providing and maintaining a safe environment for our employees, contractors, partners, and customers. As part of this unwavering commitment to safety, all ATCO employees and contractors are required to be fully vaccinated against Covid-19 or provide proof of exemption.

ATCO Frontec is looking for someone who takes pride in their work, always does what needs to be done, and loves the thrill and sense of accomplishment that comes with taking on new and meaningful work. Safety is paramount to us and we've always got your back; even in the most challenging environments you know you're going to be okay when you're on our team. If you are someone who loves doing important work with great, dedicated people around you, then this role is for you.

Description:

ATCO Frontec is seeking a **3rd Cook** to join our Camp Services team near Clearwater, Valemount and Blue River, BC. The 3rd Cook is responsible for preparing and cooking a wide variety of foods. The 3rd Cook provides support to the entire kitchen staff in preparation, cooking and cleaning.

Responsibilities:

- Assist in day to day operations of the kitchen
- Ensure that the meals are prepared and served to the highest standard
- Provide guest courtesy when appropriate
- Support kitchen operations in a professional manner
- Knowledgeable with the equipment that you are required to use
- Inspect food and equipment on a daily, weekly and monthly basis
- Maintain a healthy, safe and sanitized work area
- Demonstrate a professional attitude toward all company health, safety and environment initiatives
- Other duties as assigned by management from time to time

Qualifications:

- The successful candidate must hold a valid food safety certificate
- 1 or more years' experience as a cook in the hotel/restaurant industry
- Ability to prioritize and multitask
- Professional communication skills, oral, and written
- Work well under pressure

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Description:

ATCO Frontec is seeking a **General Kitchen Help** to join our Camp Services team near Clearwater, Valemount and Blue River, BC. The General Kitchen Help is responsible for ensuring that all the flatware, pots, pans, and plate-ware are cleaned, sanitized, and up to the Lodge standards, and help with the basic preparation of food.

Responsibilities:

- To work safely with all of the equipment
- The basic preparation of food, including the preparation of vegetable and snacks.
- Kitchen, general equipment, and facility clean up (table, floors, etc.)
- Responsible for inspecting the equipment and food on daily, weekly, and monthly basis.
- Ensure your station is always manned and supplies are fully stocked
- Follow requirements of the Health, Safety and Environment Management System.
- Other duties as assigned by management from time to time

Qualifications:

- The successful candidate must hold a valid food safety certificate
- Excellent people skills
- Ability to work effectively and efficiently supervised or unsupervised
- Team Player

We would like to thank everyone for their application; however, only those being considered for an interview will be contacted.

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Description:

ATCO Frontec is seeking a **Janitor/ Utilities** to join our Camp Services team near Clearwater, Valemount and Blue River, BC. The Janitor/Utilities is responsible for ensuring the highest sanitation standards are upheld throughout the Lodge.

Responsibilities:

- Ensure the highest sanitation standards are maintained
- Ensure the good order and maintenance of all equipment
- Clean Lobbies, rest rooms, offices, walkways, ramps and stairways of buildings
- Ensure walkways are clear of snow and mud both indoors and outside the buildings
- Sweep, scrub, wash and polish floors and clean rugs
- Dust furniture, wash walls, ceilings and wood work
- Empty waste baskets, transport trash to disposal area
- Replenish bathroom supplies
- Other duties as assigned

Qualifications:

- The successful candidate will have 1 or more years of janitorial experience (preferred).
- Strong organization skills
- Excellent people skills
- Ability to work effectively and efficiently supervised or unsupervised
- A valid class 5 license is required.

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DESCRIPTION:

ATCO Frontec is seeking a Maintenance Technician to join our Camp Services department in Nisutlin. The Maintenance Technician is responsible for performing various skilled and semi-skilled tasks to maintain a 24/7 facilities operation. Responsibilities include maintaining the mechanical, electrical and plumbing systems.

RESPONSIBILITIES:

- Monitor daily temperature and humidity and report any problems or concerns to management
- Troubleshoot and perform minor repairs on plumbing systems (leaking faucet, plodded toilets, etc.)
- Performs building repairs including drywall, paint, flooring, carpentry, ceiling tile and grid
- Responsible for the completion of all maintenance services requests as assigned
- Performs daily site inspections of the facilities and mechanical equipment to ensure proper operations.
- Performs other manual duties to clean and maintain landscaped environments – snow removal when required
- Respond quickly and thoroughly to changes in client requirements and amendments in scope
- Perform routine maintenance jobs and repairs
- Follow Health and Safety Policies and Safe Work practices
- Other duties as assigned

