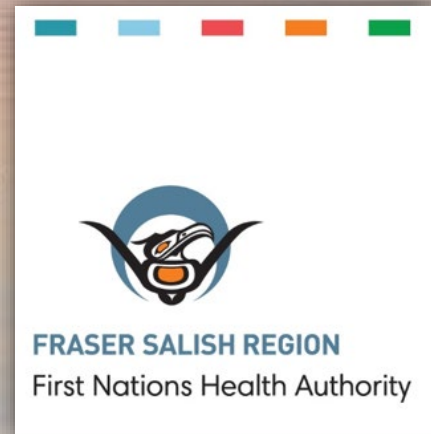



# The Covid-19 Vaccine Answering Your Questions

First Nations Health Authority  
Fraser Region





# Land Acknowledgement & Prayer

# This is YOUR choice. Your Right.

## Informed Consent

### What is it?

Knowing what is going on (the plan) before making a decision to move forward or to not move forward.

Before you go for your vaccine (if you choose to), you will be asked to fill out a consent form.



# What to expect:

**Step 1:** Please arrive wearing a mask to keep each other safe. Bring 2 pieces of ID. Your health care card number can be found on your drivers license or BC I.D.



**Step 2:** Get information and sign consent form at the greeters table.



**Step 3:** Receive immunization and immunization card (a second dose will be required). Please keep and bring your immunization card with you for the second dose.



**Step 4:** Sit and relax for 15 minutes. A snack will be provided as you leave.




FNHA will have cultural workers on site for extra support



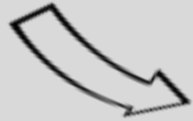
# Immunization Record Card

- Please keep this with you to show that you have received the COVID-19 vaccine
- This will be important for when you are traveling
- Bring the card with you when you come back for second dose

 <b>fraserhealth</b> COVID-19 <small>Better health. Best in health care.</small>	
<b>Immunization Record</b>	
Name: _____	
Dose 1 Vaccine Received: <input type="checkbox"/> Pfizer <input type="checkbox"/> Moderna <input type="checkbox"/> Other	
Lot #:	Date vaccine given:
<p><u>Don't forget</u> to attend your appointment to have your 2<sup>nd</sup> dose of vaccine 21 days after your 1<sup>st</sup> dose. You will have the best protection after two doses.</p>	
<b>Second appointment date:</b> _____	
Dose 2 Vaccine Received: <input type="checkbox"/> Pfizer <input type="checkbox"/> Moderna <input type="checkbox"/> Other	
Lot #:	Date vaccine given:



# Consent Form



Paris		Report of COVID19 Vaccination	
<b>CLIENT TO FILL IN</b>			
Last Name		First Name	
Sex <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> X		Birthdate (YYYY/MMM/DD)	
Care Card Number / PHN		Phone	
Address		City	Postal Code
I identify as an indigenous person <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Choose not to answer			
Clinician to Complete Remainder of Form			
<b>CONSENT / DISSENT</b>			
Effective From (date)		Consent	
YYYY	MMM	DD	<input type="checkbox"/> Consented <input type="checkbox"/> Refused
			If Refused, reason for refusal:
Given / Refused By <input type="checkbox"/> Client <input type="checkbox"/> Substitute Decision Maker <input type="checkbox"/> Other If other, specify: _____		Method of Consent <input type="checkbox"/> In Person <input type="checkbox"/> Telephone <input type="checkbox"/> Written	
Name and Relationship of Person Providing/Refusing Consent (if not client):		Consent Obtained By:	
<b>IMMUNIZATION</b>			
Date of Vaccination (e.g. 2020 Jan 31)			Agent
YYYY	MMM	DD	Lot Number
			Body Site
			<input type="checkbox"/> Pfizer mRNA BTM162b2
			<input type="checkbox"/> Moderna mRNA-1273
HCW (Not LTC) Target Group <input type="checkbox"/> HCW Staff <input type="checkbox"/> HCW Physician		LTC Target Group <input type="checkbox"/> LTC Staff <input type="checkbox"/> LTC Resident	
Primary Work Site: _____		Facility: _____	
Primary Work Unit: _____			
Administered By (print name)		Signature	Designation
Allergies		Risk Factors	
Immunization Notes			
Documented By (print name)		Signature	Designation
* Adverse Events require completion of the PHAC AEFI form and submission to Public Health ASAP			
**All information on this form must be documented into Fraser Health Paris as soon as possible.			

