



JULY 2, 2021

CONTENTS

Cheam Vision Statement1
Administration Updates.2-8• Administration Update.2• Campfire Recommendations.3• Checkpoint Survey Results.3• CleanBC Indigenous Communities Heat Pump Initiative.4• Cheam Graduates.5• Elder's Utility Assistance Program.5• BC Government Engagement Opportunity.6• Summer Camp Youth Workers - Open Interviews.7• Youth Bike Club.8
Health Department Updates.9-22• Shelter Closure Notice.9• Meet the New Wellness Advocate.9• Naloxone Training Opportunities.10• Staying Healthy in the Heat / Sun Safety Tips.11-14• Preventing Window Falls.15• Education Updates & Upcoming Events.16• Education - Jordan's Principle Support.17• Stó:lō Youth Entrepreneurship Initiative Conference.18• Mental Health and Wellness Supports.19• Indigenous Covid Vaccine Clinics.20• Health and Wellness Team Directory.21-22
Administration Team Directory23-27 Peacekeeping Team Directory
Employment Opportunities.29-37• Executive Coordinator.30• Social Development and Education Coordinator.31• Strong Families Recreation Leader.32• Recreation Assistant.33• General Maintenance Worker.34-35• Social Development and Education Clerk.36-37
External Notices for the Community.38-46• F.V. Metis Association Weekly Healing Circles.38• Play Ball Summer Camp.39• Financial Literacy Workshops.40• Wild Craft Foods Training Opportunity.41• Summer Training Programs for Youth.42• Zoom Self Defense Training Course.43• SASET Training: Culinary Arts Pre-Trade Program.44• SASET Training: Equipment.45• SASET Training: ATCO Kitchen Skills.46



XWECHIYOM XWEXWILMEXW SXWE EYELH

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Temtames chasu qexs a: li lalalem xwela kw'e mekw wates

Qas temtames cha xwe'eyems Te temexws qasu ey xwela ye xwechiyom

CHEAM VISION STATEMENT

We the people of Cheam are committed to developing a united and harmonious community. We respect individual's diversity and promote a healthy, self-sufficient lifestyle.

We need one another and value one another's views. In appreciation of our uniqueness, we foster mental, physical, emotional and spiritualwellbeing. In doing so, we strive to build pride, dignity and respect amongst our people.





Ey Swayel Friends and Relatives!



STEP THREE - B.C. RESTART

The B.C. Government has lifted the Covid-19 State of Emergency that has been in place for the last 470 days- and with it has moved into Step 3 of the Provincial Restart Plan.

Step 3 of the plan means we can resume more of the activities and inperson gatherings we used to enjoy, increased capacity and the reopening of many venues that have previously been closed.

The mandate surrounding mask-wearing has also been lifted and masks are now only recommended for those not fully vaccinated. For staff and guests of the Band office, masks will be optional in most circumstances; however, all sanitizing and physical distancing protocols remain in place. Masks should be worn inside the Band office in meetings or any other instance, where maintaining a 2-meter distance is not possible. Please ensure you bring a mask with you when coming to the Band office. A reminder that the Band office remains open by appointment only. We ask that you understand that some staff members and Community members will prefer to keep wearing a mask for various reasons. The decision to continue wearing a mask is a personal one, and we ask that these individual decisions be respected.

OTHER INFORMATION:

- Campfire Warnings
- CleanBC Heat Pump Initiative
- Cheam Graduates
- Checkpoints Survey Results
- Health Updates



CAMPFIRES - NOT RECOMMENDED

Due to the extreme heat and dry conditions the B.C. Government has issued a province-wide ban on campfires. While this ban does not apply on Cheam Reserve Lands, Council is recommending Community members refrain from having campfires at this time. The risk of even small, contained fires spreading and turning into a wildfire is high given the current conditions and we ask members to exercise extreme caution if they choose to have a fire by following these campfire safety tips:

- Remove all leaves, twigs and other flammable material from the area around where you plan to light vour campfire
- Never have a campfire when it's windy
- Choose a proper fire pit or make a ring of rocks at least three metres from trees, shrubs, structures and debris
- Do not leave a campfire unattended for ANY amount of time
- Keep a bucket of at least eight litres of water close by the fire at all time, and/or a hand tool (such as a shovel) to extinguish the fire properly
- Completely extinguish your campfire before you go to sleep or leave the area for any period of time.
- To extinguish your campfire, pour plenty of water on the fire and surrounding area, dousing the site of the campfire thoroughly. Stir the campfire until there are no embers and the ashes are cold to the touch.



CHECKPOINTS SURVEY RESULTS

Thank you to all the Community members who completed the Community Checkpoints Survey.

More than half (52.4%) of respondents said they preferred option one- to close the Community Checkpoints entirely and reopen the Community.

Council and staff reviewed the results and have decided to end the Community Checkpoints program and leave the gates open. The last day the Checkpoints will be in operation is July 17.

A big thank you goes to the Checkpoint Monitors for their work at the Checkpoints over the past year.

HOUSING DEPARTMENT NOTICES

CLEANBC INDIGENOUS COMMUNITY HEAT PUMP INCENTIVE

The Housing Department is working on taking advantage of the CleanBC Indigenous Community Heat Pump Incentive for all houses that are eligible for this program.

To facilitate this, the Housing Department will be doing a project scope by contacting ALL heads of household to ask what type of heating sources is being used, for example, woodstove, oil, baseboards, or gas furnace, to name a few. Once all the required information has been collected, it will be reviewed for registration with the program and to determine if Cheam homes gualify.

What is the CleanBC Indigenous Community Heat Pump Incentive?

- Funding for heat pump installation projects in residential and community buildings, including;
 - For fuel-switching projects (e.g., switching from oil, natural gas, or propane to electric heat pumps) in communities served by renewable electricity (either grid or remote);
 - For efficiency projects (e.g., baseboard or electric furnace to electric heat pump) projects in remote communities served by diesel-generated electricity; and
 - For woodstove primary heated homes switching to electric heat pumps in communities served by renewable electricity (either grid or remote).
- Covers capital and installation costs;
- Covers some associated expenses including electrical updates, oil tank removal, and feasibility studies for community buildings. For a full list of eligible expenses please review the Program Guide; and
- Can be used to top-up other grant or incentive funding to cover up to 100% of eligible heat pump system costs



MAINTENANCE REQUEST REMINDER

The Housing Department would like to remind all tenants requesting maintenance repairs to please phone or email Daphne in Reception with the request (604-794-7924 or daphnee@cheamband.com) Requests that are called in directly to Public Works or Housing Department employees are not entered into the maintenance queue the same way and may be missed unintentionally. By submitting maintenance repair requests directly to Daphne we can assure all requests are handled in a timely manner.

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CONGRATUATIONS CHEAM GRADUATES!

It has been an especially challenging and unusual school year and so we want to extend an extra special congratulations to all the high school, trade school and post-secondary students who persevered completed their studies and have now officially graduated! Among those who graduated this are:



Deon Alleck Seabird Island Community School



Katrina Douglas Chilliwack Secondary School

The Education department will be celebrating ALL Cheam students at the Annual Cheam Education Awards on Saturday, July 17th. More information to come in the next week.

ELDER'S UAP FORMS- REMINDER

A reminder to all Elders that your Utility Assistance Program form needs to be completed and returned to either Daphne in Reception (daphnee@cheamband.com) or Debbie in the Finance Department (debbie.ormandy@cheamband.com. The forms, as well as the instructions on how to complete them, can be found at the end of the newsletter, or can be requested from Daphne.

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ENGAGEMENT OPPORTUNITY WITH THE **B.C. GOVERNMENT**

RE: ACCESS TO INFORMATION AND PRIVACY PROTECTION FOR INDIGENOUS COMMUNITIES

The Province has made a commitment to work in partnership with Indigenous peoples to implement the United Nations Declaration on the Rights of Indigenous Peoples (UN Declaration). As part of this work, the Province is reviewing policies, programs, and legislation to decide how to action the UN Declaration principles.

What is this engagement about?

The Freedom of Information and Protection of Privacy Act (FOIPPA) makes the provincial government more accountable by enabling people to access records held by public bodies. The legislation also protects personal privacy by establishing appropriate authorities for the collection, use and disclosure of personal information by public bodies.

The Province recognizes FOIPPA has not been updated in many years and through the Ministry of Citizens' Services we have an opportunity to make changes to rules and processes to ensure Indigenous governments have access to the information needed to support reconciliation and that sensitive information Indigenous peoples share with the Province is protected.

