

XWCHÍYÒ:M

CHEAM FIRST NATION

COMMUNITY NEWSLETTER: June 29, 2022



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XWECHIYOM XWEXWILMEXW SXWE EYELH

Kwetskwetsmet lis cha xwal letse sqwalewels ye xwe chiyom Xwexwilmexw;

Xw' eyehls cha ye mekw' wat ite xwech'l yom qesu texw eweta o kw'e tl' e met Te ewpi: I qaste qel sqoqe;

Temtames mami:yelhtel ya sq'eqotel qelu lam xwe xwe'eyelf iyolem kw'e o'hletem xwela Ye'mi cha

Temtames lis cha mekw yoyes ye alyem eweta Shxwlistexwes Te xwelitemelh Temtames chasu qexs a: li lalalem xwela kw'e mekw wates

Qas temtames cha xwe'eyems Te temexws qasu ey xwela ye xwechiyom

CHEAM VISION STATEMENT

We the people of Cheam are committed to developing a united and harmonious community. We respect individual's diversity and promote a healthy, self-sufficient lifestyle. We need one another and value one another's views. In appreciation of our uniqueness, we foster mental, physical, emotional and spiritualwellbeing. In doing so, we strive to build pride, dignity and respect amongst our people.

FIND US ONLINE:









ADMINISTRATION NOTICES/UPDATES

SAFETY DURING COVID-19

Only by working together can we keep our community safe!

If you have symptoms please contact the Seabird Nursing Team to request rapid tests:

Cheam Nursing Office 604-794-7171

Seabird Health 604-796-2177

If you test positive for COVID-19, you need to:

- 1. Self-isolate and manage your symptoms
- 2. Let your close contacts know
- 3. Complete an online form to report your test result

PROVINCIAL UPDATE SITE

Safety recommendations:

- · Keep personal gatherings as small as possible
- Stick to the same group of people and only with those you know are fully vaccinated
- Outdoor gatherings are safer than indoor
- Reduce social interactions
- · Ensure proper ventilation indoors by opening windows
- · Avoid all travel, if you're not fully vaccinated
- · Follow the current federal travel advisory
- Stay home if you feel sick

ENBRIDGE Life Takes Energy

PUBLIC NOTICE

Natural Gas Pipeline Work Underway in Your Area

Westcoast Energy Inc., an Enbridge Company, will be conducting controlled natural gas venting in June and July (2022) at Compressor Station 9, within Cheam First Nation lands.

The approximate dates for this work are as follows: June 06^{th} , 07^{th} , 08^{th} , 09^{th} , 10^{th} , 13^{th} , 15^{th} , 17^{th} , and July 5^{th} , 09^{th} , 28^{th} . We expect that the venting will occur once or twice per day and will vary in duration. This is a standard procedure necessary to conduct operations and maintence work at our compressor station.

You may hear noise as a result of this work or smell a gas odor. However, there is no health or safety risk to the public.

Enbridge apologizes for any inconvenience this may cause.

For more information, please contact:

Paul Summers Land and Community Advisor paul.summers@enbridge.com (604) 997-5416



NOTICE TO COMMUNITY OF A CHANGE TO THE CHEAM COUNCIL MEETING DATES IN 2022

The Cheam First Nation Chief and Council approve to amend the Cheam First Nation Chief and Council 2022 Meeting Schedule to the following dates:



- June 28
- July 26
- August 23
- September 13 & September 27
- October 11 & October 25
- November 8 & November 22
- December 13



SAVE THE DATE - UPCOMING EVENTS!

July 1st - Band Office closed for stat holiday

July 6th Band Office closed 12-4:30pm for staff gathering

August 17th Cheam Days/ Back to School Event





Cheam's participation in the First Nations Drinking Water Class Action Lawsuit Settlement

This Class Action Lawsuit is pertaining to Canada's failure to ensure clean, safe drinking water within First Nation Communities. Fifty (50) First Nations across Canada participated in a National Class Action Lawsuit and won support from the Courts directing Canada to pay compensation to those who suffered from a lack of access to clean drinking water.

Cheam First Nation joined the Class Action in June 2021 as we were subject to long-term boil water advisories from October 2011 to October 2012 and November 2013 to November 2014. Members and non-members (with Status Cards) living in the Community during the boil water advisories can and will be included in the Class Action.

Council has directed staff to compile and submit a list of Members and non-members (with Status Cards) that lived in the Community during the years of the boil water advisories. To confirm that you have been included in the Class Action Lawsuit and/or to update your contact information, please connect Rachel Wille at 604-794-7924 or via email at rachel.wille@cheamband.com by June 30, 2022.

Once the list has been submitted, the First Nations Drinking Water Administrator will contact you directly to collect additional information such as banking information, Status Card Number, current address, etc. All individual financial compensation awarded will be sent to you, directly.

If you suffered specific injuries due to the boil water advisory, you may also submit a specific claim for compensation. To submit the Specific Claim, please log onto https://firstnationsdrinkingwater.ca/ and click on claims. All Specific Claims must be filed and received by the First Nations Drinking Water Administrator by March 7, 2023.

For any additional information on the Class Action Lawsuit, please log onto https://firstnationsdrinkingwater.ca/ or call 1-833-252-4220.



Call 1-833-265-7589 or visit firstnationsdrinkingwater.ca for more information.





Tuesday, June 21, 2022 FOR IMMEDIATE RELEASE

ICBA Launches Indigenous Logo Competition

SURREY – As part of the Independent Contractors and Businesses Association's (ICBA) ongoing work with Indigenous communities, ICBA announced today the launch of an Indigenous logo design competition, seeking to enhance ICBA's brand and reflecting the pillars of ICBA while incorporating elements of Indigenous culture.

"ICBA is committed to understanding the history, culture and diversity of First Nations, Inuit, and Métis peoples in Canada," said Chris Gardner, ICBA President. "We are excited to launch this logo competition and to continue meaningful, progressive and respectful engagement with BC's Indigenous communities."

The competition is open to all Indigenous artists in BC and offers a cash prize of \$35,000 to the winning designer. Artists are being asked to create a logo that reflects ICBA's mission and vision as well as the values that guide ICBA – leadership, opportunity, and fairness.

"ICBA's Indigenous engagement is grounded on the idea of 'building possibilities,'" said Gardner. "We believe that reconciliation is achieved through real action, by providing opportunities for meaningful, successful, and long-term partnerships."

At its annual gala dinner in April, ICBA invited seven Indigenous leaders to the stage to present a specially painted drum to NFL quarterback and keynote speaker Russell Wilson. The gift commemorated Wilson's ten seasons with the Seattle Seahawks.

"We are learning more every day about Indigenous traditions and perspectives," said Gardner. "On this National Indigenous Peoples Day, our team is developing plans around the *Truth and Reconciliation Commission's Calls to Action #92*, such as offering cultural awareness training for all our employees and members, and plans for workshops in the fall to highlight best business practices towards economic reconciliation and to hear from Indigenous leaders."

The deadline for submissions to the logo competition is October 6, 2022, at 4:00PM Pacific time. A selection panel (to be named shortly) will make recommendations for the winning submission to the ICBA Board of Directors. ICBA plans to formally announce the winning logo before the end of the year. For full contest rules and submission forms please visit: icba.ca/logocompetition.

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ICBA represents more than 3,500 members and clients in construction and responsible resource development, directly trains more than 6,000 workers every year, and is the single largest sponsor of trades apprentices in B.C. ICBA is also one of the leading third-party providers of group health and retirement benefits in Canada, with more than 125,000 people participating in an ICBA Benefits plan. In 2021 and 2019, ICBA won the Reed Award for North American Trade Association of the Year. icba.ca

FOR MORE INFORMATION:

Chris Gardner, President, ICBA 604-761-4905 chris@icba.ca

Jordan Bateman, VP-Communications, ICBA 604-999-3319 jordan@icba.ca

604.298.7795 800.663.2865 info@icba.ca **Independent Contractors and Businesses Association**

icba.ca

f /CHEAM.FN1

Head Office #800 - 13761 96th Avenue Surrey, BC V3V 0E8







CHEAM ELDERS CORNER

Residential School Memorial Grant

On Wednesday, May 25th the Elders met and formed their first working group pertaining to the Residential School Memorial grant. This funding is to support a memorial and healing are within the Community. A few of the suggestions that were brought forward from the Elders that attended the working group were for:

- A Pit House and Healing Garden;
- Art installations;
- A House Post: or
- A Memorial Bench

As there is not enough funding to support all of the suggestions, the Elders have requested your assistance on how to use this funding and hope that you would please take a moment to provide comments to the following questions?

- 1. Do you feel that the Residential School Memorial Grant funding should be expanded to incorporate all those that we have lost due to Addiction, the 60's Scoop, Missing and Murdered Indigenous Women and Girls, and Children in Care?
- 2. If you were to select one, which would be a priority for you:
 - A Memorial Bench;
 - Art Installations:
 - A House Post: or
 - A Pit House Surrounded by a Healing Garden.
- 3. Do you have any other suggestions on what the funds could be used for?
- 4. Would you be interested in submitting artwork or a conceptual drawing?
- 5. If there were to be a Healing Garden, House Post, Art Installation, or Memorial Bench where would you like to see it placed in the Community?

