



**XWCHÍYÒ:M**

COMMUNITY NEWSLETTER

SEPTEMBER 3, 2021



# CONTENTS

<b>Cheam Vision Statement.....</b>	<b>1</b>
<b>Administration Updates.....</b>	<b>2-8</b>
• Fisheries Opening.....	2
• Community Committees - Member Needed.....	3
• Tag-A-Bag Garbage Stickers Now Available.....	3
• Call for Expressions of Interest for CEI Board Positions.....	4
• Cheam Days Recap.....	5
• After-School Club / Cheam Sports Nights.....	6
• Orange Shirt Day T-Shirt Design Contest -Winning Design.....	6
• Overdose Alert.....	7
• No Excuse for Abuse.....	8
<b>Health Department Updates.....</b>	<b>9-24</b>
• Cheam Dudes Club.....	9
• Social Assistance Recipients Notice.....	10
• Education Updates.....	11-13
• Early Childhood Referral Programs.....	14
• Pre-Employment Support Program.....	15
• Health Benefits Eligibility.....	16
• Retrieval of Used Needles Information.....	17
• Naloxone Training Opportunities.....	18
• Nursing Schedule.....	19
• Seabird Island Health Services.....	20-22
• Mental Health and Wellness Supports.....	23
• Indigenous Wellness Program.....	24
<b>Employment Opportunities.....</b>	<b>25-34</b>
• Adult In-Home Care Worker.....	26
• Peace Officer.....	27
• Peacekeeper.....	28
• Wellness Advocate.....	29
• Custodian.....	30
• General Maintenance Worker.....	31-32
• HR Advisor.....	33
• Social Development and Education Clerk.....	34
<b>External Notices for the Community.....</b>	<b>35-52</b>
• BC Transit- 12 and Under Ride for Free.....	35
• Federal Election Outreach.....	36
• SD78 - Indigenous Education District Principal Announcement.....	37
• CRA Webinars / Mammogram Clinic.....	38
• Elder in Fraser Health.....	39
• Aboriginal Health Liaison Contacts / Self Defense Training.....	40
• Qwi'qwelstom Men's Respectful Relationships Program.....	41
• Service Canada Information.....	42-44
• BC Run to Remember.....	45
• SASET Employment and Training Opportunity.....	46
• SASET Training: Upcoming Programs.....	47
• SASET Training: Culinary Arts Pre-Trade Program.....	48
• SASET Training: Aboriginal Guidance Program.....	49
• SASET Training: Career Development Practice Program.....	50
• SASET Training: Warehouse Training.....	51
• SASET Training: Intro to Automotive Technician.....	52

## FORMS

### FISHERY LICENSE





# XWCHÍYÒ:M

## CHEAM FIRST NATION

### XWECHİYOM XWEXWILMEXW SXWE EYELH

Kwetskwetsmet lis cha xwal letse sqwalewels ye xwe chiyom Xwexwilmexw;

Xw' eyehls cha ye mekw' wat ite xwech'l yom qesu texw eweta o kw'e tl' e met Te ewpi: I qaste qel sqoqe;

Temtames mami:yelhtel ya sq'eqotel qelu lam xwe xwe'eyelf iyolem kw'e o'hletem xwela Ye'mi cha

Temtames lis cha mekw yoyes ye alyem eweta Shxwlistexwes Te xwelitemelh

Temtames chasu qexs a: li lalalem xwela kw'e mekw wates

Qas temtames cha xwe'eyems Te temexws qasu ey xwela ye xwechiyom

### CHEAM VISION STATEMENT

We the people of Cheam are committed to developing a united and harmonious community. We respect individual's diversity and promote a healthy, self-sufficient lifestyle.

We need one another and value one another's views. In appreciation of our uniqueness, we foster mental, physical, emotional and spiritual wellbeing. In doing so, we strive to build pride, dignity and respect amongst our people.



# XWCHÍYÒ:M

## ADMINISTRATION UPDATES

Ey Swayel Friends and Relatives!



## FISHERIES OPENING

The Department of Fisheries and Oceans has issued another opening for Chinook Salmon fishing on the Lower Fraser River. The issued license is valid for two days- Friday, September 3 at 6 pm - Sunday, September 5 at 6:00 pm.

In order to minimize and avoid Sockeye impacts and to increase the survivals of incidental bi-catch and reduce accidental mortality, a minimum 8" mesh or greater restriction is required with 3:1 hang ratio. During all fishing activity, each Set Net shall be attended at all times and picked regularly, to remove all viable Sockeye Salmon, by the Participant who is fishing the net.

**More information, along with the license, is at the back of the newsletter and is posted at [www.cheam.ca/2021/09/lower-fraser-fishery-license-sept-3-5](http://www.cheam.ca/2021/09/lower-fraser-fishery-license-sept-3-5)**

**Please note: The Band office will be closed on Monday, September 6 for the Labour Day holiday. It will reopen Tuesday, September 7 at 8:30 a.m.**

## OTHER INFORMATION:

- Community Committee Members Needed
- CEI Board Members Needed
- Cheam Sports Nights
- Dudes Club
- Education Updates





# COMMUNITY COMMITTEES- MEMBERS NEEDED

Have your voice heard by joining one of the Cheam Community Committees.

We are currently in need of Member participation (living on or off Reserve) in each of the following:

- Finance & Audit Committee
- Health/Social Development/Education Committee (One member from each family requested)
- Restorative Justice & Safe Community Committee
- Communications & Administration Committee

\*Please note that the names of the Committees may vary from what is mentioned above

**We are also looking for Youth participation (19 years and under) on the CEI Elders and Youth Advisory Committee. If you are a youth with an interest in business, this would be great learning experience and opportunity for you- submit your expression of interest to [committee@cheamand.com](mailto:committee@cheamand.com) today!**

The Committees serve as a Standing Advisory Committee to Chief and Council. We are looking for Members of all ages (19+) to participate in these Committees, and from the Minutes of the meetings, make recommendations to Council on your vision and direction for the Nation.

The Committees will be made up of a mix of Community members, staff, and one member of Council, in an ex-officio capacity. Meetings will be held monthly and arranged to accommodate the schedules of Committee members. Thanks to the gift of technology, meetings can be in person, virtual, or a combination of the two.

Those interested in participating in a Committee are asked to email [committee@cheamand.com](mailto:committee@cheamand.com) by September 10th, with a copy of your resume (or most recent education and work experience) and the Committee(s) you are interested in joining. Expressions of interest can also be turned in to reception.

The Committees will begin meeting in September, and an honorarium is paid to all those in attendance.



## TAG-A-BAG STICKERS NOW AVAILABLE

Cheam households can now purchase garbage tag stickers to tag extra bags or containers for occasions where they have more than the standard two bins of waste.

Garbage Tag-a-Bag stickers can be purchased from Daphne or Toni at the Band office for \$2.50 each.

Each sticker is good for one 120-litre (32-gallon) garbage bag or bin.

**SUBMISSION DEADLINE EXTENDED!**

## **Call for Expression of Interest to join the Cheam Enterprises Inc. (CEI) Board of Directors**

In November 2021, the CEI Board of Directors will be looking to fill four director's positions on our board. We are reaching out to all interested Community Members to fill these vacancies.

CEI is currently seeking Expressions of Interest to fill the following positions:

- two (2) Independent Director Positions (Not members of Chief and Council or Cheam First Nation employees)
- two (2) Related Director Positions (Member of Chief and Council or Cheam First Nation employee)

CEI's purpose is to develop active and profitable businesses, both inside and outside of Cheam's territory, while also supporting Cheam's entrepreneurs and the Nation's broader goals and aspirations.

CEI's mandate is to be an economic development engine for Cheam that is appropriately independent, administratively self-sufficient, and suitably connected to Cheam.

Cheam Enterprises Inc. pursues and implements economic opportunities that:

- are profitable and provide economic returns to Cheam;
- are consistent with Cheam's values and vision;
- provide training and employment opportunities of all types for members, including in professions, trades, management, governance and business;
- provide industry diversity;
- encourage business innovation;
- support the development of member-owned businesses and entrepreneurship.

These priorities drive all of Cheam Enterprises Inc's plans, budgets, and business decisions.

If you are interested in joining the CEI Board of Directors, please email your resume and/or work experience to [info@cheamenterprises.ca](mailto:info@cheamenterprises.ca). Alternately, you can drop off a letter of interest with Daphne at the Cheam Band office.

Please note that all resumes or letters of interest must be received by September 30, 2021.

We maintain the history of enterprise which has sustained The Xwchíyò:m for thousands of years in S'ólh Téméxw.





# CHEAM DAYS RECAP

Cheam Days was such a great success! We were thrilled to be able to bring the Community together for some fun and games. More than 120 people came out to participate, compete and share a meal.

If you have any photos of the festivities you'd like to share with the Community, please email them to [communications@cheamband.com](mailto:communications@cheamband.com).

## AND THE WINNERS ARE...



**1st Place:** Soaking Deer Hooves (Melvin, Carrie-Lynn, Lydia, Nicole)

**2nd Place:** Belo Nation + Wyze (Nick, Owen, Rosie, Wyze)

**3rd Place:** The Fab 5 (Evangeline, Vanessa, Mikayla, Jordan, Victoria)

**Cheam Day Passport Prize:** Ariana

## Door Prize Winners:

Jenna Rusk, Lucas, Zoie G, Sarah Aleck, Lydia Rivera, Alesiya Douglas, Angie Haines, Annelynn Victor, Chief Andrew Victor, Rayne G, Sky-Lynn, Trevor Victor, Jordan Rivera, Dustin Haines, Sidney Douglas, June Joe, Alex Wilson, Chance Tommy and Rosie Hansen

**CONGRATULATIONS TO ALL OUR CHEAM DAY PRIZE WINNERS!**



## KW'AS HOY!

Pulling off a large Community event like Cheam Days takes the work of a team of dedicated and hardworking individuals. We would like to thank everyone involved in the day's events for making it happen, and would like to acknowledge our Health and Wellness Executive Assistant, Amber Maret, for taking the lead on this and making Cheam Days the great event it was! Thank you, Amber!



**TIME TO START  
PLANNING FOR  
NEXT YEAR'S  
EVENT!**





## AFTER-SCHOOL CLUB

With back-to-school comes a return to after-school activities!

We are excited to be starting an After-School Club for Community children in kindergarten through grade 12. The club will run Monday to Friday from noon to 6 pm and will be held in the new Education portable. More information, including the starting day of the club and the opening day of the Education portable, is to come in the next couple of weeks.



## SPORTS NIGHTS



CHEAM  
FIRST NATION

### SPORTS NIGHTS

Join Us on Monday Nights from 5pm-8pm  
for sports and games!

**MONDAY NIGHTS: 5PM-8PM**  
**WHERE: CHEAM FIRST NATION**  
**BAND OFFICE, 52161 VICTOR DRIVE**

**Starting September 13th!**

If you have any questions contact Wayne at  
wayne.douglas@cheamband.com

Monday nights from 5 - 8, starting September 13, Community members are invited to come out for pickup sports in the Cheam gym! All ages and abilities are welcome.

\*please note- please wear non-marking shoes. Masks will be required when not engaged in physical activity.

## ORANGE SHIRT DAY



Congratulations to Kassidy LaRock! Her t-shirt design received the most votes in our t-shirt design contest and will be featured on this year's Community shirts for Orange Shirt Day!





# OVERDOSE ALERT

There has been an increase in overdose events across the Fraser Health Region. Friends, family and community members using opioids **or** stimulants face increased risk from both injection and inhalation.

Substances are suspected to be contaminated with **benzodiazepines** which complicates overdose response. Reports in Maple Ridge are connected to a yellow down substance and a black down substance.



## IF SOMEONE OVERDOSES:

CALL 9-1-1 AND STAY WITH THEM



GIVE 1 BREATH EVERY 5 SECONDS



GIVE NALOXONE

## Please look out for each other.

## TIPS FOR SAFER DRUG USE:



**Explore with service providers options for witnessing consumption** ([episodic OPS](#))



**Stagger use with friends so someone can respond if needed**



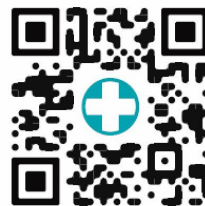
**Start low go slow**

Take a small amount, wait and see how it feels



**If using alone:**

- Let someone know and ask them to check on you
- Download the Lifeguard or BeSafe apps (available on Apple/Android)
- Call the National Overdose Response Service: 1-888-688-6677 if no cel data



**Mixing substances increases risk of overdose** – this includes alcohol and prescription drugs



**Access harm reduction service information at [towardtheheart.com](http://towardtheheart.com)**



**Get your drugs checked** <https://www.fraserhealth.ca/drugchecking> or <https://getyourdrugstested.com/>



**Carry naloxone and increase checks of secluded areas**  
- visit [naloxonetraining.com](http://naloxonetraining.com) for a training refresher



**fraserhealth**

Better health. Best in health care.



CHEAM FIRST NATION HAS ZERO TOLERANCE FOR VIOLENCE  
OR AGGRESSION TOWARDS ITS EMPLOYEES

# NO EXCUSE FOR ABUSE

Staff are trying to complete their work to the best of their abilities, and should be able to do this without facing any verbal or physical abuse.

**Most people respect this - thank you for being one of them!**



Cheam staff are here to serve the Community through a variety of programs and services, under the direction of Council. All communications between Community members and staff must be respectful. **Reminder: Community Members are to contact Council (not staff) with any issues or concerns using the Call-to-Action forms.**

CHEAM FIRST NATION HAS THE DUTY TO PROTECT THE  
SAFETY OF ITS STAFF AND WILL CONTACT SECURITY  
AND/OR THE RCMP IF NEEDED.

This posting has been approved by Cheam Council.





# HEALTH & WELLNESS

604-794-7927 or INTAKE CELL 604-991-0030

## CHEAM DUDES CLUB

Join the brotherhood to support men's mental health and wellness by becoming a part of Cheam's Dudes Club.

### What is Dudes Club?

Dudes Club is a safe space for men to come together in brotherhood to talk about guy stuff. Based on Indigenous teachings, Dudes Club uses trained facilitators, cultural activities and community building to make it easier for men to talk about what's bothering them and work towards overall wellness.

With the help of Elders, we will learn culture and traditions- and just how to be DUDES. All we ask of you is to bring an open mind and leave your armour at the door.



Dudes Club is open to all men (including those who identify as men) in the Community and will run Thursdays from 4-6 pm starting in September; the exact location is to be determined. If you're interested in being a part of this men's group or want more information, contact our Wellness Advocate, Ray at [ray.hartt@cheamband.com](mailto:ray.hartt@cheamband.com) or 604-991-9610.

## DUDES CLUB CORE VALUES



### Relationships

We prioritize work together that begins with, and builds towards, strong relationships, with: Self, Peers, Family, Community, Elders, and the Land.



### Journey

We recognize that to be effective and sustainable in the long term, this must be patient, and sometimes slow, work. The concept of 'Seven Generations' also reminds us to think beyond immediate needs, and that healing is a process that happens over time, not a quick fix.



### Sanctuary

Our work depends on trust, and happens within a context of non-judgmental, inclusive, compassionate, respectful, culturally safe spaces.



### Two-Eyed Seeing

To move forward in a good way towards men's wellness we must balance the strengths of both Indigenous and western ways of knowing, ensuring our clubs are places of Cultural Safety, where Dudes can reconnect to their heritage and family, through storytelling and sharing. "In a good way", whereby the work undertaken is a sacred endeavor, connected to ceremony and ancestral wisdom, and contributes to healing.



### Brotherhood

We recognize that reclaiming, redefining, and decolonizing ideas of what it is to be a 'man' is essential, and that this is a process that men must undertake to support each other. Healthy, authentic, humble, courageous masculinities are core to our work.



# HEALTH & WELLNESS

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## SOCIAL ASSISTANCE RECIPIENTS

To avoid any delay in receiving your next social assistance cheque, please contact the Social Development Department to confirm your file is up to date to as this will ensure that you receive all of the social assistance benefits that you qualify for.

For example, your file may need:

- Updated tenancy agreement/confirmation of residency (April 1, 2021- March 31, 2022)
- Valid identification
- Utility bills
- Bank statements
- Persons with disabilities letter of approval
- Diet supplement letters

Please contact Bekki at 604-745-8026 or email [rebecca.pears@cheamand.com](mailto:rebecca.pears@cheamand.com).