The B.C. government also recognizes the need for Indigenous peoples to have more control over the information they entrust to government, including records related to cultural heritage, traditional knowledge and traditional cultural expression.

As we review and look for possible improvements to the rules and practices around information access and privacy protection, we want to be guided by the experiences and input of Indigenous communities.

To gather this feedback, we invite you and those in your community to please complete this short https://engage.gov.bc.ca/govtogetherbc/access-to-information-and-privacyquestionnaire _ protection-for-indigenous-communities/.

This questionnaire focuses on:

- protection of information relating to Indigenous peoples,
- access to information by Indigenous communities, and
- control over Indigenous information.

The questionnaire takes about 10-15 minutes to complete and will be accepted until 4pm (PT) on August 15th, 2021.

-Ministry of Citizens' Services **Province of British Columbia**





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Summer Camp

Open Interview Call

Please bring a copy of your resume to the interview



at the Cheam Band Office

Looking for Two Positive Role Model Youth Workers

Age 15-30

Participate with daily program activities such as field trips, arts & crafts, classroom management and participation. *Police Information Check required if hired.*



CERTIFIED BIKE SAFETY COURSE INCLUDED

AGES 6-13

LUNCH Included

EVERY WEDNESDAY July 21 - August 11

10:00 AM TO 2:30 PM

BAND OFFICE Parking Lot

CAN BRING YOUR Own Bike!

TO REGISTER PLEASE CONTEACT BRANDON JIMMIE AT brandon_john9@hotmail.com

8



CHEAM SHELTER CLOSURE

Regrettably, the Cheam shelter will be closed immediately due to a pest infestation and will remain closed indefinitely until the pest control issue is resolved.

The closure is necessary to protect shelter clients and staff, and prevent the infestation from spreading to Community homes.

There is an interim plan to continue to provide food and hygiene services at the Band office to the unsheltered relatives, to ensure we can continue to support them. Meals will be served behind the gym under the white tent with the same schedule as before. Showers will be available in the mornings in the gym from 9 am - 12 noon.

A longer-term plan is in the works to bring bigger and more comprehensive solutions to the problems the shelter is experiencing.

We apologize for this inconvenience. The staff are pulling together to do the best with the resources we have.

MEET THE NEW WELLNESS ADVOCATE

Cheam Health and Wellness is pleased to introduce our new Wellness Advocate, Ray Hartt!

MEET RAY:

"My name is Ray Hartt and I am one of the new Wellness Advocates for Cheam First Nation and I am so honoured to be working in this great Community. Please come and see me for all your Harm Reduction supplies as well as if you just want to talk my door is always open."

Ray is an excellent in-house resource for anyone needing support. He can refer to external sources as well, so please reach out if you're needing to talk to someone or needing wellness help of any kind.



You can reach Ray by email at ray.hartt@cheamband.com or by calling the Health Department reception at 604-794-7927.



604-794-7927 or INTAKE CELL 604-991-0030

NALOXONE TRAINING OPPORTUNITIES

Our new Wellness Advocate, Ray Hartt, is a certified trainer in Overdose Recognition and Response and is offering Naloxone training to anyone in the Community (ages 12 and up) who would like to learn how to administer this potentially life-saving medication.

WHAT IS NALOXONE?

Naloxone (also known as NarCan) is an opiate receptor blocker that helps reverse the effects of an opioid overdose and allows time for medical help to arrive.

HOW IS NALOXONE GIVEN?

Naloxone can be given through intramuscular injection or a nasal spray. Both methods are equally effective, safe for the person administering them, and easy to use.

WHAT IS INVOLVED IN THE TRAINING?

The training is hands-on and is very simple. In about 10 minutes, you will learn everything you need to know to confidently administer Naloxone treatment to someone experiencing an opioid overdose.

WHERE IS THE TRAINING?

The training can be provided in the Cheam Health wing for groups of up to 10 people or can be done one-on-one anywhere that is convenient for you. Ray is passionate about getting as many people trained on Naloxone as possible, is flexible and is willing to provide training wherever is most convenient for Community members.

HOW CAN I SIGN UP FOR TRAINING?

If you're interested in receiving this training, please contact our Wellness Advocate and Naloxone trainer, Ray Hartt and let him know. He will then schedule and arrange training sessions based on the interest from the Community. Ray can be reached via email at ray.hartt@cheamband.com or by calling the Cheam Health Department at 604-794-7927.

HOW CAN I LEARN MORE?

To learn more about Naloxone, the training, or to ask more questions, please reach out directly to Ray. He can be reached via email at ray.hartt@cheamband.com or by calling the Cheam Health Department at 604-794-7927.





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SUN SAFETY TIPS

WITH THE SUMMER HEAT COMES HEALTH CONCERNS

Although people with darker skin don't sunburn as easily, they can still get skin cancer. So it's important to use sun protection, no matter what your skin colour is.

It's also important for people of all ages to protect themselves from heatstroke and sunstroke. Please follow these tips below and be sure to check on your loved ones in this warm weather

SEEK SHADE

If your shadow is shorter than you, find some shade because this means the sun's rays are at their strongest. Sit under a tree at the park. Bring an umbrella for on-the-go protection. If you can see the sky from your shady spot, you still need to cover up with clothing, a hat, sunglasses and sunscreen. UV rays can reach you in the shade by reflecting off the surfaces around you.

COVER UP

Did you know that clothes protect you better than sunscreen? Cover up as much of your skin as you can with clothing that is made from tightly woven fabric. Or look for clothing that is labelled with a UPF (UV protection factor). Wear a wide-brimmed hat that covers your head, face, ears and neck.

WEAR SUNGLASSES

Sunglasses don't have to cost a lot to work well, but make sure you choose close-fitting ones with UVA and UVB protection in a wraparound style. The label might have UV 400 or 100% UV protection.

USE SUNSCREEN PROPERLY

Sunscreen absorbs UV rays and prevents them from penetrating the skin. Apply a broad-spectrum sunscreen with an SPF of 30 or higher. It's important to apply a generous amount of sunscreen to any skin not covered by clothing. If you're going in the water, make sure your sunscreen is also waterresistant. Remember, use sunscreen along with shade, clothing and hats, not instead of them.

AVOID THE SUN

Try to seek shade between 11 a.m. and 3 p.m., when the rays are at their strongest.

STAY HYDRATED: DRINK WATER

You sweat more when the temperature's hot, especially if you're working or exercising outdoors. Drinking water helps replenish the fluids lost by excessive sweating. If you don't get enough water, you may become dehydrated, and the combination of hot temperatures and dehydration can lead to serious heatrelated illnesses.

For more tips and sun-safety information visit: HealthLinkBC (<u>https://bit.ly/3hfCOvx</u>) and the Canadian Cancer Society (https://bit.ly/3vPU6Ez)



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STAYING HEALTHY IN THE HEAT







Health

Canada

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HEALTH & WELLNESS

604-794-7927 or INTAKE CELL 604-991-0030

STAYING HEALTHY IN THE HEAT

For more information, visit the Extreme Heat webpage at **canada.ca** STAYING HEALTHY in HEALTHY Older adults may be faced with FACT 1 compounding factors that could put them at increased risk during extreme **OLDER** heat events. These factors may include **ADULTS** chronic illnesses, medications that interfere with the body's cooling mechanisms, social isolation, and poverty. Who is Given the unique physiological FAUL 2 characteristics of children's ' bodies and their high **INFANTS AND** dependency on caregivers YOUNG they are likely **CHILDREN** to be at risk during extreme heat events. Individuals with breathing difficulties, heart problems, and psychiatric illnesses are at a higher risk of CHRONIC heat-related health effects. **ILLNESS**/ **SPECIAL** H144-57/3-2019E-PDF • ISBN:: 978-0-660-29165-9 • Pub:: **MEDICATION** People who work outdoors (e.g. construction, road repair) and physically active individuals who **PEOPLE WHO WORK** exercise in the heat could face greater **OR ARE ACTIVE** environmental heat exposure and : 180715

OUTDOORS

physical strain.





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HEALTH & WELLNESS

604-794-7927 or INTAKE CELL 604-991-0030

STAYING HEALTHY IN THE HEAT

For more information, visit the Extreme Heat webpage at **canada.ca** STAYING HEALTHY the HEAT

PREPARE FOR D THE HEAT

- Tune in regularly to local weather forecasts and alerts so you know when to take extra care.
- If you have an air conditioner, make sure it works properly.
- If you don't have an air conditioner, find an air-conditioned spot close by where you can cool off for a few hours on very hot days.

