



# XWCHÍYÒ:M

COMMUNITY NEWSLETTER

NOVEMBER 26, 2021



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# XWCHÍYÒ:M

## CHEAM FIRST NATION

### XWECHİYOM XWEXWILMEXW SXWE EYELH

Kwetskwetsmet lis cha xwal letse sqwalewels ye xwe chiyom Xwexwilmexw;

Xw' eyehls cha ye mekw' wat ite xwech'l yom qesu texw eweta o kw'e tl' e met Te ewpi: I qaste qel sqoqe;

Temtames mami:yelhtel ya sq'eqotel qelu lam xwe xwe'eyelf iyolem kw'e o'hletem xwela Ye'mi cha

Temtames lis cha mekw yoyes ye alyem eweta Shxwlistexwes Te xwelitemelh

Temtames chasu qexs a: li lalalem xwela kw'e mekw wates

Qas temtames cha xwe'eyems Te temexws qasu ey xwela ye xwechiyom

### CHEAM VISION STATEMENT

We the people of Cheam are committed to developing a united and harmonious community. We respect individual's diversity and promote a healthy, self-sufficient lifestyle.

We need one another and value one another's views. In appreciation of our uniqueness, we foster mental, physical, emotional and spiritual wellbeing. In doing so, we strive to build pride, dignity and respect amongst our people.



# XWCHÍYÒ:M

## ADMINISTRATION UPDATES

**Ey Swayel Friends and Relatives!**



### **SAFETY DURING COVID-19**

We would like to remind the Cheam Community that COVID-19 is spreading quickly in the territory. To ensure the health and safety of our community and staff members, we continue to encourage the importance of following the provincial health guidelines and recommendations. These include handwashing/sanitation, avoiding large gatherings/keeping your bubble small, and staying home with any symptoms or illness. In addition, please maintain physical distance and wear a mask when you are near community members or staff – both indoors and outside. If you have questions or concerns or test positive, do not hesitate to seek assistance from the band office and Seabird health.

As COVID-19 cases continue to rise, the Multiplex Gym and Band office remain closed for meetings and events not being led by staff. Although the Administration Wing, gym and office meeting rooms remain closed to visitors, the Health Wing operates by appointment only. Staff continue to work full hours and are available by phone or email. Should you have any housing, maintenance, or public works requests during this time, you can fill out the appropriate request form found on the Members Only section of the website.

### **BAND OFFICE NOTICES**

The Band Office is accepting appointments; however, we are precautionary by operating at a limited capacity during this time. With the restrictions throughout the Eastern Fraser Valley still in place, we want to ensure that our office is safe for all community members attending appointments and our staff. Please note that staff will remain accessible by phone, email, and videocalls as needed. Please contact Marcelo Pucci if you have any questions at 604-991-8188

**DUE TO SEVERE FLOODING, RESULTING IN ROAD CLOSURES, INCLUDING HIGHWAY 1 , THE ELECTION HAS BEEN TENTATIVELY POSTPONED TO NOVEMBER 29.**

See Electoral Package for the full details.





## COVID-19 RESOURCES

To learn more about the new PHO, please visit:  
<https://www.fraserhealth.ca/health-topics-a-to-z/coronavirus/keeping-our-community-safe/fraser-east#.YVdRpprMJgY>

Please call Cheam Band Office: 604-794-7924 or Seabird Health: 604-796-2177 if you have questions or concerns

## CANCELLATION OF COMMUNITY EVENTS

As of September 28, the Public Health Orders for Eastern Fraser Valley has increased. To remain compliant with the public health orders and keep our community safe, we are postponing and cancelling gatherings or events.

## AFTER-SCHOOL PROGRAM

The After School Program is happy to announce that we will be open for Pro-D days from 8:30-4:30.

All families are welcome to stop by the Education Portable and find out more about the program. Come and take a tour of the building & introduce yourself. If you have any questions about the program or program hours, please contact Deborah.Tuck@cheamband.com

The After-School Club Program serves children in kindergarten through to grade 12.

Regular hours remain Monday to Friday 12:00 – 6:00 pm



### After School Program Hours

**Pro-D Day Hours - November 26, 8:30 to 4:30**

**Dec 17 – Jan 4: No school Christmas Holidays**

**The After School Program will remain open on Dec 17 from 12:00 pm - 6:00 pm**

**Dec 20 -23 8:30-4:30**

**Dec 24-Dec 31 - Closed**

**2022 Happy New Year!**

**Feb 18 - 8:30 -4:30**

**Feb 21 Family Day - Closed**

**March 18 – April 4 - No School Spring Break**

**Spring Break Hours to be determined**

**April 15 Good Friday - Closed**

**April 18 Easter Monday- Closed**

**April 29 PD - 8:30-4:30**

**May 20 PD - 8:30-4:30**

**May 23 Victoria Day - Closed**

**June 23 Summer Holidays**

**CHEAM FIRST NATION**

# SPORTS NIGHTS

Join Us on Monday Nights from 5pm-8pm for sports and games!

**MONDAY NIGHTS: 5pm-8pm**  
**WHERE: CHEAM FIRST NATION BAND OFFICE, 216 VICTORIA AVE**

**CANCELLED UNTIL FURTHER NOTICE**

Starting September 13th!

If you have any questions contact Wayne at [wayne.douglas@cheamband.com](mailto:wayne.douglas@cheamband.com)



**CHEAM**  
FIRST NATION

## **SECOND NOTICE TO ALL VOTERS**

### **ELECTION POSTPONEMENT TO** **DECEMBER 10, 2021**

It is out of an abundance of caution that the Cheam First Nation Chief and Council Election be postponed to December 10, 2021. The continued rainfall, the atmospheric rivers that are predicted to bringing upwards of 100 mm of rain over the next few days, the possibility of additional flooding and the threat of Highway No. 1 being closed has led to this decision.

It is a priority to ensure that every Member has the opportunity to vote and it is for these reasons that the Election for Cheam First Nation has been rescheduled to **December 10, 2021**.

**The Election will take place on December 10, 2021 in the gymnasium of the Band office located at 52161 Victor Drive, Rosedale BC between the hours of 9:00 am until 8:00 pm.**

Voters living off Reserve can continue to mail in their ballot packages which will be accepted right up to the close of polls on December 10, 2021.

On November 30, 2021, the current Chief and Council will assume the role as Interim Administrators to ensure a continuation of services are provided to the Membership and to guide the Nation through this challenging period. During this transition, the current Chief and Council will not be holding Council meetings or passing Motions.

**Fred Schiffner**  
**Electoral Officer**  
**Cheam First Nation**



# Elder's Events



**XWCHÍYÒ:M**  
CHEAM FIRST NATION

## Cheam Elder's Luncheon and Meeting

The Elder's Luncheon and meeting have been rescheduled to the following dates:

- **November 30, 2021**
- **December 14, 2021 - Christmas Lunch**

If you have an item to be added to the Agenda please contact Eleanor Stephenson or Rachel Wille at [rachel.wille@cheamband.com](mailto:rachel.wille@cheamband.com) or 604-991-9899



**STRONGER  
TOGETHER**





# SAVE THE DATE

---

## Sto:lo Tribal Council Annual General Meeting

**Dec.  
3,  
2021**

On Zoom:  
Meeting credentials to follow

**TIME:**

**10:00 am  
to  
12:00 pm**

**AGENDA  
to follow**

Sto:lo Tribal Council member Bands  
from the villages of

Chawathil, Shxw'ow'hamel, Seabird,  
Cheam, Sqewlets, Kwaw Kwaw Apilt and  
Soowahilie .

## Door Prizes

Contact Information:  
[Lori.Kelly@stolotribalcouncil.ca](mailto:Lori.Kelly@stolotribalcouncil.ca)



# CHEAM FIRST NATIONS HALLOWEEN COSTUME CONTEST WINNERS

## AGE GROUPS 0-3



Cutest Costume



Best Duo



Best Costume

## AGE GROUPS: 4-7



Spookiest Costume



Best Costume



Most Creative



# CHEAM FIRST NATIONS HALLOWEEN COSTUME CONTEST WINNERS

**8-12**



**Best Costume**

**13-15**



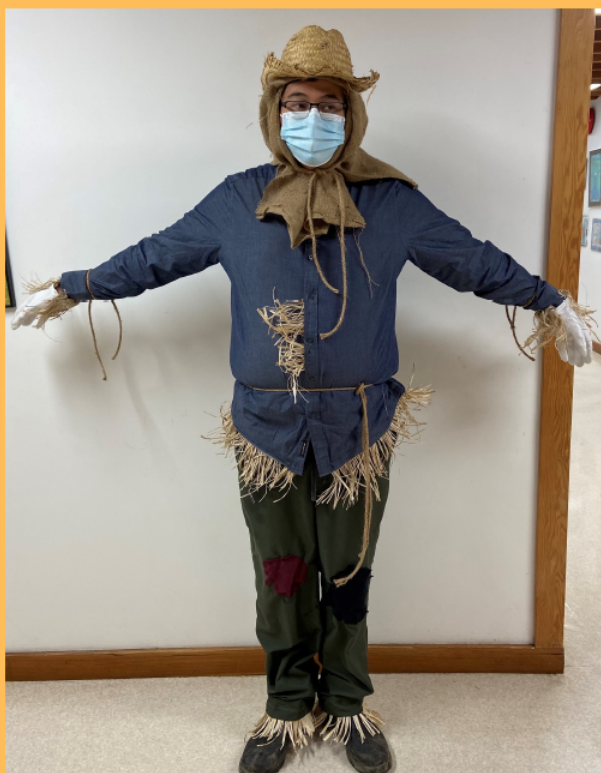
**Spookiest Costume**

**16+**



**Most Spooky**

**16+**



**Most Creative**

**FAMILY COSTUME**



**Best Group Costume**



## HOUSING DEPARTMENT

### ANNUAL HOUSING INSPECTION

This is to inform that the Housing Department will be doing the annual inspection on **all rental or social housing units**.

The Housing Inspector will be here on:

Dates: Friday, October 1, 2021  
Saturday October 2, 2021  
Monday October 4, 2021

Times: 8 am to 5 pm (Friday is till 6 pm)  
One hour booked for each home with 15 minutes being excluded.