## COVID-19 UPDATE



### Vaccine, testing, exposure and prevention information

#### Learn about COVID-19 vaccines.

**Starting Wednesday, August 25**, masks must be worn by people 12 years and older in all indoor public spaces throughout B.C. to help slow the transmission of COVID-19.

By order of the Provincial Health Officer, proof of vaccination will be required to access some events, services and businesses. **Starting September 13**, you must have at least one dose of a COVID-19 vaccine. By October 24, you must be fully vaccinated.

Learn more about proof of vaccination at the [Government of B.C. website](#).

### Resources

- For additional questions and answers, please visit the [BC Centre for Disease Control website](#).



# HEALTH & WELLNESS

604-794-7927 or INTAKE CELL 604-991-0030

## EDUCATION UPDATES

It's time for all families of school-aged children to start preparing for the 2021-2022 school year!

### STUDENT INFORMATION

At this time we need ALL families to complete the Student Information and Waiver Form and return it to the office at your earliest convenience (no later than Friday, August 27). If your family requires we order uniforms on your, please return the completed form ASAP as we need to allow for additional shipping and handling times. Completed forms can be dropped off at the main reception or health reception desks, or emailed to [rebecca.pears@cheamband.com](mailto:rebecca.pears@cheamband.com).

The Student Information and Waiver Form is found at the end of the newsletter and can be downloaded at [www.cheam.ca/education](http://www.cheam.ca/education).

### BUSSING

If your child(ren) will require bussing to and/or from school, you will need to register for that directly with your child(ren)'s school district.

#### School District 33 (Chilliwack)

To register a student for bussing for the 2021-2022 school year you will need to complete an online bussing registration form ([https://www.sd33.bc.ca/bus\\_registration\\_2021\\_2022](https://www.sd33.bc.ca/bus_registration_2021_2022)). Please be sure to complete all the appropriate fields.

SD 33 busses come directly to the Cheam Reserve and all stops should be within approximately 50m of the student's residence. Actual pick-up/drop-off times, locations and the bus number will depend on the school each student is attending. These details are all sent to the parent/guardian via email once the registration has been processed.

Cheam students living on reserve are not required to pay the \$25 registration fee, however, Cheam students (with status) that do not live on reserve will need to pay the \$25 fee upon registration which can be done online (<https://www.studentquickpay.com/sd33/>), or in person at the School District 33 office.

#### School District 78 (Fraser-Cascade)

SD 78 bus routes do not go beyond the Agassiz bridge. Cheam students attending school in School District 78 will need to be driven to and from school by family members.

#### Seabird Island Community School

Current bussing information from Seabird Island Community School isn't available. The most recent information can be found on Seabird Island's Facebook page ([www.facebook.com/SeabirdIslandCommunitySchool](http://www.facebook.com/SeabirdIslandCommunitySchool)).

**All this information, the forms and links to outside resources are also available at [www.cheam.ca/education](http://www.cheam.ca/education).**





# HEALTH & WELLNESS

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## EDUCATION UPDATES

### EDUCATION PAYMENT INFORMATION

The first round of education cheques for students of Cheam First Nation went out this week to cover school supplies and the monthly education allowance.

This first round of cheques include:

#### SCHOOL SUPPLIES

	\$30
• Kindergarten - Grade 2	\$40
• Grade 3 - Grade 5	\$50
• Grade 6 - Grade 8	\$60
• Grade 9 - Grade 12	

#### MONTHLY STUDENT ALLOWANCE

	\$10
• Grades 7 - 9	\$20
• Grades 10 - 11	\$30
• Grade 12	

Please note that the allowance payments may be different from previous years as we move to a new payment schedule as follows:

Payment Number	Allowance Months	Payment Issued
1	Sept, Oct, Nov	August
2	Dec, Jan, Feb	December
3	Mar, Apr, May, Jun	March

\*School allowance will be paid to those students with verified ongoing attendance.

If you have any questions or concerns please feel free to reach out directly to our Education Clerk, Bekki Pears ([rebecca.pears@cheamband.com](mailto:rebecca.pears@cheamband.com)) or you can contact our Health and Wellness Director, Inez Louis ([inez.louis@cheamband.com](mailto:inez.louis@cheamband.com)).

### SEABIRD ISLAND COMMUNITY SCHOOL INFORMATION

Registration is still open for the 2021/2022 school year at Seabird Island Community School.

If you're interested in enrolling your child(ren) for the upcoming school year you can find the following forms and information online at: [www.cheam.ca/education](http://www.cheam.ca/education)

- [Enrollment Agreement](#)
- [Registration Form](#)
- [Photo/Video/Art Consent Form](#)
- [Student Code of Conduct](#)
- [Transportation Information](#)



# HEALTH & WELLNESS

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## EDUCATION UPDATES

### INTRODUCTION TO YOUR JORDAN'S PRINCIPLE SERVICE COORDINATOR

Éy swáyel,

My name is Chelsea Fillardeau-Hall and I am writing to introduce myself as the Jordan's Principle Service Coordinator in the Fraser Salish and let you know how I can support you and your children to access health, social and education supports, including Jordan's Principle funding.

Jordan's Principle is named in memory of Jordan River Anderson, a young boy from Norway House Cree Nation in Manitoba. Jordan's Principle makes sure all First Nations children living in Canada have access to the products, services and supports they need, when they need them.

To support families, Indigenous Services Canada (ISC) BC Region has been working with First Nations partners to develop and implement a made-in-BC Jordan's Principle Enhanced Service Coordination model of care that puts First Nations children and families at the centre of service delivery.

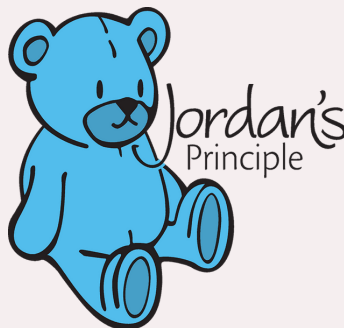
As a Jordan's Principle Service Coordinator, I can work with you to identify and facilitate timely access to a whole range of federal and provincial health, social, and education products services and supports to meet your child's needs. Plus, I can address questions about Jordan's Principle and assist you to submit requests for funding under Jordan's Principle on their behalf. To be eligible, children must be between the ages of 0-19 years of age.

Further information about Jordan's Principle, including eligibility and how to submit a request, can be found at this link: <https://www.sac-isc.gc.ca/eng/1568396042341/1568396159824>.

I will primarily work with families within the Fraser Salish region, but First Nations families anywhere in BC are welcome to connect with me. Below is my contact information.

Sq'ewqéyl First Nation  
Email: [Chelsea@acc-society.bc.ca](mailto:Chelsea@acc-society.bc.ca)  
Phone: 604-378-1604  
Fax: 604-913-9129

Ch'ithome,  
Chelsea Fillardeau-Hall





## HEALTH & WELLNESS

604-794-7927 or INTAKE CELL 604-991-0030

### EARLY CHILDHOOD REFERRAL PROGRAMS

Seabird Island has the following early childhood programs available to Cheam members on a referral basis. If you're interested in one of these programs, please contact the Cheam Health Department to get a referral.

#### **Aboriginal Infant Development**

AIDP offers programs that may support families by providing home visits, group programs, and educational programs. Our services are offered to babies and toddlers who may require extra support due to physical, social, intellectual, emotional and developmental challenges. Eligibility: Services are available to Aboriginal families both on and off-reserve with children birth-6 years of age.

#### **Daycare**

The Seabird Island Daycare is a fully licensed daycare that operates from 7:30 AM -5:30 PM, Monday to Friday; excluding statutory holidays and community special events. Our childcare facility promotes healthy development and embraces the individual needs of children in our care. Eligibility: Services are available to families with children birth-6 years of age.

#### **Ey Qwal Speech & Language**

The Ey Qwál Program provides support to children from birth to Kindergarten entry. A Speech and Language Pathologist screens and assesses children who may be experiencing a speech and/or language delay or difficulty. The Speech Pathologist and Assistant then provide direct support to eligible children. Eligibility: Services are available to Aboriginal children ages 0 to 6 years until Kindergarten entry.

#### **Head Start Parents and Tots**

The Head Start program is a holistic program to help meet the individual needs of your children spiritually, intellectually, physically, cognitively and emotionally. The Parents & Tots program emphasizes that parents must actively participate and supervise their children at all times. Eligibility: Services are available to Aboriginal children ages 0 to 5 years and their families (including siblings and relatives).

#### **Preschool 3's**

Children taking part in Language Nest Preschool will be fully immersed in the Halq'emeylem language. Elders will be present to speak the language constantly throughout the day in a natural home-like setting. Eligibility: Services are available to Aboriginal children 2—3 years old who live on reserve (space is limited)

#### **Preschool 4's**

The Preschool is licensed for 20 children per class, for three-year-olds and four-year-olds. Aboriginal culture and language as well as parent involvement play an important part in the Preschool. Eligibility: Services are available to Children 3—4 years of age.

#### **Supported Child Development**

The program provides services to children who are in need of extra support due to physical, intellectual, social, emotional and communicative challenges. Eligibility: Services are available to children 0—19 years of age (with priority given to the younger age groups)





# HEALTH & WELLNESS

604-794-7927 or INTAKE CELL 604-991-0030

## PRE-EMPLOYMENT SUPPORT PROGRAM

Through our partnership with Seabird Island, there is a Pre-Employment Caseworker available to provide Cheam members with help and guidance in finding employment.

The caseworker will be available at the Band office on Mondays afternoon and Thursday mornings by appointment.

### WHAT IS A PRE-EMPLOYMENT SUPPORT PROGRAM?

The Pre-employment Support Program (PESP) is an income assistance initiative for individuals that are 19-64 years of age receiving on-reserve Income Assistance. PESP utilizes a proactive approach that focuses on identifying individual employment readiness, including the work and life skills training they require to find and maintain a job.

In addition, the PESP provides personalized pre-employment training, equipment and other monetary needs and helps them connect with sources of employment.

### WHAT DO PESP CASEWORKERS AND THIS PROGRAM OFFER?

Pre-Employment caseworkers and the PES program are there to support and assist individuals toward self-sufficiency. Services include:

- Counselling to remove barriers to employment; addictions, trauma and grief, psycho-vocational assessment.
- Coaching and mentoring
- Child Care and accommodation costs
- Introduction to industry and jobs, referral to CLBC
- Pre-Employment training (such as lift skills)
- Limited training incentives
- Transportation and equipment costs.

### FOR MORE INFORMATION OR TO BOOK AN APPOINTMENT, CONTACT:

Terrylynn Johnson - PESP Case Work

(604) 819-4885 (text friendly)

[terrylynn@seabirdisland.ca](mailto:terrylynn@seabirdisland.ca)

OR Bekki Pears - Cheam Social Development & Education Clerk

(604) 745-8026

[rebecca.pears@cheamband.com](mailto:rebecca.pears@cheamband.com)





# HEALTH & WELLNESS

604-794-7927 or INTAKE CELL 604-991-0030

## ELIGIBILITY FOR HEALTH BENEFITS

The Health Benefits Program is available to First Nations people with Indian status who live in BC. The Health Benefits Program is also available to infants (up to 24 months) if at least one parent is eligible for the program. Some mental health services have different eligibility criteria (see [www.fnha.ca/benefits/mental-health](http://www.fnha.ca/benefits/mental-health) for more information).

You are not eligible for Health Benefits if you have health insurance provided by the federal government, or by a First Nations organization as part of a self-government agreement with Canada.

If you need to register for Indian status, or have questions related to Indian status eligibility, see How to apply for a status card on the Indigenous Services Canada (ISC) website ([www.sac-isc.gc.ca/eng/1100100032421/1572461539061](http://www.sac-isc.gc.ca/eng/1100100032421/1572461539061)).

### HOW TO ENROLL:

If you are eligible for the Health Benefits Program, you must first enroll in the program to access benefits and coverage.

If you need to enroll for the first time, or you want to confirm that you are already enrolled, have your status number ready and call Health Benefits at 1-855-550-5454.

You may want to confirm your enrollment if you recently:

- moved to BC
- turned 19
- married or divorced
- had an employer pay MSP premiums on your behalf

If you are registering with Health Benefits for the first time, you may need to fill out two forms (both found at the back of this newsletter) and send them to [HealthBenefits@fnha.ca](mailto:HealthBenefits@fnha.ca).

- Pacific Blue Cross Enrollment Application for Group Benefits
- Medical Services Plan (MSP) Application for Enrollment

### HOW TO ENROLL A CHILD:

To enroll with Health Benefits your child needs a Personal Health Number (PHN) and an Indian Status Number. Once they have both, call Health Benefits to enroll them.

1. Register your child's birth with BC within their first three months. [Registering with the province](#) confirms your child's Personal Health Number (PHN).
2. Register your child for Indian Status. [Register your child for a status number](#) with Indigenous Services Canada (ISC) as soon as possible. Processing times can take two years.
3. Meanwhile, your child can be covered under your account. While you wait for your child's status number, if your child has a PHN, they can be covered under your Health Benefits account until they are two years old.
4. Call Health Benefits. Once your child has their own status number, call First Nations Health Authority at 1-855-550-5454 to enroll them under their own account.





# HEALTH & WELLNESS

604-794-7927 or INTAKE CELL 604-991-0030

## RETRIEVAL OF USED NEEDLES

### **The BCCDC and Provincial Health Officer recommend against used needle buy-back programs**

We're aware used needle buy-back programs are being introduced into some communities. The BC Centre for Disease Control (BCCDC) and Provincial Health Officer do not recommend the use of these programs because there is no evidence that they are effective and they may cause unintended harm and consequences for the following reasons:

#### **Increased risks of a needle poke (stick) injury**

- There is a risk of needle stick injury to the individual counting returned needles.
- People may be dissuaded from using personal sharps containers so needles can be counted. This creates a risk of needle injury when carrying sharps in an unsafe manner.

#### **Risks associated with breaking into or removing of community disposal boxes**

- Placing a monetary value on used needles may result in people removing or breaking into sharps containers. This may increase drug litter as containers are emptied to remove the needles and can put people at risk of needle stick injury.
- If fixed box sharps containers are removed there will be nowhere to dispose of used supplies, increasing drug litter.

#### **Wastage**

- Enterprising individuals may identify that needles can be obtained for free from a harm reduction site, taken out of the package, and returned for profit. This is wasteful of harm reduction supplies and funds and may contribute to drug litter including needle wrappers.

#### **We recommend engaging with clients**

- Many communities have effective peer needle recovery programs. Buy-back funds could be invested in this type of program, which engages people who use substances in needle recovery and provides opportunities for low-barrier employment. Peer workers are best situated to know where needles are being discarded, and to engage others who use needles about safe disposal.
- People should be encouraged to take their needles back to harm reduction distribution sites/health unit where they can get further supplies, including sharps containers and be connected with other services.

BC Harm Reduction Strategies & Services (HRSS) Committee works to reduce harms caused by substance use, promote referrals to health and social services, and ensure equitable reach of harm reduction supplies to those who use drugs in BC. HRSS develops guidelines to ensure sterile supplies are available for every injection to reduce transmission of HIV and hepatitis C, and the safe disposal of used supplies. The funding for harm reduction supplies is provided by the Ministry of Health. The BC Centre for Disease Control (BCCDC) oversees the distribution of harm reduction supplies to sites approved by the regional health authority.

The health authority collaborates with local municipalities and agencies to manage the disposal of used supplies. Safe disposal of injection supplies includes: the distribution of small sharps containers for personal use by the harm reduction program; providing large disposal containers in public spaces; health centres and other clinics and agencies accepting used supplies for disposal; peer needle recovery programs (needle sweeps) and education for safe needle disposal.



**Please contact Ray Hartt, Cheam's Wellness Advocate at 604-997-9610 between 9 am and 4 pm for any assistance or information pertaining to Harm Reduction and/or Prevention**



# HEALTH & WELLNESS

604-794-7927 or INTAKE CELL 604-991-0030

## NALOXONE TRAINING OPPORTUNITIES

Our Wellness Advocate, Ray Hartt, is a certified trainer in Overdose Recognition and Response and is offering Naloxone training to anyone in the Community (ages 12 and up) who would like to learn how to administer this potentially life-saving medication.