QUALIFICATIONS

- Strong knowledge of safe work practices and procedure typical form maintenance operations
- Highly experienced with vendor management in a 24/7 operation with a strong customer focus
- Abilities to work safely with a wide variety of hand and power tools and materials
- Basic PC skills including working knowledge of Microsoft Office (Word, Excel) and Outlook.
- Valid Driver's License
- Professional communication skills, oral, and written
- Ability to prioritize and multitask
- Work well under pressure
- Effectively solve problems

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DESCRIPTION:

ATCO Frontec is seeking a **Sandwich & Salad Maker** to join our team near Clearwater, Valemount and Blue River, BC. The Sandwich & Salad Maker is responsible for ensuring the salads and sandwiches are prepared and served to the highest standard possible. This position is also responsible for ensuring that products are rotated properly, and adequate amounts are prepared for the guest capacity.

RESPONSIBILITIES:

- Operating all equipment safely
- Attending daily meetings with the Chef to discuss sandwich and/or salad preparation and production strategy
- Maintaining the daily preparation, handling, storage, rotation, and serving of all sandwiches/salads required to meet the kitchen demands
- Inspecting the equipment and food on a daily, weekly, and monthly basis
- Ensure that all prepared products are correctly recorded on production records.
- Prepare salads and make sandwiches according to specifications in quantities
- **Must be able to produce high volume sandwich making**
- Make a variety of sandwiches.
- Other duties as assigned

QUALIFICATIONS

- 1 or more years of experience as Sandwich/Salad Maker in the hotel/restaurant industry
- Excellent people skills
- Able to work effectively and efficiently with little supervision
- Ability to prioritize and multitask
- Works well under pressure
- Food Safe Certificate is Required
- CSTS and First Aid would be an asset

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TRAINING OPPORTUNITIES



Indigenous Digital Filmmaking Program



604-990-7904
film@capilanou.ca
www.capilanou.ca/idf

Now Accepting Applications for Fall 2022

Learn all aspect of filmmaking in a state of the art facility at Capilano University Bosa Centre for Film & Animation.

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UPCOMING SASET PROGRAMS!!!



Canada

FOR MORE INFORMATION:

call 604-858-3691

OR

email info@saset.ca

Food Safe

August 22, 2022

First Aid Level 1

August 23, 2022

Traffic Control Training

September 8 & 9, 2022

Warehouse Training

September 19—29, 2022

Employment Prep Training

October 17—27, 2022

PLEASE VISIT WWW.SASET.CA FOR EMPLOYMENT
ASSISTANCE SERVICES AND MORE INFORMATION

SASET FULLTIME EAS OFFICES:

SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET—Sts'ailes Office
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office
2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865

FIND US ONLINE:

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 [@CHEAM_FN](https://twitter.com/CHEAM_FN)



Canada

Sto:lo Aboriginal Skills & Employment Training is pleased to offer:

EMPLOYMENT PREP TRAINING

OCTOBER 17–28, 2022

Are you an Indigenous individual who:

- Is un- or under employed
- Resides in SASET's catchment area
- Is willing to commit to a 2 week full-time certificate training program

If so... we are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with your Employment Counsellor!

Training will take place on-site at Sto:lo Nation
Building 5B, 7201 Vedder Rd
Chilliwack, BC
October 17–28, 2022
Monday to Friday
9:00 AM TO 3:30 PM

COURSE INCLUDES

- First Aid Level 1
- WHMIS
- Skid Steer
- Aerial Lifts
- Forklift
- Food Safe
- Fall Protection
- And more!

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ASSISTANCE AND
SAFETY GEAR PROVIDED!



www.facebook.com/SASET.EAS



www.saset.ca

TO APPLY PLEASE CONTACT SASET:

SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET—Sts'ailes Office
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office
2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865



Trans Mountain Technician Trainee Program



Trans Mountain is excited to announce the Technician Trainee Program.

Our Technician Trainee Program has been designed to help you obtain the necessary skills for our Technician roles and does not require any direct job-related experience.

The Technician Trainee Program will provide individuals with the opportunity to be hired and trained by Trans Mountain in a full-time permanent operational role at our Burnaby & Westridge Terminal locations.



Trans Mountain's goal is to fill up to five Operator Technician Trainee roles and one Emergency Response Technician Trainee role with members from local, neighboring and impacted Indigenous communities by November 2022. Trans Mountain will work with your community's local Employment Coordinators to initiate these recruitments.



Operator Technician: Supports operation of the pipeline system, including petroleum liquid transfers to and from marine vessels. Carries out inspection, local operation, and routine maintenance of facility equipment.