If you require a specific date and time, please phone the Housing Dept to book by September 23, otherwise you will be assigned a date and time.

Changes made to the inspector, and his name is Danny Tourville, La:lem Building Inspection and Consulting. Any other change in inspection will commence on a Saturday.

COVID 19 safety guidelines will be followed and will be distribute to the Inspector and all tenants.

Thank you,

**Cheam Housing Department**

### MAINTENANCE REQUEST REMINDER

The Housing Department would like to remind all tenants requesting maintenance repairs to please phone or email Daphne at Reception with the request (604-794-7924 or daphnee@cheamand.com).

Requests that are called in directly to Public Works or Housing Department employees are not entered into the maintenance queue the same way and may be missed unintentionally. By submitting maintenance repair requests directly to Daphne we can assure all requests are handled in a timely manner.

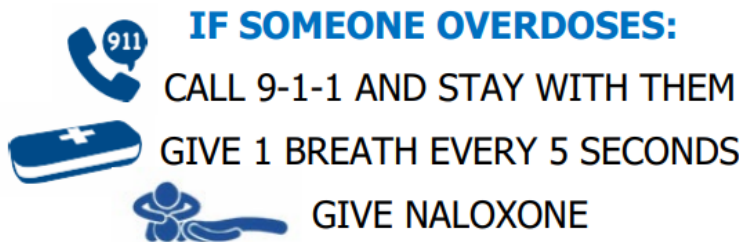


## HEALTH & WELLNESS

### OVERDOSE ADVISORY

There has been a number of overdoses in Abbotsford and Mission over the past 5 days. Reports suggest overdoses are connected to a **dark purple substance** sold as down/opioids.

Friends, family and community members using opioids and stimulants face increased risk from both injection and inhalation.



#### IF SOMEONE OVERDOSES:

CALL 9-1-1 AND STAY WITH THEM

GIVE 1 BREATH EVERY 5 SECONDS

GIVE NALOXONE

**Please look out for each other.**

#### TIPS FOR SAFER DRUG USE:

- ♥ Explore with service providers options for witnessing consumption ([episodic OPS](#)) and local Overdose Prevention Sites
- ♥ Stagger use with friends so someone can respond if needed
- ♥ Start low go slow  
Take a small amount, wait and see how it feels
- ♥ If using alone:
  - Let someone know and ask them to check on you
  - Download the Lifeguard or BeSafe apps (available on Apple/Android)
  - Call the National Overdose Response Service: 1-888-688-6677 if no cel data
- ♥ Mixing substances increases risk of overdose – this includes alcohol and prescription drugs
- ♥ Find local harm reduction services <https://towardtheheart.com/site-finder> or call Lookout Abbotsford Mobile Harm Reduction Services 604-308-8296
- ♥ Get your drugs checked <https://www.fraserhealth.ca/drugchecking> or <https://getyourdrugtested.com/>
- ♥ Carry naloxone – visit [www.naloxonetraining.com](http://www.naloxonetraining.com) for a training refresher







# HEALTH & WELLNESS

604-794-7927 or INTAKE CELL 604-991-0030

## Choose the Right Car Seat for your Child

As children grow and change, the type of protection system required also changes.

### Less than 1 year old

Until 1 year of age your child must use a rear-facing child car seat when traveling in a car, van or truck.

Rear-facing child car seats support and protect the child's head and spine in the event of a crash. A rear-facing child seat must never be used in a front passenger seating position that has an active air bag. Death or serious injuries can occur if the air bag inflates.

### 1-4 years old

Keep your child in a rear-facing child car seat as long as possible and avoid moving your child forward-facing too soon. A rear-facing child seat that is appropriate for their weight and height decreases the chance of your child being injured.

If your child is between 1 and 4 years old, you have more choices for the type of child car seat to use. The best protection for your child in this stage depends mostly on your child's weight

### 4-9 years old

If your child is between 4 and 9 years old, the type of restraint system that will provide the most protection depends on the child's weight and height.

### Over 9 years old

Although the law allows children over 9 years old to use the seat belt, the best protection for your child depends on their height.

**Do you need a car seat for your child? Learn more about car seats by visiting the link below.**

**\*Cheam Members can get a free car seats**

**Contact: Cori Victor, 604-794-7927,  
Cori.victor@cheamhealth.com**

**<https://www.bcaa.com/community/child-car-seat-safety#name>**

**Note: Did you know that American car seats are not approved for use in Canada? Canada has different rules and states for car seats.**



# Free Food Programs in Chilliwack



Last Updated November 2021



## Free Food Programs in Chilliwack

	Program Name	Program description	Hosting Organization(s)	Who this is for	How to access / contact
Pick Up	Starfish Backpack Program	Bi-weekly food hampers for families through the schools	Chwk Community Services, Chwk School District, Salvation Army	Families of school aged children in the Chilliwack School District (elementary to high school)	Through school staff Email Jane jane_ullyot@sd33.bc.ca
	Salvation Army Pantry	Self selection hamper program	Chilliwack Salvation Army	anyone	Walk in only, 45746 Yale Road Daily visits allowed M-F 10-12; 1-4
	Salvation Army Food Bank	Monthly hamper program	Chilliwack Salvation Army	anyone	Call for appointment M-F 9-12; 1-3 Main office 604 792 0001
	Food Closet	Basic dry food items up to 6X per calendar year	Sardis Community Church	Anyone living in Sardis	Walk in 45625 S Sumas Rd M-Th 8:30-2:30 Or call main office 604-858-7191
	Hands Up Chilliwack!	Meal kit ingredients, recipes, & virtual cooking demonstrations	Chilliwack Bowls of Hope Society	Families of school aged (elementary and high school) children (delivery available)	Agency or self referral Email Cindy cindy.waters@chilliwackbowlssofhopeco.com
	Cyrus Centre Youth Hampers	Bi-weekly food hampers for youth	Chilliwack Cyrus Centre (satellite location of the Salvation Army Foodbank)	Youth 24 years old and under	Walk in to register for the program during resource centre hours 12-8pm 7 days/week 45845 Wellington Ave
	Basics for Babies	Baby food, formula, and supplies	Sardis Doorway for Mothers and Children	infants & toddlers up to 6x per calendar year living in Sardis	Call or email Karin 604-819-6556 sardisdoorway@shaw.ca
	Meadow Rose Baby supplies	Baby food, formula and anything babies need	Meadow Rose Society	Children 3 and under, 2 visits per month	Walk in 45789 Spadina Ave T, W, Th 11-1 Or call 604-392-1133
	Chilliwack Community Cupboard	Food, clothing, and other household items available to Chilliwack families at no charge	Chilliwack Community Cupboard Society	Chilliwack families with children under the age of 19	Contact <a href="mailto:chilliwackcommunitycupboard@gmail.com">chilliwackcommunitycupboard@gmail.com</a> or 604-845-3367
	Community Dinner	Dinner Take Out	Ruth and Naomi's Mission	Anyone	Open once a week: 9:30-11:30 Thursdays Walk in only 46129 Princess Ave 7 days/week 6-7pm
Delivery	Soup Kitchen	Lunch Take Out	Chilliwack Salvation Army	Adults only	Walk in only 45746 Yale Road M-F 12-1
	Feed the Children	Hot, nutritious lunch delivered to schools	Chilliwack Bowls of Hope Society	School aged (elementary and high school) students in need in Chilliwack Public School District	Speak to staff at your school so they can email Ted ted.kim@chilliwackbowlssofhopeco.com
	Cyrus Centre Youth Meals	Packaged meals (lunch, snacks and dinner; breakfast Tues & Thurs)	Chilliwack Cyrus Centre	Youth 24 years old and under	Walk in only 45845 Wellington Ave 7 days/week
	Seniors Grocery Program	Free groceries weekly to low-income seniors	Chilliwack & District Seniors Resources Society	Seniors	Agency or self referral Email Kelly director@cdsrs.ca
	Wilma's Transition Society	Hampers and meals (fresh and frozen options), other needs met	Wilma's Transition Society	anyone	Agency or self referral Call 604-824-0939 Ask for Erin

There are multiple funding partners supporting these programs, please contact individual programs for more details.

- There is also the Food Warehouse behind the Salvation Army in Chilliwack on Yale Road. Warren Schatz is the contact person. [warrens@salvationarmychilliwack.ca](mailto:warrens@salvationarmychilliwack.ca).





# HEALTH & WELLNESS



First Nations Health Authority  
Health through wellness

## MENTAL HEALTH AND WELLNESS TOOLKIT FOR COVID-19

### Managing Anxiety

#### LEARN ABOUT ANXIETY

Due to the COVID-19 pandemic, many people are facing challenges and stress. Anxiety is a normal reaction to stressful situations and is how our mind and body prepare us to handle that stress. Understanding how anxiety affects us is an important first step in managing our anxious responses.

When we feel anxious, we often notice physical symptoms, such as body pains or sweaty palms. We may feel nervous or irritable. The Anxiety Profile shown below describes how anxiety shows up in our bodies, thoughts, behaviours and moods.

#### THE ANXIETY PROFILE

(adapted from Mind Over Mood, First Edition)

##### ■ MOODS

- Anxiety can make us feel nervous, cranky, anxious and/or panicky

##### ■ PHYSICAL REACTIONS

- Sweaty palms
- Body pain
- Racing heart
- Flushed cheeks
- Feeling dizzy

##### ■ BEHAVIOURS

- Avoiding situations where anxiety might occur
- Leaving situations when anxiety begins to occur
- Trying to do things perfectly or trying to control events to prevent danger
- Being mean or passive aggressive towards others (lateral violence)

##### ■ THOUGHTS

- Feeling like danger is everywhere
- Feeling like you can't cope
- Feeling like no help is available
- Worrying and focusing on worst-case scenarios



# HEALTH & WELLNESS



First Nations Health Authority  
Health through wellness

## Mental Health and Wellness Supports



The FNHA and other organizations provide culturally safe and trauma-informed cultural, emotional, and mental health services to Indigenous people in BC.