### WHAT IS NALOXONE?

Naloxone (also known as NarCan) is an opiate receptor blocker that helps reverse the effects of an opioid overdose and allows time for medical help to arrive.

### HOW IS NALOXONE GIVEN?

Naloxone can be given through intramuscular injection or a nasal spray. Both methods are equally effective, safe for the person administering them, and easy to use.

### WHAT IS INVOLVED IN THE TRAINING?

The training is hands-on and is very simple. In about 10 minutes, you will learn everything you need to know to confidently administer Naloxone treatment to someone experiencing an opioid overdose.

### WHERE IS THE TRAINING?

The training can be provided in the Cheam Health wing for groups of up to 10 people or can be done one-on-one anywhere that is convenient for you. Ray is passionate about getting as many people trained on Naloxone as possible, is flexible and is willing to provide training wherever is most convenient for Community members.

### HOW CAN I SIGN UP FOR TRAINING?

If you're interested in receiving this training, please contact our Wellness Advocate and Naloxone trainer, Ray Hartt and let him know. He will then schedule and arrange training sessions based on the interest from the Community. Ray can be reached via email at [ray.hartt@cheamband.com](mailto:ray.hartt@cheamband.com) or by calling the Cheam Health Department at 604-794-7927.

### HOW CAN I LEARN MORE?

To learn more about Naloxone, the training, or to ask more questions, please reach out directly to Ray. He can be reached via email at [ray.hartt@cheamband.com](mailto:ray.hartt@cheamband.com) or by calling the Cheam Health Department at 604-794-7927.





# HEALTH & WELLNESS

604-794-7927 or INTAKE CELL 604-991-0030

## NURSING SCHEDULE AT CHEAM



Monday

Tuesday

Wednesday

Thursday

Friday

Angi,  
LPN  
&  
Brit,  
LPN

Angi,  
LPN

Angi,  
LPN  
&  
Gagan,  
RN

Angi,  
LPN

Angi,  
LPN  
&  
Brit,  
LPN

Foot Care Nurse is Brittani – Call or text Angi to set up a time slot for your foot care at 604-798-5271

Please Be Aware: Nurses reserve the time between 3-4 for charting purposes and follow up visits. Clients will still be seen if the matter is urgent/important. Thank you!



# HEALTH & WELLNESS

604-794-7927 or INTAKE CELL 604-991-0030

## SEABIRD ISLAND HEALTH SERVICES

### THROUGH OUR PARTNERSHIP WITH SEABIRD ISLAND, CHEAM MEMBERS HAVE ACCESS TO THE FOLLOWING PROGRAMS:

#### **MATERNAL CHILD HEALTH PROGRAM**

The Maternal Child Health program has 2 Registered Midwives and one Locum who work closely with two Registered Nurses and LPN. Kwiyo:s ('Respected Aunties') Maternal Child Program provides support for expecting moms and their families, which extends into the post-partum period.

#### **THE KWIYO:S, "RESPECTED AUNTIES"**

This is a great program that opens the door for new and experienced moms to come and ask for support. The Kwiyo:s Team has 10-12 home visits a month to provide support, education and help connect families with other services. The Kwiyo:s are also doula (labor/birth/postpartum support) trained and help make pregnancy and childbirth more comfortable. Postpartum support includes: helping with the physical, emotional and spiritual adjustment of parenting, as well as breastfeeding support, breastfeeding education, infant/child milestones, infant/child development (i.e. support for immunizations, status, birth certificates etc.), attending appointments with families both medical and non-medical, providing medical transportation as well as car seat safety issues and questions.

#### **FETAL ALCOHOL SPECTRUM DISORDER (FASD) PROGRAM**

The FASD program is incorporated into Maternal Child Health. Workers provide education on FASD through displays/presentations via Zoom and media such as Facebook. Kwiyo:s build relationships with moms who may be at risk, this support helps reduce the risks of having a baby affected by FASD.

Some families have become dependent on the MCH Team for support and transportation, they are now fully supported giving their children the best possible chance for healthy development.

#### **ABORIGINAL HEAD START ON RESERVE**

The primary program under the Head Start umbrella is the Parent and Tot Program. This program is open to all Cheam families with children 0 - 6 years old. The program is offered from September to June and includes many fun activities for parents, grandparents, other family members and children. The children take pleasure in playing with their friends, doing arts and crafts, singing and having fun with toys. Activities typically have a strong cultural component. Families also enjoy nutritional snacks and wonderfully prepared meals. \*We hope to reopen this program in September when the Covid-restrictions are fully lifted.

#### **CHILDREN'S ORAL HEALTH INITIATIVE (COHI)**

Dental screenings are done quarterly for children under 7 years of age and prenatal parents. Topics covered are oral hygiene instruction, fluoride varnish, health center visits, information on prenatal sessions and prevention of early childhood tooth decay. \*This has also been on hold due to Covid-19 but the Dental Therapists are slowly providing refresher courses with LPNs to start up the program again in a safe way.



# HEALTH & WELLNESS

604-794-7927 or INTAKE CELL 604-991-0030

## SEABIRD ISLAND HEALTH SERVICES con't...

### COMMUNICABLE DISEASE CONTROL PROGRAMS

#### IMMUNIZATIONS

The Immunizations program works to assure Cheam infants, babies, toddlers, school-aged children, adults and seniors are kept up-to-date with the regular immunizations for disease prevention.

A Communicable disease nurse provides education about women's health, prevention to groups (such as youth health and adult health), and also performs testing for sexually transmitted infections, Hepatitis C and other communicable diseases. The Communicable Disease nurse also provides appropriate support and medications.

TB Screening is done on an annual basis and Influenza clinics are held in the fall and throughout the winter months to prevent respiratory infections.

#### HOME AND COMMUNITY CARE

Home Care Nursing is services provided by an RN and LPN, which includes:

- Prescription monitoring, medication management, preventing polypharmacy, medication pick up, delivery and assisting with refills.
- Rehabilitation Equipment Assessment: referrals for medical equipment in the home
- Health Specialist Referrals, OT, PT, counselling, psychiatry.
- Home Visits: Provide home visits assessing overall health status, vital signs, foot assessments, head-toe assessments, friendly visits, medication review, healthy living, diet and exercise
- Health Specialist Referrals (Better At Home Referrals, Safety Equipment in the homes, Valley Alert LifeLine referrals)
- Home Assessment: Advocating for funding to install ramps and housing renovations so that Elders that need medical renovations are taken care of and to promote their independence and healthy living
- Foot Care: provide diabetic foot care screening, prevention and education. Also foot care assessments for nerve damage, neuropathy, sensation and overall foot health.
- Wound Care: provide prevention, treatment and management of all types of wounds. Also assisting with wound care assessments, funding and referrals.
- Doctor's Clinics: Assisting with home visits by Dr. Fox, advocating for client's needs and requests, and assisting with the booking of appointments and transportation to SIB doctor's office.

#### OPTOMETRY / MAMMOGRAPHY SERVICES

These services are arranged through the Seabird CHR Amanda Peters. Cheam CHR's encourage and facilitate attendance at the Eye Clinic and the Mammography clinic.



# HEALTH & WELLNESS

604-794-7927 or INTAKE CELL 604-991-0030

## SEABIRD ISLAND HEALTH SERVICES con't...

### HEALTHY LIVING / CHRONIC DISEASE PREVENTION AND MANAGEMENT PROGRAMS

#### ABORIGINAL DIABETES INITIATIVE / INJURY PREVENTION

Seabird Island Health Services provides the services of a Nutrition and Fitness Educator to Cheam members. The educator's services intend to meet the following objectives:

1. To reduce the incidence of chronic diseases, specifically diabetes and heart disease
2. To reduce the effects of, and complications associated with, diabetes and heart disease
3. To reduce incidents of childhood obesity and related illness
4. To promote healthy lifestyle choices and support active living

The Diabetes Program is still running but through virtual meetings or phone calls. The Diabetes Educators are accepting in-person appointments and referrals through nurses and/or doctors.

The Nutrition and Fitness Educators are also known as 'Lifestyle Coaches'. They hold monthly diabetes sessions, each with an overall educational objective. The Nutritionist holds one-on-one sessions and group sessions virtually.

#### COMMUNITY KITCHEN

The aim of this program is to provide a hands-on learning experience on healthy food choices and healthy food preparation. This is also a great opportunity for participants to learn about new recipes and food ideas. Topics include healthy carbohydrates, leaner fats choices, meats and alternatives, breakfast ideas, label readings, and adding spices to enhance the flavour of foods.

### ADDITIONAL PROGRAMS

#### ABORIGINAL BREAST CANCER SURVIVOR GROUP

The Breast Cancer Support Group provided a safe and supportive setting for group members. Living and dealing with breast cancer is an "isolating" experience where days are spent in clinics, hospitals, in cars travelling to countless appointments, as such RN, Linda Forseth works hard to keep the group connected and provide meaningful opportunities for clients and spouses/support person to meet.

#### BETTER AT HOME

Better at Home is a fairly new program for Elders 65 years plus or 55 years with a disability and living on Reserve in any of the 22 Stó:lō Territories. This is a non-medical service to support Elders living at home and to enhance the current services Elders receive. Services include: housekeeping, yard work, gutter cleaning and minor home repairs.





# HEALTH & WELLNESS

604-794-7927 or INTAKE CELL 604-991-0030

## MENTAL HEALTH AND WELLNESS SUPPORTS

### FNHA INDIVIDUALS: HERE TO SUPPORT

#### Mental Health and Wellness

*Navigation of mental health and substance use services including treatment, harm reduction, virtual psychiatry services, counselling, and/or traditional wellness*

**Sierra Kortenbach:** Regional Mental Health and Wellness Liaison

Mobile: 778.884.2289

[Sierra.kortenbach@fnha.ca](mailto:Sierra.kortenbach@fnha.ca)

*Community support for addictions related and wellness planning.*

**Catarina Witt:** Addictions Specialist

Mobile: 604.768.7011

[Catarina.witt@fnha.ca](mailto:Catarina.witt@fnha.ca)

#### Program and Service Supports

*Assistance for individuals and community in navigating the healthcare system, connect to and access appropriate health, wellness, and social services*

**Jennifer Charchun:** Family Wellness System Navigator

Mobile: 778.347.3538

[Jennifer.charchun@fnha.ca](mailto:Jennifer.charchun@fnha.ca)

**Marilyn Dalton:** Wellness System Navigator

Mobile: 778.684.1728

[Marilyn.dalton@fnha.ca](mailto:Marilyn.dalton@fnha.ca)

**Nardia Brown:** Wellness System Navigator

Mobile: 604.831.2651

[Nardia.brown@fnha.ca](mailto:Nardia.brown@fnha.ca)

*Support for communities to initiate, develop, coordinate, and support community health and wellness initiatives and health literacy.*

**Jennifer Heaven:** Community Wellness Initiatives Facilitator

Mobile: 604.226.8261

[Jennifer.heaven@fnha.ca](mailto:Jennifer.heaven@fnha.ca)

**Nadine Mross:** Community Wellness Initiatives Facilitator

Mobile: 604.226.8261

[Nadine.mross@fnha.ca](mailto:Nadine.mross@fnha.ca)



First Nations Health Authority  
Health through wellness

### ADDITIONAL SUPPORTS

#### Fraser Health

*Refer or connect with a Fraser Health Aboriginal Health Liaison*

1.866.766.6960

### MENTAL HEALTH AND CRISIS SUPPORT LINES

**Hope for Wellness Helpline:** 1.855.242.3310

*24 hour immediate mental health, counselling and crisis intervention*

**Indian Residential School Survivors Society:**

1.604.985.4464 or toll-free 1.800.721.0066

**KUU-US Crisis Line Society:** 1.800.588.8717

*Indigenous crisis line in BC. Available 24 hours a day*

**Tsow-Tun Le Lum Society:** 1.250.268.2463

*24-hour support line for those struggling with addiction, substance misuse, and trauma, including residential school survivors.*

### DOMESTIC VIOLENCE OR ABUSE

**Domestic Violence Help Line:** 1.800.563.0808

*Confidential and available 24 hours a day with service in multiple languages*

**VictimLinkBC:** 1.800.563.0808

*confidential, multilingual telephone service available across B.C. and the Yukon 24 hours a day, 7 days a week*

**KUU-US Crisis Line Society:** 1.800.588.8717

*Indigenous crisis line in BC: operates 24 hours a day*

**Hope for Wellness Helpline:** 1.855.242.3310

### ADDICTIONS AND SUBSTANCE MISUSE SUPPORTS

**Adults Help Line:** 1.800.663.1441

**Health Link BC:** 811

### ONLINE RESOURCES FOR MENTAL HEALTH

**First Nations Health Authority - Mental Health and Substance Use:**

<https://www.fnha.ca/what-we-do/mental-wellness-and-substance-use>

### FOR CHILDREN AND YOUTH

**Kids Help Phone:** 1.800.668.6868

**KUU-US Crisis Line Society Child and Youth Crisis:**

1.250.723.2040 or toll free 1.800.588.8717



# HEALTH & WELLNESS

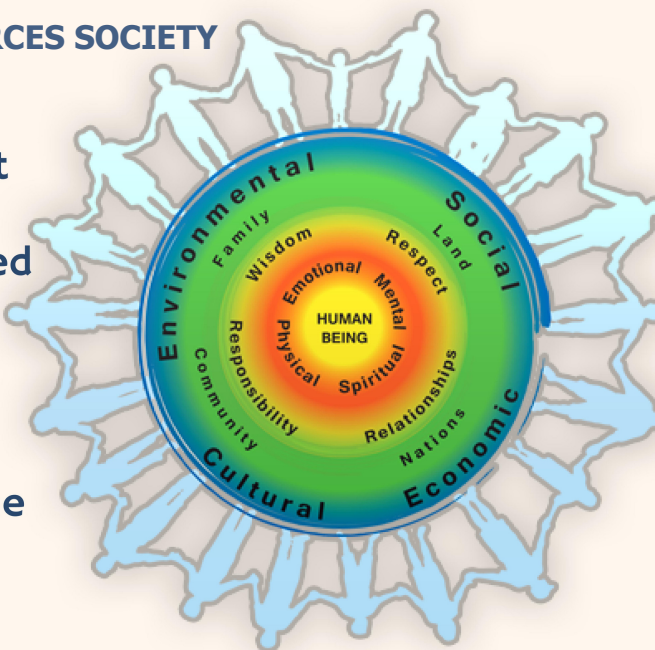
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## INDIGENOUS WELLNESS PROGRAM

### PACIFIC COMMUNITY RESOURCES SOCIETY

Our Indigenous Wellness Program first and foremost acknowledges that we operate within the unceded territory of the Stó:lō First Nations

Accessible to Indigenous Adults (19+) residing in the Fraser Valley Region



### Referrals to Services and Programs

- Personal identifications
- Parenting Courses
- OAT Clinic
- Treatment Centres
- Subsidized Housing
- Health Appointments (Dental, Physican and Others)

### Substance Use Counselling

- Office or Outreach Supports

### Cultural Circles

- Crafting gatherings for both Women and Co-ed groups
- Social sessions for various topics pertaining to Women, Men and Co-ed

#### Contact Our Team

Kathy Abraham  
Indigenous Wellness Program Coordinator  
P: (604) 795-5994  
C: (604) 209-8232  
E: kabraham@pcrs.ca

Casey Nali-Ratcliff  
Outreach Counsellor  
C: (604) 316-0024  
E: cnali-ratcliff@pcrs.ca

Sean Russell  
Indigenous Peer Coordinator  
C: (236) 522-1434  
E: srussell@pcrs.ca

Keysha Kingston  
Indigenous Peer Coordinator  
C: (236) 622-3703  
E: kkingston@pcrs.ca



**PCRS**  
Thriving, healthy communities



First Nations Health Authority  
Health through wellness





# XWCHÍYÒ:M

## JOB OPPORTUNITIES



# We're Hiring!

**START A REWARDING CAREER AND JOIN OUR TEAM**

Our current openings and full descriptions of each position are on the following pages and can be viewed at [www.cheam.ca/employment](http://www.cheam.ca/employment).



## **CHEAM FIRST NATION** **CAREER OPPORTUNITY**

Position: **Adult In-Home Care Worker**  
**Hours Vary**

Submission Deadline: **Open Until Filled**

---

### **About the Opportunity**

We currently have an opportunity for an Adult In-Home Care Worker. The applicant's primary goal is to provide confidential home care services based on the Nurse's assessment. The AIHC Worker provides home care services and support to individuals and families experiencing minor set-backs due to illness, injury or age. This may include minor housekeeping duties and personal care, as needed.