Please drop off your comments to Daphne or email them to rachel.wille@cheamband.com On behalf of the Elder's, we appreciate all of your comments and suggestions.

The next Residential School Memorial Grant working group meeting in July has been cancelled, we will meet again n August.

2022 CHEAM ELDERS MEETINGS

The Elders meeting schedule for 2022 is below (Cheam Members only). Lunch is available at 12 pm with the meeting to follow.

- July 19, 2022
- August 16, 2022
- September 20, 2022
- October 18, 2022
- November 15, 2022
- December 13, 2022

Upcoming Birthdays	<u>Birthdate</u>
Herman Shaw	July 1
Sydney Trevor J. Douglas	July 3
Debra Ann Douglas	July 4
Ritchie Hudson	July 6
Rosalie Anne Walton	July 6
Rhonda Gail Richardson	July 8
Myron Lee Douglas	July 11
Paula Robin Maxie	July 21
Eugene Lyle Victor	July 21
Patricial Sarah Victor	July 26
Anthony Charles Giroux	July 29
Jacqueline Jo-Anne Douglas	July 29







HEALTH & WELLNESS NOTICES/UPDATES

FREE SOMATIC TRAUMA THERAPY FOR CHEAM MEMBERS

All Cheam Community Members are welcome to register for this free Trauma Therapy. Initial intake sessions are one on one with Winchester Victor. They can be booked with Diana Giroux in the Health Department. For questions specific to the program please contact Winchester at winchester.victor39@gmail.com

SOMATIC TRAUMA THERAPY

To be traumatized is to have parts of ourselves stuck in a stage of reacting to something that made our body feel threatened. The process is instinctive, but the experience is very personal and sensitive. Being traumatized affects all parts of us: spirit, body, emotions, and mind. Our body can help get us to the end of the process.

To distinguish between "trauma" and "being traumatized":

- Trauma is an event or situation that triggers our short-term survival instincts.
- Being traumatized is a stage in the process of responding to the trauma. Our body knows how to process threats to survival. This is an instinctive process. Similar to
- digestion. With digestion, our body just processes on its own. We can't put the brakes
 on digestion by choosing to mentally. But with processing being traumatized, we can
- mentally choose to put the brakes on the process. Most of us have learned to do
- exactly that.

The way to complete the process is to choose to allow uncomfortable physical sensations and emotions to do what they want. When we can give control of our body to our body, our body will guide us to the end of the stuck stage.

Completing the process of being traumatized brings up feelings of fear, anger, and grief. When we stay with those feelings, they will get processed just by being given the space. All we have to do is stick with them. This is easier said than done.

Somatic trauma therapy will be run in groups of 4 people, meeting weekly, for 12 weeks. Consider how committing to this program would affect other parts of life.

In small groups, we support each other through an adapted talking circle and a somatic trauma therapy session.



- Each meeting includes a grounding tool, something to help us reconnect to our
- physical and emotional state.
- Then we learn about trauma and emotions through teachings, from both western and Indigenous cultures.
- We learn to compassionately witness each other and to be witnessed.
- The last portion of the meeting is somatic trauma therapy. Together in our small group, I guide people one at a time through the process of giving control of their bodies over to their bodies. There is often some shaking, crying, or other involuntary movement or sounds. This is part of the body's instinctive process of resolving being traumatized.

FREE FOOD PROGRAMS IN CHILLIWACK





Free Food Programs in Chilliwack

	0		Chicarana or Builtania		
	Starfish Backpack Program	Bi-weekly food hampers for families through the schools	Chwk Community Services, Chwk School District, Salvation Army	Families of school aged children in the Chilliwack School District (elementary to high school)	Through school staff Email Jane jane_ullyot@sd33.bc.ca
	Salvation Army Pantry	Self selection hamper program	Chilliwack Salvation Army	anyone	Walk in only, 45746 Yale Road Daily visits allowed M-F 10-12; 1-4
Hamper	Salvation Army Food Bank	Monthly hamper program	Chilliwack Salvation Army	anyone	Call for appointment M-F 9-12; 1-3 Main office 604 792 0001
Pick Up	Up Food Closet	Basic dry food items up to 6X per calendar year	Sardis Community Church	Anyone living in Sardis	Walk in 45625 S Sumas Rd M-Th 8:30-2:30 Or call main office 604-858-7191
	Hands Up Chilliwack!	Meal kit ingredients, recipes, & virtual cooking demonstrations	Chilliwack Bowls of Hope Society	Families of school aged (elementary and high school) children (delivery available)	Agency or self referral Email Cindy cindy.waters@chilliwackbowlsofhope.com
	Cyrus Centre Youth Hampers	Bi-weekly food hampers for youth	Chilliwack Cyrus Centre (satellite location of the Salvation Army Foodbank)	Youth 24 years old and under	Walk in to register for the program during resource centre hours 12-8pm 7 days/week 45845 Wellington Ave
Baby Food and	0000	Baby food, formula, and supplies	Sardis Doorway for Mothers and Children	infants & toddlers up to 6x per calendar year living in Sardis	Call or email Karin 604-819-6556 sardisdoorway@shaw.ca
Formula Pick Up	ula Meadow Rose Up Baby supplies	Baby food, formula and anything babies need	Meadow Rose Society	Children 3 and under, 2 visits per month	Walk in 45789 Spadina Ave T, W, Th 11-1 Or call 604-392-1133
Pantry (& other) item pick up	y (& Chilliwack item Community up Cupboard	Food, clothing, and other household items available to Chilliwack families at no charge	Chilliwack Community Cupboard Society	Chilliwack families with children under the age of 19	Contact chiliwackcommunitycupboard@gmail.com or 604-845-3367 Open once a week: 9:30-11:30 Thursdays
Meal Pick	Community Dinner	Dinner Take Out	Ruth and Naomi's Mission	Anyone	Walk in only 46129 Princess Ave 7 days/week 6-7pm
ਰੇ	Soup Kitchen	Lunch Take Out	Chilliwack Salvation Army	Adults only	Walk in only 45746 Yale Road M-F 12-1
Meal	Feed the Children	Hot, nutritious lunch delivered to schools	Chilliwack Bowls of Hope Society	School aged (elementary and high school) students in need in Chilliwack Public School District	Speak to staff at your school so they can email Ted ted.kim@chilliwackbowlsofhope.com
Serv	Cyrus Centre Youth Meals	Packaged meals (lunch, snacks and dinner; breakfast Tues & Thurs)	Chilliwack Cyrus Centre	Youth 24 years old and under	Walk in only 45845 Wellington Ave 7 days/week
Hamper Delivery	per Seniors Grocery Program	Free groceries weekly to low- income seniors	Chilliwack & District Seniors Resources Society	Seniors	Agency or self referral Email Kelly director@cdsrs.ca
Meal and Hamper Delivery	and Wilma's per Transition ery Society	Hampers and meals (fresh and frozen options), other needs met	Wilma's Transition Society	anyone	Agency or self referral Call 604-824-0939 Ask for Erin

There are multiple funding partners supporting these programs, please contact individual programs for more details.

There is also the Food Warehouse behind the Salvation Army in Chilliwack on Yale Road. Warren Schatz is the contact person. warrens@salvationarmychilliwack.ca.













FRASER EAST RAPID ACCESS TO ADDICTIONS CARE

INDIGENOUS OUTREACH

Our team can provide a range of services to support you in your substance use journey.

- -HARM REDUCTION SUPPLIES
 - INDIVIDUAL & FAMILY COUNSELLING
- -SUBSTANCE USE TREATMENT REFERRALS
 - NALOXONE TRAINING
 - GRIEF AND LOSS SUPPORT
 - GROUP THERAPY
 - RESOURCE NAVIGATION

Are you struggling with substance use? Or know someone that does? Are you wanting support but unsure how to reach out?



Office Phone: 604-701-3660



Beffer health. Best in health care

We recognize Fraser Health provides care on the unceeded and traditional territories of the Coast Salish and Nlaka'pamux Nations

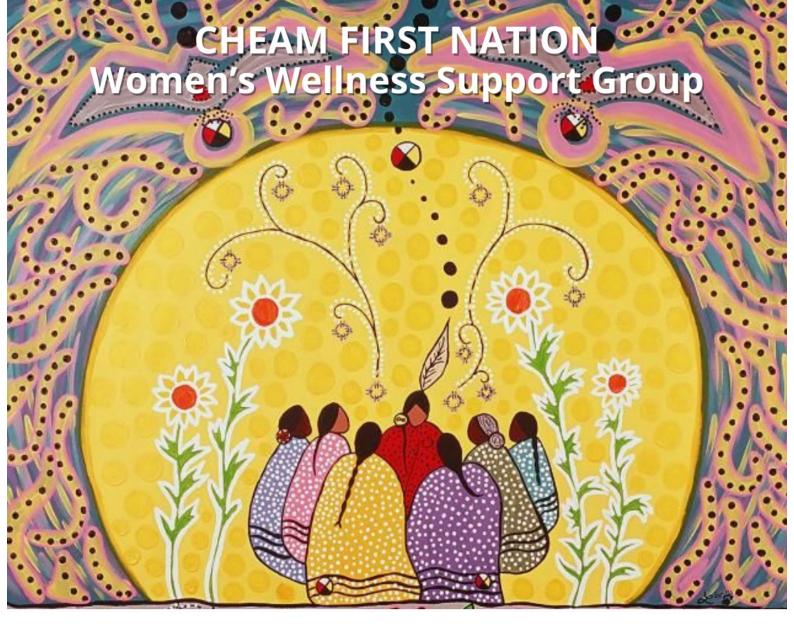
FIND US ONLINE:











Developing Personal Wellness is a weekly open group offered by Cheam Wellness Advocate, Corinne Stone to support women during the on-going COVID-19 restrictions and beyond.