### SUPPORT AVAILABLE 24 HOURS A DAY

- **HOPE FOR WELLNESS HELP LINE** offers immediate mental health counselling and crisis intervention by phone or online chat to all Indigenous people across Canada. Call toll-free 1-855-242-3310 or start a confidential chat with a counsellor at [hopeforwellness.ca](https://hopeforwellness.ca).
- **INDIAN RESIDENTIAL SCHOOL CRISIS LINE** is a national service for anyone experiencing pain or distress as a result of their residential school experience. Call toll-free 1-866-925-4419.
- **KUU-US CRISIS LINE SOCIETY** provides crisis services for Indigenous people in BC. Adults/Elders line 250-723-4050; children/youth line 250-723-2040. Or call toll free 1-800-588-8717. Learn more at [www.kuu-uscrisisline.com](https://www.kuu-uscrisisline.com).
- **MÉTIS CRISIS LINE** is a service of Métis Nation British Columbia. Call 1-833-MétisBC (1-833-638-4722).

### OTHER CULTURALLY-SAFE SUPPORTS

- **FIRST NATIONS VIRTUAL DOCTOR OF THE DAY** provides virtual health care and referral support for people who do not have a doctor or are unable to get an appointment. It is for all First Nations people living in BC and their family members, including family members who are not Indigenous. Doctors are available by video or phone from 8:30 a.m. to 4:30 p.m. every day. Call 1-855-344-3800 to book an appointment. Learn more at [fnha.ca/virtualdoctor](https://fnha.ca/virtualdoctor).
- **INDIAN RESIDENTIAL SCHOOL SURVIVORS SOCIETY (IRSSS)** is a partner with the FNHA in providing access to counselling, cultural and emotional support services to former students of residential and day schools in BC, and their families, regardless of status. Call toll-free 1-800-721-0066 or visit [www.irsss.ca](https://www.irsss.ca).
- **TSOW-TUN LE LUM SOCIETY** provides confidential outreach services in BC, such as counselling, cultural supports and personal wellness programs. Call toll-free 1-888-403-3123 or visit [www.tsowtunlelum.org](https://www.tsowtunlelum.org).
- **VIRTUAL SUBSTANCE USE & PSYCHIATRY SERVICE** is an FNHA service providing virtual specialist support in addictions medicine and psychiatry to First Nations people in BC and their family members. This service requires a referral from a health and wellness provider. The first Nations Virtual Doctor of the Day provides referral support for anyone who does not have a provider

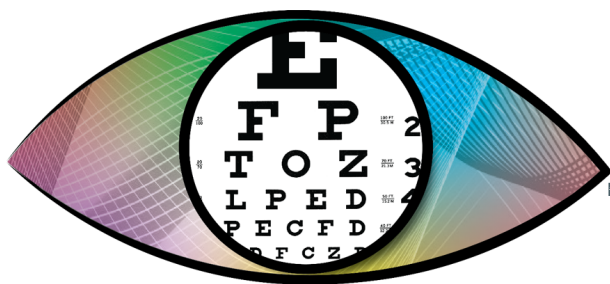


# HEALTH & WELLNESS

## SERVICES COVERED BY FIRST NATIONS HEALTH BENEFITS

- **INDIAN RESIDENTIAL SCHOOLS RESOLUTION HEALTH SUPPORT PROGRAM** provides access to cultural supports and mental health counselling for former students of Indian Residential Schools. The program is available to anyone who attended a school listed in the 2006 Indian Residential School Settlement Agreement, and their family members. Call the FNHA Indian Residential Schools Information Line toll-free at 1-877-477-0775.
- **MENTAL HEALTH AND WELLNESS COUNSELLING IN BC** may be eligible for Health Benefits coverage. Many providers are registered to bill Health Benefits directly for services so clients do not have to pay out of pocket. Before booking an appointment with a counsellor, call 1-855-550-5454 or visit [fnha.ca/benefits](http://fnha.ca/benefits) to check if they are registered and if the service is eligible for coverage.
- **MISSING AND MURDERED INDIGENOUS WOMEN AND GIRLS HEALTH SUPPORT SERVICES** is a national program administered in BC by First Nations Health Benefits. Services are available to survivors, family members and others who have been affected. Call Health Benefits toll-free 1-855-550-5454 for more information.

## Seabird Eye Clinic



**December 1 & 2**

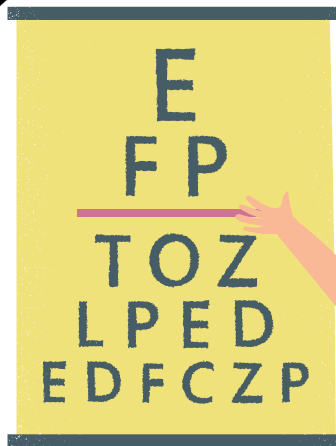
9am-520pm

Please contact your CHR or

Amanda Peters @ 604-796-2177

Adults eligible for eye exams once every 2 years

0-18 eligible once a year





## HEALTH & WELLNESS

### Mental Health & Wellness Resources

#### **KUU-US Crisis Services**

**(24/7 telephone support)**

**1-800-KUU-US17 (1-800-588-8717)**

**1-833-MÉTIS-BC (1-833-638-4722)**

**Child/Youth: 1-250-723-2040**

#### **Fraser Health START Team**

**Mental health crisis assessment and intervention for youth aged 6 to 18**

**1-844-START11 (1-844-782-7811)**

**Mon-Fri: 9am to 9pm**

**Weekends/Holidays: Noon to 9pm**

#### **Kids Help Phone**

**(24/7 telephone and text support)**

**Professional counselling, information and referrals for youth**

**1-800-668-6868 or**

**Text "First Nations" "Metis" or "Inuit" to: 686868**

#### **Foundry**

**Health and wellness supports, services and resources for youth aged 12 to 24**

**In-person: <https://foundrybc.ca/get-support/find-a-centre/>**

**Virtual: <https://foundrybc.ca/virtual/>**





# HEALTH & WELLNESS

## CHEAM DUDES CLUB

Join the brotherhood to support men's mental health and wellness by becoming a part of Cheam's Dudes Club.

### What is Dudes Club?

Dudes Club is a safe space for men to come together in brotherhood to talk about guy stuff. Based on Indigenous teachings, Dudes Club uses trained facilitators, cultural activities and community building to make it easier for men to talk about what's bothering them and work towards overall wellness.

With the help of Elders, we will learn culture and traditions- and just how to be DUDES. All we ask of you is to bring an open mind and leave your armour at the door.



Dudes Club is open to all men (including those who identify as men) in the Community and will run Thursdays from 4-6 pm starting in September; the exact location is to be determined. If you're interested in being a part of this men's group or want more information, contact our Wellness Advocate, Ray at [ray.hartt@cheamband.com](mailto:ray.hartt@cheamband.com) or 604-991-9610.

## DUDES CLUB CORE VALUES



### Relationships

We prioritize work together that begins with, and builds towards, strong relationships, with: Self, Peers, Family, Community, Elders, and the Land.



### Journey

We recognize that to be effective and sustainable in the long term, this must be patient, and sometimes slow, work. The concept of 'Seven Generations' also reminds us to think beyond immediate needs, and that healing is a process that happens over time, not a quick fix.



### Sanctuary

Our work depends on trust, and happens within a context of non-judgmental, inclusive, compassionate, respectful, culturally safe spaces.



### Brotherhood

We recognize that reclaiming, redefining, and decolonizing ideas of what it is to be a 'man' is essential, and that this is a process that men must undertake to support each other. Healthy, authentic, humble, courageous masculinities are core to our work.

### Two-Eyed Seeing

To move forward in a good way towards men's wellness we must balance the strengths of both Indigenous and western ways of knowing, ensuring our clubs are places of Cultural Safety, where Dudes can reconnect to their heritage and family, through storytelling and sharing. "In a good way", whereby the work undertaken is a sacred endeavor, connected to ceremony and ancestral wisdom, and contributes to healing.





## HEALTH & WELLNESS

# The voice of youth is the voice of change.

Put your experience,  
values, and views about  
health and wellness  
into action.

Join the

# Fraser Salish Youth Council



FRASER SALISH REGION  
First Nations Health Authority

*Many fish,  
same water...  
your voice matters!*

Contact [Katelyn.Moon@fnha.ca](mailto:Katelyn.Moon@fnha.ca)



# FLOOD/EMERGENCY RESOURCES



## ARCHWAY EMERGENCY RESPONSE TO FLOODING

In response to the floods which are devastating so many households in Abbotsford over the past three days, Archway Community Services (in partnership with numerous community organizations) is providing the following new supports/initiatives:

- Distributing a growing number of emergency food hampers to individuals, families and children impacted by flooding and pushed to the brink of food insecurity (Food Bank)
- Sourced and provided a pallet of drinking water to non-evacuated farmers surrounded by water yet without access to potable water (Food Bank)
- Coordinating food donations for 148 temporary farm workers displaced by flooding (Legal Advocacy for Agricultural Workers)
- Delivering fresh food and prepared meals to seniors already dealing with loneliness & isolation and now further threatened by the effects of flooding (Meals on Wheels)
- Reaching out to local Indigenous communities (Sumas Nation, Matsqui Nation, Xyolhemeylh) to determine / assist with their needs during flooding (Counselling, Children, Youth & Family Services)
- Offering walk-in counselling for youth (Foundry)
- Providing clothing for youth affected by the flood (Youth Resource Centre)
- Fast tracked the opening of a daytime Drop-in Centre for unhoused and unsheltered individuals (Housing & Homelessness)
- Investigating the provision of activities/resources for children, youth & families currently & indefinitely displaced from their homes and accessing Emergency Support Services (Best For Babies & CCRR)
- Confirming an alternate location for the 9<sup>th</sup> Annual Archway Food Bank "Toys for Tots" Christmas Breakfast. This community event raises approx. 2000 toys and \$40,000+ for Archway Christmas Bureau but is displaced as our sponsor location is under water. We're trying to secure a workable site, traffic flow permits, a cast of hundreds of volunteers and pivot messaging in time for the event next week (Toys for Tots)
- Addressing no access and water damage to our own Recycling Plant, Drop-off & Education Centre due to completely flooded roads and property (Abbotsford Mission Recycling Program)
- Additionally, we are offering support to many our own staff who, themselves, have been evacuated from their homes, are dealing with the damages of the flood, or are cut off from work and/or their own homes due to road closures.