[|P 2] **KNOW THE SIGNS OF HEAT**

PAY ATTENTION TO HOW YOU AND THOSE AROUND YOU FEEL

Frequently visit neighbors, friends and older family members, especially those who are chronically ill, to make sure that they are cool and hydrated.

DRINK LIQUIDS; FIP 4 WATER IS BEST.

STAY

COOL

How to stay cool?



Wearloose-fitting, light-coloured clothing made of breathable fabric.



Take cool showers or baths until you feel refreshed

TIP 5

Plan strenuous outdoor activities for cooler days, or choose a cooler location, like a place with air conditioning or with

tree shade.

Never leave children or pets alone in a parked vehicle.

Spend a few hours in a cool place. It could be a tree-shaded area. swimming facility or an air-conditioned spot.







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PREVENTING ACCIDENTAL WINDOW FALLS

TIPS FOR CHILD-PROOFING WINDOWS

Warmer weather means open windows, and more risk of children falling out of them. Window falls are a common cause of serious injuries and death, and children ages 2 to 5 are at the greatest risk.

Most window falls can be prevented with a little knowledge, the use of safety devices, and careful habits:

- Always supervise young children. Don't underestimate a child's mobility; children begin climbing before they can walk.
- Keep windows closed and locked if possible. (Not always possible, especially in the summer heat)
- If your windows open from the top down, open them that way. Open them 4 inches or less.
- Install child safety devices on windows 6 feet or more from the ground outside. These act as a gate in front of the window. You can buy window safety devices at hardware stores and online. Be sure to buy devices that an adult can release in case of emergency.
 - Use than 4 inches.
 - Use window guards on windows that you want to open 4 inches or more.
- Alternatively, use child safety window stops to prevent windows from opening more than 10 centimetres. Children can fit through spaces as small as 12 centimetres wide. (Ensure there is a safe release option for your windows in case of a house fire.)
- Keep furniture and other things that can be used for climbing away from windows to discourage children from climbing to peer out.
- Make it a house rule to play at least 2 feet from windows.
- Do not leave children unattended on balconies or decks. Move furniture or planters away from the edges to keep kids from climbing up and over.
- Talk to your children about the dangers of opening and playing near windows, particularly on upper floors of the home or in a high-rise dwelling.
- If you visit a place where windows are not child-proofed, close and lock them during your visit, and watch your child carefully.

Know that window screens keep bugs out but don't keep kids in. When screened windows are open, kids may lean or push against the screen – popping it out of the window frame and tumbling out after it. Screens are not child safety devices.

While windows and balconies offer relief from hot weather, families must be mindful of the serious safety hazards they pose for young children. By practicing window and balcony safety, families can enjoy the benefits of an open window or time on a balcony without the worry of a loved one falling and suffering a serious injury.

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HEALTH & WELLNESS

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EDUCATION UPDATES & UPCOMING EVENTS

CHEAM AWARDS - SAVE THE DATE!

The Education Department is holding an awards day, Saturday, July 17 to celebrate the students of the Cheam Community!

More information on the Cheam Awards celebration is to come in the next week or two, but in the meantime, please save the date!



KINDERGARTEN REGISTRATION

Children born in 2016 are eligible to enter kindergarten in the upcoming 2021-22 school year! If you are a parent of a child eligible for kindergarten, you should take action to register before June 25th. If you would benefit from assistance please reach out to Deborah Tuck asap (Deborah.tuck@cheamband.com or 604-745-8024).

SUMMER LANGUAGE & CULTURE LEARNING CAMPS

We will be running four two-week summer language and culture learning camps for children 6 – 15 years of age. The camps will run July 5 – 16; 19 – 30; August 2 – 13; 16 – 27.

Call/email for registrations for the July 5 - 16 camp on or before June 28th. (Deborah Tuck

Deborah.tuck@cheamband.com or 604-745-8024) Further information on these camps to come.

SUMMER CAMP "LEADERS IN TRAINING" NEEDED!

The summer learning camp needs two "Leaders In Training" and a cook to create a successful program. These opportunities are available to youth 15 - 30 years in school and/or returning in September. All positions are 8-week, paid summer positions.

If interested, please contact Deborah Tuck (Deborah.tuck@cheamband.com | 604-745-8024) ASAP.

AVAILABLE SCHOLARSHIP & BURSARIES

New Relationship Trust has numerous scholarship and bursary opportunities for Indigenous students pursuing post-secondary education. Applications close June 24th. For more information on the available funding and how to apply visit: <u>http://www.newrelationshiptrust.ca/funding/for-students/</u>.





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EDUCATION UPDATES

INTRODUCTION TO YOUR JORDAN'S PRINCIPLE SERVICE COORDINATOR

Éy swáyel,

My name is Chelsea Fillardeau-Hall and I am writing to introduce myself as the Jordan's Principle Service Coordinator in the Fraser Salish and let you know how I can support you and your children to access health, social and education supports, including Jordan's Principle funding.

Jordan's Principle is named in memory of Jordan River Anderson, a young boy from Norway House Cree Nation in Manitoba. Jordan's Principle makes sure all First Nations children living in Canada have access to the products, services and supports they need, when they need them.

To support families, Indigenous Services Canada (ISC) BC Region has been working with First Nations partners to develop and implement a made-in-BC Jordan's Principle Enhanced Service Coordination model of care that puts First Nations children and families at the centre of service delivery.

As a Jordan's Principle Service Coordinator, I can work with you to identify and facilitate timely access to a whole range of federal and provincial health, social, and education products services and supports to meet your child's needs. Plus, I can address questions about Jordan's Principle and assist you to submit requests for funding under Jordan's Principle on their behalf. To be eligible, children must be between the ages of 0-19 years of age.

Further information about Jordan's Principle, including eligibility and how to submit a request, can be found at this link: https://www.sac-isc.gc.ca/eng/1568396042341/1568396159824.

I will primarily work with families within the Fraser Salish region, but First Nations families anywhere in BC are welcome to connect with me. Below is my contact information.

Sg'ewgéyl First Nation Email: Chelsea@acc-society.bc.ca Phone: 604-913-9128 Fax: 604-913-9129

Ch'ithome, Chelsea Fillardeau-Hall







604-794-7927 or INTAKE CELL 604-991-0030

EDUCATION UPDATES

STÓ:LŌ YOUTH ENTREPRENEURSHIP INITIATIVE **CONFERENCE**

Seabird Island Band (SIB) will be hosting the first annual Stó: lo Youth Entrepreneurship Initiative Conference (SYEIC), this fall on Saturday, November 20th, 2021, at Seabird Island.

This conference will include over 100 in-school Stó: lo youth (ages 16 to 24) who are interested to learn more about strategic areas of business, entrepreneurship, and finance, thus enabling them to contribute to the future of their community's socio-economic development and well-being. It's a unique opportunity for Stó: lo youth to understand better their current and future role in the local, regional and provincial economy and be more aware of the importance of completing high school and pursuing post-secondary studies.

Tickets are \$ 125.00 each, but the first 10 people to complete a registration form and drop it off to Diana at the Cheam Health Department Reception desk will be sponsored by Seabird Island and Cheam and will get to attend this fantastic event for free!

If you're a Stó: lo youth (16-24) with an interest in entrepreneurship, finance and business and want to learn business strategy, this event is for you! Don't delay- get your registration in asap!

Download a registration form at: https://cheam.ca/2021/06/stolo-youth-entrepreneurship-initiativeconference/



Entroperative initiative	buth Entrepreneurship Initiative Registration Form turday, November 20th, 2021
Participant Name:	
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Community:	
Cell Phone:	
Email Address:	
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Parent/Guardian Address	
Parents/Guardian Home Telephon	
Emergency Contact Telephone Nur	nber:
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*Participants <u>under the age of 19</u> mus parent/guardian information and have	complete the shaded portion of the registration form that includes the form signed by their parent/guardian.
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HEALTH & WELLNESS

604-794-7927 or INTAKE CELL 604-991-0030

MENTAL HEALTH AND WELLNESS SUPPORTS

FNHA INDIVIDUALS: HERE TO SUPPORT

Mental Health and Wellness

Navigation of mental health and substance use services including treatment, harm reduction, virtual psychiatry services, counselling, and/or traditional wellness

Sierra Kortenbach: Regional Mental Health and Wellness Liaison Mobile: 778.884.2289 Sierra.kortenbach@fnha.ca

Community support for addictions related and wellness planning.