The AIHC Worker will also provide reports of wellbeing of client to Care Team as needed. The AIHC Worker will be familiar with other services and resources in the community and work closely to provide information and support when required.

---

### **Responsibilities will include, but are not limited to:**

- Provide basic housekeeping services which pose a challenge to the client.
- Provide support needed per Nurse's assessment which could include special travel, physiotherapy, etc.
- Maintain strict confidentiality guidelines, regarding all clients, conversations and referrals
- Perform other related duties as required.

---

### **About the Ideal Candidate**

- Experience in the Home Care Aide field
- Excellent time management and organizational skills, and ability to work with minimal supervision.
- Ability to work in different environments and manage conflict resolution. Excellent communication skills.
- Possesses strong ethical standards, work ethic, and highly motivated.
- Ability to work in a team geared, cultural and politically sensitive environment.
- Ability to balance competing priorities, multitask, and to work under pressure.
- Ability to maintain Confidentiality and abide by Cheam First Nations' Policies and Procedures.
- Knowledge, respect and understanding of Stó:lō culture, traditions and language is considered an asset.
- Valid BC Driver's License, Class 5.
- Satisfactory Criminal Record Check.

---

### **Compensation and Hours or Work**

- Dependant on Education and Experience
- Hours Vary

**If you are looking for an opportunity to use your experience,  
and really make a difference with a progressive First Nation, apply today!  
Send your resume to [hr@cheamband.com](mailto:hr@cheamband.com)**

Cheam thanks all applicants for their interest, but only those selected for an interview will be contacted.

Website: [www.cheam.ca](http://www.cheam.ca)



## **CHEAM FIRST NATION** **CAREER OPPORTUNITY**

Position: **Peace Officer**  
**Up to 12-hour shifts**

Submission Deadline: **Open Until Filled**

---

### **Responsibilities will include, but are not limited to:**

- Patrol the streets and parking areas on foot or in a vehicle.
- Dispatch other Peace Officers to major calls around the community.
- Maintain records and produce daily reports.
- Enforce Cheam laws and Land code in the community and surrounding territories.
- First responder to a variety of calls from low to high-risk situations.
- Protect onsite businesses and natural resources.
- Respond to wildlife, fisheries and medical calls before emergency services.
- Assist the local police when in Cheam community.
- Other duties as required in Emergency Situations.

---

### **About the Ideal Candidate**

- 2+ years of enforcement experience required.
- Bylaw Compliance, Enforcement & Investigative Skills 1.
- Advanced Security Training.
- First Aid Training.
- Preferred Possession and Acquisition License (PAL) – restricted or unrestricted
- Naloxone Training.
- Comfortable kneeling, carrying, bending, walking, and standing for extended periods of time
- Ability to perform continuous physical exertion as needed.
- Valid BC Driver's License, Class 5.
- Clean driving record.
- Satisfactory Criminal Record Check including vulnerable sector check.

---

### **Compensation and Hours or Work**

- Dependant on Education and Experience
- Available to work 12-hr shifts on a rotating schedule.

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Website: [www.cheam.ca](http://www.cheam.ca)





## **CHEAM FIRST NATION**

### **CAREER OPPORTUNITY**

Position: **Peacekeeper (1 Full-time & 1 Part-time)**  
**Up to 12-hour shifts**

Submission Deadline: **Open Until Filled**

---

#### **Responsibilities will include, but are not limited to:**

- Patrol the streets and parking areas on foot or in a vehicle.
- Enforce Cheam laws and Land code in the community and surrounding territories.
- Dispatch other Peace Officers to major calls around the community.
- Observe and report activities to the Peace Officers.
- Maintain records and produce daily reports.
- Check all doors and windows in the offices.
- Make sure all Band Office vehicles are secured.
- May perform Ambassador duties in the Band Office.
- Direct Band Members to the right department for inquiries.
- Available to assist anyone that needs help.
- Assist the local police when in Cheam community.
- Other duties or responsibilities as assigned by your Supervisor, Manager, Director, or the Chief Administrative Officer.

---

#### **About the Ideal Candidate**

- Preferred 2+ years of enforcement experience.
- Preferred Bylaw Compliance, Enforcement & Investigative Skills 1.
- Preferred Advanced Security Training.
- Preferred First Aid Training.
- Preferred Possession and Acquisition License (PAL) – restricted or unrestricted
- Naloxone Training.
- Comfortable kneeling, carrying, bending, walking, and standing for extended periods of time
- Ability to perform continuous physical exertion as needed.
- Valid BC Driver's License, Class 5.
- Clean driving record.
- Satisfactory Criminal Record Check including vulnerable sector check.

---

#### **Compensation and Hours or Work**

- Dependant on Education and Experience
- Available to work 12-hr shifts on a rotating schedule.

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## **CHEAM FIRST NATION**

### **CAREER OPPORTUNITY**

Position: **Wellness Advocate**  
**Hours Vary**

Submission Deadline: **Open Until Filled**

---

### **About the Opportunity**

We currently have an opportunity for a Wellness Advocate. The applicant's primary goal is to provide non-clinical counselling services including, confidential addictions counselling, referrals to detox and treatment facilities, education and support to Cheam Members and their families, and to promote positive and healthy lifestyles and choices.

The Wellness Advocate can expect to work irregular hours, including evenings and weekends and will need to manage time to accommodate scheduled and unscheduled client visits.

---

### **Responsibilities will include, but are not limited to:**

- Develop, Administer and Implement a Drug and Alcohol Program.
- Provide Counselling for Individuals, Families and Group.
- Develop, Organize/Coordinate and Host Drug and Alcohol Educational Sessions, Events and other Health related Activities.
- Provide, Organize and Coordinate Addictions Treatment Referrals.
- Liaise with Community Agencies and Supports.

---

### **About the Ideal Candidate**

- Diploma in Psychology, Counselling, Substance Abuse Training, etc.
- Minimum of 3-5 years' work experience in the Drug and Alcohol Counselling field.
- Experience in performing individual and group counselling sessions, crisis intervention, mediation and ability to facilitate healing circles.
- Proficient knowledge in the causes and effects of drug and alcohol addiction, substance abuse, FAS/E, family dynamics and the impacts of trauma.
- Knowledge of resource agencies such as treatment centers, local counselors and/or other related health care providers, etc.
- Knowledge and active implementation of harm reduction principles.
- NNADAP (National Native Alcohol and Drug Abuse Program) Certification is considered an asset.

---

### **Compensation and Hours or Work**

- Dependant on Education and Experience
- Hours Vary

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Cheam thanks all applicants for their interest, but only those selected for an interview will be contacted.

Website: [www.cheam.ca](http://www.cheam.ca)



## **CHEAM FIRST NATION** **CAREER OPPORTUNITY**

Position: **Custodian**  
**8 hours a day / 5 days a week**  
Submission Deadline: **Open Until Filled**

---

### **About the Opportunity**

We currently have an opportunity for a custodian for 2-month medical leave contract. The applicant will be responsible for the overall cleaning of the Band Administration Office, Community Hall, Education Building, etc. Respective Band Office wings (Health and Administration) will be designated as required. All public and main areas (foyer, public washrooms, gym, etc.), are the shared responsibility of the custodial team.

---

### **Responsibilities will include, but are not limited to:**

- Sweep/Vacuum, and mop floors daily, while focusing attention to high traffic areas multiple times throughout the day.
- Ensure that all garbage bins/cans have been emptied daily and that all garbage bags are disposed of in the garage receptacles provided outside of the building. Regularly monitor garbage bins throughout the day and empty as needed.
- Ensure that all desks, shelves and tables have been dusted/wiped as required.
- Ensure all washroom facilities are thoroughly cleaned and ready for use. This includes wiping/disinfecting all mirrors, fixtures, stalls and bathroom hardware; cleaning the toilets, sinks, counters and soap dispensers; and ensuring supplies such as hand soap, toilet paper and paper towel are readily stocked).
- Clean staff lunchroom areas and replenish supplies such as napkins, paper towel, coffee, etc. Clean and put away dishes, organize cupboards, etc.

---

### **About the Ideal Candidate**

- Building Service Worker (BSW) Certification required.
- 1-3 years of experience required.
- WHMIS and Standard First Aid Training is considered an asset.
- Proficient knowledge of cleaning equipment and agents. Ability to read directions/instructions and maintain all required safety standards.
- Excellent time management and organizational skills, and ability to work with minimal supervision.
- Physically fit and can lift 50 lbs.

---

### **Compensation and Hours or Work**

- Dependant on Education and Experience
- 8 hours per day/ 5 days per week

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Send your resume to [hr@cheamband.com](mailto:hr@cheamband.com)**

Cheam thanks all applicants for their interest, but only those selected for an interview will be contacted.

Website: [www.cheam.ca](http://www.cheam.ca)





## **CHEAM FIRST NATION** **CAREER OPPORTUNITY**

Position: **General Maintenance Worker**  
**Full-time, Permanent**

Submission Deadline: **Open Until Filled**

---

### **About the Opportunity**

We currently have an opportunity for a general maintenance worker. The applicant will be responsible for the overall cleaning of the Band Administration Office, Community Hall, Education Building, etc. Respective Band Office wings (Health and Administration) will be designated as required. All public and main areas (foyer, public washrooms, gym, etc.), are the shared responsibility of the custodial team.

---

### **Responsibilities will include, but are not limited to:**

- Complete general maintenance tasks for all public/common areas, community grounds and community buildings.
- Operate equipment and various small power/hand tools.
- Maintain Cheam Band lawns and yards: Mow, weed (weedwack), and treat all Band fields and grass, including cemetery, prune/trim trees, hedges and shrubs as required.
- Clean external areas such as entranceways, sidewalks and parking lots using rakes, shovels and other equipment to remove dirt, leaves, snow and other refuse.
- Perform repair and maintenance as needed.
- Complete refuse/garbage collection and recycling tasks.
- Perform basic laboring work such as digging, raking, etc.
- Perform materials handling; this includes delivering materials from one site to another and loading and off-loading.

---

### **About the Ideal Candidate**

- Previous experience working in a construction environment would be considered an asset.
- High regard for safety and ability to comply with WorkSafeBC and WHMIS rules and regulations at all times.
- Strong work ethic and a positive attitude, excellent attendance, ability to follow instructions.
- Good physical strength, hand-eye coordination and endurance. Ability to lift, handle and move 50 lbs. Must be able to perform physically demanding work such as, but not limited to: lifting, pulling, digging, stooping, and climbing a ladder, etc.
- Must be able to work flexible hours. Hours of work may vary from early mornings, evenings and weekends. Ability to work varied shifts including evenings and weekends when required.

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### **Compensation and Hours or Work**

- Dependant on Education and Experience
- 8 hours per day

**If you are looking for an opportunity to use your experience,  
and really make a difference with a progressive First Nation, apply today!**  
**Send your resume to [hr@cheamband.com](mailto:hr@cheamband.com)**

Cheam thanks all applicants for their interest, but only those selected for an interview will be contacted.

Website: [www.cheam.ca](http://www.cheam.ca)



## CHEAM FIRST NATION CAREER OPPORTUNITY

Position: **General Maintenance Worker**  
**6 month SASET Contract**

Submission Deadline: **Open Until Filled**

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### About the Opportunity

*Eligible candidates must meet SASET requirements:*

- *Must be Aboriginal status/non-status, on/off reserve who resides within the SASET catchment area*
- *Must be 15 years of age or older (not currently in school)*
- *Long term unemployed (3 months or more)*
- *No longer required by law to attend school*
- *Not be receiving other Service Canada supports funding*

The applicant will be responsible for the overall cleaning of the Band Administration Office, Community Hall, Education Building, etc. Respective Band Office wings (Health and Administration) will be designated as required. All public and main areas (foyer, public washrooms, gym, etc.), are the shared responsibility of the custodial team.

---

### Responsibilities will include, but are not limited to:

- Complete general maintenance tasks for all public/common areas, community grounds and community buildings.
- Operate equipment and various small power/hand tools.
- Maintain Cheam Band lawns and yards.
- Mow, weed (weedwack), and treat all Band fields and grass, including cemetery.
- Prune/trim trees, hedges and shrubs as required.
- Clean external areas such as entranceways, sidewalks and parking lots using rakes, shovels and other equipment to remove dirt, leaves, snow and other refuse.
- Perform repair and maintenance as needed.
- Complete refuse/garbage collection and recycling tasks.
- Perform basic laboring work such as digging, raking, etc.
- Perform materials handling; this includes delivering materials from one site to another and loading and off-loading.
- Perform set-up and clean-up requirements at various job sites.

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### About the Ideal Candidate

- Previous experience working in a construction environment would be considered an asset.
- High regard for safety and ability to comply with WorkSafeBC and WHMIS rules and regulations at all times.
- Strong work ethic and a positive attitude.
- Excellent attendance.
- Ability to follow instructions.
- Good physical strength, hand-eye coordination and endurance. Ability to lift, handle and move 50 lbs. Must be able to perform physically demanding work such as, but not limited to: lifting, pulling, digging, stooping, and climbing a ladder, etc.
- Must be able to work flexible hours. Hours of work may vary from early mornings, evenings and weekends. Ability to work varied shifts including evenings and weekends when required.

---

### Compensation and Hours or Work

- Dependant on Education and Experience
- 8 hours per day

**If you are looking for an opportunity to use your experience,  
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Send your resume to [hr@cheamband.com](mailto:hr@cheamband.com)**





## CHEAM FIRST NATION CAREER OPPORTUNITY

Position: **HR Advisor (Maternity Leave Coverage)**

Submission Deadline: **Open Until Filled**

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### About the Opportunity

Under the Direction of the Human Resources Manager, the Human Resources Advisor is responsible for supporting staff and the human resource functions of the organizations Band Administration. This requires liaising with department managers to effectively perform full cycle recruitment, on-boarding and orientation administration, off-boarding, assisting with training and development advisory and/or program planning, disability management, etc.

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### Responsibilities will include, but are not limited to:

- Assist with the development of Human Resource or Employment Policies and Procedures.
- Work with management to refine or develop job description. Assist with departmental review of staffing.
- Perform full-cycle recruitment functions when and where required. Including: review and updates to job descriptions; update and/or develop job postings and coordinate advertising through a variety of online and local contact methods; update and/or interview questions; coordinate interview packages and process; complete reference checks; coordinate employment offer and hire.
- Perform all on-boarding and orientation processes.
- Maintain and update all employment related forms and HR databases and employee files.

---

### About the Ideal Candidate

- Diploma in Human Resource Management, CHRP Designation, HR Certification or equivalent. Will consider a combination of post-secondary training and experience.
- Minimum of 3-5 years' work experience as an HR Generalist. Experience with Full-cycle Recruitment, Disability & WSBC Case Management, Training & Development, Performance Management, and Administration.
- Strong understanding of Federal Labour Standards.
- Advanced computer literacy skills in Excel, MS Word and other databases. As well as excellent business writing and grammar skills.
- Excellent time management, organizational, planning and analytical skills. Proven ability to manage priorities and deadlines.

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### Compensation and Hours or Work

- Dependant on Education and Experience
- 8 hours per day

**If you are looking for an opportunity to use your experience,  
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Send your resume to [hr@cheamband.com](mailto:hr@cheamband.com)**

Cheam thanks all applicants for their interest, but only those selected for an interview will be contacted.

Website: [www.cheam.ca](http://www.cheam.ca)



## CHEAM FIRST NATION CAREER OPPORTUNITY

Position: **Social Development and Education Clerk**  
**1-year SASET Contract**

Submission Deadline: **Open Until Filled**

---

### About the Opportunity

*Eligible candidates must meet SASET requirements:*

- *Must be Aboriginal status/non-status, on/off reserve who resides within the SASET catchment area*
- *Must be 18 years of age or older (not currently in school)*
- *Long term unemployed (3 months or more)*
- *No longer required by law to attend school*
- *Not be receiving other Service Canada supports funding*

The Clerk's primary goal is to assist the Social Development and Education Coordinator in improving the quality of life for Cheam Band Members requiring assistance and access to Education and Social Assistance programs.