Tomorrow, we'll see what other needs arise and how we can respond as an organization and community. If you would like to provide support to Archway Community Services' emergency response efforts, you can donate here: [archway.ca/donate/flood/](https://archway.ca/donate/flood/).



# FLOOD/EMERGENCY RESOURCES



FRASER SALISH REGION

First Nations Health Authority

## Resource Guide: Who is Who?

### EMERGENCY MANAGEMENT BC (EMBC)

Emergency Management BC, or "EMBC", is BC's lead coordinating agency for all emergency management activities. They work with local governments, First Nations, federal departments, non-government organizations, and volunteers. Their overall purpose is to "increase life, safety, and resiliency for individuals and communities".

EMBC aims to reduce the consequences of emergency events by providing support and leadership to local authorities. During an emergency, EMBC activates a Provincial Regional Emergency Operation Centre (PREOC) where they:

- Coordinate multi-jurisdictional response activities and deployment of critical resources
- Provide advice to local authorities
- Provide public information in cooperation with local authorities/provincial ministries
- Facilitate information sharing between impacted local authorities, provincial ministries and stakeholder agencies
- Liaise with critical infrastructure owners in the area
- Provide situational reports to the Provincial Emergency Coordination Centre

Emergency Management BC (EMBC)

<https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/emergency-response-and-recovery/emergency-evacuees>

### EMERGENCY SUPPORT SERVICES (ESS)

Emergency Support Services, or "ESS", delivers services locally, including evacuee registration. In addition, they can provide vouchers for temporary accommodations, incidentals (such as soap, toothpaste), food and meals.

#### RECEPTION CENTRES

ESS sets up designated locations called "Reception Centres" where you can go to register, receive information about the emergency, get help to meet your needs and other services.

It is important to go to a designated location in order to access supports. Currently designated locations include:

#### Abbotsford

Abbotsford Tradex  
1190 Cornell St  
Hours: Open 24 hours

#### Chilliwack

Landing Sports Centre  
45530 Spadina Avenue  
Hours: Open 24 hours

#### Hope

Hope Secondary School  
444 Stuart Street  
Hours: Open 24 hours

***\*Please note\* location and hours of operation may change based on current situations***

Emergency Support Services (ESS)

<https://www2.gov.bc.ca/gov/content/safety/emergency-management/local-emergency-programs/ess>

### FIRST NATIONS HEALTH AUTHORITY (FNHA)

The First Nations Health Authority (FNHA) plans, designs, and manages the delivery of First Nations health programs across BC.

FNHA has staff available to assist relocated individuals and families with system navigation and connecting to services and resources to support health and wellness during this difficult transition period. You can learn more about our services at: <https://www.fnha.ca/what-we-do/environmental-health/environmental-public-health>





# FLOOD/EMERGENCY RESOURCES



FRASER SALISH REGION

First Nations Health Authority

## Resource Guide: Supports

### FNHA SYSTEM SUPPORT LINE [system.support@fnha.ca](mailto:system.support@fnha.ca)

### HEALTH CARE

#### FNHA Virtual Doctor of the Day

1-855-344-3800

*Prescription refills, access medical support and Virtual Substance Use and Psychiatry Service.*

7 days a week from 8:30am – 4:30 pm

#### FNHA Health Benefits

1-855-550-5454

*To access health benefits such as: pharmacy, pregnancy and infant care, medical supplies, and medical transportation.**Health Benefits can also put you in touch with mental health providers for counselling.*

### MENTAL HEALTH AND CRISIS SUPPORT LINES

#### Indian Residential School Survivors Society:

1-604-985-4464 or toll-free 1-800-721-0066

#### KUU-US Crisis Line Society: 1-800-588-8717

*Indigenous crisis line in BC. Available 24 hours a day*

#### Tsow-Tun Le Lum Society: 1-888-403-3123

*For counselling and cultural support*

#### Indigenous Text Line

Text "First Nations" "Metis" or "Inuit" to:

68 68 68 (youth) or;

741 741 (adults)

#### Hope for Wellness Line

1-855-242-3310 or;

online chat at:

[chat.fn-i-hopeforwellness.ca](http://chat.fn-i-hopeforwellness.ca)

#### Suicide Prevention Center

1-800-SUICIDE

#### Mental Health Support Line

### MENTAL HEALTH AND WELLNESS

*Navigation services including treatment, harm reduction, virtual psychiatry services, counselling, and/or traditional wellness:***Sierra Kortenbach:** Regional Mental Health and Wellness Liaison

Mobile: 778-684-2289

[Sierra.Kortenbach@fnha.ca](mailto:Sierra.Kortenbach@fnha.ca)**Tracey Jirak:** Harm Reduction Coordinator

Mobile: (604) 319-3979

[Tracey.Jirak@fnha.ca](mailto:Tracey.Jirak@fnha.ca)**Mehrdad Ghafouri:** Harm Reduction Coordinator

Mobile: (778) 554-9140

[Mehrdad.Ghafouri@fnha.ca](mailto:Mehrdad.Ghafouri@fnha.ca)

### WELLNESS SYSTEMS NAVIGATORS

*Assist individuals to navigate the health care system, connect to and access services, and link with appropriate health, wellness and social services***Marilyn Dalton:**

778-684-1728

[Marilyn.Dalton@fnha.ca](mailto:Marilyn.Dalton@fnha.ca)**Nardia Brown:**

604-831-2651

[Nardia.Brown@fnha.ca](mailto:Nardia.Brown@fnha.ca)**Jennifer Kazun (Charchun):***Children, Youth and Families*

778-347-3538

[Jennifer.Charchun@fnha.ca](mailto:Jennifer.Charchun@fnha.ca)

### WELLNESS SYSTEMS QUALITY CARE COORDINATOR

*Works with individuals to bring forward stories or experiences that require attention. Connects to resources to support healing through transparent and accountable documentation and resolution of issues:***Deanna Rabeneck:** 604-250-2385[Deanna.Rabeneck@fnha.ca](mailto:Deanna.Rabeneck@fnha.ca)



# FLOOD/EMERGENCY RESOURCES

## Fraser Health Resource Guide

<b>Flood Emergency Support Numbers</b>	<b>ESS Information Centre:</b> <ul style="list-style-type: none"> <li>Evacuees, responders and suppliers can call 1-800-585-9559</li> </ul> <b>For Chilliwack:</b> <ul style="list-style-type: none"> <li>General inquiries, evacuees can call: <b>City Hall 604-792-9311</b> (available 830-1630)</li> </ul> <b>For Abbotsford:</b> <ul style="list-style-type: none"> <li>Evacuees with questions can call the <b>Public Information Line at 604-864-5688</b></li> </ul> <b>For Harrison/Hope/Kent:</b> <ul style="list-style-type: none"> <li>If you would like to report an incident or need assistance please call the Emergency Operations Centre at <b>778-704-0400</b></li> </ul>
<b>First Nations and Métis Support</b>	<b>Aboriginal Health Liaison Line</b> <b>1-866-766-6960</b>  <b>Aboriginal Mental Health Liaison Services</b> <b>Surrey: 778-288-6043</b> <b>Abbotsford/Mission: 604-814-5601</b> <b>Chilliwack: 604-702-4860 ext 614894</b> <b>Hope/Agassiz: 604-860-3114</b> <b>Maple Ridge/Coquitlam area: 604-652-4610</b>  <b>Elders in Residence: 1-236-886-6743</b>  <b>First Nations Health Authority Wellness System Navigation: 604-743-0635</b> or email at <a href="mailto:systems.support@fnha.ca">systems.support@fnha.ca</a> . (Leave a voice message for a prompt response.)  <b>First Nations Health Authority Fraser Salish Regional Office: 604-410-1513</b>  <b>KUU-US Crisis Line Society</b> <b>Adults/Elders: 250-723-4050</b> <b>Child/Youth: 250-723-2040</b> <b>Toll free: 1-800-588-8717</b> <b>Métis Line: 1-833-MétisBC</b>  <b>First Nations Virtual Doctor of the Day: seven days a week from 8:30 a.m. to 4:30 p.m. at 1-855-344-3800</b>
<b>Medications</b>	Visit any pharmacy and speak to the pharmacist for information regarding access to emergency supply of medications you may need without seeing a physician or nurse practitioner.  For free advice about medications during the evening, call <b>8-1-1</b> to speak to a pharmacist from 5:00 p.m. to 9:00 a.m.
<b>Doctor/Nurse Practitioner</b>	If you need immediate emergency care, please go to the nearest emergency department:  <ul style="list-style-type: none"> <li>Abbotsford: 32900 Marshall Rd, Abbotsford, BC V2S 0C2</li> </ul>





