



JUNE 25, 2021

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## **XWECHIYOM XWEXWILMEXW SXWE EYELH**

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Qas temtames cha xwe'eyems Te temexws qasu ey xwela ye xwechiyom

## **CHEAM VISION STATEMENT**

We the people of Cheam are committed to developing a united and harmonious community. We respect individual's diversity and promote a healthy, self-sufficient lifestyle.

We need one another and value one another's views. In appreciation of our uniqueness, we foster mental, physical, emotional and spiritualwellbeing. In doing so, we strive to build pride, dignity and respect amongst our people.





#### **Ey Swayel Friends and Relatives!**



## STRONGER TOGETHER

The discoveries of even more unmarked graves across the country on the sites of former residential schools remain difficult, heartbreaking news. It undoubtedly reopens many wounds within our own families and Community.

We acknowledge that the loss of these young souls, of our loved ones, and the circumstances related to the loss have left our hearts heavy with grief. For some, the events may have triggered difficult feelings.

We encourage anyone affected by experiences with Residential Schools to seek healing and support through the Indian Residential Schools Survivor Society (https://www.irsss.ca/services/counselling | 1-800-721-0066) or a trusted health care provider. Cheam's Health Department can assist in connecting you to a qualified provider 604-794-7927. More information on healing and support services can be found in the Health section of this newsletter.

#### **OTHER INFORMATION:**

- Community Cooling Center
- Elders UAP Reminder
- Community Checkpoints Survey
- Youth Bike Club
- Health Updates



## **COMMUNITY COOLING CENTER**

With an extreme heat warning in effect for this weekend, we will be setting up a Cooling Center in the Cheam gym for Community members without air conditioning who might be struggling to stay cool. The Cooling Center will be open Saturday, Sunday and Monday from 12 noon to 4 pm. Covid-19 health protocols will be in place; physical distancing and masks will be required. Tables and chairs will be set up, so feel free to bring cards, games or other activities to help pass the time!

Please note: the Shelter will be closed Saturday - Monday 12 noon to 4 pm as well, as the high temperatures make the building too hot to safely tolerate.



## **ELDER'S UAP FORMS-**REMINDER

A reminder to all Elders that your Utility Assistance Program form needs to be completed and returned to either Daphne in Reception (daphnee@cheamband.com) or Debbie in the Finance Department (debbie.ormandy@cheamband.com.

The forms, as well as the instructions on how to complete them, can be found at the end of the newsletter, or can requested from be Daphne.

	UTILITY ASSIST			
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## MAINTENANCE **REQUEST REMINDER**

The Housing Department would like to remind all tenants requesting maintenance repairs to please phone or email Daphne in Reception with the request (604-794-7924 or daphnee@cheamband.com) Requests that are called in directly to Public Works or Housing

Department employees are not entered into the maintenance queue the same way and may be missed unintentionally. By submitting maintenance repair requests directly to Daphne we can assure all requests are handled in a timely manner.

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## **COMMUNITY SKILLS DIRECTORY**

Are you a contractor, artisan or service provider with special skills, talents or knowledge to share? We are looking to build a Community Directory made up of contractors with skills such as catering, weaving, beading, knitting, sewing, drum making, traditional singing/dancing, photography, art, etc. We are hoping to use the directory when looking for people to lead workshops, help with participation or even hire contractors for events, goods or services. If you'd like to be included in our Community Directory, please email us with your name, skill/service area, email address, rates and a sample of your work. Submissions can be sent to communications@cheamband.com.

## Sla-hal Fun!

Thanks to those who came out for the Sla-hal Games on Monday! It was great for the Community to come together for fun and community-building. With the Covid restrictions being lifted, we look forward to bringing the



## **CALLING ALL GRADUATES!**

Does someone in your family graduate high school, university, trade school or complete a training program or apprenticeship this year? Please send us their name and grad photo so we can congratulate them in an upcoming issue of the newsletter! Send their name, photo and the schooling they completed (high school, plumbing apprenticeship, etc.) to: <u>communications@cheamband.com</u>.



## **GARDEN BOX USERS**

A reminder to those who signed up for one of the Community Garden Boxes that they are ready for use! Each garden box also comae with a \$100 gift card to be used for seedlings, gardening tools, etc.

If you still haven't picked up your gift card, please contact Daphne in Reception this week.



# **Community Checkpoints Survey**

## **KEEPING THE COMMUNITY SAFE IS A COMMUNITY DECISION**

As the COVID-19 numbers continue to decline and the virus becomes less of a public health threat. funding from the government for the Checkpoints will end very soon and we need your input.

Deadline Extended! Since implementing the Health Checkpoints for COVID-19 in 2020, the Community has experienced a decrease in drug dealers, sex traffickers and other unwanted vehicle traffic. The reduction in vehicle traffic alone has had a positive effect, allowing parents to feel safe letting their children play outside. This decrease in criminal activity is also due to stepping up the Peacekeeper program, which will continue.

As Community safety is paramount, we would like to understand your thoughts on how we should move forward after the funding stops. Council has agreed to continue funding the checkpoints as they are now (with reduced hours at the Lower Gate) until July 17th and then re-evaluate based on the Community survey results. The options below are for your consideration.

#### Remove the gates/ checkpoints entirely and open the Community

Issues:

- RCMP will come into the Community more often
- Vehicle traffic will increase, particularly in the summer, making it unsafe for children to play as they are now
- Drug and sex trafficking may increase

#### Keep the Checkpoints in operation for the summer and have the Nation fund this initiative

**Issues:** 

- Not enough staff. We have struggled over the last six months with having employees not showing up for their shifts for a variety of reasons. This will continue and the gates will need to be open if someone does not show up for their shift. Currently Peacekeepers cover shifts however they have to patrol the entire Community and will not be available to cover full shifts
- This would be a significant cost to the Nation
- We may have to hire non members to staff the gates
- Non community members will have to provide details about why they are entering and license plates will be recorded

NOTE: This option (2) would be reassessed in the fall to determine if this program should be indefinite

#### Keep the Lower Gate (Edwards/Old Yale) closed 24/7 for the summer to reduce thru traffic

**Issues:** 

- Even with informing the school board and emergency services, they may still try to access this gate, causing delays
- This does not prevent traffic coming off highway 9 from entering through the main gate in an attempt to cut through the Community (CFN would put up signs to help with this)
- This does not help keep drug and sex trafficking down
- This is only for the summer

# **Community Checkpoints Survey**

## KEEPING THE COMMUNITY SAFE IS A COMMUNITY DECISION

Which option for the Community Checkpoints do you prefer/support?

1) Remove the gates/checkpoints entirely and open the Community. 2) Keep the Checkpoints in operation for the summer and have the Nation fund this initiative. 3) Keep the Lower Gate (Edwards/Old Yale) closed 24/7 for the summer to reduce thru traffic. Council has agreed to continue funding the checkpoints as they are now (with reduced hours at the Lower Gate) until July 17th and then re-evaluate based on the Community survey results. Please complete the survey online or bring the paper survey to the Band Office by noon on Wednesday, June 30th.

Access the survey online at: <u>https://bit.ly/3pAne1f</u> or by scanning the QR code below.