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### Responsibilities will include, but are not limited to:

- Program and Services Coordination: Ensure the development and delivery of specific activities and services identified in annual departmental work plans.
- Education Program Administration: Provide education information and guidance to assist students and parents to achieve a better understanding of the school systems and aid students and parents in identifying the need for furthering their education.
- K-12 Duties: Complete tracking, data entry and reporting of the nominal roll.
- Budgeting, Financial Reporting and Records Management.
- Client Records: Maintain confidential files on each Education client which is to include school/institution info., tuitions and book expenses, etc.

---

### About the Ideal Candidate

- Minimum Post-Secondary student: Education/Administration/Social Services or other related program.
- Prefer 1 year administrative and/or program/services coordination experience.
- Prefer 1 year of experience within the Social Services field and experience administering Social Assistance programs.
- Knowledge or experience with database (student record systems) is an asset.
- Willing to learn to understand and interpret funding agreements, including meeting required funding deadline submissions.

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### Compensation and Hours or Work

- Dependant on Education and Experience
- 8 hours per day

**If you are looking for an opportunity to use your experience,  
and really make a difference with a progressive First Nation, apply today!  
Send your resume to [hr@cheamband.com](mailto:hr@cheamband.com)**

Cheam thanks all applicants for their interest, but only those selected for an interview will be contacted.

Website: [www.cheam.ca](http://www.cheam.ca)





August 16, 2021

## Free Transit for Children 12 and Under Program

Good Afternoon,

Starting September 1, children aged 12 and under will be able to ride BC Transit buses for free across the province. As a community that is currently served by BC Transit, or is in close proximity to transit services, we want to inform you of this initiative and let you know how you can find additional information.

Implementation has been divided into two phases. Phase 1 will allow children aged 6 to 12 to board the bus without a fare product or presentation of identification. Children aged 5 and under must be accompanied by someone 12 years or older to ride the bus, and must board and depart at the same stop as their guardian. The timeline for Phase 2, which will introduce a fare product, is still being finalized and will be communicated at a later date.

While travel for children 12 and under will be free, parents/guardians remain responsible for providing adequate provisions for the safety and care of their children whenever travelling on transit, including when travelling unaccompanied and determining if their children may take transit unaccompanied. Please visit [www.bctransit.com/getreadytoride](http://www.bctransit.com/getreadytoride) for educational materials to get children ready for their first trip on the bus.

BC Transit is a proud partner in this program and we look forward to welcoming more children and families on board our buses, and welcoming a new generation of lifelong transit users.

If you would like to provide any thoughts or feedback on this program, or if you have further questions, please contact our Government Relations team:

Contact	Region	Email	Phone
Rob Ringma	South Coast	<a href="mailto:rringma@bctransit.com">rringma@bctransit.com</a>	250-888-3926
Chelsea Mossey	Central Okanagan	<a href="mailto:cmossey@bctransit.com">cmossey@bctransit.com</a>	250-880-2520
Myrna Moore	Vancouver Island	<a href="mailto:mmoore@bctransit.com">mmoore@bctransit.com</a>	250-514-3019
Seth Wright	Thompson - Kootenay	<a href="mailto:swright@bctransit.com">swright@bctransit.com</a>	250-880-8039
Lindsay Taylor	Northern BC	<a href="mailto:ltaylor@bctransit.com">ltaylor@bctransit.com</a>	250-889-1289
Lisa Trotter	Greater Victoria	<a href="mailto:ltrotter@bctransit.com">ltrotter@bctransit.com</a>	250-514-3024

Sincerely,

**Chris Fudge**

*Director, Government Relations*

**BC Transit**

520 Gorge Road East, PO Box 9861 Victoria, BC V8W 9T5

Cell: 250-589-0099 | [cfudge@bctransit.com](mailto:cfudge@bctransit.com) | [bctransit.com](http://bctransit.com)



# FEDERAL ELECTION READINESS AND OUTREACH



The Assembly of First Nations (AFN) is working together with Elections Canada to eliminate barriers to First Nations' participation in federal elections.

Please expect a phone call in the coming days and weeks where an AFN staff member will share information related to:

- Job opportunities during the election
- Getting ready to vote
- Sharing election materials

## Job opportunities during an election

Elections Canada is recruiting community members 16 years and older to apply to work at polling stations. Elections Canada offers paid employment and training. Weekend hours are available and applicants can choose to work in the riding that is most convenient for them. Review a full list of employment opportunities with Elections Canada at <https://elections.ca/jobs>.

## Community Relations Officer (CRO) - includes CRO Indigenous

Elections Canada is also recruiting for the CRO position. CROs work throughout the election period and not just at polling stations. The CRO provides information to assist electors who face barriers to registering and voting. All outreach activities related to the CRO position for the upcoming election will be done online.

- Apply before the election is called: email CVs to [RecrutementARC-CRORecruitment@elections.ca](mailto:RecrutementARC-CRORecruitment@elections.ca) with the applicant's name and postal code in the subject line
- Apply after the election is called: send CVs directly to the Returning Officer for your community.

*Health and safety measures will be in place to keep election workers safe.*

## Getting Ready to Vote

Now is a good time for Community members who wish to vote to register, or check you're registered and update your information if needed. (Do that here: <https://www.elections.ca/content.aspx?section=vot&dir=reg&document=index&lang=e>)

People who register before the election will receive a Voter Information Card (VIC) from Elections Canada in the mail after the election is called. The VIC can be used as a proof of address for individuals when paired with another piece of accepted ID, such as a status card.

To vote by mail, electors should submit an Application for Registration and Special Ballot. This application and instructions will be available after the election is called at [elections.ca](https://elections.ca), local Elections Canada offices, or by calling Elections Canada.





# SCHOOL DISTRICT 78 FRASER-CASCADE

EVERYONE PULLING TOGETHER

## MEDIA RELEASE

Thursday, Aug. 26, 2021

### SCHOOL DISTRICT 78 APPOINTS NEW DISTRICT PRINCIPAL OF INDIGENOUS EDUCATION

For immediate release:

The Fraser-Cascade School District is excited to welcome Christine Seymour as District Principal of Indigenous Education, effective August 30, 2021. Christine grew up in Chilliwack as a member of TSELXWEYEQW Territory, and she is a proud member of Sto:lo First Nations. Christine is also part of Chehalis First Nations and the proud mother of three children aged 26, 13, 11, and grandmother of two.

Christine comes from a powerful lineage of Indigenous leaders and scholars. Her father, Dr. Stephen Point, is the Chancellor at UBC and served as the 28th Lieutenant Governor of British Columbia. Her mother, Dr. Gwen Point, is the Chancellor at the University of the Fraser Valley and has led many provincial initiatives to support Truth and Reconciliation.

Christine has a BSC in Biology and a Post Degree certificate in education. For eighteen years, she has been in public education as a Halq'emeylem Instructor and Indigenous Success Teacher in the Abbotsford and Chilliwack School District.

This summer, Christine is completing her Master's in Educational Leadership and Administration at UBC. Her project focuses on Trauma-Informed Practice to support Indigenous students.

Christine is a passionate artist. She has a strong background in singing and has been Sto:lo dancing since she was very young. She is also a founder of an Indigenous Canoe Paddling Club.

Board Chair Ron Johnstone indicated the following. *"Christine brings a wealth of experience, cultural understanding, artistic passion, lineage, and heart to our district. We are excited to move our district forward in our ongoing commitment to Truth and Reconciliation."*

Superintendent, Balan Moorthy stated the following, *"Hiring Christine comes after an extensive search to acquire both a cultural leader and school-based educational leader. While Christine will be instrumental in making connections with our Indigenous communities, she will also benefit all children and staff as we learn about integrating Indigenous principles of learning into our classrooms."*

Contact Person:

Mr. Balan Moorthy, Superintendent of Schools

[balan.moorthy@sd78.bc.ca](mailto:balan.moorthy@sd78.bc.ca)

Canada

canada revenue  
agency

Canada Revenue Agency is pleased to host the following live webinars in August, September and October:

**Indigenous Peoples Benefits and Credits Presentation on September 15 and October 28, 2021, from 1:30 – 2:30 pm PDT**

Don't miss out on the benefits and credits to which you may be entitled. Some of the benefits and credits to which you may be eligible are the Canada child benefit, Disability tax credit, Child disability benefit, Goods and Services Tax/Harmonized Sales Tax Credit, and the Canada Workers Benefit. If you do your taxes after the filing deadline, your payments could be delayed. During the webinar, we will be able to answer your questions live.

**Scam awareness – Be scam smart Presentation on September 29, and October 26, 2021, from 1:30 – 2:15 pm PDT**

Help protect yourself and others against fraud - Taxpayers should be vigilant when they receive, either by telephone, mail, text message or email, a fraudulent communication that claims to be from the Canada Revenue Agency (CRA) requesting personal information such as a social insurance number, credit card number, bank account number, or passport number. Learn to recognize common types of scams and to identify legitimate communications from the CRA.

You can register for any of the above webinars by going to the below link and clicking on the link associated with the date of your choice.

<https://canada.webex.com/canada/onstage/g.php?PRID=4f1473dfdd206ba0967b78ce55fe4326>

# Ages 40-79

## Mammogram Clinic

*"Early detection  
SAVES lives!"*

**When | November 24, 2021**

**Where | Seabird Band office Parking Lot**

**For more  
information  
Please Contact  
the CHR in  
your  
community!**





William Thomas

ELDER, ABORIGINAL HEALTH

## Elder in Fraser Health

An Elder provides traditional and spiritual guidance, counselling, support and mentorship to Indigenous patients and their friends and families, as well as Fraser Health employees.

The services provided by an Elder also include the sharing of knowledge and cultural protocol around ceremony and cultural practices for stronger client interactions and supporting cultural events. Furthermore, the role provides a link between Indigenous community members inclusive of First Nation, Métis and Inuit.

### Referrals can be made by:

- Patients
- Family members
- Friends
- Health professionals

### When to call:

- To refer Indigenous patients
- To ask questions regarding any aspect of Aboriginal Health Services
- To help patients access services throughout the health care system



An Elder can be accessed by contacting the Aboriginal Health Liaison toll-free line at 1-866-766-6960





## Aboriginal Health Liaison

**Need to refer or connect?**

**Call our Referral Line 1-866-766-6960**

The role of Aboriginal Health Liaisons is to provide connections, advocate, support with discharge planning, navigate & provide a positive patient experience for First Nation, Inuit and Métis clients in a culturally appropriate manner.

Hospital/Community Site	Contact	Email
Chilliwack (CGH), Agassiz and Hope (FCH)/Fraser East	Carol Peters (RSW)	<a href="mailto:Carol.Peters@fraserhealth.ca">Carol.Peters@fraserhealth.ca</a>

*Zoom Event  
New Dates & Times*

INSTRUCTION BY SAKEJ WARD

# Self Defense Training

*This 4 class course presents principles, concepts, tools, skills and techniques that empower women and youth to protect themselves.*

*The course is designed for women and girls who want to explore their own capabilities and self defense.*

FIRST CLASS RECOMMENDED;  
IF YOU ARE AVAILABLE, ATTEND REMAINING CLASSES



### EMAIL TO REGISTER

[gailjones@irsss.ca](mailto:gailjones@irsss.ca)  
[conniegreyeyes@irsss.ca](mailto:conniegreyeyes@irsss.ca)  
[chascoutlee@irsss.ca](mailto:chascoutlee@irsss.ca)  
[margaretpeters@irsss.ca](mailto:margaretpeters@irsss.ca)

Sept 13th, 2021; Sept 14th, 2021  
 Oct 5th, 2021; Oct 6th, 2021

*all sessions from 3pm to 7pm*





**QWÍ:QWÉLSTŌM**

# **MEN'S RESPECTFUL RELATIONSHIPS**

**TUESDAYS**

**SEPT 7TH-NOV 9TH 2021**

**TIME: 2:00PM-3:00PM**

**Respectful Relationships is a 10 week Men's program. It offers information on how behavior affects our relationships.**

**TO REGISTER CALL:  
DARREN CHARLIE  
(604)824-3200**

**Gain skills to  
communicate as  
our Elders would say  
"In a good way"**

- **Respect**
- **Honour**
- **Connection**

# SERVICE CANADA

## READY TO HELP



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: [Covid-benefits.alpha.canada.ca/en/start](https://covid-benefits.alpha.canada.ca/en/start)

### EMPLOYMENT INSURANCE (EI) PROGRAM

We made temporary changes to the Employment Insurance (EI) program to better support Canadians who need financial assistance. As of September 27, 2020, the minimum benefit rate for EI regular claimants is \$500 per week before taxes in most cases.

<https://bit.ly/3aGavD2> ☎ 1-800-206-7218

### CANADA RECOVERY BENEFIT (CRB)

The Canada Recovery Benefit provides support to eligible workers who:

- are not employed or self-employed for reasons related to COVID-19 or have had their income reduced by at least 50% due to COVID-19;
- are not eligible for Employment Insurance (EI).

If you apply on or after July 18, 2021 or if you received this benefit for 42 weeks, you can receive \$300 (\$270 after taxes withheld) per week. If you applied before July 18, 2021, you can receive \$500 (\$450 after taxes withheld) for 42 weeks. This benefit is available for 54 weeks until October 23, 2021.

<https://bit.ly/2lOUb5d> ☎ 1-833-966-2099

### CANADA RECOVERY SICKNESS BENEFIT (CRSB)

The CRSB provides \$500 (\$450 after taxes withheld) per week for up to a maximum of four weeks, for workers who:

- Are unable to work for at least 50% of the week because they contracted COVID-19;
- Are self-isolated for reasons related to COVID-19;
- Have underlying conditions, are undergoing treatments or have contracted other sicknesses that, in the opinion of a medical practitioner, nurse practitioner, person in authority, government or public health authority, would make them more susceptible to COVID-19.

<https://bit.ly/36zGjZH> ☎ 1-833-966-2099

### CANADA RECOVERY CAREGIVING BENEFIT (CRCB)

The CRCB provides \$500 (\$450 after taxes withheld) for up to 42 weeks per household for workers:

- unable to work for at least 50% of the week because they must care for a child under the age of 12 or family member because schools, day-cares or care facilities are closed due to COVID-19;
- because the child or family member is sick and/or required to quarantine or is at high risk of serious health implications because of COVID-19.

<https://bit.ly/2F6YxXm> ☎ 1-833-966-2099

### SOCIAL INSURANCE NUMBER

You can apply for your **Social Insurance Number (SIN)** online. Agents are available Monday to Friday, 8:30 am to 4:30 pm Canadian Local Time, except on statutory holidays.

<https://bit.ly/3o4Wq8r> ☎ 1-866-274-6627

Fill out our online service request form to let us know how we can help you, and we'll get back to you in two business days: [eservices.canada.ca](https://eservices.canada.ca)

Not sure if you need to repay the **Canada Emergency Response Benefit**? Go to [Canada.ca/repay-cerb](https://Canada.ca/repay-cerb) or call 1-833-966-2099.

For a complete list of programs, services and resources available through the Government of Canada visit: [Canada.ca/coronavirus](https://Canada.ca/coronavirus)



# SERVICE CANADA

## READY TO HELP - BUSINESSES



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: [Covid-benefits.alpha.canada.ca/en/start](https://www.alpha.canada.ca/en/start)

### CANADA EMERGENCY WAGE SUBSIDY (CEWS)

As a Canadian employer who continues to be impacted by the COVID-19 pandemic, you may be eligible to apply for one of the two subsidies to cover part of your employee wages.

### CANADA RECOVERY HIRING PROGRAM (CRHP)

The CRHP and the Canada Emergency Wage Subsidy (CEWS) support wages you pay through different phases of your economic recovery. Each claim period, eligible employers can claim either CRHP or CEWS, whichever is higher.

The Canada Emergency Wage Subsidy is available until October 23, 2021.

The Canada Recovery Hiring Program is available retroactively to June 6, 2021 and until November 20, 2021.

#### CEWS Application:

<https://bit.ly/2T0cKJl>

#### CEWS Application Guide:

<https://bit.ly/3bra8uj>

#### CEWS FAQ – Technical Guide:

<https://bit.ly/2Arxbs8>

#### CRHP Application:

<https://bit.ly/3hXWyoY>

#### CRHP Technical Q&A:

<https://bit.ly/3eNTauH>

### WORK-SHARING PROGRAM

We have extended the maximum duration of the Work-Sharing program from 38 weeks to 76 weeks for employers affected by COVID-19. The program provides Employment Insurance (EI) benefits to eligible employees who agree to reduce their normal working hours and share the available work while their employer recovers.