# FLOOD/EMERGENCY RESOURCES

	<ul style="list-style-type: none"> <li>Surrey: 13750 96 Ave, Surrey, BC V3V 1Z2</li> <li>Burnaby: 3935 Kincaid St, Burnaby, BC V5G 2X6</li> <li>Fraser Canyon: 1275 7th Ave, Hope, BC V0X 1L4</li> <li>Chilliwack General Hospital: 45600 Menholm Rd, Chilliwack, BC V2P 1P7</li> </ul> <p>If your need is not an emergency, you need to speak to a physician or nurse practitioner:</p> <ul style="list-style-type: none"> <li>Abbotsford Urgent and Primary Care Centre: 2692 Clearbrook Rd, Abbotsford, BC V2T 2Y8, (604) 870-3325</li> <li>Surrey Newton Urgent and Primary Care Centre: 6830 King George Blvd, Surrey, BC V3W 4Z9, (604) 572-2625</li> <li>Chilliwack Primary Care Clinic: 45600 Menholm Rd, Chilliwack, BC V2P 1P7, (604) 702-2850</li> </ul>
<b>Virtual Care</b>	<p>If you need to speak with a registered nurse and cannot contact your doctor/care provider:</p> <ul style="list-style-type: none"> <li>Fraser Health Virtual Care (10:00am to 10:00pm, 7 days a week): 1-800-314-0999</li> <li>Web chat link: <a href="https://www.fraserhealth.ca/patients-and-visitors/fraser-health-virtual-care">https://www.fraserhealth.ca/patients-and-visitors/fraser-health-virtual-care</a></li> <li>Health Link BC at 8-1-1</li> </ul>
<b>Mental Health and Substance Use (MHSU) Clients</b>	<p>For support to adult (19+) residents experiencing mental illness, and substance issues:</p> <ul style="list-style-type: none"> <li>Abbotsford Mental Health and Substance Use Centre: 11-32700 George Ferguson Way, 604-870-7800</li> <li>Agassiz Mental Health Centre: 7243 Pioneer Avenue, 604-793-7161</li> <li>Hope Mental Health Centre: 1275A 7th Avenue, 604-860-7733</li> <li>Surrey Mental Health Centre: 1100-13401 108th Avenue, 604-953-4900</li> <li>Chilliwack Mental Health and Substance Use Centre: 45470 Menholm Road, V2P 1M2</li> </ul> <p>For support to individuals who are experiencing substance use and addictions issues:</p> <ul style="list-style-type: none"> <li>Alcohol and drug information and referral service: 604-660-9382</li> <li>Abbotsford Addictions Centre: 202-31943 South Fraser Way</li> <li>Agassiz Harrison Community Services: 7086 Cheam Avenue</li> <li>Hope and Area Transition Society: 400 Park Street</li> <li>Pacific Community Resources: 45921 Hocking Ave, Chilliwack, BC V2P 1B5, (604) 795-5994</li> </ul> <p>To find out which substance use (addictions) services are right for you, call:</p> <ul style="list-style-type: none"> <li>B.C. Alcohol and Drug Information and Referral Service: 1-800-663-1441 or 604-660-9382</li> </ul> <p>Fraser Health crisis line: 604-951-8855 or 1-877-820-7444</p> <p><b>Indigenous specific supports:</b></p> <ul style="list-style-type: none"> <li>Aboriginal Health Liaison Line: 1-866-766-6960</li> <li>FNHA Wellness System Navigators: 604-743-0635 or email at <a href="mailto:systems.support@fnha.ca">systems.support@fnha.ca</a>. (Leave a voice message for a prompt response.)</li> <li>FNHA First Nations Virtual Substance Use and Psychiatry Service: 1-833-456-7655</li> <li>FNHA Mental Wellness and Counselling (Health Benefits): 1-855-550-5454</li> <li>KUU-US Crisis Line: 1-800-KUU-US-17 (1-800-588-8717)</li> </ul>



# FLOOD/EMERGENCY RESOURCES

<b>Harm Reduction</b>	<p>Harm Reduction supplies can be accessed through Public Health Units and community distribution sites</p> <p><a href="https://www.fraserhealth.ca/health-topics-a-to-z/mental-health-and-substance-use/harm-reduction/get-new-sterile-supplies">https://www.fraserhealth.ca/health-topics-a-to-z/mental-health-and-substance-use/harm-reduction/get-new-sterile-supplies</a></p> <p><a href="https://towardtheheart.com/site-finder">https://towardtheheart.com/site-finder</a></p>
<b>Home Health/Seniors Care</b>	<p>For general information on Home Health Care or Senior Care: <b>1-855-412-2121</b>. They can:</p> <ul style="list-style-type: none"> <li>- Redirect you to the appropriate home health office</li> <li>- Provide assistance with surgical wounds or other nursing care</li> <li>- Help with bathing, using the toilet, grooming, and medications</li> <li>- Rehabilitation after a hospital stay</li> <li>- Short-term borrowing of a walker, wheelchair, or other equipment</li> </ul> <p>If you were receiving health care or personal care services in your home, please call the Home Health Service Line if you need services while in Fraser Health. If you have medical equipment needs (walker, wheelchair), you can also call this phone number</p>
<b>Public Health and Maternity Care</b>	<p>To book an appointment (immunizations, dental fluoride or prenatal breastfeeding classes):</p> <ul style="list-style-type: none"> <li>- Residents of Fraser East (Mission, Abbotsford, Chilliwack, Agassiz and Hope): <b>604-702-4906</b>.</li> <li>- Residents in any other area of Fraser Health: <b>604-476-7087</b></li> </ul> <p>Information regarding specific Public Health Units can be found at:  <a href="https://www.fraserhealth.ca/service-directory/services/public-health-services/public-health-unit">https://www.fraserhealth.ca/service-directory/services/public-health-services/public-health-unit</a></p>
<b>COVID-19</b>	<p><b>Testing</b>  If you develop cold, flu or COVID-19-like symptoms, you need to self-isolate and get tested for COVID-19. Information on testing and getting a vaccine:</p> <ul style="list-style-type: none"> <li>• Fraser Health's COVID-19 online appointment booking website at <a href="https://fraserhealth.secureform.ca">fraserhealth.secureform.ca</a></li> <li>• Fraser Health's COVID-19 phone line, seven days a week from 8:30 a.m. to 4:30 p.m. at 1-604-587-3936</li> <li>• Walk-in COVID-19 test appointments at the following locations:  <i>(Online appointment booking is preferred.)</i></li> </ul> <p><b>Vaccination:</b>  To book a vaccination appointment, visit:  <a href="https://www2.gov.bc.ca/gov/content/covid-19/vaccine/register">https://www2.gov.bc.ca/gov/content/covid-19/vaccine/register</a></p> <p><b>Drop in clinics:</b> <a href="https://www.fraserhealth.ca/vax">www.fraserhealth.ca/vax</a></p> <p><b>COVID-19 Test Results</b>  Access COVID-19 test result by phone, text or online by contacting one of the following: (Find more COVID-19 <a href="#">test</a> result information at <a href="https://fraserhealth.ca">fraserhealth.ca</a>.)</p> <ul style="list-style-type: none"> <li>• <u>Get test results by phone:</u> Clients can call the BCCDC COVID-19 Test Result line seven days a week from 8:30 a.m. to 4:30 p.m. at 1-833-707-2792.</li> </ul>



# FLOOD/EMERGENCY RESOURCES

- Get test results by text: Sign up for a text message by having your Personal Health Number and mobile device handy and filling in a webform. Visit [results.bccdc.ca](https://results.bccdc.ca) for more information.
- Get test results online: Register for online results with Health Gateway at [gov.bc.ca/healthgateway](https://gov.bc.ca/healthgateway) to receive a text or email message as soon as results are available.

## Positive COVID-19 Cases

If you receive a positive COVID-19 result, you will be contacted by Public Health. They will provide you with instructions and necessary supports. While waiting, you will need to remain self-isolated. You can find self-isolation resources at [www.fraserhealth.ca](https://www.fraserhealth.ca) under COVID-19 shareable resources on [self-isolation](#).

## Social supports during self-isolation

Contact public health to make a referral if your client requires social support during self-isolation. Contact public health Monday to Friday, from 8:00 a.m. to 4:00 p.m. at 1-604-860-7631. A limited number of cell phones are available to clients who require a cell phone.

## Indigenous Clients requiring social supports during isolation

Contact the FNHA to connect Indigenous clients with the Wellness Systems Navigators who can connect Indigenous clients to a wide range of wrap around, culturally specific supports: 604-693-6500 or 1-866-913-0033

## Emergency Info

EmergencyInfoBC Advisories  
<https://www.emergencyinfobc.gov.bc.ca/>

BC Emergency Management  
<https://www2.gov.bc.ca/gov/content/safety/emergency-management>

## Notes for Staff

### DIRECTION FOR HEALTHCARE STAFF:

#### *Housing supports during self-isolation*

Contact the following to make a referral if your client needs housing support while isolating:

**Public Health in Hope**  
M to F, from 8 a.m. to 4 p.m.  
604-860-7631

**First Nations Health Authority**  
– support to Indigenous clients -  
Wellness System Navigators  
Phone: 604-743-0635 (leave  
voicemail for prompt response)  
Email: [systems.support@fnha.ca](mailto:systems.support@fnha.ca)



# XWCHÍYÒ:M

## INTERNAL JOB OPPORTUNITIES



## Come Work With Us!

TO APPLY TO ANY OF THE JOBS LISTED BELOW, PLEASE VISIT OUR WEBSITE, APPLY ON INDEED.CA OR DROP OFF YOUR RESUME AT THE BAND OFFICE.

HEALTH AND WELLNESS EXECUTIVE ASSISTANT

ADULT IN-HOME CARE WORKER

SOCIAL DEVELOPMENT & EDUCATION CLERK (SASET CONTRACT)

GENERAL MAINTENANCE WORKER (SASET CONTRACT)

GENERAL MAINTENANCE WORKER

PEACEKEEPER/PEACEOFFICER (FULL TIME)

WELLNESS ADVOCATE (HOURS VARY)

HUMAN RESOURCES ADVISOR

CUSTODIAN/FACILITY MAINTENANCE

SHELTER SUPPORT WORKER

SOCIAL DEVELOPMENT & EDUCATION COORDINATOR

FUNDING ASSISTANT

PROJECT MANAGER

COMMUNICATIONS SPECIALIST

EXECUTIVE ASSISTANT – CHEAM ENTERPRISES INC. (FULL TIME)





# EDUCATION/JOB TRAINING



## EARLY CHILDHOOD EDUCATION AND CARE ONLINE CERTIFICATE PROGRAM

Get ready for a rewarding career, where you can work with children and make a difference as they grow, learn and develop. Learn from instructors who care about your success, and prepare you for a growing number of positions in the job market.

### CAREER OPPORTUNITIES

Graduates are in demand to work in early years programs such as Group Care, Strong Start, Aboriginal Head Start, Supported Child Development, Preschool, Child Care Resource and Referral, and Child and Family Service Agencies.

### PROGRAM DATES:

January 2022 to April 2023

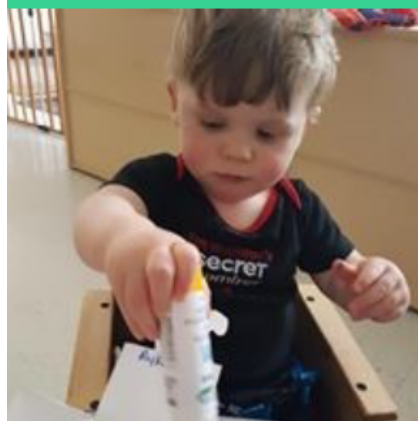
Four (4) courses per term

Work-based practica may be possible (\*conditions apply).