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# HEALTH DEPARTMENT UPDATES

## **MEET THE NEW WELLNESS ADVOCATE**

Cheam Health and Wellness is pleased to introduce our new Wellness Advocate, Sherri Martin!

"My name is Sherri Martin and I am Metis /Cree. It is my honour to be working for your Nation as the new Wellness Advocate. Please feel free to make an appointment with me or (once the office is reponed fully) to drop in and say hello.

I am available to support, to listen, to hold space for you. Whether you're wanting to attend treatment, find resources, get connected to service providers, or if you just want to talk, I am here for you."

You can reach Sherri at 604-794-7924 Ext. 204 or by email at <u>sherri.martin@cheamband.com</u>.



## **NON-PERISHABLE FOOD AVAILABLE**



Our Health & Wellness team is cleaning out the Food Security room of non-perishable food that is set to expire within the next few months. The bags vary in contents but contain any combination of soup, pasta, rice, flour and various canned goods.

If you are interested in a small bag, please contact the Health & Wellness Department at 604-794-7927 or email Cori at <u>cori.victor@cheamband.com</u>.



**HEALTH & WELLNESS** 

604-794-7927 or INTAKE CELL 604-991-0030

## SUN SAFETY TIPS

## **HERE COMES THE HEATWAVE!**

Although people with darker skin don't sunburn as easily, they can still get skin cancer. So it's important to use sun protection, no matter what your skin colour is.

It's also important for people of all ages to protect themselves from heatstroke and sunstroke. Please follow these tips below and be sure to check on your loved ones in this warm weather

#### SEEK SHADE

If your shadow is shorter than you, find some shade because this means the sun's rays are at their strongest. Sit under a tree at the park. Bring an umbrella for on-the-go protection. If you can see the sky from your shady spot, you still need to cover up with clothing, a hat, sunglasses and sunscreen. UV rays can reach you in the shade by reflecting off the surfaces around you.

#### **COVER UP**

Did you know that clothes protect you better than sunscreen? Cover up as much of your skin as you can with clothing that is made from tightly woven fabric. Or look for clothing that is labelled with a UPF (UV protection factor). Wear a wide-brimmed hat that covers your head, face, ears and neck.

#### WEAR SUNGLASSES

Sunglasses don't have to cost a lot to work well, but make sure you choose close-fitting ones with UVA and UVB protection in a wraparound style. The label might have UV 400 or 100% UV protection.

#### **USE SUNSCREEN PROPERLY**

Sunscreen absorbs UV rays and prevents them from penetrating the skin. Apply a broad-spectrum sunscreen with an SPF of 30 or higher. It's important to apply a generous amount of sunscreen to any skin not covered by clothing. If you're going in the water, make sure your sunscreen is also waterresistant. Remember, use sunscreen along with shade, clothing and hats, not instead of them.

#### **AVOID THE SUN**

Try to seek shade between 11 a.m. and 3 p.m., when the rays are at their strongest.

#### **STAY HYDRATED: DRINK WATER**

You sweat more when the temperature's hot, especially if you're working or exercising outdoors. Drinking water helps replenish the fluids lost by excessive sweating. If you don't get enough water, you may become dehydrated, and the combination of hot temperatures and dehydration can lead to serious heatrelated illnesses.

For more tips and sun-safety information visit: HealthLinkBC (<u>https://bit.ly/3hfCOvx</u>) and the Canadian Cancer Society (https://bit.ly/3vPU6Ez)

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HEALTH & WELLNESS

604-794-7927 or INTAKE CELL 604-991-0030

## **EDUCATION UPDATES & UPCOMING EVENTS**

## **CHEAM AWARDS - SAVE THE DATE!**

The Education Department is holding an awards day, Saturday, July 17 to celebrate the students of the Cheam Community!

More information on the Cheam Awards celebration is to come in the next week or two, but in the meantime, please save the date!



## **KINDERGARTEN REGISTRATION**

Children born in 2016 are eligible to enter kindergarten in the upcoming 2021-22 school year! If you are a parent of a child eligible for kindergarten, you should take action to register before June 25th. If you would benefit from assistance please reach out to Deborah Tuck asap (Deborah.tuck@cheamband.com or 604-745-8024).

## SUMMER LANGUAGE & CULTURE LEARNING CAMPS

We will be running four two-week summer language and culture learning camps for children 6 – 15 years of age. The camps will run July 5 – 16; 19 – 30; August 2 – 13; 16 – 27.

Call/email for registrations for the July 5 - 16 camp on or before June 28th. (Deborah Tuck

Deborah.tuck@cheamband.com or 604-745-8024) Further information on these camps to come.

## SUMMER CAMP "LEADERS IN TRAINING" NEEDED!

The summer learning camp needs two "Leaders In Training" and a cook to create a successful program. These opportunities are available to youth 15 - 30 years in school and/or returning in September. All positions are 8-week, paid summer positions.

If interested, please contact Deborah Tuck (Deborah.tuck@cheamband.com | 604-745-8024 ) ASAP.

## **AVAILABLE SCHOLARSHIP & BURSARIES**

New Relationship Trust has numerous scholarship and bursary opportunities for Indigenous students pursuing post-secondary education. Applications close June 24th. For more information on the available funding and how to apply visit: <u>http://www.newrelationshiptrust.ca/funding/for-students/</u>.





**HEALTH & WELLNESS** 

604-794-7927 or INTAKE CELL 604-991-0030

## **EDUCATION UPDATES**

## **INTRODUCTION TO YOUR JORDAN'S PRINCIPLE** SERVICE COORDINATOR

Éy swáyel,

My name is Chelsea Fillardeau-Hall and I am writing to introduce myself as the Jordan's Principle Service Coordinator in the Fraser Salish and let you know how I can support you and your children to access health, social and education supports, including Jordan's Principle funding.

Jordan's Principle is named in memory of Jordan River Anderson, a young boy from Norway House Cree Nation in Manitoba. Jordan's Principle makes sure all First Nations children living in Canada have access to the products, services and supports they need, when they need them.

To support families, Indigenous Services Canada (ISC) BC Region has been working with First Nations partners to develop and implement a made-in-BC Jordan's Principle Enhanced Service Coordination model of care that puts First Nations children and families at the centre of service delivery.

As a Jordan's Principle Service Coordinator, I can work with you to identify and facilitate timely access to a whole range of federal and provincial health, social, and education products services and supports to meet your child's needs. Plus, I can address questions about Jordan's Principle and assist you to submit requests for funding under Jordan's Principle on their behalf. To be eligible, children must be between the ages of 0-19 years of age.

Further information about Jordan's Principle, including eligibility and how to submit a request, can be found at this link: https://www.sac-isc.gc.ca/eng/1568396042341/1568396159824.

I will primarily work with families within the Fraser Salish region, but First Nations families anywhere in BC are welcome to connect with me. Below is my contact information.