This group meets every Wednesday from 11am-1:30pm in person in the Community Health Room (There will be an option to Zoom in for those unable to

Some of the areas we will explore are:

- * Self-Care
- * Mindfulness Practices
- * Setting Healthy Boundaries
- * Elders' Teachings
- * Crafts and Sewing
- * Beading
- * Workshops (on any needs the group may identify)
- * Visiting Elders/Knowledge Keepers and Ceremony
- * Basic Life Skills

Start Date: Thursday, May 4th, 2022 from 11:00 am to 1:30 pm, in person at the Band office in the Community Health room (by Health reception). Please call 604-794-7927 or email corinne.stone@cheamband.com to sign up.















Wellness Supports

First Nations Health Authority

HEALTH CARE

FNHA Virtual Doctor of the Day

1-855-344-3800

Prescription refills, access medical support and Virtual Substance Use and Psychiatry Service. 7 days a week from 8:30am - 4:30 pm

FNHA Health Benefits

1-855-550-5454

Access health benefits such as: pharmacy, pregnancy and infant care, medical supplies and medical transportation. Can also put individuals in touch with mental health providers for counselling.

HEALTH AND WELLNESS

Shares teachings about respecting tobacco and use through a traditional lens. Tools and support to help individuals on their road to being vape and smoke free.

Terrence Pierre: Tobacco Cessation and Reduction Terrence.Pierre@fnha.ca

Administrative support for response and action to combat the COVID-19 Pandemic within communities. Tracks data on positive cases and supports vaccine clinics.

Jacob Kortenbach: Pandemic Response Coordinator lacob.Kortenbach@fnha.ca

MENTAL HEALTH AND WELLNESS

Navigation of services including treatment, harm reduction, virtual psychiatry services, counselling, and/or traditional wellness.

Sierra Kortenbach: Regional Mental Health and

Wellness Liaison

Sierra.Kortenbach@fnha.ca

Tracey Jirak: Harm Reduction Educator

Tracey.Jirak@fnha.ca

Mehrdad Ghafouri: Harm Reduction Educator

Mehrdad.Ghafouri@fnha.ca

Leah Brody: Regional Addictions Specialist

Leah.Brody@fnha.ca

COMMUNITY WELLNESS INITIATIVES FACILITATORS

Healthy living activities to support the health and wellness of individuals, families and communities.

Nadine Mross:

Nadine.Mross@fnha.ca

Jennifer Heaven:

Jennifer.Heaven@fnha.ca

WELLNESS SYSTEMS NAVIGATORS

Assist individuals to navigate the health care system, connect to and access services and link with appropriate health, wellness and social services.

Marilyn Dalton:

Marilyn.Dalton@fnha.ca

Nardia Brown:

Nardia.Brown@fnha.ca

Jennifer Kazun (Charchun): Children, Youth and Families Jennifer.Charchun@fnha.ca

Kegan Madeira:

Kegan.Madeira@fnha.ca

WELLNESS SYSTEMS QUALITY CARE COORDINATOR

Works with individuals to bring forward stories or experiences that require attention. Connects to resources to support healing through transparent and accountable documentation and resolution of issues.

Deanna Rabeneck:

Deanna.Rabeneck@fnha.ca

FNHA SYSTEM SUPPORT LINE

systems.support@fnha.ca

604-743-0635

MENTAL HEALTH AND CRISIS SUPPORT LINES

Indian Residential School Survivors Society: 1-604-985-4464 or toll-free 1-800-721-0066

KUU-US Crisis Line Society: 1-800-588-8717 *Indigenous*

crisis line in BC. Available 24 hours a day

Tsow-Tun Le Lum Society: 1-888-403-3123 For counselling and cultural support

Indigenous Text Line

Text "First Nations" "Metis" or "Inuit" to: 68 68 68 (youth) or; 741 741 (adults)

Hope for Wellness Line

1-855-242-3310 or: online chat at: chat.fn-i-hopeforwellness.ca

Suicide Prevention Center

1-800-SUICIDE

Mental Health Support Line

310-6789 (no area code)







YOUTH PROGRAMS/OPPORTUNITIES



Tanguage Program

Youth Empowered Speakers (YES!) Program

Deadline: July 11, 2022

Funding amounts up to: \$29,550

The YES program is for B.C. First Nations students age 18-30 who are working towards a career as a language immersion teacher or early childhood immersion educator.

This program includes:

- Tuition
- Living allowance
- Mentor-apprentice language learning
- Paid internship

The goal of the program is for youth to learn their language while preparing for a career in language revitalization in one of two streams:

- 1. Early Childhood Immersion Educator Stream for ECE students
- 2. Language Immersion Teacher Stream for BEd. students



Hannah Green, Language Programs Coordinator, yes@fpcc.ca

For more information and guidelines, visit: fpcc.ca/grants

DMA 2022 UBC In-person Summer Tech Camps Indigenous Scholarships!



More than 40 + camp courses in Seven Career Pathways

- Computer Science + Al
- Business + Entrepreneurship
- Music Production
- Creative Design
- Game Development
- Digital Storytelling
- Robotics + Engineering

July 4th - 29th

Age 9-18 Small classes

One week camp

ISTE Curriculum Gold Standard Learn cutting-edge digital

technologies

8 levels after-camp classes, university portfolio ready

Black-chain tech digital credential

World-class campus experiences Friday showcase



Scan for more info. or APPLY



SCAN ME





Digital Media Academy

info@digitalmediaacademy.org +1 (866) - 526 - 6854 https://halfmoonedu.com/ubc

FREE



PUBLIC SAFETY INDIGENOUS YOUTH CAREER CAMP

Building Bridges, Breaking Barriers, Encouraging Connections

Justice Institute of British Columbia
New Westminster & Maple Ridge Campuses
July 18 - 22, 2022

A weeklong day camp for Indigenous youth ages 15-20. Explore exciting careers in justice, public safety and health through applied education, cultural experiences, and connections. Join us to reflect on your gifts and how they might be applied to exciting and impactful careers.

Apply Online by July 8, 2022

For more information contact: Indigenization@jibc.ca or call 604-528-5621





Learn more and register jibc.ca/IYCC





CANDO 5TH ANNUAL ECONOMIC DEVELOPMENT YOUTH SUMMIT AUG 8-11, 2022

GREY EAGLE RESORT ON TSUUT'INA NATION



Co-MC Hal Eagletail & Michelle Nieviadomy

Keynote Guest Speaker Kendra Rosychuk



Who is Eligible?

Indigenous (First Nations, Métis, Inuit) & Non-Indigenous Youth Aged 18-30 from across Canada Selected Delegates Receive Free Registration, Travel, Accommodation, and Meals

Only 50 Delegates Selected



Compete for \$8,000 in Prizes!

Delegates will be placed into groups at the start of the summit and will compete throughout to earn prizes.

Event Features

- Cultural Showcase
- Workshops

- Mentorship/Networking
- Economic Development
- Land Management/Land Use
- Entrepreneurship



Cultural Showcase

Youth will be have an opportunity to participate in touring the traditional and sustainable Buffalo Paddock and its impact on the Tsuuti'na Nation. The tour guides are knowledgeable locals will lead a walk-through of the Buffalo Paddock.



For more information, please contact Elsie Moar: elsie.moar@edo.ca or (780)990-0303 ext. 233 www.edo.ca/youth/economic-development-youth-summit-2022









FREE



INDIGENOUS YOUTH CAREER CAMP

Building Bridges, Breaking Barriers, Encouraging Connections

Justice Institute of British Columbia New Westminster & Maple Ridge Campuses **July 18 - 22, 2022**

A weeklong day camp for Indigenous youth ages 15-20. Explore exciting careers in justice, public safety and health through applied education, cultural experiences, and connections. Join us to reflect on your gifts and how they might be applied to exciting and impactful careers.

Apply Online by July 8, 2022

For more information contact: Indigenization@jibc.ca or call 604-528-5621





Watch the Video

Visit Website

Learn more and register jibc.ca/IYCC



Summer Lifeguarding Camp Opportunity for Indigenous Youth

The Indigenous Sport & Physical Activity Recreation Council (I•SPARC) is pleased to announce a provincial outdoor leadership learning opportunity through Aboriginal Youth Futures in Recreation & Sport Training (FIRST).

The Summer Lifeguarding Camp encourages Indigenous youth to create a personal vision or goal in their lives by providing short-and long-term opportunities in the areas of Lifeguarding, Lifesaving and First Aid, Scuba Diving and Recreational Leadership.