<https://bit.ly/2Czw9f5>

☎ 1-800-367-5693 (TTY: 1-855-881-9874)

✉ [EDSC.DGOP.TP.REP-RES.WS.POB.ESDC@servicecanada.gc.ca](mailto:EDSC.DGOP.TP.REP-RES.WS.POB.ESDC@servicecanada.gc.ca)

### CANADA EMERGENCY RENT SUBSIDY (CERS)

The Canada Emergency Rent Subsidy provides a rent and mortgage subsidy for eligible expenses to qualifying businesses, charities and non-profits. This support is available directly to tenants and property owners. The government extended the Canada Emergency Rent Subsidy and Lockdown Support until September 25, 2021.

<https://bit.ly/3pSsQ6B>

### DID YOU KNOW?

There's an interactive tool to help you find the COVID-19 support you need for your business:

[Innovation.canada.ca](https://www.innovation.canada.ca)



Service  
Canada

## Old Age Security and Canada Pension Plan Rates

**July to September 2021**

Full OAS Rate – 40 yrs in Canada after age 18 = **\$626.49**

**OAS Recovery Tax Thresholds**

**Based on 2020 Income; Recovery Period from July 2021 - June 2022 - \$79,845 to \$129,581**

OLD AGE SECURITY BENEFITS	INCOME CEILING (Full Pension) Not including OAS	MAXIMUM Monthly RATE	MAXIMUM OAS & GIS COMBINED
Single - GIS	\$ 18,984	\$935.72	\$ 1,562.21
Couple, both pensioners	\$ 25,104	\$563.27	\$ 1,189.76
Couple, one pensioner	\$ 45,504	\$935.72	\$ 1,562.21
Couple, spouse or partner + 60 Is eligible for Allowance	\$ 45,504	\$563.27	\$ 1,189.76
Maximum Allowance - Regular	\$ 35,136	\$ 1,189.76	N/A
Maximum Allowance for the Survivor	\$ 25,560	\$ 1,418.25	N/A

CANADA PENSION PLAN BENEFITS	MAXIMUM Monthly \$
Retirement Benefit	\$1,203.75
Post Retirement Benefit	\$30.09
Disability Benefit	\$1,413.66
Disabled Contributor Child Benefit (-18/+18)	\$257.58
Disability Flat Rate	\$510.85
Death Benefit *one-time payment	\$2,500.00
Survivor Benefit (-65)	\$650.72
Survivor Benefit (+65)	\$722.25
Survivor Benefit Flat Rate (-65)	\$199.31
Deceased Contributor Child Benefit (-18/+18)	\$257.58
<input type="checkbox"/> Combined Disability / Survivor	\$1,413.66
<input type="checkbox"/> Combined Survivor / Retirement (+65)	\$1,203.75
Year's Maximum Pensionable Earnings	\$61,600
Year's Basic Exemption	\$3,500
Maximum Contributory Earnings	\$58,100
Maximum Employee Contribution (5.45%)	\$3,166.45
Maximum Self-Employed Contribution (10.9%)	\$6,332.90
Disability Basic Exemption	\$6,100
<b>Increase for benefits in pay from 2020 to 2021</b>	<b>1.0%</b>

If you have questions about Canada Pension Plan or Old Age Security please call:

Toll-free: 1-800-277-9914 - English / 1-800-277-9915 – French / 1-800-255-4786 TTY

**Or visit the web site at: [www.canada.ca](http://www.canada.ca)**

**Calculation of CPP maximum monthly amounts for new benefits**



# BCR2R

BC Run 2 Remember

**BCR2R 5K & 10K VIRTUAL RUN  
SEPTEMBER 30, 2021**

**Facebook: @BCR2R**

**Web page:**

**<https://raceroster.com/events/2021/50695/bcr2r-run-2-remember>**

**PORTIONS OF THE PROCEEDS RECEIVED FROM REGISTRATION FEES WILL BE DONATED TO THE INDIAN RESIDENTIAL SCHOOL SURVIVORS SOCIETY.**

**ALL DONATIONS COLLECTED ON THE BC R2R RACE ROSTER EVENT PAGE WILL BE DONATED DIRECTLY TO THE INDIAN RESIDENTIAL SCHOOL SURVIVORS SOCIETY.**





## Stó:lō Aboriginal Skills & Employment Training

Bldg #5A – 7201 Vedder Road, Chilliwack, B.C. Canada V2R 4G5  
 Tel: (604) 858-3691 or toll-free 1-888-845-4455 Fax: (604) 858-3528  
 E-mail: [saset@stolonation.bc.ca](mailto:saset@stolonation.bc.ca)

### **SASET EMPLOYMENT OUTREACH SUPERVISOR** **(EXTERNAL)**

**Stó:lō Service Agency** requires the services of a qualified **Employment Outreach Supervisor** to work under the direction of **Stó:lō Aboriginal Skills & Employment Training (S.A.S.E.T) Department**. *Pursuant to section 41 of the BC Human Rights Code, preference may be given to applicants of Aboriginal ancestry.* Please self-identify on your cover letter or resume.

The Outreach Supervisor will: a) establish/maintain working relationships with First Nations Communities and organizations and encourage partnerships related to employment/training and trades; b) promote programs and initiatives supported by the Indigenous Skills & Employment Training (ISET) funding agreement; c) supervise, schedule and conduct performance reviews of outreach employment counselors; d) manages information for ARMS client data base, and e) ensures goals and client mandate of service is met as per annual operations plan.

The successful candidate will work out of the Central (Chilliwack) office. Some travel may be required for this position.

#### **QUALIFICATIONS/REQUIREMENTS:**

- Post-Secondary education and/or equivalent 3 years of training and experience in program administration, and staff supervision.
- Familiarity with the Indigenous Skills & Employment Training Contribution Agreement (ISET CA), SASET catchment area, First Nation Community's culture, and working knowledge of First Nations economic, social, and political issues.
- Must have strong written and verbal communications skills.
- Willingness to travel within service area and to external agencies when required.
- Ability to professionally deliver written and statistical reports.
- Strong written and verbal communications skills, computer skills: MS Word, MS Excel, data base and organizational and multi-tasking abilities.
- Ability to maintain: a healthy working relationship with staff, community staff and members, and representatives of other organizations; adhere to the confidentiality guidelines of all records, materials and communications concerning clients, staff, SASET and Stó:lō Service Agency/Nation.
- **Successful candidates will be required to provide the following if screened in for an interview:**
  - Must possess and maintain a valid Class 5 BC Drivers' License
  - Must successfully pass the required pre-employment RCMP Criminal records Check.

#### **SALARY RANGE:**

**Based on qualifications and experience.**

#### **TYPE OF POSITION:**

Full-time with benefits, subject to 3-month probationary period, successful annual performance evaluations and continued funding.

**APPLICATIONS DEADLINE:**

**4:00 PM, Friday, September 17, 2021**

Candidates will be screened according to the qualifications/requirements. Interested candidates are required to submit a resume and covering letter. Please include position title on subject line. Send to:

Stó:lō Aboriginal Skills & Employment Training

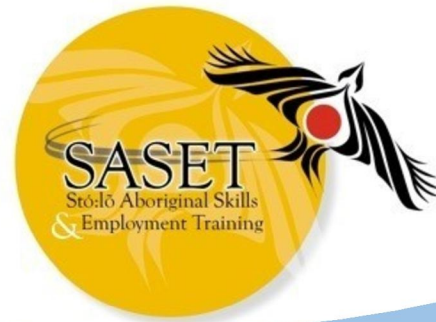
Attention: Director Anna Celesta

Bldg. #5A 7201 Vedder Road

Chilliwack, BC V2R 4G5

Email: [anna.celesta@saset.ca](mailto:anna.celesta@saset.ca)

For more information about this and other employment opportunities, visit [www.stolonation.bc.ca](http://www.stolonation.bc.ca) or [www.saset.ca](http://www.saset.ca)  
 We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.



# UPCOMING SASET PROGRAMS



Hospitality Certificates	Aug16—18, 2021
Aboriginal Guardian Program	Aug 16—Sept 17, 2021
Construction Certificates	Aug 24—26, 2021
Office Administration	Sept 7—Oct 15, 2021
Warehouse Worker	Sept 13—24, 2021
Education Assistant	Sept 2021—June 2022
Customer Service	Sept 27—Oct 1, 2021
Intro to Automotive Technician	Sept 27—Oct 8, 2021

**DATES TO BE DETERMINED:**

Career Development Practitioner  
 Forestry Training  
 Powerline Technician  
 Snow Removal Training  
 Medical Office Assistant  
 Pre-Apprentice Culinary Arts  
 Indigenous Holistic Wellness & Addictions  
 Construction Safety Officer  
 Equipment Operator

Want something  
not on our list?

Call us and we  
will try to assist!

**For more information, contact us:**



604-858-3691 or Toll Free: 1-888-845-4455



[www.saset.ca](http://www.saset.ca)



[info@saset.ca](mailto:info@saset.ca)



[www.facebook.com/SASET.EAS](https://www.facebook.com/SASET.EAS)



Stodo Aboriginal Skills &amp; Employment Training is pleased to offer the:

# Culinary Arts

## Pre-Trade Program

**NEXT CLASSES START: SEPTEMBER 13TH, 2021**



**Are you an Indigenous individual  
residing in the SASET catchment  
area who has an interest in the  
cooking profession?**

If so, contact a SASET employment counsellor to book an appointment and complete the application package.

### **CONTACT US TODAY!**

604-858-3691 Fax: 604-858-3528

Toll Free (BC): 1-888-845-4455



[www.saset.ca](http://www.saset.ca)



<https://www.facebook.com/SASET.EAS>



5579 Tyson Rd, Chilliwack,  
BC V2R 0H9

### **12 Week Program Includes.**

- ◇ Certificates: FoodSafe, First Aid Level 1, WHMIS, WCB Awareness
- ◇ Occupational Skills
- ◇ Stocks, soups and sauces
- ◇ Vegetables and fruits
- ◇ Starches
- ◇ Meats
- ◇ Poultry
- ◇ Seafood
- ◇ Garde-mange
- ◇ Eggs, breakfast cookery and dairy
- ◇ Baked good, desserts and beverages
- ◇ Basic kitchen management
- ◇ Two week practicum placement



# Aboriginal Guardian Program (AGP)

The Aboriginal Guardian program meets the increasing demand for skilled Aboriginal guardians employed within the community, industry, non-profit organizations, or regional stakeholder groups. Graduates of this program are suitably qualified to perform guardian roles that may include environmental monitoring, assessment and protection, and report to and communicate effectively with other industry stakeholders, government and regulators.

## Are you an Indigenous individual who:

- Is un- or under employed ?
- Resides in SASET's catchment area ?
- Is willing to commit to a 5-day program?

To find out more or to apply call  
**604-858-3691**  
or email [info@saset.ca](mailto:info@saset.ca)

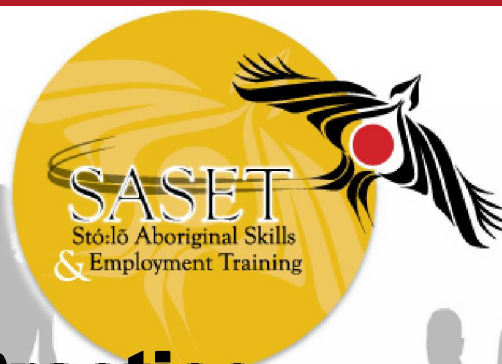
**Program Dates & Location for this  
5-week program is to be  
announced soon!**



Upon successful completion, program graduates are qualified and able to:

- Observe, record and report environmental field data
- Conduct standard environmental assessments and inventories for: water, plants and trees, wildlife, fish, and soil
- Operate, calibrate and maintain a wide variety of environmental field equipment and 'tools'
- Identify and classify types of vegetation, wildlife, fish and soils
- Conduct water quality and field assessment procedures
- Identify and interpret environmental field conditions
- Design and implement field programs
- Develop reports and communicate results with industry stakeholders
- Conduct environmental monitoring during construction projects
- Manage contracts and projects, staffing, budgets, resource scheduling, and crew supervision.
- Interpret and implement environmental legislation
- Identify sensitive species and uphold sensitive habitat working windows
- Conduct erosion and sediment control measures
- Write effective business communications, reports and project proposals





# **Career Development Practice Certificate Program Part-Time Online Training Program October 1, 2021 to November 4, 2022**

## Program Includes

- ◆ Ethics
- ◆ Career Development Practice
- ◆ Career Decision Making
- ◆ Resumes & Cover Letters
- ◆ Interview Skills
- ◆ Career Transition Management
- ◆ Intro to Vocational Rehabilitation
- ◆ Case Management
- ◆ Labour Market Information
- ◆ Facilitated Learning
- ◆ Aboriginal Topics in Employment
- ◆ Trauma Informed Career Development Practice

## Are you an Indigenous Person who:

- Has an interest in career development, employment counselling?
- Is suitable to work in an employment service environment?
- Has access to a computer, with a webcam and internet? (If needed, SASET can provide a laptop for the duration of the program)
- Is willing to attend & commit to part-time ONLINE program

If so... we are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with an Employment Counselor!

For more information, contact us:



604-858-3691 or Toll Free: 1-888-845-4455



[www.saset.ca](http://www.saset.ca)



[info@saset.ca](mailto:info@saset.ca)



[www.facebook.com/SASET.EAS](https://www.facebook.com/SASET.EAS)



Sto:lo Aboriginal Skills & Employment Training  
is pleased to host the following program:

# Warehouse Training



If you are an Indigenous individual who:

- Is un- or under employed
- Resides in SASET's catchment area
- Is willing to commit to a 10 day full-time program
- Enjoys indoor and outdoor work in all types of weather


If so... we are presently accepting applications for this free training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with an Employment Counsellor today!

## Training will take place at Stolo Nation

2D—7201 Vedder Road, Chilliwack, BC

**September 13th—22nd, 2021**

**TO APPLY PLEASE CONTACT SASET:**

 604-858-3691



[www.saset.ca](http://www.saset.ca)

 [info@saset.ca](mailto:info@saset.ca)



[www.facebook.com/SASET.EAS](https://www.facebook.com/SASET.EAS)



### *Program includes:*

- WHMIS
- Fall Protection
- Confined Space
- Food Safe
- First Aid
- Bobcat/ Skid Steer
- Scissor Lift
- Genie Boom Lift
- Fork lift Training
- And More!!!

**LUNCH, TRANSPORTATION AND  
SAFETY GEAR PROVIDED!**

Please visit  
[www.SASET.ca](http://www.SASET.ca)  
for Employment  
Assistance  
Service hours  
and locations

Canada 



# Intro to Automotive Technician



## September 27th—October 8th, 2021

Training will take place at UFV Trades & Technology Center

5579 Tyson Rd, Chilliwack, BC V2R 0H9

### Are you an Indigenous Person who:

- Has an interest in Automotive
- Is un- or under- employed
- Resides in our service area (Katzie to Boston Bar)
- Is willing to attend & commit to a 2-week full-time program

If so... we are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with an Employment Counselor!

### Program Includes:

Introduction to shop and auto shop safety  
 Introduction to the automobile, under the hood components and inspections, vehicle fluids  
 Tire removal and inspection  
 Oil change  
 Testing batteries and charging systems  
 Basic brake system inspection and service  
 Pre-trip and Pre-purchase inspections

Canada

UNIVERSITY  
OF THE FRASER VALLEY

For more information, contact us:



604-858-3691 or Toll Free: 1-888-845-4455



[www.saset.ca](http://www.saset.ca)



[info@saset.ca](mailto:info@saset.ca)



[www.facebook.com/SASET.EAS](https://www.facebook.com/SASET.EAS)



# XWCHÍYÒ:M

## CHEAM FIRST NATION

### REQUEST FOR UPDATED MEMBER INFORMATION

**\*\*INCOMPLETE FORMS WILL NOT BE PROCESSED\*\***

<b>Member Information</b>			
First Name:	Middle:	Last:	
DOB: MMM/DD/YYYY	Status #:	Phone:	
Mailing Address:		Email:	
City:	Province:	Postal Code:	T-Shirt Size:
<b>Spouse Information (if Cheam Band Member of lives on Cheam reserve lands)</b>			
First Name:	Middle:	Last:	
DOB: MMM/DD/YYYY	Status #:	Phone:	
Email:		T-shirt Size:	
<b>Children (that reside primarily with you)</b>			
First Name:	Middle:	Last:	
Status #:	DOB: MMM/DD/YYYY	T-shirt Size:	
First Name:	Middle:	Last:	
Status #:	DOB: MMM/DD/YYYY	T-shirt Size:	
First Name:	Middle:	Last:	
Status #:	DOB: MMM/DD/YYYY	T-shirt Size:	
First Name:	Middle:	Last:	
Status #:	DOB: MMM/DD/YYYY	T-shirt Size:	
First Name:	Middle:	Last:	
Status #:	DOB: MMM/DD/YYYY	T-shirt Size:	
<b>Signatures</b>			
Signature of applicant:		Date:	
Signature of spouse:		Date:	



## Student Information & Waiver Form 2021-2022

Name	
Address	
Phone #	
Email Address	
Current Grade	
Date of Birth & Current Age	
Band Name & Status #	
Family Phone # & Email Address	
Emergency Contact Name & Phone #	
Allergies & any additional info.	