# Which Path Will You Take?

## **CHOOSE TO TAKE THE COVID VACCINE**

Greatly reduces the risk of contracting Covid-19.

Widespread immunization is the best way to protect people from Covid-19

**Builds Community Immunity**

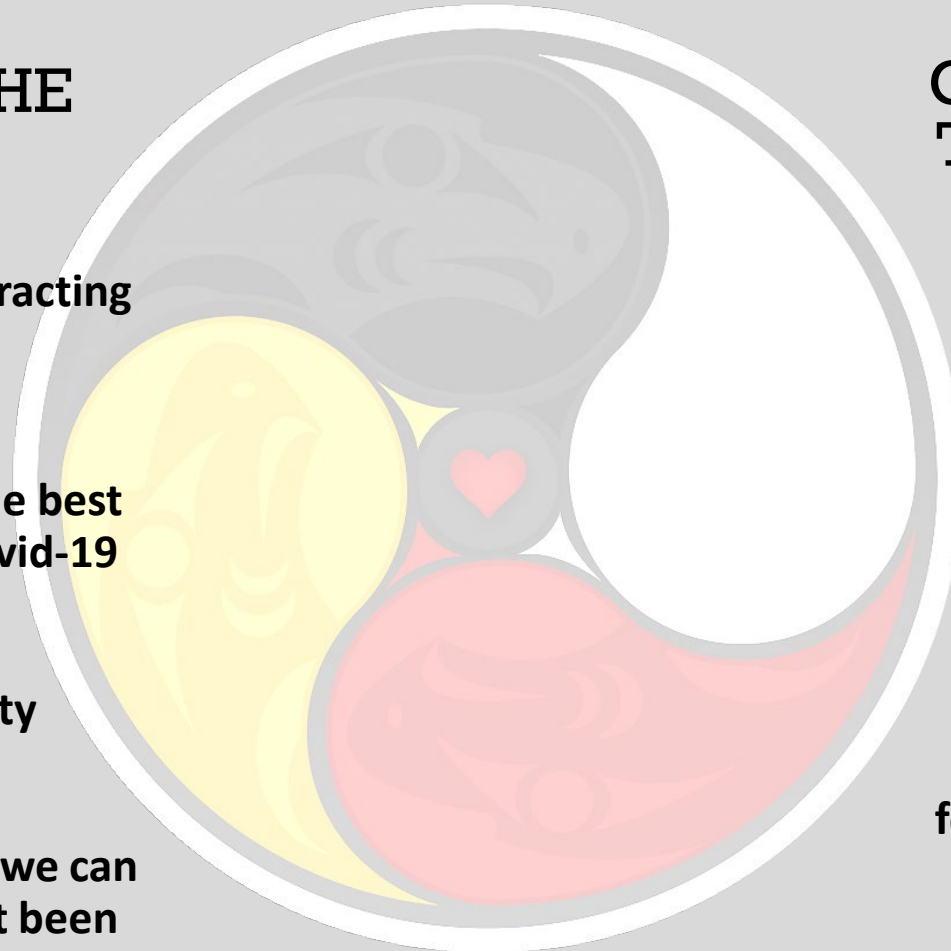
As more people get vaccinated, we can return to activities that haven't been possible during the pandemic