Catarina Witt: Addictions Specialist Mobile: 604.768.7011 <u>Catarina.witt@fnha.ca</u>

Program and Service Supports

Assistance for individuals and community in navigating the healthcare system, connect to and access appropriate health, wellness, and social services

Jennifer Charchun: Family Wellness System Navigator Mobile: 778.347.3538 Jennifer.charchun@fnha.ca

Marilyn Dalton: Wellness System Navigator Mobile: 778.684.1728 Marilyn.dalton@fnha.ca

Nardia Brown: Wellness System Navigator Mobile: 604.831.2651 Nardia.brown@fnha.ca

Support for communities to initiate, develop, coordinate, and support community health and wellness initiatives and health literacy.

Jennifer Heaven: Community Wellness Initiatives Facilitator Mobile: 604.226.8261 Jennifer.heaven@fnha.ca

Nadine Mross: Community Wellness Initiatives Facilitator Mobile: 604.226.8261 Nadine.mross@fnha.ca

> First Nations Health Authority Health through wellness

ADDITIONAL SUPPORTS

Fraser Health *Refer or connect with a Fraser Health Aboriginal Health Liaison* 1.866.766.6960

MENTAL HEALTH AND CRISIS SUPPORT LINES

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Hope for Wellness Helpline: 1.855.242.3310 24 hour immediate mental health, counselling and crisis intervention

Indian Residential School Survivors Society: 1.604.985.4464 or toll-free 1.800.721.0066

KUU-US Crisis Line Society: 1.800.588.8717 Indigenous crisis line in BC. Available 24 hours a day

Tsow-Tun Le Lum Society: 1.250.268.2463 24-hour support line for those struggling with addiction, substance misuse, and trauma, including residential school survivors.

DOMESTIC VIOLENCE OR ABUSE

Domestic Violence Help Line: 1.800.563.0808 *Confidential and available 24 hours a day with service in multiple languages*

VictimLinkBC: 1.800.563.0808 confidential, multilingual telephone service available across B.C. and the Yukon 24 hours a day, 7 days a week

KUU-US Crisis Line Society: 1.800.588.8717 Indigenous crisis line in BC: operates 24 hours a day

Hope for Wellness Helpline: 1.855.242.3310

ADDICTIONS AND SUBSTANCE MISUSE SUPPORTS

Adults Help Line: 1.800.663.1441 Health Link BC: 811

ONLINE RESOURCES FOR MENTAL HEALTH

First Nations Health Authority - Mental Health and Substance Use: <u>https://www.fnha.ca/what-we-do/mental-</u> wellness-and-substance-use

FOR CHILDREN AND YOUTH

Kids Help Phone: 1.800.668.6868

KUU-US Crisis Line Society Child and Youth Crisis: 1 250 723 2040 or toll free1 800 588 8717 f/CHEAM.FN1 O @CHEAM.FN1



HEALTH & WELLNESS

604-794-7927 or INTAKE CELL 604-991-0030

DID YOU KNOW?

If you receive an ambulance bill you can have the fee paid through First Nations Health Authority Health Benefits? Contact Marlana Peters, Community Health Representative through Cheam's Health Reception for assistance - 604-794-7927.

COVID VACCINE CLINIC

Fraser Health, FNHA and Metis Nation BC are holding Indigenous COVID-19 Clinics across the Fraser Valley for those 12 years and older.

The Chilliwack clinic is located at the Stó:lō Services Agency (Building #10 - 7201 Vedder Road, Chilliwack) from 9:45 a.m. to 3:30 p.m. on the following dates:

• July 6, 9, 13, 16, 20, 23, 27 and 30th

Register and book your appointment now at <u>gov.bc.ca/getvaccinated</u> or by calling 1-833-838-2323



COVID VACCINE CLINICS

Seabird Island has a number of openings in their upcoming Eye-Health Clinics and has opened up appointments for Cheam Community Members.

Eye Clinic Dates:

July 14, 15 August 25, 26 Both clinics run from 9:00 a.m. to 6:00 p.m.



Eye Exam Eligibility: Adults 18+ - once every 24 months Seniors 65+ - once every 12 months Children 0-18 - once every 12 months

Transportation to and from Seabird Island can be arranged. Please inquire when making your appointment. Appointments can be made by calling Amanda Peters at 604-796-2177.



HEALTH & WELLNESS TEAM

604-794-7927 or INTAKE CELL 604-991-0030



Inez Louis, BSN, RN Health & Wellness Director

Inez coordinates and leads Cheam Health & Wellness services according to the Cheam Health Plan, to improve the quality of life for Cheam members. Contact: inez.louis@cheamband.com



Diana Giroux Health Receptionist

Diana greets clients and directs phone call inquiries to connect Cheam members to services they are seekina. Contact: reception2@cheamband.com



Cori Victor Health Admin/COHI/Medical Transportation

Cori assists the health team with administrative duties. As well, she helps to deliver the Children's Oral Health Initiative to promote good dental health and she assists clients to coordinate medical travel. Contact: cori.victor@cheamband.com



Amber Maret Health and Wellness Executive Assistant

Amber is responsible for performing daily tasks that support the Health & Wellness Director. She is also responsible for administrative, clerical, research and other supports required by the Director. Contact: amber.maret@cheamband.com



Deborah Tuck Tutor

Deborah coordinates and runs the tuturing program that runs Monday - Friday 11am - 5pm. Contact: deborah.tuck@cheamband.com



HEALTH & WELLNESS TEAM

604-794-7927 or INTAKE CELL 604-991-0030



Jade Black, B.A. (Hons), M.A.

Wellness Manager

Jade manages and coordinates the wellness services for Cheam Health, including the Emergency Shelter services.

Contact: jade.black@cheamband.com



Sherri Martin Wellness Advocate

Sherri is available to support, to listen, to hold space for you. Whether you're wanting to attend treatment, find resources, get connected to service providers, or if you just want to talk, she is here to support you. Contact: sherri.martin@cheamband.com



Ray Hartt Wellness Advocate

Ray provides nonclinical counselling services including, confidential addictions counselling, referrals to detox and treatment facilities, education and support to Cheam Members and their families, and promotes positive and healthy lifestyles and choices. Contact: ray.hartt@cheamband.com



Gagan Phulka, BSN, RN **Registered Nurse**

Gagan is a Registered Nurse who assists the health team to case manage complex client health circumstances leading the team with best practices and solution-focused planning Contact: gaganp@seabirdisland.ca



Brittani Fontaine, LPN Licensed Practical Nurse

Brittani is a Licensed Practical Nurse and she is certified in foot care. She provides foot care services to Cheam members who qualify based on a health assessment. Contact: brittanif@seabirdisland.ca



Marlana Peters, LPN Community Health Representative, LPN

Marlana works as Cheam's Community Health Representative (CHR). She is a Licensed Practical Nurse and she is certified in foot care and she can provide health education, support, navigation and health referrals for Cheam community members.

Contact: marlana@seabirdisland.ca



ADMINISTRATION TEAM

604-794-7924 www.cheam.ca



Susan Hollister Chief Administrative Officer

As CAO Susan ensures the smooth running of the Band office, provides strategic planning input to Chief and Council, and is responsible for carrying out daily operations according to established policies and Council's vision.

Contact: susan.hollister@cheamband.com



Daphne Edwards Receptionist

A friend and familiar face, Daphne performs various receptionist duties, including greeting visitors, answering the phones, responding to inquiry emails, and sending out the weekly Community newsletter. Contact: daphnee@cheamband.com



Breanna Seale Human Resources Advisor

Breanna is responsible for supporting staff and the human resource functions of the Band Administration. This requires liaising with department managers to effectively perform full cycle recruitment, on-boarding and orientation administration, off-boarding, assisting with training and development advisory and/or program planning, disability management, etc. Contact: breanna.seale@cheamband.com



Luana Brooks Chief and Council Executive Assistant

Luana is responsible for performing daily tasks that support Cheam Chief and Council and the Executive Coordinator. She is also responsible for administrative, clerical, research and other supports required by Cheam Chief and Council.

Contact: councilexecassist@cheamband.com



Rachel Wille

Funding and Governance Specialist

Rachel is responsible for writing and reporting on grant funding opportunities to support the initiatives of Council, and build governance capacity within the Nation by reviewing and developing policies where needed.