Emergency Response Technician: Ensures a high level of planning and readiness to deal with all emergencies at our facilities. Ensures ongoing safe work practices are being followed at job sites. Works with internal and external emergency responders during emergency response situations. Duties also include day-to-day operational and maintenance responsibilities.

CONTACT US: Trans Mountain

✉ talent@transmountain.com
☎ 1.866.514.6700
💻 transmountain.com



@TransMtn



PO Box 81018
Burnaby, BC V5H 3B0



youtube.com/transmtn



TRANSMOUNTAIN

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Trans Mountain Technician Trainee Program



Trans Mountain is looking for individuals for the Technician Trainee Program with the following attributes:

Positive attitude

Shows initiative

Desire to learn

Demonstrated teamwork

Some computer literacy

A safety mindset

If you would like further information on this Technician Trainee Program or if you are interested in this exciting opportunity, please send your inquiries to: talent@transmountain.com

To submit your application, please go to:

<https://careers.transmountain.com/go/View-All-Jobs/8656147/>



In keeping with Trans Mountain's commitment to maximize benefits for communities, **priority will be given to qualified candidates from Indigenous, local and regional communities along or impacted by the Trans Mountain existing, and/or expansion, pipeline corridor.**

In Alberta, the existing pipeline system spans the traditional territories of Treaty 6, 7 and 8, and the Métis Nation of Alberta (Zone 4).

In British Columbia, the pipelines cross the traditional territories of numerous First Nations that are affiliated with the Secwepemc, Dakelh (Carrier), Nlaka'pamux, Syilx/Okanagan, Interior and Coast Salish, Stó:lo, as well as the Métis.

Trans Mountain also operates through 15 First Nation Reserves located within the region spanning the BC interior through Fraser Valley.

FIND US ONLINE:

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LOOKING FOR A CAREER IN SECURITY & PUBLIC SAFETY?



JOIN OUR BASIC SECURITY TRAINING!

- 40-hour Virtual Training
- Provincially Recognized Program
- Jump start your career in security!

OCTOBER 17- 21

NOVEMBER 14 - 18

DECEMBER 5 - 9

8:30 AM - 5:00 PM

Course covers:

- **Professionalism & Ethics**
- **Legal Studies**
- **Report Writing**
- **Personal Safety**

Sponsorship for cost of the course is available
for all future Securiguard employees!

To apply, contact:

 Taylor.Walters@securiguard.com



778-870-1490

FIND US ONLINE:

Sto:lo Aboriginal Skills & Employment Training
is pleased to host the following program:

Warehouse Training



If you are an Indigenous individual who:

- Is un- or under employed
- Resides in SASET's catchment area
- Is willing to commit to a 2-week full-time program
- Enjoys indoor and outdoor work in all types of weather

If so... we are presently accepting applications for this free training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with an Employment Counsellor today!

Training will take place at
2D—7201 Vedder Road, Chilliwack, BC

September **19—29, 2022**

SASET FULLTIME EAS OFFICES:

SASET—Chilliwack Office

5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET—Sts'ailes Office

4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office

2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865

TO APPLY PLEASE CONTACT SASET:



1-888-845-4455



www.saset.ca



info@saset.ca



www.facebook.com/SASET.EAS



Program includes:

- First Aid
- WHMIS
- Scissor Lift
- Genie Boom Lift
- Forklift Training
- Power Pallet Jack
- Confined Space
- Fall Protection
- Scaffold & Ladder Safety
- Respiratory Protection
- Resume Writing
- And More!!!

LUNCH, TRANSPORTATION SUPPORT
AND SAFETY GEAR PROVIDED!

Please visit
www.SASET.ca for
**Employment
Assistance Service
hours & contact
information**

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**Carve your
own path.**

First Nations Fine Arts

Advanced Diploma • Diploma • Certificate

Freda Diesing School of Northwest Coast Art is the only school of its kind in Canada. Focusing on traditional Indigenous Northwest Coast art and instructed and mentored by world-renowned artists.

Northwest Community College is now Coast Mountain College.

FREDA DIESING
SCHOOL OF NORTHWEST COAST ART

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FALL 2022**

**FULLY FUNDED ONLINE
TOURISM AND HOSPITALITY PROGRAM
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PERFORMERS | STORYTELLERS
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FOR INFORMATION AND TO APPLY

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SERVICE CANADA

READY TO HELP



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: [Covid-benefits.alpha.canada.ca/en/start](https://www.canada.ca/en/start)



Canada COVID-19 App

A tool to help you track your symptoms, receive the latest updates on COVID-19, and access trusted resources.