## **CHOOSE NOT TO TAKE THE COVID VACCINE**

Receiving the vaccine is a personal choice

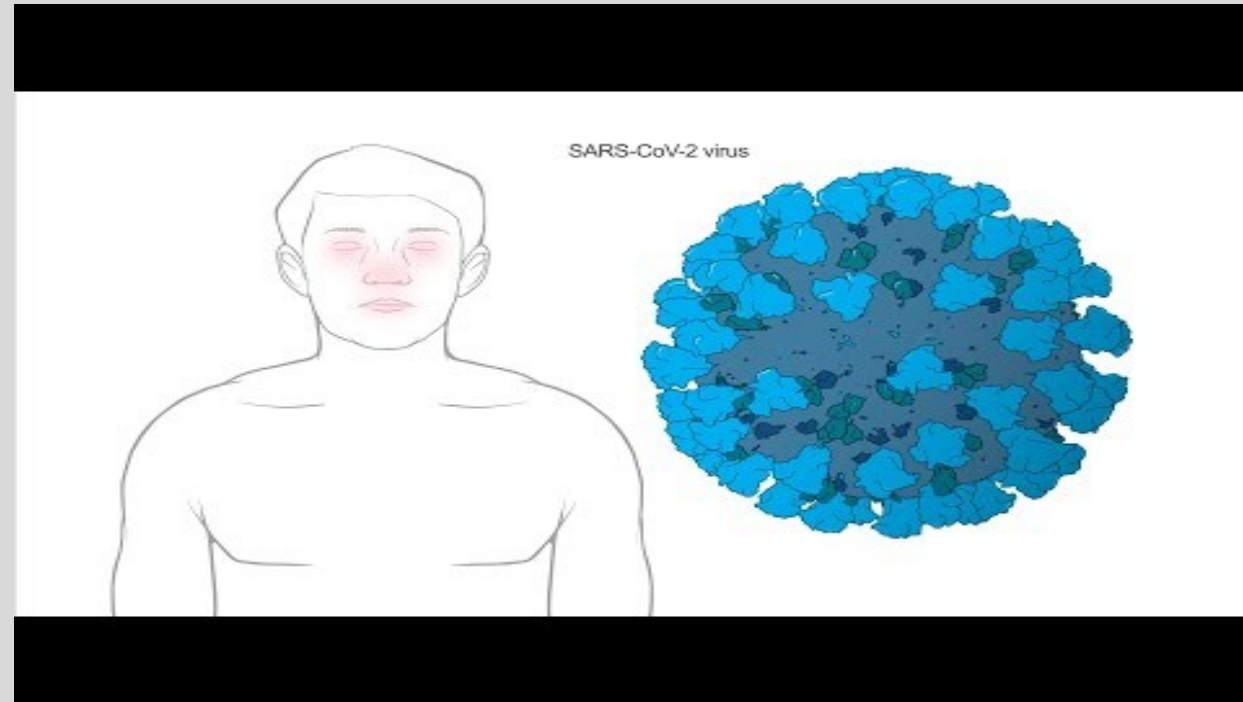
Higher risk of contracting Covid-19

Must be diligent with following Covid-19 protocols



**FNHA's Medical Officers strongly recommend that Indigenous people opt to get the vaccine when they are offered one**

# How does the vaccine work?





# Who Is Exempt?

- Those who have anaphylactic reactions to medicine/non-medicine ingredients found in the Covid-19 vaccine. Medications will be on site in the rare case of anaphylactic reaction.
- Full list of ingredients will follow this slide.
- Those pregnant or breastfeeding should discuss getting the vaccine with medical practitioner.

# Ingredients in Pfizer and Moderna Vaccines

## **Pfizer-BioNTech:**

RNA, lipids ((4-hydroxybutyl)azanediyl) bis(hexane-6,1-diyl)bis(2-hexyldecanoate), 2 [(polyethylene glycol)-2000]-N,N-ditetradecylacetamide, 1,2-Distearoyl-sn-glycero-3-phosphocholine, and cholesterol), potassium chloride, monobasic potassium phosphate, sodium chloride, dibasic sodium phosphate dihydrate, and sucrose.