Contact: rachel.wille@cheamband.com



Melissa Godbout Communications Specialist

Melissa is responsible for all external and internal communications including Community and media relations, managing social media and the website, and developing communications strategies and materials based on Council's vision and strategic plan. She also controls the dissemination of information on our organization's behalf.

Contact: communications@cheamband.com



FINANCE TEAM

604-794-7924 www.cheam.ca



Rod Penman Finance Manager

Rod is responsible for the overall accounting functions and management of the Cheam Finance Department. In addition, the position must stay informed of trends and new developments in business practices and changes to government regulations that impact the Finance department. Contact: rod.penman@cheamband.com



Vivian Lindstrom Finance Assistant / Accounts Receivable

Vivian is the Accounts Receivable clerk, assists with Payroll, works with the Finance team on year-end audits, and is Cheam's Property Taxation Administrator. She has worked in all capacities within the Finance team.

Contact: vivian.lindstrom@cheamband.com



Debbie Ormandy Finance Assistant / Accounts Payable

Debbie is responsible for accounts payable for all departments including Social Assistance monthly cheque runs, education monthly cheque runs as well as all day-to-day cheque requisitions and weekly purchase order and invoice processing.

Contact: debbie.ormandy@cheamband.com



Richelle Bowe Accounting Assistant

Richelle is responsible for maintaining accurate and effective financial record-keeping by performing various accounting and financial administrative duties. Her duties include analyzing account details, reconciling various bank accounts, processing payroll and maintaining accurate payroll records. Contact: richelle.bowe@cheamband.com



LANDS AND CAPITAL TEAM

604-794-7924 www.cheam.ca

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Doug Webster

Lands and Capital Director

Doug is responsible for the stewardship and management of all Cheam First Nation Lands and Capital. He administers the Land Code and ensures it is followed for each development proposal presented. Doug is dedicated to providing the Cheam First Nation Band Members his very best efforts to serve and protect the community.

Contact: doug.webster@cheamband.com



Madeline Jimmy Lands Officer

Joining Cheam First Nation as an employee in 2013, Madeline transitioned to her current role as Lands Officer in 2017. Her primary responsibility includes land registrations in the First Nation Lands System & administrative assistance to the Lands and Capital Director. Contact: madeline.jimmy@cheamband.com



Lydia Archie

Housing Manager

Lydia is responsible for the overall administrative function of Cheam First Nation's Housing Programs, including homeownership – both the transfer of existing homes and new units, as well as, rental units. She is also responsible for the tenancy management of all housing units and housing programs across the housing continuum.

Contact: lydia.archie@cheamband.com



Chey-Anne McKay

Project Assistant

Chey-Anne is responsible for performing daily tasks that support the Lands and Capital Department including Housing and Public Works. She is also responsible for administrative, clerical, research, project coordination and other support as required.

Contact: cheyanne.mckay@cheamband.com



Rob Kovacs Sr. Public Works / Emergency Operations Coordinator

Rob coordinates and leads the Public Works Department at Cheam First Nation, which includes developed common Community land, such as parks, grounds, roads, and buildings. Other Public Works duties include safe-water delivery and sanitization, sewage, drainage systems and weekly scheduled garbage pick-up. Rob also acts as the Emergency Operations Coordinator and is responsible for emergency operations training and planning.

Contact: rob.kovacs@cheamband.com



LANDS AND CAPITAL TEAM

604-794-7924 www.cheam.ca



Chris McIntosh

Public Works Supervisor

Chris supervises the Public Works workers and assists in their duties, as well as coordinates with contractors that look after larger deliverables that he and his team can't handle. This includes safe-water delivery and sanitization, sewage, drainage systems, construction/building repair and weekly scheduled garbage pick-up to name a few.

Contact: chris.mcintosh@cheamband.com



Toni Bird Public Works Assistant

Toni provides much-needed administrative assistance for the Public Works department including organizing and maintaining filing systems, coordinating team meetings and various other administrative tasks.

Contact: toni.bird@cheamband.com



Frank Louis Public Works / Maintenance

Frank is a full-time Public Works Maintenance employee that conducts general grounds and building maintenance tasks for all Cheam public/common areas, community grounds, community buildings, water systems, wastewater systems.



Nora Douglas Public Works / Maintenance

Nora is a Public Works Maintenance employee that conducts general grounds and building maintenance tasks for all Cheam public/common areas, community grounds, community buildings, water systems, wastewater systems.



Daniel Tuck Public Works / Maintenance

Daniel is a Public Works Maintenance employee that conducts general grounds and building maintenance tasks for all Cheam public/common areas, community grounds, community buildings, water systems, wastewater systems.



LANDS AND CAPITAL TEAM

604-794-7924 www.cheam.ca



June Joe Custodian

June is responsible for the day-to-day custodial requirements in the Band office.



Wendy Kelly Custodian Wendy is responsible for the day-to-day custodial requirements in the Band office.



Tracey Pedersen Custodian Tracey is responsible for the day-to-day custodial requirements in the Band office.



PEACEKEEPING TEAM

604-794-7924 www.cheam.ca



CPO Mike Cedilla Chief Peacekeeper / Peace Officer

Mike has been an accomplished member of Protective Services and Private Law Enforcement companies both in Ontario and British Columbia for over 20 years. He is responsible for overseeing Cheam's Peacekeeping force and keeping the Community safe and secured. Contact: chiefpeacekeeper@cheamband.con



APO Lisa Sperling Administration / Peace Officer



PO James Tong Investigator / Peace Officer



PO Chris Gathergood Fire Prevention / Search & Rescue / Peace Officer



PK Isaac Bailie Peacekeeper / **Band Member**



PK Geraldine Florance Office Ambassador / Peacekeeper / **Community Member**



PK Scott Lazeo Peacekeeper / **Community Member**



PO Ashley Moorhouse Security Patrol / Parks Enforcement Ranger



PK Reginald Mandeville Peacekeeper / **Community Member**



We're Hiring! START A REWARDING CAREER AND JOIN OUR TEAM

Our current openings and full descriptions of each position are on the following pages and can be viewed at <u>www.cheam.ca/employment.</u>



Position: Executive Coordinator Submission Deadline: Open Until Filled

About the Opportunity

Reporting to the Chief Administrative Officer (CAO), the Executive Coordinator is responsible for providing comprehensive support to the CAO as well as providing leadership to the Executive Assistant.

This dynamic position requires the ability to anticipate needs, think critically, and offer solutions to problems with a high level of professionalism and confidentiality.

Responsibilities will include, but are not limited to:

- Provide sophisticated calendar management for the CAO. Prioritize inquiries and requests while troubleshooting conflicts; make judgements and recommendations to ensure smooth day-to-day engagements.
- Act as a liaison and provide support to the Chief and Council and Senior Management.
- · Arrange and handle all logistics for Senior Management meetings and special events.
- Provide leadership to and manage the Executive Assistant providing back up when needed.
- Moderate Council meetings and coordinate external delegations; take formal meeting minutes when the Executive Assistant is not available.
- Complete a broad variety of administrative tasks that facilitate the CAO's ability to effectively lead the
 organization.
- · Serve as the primary point of contact for external stakeholders on all matters pertaining to the CAO

About the Ideal Candidate

- Business Administration Diploma and/or related Post-Secondary training.
- Minimum of two years' work experience in a related administrative position.
- Significant executive support experience is required; Municipality or Executive Board experience is highly preferred.
- Excellent listening, verbal and written communication skills. Proficient with community and staff engagement.
- Excellent time management, organizational, and planning skills.
- Impeccable attention to detail.
- High degree of professionalism in dealing with diverse groups of people, including Council members, senior management, staff, community members and partners.

Compensation and Hours or Work

- Dependant on Education and Experience
- 8 hours per day

If you are looking for an opportunity to use your experience, and really make a difference with a progressive First Nation, apply today! Send your resume to hr@cheamband.com



Position: Social Development and Education Coordinator

Submission Deadline: Open Until Filled

About the Opportunity

The Coordinator's primary goal is to improve the quality of life for Cheam Band Members requiring assistance and access to Education and Social Assistance programs and to seek ways in which we can empower clients to make healthy and positive life choices.