EMPLOYMENT INSURANCE (EI) PROGRAM

We made temporary changes to the Employment Insurance (EI) program to better support Canadians looking for work. If you are eligible for EI benefits, you will receive a minimum taxable benefit at a rate of \$500 per week, or \$300 per week for extended parental benefits. If you are not eligible for EI, you may be eligible for the proposed new benefits:

- Canada Recovery Benefit (CRB)
- Canada Recovery Sickness Benefit (CRSB)
- Canada Recovery Caregiving Benefit (CRCB)

<https://bit.ly/368vygl>

1-800-206-7218

If you require assistance accessing services, please complete an **e-Service request** form at Canada.ca/service-canada-e-service. An agent will contact you within two business days to assist you or to schedule an appointment.

CANADA RECOVERY BENEFIT (CRB)

The CRB provides \$500 per week for up to 26 weeks for workers who have stopped working or had their income reduced by at least 50% due to COVID-19, and who are not eligible for Employment Insurance (EI). Applications will open on October 12.

<https://bit.ly/2I0Ub5d>

1-833-966-2099

CANADA RECOVERY SICKNESS BENEFIT (CRSB)

The CRSB provides \$500 per week for up to a maximum of two weeks, for workers who:

- Are unable to work for at least 50% of the week because they contracted COVID-19.
- Are self-isolated for reasons related to COVID-19.
- Have underlying conditions, are undergoing treatments or have contracted other sicknesses that, in the opinion of a medical practitioner, nurse practitioner, person in authority, government or public health authority, would make them more susceptible to COVID-19.

<https://bit.ly/36zGjZH>

1-833-966-2099

CANADA RECOVERY CAREGIVING BENEFIT

The Canada Recovery Caregiving Benefit (CRCB) provides \$500 per week for up to 26 weeks per household for workers. The CRCB gives income support to employed and self-employed individuals who are unable to work because they must care for their child under 12 years old or a family member who needs supervised care.

<https://bit.ly/2F6YxXm>

1-833-966-2099

SOCIAL INSURANCE NUMBER

You can apply for your **Social Insurance Number (SIN)** online. Agents are available Monday to Friday, 8:30 am to 4:30 pm Canadian Local Time, except on statutory holidays.

<https://bit.ly/3mCINMK>

1-866-274-6627

Not sure if you need to repay the **Canada Emergency Response Benefit**? Go to Canada.ca/repay-cerb or call 1-833-966-2099.

For a complete list of programs, services and resources available through the Government of Canada visit: Canada.ca/coronavirus

SERVICE CANADA

READY TO HELP — SENIORS



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<https://bit.ly/368vygl>



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UNITED WAY

We are contributing \$9 million through United Way Canada for local organizations to support practical services to Canadian seniors. These services could include the delivery of groceries, medications, or other needed items, or personal outreach to assess individuals' needs and connect them to community supports.

unitedway.ca/how-we-help/find-your-uwc/

SOCIAL INSURANCE NUMBER

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<https://bit.ly/3mCINMK>



1-866-274-6627

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SERVICE CANADA

READY TO HELP — YOUTH



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- Canada Recovery Sickness Benefit (CRSB)
- Canada Recovery Caregiving Benefit (CRCB)

<https://bit.ly/368vygl> 1-800-206-7218

If you require assistance accessing services, please complete an **e-Service request** form at Canada.ca/service-canada-e-service. An agent will contact you within two business days to assist you or to schedule an appointment.

MENTAL HEALTH SUPPORT

We are giving \$7.5 million in funding to Kids Help Phone to provide young people with the mental health support they need during this difficult time.

[Kidshelpphone.ca](https://www.kidshelpphone.ca) 1-800-668-6868

JOBS AND OPPORTUNITIES

We are expanding existing federal employment, skills development, and youth programming to help students find employment and develop valuable skills this summer and over the coming months. Learn more about youth programs:

<https://bit.ly/2YWXcd9>

SOCIAL INSURANCE NUMBER

You can apply for your **Social Insurance Number (SIN)** online.

Agents are available Monday to Friday, 8:30 am to 4:30 pm Canadian Local Time, except on statutory holidays.

<https://bit.ly/3mCINMK> 1-866-274-6627

Not sure if you need to repay the **Canada Emergency Response Benefit**? Go to Canada.ca/repay-cerb or call 1-833-966-2099.