### TO APPLY

Contact Miranda MacCallum ([Miranda.MacCallum@viu.ca](mailto:Miranda.MacCallum@viu.ca), 250-753-3245 ext. 2584). For more information about the program, contact Program Chair Ocean Kneeland ([Ocean.Kneeland@viu.ca](mailto:Ocean.Kneeland@viu.ca)).

[viu.ca/apply](https://viu.ca/apply)



Vancouver Island University, Nanaimo Campus

900 Fifth Street Nanaimo, BC V9S 5S5  
[hhs.viu.ca/early-childhood-education](https://hhs.viu.ca/early-childhood-education)



# EDUCATION/JOB TRAINING



## Early Childhood Education and Care Online Certificate Program (2022—2023)

### The Program

The Early Childhood Education and Care Certificate (ECEC-C) program provides students with the knowledge and skills to work with young children and their families in licensed child care settings. Students progress through a series of courses and practica designed to integrate theoretical learning, self awareness, and practical experience in becoming an Early Childhood Educator.

This ECEC Certificate program, starting January 2022, will be offered online with both synchronous and asynchronous courses. Work-based practica may be available to qualifying students.

### Career Opportunities

Graduates are in demand to work in early years programs such as Group Care, Strong Start, Aboriginal Head Start, Supported Child Development, Preschool, Child Care Resource and Referral, and Child and Family Service Agencies.

### Start Date and Application Deadline

The program starts on **January 6, 2022**. Applications will be accepted from October 22nd to December 10th, 2021 by applying online through Education Planner BC ([viu.ca/apply](https://viu.ca/apply)) or by completing and submitting an Application for Admission Form.

### Admission Requirements

- [General admission requirements](#) apply.
- English 12 with a minimum "C" grade, or equivalent.
- Resume describing education and employment history.
- Two letters of reference, completed on a University Reference Form from persons other than relatives. Ideally one of the letters of reference will document completion of 60 hours in a licensed child care facility. If no such work has been completed, two character references will be acceptable.
- Group Interview (by zoom) with Program Chair.

### Practicum Requirements

- Submission of a satisfactory criminal record check is required prior to placement in an ECEC practicum.
- Hold a valid first aid and CPR certificate from a course that meets licensing requirements.

### Financial Assistance

Financial assistance may be available to students demonstrating financial need. Information on loans, grants, scholarships, awards, tuition bursaries and general bursaries are available online at [viu.ca/financialaid](https://viu.ca/financialaid) or call 250.740.6423. Applications should be made as soon as possible. Please visit [viu.ca/financialaid](https://viu.ca/financialaid) for more information.



# EDUCATION/JOB TRAINING



## Early Childhood Education and Care Online Certificate Program (2022-2023)

### Program Outline:

#### Semester (January–April 2022)

ECEC 120 Principles and Practices of Guiding and Caring  
ECEC 150 Interpersonal Communication: Theory and Practice  
ECEC 170 Program Planning: Development Through Play  
ECEC 110 Child Development I

#### Intersession (May–August 2022)

ECEC 133 Practicum I  
ECEC 171 Program Planning: Creative Expression  
ECEC 130 Principles and Practices of Wellness  
ECEC 111 Child Development II

#### Fall Semester (September–December 2022)

ECEC 134 Practicum II  
ECEC 172 Program Planning: Discovering Our World  
CYC 231 An Intro to Family Development and Support  
ECEC 100 Roots and Trends of Canadian ECE Practice

#### Spring Semester (January–April 2023)

ECEC 221 Assessing and Supporting Healthy Early Development  
ECEC 211 Early Childhood Program Administration  
ECEC 270 Trend and Models in Early Childhood  
ECEC 135 Practicum III

### Completion Requirements

An overall average of “C+,” as well as “C+” grade in each of the ECEC and CYC courses is required of students in order to proceed through the ECEC program. VIU also requires completion of English 115 or equivalent in order to graduate with the ECEC Certificate from VIU. Please contact Program Chair for more details ([Ocean.Kneeland@viu.ca](mailto:Ocean.Kneeland@viu.ca)). Students should be advised that graduation does not automatically ensure certification as an Early Childhood Educator by the ECE Registry. For more details, contact the [Early Childhood Registry](https://www.eceregistry.ca/) or call Toll-free 1-888-338-6622 (in Victoria 356-6501).

### How to Apply

Students are encouraged to apply online through Education Planner BC ([viu.ca/apply](https://viu.ca/apply)) or by completing and submitting an Application for Admission Form between October 22nd and December 10th, 2021. When the Registration Centre confirms that you have been admitted, you will be advised of when and how to register and pay for your courses.

*We regret that enrolment in this program is limited. Not every student who meets or exceeds the minimum admission requirements will necessarily be admitted to the program.*

### ECEBC Bursaries

ECEBC offers an ECE Education Support Fund for qualifying students enrolled in recognized ECE post-secondary programs.

For information visit: [http://www.ecebc.ca/programs/student\\_bursary.html](http://www.ecebc.ca/programs/student_bursary.html)

### Further Information

Please visit our program website (<https://hhs.viu.ca/early-childhood-education>).

For program information, please contact ECEC Program Chair Ocean Kneeland ([Ocean.Kneeland@viu.ca](mailto:Ocean.Kneeland@viu.ca)).

For registration information, please contact Miranda MacCallum ([Miranda.MacCallum@viu.ca](mailto:Miranda.MacCallum@viu.ca)).





# EDUCATION/JOB TRAINING

**Sto:lo Aboriginal Skills & Employment Training is pleased to offer:**

## WATER DAMAGE RESTORATION TECHNICIAN COURSE



### Course Includes:

- IICRC approved; 14 IICRC CEC credits
- Science of drying: psychrometry
- 3 categories of water loss
- Important anti-microbial guidelines
- Dehumidification
- Contents restoration and cleaning methods

**December 20-22, 2021**

**If you are an Indigenous individual who:**

- Is un- or under employed
- If you are currently employed by a First Nation in the SASET catchment area working in the Maintenance or Housing line of employment
  - Resides in SASET's catchment area
- Is willing to commit to a 3-DAY ONLINE program
- Has an interest in the Restoration Industry

If so... we are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with your Employment Counsellor!



**TO APPLY PLEASE CONTACT SASET:**



604-858-3691



[www.saset.ca](http://www.saset.ca)



[info@saset.ca](mailto:info@saset.ca)



[www.facebook.com/SASET.EAS](https://www.facebook.com/SASET.EAS)

**Canada**





# Snow Removal Training



If you are an Aboriginal individual who:

- Is un- or under employed
- Resides in SASET's catchment area
- Is willing to commit to a 2-week full-time program
- Enjoys outdoor work
- Has an interest in seasonal winter maintenance work
- Is in good health and physically fit

*If you answered yes... we are presently accepting applications for this free training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with an Employment Counsellor!*

Program Start Date: November 22nd, 2021

Program End Date: December 3rd, 2021

Class Time: 8:00 am to 4:00 pm

Training will take place on-site at:

2D—7201 Vedder Rd, Chilliwack BC V2R 4G5



## Program Includes:

- Skid Steer Certification
- Bobcat Operation
- Salting
- Brining
- Proper Lifting Techniques
- Proper Shoveling Techniques
- Snow Removal Skills
- Bobcat Maintenance
- Snow Blower Use

## Contact us today and check us out online!



604-858-3691 or Toll Free: 1-888-845-4455



info@saset.ca



www.saset.ca



www.facebook.com/SASET.EAS



www.instagram.com/saset\_chilliwack



Canada



Sto:lo Aboriginal Skills & Employment Training is pleased to offer the:

# Culinary Arts

## Pre-Trade Program

Next classes start: January 6th, 2022



**Are you an Indigenous or Metis individual residing in the SASET catchment area who has an interest in the cooking profession?**

If so, contact a SASET employment counsellor to book an appointment and complete the application package.

### **CONTACT US TODAY!**

604-858-3691 Fax: 604-858-3528

Toll Free (BC): 1-888-845-4455



[www.saset.ca](http://www.saset.ca)



<https://www.facebook.com/SASET.EAS>



5579 Tyson Rd, Chilliwack,  
BC V2R 0H9

### **Program Includes:**

- ◇ Certificates: FoodSafe, First Aid level 1, WHMIS, WCB Awareness
- ◇ Occupational Skills
- ◇ Stocks, soups and sauces
- ◇ Vegetables and fruits
- ◇ Starches
- ◇ Meats
- ◇ Poultry
- ◇ Seafood
- ◇ Garde-mange
- ◇ Eggs, breakfast cookery and dairy
- ◇ Baked good, desserts and beverages
- ◇ Basic kitchen management
- ◇ Two week practicum placement

**\$200 BONUS**

Based on full attendance and completion of Program





**Sto:lo Aboriginal Skills & Employment Training is pleased to offer:**

# Powerline Technician Pre-Apprenticeship



**STARTING JANUARY 10TH 2022!**

**LUNCH, TRANSPORTATION  
ASSISTANCE AND  
SAFETY GEAR PROVIDED!**

If you are an Indigenous individual who:

- Is un- or under employed
- Resides in SASET's catchment area
- Is willing to commit to a 12 week full-time program
- Enjoys outdoor work in all types of weather
- Has an interest in the Electrical Industry
- Is in good health and physically fit

If so... we are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with your Employment Counsellor!