Elementary/Middle/Secondary:	
School/Institute:	
School Contact Info:	
Last School Attended:	
<b>If uniform required</b>	<b>Contact Bekki ASAP at 604-745-8026 by August 11, 2021</b>

I hereby authorize the school to release information concerning:

- Change of address
- Attendance
- Progress and Report
- Admission and Transcripts information

X \_\_\_\_\_  
Parent/Guardian Name - Print

X \_\_\_\_\_  
Signature

**Cheque Payable to:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**MUST BE FILLED OUT COMPLETELY**

Completed forms can be dropped off at the main reception or health reception desks or can be emailed to [rebecca.pears@cheamband.com](mailto:rebecca.pears@cheamband.com)





**CLIENT** — Please complete Parts 2 and 4 of this application and only complete Part 3, if applicable.

**PLAN ADMINISTRATORS** — Please complete Part 1 of this application.

Please complete form electronically or print clearly in **INK**. Sign, date and submit your application to your Plan Administrator as soon as possible.

☐ New Client ☐ Reinstatement

## PART 1 — PLAN ADMINISTRATOR

Policy number <b>40000</b>	Name of company/organization <b>First Nations Health Authority</b>	Status number
Effective date (mm-dd-yyyy)	Class <b>Client</b>	Hours per week <b>0</b>

If we have questions, how can we contact you? Telephone: **1 855 550-5454, press "2," then "1"** Email: **hb.eligibility@fnha.ca**

## PART 2 — CLIENT/DEPENDENT INFORMATION

Legal first name	Preferred name	Middle initial	Last name	Birthdate (mm-dd-yyyy)	Sex <input type="checkbox"/> M <input type="checkbox"/> F
Street address		City		Province	Postal code
Email address					

For children who have not yet received their own status number, please provide the information requested in the table below.

LEGAL FIRST NAME	PREFERRED NAME	MIDDLE INITIAL	LAST NAME	BIRTHDATE (MM-DD-YYYY)	SEX
First child					<input type="checkbox"/> M <input type="checkbox"/> F
Second child					<input type="checkbox"/> M <input type="checkbox"/> F

## PART 3 — CO-ORDINATION OF BENEFITS

If you or any of your dependents have coverage under another plan, please indicate the following:

Name of Insurance company	Group Policy Number	ID or certificate number
---------------------------	---------------------	--------------------------

## PART 4 — CLIENT SIGNATURE

I agree to the conditions of my benefit plan between First Nations Health Authority (FNHA) and Pacific Blue Cross. I confirm that the information I have provided is true and complete.

If I should receive a settlement or a judgement against a liable third party for wage loss or benefits covered under my group plan, I agree to and authorize the third party to reimburse Pacific Blue Cross up to the amount advanced to me pending such settlement or judgement.

I consent to Pacific Blue Cross collecting, using and disclosing my personal information where reasonably necessary for the purposes of my enrollment or coverage under this group plan. I consent to the disclosure of my personal information to agents and representatives of Pacific Blue Cross and other providers/insurers and their agents and representatives for the purposes of assessing and providing benefits coverage. I also consent to the disclosure of my personal information to my plan administrator when required or permitted by law or by contract between Pacific Blue Cross and FNHA; and to the retention, use and disclosure of my personal information in accordance with the Pacific Blue Cross privacy policy.

The privacy policy is available online at [pac.bluecross.ca](http://pac.bluecross.ca) or by calling Pacific Blue Cross at 604 419-2000.

Client's signature <b>X</b>	Date (mm-dd-yyyy)
--------------------------------	-------------------

### FNHA CLIENTS:



#### MAIL YOUR APPLICATION

First Nations Health Authority,  
Health Benefits Department  
501 – 100 Park Royal South  
West Vancouver, BC V6B 4E1



#### FAX

1 888 299-9222



BRITISH  
COLUMBIA

Health  
InsuranceBC

USE CAPITAL  
LETTERS ONLY

A, B, C, D

# MEDICAL SERVICES PLAN (MSP) ENROLMENT APPLICATION

This application is for registered Status Indians who are assisted by First Nations Health Authority, and must be authorized by the First Nations Health Authority Benefits BC Region Office.

SUBMIT COMPLETED FORM TO THE FIRST NATIONS HEALTH AUTHORITY AT THE ADDRESS LISTED ON PAGE 2, SECTION 4.

**NOTE: INCOMPLETE, UNSIGNED OR UNAUTHORIZED FORMS WILL BE RETURNED.** Before completing this application, please read **IMPORTANT INFORMATION** on page 2.

Residents of BC are required, by law, to enrol themselves and to enrol their spouse and children who are residents of BC.

**RESIDENT** means a person who is a citizen of Canada or is lawfully admitted to Canada for permanent residence, who makes his or her home in British Columbia, and is physically present in British Columbia for at least 6 months in a calendar year, or a shorter prescribed period, and includes a person who is deemed under the regulations to be a resident but does not include a tourist or visitor to British Columbia.

BAND NAME	FULL STATUS NUMBER	PERSONAL HEALTH NUMBER (PHN)	GROUP NUMBER
			21000

## 1 APPLICANT INFORMATION

APPLICANT LEGAL LAST NAME	APPLICANT LEGAL FIRST NAME	APPLICANT LEGAL SECOND NAME
BIRTHDATE (MM / DD / YYYY)	GENDER	DAYTIME TELEPHONE NUMBER
	<input type="checkbox"/> M <input type="checkbox"/> F	
CITY	PROV	POSTAL CODE
RESIDENTIAL ADDRESS		
MAILING ADDRESS (IF DIFFERENT FROM RESIDENTIAL ADDRESS)	CITY	PROV POSTAL CODE

## 2 RESIDENCE AND CITIZENSHIP / IMMIGRATION INFORMATION

<b>A</b>	STATUS IN CANADA - <b>PROVIDE PHOTOCOPIES OF ALL APPLICABLE DOCUMENTS FOR EACH PERSON LISTED ON THIS APPLICATION</b> (DO NOT SEND ORIGINALS)		
	<input type="checkbox"/> CANADIAN CITIZEN - Canadian Birth Certificate, Canadian Citizenship Card or Passport <input type="checkbox"/> HOLDER OF PERMANENT RESIDENT STATUS - Record of Landing, Permanent Resident Card (front & back) or Confirmation of Permanent Residence <input type="checkbox"/> OTHER - Work or Study Permit, etc.		
<b>B</b>	HAVE YOU HAD MSP COVERAGE PREVIOUSLY? <input type="checkbox"/> YES <input type="checkbox"/> NO (IF NO, GO TO "C") IF YES, PROVIDE → PERSONAL HEALTH NUMBER (PHN)		
<b>C</b>	HAVE YOU LIVED IN BC SINCE BIRTH? <input type="checkbox"/> YES (GO TO "D") <input type="checkbox"/> NO → MOST RECENT MOVE TO BC → (MM / DD / YYYY) MOST RECENT MOVE TO CANADA (IF DIFFERENT FROM DATE OF MOVE TO BC) → (MM / DD / YYYY)		
	IS THIS A PERMANENT MOVE? <input type="checkbox"/> YES <input type="checkbox"/> NO PROVINCE OR COUNTRY MOVED FROM PREVIOUS HEALTH NUMBER		
<b>D</b>	HAVE YOU OR ANY FAMILY MEMBER BEEN OUTSIDE BC FOR MORE THAN 30 DAYS IN TOTAL DURING THE PAST 12 MONTHS? <input type="checkbox"/> YES <input type="checkbox"/> NO (IF NO, GO TO "E")		
	DEPARTURE DATE (MM / DD / YYYY) RETURN DATE (MM / DD / YYYY) FAMILY MEMBER NAME, REASON FOR DEPARTURE AND LOCATION		
<b>E</b>	WILL YOU OR ANY FAMILY MEMBER BE AWAY FROM BC FOR MORE THAN 30 DAYS IN TOTAL IN THE NEXT SIX MONTHS? <input type="checkbox"/> YES <input type="checkbox"/> NO IF YES, SEE <b>RESIDENCY</b> , PAGE 2.		
	ARE YOU A FULL-TIME STUDENT? <input type="checkbox"/> YES <input type="checkbox"/> NO IF YES, WILL YOU RESIDE IN BC ON COMPLETION OF YOUR STUDIES? <input type="checkbox"/> YES <input type="checkbox"/> NO		
	IF ANYONE LISTED IS AN ACTIVE MEMBER OF, OR HAS BEEN RELEASED FROM, THE CANADIAN FORCES, RCMP OR AN INSTITUTION, PLEASE PROVIDE THE DISCHARGE DATE: (MM / DD / YYYY)		

IS THIS APPLICATION ALSO FOR A SPOUSE OR CHILD? IF YES, PLEASE COMPLETE SECTION 3.

## 3 SPOUSE AND CHILD INFORMATION (LIST ONLY THOSE ELIGIBLE)

**SPOUSE** means a resident of BC who is either married to or living and cohabiting in a marriage-like relationship with the applicant and may be of the same gender as the applicant.

**CHILD** means a BC resident who is a child of a beneficiary or a person in respect of whom a beneficiary stands in the place of a parent, and who is a minor, does not have a spouse, and is supported by the beneficiary.

**PHOTOCOPIES OF CURRENT CITIZENSHIP/IMMIGRATION DOCUMENTS MUST BE ATTACHED. USE LEGAL NAMES WHEN COMPLETING THIS FORM. IF LEGAL NAME DOES NOT MATCH, INCLUDE COPY OF MARRIAGE OR CHANGE OF NAME CERTIFICATE, ETC.**

SPOUSE LEGAL LAST NAME	SPOUSE LEGAL FIRST NAME	SPOUSE LEGAL SECOND NAME
PERSONAL HEALTH NUMBER (PHN)	BIRTHDATE (MM / DD / YYYY)	GENDER
		<input type="checkbox"/> M <input type="checkbox"/> F
STATUS IN CANADA (MARK ONE - <input checked="" type="checkbox"/> )	STATUS INDIAN?	FULL STATUS NUMBER
<input type="checkbox"/> CANADIAN CITIZEN - Canadian Birth Certificate, Canadian Citizenship Card or Passport	<input type="checkbox"/> YES <input type="checkbox"/> NO	
<input type="checkbox"/> HOLDER OF PERMANENT RESIDENT STATUS - Record of Landing, Permanent Resident Card (front & back) or Confirmation of Permanent Residence	MARRIAGE DATE (MM / DD / YYYY)	SPOUSE'S PREVIOUS LAST NAME (IF APPLICABLE)
<input type="checkbox"/> OTHER - Work or Study Permit, etc.		
HAS SPOUSE LIVED IN BC SINCE BIRTH?	MM / DD / YYYY	FROM (PROVINCE OR COUNTRY)
<input type="checkbox"/> YES <input type="checkbox"/> NO IF NO, MOST RECENT MOVE TO BC →		
IS THIS A PERMANENT MOVE?	REG. # OF MEDICAL PLAN IN PREVIOUS PLACE OF RESIDENCE	
<input type="checkbox"/> YES <input type="checkbox"/> NO		

**PROVIDE PHOTOCOPIES OF ALL APPLICABLE DOCUMENTS (DO NOT SEND ORIGINALS).** IF LEGAL NAME DOES NOT MATCH, INCLUDE COPY OF MARRIAGE/CHANGE OF NAME CERTIFICATE, ETC.



**3 (CONT'D) SPOUSE AND CHILD INFORMATION (LIST ONLY THOSE ELIGIBLE)**

CHILD LEGAL LAST NAME		CHILD LEGAL FIRST NAME		CHILD LEGAL SECOND NAME	
<div></div>		<div></div>		<div></div>	
PERSONAL HEALTH NUMBER (PHN)	BIRTHDATE (MM / DD / YYYY)	GENDER	STATUS INDIAN?	FULL STATUS NUMBER	
<div></div>	<div></div>	<div> </div> M <div> </div> F	<div> </div> YES <div> </div> NO	<div></div>	
STATUS IN CANADA (MARK ONE - <input checked="" type="checkbox"/> )		HAS CHILD LIVED IN BC SINCE BIRTH?		MM / DD / YYYY FROM (PROVINCE OR COUNTRY)	
<div> </div> CANADIAN CITIZEN - Canadian Birth Certificate, Canadian Citizenship Card or Passport		<div> </div> YES <div> </div> NO IF NO, MOST RECENT MOVE TO BC →		<div></div>	
<div> </div> HOLDER OF PERMANENT RESIDENT STATUS - Record of Landing, Permanent Resident Card (front & back) or Confirmation of Permanent Residence		IS THIS A PERMANENT MOVE?		REG. # OF MEDICAL PLAN IN PREVIOUS PLACE OF RESIDENCE	
<div> </div> OTHER - Work or Study Permit, etc.		<div> </div> YES <div> </div> NO		<div></div>	
PROVIDE PHOTOCOPIES OF ALL APPLICABLE DOCUMENTS (DO NOT SEND ORIGINALS). IF LEGAL NAME DOES NOT MATCH, INCLUDE COPY OF CHANGE OF NAME CERTIFICATE, ETC.		IF CHILD IS NEWLY ADOPTED, INDICATE DATE OF ADOPTION AND ENCLOSE PROOF OF ADOPTION		ADOPTION DATE (MM / DD / YYYY)	
				<div></div>	

☐ IF YOU HAVE MORE THAN ONE CHILD, PLEASE MARK BOX (☒) , ATTACH ADDITIONAL SHEET AND PROVIDE ALL INFORMATION

**IF THE APPLICANT IS THE PARENT OF, OR STANDS IN PLACE OF A PARENT TO A DEPENDENT POST-SECONDARY STUDENT (SEE BELOW), PLEASE COMPLETE THE SECTION BELOW**

STUDENT LEGAL LAST NAME		STUDENT LEGAL FIRST NAME		STUDENT LEGAL SECOND NAME	
<div></div>		<div></div>		<div></div>	
SCHOOL NAME AND FULL ADDRESS		DATE STUDIES WILL BE FINISHED (MM / DD / YYYY)		IF SCHOOL IS OUTSIDE BC, ORIGINAL DEPARTURE DATE (MM / DD / YYYY)	
<div></div>		<div></div>		<div></div>	

☐ TO ADD MORE DEPENDENT POST-SECONDARY STUDENTS, PLEASE CHECK BOX, ATTACH ADDITIONAL SHEET AND PROVIDE ALL INFORMATION. POST-SECONDARY STUDENT MUST SIGN THE INFORMATION IN ORDER TO APPLY FOR ENROLMENT

**DEPENDENT POST-SECONDARY STUDENT** means a BC resident who is older than 18 and younger than 25 years of age, in full-time attendance at a post-secondary institution approved by the Commission, and supported by a beneficiary who is the person's parent or a person who stands in place of the person's parent.

**4 AUTHORIZATION - MUST BE SIGNED BY APPLICANT AND ANY POST-SECONDARY STUDENT APPLYING FOR ENROLMENT (DO NOT CHANGE TEXT OF AUTHORIZATION BELOW)**

I have received information about MSP and agree to abide by the terms and conditions of MSP. I understand that if a discrepancy exists between the information provided and the legislation, the legislation will govern.