For a complete list of programs, services and resources available through the Government of Canada visit: Canada.ca/coronavirus

CHEAM FIRST NATION FORMS



DO NOT WRITE IN THIS SPACE

ENROLLMENT APPLICATION FOR GROUP BENEFITS



CLIENT — Please complete Parts 2 and 4 of this application and only complete Part 3, if applicable.

PLAN ADMINISTRATORS — Please complete Part 1 of this application.

Please complete form electronically or print clearly in **INK**. Sign, date and submit your application to your Plan Administrator as soon as possible.

☐ New Client ☐ Reinstatement

PART 1 — PLAN ADMINISTRATOR

Policy number 40000	Name of company/organization First Nations Health Authority	Status number
Effective date (mm-dd-yyyy)	Class	Employment type Client
		Hours per week 0

If we have questions, how can we contact you? Telephone: 1 855 550-5454, press "2," then "1" Email: hb.eligibility@fnha.ca

PART 2 — CLIENT/DEPENDENT INFORMATION

Legal first name	Preferred name	Middle initial	Last name	Birthdate (mm-dd-yyyy)	Sex <input type="checkbox"/> M <input type="checkbox"/> F
Street address		City		Province	Postal code
Email address					

For children who have not yet received their own status number, please provide the information requested in the table below.

LEGAL FIRST NAME	PREFERRED NAME	MIDDLE INITIAL	LAST NAME	BIRTHDATE (MM-DD-YYYY)	SEX
First child					<input type="checkbox"/> M <input type="checkbox"/> F
Second child					<input type="checkbox"/> M <input type="checkbox"/> F

PART 3 — CO-ORDINATION OF BENEFITS

If you or any of your dependents have coverage under another plan, please indicate the following:

Name of Insurance company	Group Policy Number	ID or certificate number
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PART 4 — CLIENT SIGNATURE

I agree to the conditions of my benefit plan between First Nations Health Authority (FNHA) and Pacific Blue Cross. I confirm that the information I have provided is true and complete.

If I should receive a settlement or a judgement against a liable third party for wage loss or benefits covered under my group plan, I agree to and authorize the third party to reimburse Pacific Blue Cross up to the amount advanced to me pending such settlement or judgement.

I consent to Pacific Blue Cross collecting, using and disclosing my personal information where reasonably necessary for the purposes of my enrollment or coverage under this group plan. I consent to the disclosure of my personal information to agents and representatives of Pacific Blue Cross and other providers/insurers and their agents and representatives for the purposes of assessing and providing benefits coverage. I also consent to the disclosure of my personal information to my plan administrator when required or permitted by law or by contract between Pacific Blue Cross and FNHA; and to the retention, use and disclosure of my personal information in accordance with the Pacific Blue Cross privacy policy.

The privacy policy is available online at pac.bluecross.ca or by calling Pacific Blue Cross at 604 419-2000.

Client's signature X	Date (mm-dd-yyyy)
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FNHA CLIENTS:



MAIL YOUR APPLICATION

First Nations Health Authority,
Health Benefits Department
501 – 100 Park Royal South
West Vancouver, BC V6B 4E1



FAX

1 888 299-9222



Social Assistance Cheque Schedule 2022

Cheque	Renewals Due By:	Ck. Release Date	Mid-Month 2
January 2022	December 15, 2021	December 31, 2022	January 14, 2022
February 2022	January 14, 2022	February 1, 2022	February 15, 2022
March 2022	February 15, 2022	March 1, 2022	March 15, 2022
April 2022	March 15, 2022	April 1, 2022	April 14, 2022
May 2022	April 14, 2022	April 29, 2022	May 13, 2022
June 2022	May 13, 2022	June 1, 2022	June 15, 2022
July 2022	June 15, 2022	June 30, 2022	July 15, 2022
August 2022	July 15, 2022	July 29, 2022	August 15, 2022
September 2022	August 15, 2022	September 1, 2022	September 15, 2022
October 2022	September 15, 2022	September 30, 2022	October 14, 2022
November 2022	October 14, 2022	November 1, 2022	November 15, 2022
December 2022	November 14, 2022	December 1, 2022	December 15, 2022





CHEAM COMMUNICATION SURVEY 2022

Every survey returned to the band office gets you in a draw to win gift cards

(1 per address)

Home Address: _____

Phone: _____

Email: _____

Names in Household: _____

I would like the Cheam newsletter & notices:

_____ delivered to my home (on reservation)

_____ emailed to me (allows you to zoom in for readability, click links, save paper)

Do you follow Cheam Social Media? If so which ones:

_____ Facebook

_____ Instagram

_____ LinkedIn

_____ YouTube