Sg'ewgéyl First Nation Email: Chelsea@acc-society.bc.ca Phone: 604-913-9128 Fax: 604-913-9129

Ch'ithome, Chelsea Fillardeau-Hall





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## **HEALTH & WELLNESS**

604-794-7927 or INTAKE CELL 604-991-0030

## **MENTAL HEALTH AND WELLNESS SUPPORTS**

#### **FNHA INDIVIDUALS: HERE TO SUPPORT**

#### **Mental Health and Wellness**

Navigation of mental health and substance use services including treatment, harm reduction, virtual psychiatry services, counselling, and/or traditional wellness

Sierra Kortenbach: Regional Mental Health and Wellness Liaison Mobile: 778.884.2289 Sierra.kortenbach@fnha.ca

*Community support for addictions related and wellness planning.* 

**Catarina Witt:** Addictions Specialist Mobile: 604.768.7011 <u>Catarina.witt@fnha.ca</u>

#### **Program and Service Supports**

Assistance for individuals and community in navigating the healthcare system, connect to and access appropriate health, wellness, and social services

Jennifer Charchun: Family Wellness System Navigator Mobile: 778.347.3538 Jennifer.charchun@fnha.ca

Marilyn Dalton: Wellness System Navigator Mobile: 778.684.1728 Marilyn.dalton@fnha.ca

Nardia Brown: Wellness System Navigator Mobile: 604.831.2651 Nardia.brown@fnha.ca

Support for communities to initiate, develop, coordinate, and support community health and wellness initiatives and health literacy.

Jennifer Heaven: Community Wellness Initiatives Facilitator Mobile: 604.226.8261 Jennifer.heaven@fnha.ca

Nadine Mross: Community Wellness Initiatives Facilitator Mobile: 604.226.8261 Nadine.mross@fnha.ca

> First Nations Health Authority Health through wellness

#### **ADDITIONAL SUPPORTS**

**Fraser Health** *Refer or connect with a Fraser Health Aboriginal Health Liaison* 1.866.766.6960

#### MENTAL HEALTH AND CRISIS SUPPORT LINES

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**Hope for Wellness Helpline:** 1.855.242.3310 24 hour immediate mental health, counselling and crisis intervention

Indian Residential School Survivors Society: 1.604.985.4464 or toll-free 1.800.721.0066

**KUU-US Crisis Line Society:** 1.800.588.8717 Indigenous crisis line in BC. Available 24 hours a day

**Tsow-Tun Le Lum Society:** 1.250.268.2463 24-hour support line for those struggling with addiction, substance misuse, and trauma, including residential school survivors.

#### DOMESTIC VIOLENCE OR ABUSE

**Domestic Violence Help Line:** 1.800.563.0808 *Confidential and available 24 hours a day with service in multiple languages* 

**VictimLinkBC:** 1.800.563.0808 confidential, multilingual telephone service available across B.C. and the Yukon 24 hours a day, 7 days a week

**KUU-US Crisis Line Society:** 1.800.588.8717 Indigenous crisis line in BC: operates 24 hours a day

Hope for Wellness Helpline: 1.855.242.3310

## ADDICTIONS AND SUBSTANCE MISUSE SUPPORTS

Adults Help Line: 1.800.663.1441 Health Link BC: 811

#### **ONLINE RESOURCES FOR MENTAL HEALTH**

**First Nations Health Authority** - Mental Health and Substance Use: <u>https://www.fnha.ca/what-we-do/mental-</u> wellness-and-substance-use

#### FOR CHILDREN AND YOUTH

Kids Help Phone: 1.800.668.6868

**KUU-US Crisis Line Society Child and Youth Crisis:** 1 250 723 2040 or toll free1 800 588 8717



## **HEALTH & WELLNESS**

604-794-7927 or INTAKE CELL 604-991-0030

## **DID YOU KNOW?**

If you receive an ambulance bill you can have the fee paid through First Nations Health Authority Health Benefits? Contact Marlana Peters, Community Health Representative through Cheam's Health Reception for assistance - 604-794-7927.

## COVID VACCINE CLINIC

For those (12 years and up) still wanting and needing their Covid-19 vaccine, it's as easy as 1-2-3.

1. Register for the vaccine

- 2. Book your appointment
- 3. Get your vaccine



Register now at gov.bc.ca/getvaccinated or by calling 1-833-838-2323

## SEABIRD ISLAND EYE CLINIC

Seabird Island has a number of openings in their upcoming Eye-Health Clinics and has opened up appointments for Cheam Community Members.



#### **Eye Clinic Dates:**

July 14, 15 August 25, 26 Both clinics run from 9:00 a.m. to 6:00 p.m.

**Eye Exam Eligibility:** Adults 18+ - once every 24 months Seniors 65+ - once every 12 months Children 0-18 - once every 12 months

Transportation to and from Seabird Island can be arranged. Please inquire when making your appointment.

Appointments can be made by calling Amanda Peters at 604-796-2177.

## **DR. FOX AWAY**

Please note Doctor Fox will be away for two weeks starting June 21 and will return in Seabird office July 5.



# We're Hiring! START A REWARDING CAREER AND JOIN OUR TEAM

Our current openings and full descriptions of each position are on the following pages and can be viewed at <u>www.cheam.ca/employment.</u>



#### Position: Social Development and Education Coordinator

Submission Deadline: Open Until Filled

#### About the Opportunity

The Coordinator's primary goal is to improve the quality of life for Cheam Band Members requiring assistance and access to Education and Social Assistance programs and to seek ways in which we can empower clients to make healthy and positive life choices.

#### Responsibilities will include, but are not limited to:

- Program and Services Coordination: Develop and/or review and amend policies and procedures, strategic plans, goals, objectives and departmental work plans. Continually assess programs and services and work to improve the quality of those programs and services.
- Education Program Administration: Oversight and administration of the Cheam Education Program. Responsible for program planning, coordination and delivery of educational and employment programs and support services for beneficiaries enrolled in the K-12 public school systems, and for full-time and part-time adult learners under the Cheam Education Policy.
- K-12 Duties: Provide information to parents regarding their child's progress and encourage parents to actively participate in their child's education plan and within the school environment.
- Post-Secondary Duties: Act as an education counselor and hold interviews with potential and funded post-secondary students.
- Budgeting, Financial Reporting and Records Management.
- Client Records: Develop and oversee maintenance of clientele records database; ensuring accuracy of data and that files are up-dated as required.

#### About the Ideal Candidate

- Minimum Post-Secondary education: Bachelor of Education/Administration/Social Services or other related diploma/degree program.
- 3+ years administrative and/or program/services coordination experience.
- 5+ years of experience within the Social Services field and experience administrating Social Assistance programs.
- Knowledge or experience with database (student record systems) is required.
- Ability to balance competing priorities, multitask, and to work under pressure.

#### Compensation and Hours or Work

- Dependant on Education and Experience
- 8 hours per day

#### If you are looking for an opportunity to use your experience, and really make a difference with a progressive First Nation, apply today! Send your resume to hr@cheamband.com



#### Position: Strong Families Recreation Leader 8 hours a day / 5 days a week

Submission Deadline: Open Until Filled

#### About the Opportunity

We currently have an opportunity for a Strong Families Recreation Leader. The applicant will be responsible for developing, coordinating, administration and managing suitable recreational programs for Cheam Members. The position will be required to work with all age ranges, and will require significant shift, evening, and weekend work.