Responsibilities will include, but are not limited to:

- Program and Services Coordination: Develop and/or review and amend policies and procedures, strategic plans, goals, objectives and departmental work plans. Continually assess programs and services and work to improve the quality of those programs and services.
- Education Program Administration: Oversight and administration of the Cheam Education Program. Responsible for program planning, coordination and delivery of educational and employment programs and support services for beneficiaries enrolled in the K-12 public school systems, and for full-time and part-time adult learners under the Cheam Education Policy.
- K-12 Duties: Provide information to parents regarding their child's progress and encourage parents to actively participate in their child's education plan and within the school environment.
- Post-Secondary Duties: Act as an education counselor and hold interviews with potential and funded post-secondary students.
- Budgeting, Financial Reporting and Records Management.
- Client Records: Develop and oversee maintenance of clientele records database; ensuring accuracy of data and that files are up-dated as required.

About the Ideal Candidate

- Minimum Post-Secondary education: Bachelor of Education/Administration/Social Services or other related diploma/degree program.
- 3+ years administrative and/or program/services coordination experience.
- 5+ years of experience within the Social Services field and experience administrating Social Assistance programs.
- Knowledge or experience with database (student record systems) is required.
- Ability to balance competing priorities, multitask, and to work under pressure.

Compensation and Hours or Work

- Dependant on Education and Experience
- 8 hours per day

If you are looking for an opportunity to use your experience, and really make a difference with a progressive First Nation, apply today! Send your resume to hr@cheamband.com



Position: Strong Families Recreation Leader 8 hours a day / 5 days a week

Submission Deadline: Open Until Filled

About the Opportunity

We currently have an opportunity for a Strong Families Recreation Leader. The applicant will be responsible for developing, coordinating, administration and managing suitable recreational programs for Cheam Members. The position will be required to work with all age ranges, and will require significant shift, evening, and weekend work.

Responsibilities will include, but are not limited to:

- Develop, coordinate, promote and evaluate recreational programs for all ages and abilities.
- Develop annual recreation workplans and corresponding budgets in conjunction with the Wellness Manager and other "planning" team members. This will include organizing and maintaining an annual calendar of all scheduled events.
- Monitor and administer the recreation budget, reviewing and approving expenses, purchasing needs supplies/materials, etc.
- Ensure an opportunity for a variety of safe, accessible and appropriate recreational activities.
- Develop, recommend and implement recreational programming-based policies and procedures, as required.
- Respond to community needs and public inquiries/complaints as they relate to recreational programming.

About the Ideal Candidate

- Post-Secondary education in Recreation, Child/Youth care, Social Work, or a related field.
- Preferred two years' work experience in a similar role. Strong ability in recreation program design, development, implementation, and evaluation.
- Working knowledge of health and safety aspects to recreational programming and other recreation trends.
- Proficiency in report writing and budget management. Familiarity with Generally Accepted Accounting Principles, is considered an asset.
- Experience in proposal/grant writing and awareness of resources that exist to assist with recreational programming expenses.
- Experience with and understanding of effective advertising and promotional techniques.

Compensation and Hours or Work

- Dependant on Education and Experience
- 8 hours per day/ 5 days per week

If you are looking for an opportunity to use your experience, and really make a difference with a progressive First Nation, apply today! Send your resume to hr@cheamband.com



Position: Recreation Assistant Hours vary – 13-week SASET summer student position

Submission Deadline: Open Until Filled

About the Opportunity

We currently have an opportunity for a Recreation Assistant. The applicant will be responsible for assisting in the development, coordination, administration and management of suitable recreational programs for Cheam Members. The position will be required to work with all age ranges, and will require significant shift, evening and weekend work.

Applicant must meet all SASET requirements:

- Must be First Nations/Inuit, status/non-status, reside on or off reserve, within SASET catchment area
- Should be minimal 15 years of age and returning to school
- Secondary and post-secondary students must be registered full-time students during previous academic year and intend to return to full-time studies in the following academic year
- Must have a valid Social Insurance Number at the start of the program
- All Service Canada Personal Information Forms (PIFS) and Client Consent Forms (CC's) must be submitted prior to commencement of program

Responsibilities will include, but are not limited to:

- Assist in the development, coordination, promotion, and evaluation of recreational programs for all ages and abilities.
- Assist in the development of annual recreation workplans and corresponding budgets in conjunction with the Wellness Manager and other "planning" team members. This will include assisting in organizing and maintaining an annual calendar of all scheduled events.
- Assist in monitoring and administering the recreation budget, reviewing and approving expenses, purchasing needs supplies/materials, etc.

About the Ideal Candidate

- Post-Secondary student in Recreation, Child/Youth care, Social Work, or a related field.
- Preferred two years' work experience in a similar role. Willing to learn about recreation program design, development, implementation, and evaluation.
- Working knowledge of health and safety aspects to recreational programming and other recreation trends.
- Willing to learn report writing and budget management.

Compensation and Hours or Work

- Dependant on Education and Experience
- Hours vary 13-week summer student position

If you are looking for an opportunity to use your experience, and really make a difference with a progressive First Nation, apply today! Send your resume to hr@cheamband.com



Position: General Maintenance Worker Full-time, Permanent

Submission Deadline: Open Until Filled

About the Opportunity

We currently have an opportunity for a general maintenance worker. The applicant will be responsible for the overall cleaning of the Band Administration Office, Community Hall, Education Building, etc. Respective Band Office wings (Health and Administration) will be designated as required. All public and main areas (foyer, public washrooms, gym, etc.), are the shared responsibility of the custodial team.

Responsibilities will include, but are not limited to:

- Complete general maintenance tasks for all public/common areas, community grounds and community buildings.
- Operate equipment and various small power/hand tools.
- Maintain Cheam Band lawns and yards: Mow, weed (weedwack), and treat all Band fields and grass, including cemetery, prune/trim trees, hedges and shrubs as required.
- Clean external areas such as entranceways, sidewalks and parking lots using rakes, shovels and other equipment to remove dirt, leaves, snow and other refuse.
- Perform repair and maintenance as needed.
- Complete refuse/garbage collection and recycling tasks.
- Perform basic laboring work such as digging, raking, etc.
- Perform materials handling; this includes delivering materials from one site to another and loading and off-loading.

About the Ideal Candidate

- Previous experience working in a construction environment would be considered an asset.
- High regard for safety and ability to comply with WorkSafeBC and WHMIS rules and regulations at all times.
- Strong work ethic and a positive attitude, excellent attendance, ability to follow instructions.
- Good physical strength, hand-eye coordination and endurance. Ability to lift, handle and move 50 lbs. Must be able to perform physically demanding work such as, but not limited to: lifting, pulling, digging, stooping, and climbing a ladder, etc.
- Must be able to work flexible hours. Hours of work may vary from early mornings, evenings and weekends. Ability to work varied shifts including evenings and weekends when required.

Compensation and Hours or Work

- Dependant on Education and Experience
- 8 hours per day

If you are looking for an opportunity to use your experience, and really make a difference with a progressive First Nation, apply today! Send your resume to hr@cheamband.com

CHEAM FIRST NATION CAREER OPPORTUNITY



Position: General Maintenance Worker 6 month SASET Contract

Submission Deadline: Open Until Filled

About the Opportunity

Eligible candidates must meet SASET requirements:

- Must be Aboriginal status/non-status, on/off reserve who resides within the SASET catchment area
- Must be 15 years of age or older (not currently in school)
- Long term unemployed (3 months or more)
- No longer required by law to attend school
- Not be receiving other Service Canada supports funding

The applicant will be responsible for the overall cleaning of the Band Administration Office, Community Hall, Education Building, etc. Respective Band Office wings (Health and Administration) will be designated as required. All public and main areas (foyer, public washrooms, gym, etc.), are the shared responsibility of the custodial team.

Responsibilities will include, but are not limited to:

- Complete general maintenance tasks for all public/common areas, community grounds and community buildings.
- Operate equipment and various small power/hand tools.
- Maintain Cheam Band lawns and yards.
- Mow, weed (weedwack), and treat all Band fields and grass, including cemetery.
- Prune/trim trees, hedges and shrubs as required.
- Clean external areas such as entranceways, sidewalks and parking lots using rakes, shovels and other equipment to remove dirt, leaves, snow and other refuse.
- Perform repair and maintenance as needed.
- Complete refuse/garbage collection and recycling tasks.
- Perform basic laboring work such as digging, raking, etc.
- Perform materials handling; this includes delivering materials from one site to another and loading and off-loading.
- Perform set-up and clean-up requirements at various job sites.