## **Moderna:**

messenger ribonucleic acid (mRNA), lipids ( SM-102, polyethylene glycol [ P EG] 2000 dimyristoyl glycerol [DMG], cholesterol, and 1,2-distearoyl-sn-glycero-3-phosphocholine [DSP C]), tromethamine, tromethamine hydrochloride, acetic acid, sodium acetate, and sucrose



# Potential Side Effects

- pain at injection site
- tiredness
- headache
- muscle and/or joint pain
- chills
- fever

**Note:** these are only potential side effects; you may experience only one, a few or even none of the above side effects after the vaccine

*There are medications on site where vaccine is given incase sever allergic reaction did occur*

# Post Vaccine – Wait 15 mins

Anaphylactic reactions will usually happen within 15 minutes of taking the vaccine, which is why you are REQUIRED to wait the full 15 minutes.

Anaphylactic reactions are serious and will require you to seek a health care provider for treatment.

# What should I do after I get the vaccine?

**You will still be required to continue to follow public health requirements**

- Wash your hands or use hand sanitizer
- Physical distance
- Wear a mask



*If you develop respiratory symptoms (runny nose, cough, sore throat, shortness of breath, etc.) and/or stomach symptoms (nausea, vomiting, diarrhea) you need to be tested for COVID-19 infection. Contact your health care provider or call 8-1-1 for advice.*

# Why get vaccinated if I still have to wear a mask and physically distance?

You are not fully immune to Covid-19

After the **first dose**, the effectiveness is **75%**

After the **second dose** it goes up to **95%!**



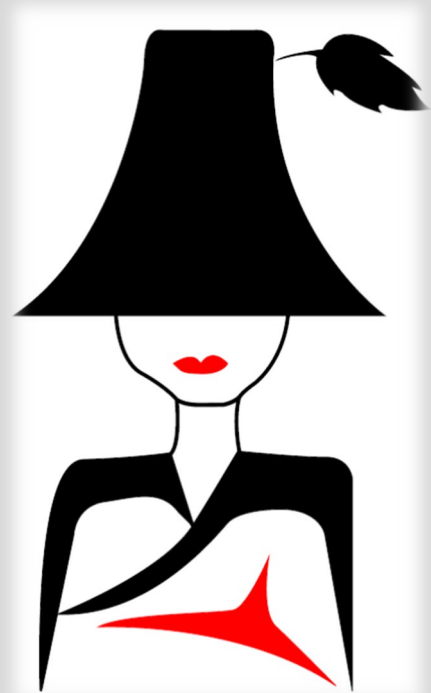


# Frequently Asked Questions...

- Do the COVID-19 vaccines have human and animal cells or blood products?
- Can I get the COVID-19 vaccine if I have allergies or had a reaction to a vaccine in the past?
- How is the vaccine given?
- Can I get other vaccines at the same time or after my COVID-19 vaccine?
- Is the vaccine safe for pregnant/breastfeeding mothers?

**More information can be found on the Immunize BC website:**

<https://immunizebc.ca/covid-19-vaccine-frequently-asked-questions>



# A few important notes!

- Once the first dose is received it is very important to commit the second dose! This is so your body can build an immune response to the COVID-19 spike protein. You will be notified when second dose occurs, up to 4 weeks.
- **NOTE\*\*After the first dose you the effectiveness is 75% and after second dose it goes up to 95%!**
- The vaccines in community (that we are organizing for this week as part of the phased approach) will not occur again. This next opportunity will be available when the vaccine is being offered to the general public.