#### Responsibilities will include, but are not limited to:

- Develop, coordinate, promote and evaluate recreational programs for all ages and abilities.
- Develop annual recreation workplans and corresponding budgets in conjunction with the Wellness Manager and other "planning" team members. This will include organizing and maintaining an annual calendar of all scheduled events.
- Monitor and administer the recreation budget, reviewing and approving expenses, purchasing needs supplies/materials, etc.
- Ensure an opportunity for a variety of safe, accessible and appropriate recreational activities.
- Develop, recommend and implement recreational programming-based policies and procedures, as required.
- Respond to community needs and public inquiries/complaints as they relate to recreational programming.

#### About the Ideal Candidate

- Post-Secondary education in Recreation, Child/Youth care, Social Work, or a related field.
- Preferred two years' work experience in a similar role. Strong ability in recreation program design, development, implementation, and evaluation.
- Working knowledge of health and safety aspects to recreational programming and other recreation trends.
- Proficiency in report writing and budget management. Familiarity with Generally Accepted Accounting Principles, is considered an asset.
- Experience in proposal/grant writing and awareness of resources that exist to assist with recreational programming expenses.
- Experience with and understanding of effective advertising and promotional techniques.

#### **Compensation and Hours or Work**

- Dependant on Education and Experience
- 8 hours per day/ 5 days per week

#### If you are looking for an opportunity to use your experience, and really make a difference with a progressive First Nation, apply today! Send your resume to hr@cheamband.com



#### Position: Recreation Assistant Hours vary – 13-week SASET summer student position

Submission Deadline: Open Until Filled

#### About the Opportunity

We currently have an opportunity for a Recreation Assistant. The applicant will be responsible for assisting in the development, coordination, administration and management of suitable recreational programs for Cheam Members. The position will be required to work with all age ranges, and will require significant shift, evening and weekend work.

#### Applicant must meet all SASET requirements:

- Must be First Nations/Inuit, status/non-status, reside on or off reserve, within SASET catchment area
- Should be minimal 15 years of age and returning to school
- Secondary and post-secondary students must be registered full-time students during previous academic year and intend to return to full-time studies in the following academic year
- Must have a valid Social Insurance Number at the start of the program
- All Service Canada Personal Information Forms (PIFS) and Client Consent Forms (CC's) must be submitted prior to commencement of program

#### Responsibilities will include, but are not limited to:

- Assist in the development, coordination, promotion, and evaluation of recreational programs for all ages and abilities.
- Assist in the development of annual recreation workplans and corresponding budgets in conjunction with the Wellness Manager and other "planning" team members. This will include assisting in organizing and maintaining an annual calendar of all scheduled events.
- Assist in monitoring and administering the recreation budget, reviewing and approving expenses, purchasing needs supplies/materials, etc.

#### About the Ideal Candidate

- Post-Secondary student in Recreation, Child/Youth care, Social Work, or a related field.
- Preferred two years' work experience in a similar role. Willing to learn about recreation program design, development, implementation, and evaluation.
- Working knowledge of health and safety aspects to recreational programming and other recreation trends.
- Willing to learn report writing and budget management.

#### **Compensation and Hours or Work**

- Dependant on Education and Experience
- Hours vary 13-week summer student position

#### If you are looking for an opportunity to use your experience, and really make a difference with a progressive First Nation, apply today! Send your resume to hr@cheamband.com



#### Position: General Maintenance Worker Full-time, Permanent

Submission Deadline: Open Until Filled

#### About the Opportunity

We currently have an opportunity for a general maintenance worker. The applicant will be responsible for the overall cleaning of the Band Administration Office, Community Hall, Education Building, etc. Respective Band Office wings (Health and Administration) will be designated as required. All public and main areas (foyer, public washrooms, gym, etc.), are the shared responsibility of the custodial team.

#### Responsibilities will include, but are not limited to:

- Complete general maintenance tasks for all public/common areas, community grounds and community buildings.
- Operate equipment and various small power/hand tools.
- Maintain Cheam Band lawns and yards: Mow, weed (weedwack), and treat all Band fields and grass, including cemetery, prune/trim trees, hedges and shrubs as required.
- Clean external areas such as entranceways, sidewalks and parking lots using rakes, shovels and other equipment to remove dirt, leaves, snow and other refuse.
- Perform repair and maintenance as needed.
- Complete refuse/garbage collection and recycling tasks.
- Perform basic laboring work such as digging, raking, etc.
- Perform materials handling; this includes delivering materials from one site to another and loading and off-loading.

#### About the Ideal Candidate

- Previous experience working in a construction environment would be considered an asset.
- High regard for safety and ability to comply with WorkSafeBC and WHMIS rules and regulations at all times.
- Strong work ethic and a positive attitude, excellent attendance, ability to follow instructions.
- Good physical strength, hand-eye coordination and endurance. Ability to lift, handle and move 50 lbs. Must be able to perform physically demanding work such as, but not limited to: lifting, pulling, digging, stooping, and climbing a ladder, etc.
- Must be able to work flexible hours. Hours of work may vary from early mornings, evenings and weekends. Ability to work varied shifts including evenings and weekends when required.

#### **Compensation and Hours or Work**

- Dependant on Education and Experience
- 8 hours per day

#### If you are looking for an opportunity to use your experience, and really make a difference with a progressive First Nation, apply today! Send your resume to hr@cheamband.com



Position: General Maintenance Worker 6 month SASET Contract

Submission Deadline: Open Until Filled

#### About the Opportunity

Eligible candidates must meet SASET requirements:

- Must be Aboriginal status/non-status, on/off reserve who resides within the SASET catchment area
- Must be 15 years of age or older (not currently in school)
- Long term unemployed (3 months or more)
- No longer required by law to attend school
- Not be receiving other Service Canada supports funding

The applicant will be responsible for the overall cleaning of the Band Administration Office, Community Hall, Education Building, etc. Respective Band Office wings (Health and Administration) will be designated as required. All public and main areas (foyer, public washrooms, gym, etc.), are the shared responsibility of the custodial team.

#### Responsibilities will include, but are not limited to:

- Complete general maintenance tasks for all public/common areas, community grounds and community buildings.
- Operate equipment and various small power/hand tools.
- Maintain Cheam Band lawns and yards.
- Mow, weed (weedwack), and treat all Band fields and grass, including cemetery.
- Prune/trim trees, hedges and shrubs as required.
- Clean external areas such as entranceways, sidewalks and parking lots using rakes, shovels and other equipment to remove dirt, leaves, snow and other refuse.
- Perform repair and maintenance as needed.
- Complete refuse/garbage collection and recycling tasks.
- Perform basic laboring work such as digging, raking, etc.
- Perform materials handling; this includes delivering materials from one site to another and loading and off-loading.
- Perform set-up and clean-up requirements at various job sites.

#### About the Ideal Candidate

- Previous experience working in a construction environment would be considered an asset.
- High regard for safety and ability to comply with WorkSafeBC and WHMIS rules and regulations at all times.
- Strong work ethic and a positive attitude.
- Excellent attendance.
- Ability to follow instructions.
- Good physical strength, hand-eye coordination and endurance. Ability to lift, handle and move 50 lbs. Must be able to perform physically demanding work such as, but not limited to: lifting, pulling, digging, stooping, and climbing a ladder, etc.
- Must be able to work flexible hours. Hours of work may vary from early mornings, evenings and weekends. Ability to work varied shifts including evenings and weekends when required.