There is no registration fee for the camp which takes place Aug. 28-Sept. 4, 2022. The camp is suited for participants that are 13-17 years old and the only cost to program participants is transportation to and from the camp (all meals and accommodations will be taken care of). The camp is located at Green Bay Bible Camp, 1449 Green Bay Road, West Kelowna, B.C.

About each stream:



Lifesaving & First Aid

The Lifesaving and First Aid stream offers the possibility of earning a Standard First Aid certification, a Bronze Medallion certification and a Bronze Cross certification which opens doors in policing and firefighting as well as the prerequisite courses for the National Lifeguard Award.

Lifeguarding

The Lifeguarding stream allows participants to earn their National Lifeguard Certification for pools and waterparks, which supports employment opportunities in lifeguarding across Canada, Australia, and the UK. Once these certifications are earned, this stream also supports youth through the job interview process and throughout their lifeguarding career with re-certifications and higher-level training.

Scuba Diving

This stream allows candidates to experience an underwater world and work towards their Open Water and Rescue Diver certification in a supportive and safe atmosphere. These certifications allow youth to scuba dive in locations around the world. A few of the program graduates have gone on to careers in commercial diving and scuba instruction.

Fitness & Nutrition

Education on nutrition and fitness are core to the program. Each day there are half-hour nutrition seminars focusing on daily nutrient intake, beneficial lifestyle choices and substance abuse awareness. The daily morning routine starts with exercise to prepare everyone for the physical environment campers face as they work towards their certification goal.



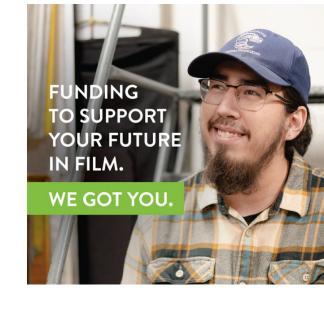






WarnerMedia bursary for Indigenous students

Indigenous students registered in CapU film programs — including Documentary, Animation, Costuming, Indigenous Digital Filmmaking, Motion Picture Arts and VFX — are encouraged to apply for a WarnerMedia award. Why study motion picture arts at CapU? Located at the Bosa Centre for Film and Animation – CapU's hub for entertainment arts – we offer a range of programs and courses for people looking for careers in filmmaking, documentary, lighting/grip work, costuming, animation (2D and 3D), visual effects (VFX), games and virtual reality. The Centre also offers one of the only Indigenous filmmaking programs in North America.



Our facilities include virtual reality and motion capture-equipped studios, Cintiq drawing tablets, high-speed render farms, professional filmmaking equipment and 3D printers. It's a great opportunity to learn the skills required to enter the creative industries. Vancouver, BC is a world-leading centre for film, VFX, animation, games and virtual reality, with more than 250 production studios creating entertainment properties for film, TV, console, mobile and streaming services.

With more job openings in Vancouver than talent to fill them, there are unparalleled opportunities for skilled people. **Apply Now** to start the application process into any of our film programs. Once accepted, you can apply for the bursary through a direct email to Doreen Manuel (dmanuel@capilanou.ca), director of the Bosa Centre for Film and Animation. The WarnerMedia bursary is here to help Indigenous School of Motion Picture Arts students uplift Indigenous voices in film.

! Attention Students!

We have summer positions available for student's that are looking to get into the trades! (Must be 16 years old) Rockbrook Metal Cladding is growing and looking to add Architectural Sheet Metal Installers and Labourers to our team! We are a cladding/metal roofing company based out of the Lower Mainland.

Labourer postions:

- 1 year construction/ roofing experience
- Ability to work at heights
- Valid drivers license and personal transportation

Installer positions:

- 1-3 years experience as an Architectural Metal Sheet or Metal Roofing Installer
- Valid drivers licence and personal transportation
- Previous leadership experience is considered an asset

We provide:

- Safety and Lift certification
- Opportunity for growth

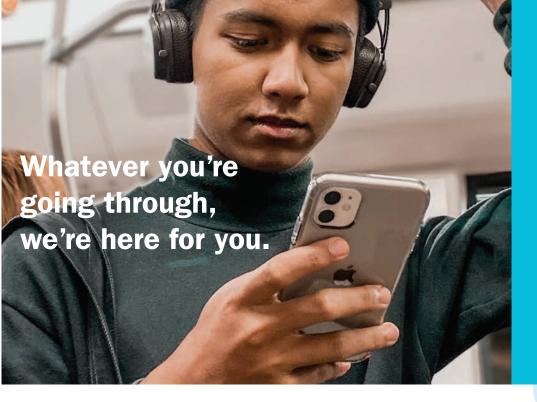
Competitive wages, dependent on experience/position \$20- \$35/hourly. Send your resume to info@rockbrookcladding.com











"I never realized how easy it was to access support through an app on my phone. I accessed Foundry's app from the comfort of my bedroom and spoke with a counsellor the same day. I left my session with resources and a follow- up appointment with a primary care provider. For the first time in a long time, I feel hopeful."

 Youth accessing Foundry Virtual BC services.

Foundry Virtual BC

We offer free drop-in and scheduled counselling & peer support, primary care, employment support and groups for young people aged 12-24 across British Columbia.

All services are free and confidential, no referrals are needed. We offer video, audio and chat options.

Drop-in services: Access same-day counselling and peer support.

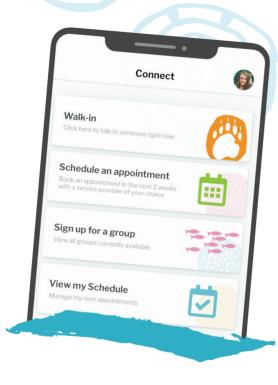
Scheduled appointments: Book counselling or peer support appointments in advance.

Group sessions: Connect with peers, learn coping strategies and life skills.

Primary Care: Speak with a Nurse Practitioner about sexual health, medication, gender affirming care or other medical/health-related concerns.

Employment services: Explore employment opportunities, educational/certification programs or discuss other job or school-related options.

Visit **foundrybc.ca/virtual** to learn more. If you don't have internet access you can contact us at **1-833-308-6379** or email **online@foundrybc.ca**



Download the App or use in a browser

Hours: 7 days/week 1:00pm-9:00pm





The voice of youth is the voice of change.

Put your experience, values, and views about health and wellness into action.

Join the

Fraser Salish Youth Council



FRASER SALISH REGION
First Nations Health Authority

Many fish, same water... your voice matters!

Contact Katelyn.Moon@fnha.ca

FIND US ONLINE:









EMPLOYMENT OPPORTUNITIES



Come Work With Us at Cheam!

To apply to any of the jobs listed below, please visit our website, apply on Indeed.ca, or drop off your resume at the Band Office.

- Adult In-home Care Worker
- Housing Wellness Coordinator
- Genera Maintenance (SASET)

Benefits:

- Disability & Life insurance
- · Extended health care, Dental care & Vision care
- Cultural and Personal Development Training Opportunities
- · On-site parking

CHEAM JOB OPPORTUNITY - General Maintenance Worker (SASET)

Under the direction of the Public Works Manager, the primary purpose of the Cheam Maintenance Worker is to conduct general grounds and building maintenance tasks for all Cheam public/common areas, community grounds, community buildings, water systems, wastewater systems, and Band Rental and Social Housing.

Candidates must meet all SASET criteria to be considered for the position:

- Must be Aboriginal status/non-status, on/off reserve who resides within the SASET catchment
- Must be 18 years of age or older (not currently in school)
- Long term unemployed (3 months or more)
- No longer required by law to attend school
- Not be receiving other Service Canada supports funding

For more info please email <u>tasnia.buchanan@cheamband.com</u> or check out the link to <u>apply online here</u>.









Jobs Listings on Local Forums

- » Camperland Bridal Falls In need of a cook/kitchen helper immediately. happycamperbarandgrill@gmail.com
- » Does anyone want to be employed part at a unique hotel property? The Royal Hotel in Downtown Chilliwack is looking for front desk and housekeeping staff for the busy summer season. Give us a call at 604 792-1210.
- » Chilliwack residential cleaning service, is in need of experienced cleaners. Must have reliable transportation. Flexible hours. Compensation is \$20.00 - \$23.00 per hour. Call (604) 968-2912, or email <u>linda@lindascleaning.ca</u>
- » Bozzini's REstaurant Chilliwack Currently hiring Bussers (no experience needed) and servers. Apply in person.
- » Hello, i am looking for preferrably someone local who can sand and restain my patio deck and stairs asap, thank you! A friend in AGASSIZ is looking for the same, so 2 jobs right in same area 604 761 2744.
- » Leap for Joy Open Air Learning is hiring. 30-40 hr work week depending on preference. \$20-\$25/hr Must love the outdoors and spending time with children exploring. Send resume to nkleapforjoy@shaw.ca
- » Now hiring service clerks for all departments at Freshco Chilliwack. Email resumes to fc8939deptmgr@sobeys.com. Employees get discounts on groceries post probationary period in addition to benefit options. We look forward to hearing from you!