**Training will take place on-site at Sto:lo Nation  
Building 2D, 7201 Vedder Road, Chilliwack, BC**

**January 10—April 1, 2022**

**Time: 8:00 am—4:00 pm**

**TO APPLY PLEASE CONTACT SASET:**



604-858-3691



[www.saset.ca](http://www.saset.ca)



[info@saset.ca](mailto:info@saset.ca)



[www.facebook.com/SASET.EAS](https://www.facebook.com/SASET.EAS)

**Canada**



# ADDICTIONS WORKER DIPLOMA TRAINING



## Are you an Indigenous individual who:

- Is un – or under employed
- Resides in SASET's catchment area (Katzie/Langley to Boston Bar and the three communities of Samahquam, Skatin and Xa'xtsa )
- Is willing to commit to a 10 month program Monday to Friday 8:30 am to Noon
- Is addictions free for a minimum of 1 year
- Is interested in working in the field of Addictions & Wellness

## TRANSPORTATION ASSISTANCE PROVIDED!



You could receive \$200  
Based on full attendance and  
completion of Program

## Course Includes the following:

Communications  
Family Dynamics & Addictions  
Special Topics in Child & Youth Care  
Human Development; Trauma & Addictions  
Structural Relapse Prevention Planning  
Intake/Assessment/Interviewing  
Case Management & Professional Ethics  
Group & Individual Substance Abuse Counselling  
Treatment Approaches & Options  
Pharmacology and More  
Special Populations  
Practicum—4 weeks

First Aid, WHMIS and Non Violent Crisis Interventions

## START DATES ARE:

- November 22, 2021
- January 3, 2022

Training will take place at  
Sprott Shaw College, Chilliwack  
8:30 am to Noon Mon - Friday

Canada

For more information, contact us:



604-858-3691



info@saset.ca



www.saset.ca



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**Sto:lo Aboriginal Skills & Employment Training is pleased to offer:**

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**Canada**

Sto:lo Aboriginal Skills & Employment Training is pleased to offer:

# HEAVY EQUIPMENT OPERATOR



**Dates:** Various Intakes

Starting January 2022

**Location:** Aldergrove BC



You will learn the techniques of.....

- ♦ Site Preparation
- ♦ Foundation & Footing Excavation
- ♦ Truck Loading
- ♦ Safe Trenching Practices
- ♦ Road Building
- ♦ Grading
- ♦ Sloping

## Are you an Indigenous individual who:

- Is un- or under employed
- Has a valid class 5 or 7 drivers license & ability to get to training site
- Preferably has some experience in operating equipment and/or construction
- Resides within SASET's catchment area
- Is willing to commit to a 12 week (Thursday through Saturday) 6:30am—4:30pm program
- Interested in becoming an Equipment Operator



**WORK GEAR, LUNCH AND TRANSPORTATION SUPPORTS AVAILABLE!**

Canada

For more information, contact us:

604-858-3691



[www.saset.ca](http://www.saset.ca)



[info@saset.ca](mailto:info@saset.ca)



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# ADDICTIONS WORKER DIPLOMA TRAINING



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**TRANSPORTATION  
ASSISTANCE PROVIDED!**



You could receive \$200  
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The Global Z Recording Project

announcing...

# The North American Indigenous Music Project

- Create original music
- Use commercial audio gear
- Join a network of musicians
- Work with a NAMMY-Winning artist!

**If you are an Indigenous student musician in North America, check out this incredible opportunity to record original music, make new friends, gain new skills, and create a music video!**



For more information, visit us at:  
[www.globalzrecording.org](http://www.globalzrecording.org)

The Global Z  
Recording Project

Calling All Indigenous Student Musicians





**CLIENT** — Please complete Parts 2 and 4 of this application and only complete Part 3, if applicable.

**PLAN ADMINISTRATORS** — Please complete Part 1 of this application.

Please complete form electronically or print clearly in **INK**. Sign, date and submit your application to your Plan Administrator as soon as possible.

☐ New Client ☐ Reinstatement

## PART 1 — PLAN ADMINISTRATOR

Policy number <b>40000</b>	Name of company/organization <b>First Nations Health Authority</b>		Status number
Effective date (mm-dd-yyyy)	Class	Employment type <b>Client</b>	Hours per week <b>0</b>

If we have questions, how can we contact you? Telephone: **1 855 550-5454, press "2," then "1"** Email: **hb.eligibility@fnha.ca**

## PART 2 — CLIENT/DEPENDENT INFORMATION

Legal first name	Preferred name	Middle initial	Last name	Birthdate (mm-dd-yyyy)	Sex <input type="checkbox"/> M <input type="checkbox"/> F
Street address		City		Province	Postal code
Email address					

For children who have not yet received their own status number, please provide the information requested in the table below.

LEGAL FIRST NAME	PREFERRED NAME	MIDDLE INITIAL	LAST NAME	BIRTHDATE (MM-DD-YYYY)	SEX
First child					<input type="checkbox"/> M <input type="checkbox"/> F
Second child					<input type="checkbox"/> M <input type="checkbox"/> F

## PART 3 — CO-ORDINATION OF BENEFITS

If you or any of your dependents have coverage under another plan, please indicate the following:

Name of Insurance company	Group Policy Number	ID or certificate number
---------------------------	---------------------	--------------------------

## PART 4 — CLIENT SIGNATURE

I agree to the conditions of my benefit plan between First Nations Health Authority (FNHA) and Pacific Blue Cross. I confirm that the information I have provided is true and complete.

If I should receive a settlement or a judgement against a liable third party for wage loss or benefits covered under my group plan, I agree to and authorize the third party to reimburse Pacific Blue Cross up to the amount advanced to me pending such settlement or judgement.

I consent to Pacific Blue Cross collecting, using and disclosing my personal information where reasonably necessary for the purposes of my enrollment or coverage under this group plan. I consent to the disclosure of my personal information to agents and representatives of Pacific Blue Cross and other providers/insurers and their agents and representatives for the purposes of assessing and providing benefits coverage. I also consent to the disclosure of my personal information to my plan administrator when required or permitted by law or by contract between Pacific Blue Cross and FNHA; and to the retention, use and disclosure of my personal information in accordance with the Pacific Blue Cross privacy policy.

The privacy policy is available online at [pac.bluecross.ca](http://pac.bluecross.ca) or by calling Pacific Blue Cross at 604 419-2000.

Client's signature <b>X</b>	Date (mm-dd-yyyy)
--------------------------------	-------------------

### FNHA CLIENTS:



#### MAIL YOUR APPLICATION

First Nations Health Authority,  
Health Benefits Department  
501 – 100 Park Royal South  
West Vancouver, BC V6B 4E1



#### FAX

1 888 299-9222



BRITISH  
COLUMBIA

Health  
InsuranceBC

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A, B, C, D

# MEDICAL SERVICES PLAN (MSP) ENROLMENT APPLICATION

This application is for registered Status Indians who are assisted by First Nations Health Authority, and must be authorized by the First Nations Health Authority Benefits BC Region Office.

SUBMIT COMPLETED FORM TO THE FIRST NATIONS HEALTH AUTHORITY AT THE ADDRESS LISTED ON PAGE 2, SECTION 4.

**NOTE: INCOMPLETE, UNSIGNED OR UNAUTHORIZED FORMS WILL BE RETURNED.** Before completing this application, please read **IMPORTANT INFORMATION** on page 2.

Residents of BC are required, by law, to enrol themselves and to enrol their spouse and children who are residents of BC.

**RESIDENT** means a person who is a citizen of Canada or is lawfully admitted to Canada for permanent residence, who makes his or her home in British Columbia, and is physically present in British Columbia for at least 6 months in a calendar year, or a shorter prescribed period, and includes a person who is deemed under the regulations to be a resident but does not include a tourist or visitor to British Columbia.

BAND NAME	FULL STATUS NUMBER	PERSONAL HEALTH NUMBER (PHN)	GROUP NUMBER
			21000

## 1 APPLICANT INFORMATION

APPLICANT LEGAL LAST NAME	APPLICANT LEGAL FIRST NAME	APPLICANT LEGAL SECOND NAME
BIRTHDATE (MM / DD / YYYY)	GENDER	DAYTIME TELEPHONE NUMBER
	<input type="checkbox"/> M <input type="checkbox"/> F	
CITY	PROV	POSTAL CODE
RESIDENTIAL ADDRESS		
MAILING ADDRESS (IF DIFFERENT FROM RESIDENTIAL ADDRESS)	CITY	PROV POSTAL CODE

## 2 RESIDENCE AND CITIZENSHIP / IMMIGRATION INFORMATION

<b>A</b>	STATUS IN CANADA - <b>PROVIDE PHOTOCOPIES OF ALL APPLICABLE DOCUMENTS FOR EACH PERSON LISTED ON THIS APPLICATION</b> (DO NOT SEND ORIGINALS)		
	<input type="checkbox"/> CANADIAN CITIZEN - Canadian Birth Certificate, Canadian Citizenship Card or Passport <input type="checkbox"/> HOLDER OF PERMANENT RESIDENT STATUS - Record of Landing, Permanent Resident Card (front & back) or Confirmation of Permanent Residence <input type="checkbox"/> OTHER - Work or Study Permit, etc.		
<b>B</b>	HAVE YOU HAD MSP COVERAGE PREVIOUSLY? <input type="checkbox"/> YES <input type="checkbox"/> NO (IF NO, GO TO "C") IF YES, PROVIDE → PERSONAL HEALTH NUMBER (PHN)		
<b>C</b>	HAVE YOU LIVED IN BC SINCE BIRTH? <input type="checkbox"/> YES (GO TO "D") <input type="checkbox"/> NO → MOST RECENT MOVE TO BC → (MM / DD / YYYY) MOST RECENT MOVE TO CANADA (IF DIFFERENT FROM DATE OF MOVE TO BC) → (MM / DD / YYYY)		
	IS THIS A PERMANENT MOVE? <input type="checkbox"/> YES <input type="checkbox"/> NO PROVINCE OR COUNTRY MOVED FROM PREVIOUS HEALTH NUMBER		
<b>D</b>	HAVE YOU OR ANY FAMILY MEMBER BEEN OUTSIDE BC FOR MORE THAN 30 DAYS IN TOTAL DURING THE PAST 12 MONTHS? <input type="checkbox"/> YES <input type="checkbox"/> NO (IF NO, GO TO "E")		
	DEPARTURE DATE (MM / DD / YYYY) RETURN DATE (MM / DD / YYYY) FAMILY MEMBER NAME, REASON FOR DEPARTURE AND LOCATION		
<b>E</b>	WILL YOU OR ANY FAMILY MEMBER BE AWAY FROM BC FOR MORE THAN 30 DAYS IN TOTAL IN THE NEXT SIX MONTHS? <input type="checkbox"/> YES <input type="checkbox"/> NO IF YES, SEE <b>RESIDENCY</b> , PAGE 2.		
	ARE YOU A FULL-TIME STUDENT? <input type="checkbox"/> YES <input type="checkbox"/> NO		
	IF YES, WILL YOU RESIDE IN BC ON COMPLETION OF YOUR STUDIES? <input type="checkbox"/> YES <input type="checkbox"/> NO		
	IF ANYONE LISTED IS AN ACTIVE MEMBER OF, OR HAS BEEN RELEASED FROM, THE CANADIAN FORCES, RCMP OR AN INSTITUTION, PLEASE PROVIDE THE DISCHARGE DATE: (MM / DD / YYYY)		

IS THIS APPLICATION ALSO FOR A SPOUSE OR CHILD? IF YES, PLEASE COMPLETE SECTION 3.