#### **Compensation and Hours or Work**

- Dependant on Education and Experience
- 8 hours per day

#### If you are looking for an opportunity to use your experience, and really make a difference with a progressive First Nation, apply today! Send your resume to hr@cheamband.com





#### Position: Social Development and Education Clerk

Submission Deadline: Open Until Filled

#### About the Opportunity

The Clerk's primary goal is to assist the Social Development and Education Coordinator in improving the quality of life for Cheam Band Members requiring assistance and access to Education and Social Assistance programs.

#### Responsibilities will include, but are not limited to:

- Program and Services Coordination: Ensure the development and delivery of specific activities and services identified in annual departmental work plans.
- Education Program Administration: Provide education information and guidance to assist students and parents to achieve a better understanding of the school systems and aid students and parents in identifying the need for furthering their education.
- K-12 Duties: Complete tracking, data entry and reporting of the nominal roll.
- Budgeting, Financial Reporting and Records Management.
- Client Records: Maintain confidential files on each Education client which is to include school/institution info., tuitions and book expenses, etc.

#### About the Ideal Candidate

- Certificate in Education/Administration/Social Services or other related program or comparable experience.
- 2 years of administrative and/or program/services coordination experience.
- 2 years of experience within the Social Services field and experience administrating Social Assistance programs.
- Knowledge or experience with database (student record systems).
- Ability to understand and interpret funding agreements, including meeting required funding deadline submissions.
- Advanced computer skills including Microsoft Office Applications (Word, Excel, Internet, and Email).
- Ability to balance competing priorities, multitask, and to work under pressure.

#### **Compensation and Hours or Work**

- Dependant on Education and Experience
- 8 hours per day

#### If you are looking for an opportunity to use your experience, and really make a difference with a progressive First Nation, apply today! Send your resume to hr@cheamband.com

Cheam thanks all applicants for their interest, but only those selected for an interview will be contacted.

Website: www.cheam.ca



#### Position: Social Development and Education Clerk 1-year SASET Contract

Submission Deadline: Open Until Filled

#### About the Opportunity

Eligible candidates must meet SASET requirements:

- Must be Aboriginal status/non-status, on/off reserve who resides within the SASET catchment area
- Must be 18 years of age or older (not currently in school)
- Long term unemployed (3 months or more)
- No longer required by law to attend school
- Not be receiving other Service Canada supports funding

The Clerk's primary goal is to assist the Social Development and Education Coordinator in improving the quality of life for Cheam Band Members requiring assistance and access to Education and Social Assistance programs.

#### Responsibilities will include, but are not limited to:

- Program and Services Coordination: Ensure the development and delivery of specific activities and services identified in annual departmental work plans.
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- K-12 Duties: Complete tracking, data entry and reporting of the nominal roll.
- Budgeting, Financial Reporting and Records Management.
- Client Records: Maintain confidential files on each Education client which is to include school/institution info., tuitions and book expenses, etc.

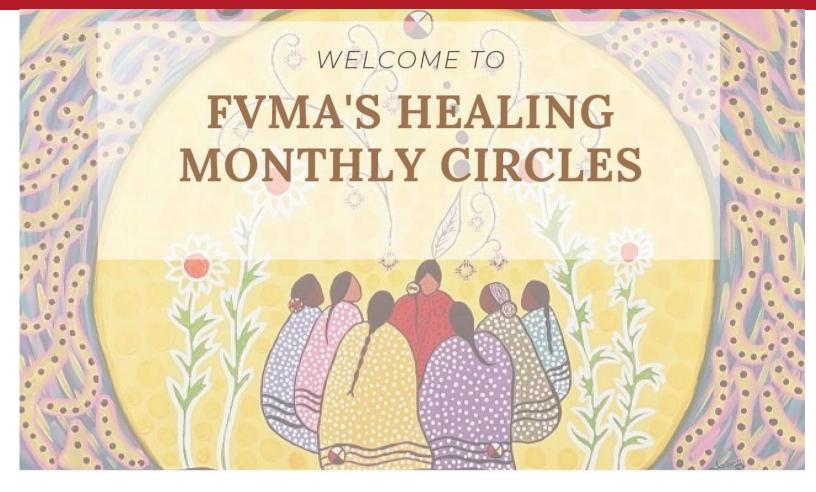
#### About the Ideal Candidate

- Minimum Post-Secondary student: Education/Administration/Social Services or other related program.
- Prefer 1 year administrative and/or program/services coordination experience.
- Prefer 1 year of experience within the Social Services field and experience administrating Social Assistance programs.
- Knowledge or experience with database (student record systems) is an asset.
- Willing to learn to understand and interpret funding agreements, including meeting required funding deadline submissions.

#### **Compensation and Hours or Work**

- Dependant on Education and Experience
- 8 hours per day

#### If you are looking for an opportunity to use your experience, and really make a difference with a progressive First Nation, apply today! Send your resume to hr@cheamband.com



## **Come Join the Circle of Healing**

In collaboration with trained Elders, the Fraser Valley Métis Association will be hosting on-going healing circles on the last Wednesday of every month, starting June 30th at 6:30 pm. These circle are open to anyone who is wanting to address feeling associated to colonialism, residential schools, 60's Scoop, Indian Hospitals and all around trauma. If you are interested in joining these healing circle please register at grandmothersteachings@gmail.com



TSANDLIA TEL SKWIX,

#### TÉLÍ TSEL KW'E SQ'EWQEYL

I am currently a Teacher at Mt. Slesse Middle School

## ÉY SWÁYEL!

Kw'els Kwetsló:me!

I am excited to lead the Place-Based Summer Learning Program!

For 2 weeks we will be exploring the world around us through Indigenous authors, oral histories, and knowledge keepers.

#### **Indigenous Summer Learning Program for Grades 1 - 5**

Registration is open until June 30, 2021 Open to all Indigenous students in grades 1 – 5 (First Nations Status, Non- Status, Metis, Inuit).

This program will strengthen your child's Literacy and Numeracy skills and foster their love of learning with engaging classroom activities. This course will support your child's social-emotional development and improve school-based skills for student success. In this setting, your child will build cultural connections by exploring our community, learning outdoors, and participating in cultural activities. This is an activity-based program that provides daily activities and physical literacy education. Students should wear appropriate running shoes.

Strengthening Literacy and Numeracy skills through place-based instruction and programming. Utilizing the First Peoples Principles of Learning, this place-based approach immerses students in local culture, landscapes and experiences that will provide an engaging experience to enhance literacy and numeracy skills.