K and L Contracting - Job Opportunities:

- Mechanic Assistant
- Hydro Seeder Assistant
- Class 1 drivers
- Forestry equipment operators for road building and harvesting
- Equipment Operators
- · Sales, Marketing and Business Development
- Administration and Finance
- General Laborers
- Contractor, suppliers, artists and cultural

If you do not see a job you would like to apply for and have an interest in this type of work send us a resume and/or letter outlining your interests as this will assist in keeping a data base on the capacity of Cheam for potential future opportunities to work together on projetcs.

Send resumes and letters to: <u>lincoln@kandlcontracting.ca</u> or drop off at my office on Frontage road in Cheam.





SASET Employment Services At Cheam

Every Thursday from 9:00am-3:00pm

Are you looking for employment or training? Do you need assistance with your resume/cover letter, job search or are you just not sure where to start? We can help you! A SASET Employment Counsellor is here to assist you in taking the steps you need to gain skills to employment.

Sto: lo Aboriginal Skills & Employment Training (SASET) through Service Canada ISET funding provides employment services to under/un-employed Indigenous people who are status, nonstatus, on/off reserve and who reside in our catchment area which extends from Katzie/Langley to Boston Bar and the three communities of Samahquam, Skatin and Xa'xtsa, part of the Lower Stl'atl'imx Tribal Council, regardless of origin in Canada. Within SASET's catchment area there are 31 First Nations. Indigenous individuals can access services from any employment services location in the catchment area.

If you would like to book an appointment, please call 604-858-3691 or

Email: info@saset.ca. Or drop in on a Thursday to get started on your career goals today!

SASET Employment Counsellor can assist with the following and more!

Employment And Career Counselling	Career Research & Exploration	Education And Training Information
Interview Skills	Short & Long-Term Training Applications	Career Planning
Job Search Assistance	Labour Market Information	Job Postings
Resume/Cover Letter	Scholarships, Grants & Bursary Information	Basic Computer Skills











TRANSMOUNTAIN CAREERS

Mechanical Maintenance Technician - Abbotsford

As a Mechanical Maintenance Technician with Trans Mountain, you'll have the opportunity to work with a progressive and fast-paced group of experts.

The Mechanical Maintenance Technician is responsible for ensuring maximum up-time availability of the pipeline pumping equipment and components and the day-to-day safe remote Operations of the pipeline.

Administrative Assistant - Burnaby

As an Administrative Assistant with Trans Mountain, you'll have the opportunity to work with a progressive and fast-paced group of professionals in the Burnaby office, reporting to the Director, Burnaby & Westridge Terminal. This position is based in our Burnaby Regional office.

The successful candidate will be responsible for providing administrative and clerical services to ensure effective and efficient operation of the office and support the work of management and other staff.

Coordinator, Indigenous Relations, Expansion Project (term role) - Burnaby

As a Coordinator, Indigenous Relations (IR) with Trans Mountain, you'll have the opportunity to work with a progressive and fast-paced group of Indigenous Relations professionals. This position may be based in either our Calgary or Burnaby office locations. The Coordinator will be responsible for providing the coordination of logistics, planning, records maintenance and documentation of Indigenous consultation and engagement activities in support of Trans Mountain's permit consultation and engagement in BC and Alberta. This position will coordinate correspondence and consultation/engagement related interactions between members of the Indigenous Relations Team (IRT) and other departments, including both the Trans Mountain Expansion Project (TMEP) and Operations.

<u>Stakeholder Engagement and Communications Specialist, Marine, Expansion Project</u> (term role) - Burnaby

The SE&C Specialist contributes to all engagement and communications specific to the marine aspects of Trans Mountain, with a focus on Westridge Marine Terminal and engagement within the Port of Vancouver communities. The SE&C Specialist will coordinate and support on marine regulatory filings and compliance, as well support engagement with marine stakeholders, including marine industry, applicable regulatory bodies, coastal local government, residents, interest groups, and the public; provides information and insights to the Project team in consideration of stakeholders' interest in Project plans; and completes the necessary reporting requirements related to Project marine conditions and commitments.

View all jobs and sign up for alerts here.







tale'awtxw aboriginal capital corporation

Indigenous Woman's Entrepreneurs (IWE) Micro-Loan Fund

TACC is now delivering the Indigenous Woman's Entrepreneurship (IWE) micro-loan fund to qualifying projects. The IWE fund is a Micro-Loan program that will provide Indigenous Women entrepreneurs with finance and working capital for their small, part-time or home-based businesses.

Types of Assistance:

Program funding of up to \$20,000 for individual owned businesses of which up to 45% of the funds would be forgivable. Funds can be used for start-up expenses and expansion expenses.

Program Summary:

Research shows that Indigenous Women face additional challenges in entrepreneurship stemming largely from their gender and care-giving role within their family and community. Some of these challenges include:

- Access to Financing = hindered by eligibility criteria for equity, collateral, proven credit history, full time involvement in the business and lack of micro-loans available.
- Balancing Responsibilities between family and business
- Fewer Financial Resources to invest in their business due to their lower average income and increase resilience on government transfers.
- Sexism- women not taken as seriously as men, particularly in male dominated industries.
- Lack of Support within their communities as of Indigenous men are often favored within their communities and receive preferential treatment.
- Lack of Knowledge and business training in areas of financial literacy and business planning, regulations, and management. Participation in workshops and training opportunities are often hampered by family responsibilities and lack of transportation.

This program is designed to help indigenous women overcome these challenges and break into the market to become successful entrepreneurs.

Loans Are:

- Up to a maximum of \$20,000 (loans and non-repayable portion are issued together)
- Terms will vary based on amount
- Requires a Credit Bureau inquiry with Equifax, the program understands that some may be re/building their credit.
- Principal repayments can be made at any time without fees or penalties
- Any legal fees if applicable

Applicants must be:

- Be of Aboriginal ancestry Be 19 years of age or older
- Have a 51% equity stake in the ownership of the business Minimum of 5% cash equity
- Must demonstrate they are actively involved in the business and are integral to its ongoing operations.

Stó:lō Service Agency - Human Resource Office



Building #8-7201 Vedder Road Chilliwack, BC V2R 4G5

June 22, 2022

RESEARCH SUPERVISOR (EXTERNAL)

Stó: lō Service Agency requires the services of a qualified Research Supervisor to fill a vacancy within the Research and Special Projects (RSP) Unit of the Stó: lō Research and Resource Management Centre (SRRMC).

The Research Supervisor is an environmentally conscious critical thinker and experienced researcher, who is dedicated to advancing Indigenous-led and community-engaged environmental research. The Research Supervisor reports to and works closely with the Research and Special Projects (RSP) Manager, overseeing projects related to environmental, monitoring, stewardship, conservation, and restoration. The Research Supervisor also facilitates in the management of multi-disciplinary assessments of major project referrals within S'ólh Téméxw (Stó:lō territory). The Research Supervisor will join a multi-disciplinary research department (SRRMC), with expertise in community-based research to support heritage and language conservation, geospatial analysis, land stewardship, and Indigenous-led environmental management and governance.

The Research Supervisor will support the S'ólh Téméxw Stewardship Alliance (STSA) – an alliance of 16 Stó:lō First Nations dedicated to making collective stewardship decisions that protect Stó:lō rights, title and interests throughout S'ólh Téméxw. With a background in environmental research and stewardship, the Research Supervisor will coordinate research activities as part of the Collaborative Stewardship Forum (funded by the province), university partnership research projects, and other externally funded research and engagement projects (e.g. from Federal departments and agencies). Areas of focus include water and air quality; cumulative effectives; Stó:lō-led climate change planning and adaptation; culturally significant species at risk; Stó:lō Indigenous rights in the context of UNDRIP.

The incumbent will also assist the RSP team in managing major environmental and cultural impact assessments. This includes overseeing research activities, collaborating with the People of the River Referrals Office (PRRO) on referrals management, liaising with Stó:lō First Nations, assessment agencies/regulators, proponents, and other organizations, and representing – with the support of the RSP Manager and other RSP staff – the STSA and/or PRRO in meetings.

This position reports to the RSP Manager, and is based at the Central (Chilliwack) SSA office with hybrid/flexible work options available (e.g. 2-3 days a week working remotely).

QUALIFICATIONS AND ATTRIBUTES:

- Applicants should hold an undergraduate degree (a graduate degree or professional qualification is desirable) in a relevant field, such as Environmental Studies/Sciences, Geography, Indigenous Studies, Ecology, Anthropology, Biology or similar.
- At least 2 years of experience in a relevant field (e.g. Indigenous-led and/or Indigenous partnership research; community-based environmental research; natural resource management; environmental monitoring and/or stewardship; environmental planning and resource management; environmental assessment; etc.).
- An equivalent combination of education and experience will also be considered.
- Experience working with First Nations, preferably in BC, is desirable.
- Experience conducting research collaboratively and presenting the findings.
- Strong skills in verbal and written communication, for example, policy development, proposal writing, reporting analyses, delivering presentations, public speaking etc.
- Be able to take direction and work independently, with minimal supervision.
- Ability to coordinate staff and/or consultants to help meet project objectives according to established timelines.
- General understanding and commitment to learning about Stó:lō First Nations, culture, traditions, history, and environmental issues.
- Experience working with budgets and managing project expenses.
- Ability to discuss technical components of research process and planning to a wide range of audiences.
- Ability to maintain working relationships with staff, community members, and representatives of other organizations.
- · Ability and experience travelling for and conducting research in remote settings and/or natural environments.