I authorize the Ministry of Health to collect my health information from practitioners who provide publicly funded health care service(s) to me under MSP and other publicly funded health care programs, and I provide consent for those practitioners to disclose such information to the Ministry of Health for the purposes of assessing eligibility for, and in regard to the administration of, MSP and other Ministry of Health publicly funded health care programs.

I declare that all information provided is true and I understand that the Ministry of Health and/or Health Insurance BC may verify this information with immigration authorities, law enforcement authorities and other public authorities, agencies and persons as appropriate. I declare that all persons listed are residents of British Columbia.

SIGNATURE OF APPLICANT		SIGNATURE OF SPOUSE		DATE SIGNED (MM / DD / YYYY)	
<div></div>		<div></div>		<div></div>	
SIGNATURE OF POST-SECONDARY STUDENT		DATE SIGNED (MM / DD / YYYY)			
<div></div>		<div></div>			

**SUBMIT THIS FORM, MARKED CONFIDENTIAL, TO:**

First Nations Health Authority, Health Benefits Department, #501 - 100 Park Royal South, West Vancouver BC V7T 1A2

**5 FIRST NATIONS HEALTH AUTHORITY AUTHORIZATION - MUST BE SIGNED BY A FIRST NATIONS HEALTH AUTHORITY REPRESENTATIVE**

FIRST NATIONS HEALTH AUTHORITY AUTHORIZATION		THE ABOVE INFORMATION IS SUPPORTED BY	
<div></div>		<div></div>	
MEDICAL SERVICES BRANCH REPRESENTATIVE			
<div></div>			

**6 IMPORTANT INFORMATION**

For further important information about eligibility for and enrolment in MSP, please visit <http://www2.gov.bc.ca/gov/content/health/health-drug-coverage/msp>

**To complete MSP enrolment, new and returning adult residents must obtain a Photo BC Services Card by visiting an Insurance Corporation of BC (ICBC) driver licensing office. To find an ICBC driver licensing office near you, please visit [icbc.com](http://icbc.com).**

Personal information is collected under the authority of the *Medicare Protection Act* and section 26 (a), (c) and (e) of the *Freedom of Information and Protection of Privacy Act* (FOIPPA) for the purposes of administration of the Medical Services Plan. Information may be disclosed pursuant to section 33 of FOIPPA. If you have any questions about the collection and use of your personal information, please contact the Health Insurance BC Chief Privacy Office at Health Insurance BC, Chief Privacy Office, PO Box 9035 STN PROV GOVT, Victoria, BC V8W 9E3 or call 604 683-7151 (Vancouver) or 1 800 663-7100 (toll-free).





This licence is issued under the authority of SECTION 4 OF THE ABORIGINAL COMMUNAL FISHING LICENCES REGULATIONS.

This licence is not intended to define an Aboriginal right to fish or its scope; however, for the fishing season, it is intended to provide a mechanism, for reasons of proper management and control of the fisheries and conservation and protection of fish, for requiring compliance with the provisions of this licence.

This licence is subject to the *Fisheries Act* and regulations thereunder, and confers the authority to fish under the following conditions: Food, Social, and Ceremonial purposes.

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**Period of Activity:**

This licence is issued to the Aitchelitz, Chawathil, Cheam, Katzie, Kwantlen, Kwaw-kwaw-Apilt, Leq'a:mel, Matsqui, Peters, Popkum, Seabird Island, Shxw'ow'hamel, Skawahlook, Skowkale, Skwah, Skway, Soowahlie, Squiala, Sumas, Tzeachten, Union Bar and the Yakweakwioose First Nations for and on behalf of the members of those First Nations and subject to the Fisheries Act and Regulations thereunder, confers the authority to fish under the following conditions: Subject to amendments to the conditions of this licence and subject to close times as may be varied by the Director-General, Pacific Region, DFO in accordance with the Fishery (General) Regulations, species of fish set out in this licence may be harvested under this licence. Subject to closures and other terms and conditions of this licence, the authority to fish under this licence will expire on September 5, 2021 or earlier if DFO, after consultation with the First Nation, has determined that the maximum quantity has been reached.

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**Licence Holders:**

FIN: 108212	AITCHELITZ INDIAN BAND
FIN: 108213	CHAWATHIL INDIAN BAND
FIN: 108214	CHEAM INDIAN BAND
FIN: 108217	KATZIE FIRST NATION
FIN: 108218	KWANTLEN FIRST NATION
FIN: 129310	KWAW-KWAW-APILT INDIAN BAND
FIN: 127541	LEQ' A: MEL FIRST NATION
FIN: 108222	MATSQUI INDIAN BAND
FIN: 108223	PETERS INDIAN BAND
FIN: 108224	POPKUM INDIAN BAND
FIN: 108226	SEABIRD ISLAND INDIAN BAND
FIN: 108678	SHXWOW'HAMEL FIRST NATION



FIN: 129860	SHXWHÁ:Y VILLAGE
FIN: 108674	SKAWAHLOOK FIRST NATION
FIN: 129908	SKOWKALE INDIAN BAND
FIN: 108228	SKWAH INDIAN BAND
FIN: 108230	SOOWAHLIE INDIAN BAND
FIN: 108232	SQUIALA FIRST NATION
FIN: 108233	SUMAS FIRST NATION
FIN: 108235	TZEACHTEN INDIAN BAND
FIN: 108236	UNION BAR FIRST NATION
FIN: 108237	YAKWEAKWIOOSE INDIAN BAND

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**Species, Quantity of Fish, Area(s) and Gear:**

**Licence Holder:** All

**Species:** CHINOOK SALMON (*Oncorhynchus tshawytscha*)

**Allowable Fishing Times:** Start: Friday, September 3, 2021 at 18:00  
End: Sunday, September 5, 2021 at 18:00  
Details: Set Net

**Gear:** Gillnet, Set, River

**Licence Area:** PORT MANN BRIDGE TO MISSION; MISSION BRIDGE TO HARRISON RIVER;  
HARRISON TO HOPE; HOPE TO SAWMILL CREEK

**Additional Descriptions:** **Gear and Gear Identification:** The following gear is permitted:

During each opening in the Fishery, each Participant may fish using either one Drift Net OR one Set Net.

**Set Nets on condition that:**

1. They do not exceed a maximum of 16.6 fathoms or 30.48 metres (100 feet) in length; and a maximum depth of 60 meshes with a minimum mesh size of 20.32 cm (eight (8") inches) with a maximum 3:1 hang ratio.
2. They are identified by a floating buoy prominently displaying the Participant's designation number. The Participant's designation number shall be the only number



displayed on the buoy.

3. All Set Nets fished from poles shall have buoys attached to the end of the net farthest from the beach by means of a tag line of sufficient length to allow the buoys to be on the surface of the water and clearly visible for inspection at all times.
4. During all fishing activity, each Set Net shall be attended at all times and picked regularly, to remove all viable Sockeye Salmon, by the Participant who is fishing the net.

<b>Licence Holder:</b>	All
<b>Species:</b>	CHINOOK SALMON ( <i>Oncorhynchus tshawytscha</i> )
<b>Allowable Fishing Times:</b>	<div><div>Start Date: Saturday, September 4, 2021</div><div>End Date: Sunday, September 5, 2021</div><div>Times: 12:00 - 20:00 daily</div><div>Details: <b>Subarea 3 to Subarea 4 for Katzie and Kwantlen First Nations only</b></div></div>
	<div><div>Start Date: Saturday, September 4, 2021</div><div>End Date: Sunday, September 5, 2021</div><div>Times: 12:00 - 20:00 daily</div><div>Details: <b>Subarea 4 to Subarea 6 for Sumas First Nation only</b></div></div>
	<div><div>Start Date: Saturday, September 4, 2021</div><div>End Date: Sunday, September 5, 2021</div><div>Times: 06:00 - 14:00 daily</div><div>Details: <b>Subarea 4 to Subarea 11 includes All communities identified in the licence except Sumas, Katzie, and Kwantlen First Nations</b></div></div>
<b>Gear:</b>	Gillnet, Drift
<b>Licence Area:</b>	PORT MANN BRIDGE TO MISSION; MISSION BRIDGE TO HARRISON RIVER; HARRISON TO HOPE; HOPE TO SAWMILL CREEK
<b>Additional Descriptions:</b>	<b>Gear and Gear Identification:</b> The following gear is permitted:  During each opening in the Fishery, each Participant may fish using either one Drift Net OR one Set Net.  <b>Drift Nets on condition that:</b> <ol style="list-style-type: none"><li>1. They do not exceed a maximum of 50 fathoms or 91.44 metres (300 feet) in length; and a maximum depth of 60 meshes with a minimum mesh size of 20.32 cm (eight (8") inches) and a maximum 3:1 hang ratio.</li><li>2. There may be only one Drift Net fished from any vessel.</li><li>3. Each Drift Net shall be attended at all times by the Participant who is fishing the net.</li><li>4. No vessel fishing under the authority of the Licence may have on board, in a hung condition (on the drum), any Drift Net in excess of 50 fathoms in length.</li><li>5. Spare nets on board a vessel actively fishing must be kept in a stowed condition.</li></ol>

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**Additional Information:**





**AREA: Drift net and Set net Fishing is permitted in the following area(s):**

**Subarea 3 - Port Mann Bridge to Kanaka Creek**

Those waters of the Fraser River downstream of a line projected from a red boundary sign located at Kanaka Creek (north side of Fraser River), to a red boundary sign at the upstream end of Derby Reach (south side of Fraser River), to the Port Mann Bridge.

**Subarea 4 - Kanaka Creek to Mission Bridge**

Those waters of the Fraser River downstream of the Canadian Pacific Railway Bridge at Mission and bounded on the west by a line projected from a red boundary sign located at Kanaka Creek (north side of Fraser River), to a red boundary sign at the upstream end of Derby Reach (south side of Fraser River).

**Subarea 5 - Mission Bridge to Sumas River**

Those waters of the Fraser River bounded on the west by the downstream side of the Canadian Pacific Railway Bridge at Mission and on the east by a line from a white boundary sign on the upstream side of the Fraser River at the mouth of the Sumas River, thence true north to a white boundary sign on the opposite shore.

**Subarea 6 - Sumas River to Harrison**

Those waters of the Fraser River bounded on the west by a line from a white boundary sign on the upstream side of the Fraser River at the mouth of the Sumas River, thence true north to a white boundary sign on the opposite shore and bounded on the east by a line from a white boundary sign on the upstream side of the Fraser River at the mouth of the Harrison River, thence true south to a white boundary sign on the southern shore of the Fraser River and those waters of the Harrison River downstream of the Highway Number 7 Bridge.

**Subarea 7 - Harrison to Laidlaw**

Those waters of the Fraser River bounded on the west by a line from a white boundary sign on the upstream side of the Fraser River at the mouth of the Harrison River, thence true south to a white boundary sign on the southern shore of the Fraser River and bounded on the east by a line from the mouth of Jones Creek on the south bank of the Fraser River, thence northwest to the north bank of the Fraser River.

**Subarea 8 - Laidlaw to Hope Bridge**

Those waters of the Fraser River bounded on the west by a line from the mouth of Jones Creek on the south bank of the Fraser River, thence northwest to the north bank of the Fraser River, and on the east by the downstream side of the bridge across the Fraser River at Hope.

**Subarea 9 - Hope Bridge to Emory Creek**

Those waters of the Fraser River bounded on the south by the downstream side of the bridge across the Fraser River at Hope, and on the north at the upstream confluence of Emory Creek.

**Subarea 10 - Emory Creek to Yale Creek**

Those waters of the Fraser River bounded on the south by the upstream confluence of Emory Creek and bounded on the north at the upstream confluence of Yale Creek.

In subarea 10, drift net fishing is prohibited between the boundary signs located 400 meters downstream and 400 meters upstream of the Qualark Gill Net Test Fishing site.

**Subarea 11 - Yale Creek to Sawmill Creek**

Those waters of the Fraser River bounded on the south by the upstream confluence of Yale Creek and bounded on the north at red boundary signs located at Sawmill Creek.

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**Terms and Conditions:**



## **Definitions**

'DFO' means Fisheries Oceans Canada (formerly the Department of Fisheries and Oceans).

'Drift Net' means a gillnet free floating in the water, not attached in any manner to the shore, operated from a boat.

'First Nation' means the First Nations.

'First Nations' means the Aitchellitz, Chawathil, Cheam, Katzie, Kwantlen, Kwaw-kwaw-Apilt, Leq'a:mel, Matsqui, Peters, Popkum, Seabird Island, Shxw'ow'hamel, Skawahlook, Skowkale, Skwah, Skway, Soowahlie, Squiala, Sumas, Tzeachten, Union Bar, and the Yakwekwioose First Nations.

'Fishery' means fishing under the authority of this licence.

'FVAFS' means the means the Fraser Valley Aboriginal Fisheries Society that will deliver the area catch monitoring program for FSC fisheries, except those fisheries conducted by the Sts'ailes and Yale First Nations.

'Participant' means an individual designated in accordance with this licence to fish under the authority of this licence.

'Set Net' means a gillnet that is either tied to shore at one end and anchored in the river at the other end, or anchored in the river at both ends, or tied to the shore at one end and tied to a net pole at the other end.

## **Species**

The Fishery is limited to the harvest of Chinook salmon, with incidental harvest of Pink salmon, hatchery marked Coho salmon and Chum salmon.

No person shall retain or possess non-target species, including Sockeye, wild Coho, Steelhead, or Sturgeon.

Please refer to Fishery General Regulations Section 33. for Release of Incidental Catch

<https://laws-lois.justice.gc.ca/eng/Regulations/SOR-93-53/index.html>

## **Use of Fish**

Fish caught under this licence are for food, social and ceremonial purposes. Without prejudice to future agreements or regulations, sale of fish caught under this licence is **not** permitted.

## **Designation of Individuals**

Participants must have proof of First Nation membership or a designation card to fish under the authority of this licence. Proof of First Nation membership shall be a First Nation status card or a letter of authorization issued by one of the First Nations. A designation card may be obtained from one of the First Nations, and will be issued to a Participant at the time of designation. A designation card will contain a likeness of the Participant, the Participant's date of birth and a designation number for the Participant. Designations are personal and non-transferable.

Participants designated to fish under this licence shall carry their proof of First Nation membership or designation card participating in the Fishery, including the harvesting, transporting and landing of fish, and will present such documentation on request by any fishery officer or fishery guardian.

## **Catch Monitoring and Harvest Reporting**

All Participants must report the number and species of fish caught in the Fishery, as well as the number of fish retained, to Dale Joe at the FVAFS (Tel: (604) 858-8588, Fax: (604) 858-9959) immediately following the Fishery. The FVAFS will collect all catch statistics and report this information to Karen Burnett, Management Biologist at the



Licence Number: XFSC 316 2021

File Number: LFA-21-CL243/Lower Fraser

Valid From: 03-Sep-2021

Expiry Date: 05-Sep-2021

DFO office at Annacis Island (Cell: (604) 230-7615 Fax: (604) 666-7112 within 48 hours of the Fishery on the 'Catch Reporting Form' provided by DFO.

Sts'ailes First Nation Members must report the number and species of fish caught in the Fishery, as well as the number of fish retained, to Kim Charlie, Sts'ailes Fisheries Authority (Tel: (604) 796-2116, Fax: (604) 796-3729). Sts'ailes Fishing Authority will collect all catch statistics, for the Sts'ailes First Nation, and report this information to Karen Burnett, Resource Management Biologist at the DFO office at Annacis Island (Cell: (604) 230-7615, Fax: (604) 666-7112) within 48 hours of the Fishery on the 'Catch Reporting Form' provided by DFO.

Daily updates will be provided to DFO Resource Management staff. During the drift fishery, the observers will keep a daily running tally of the numbers of salmon harvested by species, a tally of the number and species of fish released and total soak time (start and finish) of each drift on the form provided by DFO Resource Management staff. This information will be provided to DFO Resource Management staff at Fax: (604) 666-7112 and Dale Joe – FVAFS Department at (604) 858-9959 and Kim Charlie, Sts'ailes Fisheries Authority within 48 hours of the close of the fishery.

### **Other Provisions**

Pursuant to subsection 22(6) of the Fishery (General) Regulations, compliance with the Fisheries Act and the regulations made under the Act is a condition of this licence.

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Licence Issued: 02 September 2021

Licence Printed: 02 September 2021

Licence Issued By: ELAN PARK, Fisheries and Oceans Canada