> DATES: To be announced TIME: 8:30 am – 12:30 pm LOCATION: • North Side Cohort: TBA for Community • South Side Cohort: TBA for Community

# PLAY BALL SUMMER CAMP





A SAFE IN-PERSON BASEBALL PROGRAM Designed Using Best Practices from Returnto play guidelines across the country to get youth active and playing Ball this summer

#### PARTNERED COMMUNITIES RECEIVE

- RAWLINGS EQUIPMENT KIT;
- BLUE JAYS T-SHIRTS FOR THE YOUTH & COACHES;
- TRAINING FOR PROGRAM LEADERS;
- PPE;
- FINANCIAL ASSISTANCE;
- ON-GOING SUPPORT FROM THE JAYS CARE TEAM; AND
- JAYS CARE PROGRAM MANUAL THAT INCLUDES:
  - 8 FULL SESSION PLANS
  - 70+ SOCIALLY DISTANCED ACTIVITIES TO PLAY

#### **REQUIRED TO RUN THIS PROGRAM**

- ONE DEDICATED INDIVIDUAL TO RUN THIS PROGRAM;
- A WILLINGNESS TO RUN THE PROGRAM FOR AT-LEAST 8 WEEKS;
- A LARGE GYM SPACE OR FIELD; AND
- A COMMITMENT TO COMPLETING A MID-PROGRAM REPORT



IF YOU HAVE ANY QUESTIONS PLEASE CONTACT: Alex Mohamed Alex.Mohamed@bluejays.com

Request an application form by emailing: <u>communications@cheamband.com</u>



## Join us for a series of free webinars about personal finance.

We are excited to let you know about a series of free online workshops we will be hosting in the coming weeks and months!

Our Indigenous and the North Housing Solutions team has worked with a number of financial institutions to create a series of free online financial literacy workshops that provide valuable insights and information on a variety of topics about personal finance.

This series of online workshops is for people who wish to learn more about home ownership, or simply want to learn about personal finance in general. They will be tailored for Canadians living in the Northwest Territories, Yukon, and Nunavut.

They have been specifically created for Canadians who identify as Indigenous, and are:

- Potential future homeowners
- · Working for territorial housing corporations or ministries
- Entrepreneurs
- Youth/Young adults
- · Anyone looking to better understand credit and build better credit
- · Interested in building market housing in their communities

### Check out the topics we'll be covering and register today! <u>http://ow.ly/4biG50F9ZH8</u>









#### What Is It?

An online group that will help you build skills and confidence for job searching...and life!

#### When Is It?

We have 3 separate groups-choose one that works with your summer schedule! Either July 12–16, July 26–30, or August 23–27. 5 days-4 hours a day commitment.

#### Where Is It?

Online-from the comfort of your own home!

#### Who Is It?

Want to get paid to learn? Our group leaders are Youth Counsellors who are committed to helping you achieve your goals. The groups are kept small (8 participants) and are made up of like-minded teens who are ready to expand their skills and abilities!

#### Why?

We recognize getting a job, and navigating relationships, challenges, school, etc. can be really tough! We want to set you up for success. Plus....there's lots of awesome incentives for



joining!

Call Ann Davis Transition Society to apply today! 604-792-2760

Earn gift cards, certificates, references and friends!



#### MURDERED & MISSING INDIGENOUS WOMEN & GIRLS



# GOAL SETTING WORKSHOP JUNE 30 2021 | 4 PM TO 6 PM FREE YOUTH WORKSHOP ON ZOOM AGES 13+

EMAIL TO REGISTER : GAILJONES@IRSSS.CA OR MARGARETPETERS@IRSSS.CA



IAN RESIDENTIAL OOL SURVIVOR







Zoom Event

# Self Defense Training

*This course presents principles, concepts, tools, skills and techniques that empower women and youth to protect themselves.* 

The course is designed for women and girls who want to explore their own capabilities and self defense.



**EMAIL TO REGISTER** gailjones@irsss.ca conniegreyeyes@irsss.ca chascoutlee@irsss.ca margaretpeters@irsss.ca

#### WEDNESDAY TO FRIDAY

July 7, 8, 9 2021

## **PSST... Hey Chilliwack!**



Do you use our parks, trails, pools, fields, and rinks?



Have you ever caught a show at the Cultural Centre, or visited the museum?



What would you like to see for recreation and culture in Chilliwack?

#### Get Involved with the Chilliwack Park, Recreation and Culture Master Plan!

The City of Chilliwack is updating our Parks, Recreation and Culture Plan for 2024 to 2033 This plan will help us deliver quality parks, recreation opportunities, and cultural amenities for our growing community. Help us make Chilliwack's parks, recreation and culture offerings better for you and those you care about by sharing your feedback.

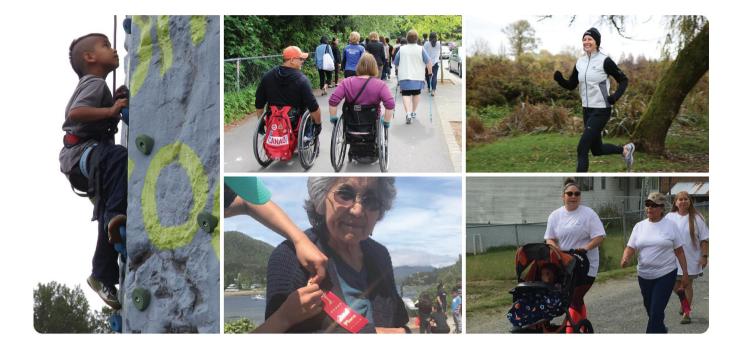


www.engagechilliwack.com/recreation

Survey closes on July 4, 2021

## JOIN THE 30x30 FNHA ACTIVE CHALLENGE!

The province is slowly starting to reopen and it's time to get up and get active once again! We're encouraging all Cheam Community members to take part in the FNHA's 30x30 Active Challenge! Simply sign up and commit to 30-minutes of activity for the entire month of June, challenge your friends and family to do the same and watch as your energy levels and general health improve!



## We invite all Indigenous peoples across BC to join us in our 30x30 Active Challenge during the month of June!

#### HOW?

- Commit to doing 30 minutes of physical activities each day during the month of June (30 days)
- Get your friends and family to take up the challenge
- Read our social media posts/share your experience with us using our hashtags/ win prizes throughout the month
- To register: https://fnha.wishpondpages.com/30x30active-challenge/

#### WHY?

- Being active and trying new activities is fun!
- Being active helps maintain health and fitness over time
- Being active increases your energy and enhances mental well-being



First Nations Health Authority Health through wellness

#### **#FNHAWellness**

#### #30x30ActiveChallengeFNHA

# FNHA 30x30 Active Challenge June 2021

**EVERY THURSDAY:** Inspirational Indigenous Athletes Series MONDAY, JUNE 21: National Indigenous Peoples Day

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 30 minutes of activity	2 30 minutes of activity	3 30 minutes of activity	<b>4</b> 30 minutes of activity	5 30 minutes of activity
		Daily water consumption	Daily water consumption	Daily water consumption	Daily water consumption	Daily water consumption
5	7	00	Q	10	11	12
30 minutes of activity	30 minutes of activity	30 minutes of activity	30 minutes of activity	30 minutes of activity	30 minutes of activity	30 minutes of activity
Daily water consumption	Daily water consumption	Daily water consumption	Daily water consumption	Daily water consumption	Daily water consumption	Daily water consumption
13	14	15	16	17	18	19
30 minutes of activity	30 minutes of activity	30 minutes of activity	30 minutes of activity	30 minutes of activity	30 minutes of activity	30 minutes of activity
Daily water consumption	Daily water consumption	Daily water consumption	Daily water consumption	Daily water consumption	Daily water consumption	Daily water consumption
20	21	22	23	24	25	26
30 minutes of activity	30 minutes of activity	30 minutes of activity	30 minutes of activity	30 minutes of activity	30 minutes of activity	30 minutes of activity
Daily water consumption	Daily water consumption	Daily water consumption	Daily water consumption	Daily water consumption	Daily water consumption	Daily water consumption
27	28	29	30			
30 minutes of activity	30 minutes of activity	30 minutes of activity	30 minutes of activity			
Daily water consumption	Daily water consumption	Daily water consumption	Daily water consumption			

## **FNHA ACTIVE CHALLENGE CALENDAR**



# YOUR STORIES YOUR VOICE

## **START YOUR JOURNEY**

The only school of its kind in Canada!