Shortlisted candidates will be required to provide the following:

- Proof of education documentation
- References: The names, phone numbers, and email addresses of three recent supervisors/managers.
- · One sample of written research or analysis.

Other requirements:

Must possess and maintain a valid Class 5 BC Drivers' License

Must successfully pass the required pre-employment Ministry of Public Safety and Solicitor General Check.

SALARY RANGE: \$70,000 - \$79,170 per annum, plus benefits.

TYPE OF POSITION: Full-time Term with benefits, subject to 3-month probationary period.

Applications Deadline:

4:00 PM, Wednesday July 13th, 2022

Candidates will be screened according to the qualifications/requirements.

Interested candidates are required to submit a resume and covering letter.

Please include the position title in subject line and send to:

Stó:lō Service Agency Personnel Department

Email: jobs@stolonation.bc.ca

For more information about this and other employment opportunities, visit www.stolonation.bc.ca

Stó:lō Service Agency - Human Resource Office



Building #8-7201 Vedder Road Chilliwack, BC V2R 4G5

June 10, 2022

SENIOR RESEARCHER (EXTERNAL)

Stó:lō Service Agency requires the services of a qualified Senior Researcher to fill a vacancy within the Research and Special Projects (RSP) Unit of the Stó:lō Research and Resource Management Centre (SRRMC).

The Senior Researcher is an environmentally conscious critical thinker, who is dedicated to advancing Indigenous-led and community-engaged environmental and/or cultural research. The Senior Researcher will join a multi-disciplinary Research and Special Projects team and department (SRRMC), with expertise in community-based research to support heritage and language conservation, geospatial analysis, land stewardship, and Indigenous-led environmental management and governance.

The Senior Researcher will play a key role in SRRMC and RSP's support to the S'ólh Téméxw Stewardship Alliance (STSA) – an alliance of 16 Stó:lō First Nations dedicated to making collective stewardship decisions that protect Stó:lō rights, title and interests throughout S'ólh Téméxw (Stó:lō territory). The incumbent will contribute with research and analysis on topics such as water and air quality; cumulative effectives; Stó:lō-led climate change planning and adaptation; emergency response and disaster planning; culturally-significant species at risk; Stó:lō Indigenous rights in the context of UNDRIP Acts; among others. The Senior Researcher will also collaborate with the People of the River Referrals Office (PRRO) and support the Research Supervisor and RSP Manager by providing research expertise on environmental and cultural assessments of major works within S'ólh Téméxw, as appropriate.

In this mid-level position, the Senior Researcher will work as part of a team to:

- Collaborate on environmentally-focused research projects with Stó:lö First Nations and through a Stó:lö lens.
- · Analyze research results and support the RSP team in drafting research outputs.
- Participate in meetings with external organizations, agencies, and industry proponents.
- Under the supervision of the RSP Manager, coordinate and conduct primary and/or secondary research to facilitate Stó:lōled and culturally-informed environmental assessment analyses and cultural study components.
- Assess impacts of proposed projects and policy changes on Stó:lō Indigenous rights, title and interests.
- Report findings of research conducted for EA processes, such as to SRRMC teams, the Board of the STSA, other Stó:lō
 First Nations participating in EA processes, etc.
- Support the development of Stó:lō and STSA policies in the areas of environmental assessment and management.
- Support other research staff and projects in RSP and SRRMC, as needed and within the capacity of the position.

This position reports to the RSP Manager, and is based at the Central (Chilliwack) SSA office with hybrid/flexible work options available (e.g. 2-3 days a week working remotely).

QUALIFICATIONS ! REQUIREMENTS:

- Applicants should hold at least an undergraduate degree in a relevant field, such as Environmental Studies/Sciences, Geography, Indigenous Studies, Ecology, Anthropology, Biology or similar.
- 1-3 years of experience in a relevant field (e.g. Indigenous-led and/or Indigenous partnership research; community-based environmental research; natural resource management; environmental monitoring and/or stewardship; environmental planning and resource management; environmental assessment; etc.).
- An equivalent combination of education and experience will also be considered.
- Experience working with First Nations, preferably in BC, is desirable.
- Experience conducting collaborative research.
- · Strong skills in verbal and written communication, e.g., report writing, delivering presentations.
- Ability to work independently and in teams on assigned research projects.
- Commitment to learning about Stó:lo First Nations, culture, traditions, history, and environmental issues.
- Ability to discuss technical components of research process and planning to a wide range of audiences.
- Ability to maintain working relationships with staff, community members, and representatives of other organizations.
- Ability and willingness to travel for research in remote settings and/or natural environments.

Shortlisted candidates will be required to provide the following:

- · Proof of education documentation
- References: The names, phone numbers, and email addresses of three recent supervisors/managers.
- One sample of written research or analysis.

Other requirements:

- . Must possess and maintain a valid Class 5 BC Drivers' License
- Must successfully pass the required pre-employment Ministry of Public Safety and Solicitor General Check.

SALARY RANGE: \$54,600 - \$71,890 (commensurate with education and experience) plus benefits.

TYPE OF POSITION: Full-time Term with benefits, subject to 3-month probationary period.

APPLICATIONS DEADLINE:

4:00 PM, Wednesday July 13th, 2022

Candidates will be screened according to the qualifications/requirements.

Interested candidates are required to submit a resume and covering letter.

Please include the position title in subject line and send to:

Stó:lō Service Agency Personnel Department

Email: jobs@stolonation.bc.ca

For more information about this and other employment opportunities, visit www.stolonation.bc.ca



Position: Ground Crew (Linear Debris Field Technician)

Location: Hope & Merritt (HQ) / Hope & Coquihalla River (OPS), British Columbia

Date: ASAP to June 30th, 2022 - Freshet dependent

Job Overview

The Ocean Legacy Foundation is bringing together a passionate and hard-working crew to collect debris caused by flooding. You will be joining a diligent and determined crew who prioritize teamwork, safety, and communication.

Crews will be transported daily to worksites alongside river systems to clean up debris. Activities consist of collecting and loading debris into designated super sacks. Materials will be removed by helicopter operators and moved to a staging area. There is potential for transportation by helicopter into field work sites. Disassembling challenging debris materials and some hazardous debris materials may be encountered on location.

Job Responsibilities and Duties

- Arrive on time ready to work fully equipped with appropriate PPE, radios charged, lunch packed, etc.
- Organize, sort, and categorize material removed, if required
- Collect assorted debris items from riverbanks and place them in designated super sacks
- Ensure all personal gear and required field gear is present each day
- Report any issues with equipment or unnoticed hazards to the Team Lead right away
- The ability to lift up to 30lbs regularly
- The ability to move safely on uneven terrains and stand for long periods
- Able to work for extended periods outdoors in various weather
- The ability to wear personal protective gear correctly all day
- Work in a safe and efficient manner
- Ability to receive and follow detailed instructions
- Independent thinking and problem-solving skills required

Ideal Candidate

- Can follow direction with good attention to detail
- Punctual, reliable, and well organized
- Work cohesively as part of a team
- Strong interpersonal and verbal communication skills
- Enthusiastic and positive attitude even in challenging work conditions
- Ensure Daily Check In Form (COVID-19 Daily Health Check Questionnaire) and Check Out Form is completed - QR codes provided in designated areas

Required Certificates & Qualifications;

- Previous outdoor work experience such as tree planting, field research, landscaping, shoreline clean-up, wildland firefighting, search and rescue, etc.
- Must be comfortable working outdoors in challenging work environments for prolong work periods Assets
- Familiarity with Incident Command System
- Experience operating radios
- Valid Occupational First Aid Level 1 3 Certifications provided and paid by OLF to complete prior to Fieldwork
- Swiftwater Awareness (online or in-person)
- Accidental Release Measures and Spill Cleanup Procedures (online)
- Wild Safe Awareness (online)

If applying with OLF, please send all completed certifications to careers@oceanlegacy.ca with your name and certification in the subject line.





Employment Notice

Sport and Physical Activity Coordinator, Fraser Region

Do you love talking to people? Making connections in community? Working with a fantastic team? Are you passionate about sport and healthy living? Love organizing events? Want to give back to community and make a difference? Then this job is for you!

About the Indigenous Sport, Physical Activity & Recreation Council

The Indigenous Sport, Physical Activity & Recreation Council (I-SPARC) is a provincial organization established for the purpose of improving the health outcomes of Indigenous people by supporting and encouraging physically active individuals, families, and communities. The programs and services delivered by I-SPARC are designed to build capacity and increase access to sport, recreation, and physical activity in First Nations, Aboriginal Friendship Centres, Métis Chartered Communities, schools, and other delivery agencies throughout British Columbia.

General Description

The Regional Coordinator is a connector, facilitator and collaborator who engages with local community partners and stakeholder groups in the design and delivery of community-based, culturally-relevant sport, recreation, and physical activity programs for Indigenous people throughout their respective region. The Regional Coordinator is one of six (6) Regional Coordinators across the province who work with their Regional Leads and Regional Action Team to implement a Regional Action Plan to help I-SPARC achieve its Five-Pillar strategy. What does this mean in short? Program delivery, people engagement, and positive community experience!