About the Ideal Candidate

- Previous experience working in a construction environment would be considered an asset.
- High regard for safety and ability to comply with WorkSafeBC and WHMIS rules and regulations at all times.
- Strong work ethic and a positive attitude.
- Excellent attendance.
- Ability to follow instructions.
- Good physical strength, hand-eye coordination and endurance. Ability to lift, handle and move 50 lbs. Must be able to perform physically demanding work such as, but not limited to: lifting, pulling, digging, stooping, and climbing a ladder, etc.
- Must be able to work flexible hours. Hours of work may vary from early mornings, evenings and weekends. Ability to work varied shifts including evenings and weekends when required.

Compensation and Hours or Work

- Dependant on Education and Experience
- 8 hours per day

If you are looking for an opportunity to use your experience, and really make a difference with a progressive First Nation, apply today! Send your resume to hr@cheamband.com

Cheam thanks all applicants for their interest, but only those selected for an interview will be contacted.





Position: Social Development and Education Clerk

Submission Deadline: Open Until Filled

About the Opportunity

The Clerk's primary goal is to assist the Social Development and Education Coordinator in improving the quality of life for Cheam Band Members requiring assistance and access to Education and Social Assistance programs.

Responsibilities will include, but are not limited to:

- Program and Services Coordination: Ensure the development and delivery of specific activities and services identified in annual departmental work plans.
- Education Program Administration: Provide education information and guidance to assist students and parents to achieve a better understanding of the school systems and aid students and parents in identifying the need for furthering their education.
- K-12 Duties: Complete tracking, data entry and reporting of the nominal roll.
- Budgeting, Financial Reporting and Records Management.
- Client Records: Maintain confidential files on each Education client which is to include school/institution info., tuitions and book expenses, etc.

About the Ideal Candidate

- Certificate in Education/Administration/Social Services or other related program or comparable experience.
- 2 years of administrative and/or program/services coordination experience.
- 2 years of experience within the Social Services field and experience administrating Social Assistance programs.
- Knowledge or experience with database (student record systems).
- Ability to understand and interpret funding agreements, including meeting required funding deadline submissions.
- Advanced computer skills including Microsoft Office Applications (Word, Excel, Internet, and Email).
- Ability to balance competing priorities, multitask, and to work under pressure.

Compensation and Hours or Work

- Dependant on Education and Experience
- 8 hours per day

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Cheam thanks all applicants for their interest, but only those selected for an interview will be contacted.

Website: www.cheam.ca

CHEAM FIRST NATION CAREER OPPORTUNITY



Position: Social Development and Education Clerk 1-year SASET Contract

Submission Deadline: Open Until Filled

About the Opportunity

Eligible candidates must meet SASET requirements:

- Must be Aboriginal status/non-status, on/off reserve who resides within the SASET catchment area
- Must be 18 years of age or older (not currently in school)
- Long term unemployed (3 months or more)
- No longer required by law to attend school
- Not be receiving other Service Canada supports funding

The Clerk's primary goal is to assist the Social Development and Education Coordinator in improving the quality of life for Cheam Band Members requiring assistance and access to Education and Social Assistance programs.

Responsibilities will include, but are not limited to:

- Program and Services Coordination: Ensure the development and delivery of specific activities and services identified in annual departmental work plans.
- Education Program Administration: Provide education information and guidance to assist students and parents to achieve a better understanding of the school systems and aid students and parents in identifying the need for furthering their education.
- K-12 Duties: Complete tracking, data entry and reporting of the nominal roll.
- Budgeting, Financial Reporting and Records Management.
- Client Records: Maintain confidential files on each Education client which is to include school/institution info., tuitions and book expenses, etc.

About the Ideal Candidate

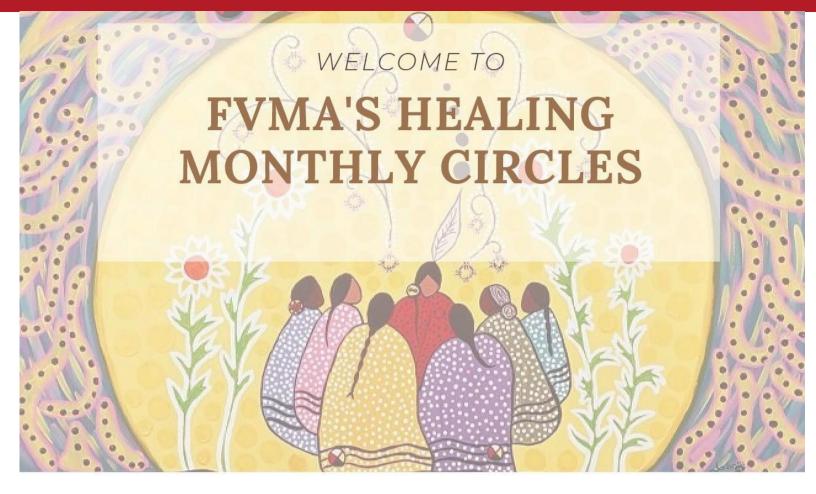
- Minimum Post-Secondary student: Education/Administration/Social Services or other related program.
- Prefer 1 year administrative and/or program/services coordination experience.
- Prefer 1 year of experience within the Social Services field and experience administrating Social Assistance programs.
- Knowledge or experience with database (student record systems) is an asset.
- Willing to learn to understand and interpret funding agreements, including meeting required funding deadline submissions.

Compensation and Hours or Work

- Dependant on Education and Experience
- 8 hours per day

If you are looking for an opportunity to use your experience, and really make a difference with a progressive First Nation, apply today! Send your resume to hr@cheamband.com

Cheam thanks all applicants for their interest, but only those selected for an interview will be contacted.



Come Join the Circle of Healing

In collaboration with trained Elders, the Fraser Valley Métis Association will be hosting on-going healing circles on the last Wednesday of every month, starting June 30th at 6:30 pm. These circle are open to anyone who is wanting to address feeling associated to colonialism, residential schools, 60's Scoop, Indian Hospitals and all around trauma. If you are interested in joining these healing circle please register at grandmothersteachings@gmail.com



PLAY BALL SUMMER CAMP





A SAFE IN-PERSON BASEBALL PROGRAM Designed Using Best Practices from Returnto play guidelines across the country to get youth active and playing Ball this summer

PARTNERED COMMUNITIES RECEIVE

- RAWLINGS EQUIPMENT KIT;
- BLUE JAYS T-SHIRTS FOR THE YOUTH & COACHES;
- TRAINING FOR PROGRAM LEADERS;
- PPE;
- FINANCIAL ASSISTANCE;
- ON-GOING SUPPORT FROM THE JAYS CARE TEAM; AND
- JAYS CARE PROGRAM MANUAL THAT INCLUDES:
 - 8 FULL SESSION PLANS
 - 70+ SOCIALLY DISTANCED ACTIVITIES TO PLAY

REQUIRED TO RUN THIS PROGRAM

- ONE DEDICATED INDIVIDUAL TO RUN THIS PROGRAM;
- A WILLINGNESS TO RUN THE PROGRAM FOR AT-LEAST 8 WEEKS;
- A LARGE GYM SPACE OR FIELD; AND
- A COMMITMENT TO COMPLETING A MID-PROGRAM REPORT



IF YOU HAVE ANY QUESTIONS PLEASE CONTACT: Alex Mohamed Alex.Mohamed@bluejays.com

Request an application form by emailing: <u>communications@cheamband.com</u>



Join us for a series of free webinars about personal finance.

We are excited to let you know about a series of free online workshops we will be hosting in the coming weeks and months!

Our Indigenous and the North Housing Solutions team has worked with a number of financial institutions to create a series of free online financial literacy workshops that provide valuable insights and information on a variety of topics about personal finance.

This series of online workshops is for people who wish to learn more about home ownership, or simply want to learn about personal finance in general. They will be tailored for Canadians living in the Northwest Territories, Yukon, and Nunavut.

They have been specifically created for Canadians who identify as Indigenous, and are:

- Potential future homeowners
- · Working for territorial housing corporations or ministries
- Entrepreneurs
- Youth/Young adults
- · Anyone looking to better understand credit and build better credit
- · Interested in building market housing in their communities

Check out the topics we'll be covering and register today! <u>http://ow.ly/4biG50F9ZH8</u>





WEIGERAFI Foods Program

WHAT DO YOU GET? PAID 10 WEEK PROGRAM INCLUDES:

Entrepreneurship 101 | Business Viability, Finance & Planning Entrepreneurial Style & Success Indicator | Marketing Regulations & Legal Requirements | Orientation to Human Resources | Indigenous Cultural Sessions | Assessments

CERTIFICATIONS IN:

Good Agricultural & Collection Practices Indigenous First Aid | WHMIS...and more!