#### 3 year Theatre Arts training

Story Creation Movement Acting Voice Traditional Song & Teachings Dance

## APPLY NOW

#### How to Apply

To apply visit indigenous the atre.com and download the application form. Fill the application in full and send it to the Centre for Indigenous Theatre by email, fax, or mail.

If you have any questions or need further assistance to complete our application stop by, or give us a call.

Admission Deadline: June 30th 2021

## FUNDING

Tuition fees each year are \$3,750.00. CIT provides assistance with all funding applications.

We encourage all applicants to contact their bands for funding prior to reaching out to third party organizations.

If students are unable to secure funding for our program from a third party, we can provide you with a scholarship.

No student is ever turned away due to lack of funding.

FOLLOW US:

f @indigenoustheatre

@indigenoustheatre

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🕑 @CIT\_Canada

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Centre for Indigenous Theatre



416.506.9436

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1. TGON



Fraser-Cascade School District No. 78 Leadership Opportunity



#### DISTRICT PRINCIPAL – INDIGENOUS EDUCATION

#### **Our District:**

Fraser-Cascade School District 78 is seeking a passionate and experienced educator to serve our richly diverse student population in the role of District Principal, Indigenous Education. The start date for the position is negotiable depending on the availability of the successful candidate but it is expected that the appointment would be effective August 1, 2021.

School District No. 78 encompasses the communities of Agassiz, Harrison Hot Springs, Hope and Boston Bar. The District is honoured to work and learn on the traditional ancestral and unceded shared territories of the Stó:lō and Nlaka'pamux people. Our community includes fourteen local First Nations: Boothroyd Band, Boston Bar First Nation, Cheam First Nation, Peters First Nation, Chawathil First Nation, Seabird Island Band, Shxw'ōwhámél First Nation, Spuzzum First Nation, Sq'éwlets First Nation, Sq'ewá:lxw First Nation, Sts'ailes, Union Bar, Yale First Nation, Métis, as well as the community of Samahquam, and other off-reserve Indigenous people who reside within our district.

The Board works collaboratively with an outstanding Indigenous Education Council, striving to enhance the achievement of its 640 Indigenous students. This work is supported by 12 Local Education Agreements.

The District has nine schools and works cooperatively with many local agencies to provide a broad range of services and opportunities for our 1700 students. The district has an amended budget of \$29,000,000 and employs approximately 400 staff.

#### The Position:

The District Principal of Indigenous Education reports directly to the Superintendent and provides leadership regarding the success of Indigenous learners and learning. Key responsibilities include:

- · Leading and supervising the Indigenous Education Department and its staff
- · Working collaboratively with the District's Indigenous Education Council
- · Providing leadership, training, supervision and support for the district's Indigenous Support Workers
- · Working collaboratively with each Band's/Nation's Education Council to support student needs
- · Working to support all self-identified Indigenous students on and off reserve
- Establishing and maintaining relationships with Indigenous communities and organizations
- Supporting the incorporation of Indigenous curriculum, culture, knowledge, and history; including planning professional development opportunities for District staff
- Collaborating with principals and vice-principals to develop instructional knowledge and supports that lead to success for Indigenous learners
- · Implementing assessments to monitor the quality of programs and services provided to Indigenous learners
- Working with the Indigenous Education Council to establish and administer the annual budget for targeted funding for Indigenous students and staff
- Working with Indigenous communities and stakeholders to participate in Local Education Agreements (LEAS)
- · Overseeing the Department of Indigenous Services Canada (DISC) Nominal Roll

- Working with Indigenous communities to support, facilitate and assist in the management and planning of the local transportation agreements
- · Collecting, managing, reporting on local and Ministry Indigenous student data
- Support, mentor and supervise the Indigenous Language program for both Nlaka'pamux and Halq'eméylem languages

The preferred candidate will possess the following qualifications, experience and attributes:

- Teacher Regulation Branch certification or eligibility
- · Masters of Education preferred or equivalent post-secondary graduate training
- · Commitment to and progress toward the Truth and Reconciliation Calls to Action related to education.
- · Active involvement in and demonstrated progress toward Reconciliation and UNDRIP.
- · Courageous, innovative leadership to identify and remove systemic barriers to student success.
- Leadership to implement an Indigenized, redesigned curriculum and First Peoples Principles of Learning on a school- wide and district-wide level.
- Strong knowledge of Indigenous curriculum, culture, challenges, and opportunities with the school system
- · Extensive and successful experience working with students of Indigenous ancestry and communities
- Successful previous leadership or administrative experience would be an asset
- · Superior interpersonal and conflict resolution skills, excellent oral and written communication and organizational skills
- · Strong managerial skills and financial/budget experience
- Additional consideration will be given to candidates with Indigenous ancestry, especially those connected to the traditional lands of this region.

The closing date for applications is June 29<sup>th</sup> at 3:00 p.m. Interested applicants should submit a detailed resume, an educational leadership philosophy, references, a record of education and/or training and other support material. Please include all previous employers in your list of references. Applicants agree to confidential reference checks as a condition of application. Applications to be submitted to the attention of: Balan Moorthy, Superintendent of Schools as follows:

District Principal – Indigenous Education Competition Fraser-Cascade Board of Education School District 78 650 Kawkawa Lake Road, Hope, B.C. <u>Email</u>: c/o <u>debbie.mckinney@sd78.bc.ca</u>

For further information regarding the District Principal, Indigenous Education position, please contact Balan Moorthy, Superintendent of Schools at (604) 869-2411 Ext. 103.

"Everyone pulling together to improve the achievement of all learners"

EXTERNAL NOTICES FOR THE COMMUNITY



## NEXT CLASSES START: SEPTEMBER 13TH, 2021



Are you an Indigenous individual residing in the SASET catchment area who has an interest in the cooking profession?

If so, contact a SASET employment counsellor to book an appointment and complete the application package.