Directly reports to the Manager, Sport Development and Community Engagement, with oversight from the Director, Sport and indirect reporting relationships to other members of the I-SPARC Senior Management team (e.g., General Manager).

Key Responsibilities

Program Delivery - Serve as primary communicator and amplifier for sport, recreation, and physical activity opportunities for Indigenous people within the region

Communicate on a consistent basis and work with the Regional Lead and Regional Action Team to implement regional priorities

Activate and support partner / stakeholder in regional program design and delivery

Develop an annual program delivery plan and objectives for the region

Network with peers (other Regional Coordinators) to share information, resources, cross-promotion, implement best practices, etc.

Coordinate annual Regional Engagement Meetings (REM)

Partnerships

Engage and build networks with First Nations, Friendship Centres, and Métis Chartered Communities to promote activities in the region or provincial activities and events that welcome participants from all regions Build and expand working relationships in the region with Indigenous and Non-Indigenous stakeholders Support partnerships with Indigenous communities, Indigenous education departments, First Nations schools, health and recreation departments and key organizations such as First Nations Health Authority (FNHA) hubs, mainstream regional sport organizations (e.g., PacificSport), youth sport associations and clubs, events, businesses, etc.

Identify opportunities to establish new relationships and strengthen existing relationships in the region Communications

Build regional, community and individual awareness of I-SPARC programs and initiatives in Indigenous sport, recreation, and physical activity











FNESS PROVINCIAL FIRESMART COORDINATOR Competition 22-11

FNESS is currently inviting applicants for the position: FNESS Provincial FireSmart Coordinator

The First Nations' Emergency Services Society of British Columbia (FNESS) is a not-for-profit organization, as well as a registered charity, under the governance of a First Nation Board of Directors. FNESS assists BC First Nations in developing and sustaining safer, healthier and thriving communities. Our programs focus on Awareness, Preparedness, Mitigation and Recovery.

FNESS is expanding on both current and new initiatives in the Mitigation department. Our team is looking for talented individuals who are passionate about making a difference for First Nation communities and empowering others across the province.

Do you have a mitigation background?

POSITION SUMMARY

Reporting to the Mitigation Manager, this is a technical position based in British Columbia. The position involves travel, extensive at times, along with a hands-on approach with duties within the office. The position also plays a crucial role in advising the management team, through the Mitigation Manager.

FireSmartTM is a national program that provides the tools and resources necessary for communities to increase their wildfire resiliency. The FNESS Provincial FireSmart Coordinator will be part of the <u>FireSmart BC team</u> and work alongside the Provincial Home Partners Program Coordinator with the Fire Chiefs Association of BC. The Home Partners Program (HPP) was designed to engage homeowners in voluntary wildfire mitigation activities by offering a professional home assessment with property-specific recommendations.

Duties and Responsibilities (include but are not limited to):

- Act as the single point of contact for the Home Partners Program provincially for all First Nations and Indigenous communities.
- Act as the single point of contact for all First Nations FireSmart Coordinators.
- Support the duties of the FireSmart Rapid Mitigation teams for First Nations in varying capacities.
- Liaise on HPP wildfire resiliency projects internally and externally with stakeholders and partners.
- Recruit, coordinate and provide training for HPP Wildfire Mitigation Specialists and Facilitators.
- Work closely with FireSmart BC and the BC FireSmart Committee to ensure FNESS FireSmart activities align with provincial and national FireSmart objectives.
- Provide leadership, support and direction to the Mitigation staff in meeting the goals, objectives and deliverables of the Mitigation Department.

102 - 70 Orwell Street, North Vancouver, BC V7J 3R5

Tel 604.669.7305 | Fax 604.669.9832 | Toll Free 1.888.388.4431 | Email <u>info@fness.bc.ca</u> | Web <u>www.fness.bc.ca</u>







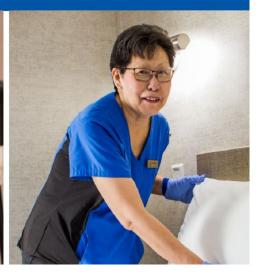


TRAINING OPPORTUNITIES

NOW HIRING CAMP POSITIONS







We're seeking motivated individuals for a variety of camp positions available in Valemount, Clearwater and Blue River, BC.

- **General Helper**
- Bakers Helper Maker
- 3rd (Breakfast) Cook
- Salad/Sandwich
- Janitor

Positions are 20/10 OR 5/5 off rotations. **Full Time Positions**

APPLY TODAY!

Email - FrontecRecruitment@atco.com











Sto:lo Aboriginal Skills & Employment Training is pleased to offer the:

Pre-Trade Program

Next classes start: September 6, 2022



individual residing in the SASET

catchment area who has an
interest in the cooking profession?

If so, contact a SASET employment counsellor to book an appointment and complete the application package.

CONTACT US TODAY!



604-858-3691 Fax: 604-858-3528

Toll Free (BC): 1-888-845-4455



www.saset.ca



https://www.facebook.com/SASET.EAS



5579 Tyson Rd, Chilliwack, BC V2R 0H9

Program Includes:



- Certificates: FoodSafe, First Aid level 1, WHMIS, WCB Awareness
- **♦ Occupational Skills**
- ♦ Stocks, soups and sauces
- Vegetables and fruits
- **♦** Starches
- ♦ Meats
- **♦** Poultry
- ♦ Seafood
- ♦ Garde-mange
- Eggs, breakfast cookery and dairy
- Baked good, desserts and beverages
- Basic kitchen management
- Two week practicum placement



Canada













First Nations Fine Arts

Advanced Diploma • Diploma • Certificate

Freda Diesing School of Northwest Coast Art is the only school of its kind in Canada. Focusing on traditional Indigenous Northwest Coast art and instructed and mentored by world-renowned artists.

Northwest Community College is now Coast Mountain College.















INDIGENOUS STUDENT RECRUITMENT INITIATIVE

The Indigenous Student Recruitment Initiative at Agriculture and Agri-Food Canada (AAFC) offers meaningful and rewarding employment to Indigenous university, college and high school students.



STUDENT EMPLOYMENT **OPPORTUNITIES**

Students can apply through:

- Federal Student Work Experience Program (FSWEP) bit.ly/ISRI-FSWEP
- · Co-operative Education and Internship Program bit.ly/AAFC_RECRUITMENT
- · Research Affiliate Program bit.ly/PSC-RECRUITMENT



GRADUATE EMPLOYMENT **OPPORTUNITIES**

If you have completed a diploma, degree, graduate diploma, Master's degree or a PhD from a post-secondary institution, consider:

- · Post-Secondary Recruitment bit.ly/PS_RECRUITMENT
- · Recruitment of Policy Leaders bit.ly/POLICY_LEADERS





NETWORKING WITH PEERS

Students stay connected with each other through a monthly newsletter that includes:

- · Important Indigenous dates and milestones
- · AAFC employment opportunities
- Student surveys
- · Stories from the Indigenous Network Circle employee community

STUDENT SUPPORT PROGRAM

In the work environment, student support is provided through:

- Training
- Indigenous Mentorship program
- · Knowledge sharing activities

KEY STUDENT RESOURCES INCLUDE

- · One-on-one and group coaching
- Access to Elder services
- · Indigenous student advisors
- · Advice and guidance
- · Cultural awareness activities

CULTURE OF DIVERSITY, EQUITY AND INCLUSION

AAFC is committed to developing, supporting, and retaining a diverse, innovative and high-performing workforce. Students can support diversity, equity and inclusion through AAFC's various networks, including the Indigenous Network Circle.

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Applications are open November 01 – January 15!

DESIGNED AND DELIVERED IN PARTNERSHIP WITH MUSQUEAM INDIAN BAND.

WHAT IS INDIGENOUS COMMUNITY PLANNING?

Indigenous Community Planning (ICP) is a concentration in SCARP's 2-year Masters of Community and Regional Planning (MCRP) program, which is accredited by planning institutions in both Canada and the USA.

ICP has been designated a Noteworthy Practice by the Planning Accreditation Board.

WHY ICP IS IMPORTANT

Planners specialize in identifying, assessing, and implementing solutions to today's community problems. Indigenous Community Planning trains a new generation of planners to break with the colonial legacy and culture of planning, to work in respectful partnership with Indigenous communities, centered on their priorities.

ICP attracts Indigenous and non-Indigenous students from a range of academic and professional backgrounds. We accept 10 students each year.

HOW ICP WORKS

The ICP Concentration:

- ✓ Teaches a blend of Indigenous Knowledge and Indigenous Planning with contemporary planning methods
- Offers education grounded in on-reserve learning, community experience, and knowledge sharing
- Immerses students in an 8-month practicum in a host First Nations community, supporting their own comprehensive community planning process.

JOIN US IF YOU SUPPORT THIS VISION!

The path to reconciliation starts with a people's right to plan their own future and live according to their values. Communities with ICP-supported plans are clear on their priorities and are prepared to move forward with partners towards common ground.

If this vision calls to you, join the next generation of Indigenous Community Planners!