## 3 SPOUSE AND CHILD INFORMATION (LIST ONLY THOSE ELIGIBLE)

**SPOUSE** means a resident of BC who is either married to or living and cohabiting in a marriage-like relationship with the applicant and may be of the same gender as the applicant.

**CHILD** means a BC resident who is a child of a beneficiary or a person in respect of whom a beneficiary stands in the place of a parent, and who is a minor, does not have a spouse, and is supported by the beneficiary.

**PHOTOCOPIES OF CURRENT CITIZENSHIP/IMMIGRATION DOCUMENTS MUST BE ATTACHED. USE LEGAL NAMES WHEN COMPLETING THIS FORM. IF LEGAL NAME DOES NOT MATCH, INCLUDE COPY OF MARRIAGE OR CHANGE OF NAME CERTIFICATE, ETC.**

SPOUSE LEGAL LAST NAME	SPOUSE LEGAL FIRST NAME	SPOUSE LEGAL SECOND NAME
PERSONAL HEALTH NUMBER (PHN)	BIRTHDATE (MM / DD / YYYY)	GENDER
		<input type="checkbox"/> M <input type="checkbox"/> F
STATUS IN CANADA (MARK ONE - <input checked="" type="checkbox"/> )	STATUS INDIAN?	FULL STATUS NUMBER
<input type="checkbox"/> CANADIAN CITIZEN - Canadian Birth Certificate, Canadian Citizenship Card or Passport	<input type="checkbox"/> YES <input type="checkbox"/> NO	
<input type="checkbox"/> HOLDER OF PERMANENT RESIDENT STATUS - Record of Landing, Permanent Resident Card (front & back) or Confirmation of Permanent Residence	MARRIAGE DATE (MM / DD / YYYY)	SPOUSE'S PREVIOUS LAST NAME (IF APPLICABLE)
<input type="checkbox"/> OTHER - Work or Study Permit, etc.		
PROVIDE PHOTOCOPIES OF ALL APPLICABLE DOCUMENTS (DO NOT SEND ORIGINALS). IF LEGAL NAME DOES NOT MATCH, INCLUDE COPY OF MARRIAGE/CHANGE OF NAME CERTIFICATE, ETC.	HAS SPOUSE LIVED IN BC SINCE BIRTH?	MM / DD / YYYY FROM (PROVINCE OR COUNTRY)
	<input type="checkbox"/> YES <input type="checkbox"/> NO IF NO, MOST RECENT MOVE TO BC →	
	IS THIS A PERMANENT MOVE?	REG. # OF MEDICAL PLAN IN PREVIOUS PLACE OF RESIDENCE
	<input type="checkbox"/> YES <input type="checkbox"/> NO	



**3 (CONT'D) SPOUSE AND CHILD INFORMATION (LIST ONLY THOSE ELIGIBLE)**

CHILD LEGAL LAST NAME		CHILD LEGAL FIRST NAME		CHILD LEGAL SECOND NAME	
<div></div>		<div></div>		<div></div>	
PERSONAL HEALTH NUMBER (PHN)	BIRTHDATE (MM / DD / YYYY)	GENDER	STATUS INDIAN?	FULL STATUS NUMBER	
<div></div>	<div></div>	<div><input type="checkbox"/> M <input type="checkbox"/> F</div>	<div><input type="checkbox"/> YES <input type="checkbox"/> NO</div>	<div></div>	
STATUS IN CANADA (MARK ONE - <input checked="" type="checkbox"/> )		HAS CHILD LIVED IN BC SINCE BIRTH?		MM / DD / YYYY FROM (PROVINCE OR COUNTRY)	
<div><input type="checkbox"/> CANADIAN CITIZEN - Canadian Birth Certificate, Canadian Citizenship Card or Passport</div>		<div><input type="checkbox"/> YES <input type="checkbox"/> NO IF NO, MOST RECENT MOVE TO BC →</div>		<div></div>	
<div><input type="checkbox"/> HOLDER OF PERMANENT RESIDENT STATUS - Record of Landing, Permanent Resident Card (front &amp; back) or Confirmation of Permanent Residence</div>		IS THIS A PERMANENT MOVE?		REG. # OF MEDICAL PLAN IN PREVIOUS PLACE OF RESIDENCE	
<div><input type="checkbox"/> OTHER - Work or Study Permit, etc.</div>		<div><input type="checkbox"/> YES <input type="checkbox"/> NO</div>		<div></div>	
PROVIDE PHOTOCOPIES OF ALL APPLICABLE DOCUMENTS (DO NOT SEND ORIGINALS). IF LEGAL NAME DOES NOT MATCH, INCLUDE COPY OF CHANGE OF NAME CERTIFICATE, ETC.		IF CHILD IS NEWLY ADOPTED, INDICATE DATE OF ADOPTION AND ENCLOSE PROOF OF ADOPTION		ADOPTION DATE (MM / DD / YYYY)	
				<div></div>	

☐ IF YOU HAVE MORE THAN ONE CHILD, PLEASE MARK BOX (☒) , ATTACH ADDITIONAL SHEET AND PROVIDE ALL INFORMATION

**IF THE APPLICANT IS THE PARENT OF, OR STANDS IN PLACE OF A PARENT TO A DEPENDENT POST-SECONDARY STUDENT (SEE BELOW), PLEASE COMPLETE THE SECTION BELOW**

STUDENT LEGAL LAST NAME		STUDENT LEGAL FIRST NAME		STUDENT LEGAL SECOND NAME	
<div></div>		<div></div>		<div></div>	
SCHOOL NAME AND FULL ADDRESS		DATE STUDIES WILL BE FINISHED (MM / DD / YYYY)		IF SCHOOL IS OUTSIDE BC, ORIGINAL DEPARTURE DATE (MM / DD / YYYY)	
<div></div>		<div></div>		<div></div>	

☐ TO ADD MORE DEPENDENT POST-SECONDARY STUDENTS, PLEASE CHECK BOX, ATTACH ADDITIONAL SHEET AND PROVIDE ALL INFORMATION. POST-SECONDARY STUDENT MUST SIGN THE INFORMATION IN ORDER TO APPLY FOR ENROLMENT

**DEPENDENT POST-SECONDARY STUDENT** means a BC resident who is older than 18 and younger than 25 years of age, in full-time attendance at a post-secondary institution approved by the Commission, and supported by a beneficiary who is the person's parent or a person who stands in place of the person's parent.

**4 AUTHORIZATION - MUST BE SIGNED BY APPLICANT AND ANY POST-SECONDARY STUDENT APPLYING FOR ENROLMENT (DO NOT CHANGE TEXT OF AUTHORIZATION BELOW)**

I have received information about MSP and agree to abide by the terms and conditions of MSP. I understand that if a discrepancy exists between the information provided and the legislation, the legislation will govern.

I authorize the Ministry of Health to collect my health information from practitioners who provide publicly funded health care service(s) to me under MSP and other publicly funded health care programs, and I provide consent for those practitioners to disclose such information to the Ministry of Health for the purposes of assessing eligibility for, and in regard to the administration of, MSP and other Ministry of Health publicly funded health care programs.

I declare that all information provided is true and I understand that the Ministry of Health and/or Health Insurance BC may verify this information with immigration authorities, law enforcement authorities and other public authorities, agencies and persons as appropriate. I declare that all persons listed are residents of British Columbia.

SIGNATURE OF APPLICANT		SIGNATURE OF SPOUSE		DATE SIGNED (MM / DD / YYYY)	
<div></div>		<div></div>		<div></div>	
SIGNATURE OF POST-SECONDARY STUDENT		DATE SIGNED (MM / DD / YYYY)			
<div></div>		<div></div>			

**SUBMIT THIS FORM, MARKED CONFIDENTIAL, TO:**

First Nations Health Authority, Health Benefits Department, #501 - 100 Park Royal South, West Vancouver BC V7T 1A2

**5 FIRST NATIONS HEALTH AUTHORITY AUTHORIZATION - MUST BE SIGNED BY A FIRST NATIONS HEALTH AUTHORITY REPRESENTATIVE**

FIRST NATIONS HEALTH AUTHORITY AUTHORIZATION		THE ABOVE INFORMATION IS SUPPORTED BY	
<div></div>		<div></div>	
MEDICAL SERVICES BRANCH REPRESENTATIVE			
<div></div>			

**6 IMPORTANT INFORMATION**

For further important information about eligibility for and enrolment in MSP, please visit <http://www2.gov.bc.ca/gov/content/health/health-drug-coverage/msp>

**To complete MSP enrolment, new and returning adult residents must obtain a Photo BC Services Card by visiting an Insurance Corporation of BC (ICBC) driver licensing office. To find an ICBC driver licensing office near you, please visit [icbc.com](http://icbc.com).**

Personal information is collected under the authority of the *Medicare Protection Act* and section 26 (a), (c) and (e) of the *Freedom of Information and Protection of Privacy Act* (FOIPPA) for the purposes of administration of the Medical Services Plan. Information may be disclosed pursuant to section 33 of FOIPPA. If you have any questions about the collection and use of your personal information, please contact the Health Insurance BC Chief Privacy Office at Health Insurance BC, Chief Privacy Office, PO Box 9035 STN PROV GOV'T, Victoria, BC V8W 9E3 or call 604 683-7151 (Vancouver) or 1 800 663-7100 (toll-free).