#### **CONTACT US TODAY!**

604-858-3691 Fax: 604-858-3528 Toll Free (BC): 1-888-845-4455

www.saset.ca

https://www.facebook.com/SASET.EAS

5579 Tyson Rd, Chilliwack, BC V2R 0H9

## 12 Week Program Includes

- **Certificates: FoodSafe, First Aid** 0 Level 1, WHMIS, WCB Awareness
- **Occupational Skills** 0
- Stocks, soups and sauces  $\Diamond$
- **Vegetables and fruits** 0
- Starches 0
- Meats 0
- Poultry  $\Diamond$
- Seafood  $\Diamond$
- Garde-mange  $\Diamond$
- Eggs, breakfast cookery and dairy 0
- Baked good, desserts and beverages 0
- **Basic kitchen management**  $\Diamond$
- Two week practicum placement 0











Sto:le Aberiginal Skills & Employment Training is pleased to offer:

## Industrial Vegetation & Noxious Weed Pesticide Applicator Certificate

#### Are you an Indigenous individual who:

- Is un- or under employed
- Resides in SASET's catchment area
- Is willing to commit to a 3 day training program

If so... we are presently accepting applications for this free training opportunity. There are a very limited number of seats, so don't delay in scheduling an appointment with your Employment Counsellor!

## JUNE 28-30, 2021

#### 8:00am-4:00pm

Program will take place at: BLDG 2D 7201 Vedder Road Chilliwack, BC BOOK AN APPOINTMENT WITH AN EMPLOYMENT COUNSELLOR TODAY BY CONTACTING US AT <u>604-858-3691</u> TOLL FREE AT <u>888-845-4455</u> OR EMAIL <u>INFO@SASET.CA</u>



Sto:lo Aboriginal Skills & Employment Training is pleased to offer:

# EQUIPMENT TRAINING

## STARTING JULY 19, 2021

#### If you are an Indigenous individual who:

- Is un- or under employed
- Resides in SASET's catchment area
- Is willing to commit to a 1 week full-time program
- Enjoys outdoor work in all types of weather
- Has an interest in Construction Industry
- Is in good health and physically fit

If so... we are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with your Employment Counsellor!

Training will take place on-site at Sto:lo Nation

Building 2D, 7201 Vedder Road Chilliwack, BC

July 19-23, 2021

**Monday to Friday** 

8:30 AM TO 3:30 PM

#### **COURSE INCLUDES**

#### **CERTIFICATES**

- First Aid Level 1
- WHMIS
- Fall Protection
- Skid Steer
- SDCB Forklift
- Power Pallet Jack
- Ariel Boom
- Scissor Lift

LUNCH, TRANSPORTATION AND SAFETY GEAR PROVIDED

To Apply please CONTACT <u>604-858-3691</u> OR email <u>info@saset.ca</u>

PLEASE VISIT <u>WWW.SASET.CA</u> FOR EMPLOYMENT ASSISTANCE SERIVICE HOURS AT OUR OTHER LOCATIONS



# ATCO Kitchen Skills Training Program

## August 3-15, 2021

Apply to a 13-day training program located at Clearwater Camp in Clearwater, BC.

#### Pre-employment requirements:

- Must be Indigenous or local
- Must be 19 years of age or older
- Must have desire to work and be trained in Kitchen duties in a camp and interest to advance within organization

#### Must pass all standard pre-employment tests:

- Kitchen Skills: BC Food Safe Level 1
- Drug & Alcohol
- Fit for Work Assessment
- Criminal Record Check

To apply, use QR code to access forms to complete and submit.

Or send email to: ce@nlc.bc.ca



Application Deadline: July 5, 2021









In an effort to Go Green in the Band Office, we would like to reduce the number of newsletters printed each week.

Beginning in July, the Community newsletters will be sent primarily via email, and hard copies will only be distributed to households that request one.

We have only heard back from a few households and encourage each family to complete and return this form. If your household wants to continue receiving a printed newsletter, please complete this form and return it to the Band Office by June 30, 2021.

If you'd like to be added to our newsletter email list, please send an email with your contact details to Daphne in reception (<u>daphnee@cheamband.com</u>) or complete the form below and return it to the Band Office.

I would like to continue receiving paper copies of the newsletter at my house. I would like to be added to the newsletter email list.
Name:
Address:
Email Address:

Please return this form to the Band Office by Wednesday, June 30. If you don't opt-in to receive the paper newsletter by then, you will receive the newsletter by email only.



#### **CHEAM FIRST NATION** UTILITY ASSISTANCE PROGRAM

	Month of:	2021	
APPLICANT:			
Name:			
Band Name:		Band Number:	
Birth date:	,	Age:	
Address:			
City:	F	Province/ StatePC /	Zip
SPOUSE:			
Name:			
Band Name:		_ Band Number:	
Birth date:		Age:	

#### Please see the back side for assistance in completing this **Utility Assistance Form**

UTILITY INFO	ORMATION	#5614	REIMBURSE \$\$	
UTILITY	UTILITY NAME	COST	ELDER	UTILITY
Hydro / Electricity (5672)				
Gas / Propane / Wood (5674)				
Cable (5670)				
Telephone (5676)				
Other 5680 (Specify)				
Other 5680 (Specify)				
	TOTAL (MAX \$200)			

#### I declare that I am a Cheam Band Member and eligible to apply for the Cheam First Nation Utility Assistance Program

Applicant's signature: \_\_\_\_\_ Date:

Date:	
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#### Delays may occur if not completed and signed

#### CHEAM FIRST NATION UTILITY ASSISTANCE PROGRAM

#### **Frequently Asked Questions**

#### WHEN DOES THE NEW POLICY COME INTO EFFECT?

• November 1, 2012

#### WHAT ARE THE ELIGIBLITY REQUIREMENTS?

- Elder must be a registered Cheam Band member (60+) on /off reserve
- Utility Assistance Program is based on per household
- Utility must be in Elder's name and address must correspond to Elder's residence
- Utility invoice date must be for the current month or the previous month
- Utility Assistance Program maximum is \$200.00/month/household

#### WHAT UTILITIES QUALIFY FOR THE PROGRAM?

- Hydro / Electricity
- Gas / Propane / Firewood
- Telephone / Cable
- Garbage Pick Up
- Water / Sewer

#### DO MY UTILITY BILLS NEED TO BE PAID BEFORE REIMBURSEMENT?

• Utility bills no longer need to be paid in advance of being covered but the Band will submit the payment directly to the utility if not paid in advance by Elder.

#### ARE ALL CHARGES ON THE UTILITY BILL COVERED?

• The band will not reimburse for any outstanding amounts and/or late payment charges

#### HOW DO I COMPLETE THE APPLICATION FORM?

- Complete and sign the **Utility Assistance Program** form for EACH month for which you are requesting assistance
- Drop off, mail, fax or email a completed copy of the **Utility Assistance Program** form with copies of the utilities and, if paid proof of payment, to reception at the Band Office
- Elders not able to travel to pay their utilities, may bring the bill in to be paid by the Band directly to the utility company to maximum of \$200/month/household.
- Elder's requiring assistance can appoint a family member to complete the application process

#### WHEN CAN I EXPECT TO RECEIVE MY ASSISTANCE CHEQUE?

- Completed applications received by Tuesday will have payment ready on the following Friday
- Reimbursement will only be for current amount due
- Reimbursement will be to Elder with proof of payment OR direct to utility if not paid by Elder
- Reimbursements to Elders will be held at reception for pick up, or mailed if so requested
- Notice of payment will be provided if Band paying directly to utility company
- The Band is not responsible for any late payment charges for utilities being paid directly. It is the responsibility of the Elder to get utility bill to office in time to prepare and mail

#### Remember, that residence on reserve are exempt from HST/GST/PST