For more information:

- VISIT SCARP.UBC.CA/ICP
- CONTACT MAGGIE.LOW@UBC.CA











SERVICE CANADA

READY TO HELP



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: Covid-benefits.alpha.canada.ca/en/start



Canada COVID-19 App

A tool to help you track your symptoms, receive the latest updates on COVID-19, and access trusted resources.

EMPLOYMENT INSURANCE (EI) PROGRAM

We made temporary changes to the Employment Insurance (EI) program to better support Canadians looking for work. If you are eligible for El benefits, you will receive a minimum taxable benefit at a rate of \$500 per week, or \$300 per week for extended parental benefits. If you are not eligible for EI, you may be eligible for the proposed new benefits:

- Canada Recovery Benefit (CRB)
- Canada Recovery Sickness Benefit (CRSB)
- Canada Recovery Caregiving Benefit (CRCB)

https://bit.ly/368vygl

1-800-206-7218

If you require assistance accessing services, please complete an e-Service request form at Canada.ca/service-canada-e-service. An agent will contact you within two business days to assist you or to schedule an appointment.

CANADA RECOVERY BENEFIT (CRB)

The CRB provides \$500 per week for up to 26 weeks for workers who have stopped working or had their income reduced by at least 50% due to COVID-19, and who are not eligible for Employment Insurance (EI). Applications will open on October 12.

https://bit.ly/2I0Ub5d

1-833-966-2099

CANADA **RECOVERY SICKNESS BENEFIT (CRSB)**

The CRSB provides \$500 per week for up to a maximum of two weeks, for workers who:

- Are unable to work for at least 50% of the week because they contracted COVID-19.
- Are self-isolated for reasons related to COVID-19.
- Have underlying conditions, are undergoing treatments or have contracted other sicknesses that, in the opinion of a medical practitioner, nurse practitioner, person in authority, government or public health authority, would make them more susceptible to COVID-19.



https://bit.ly/36zGjZH

1-833-966-2099

CANADA **RECOVERY** CAREGIVING **BENEFIT**

The Canada Recovery Caregiving Benefit (CRCB) provides \$500 per week for up to 26 weeks per household for workers. The CRCB gives income support to employed and self-employed individuals who are unable to work because they must care for their child under 12 years old or a family member who needs supervised care.

https://bit.ly/2F6YxXm

1-833-966-2099

SOCIAL INSURANCE NUMBER

You can apply for your Social Insurance Number (SIN) online. Agents are available Monday to Friday, 8:30 am to 4:30 pm Canadian Local Time, except on statutory holidays.

https://bit.ly/3mCINMK

1-866-274-6627

Not sure if you need to repay the Canada Emergency Response Benefit? Go to Canada.ca/repay-cerb or call 1-833-966-2099.

For a complete list of programs, services and resources available through the Government of Canada visit: Canada.ca/coronavirus



SERVICE CANADA **READY TO HELP — SENIORS**



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: Covid-benefits.alpha.canada.ca/en/start



Canada COVID-19 App

A tool to help you track your symptoms, receive the latest updates on COVID-19, and access trusted resources.

EMPLOYMENT PROGRAM

We made temporary changes to the Employment Insurance (EI) program **INSURANCE (EI)** to better support Canadians looking for work.

> If you are eligible for EI benefits, you will receive a minimum taxable benefit at a rate of \$500 per week, or \$300 per week for extended parental benefits. If you are not eligible for EI, you may be eligible for the proposed new benefits:

- Canada Recovery Benefit (CRB)
- Canada Recovery Sickness Benefit (CRSB)
- Canada Recovery Caregiving Benefit (CRCB)





1-800-206-7218

If you require assistance accessing services, please complete an e-Service request form at Canada.ca/service-canada-e-service. An agent will contact you within two business days to assist you or to schedule an appointment.

UNITED WAY

We are contributing \$9 million through United Way Canada for local organizations to support practical services to Canadian seniors. These services could include the delivery of groceries, medications, or other needed items, or personal outreach to assess individuals' needs and connect them to community supports.



unitedway.ca/how-we-help/find-your-uwc/

SOCIAL **INSURANCE** NUMBER

You can apply for your Social Insurance Number (SIN) online. Agents are available Monday to Friday, 8:30 am to 4:30 pm Canadian Local Time, except on statutory holidays.



https://bit.ly/3mCINMK



1-866-274-6627

Not sure if you need to repay the Canada Emergency Response Benefit? Go to Canada.ca/repay-cerb or call 1-833-966-2099.

For a complete list of programs, services and resources available through the Government of Canada visit: Canada.ca/coronavirus



SERVICE CANADA **READY TO HELP — YOUTH**



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: Covid-benefits.alpha.canada.ca/en/start



Canada COVID-19 App

A tool to help you track your symptoms, receive the latest updates on COVID-19, and access trusted resources.

EMPLOYMENT INSURANCE (EI) PROGRAM

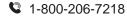
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- Canada Recovery Benefit (CRB)
- Canada Recovery Sickness Benefit (CRSB)
- Canada Recovery Caregiving Benefit (CRCB)



https://bit.ly/368vygl



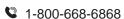
If you require assistance accessing services, please complete an e-Service request form at Canada.ca/service-canada-e-service. An agent will contact you within two business days to assist you or to schedule an appointment.

MENTAL HEALTH SUPPORT

We are giving \$7.5 million in funding to Kids Help Phone to provide young people with the mental health support they need during this difficult time.



Kidshelpphone.ca



JOBS AND OPPORTUNITIES

We are expanding existing federal employment, skills development, and youth programming to help students find employment and develop valuable skills this summer and over the coming months. Learn more about youth programs:



https://bit.ly/2YWXcd9

SOCIAL **INSURANCE** NUMBER

You can apply for your Social Insurance Number (SIN) online. Agents are available Monday to Friday, 8:30 am to 4:30 pm Canadian Local Time, except on statutory holidays.

https://bit.ly/3mCINMK



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For a complete list of programs, services and resources available through the Government of Canada visit: Canada.ca/coronavirus



CHEAM FIRST NATION FORMS





DO NOT WRITE IN THIS SPACE

ENROLLMENT APPLICATION FOR GROUP BENEFITS

	PLAN ADMINISTRATO	nplete Parts 2 and 4 of this ap DRS — Please complete Part 1 electronically or print clearly in	of this application.	-			dministr	ator as soon a	as possible.
	lew Client □ Reinstaten	nent							
P	ART 1 — PLAN ADMI	NISTRATOR							
Polic 400	y number)00	Name of company/organization First Nations Health					Status num	ber	
Effec	tive date (mm-dd-yyyy)	Class	Emple Clie	oyment type			Hours per w	veek	
If w	e have questions, how o	can we contact you? Telephone	e: 1 855 550-5454	, press "2	," then "1'	' Email:	hb.	eligibility@fr	nha.ca
P/	ART 2 — CLIENT/DEP	ENDENT INFORMATION							
Lega	l first name	Preferred name	Middle initial	Last name			Birthdate	(mm-dd-yyyy)	Sex
Stree	t address	1	City				Pro	ovince F	Postal code
Emai	l address								
Fo	r children who have not	yet received their own status r	number, please provide	the inform	nation req	uested in the ta	ble belov	N.	
	LEGAL FIRST NAME	PREFER NAM				LAST NAME		BIRTHDATI (MM-DD-YYYY	∣ SEX
First	child								□ M □ F
Seco	nd child								□ M □ F
P/	ART 3 — CO-ORDINA	TION OF BENEFITS							
If yo	ou or any of your depen	dents have coverage under and	other plan, please indic	ate the foll	owing:				
Nam	e of Insurance company	Group Poli	cy Number			ID or certificate number	er		
P/	ART 4 — CLIENT SIGN	NATURE							
	ree to the conditions of vided is true and compl	my benefit plan between First ete.	Nations Health Authori	ty (FNHA)	and Pacifi	c Blue Cross. I co	onfirm th	at the inform	ation I have
aut	horize the third party to	ent or a judgement against a li reimburse Pacific Blue Cross u	p to the amount advan	ced to me	pending s	uch settlement	or judge	ment.	
or o pro of r the	coverage under this grou widers/insurers and thei my personal information retention, use and discl	oss collecting, using and disclosup plan. I consent to the disclosur agents and representatives for to my plan administrator where osure of my personal informational online at pac.bluecross.ca	sure of my personal inform or the purposes of asses on required or permitted on in accordance with	rmation to sing and p by law or the Pacific	o agents a roviding b by contra Blue Cross	nd representati penefits coverac ct between Paci s privacy policy.	ves of Page. I also of fic Blue C	cific Blue Cro consent to th	ss and other e disclosure
Clien	t's signature					Date (m	nm-dd-yyyy)		
		FNHA CLIENTS: MAIL YOUR A	APPLICATION		♣ FA	X			

First Nations Health Authority, **Health Benefits Department** 501 – 100 Park Royal South West Vancouver, BC V6B 4E1

1 888 299-9222



CHEAM COMMUNICATION SURVEY 2022

Every survey returned to the band office gets you in a draw to win gift cards (1 per address)

Phone:
Email:
Names in Household:
I would like the Cheam newsletter & notices:
delivered to my home (on reservation)
emailed to me (allows you to zoom in for readability, click links, save paper)
Do you follow Cheam Social Media? If so which ones:
Facebook
Instagram
LinkedIn
YouTube