# Our Ancestors Walk with Us

Our story with vaccines  
will be different this time

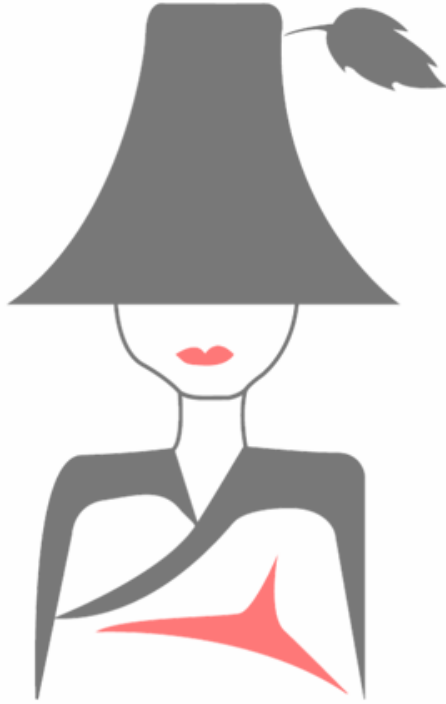


Their strength is with  
us

We have the power to  
keep each other safe



The vaccines work



The vaccines will  
save lives



The vaccines  
are safe

This is our story to  
tell

We have a choice



# STANDING TOGETHER

**EMPOWER** each other

**ENCOURAGE** conversation  
not accusation about the vaccine

**KINDNESS** costs us nothing  
but can gain us everything

**RESPECT** and seek the  
**KNOWLEDGE** of our  
Elders

**SUPPORT** your Elders,  
family, and friends

**SEEK** the truth

Take time to  
**EDUCATE** yourself  
on the vaccine

**RESEARCH** the vaccine &  
learn the facts

# Who to Call

## ✓ **Wellness System Navigators**

Marilyn Dalton ([Marilyn.Dalton@fnha.ca](mailto:Marilyn.Dalton@fnha.ca))

Nardia Brown ([Nardia.Brown@fnha.ca](mailto:Nardia.Brown@fnha.ca))

## ✓ **Family and Youth Wellness System Navigators**

Deanna Rabeneck ([Deanna.Rabeneck@fnha.ca](mailto:Deanna.Rabeneck@fnha.ca))

Jennifer Charchun ([Jennifer.Charchun@fnha.ca](mailto:Jennifer.Charchun@fnha.ca))

## ✓ **Community Wellness Initiatives Facilitators**

Jennifer Heaven ([Jennifer.Heaven@fnha.ca](mailto:Jennifer.Heaven@fnha.ca))

Nadine Mross ([Nadine.Mross@fnha.ca](mailto:Nadine.Mross@fnha.ca))

We will help you get in touch with the right team members!



# Who to Call (cont'd)

FNHA Doctor of the Day: **1-855-344-3800** (Medical Office Assistants are available to help, 7 days a week, 8:30am to 4:30pm)

**8-1-1** is a free-of-charge provincial health information and advice phone line available in **BC**. The 8-1-1 phone line is operated by HealthLink **BC**, which is part of the Ministry of Health.

## Seeking the truth!

This link has a few facts about the COVID-19 immunization program, and reminders about the Public Health Officer (PHO) orders:

[https://www.fraserhealth.ca/health-topics-a-to-z/coronavirus/covid-19-vaccine#.X\\_if1RaIY2w](https://www.fraserhealth.ca/health-topics-a-to-z/coronavirus/covid-19-vaccine#.X_if1RaIY2w)



# Community Checklist

First Nations Health Authority (FNHA) is here to support this process to make vaccination in community safe and respectful

- Provide community with information materials from FNHA
- Prepare to provide population data and registration details (names of those registered to be vaccinated)
- Identify who will be available for vaccine preparation calls
- Identify or provide vaccination site or collaboration with neighbouring community
- Provide security staff if needed



# Community Checklist Cont'd...

- Arrange transportation (if needed) to the vaccination site
- Support the scheduling process
- Support contingency planning (back-up list to receive the vaccine if there are extra doses; alternate arrangements should weather prevent access to the vaccination site on the day the vaccine is scheduled to arrive)
- Direct those with questions to the sources of truth
- Prepare to make arrangements for second dose



A large pile of cut firewood, consisting of numerous logs and branches, is shown. The wood is cut into various sizes and shapes, with some pieces showing the light-colored inner wood and others showing the darker outer bark. The pile is dense and fills the entire frame. A semi-transparent white rectangular box is overlaid in the center, containing the text "Thank You" in a bold, black, sans-serif font.

**Thank You**