WHO IS ELIGIBLE ?

- Living in British Columbia
- Unemployed of precariously employed
- Self-identify as First Nations, Inuit, or Métis
- Between the ages of 15 and 29

APPLY ONLINE!

Located at: 2570 Cyril Street Abbotsford, BC V2S 2G2 Call: 604.826.0626









cards,

certificates,

references

and friends!



What Is It?

An online group that will help you build skills and confidence for job searching...and life!

When Is It?

We have 3 separate groups-choose one that works with your summer schedule! Either July 12-16, July 26-30, or August 23-27. 5 days-4 hours a day commitment.

Where Is It?

Online-from the comfort of your own home!

Who Is It?

Want to get paid to learn?

Our group leaders are Youth Counsellors who are committed to helping you achieve your goals. The groups are kept small (8 participants) and are made up of like-minded teens who are ready to expand their skills and abilities!

Why?

We recognize getting a job, and navigating relationships, challenges, school, etc. can be really tough! We want to set you up for success. Plus....there's lots of awesome incentives for





Call Ann Davis Transition Society to apply today! 604-792-2760

CURIOUS ABOUT GOVERNMENT GRANTS AND BONDS AVAILABLE TO YOU?



First Nations Public Service Secretariat Canada Revenue Agency and Service Canada are offering a joint live webinar on July 29, 2021, to share information about various benefits and credits that are available including:

- Canada child benefit
- Disability tax credit
- Child disability benefit
- Goods and Services Tax/Harmonized Sales Tax Credit
- Canada Workers Benefit
- NEW! Canada Recovery Benefits

Don't miss out on benefits and credits to which you may be entitled. Learn how to take advantage of Government Grants and Bonds by attending this webinar. You can register for this 1 hour, 30-minute webinar at: <u>https://bit.ly/3h28MfA</u>



INSTRUCTION BY SAKEJ WARD

Self Defense Training

This course presents principles, concepts, tools, skills and techniques that empower women and youth to protect themselves.

The course is designed for women and girls who want to explore their own capabilities and self defense.



EMAIL TO REGISTER

gailjones@irsss.ca conniegreyeyes@irsss.ca chascoutlee@irsss.ca margaretpeters@irsss.ca

WEDNESDAY TO FRIDAY

July 7, 8, 9 2021 EXTERNAL NOTICES FOR THE COMMUNITY



NEXT CLASSES START: SEPTEMBER 13TH, 2021



Are you an Indigenous individual residing in the SASET catchment area who has an interest in the cooking profession?

If so, contact a SASET employment counsellor to book an appointment and complete the application package.

CONTACT US TODAY!

604-858-3691 Fax: 604-858-3528 Toll Free (BC): 1-888-845-4455

www.saset.ca

https://www.facebook.com/SASET.EAS

5579 Tyson Rd, Chilliwack, BC V2R 0H9

12 Week Program Includes

- **Certificates: FoodSafe, First Aid** 0 Level 1, WHMIS, WCB Awareness
- **Occupational Skills** 0
- Stocks, soups and sauces \Diamond
- **Vegetables and fruits** 0
- Starches 0
- Meats 0
- Poultry \Diamond
- Seafood \Diamond
- Garde-mange \Diamond
- Eggs, breakfast cookery and dairy 0
- Baked good, desserts and beverages 0
- **Basic kitchen management** \Diamond

Canada

Two week practicum placement 0









Sto:lo Aboriginal Skills & Employment Training is pleased to offer:

EQUIPMENT TRAINING

STARTING JULY 19, 2021

If you are an Indigenous individual who:

- Is un- or under employed
- Resides in SASET's catchment area
- Is willing to commit to a 1 week full-time program
- Enjoys outdoor work in all types of weather
- Has an interest in Construction Industry
- Is in good health and physically fit

If so... we are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with your Employment Counsellor!

Training will take place on-site at Sto:lo Nation

Building 2D, 7201 Vedder Road Chilliwack, BC

July 19-23, 2021

Monday to Friday

8:30 AM TO 3:30 PM

COURSE INCLUDES

CERTIFICATES

- First Aid Level 1
- WHMIS
- Fall Protection
- Skid Steer
- SDCB Forklift
- Power Pallet Jack
- Ariel Boom
- Scissor Lift

LUNCH, TRANSPORTATION AND SAFETY GEAR PROVIDED!

To Apply please CONTACT <u>604-858-3691</u> OR email <u>info@saset.ca</u>

PLEASE VISIT <u>WWW.SASET.CA</u> FOR EMPLOYMENT ASSISTANCE SERIVICE HOURS AT OUR OTHER LOCATIONS



ATCO Kitchen Skills Training Program

August 3-15, 2021

Apply to a 13-day training program located at Clearwater Camp in Clearwater, BC.

Pre-employment requirements:

- Must be Indigenous or local
- Must be 19 years of age or older
- Must have desire to work and be trained in Kitchen duties in a camp and interest to advance within organization

Must pass all standard pre-employment tests:

- Kitchen Skills: BC Food Safe Level 1
- Drug & Alcohol
- Fit for Work Assessment
- Criminal Record Check

To apply, use QR code to access forms to complete and submit.

Or send email to: ce@nlc.bc.ca



Application Deadline: July 5, 2021









CHEAM FIRST NATION UTILITY ASSISTANCE PROGRAM

	Month of:	2021	
APPLICANT:			
Name:			
Band Name:		Band Number:	
Birth date:	Age:		
Address:			
City:	F	Province/ StatePC /	Zip
SPOUSE:			
Name:			
Band Name:		_ Band Number:	
Birth date:		Age:	

Please see the back side for assistance in completing this **Utility Assistance Form**

UTILITY INFORMATION		#5614	REIMBURSE \$\$	
UTILITY	UTILITY NAME	COST	ELDER	UTILITY
Hydro / Electricity (5672)				
Gas / Propane / Wood (5674)				
Cable (5670)				
Telephone (5676)				
Other 5680 (Specify)				
Other 5680 (Specify)				
	TOTAL (MAX \$200)			

I declare that I am a Cheam Band Member and eligible to apply for the Cheam First Nation Utility Assistance Program

Applicant's signature: _____ Date:

Date:	
-------	--

Delays may occur if not completed and signed

CHEAM FIRST NATION UTILITY ASSISTANCE PROGRAM

Frequently Asked Questions

WHEN DOES THE NEW POLICY COME INTO EFFECT?

• November 1, 2012

WHAT ARE THE ELIGIBLITY REQUIREMENTS?

- Elder must be a registered Cheam Band member (60+) on /off reserve
- Utility Assistance Program is based on per household
- Utility must be in Elder's name and address must correspond to Elder's residence
- Utility invoice date must be for the current month or the previous month
- Utility Assistance Program maximum is \$200.00/month/household

WHAT UTILITIES QUALIFY FOR THE PROGRAM?

- Hydro / Electricity
- Gas / Propane / Firewood
- Telephone / Cable
- Garbage Pick Up
- Water / Sewer

DO MY UTILITY BILLS NEED TO BE PAID BEFORE REIMBURSEMENT?

• Utility bills no longer need to be paid in advance of being covered but the Band will submit the payment directly to the utility if not paid in advance by Elder.

ARE ALL CHARGES ON THE UTILITY BILL COVERED?

• The band will not reimburse for any outstanding amounts and/or late payment charges

HOW DO I COMPLETE THE APPLICATION FORM?

- Complete and sign the **Utility Assistance Program** form for EACH month for which you are requesting assistance
- Drop off, mail, fax or email a completed copy of the **Utility Assistance Program** form with copies of the utilities and, if paid proof of payment, to reception at the Band Office
- Elders not able to travel to pay their utilities, may bring the bill in to be paid by the Band directly to the utility company to maximum of \$200/month/household.
- Elder's requiring assistance can appoint a family member to complete the application process

WHEN CAN I EXPECT TO RECEIVE MY ASSISTANCE CHEQUE?

- Completed applications received by Tuesday will have payment ready on the following Friday
- Reimbursement will only be for current amount due
- Reimbursement will be to Elder with proof of payment OR direct to utility if not paid by Elder
- Reimbursements to Elders will be held at reception for pick up, or mailed if so requested
- Notice of payment will be provided if Band paying directly to utility company
- The Band is not responsible for any late payment charges for utilities being paid directly. It is the responsibility of the Elder to get utility bill to office in time to prepare and mail

Remember, that residence on reserve are exempt from HST/GST/PST